**Name** : Mr. BIPLAB GANGULY (46 /M) Date : 28/03/2024

**Address** 

**Examined by: UHID** : AMHL.0002321802

Package : MEDIWHEEL - FULL BODY ANNUAL PLUS WITH TMT MALE HCK AHC No: AMHLAH201667



For corporate health checkup

# PRESENT KNOWN ILLNESS

No history of - Diabetes mellitus,

Hypertension,

Dyslipidemia, Thyroid disorder, Heart disease,

Stroke, Asthma



NO KNOWN ALLERGY :28/03/2024



# Cardiovascular system

- Nil Significant

# **Respiratory system**

- Nil Significant

#### Oral and dental

- Nil Significant

## Gastrointestinal system

- Nil Significant

# **Genitourinary system**

- Nil Significant

# Central nervous system

- Nil Significant

#### **Eyes**

Vision - normal with glasses; Glasses - yes

#### **ENT**

- Normal hearing

# Musculoskeletal system

Spine and joints

- Nil Significant

#### Skin

- Nil Significant



# Past medical history

- Yes Covid 19 - No Hospitalization for

Covid 19

Jaundice - yes



# Surgical history

Circumcision - yes



# Personal history

- Married Marital status No. of children - 2

Diet - Non Vegetarian Alcohol - consumes alcohol occasionally

**Smoking** - No Chews tobacco - No

Physical activity - Sedentary



# **Family history**

Father alive Mother - alive Hypertension - father Coronary artery - none

disease

Cancer - None **Tuberculosis** - father

## PHYSICAL EXAMINATION



#### General

Build - over weight Height - 171 Weight - 75.90 - 25.96 BMI Pallor - No Oedema - no

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# Cardiovascular system

Heart rate (Per minute) - 94

Rhythm - Regular

- B.P. Sitting

Systolic(mm of Hg) - 158
Diastolic(mm of Hg) - 102
Heart sounds - S1S2+

# **Respiratory system**

Breath sounds - Normal vesicular breath

sounds



Appearance - Normal
Organomegaly - No
Tenderness - No
Bowel sounds - Normal

## Opthalmology consultation

Opthalmology findings - PGVA:RE:6/9 LE:6/9

BCVA:RE:N8 LE:N8

OCULAR MOVEMENT:WNL

ANT.SEG:WNL

ACCPT: SPECTACLE PWR RE:+0.75/-0.75X85\*(6/6) LE:+0.75/-1.00X80\*(6/6) ADD(BE):+1.75DSPH(N6) ADVICE:\*Glass Rx.\*Review

after 1yr/SOS

Printed By: Benazir Begaum

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COMPLETE HAEMOO	GRAM PI	ROFIL	E		Casts:	Not Fou	ınd		
Test Name	Result	Unit	Level	Range	Crystals:	Not Fou	ınd		
Hemoglobin	15.0	g/dl	•	13.0-17.0	•				
RBC COUNT	5.52 *	Millio ul	n/ <b>•</b>	4.5-5.5	URINE SUGAR - POS (QUALITATIVE)	T PRAN	DIAL		
Hematocrit - Hct:	45.6	%		41-53	Test Name	Result	Unit	Level	Range
MCV	82.5 *	fl	•	83-101	URINE GLUCOSE(POST	+			
MCH	27.2	pg	•	27-32	PRANDIAL)				
MCHC	33.0	%		31.5-34.5	URINE SUGAR- FAST	ING(OLI	<b>VI I.</b>	TIVE\	
RDW	14.0	%		11.8-14.0	Test Name	Result		•	Range
WBC Count	5500	/cu m	ım 🗨	4000-10000	URINE	Nil	<b></b>	2010.	runge
Platelet Count	1.15 *	lacs/o	cu 🔸	1.5-4.0	GLUCOSE(FASTING)				
Neutrophils	63	%		40-80	BLOOD GROUPING A		•		•
Lymphocytes	30	%	•	20-40	Test Name	Result	Unit	Level	Range
Monocytes	06	%		2-10	ABO Group:	В			
Eosinophils	01	%	•	01-06	Rh (D) Type:	POSITI	VE		
Basophils	00	%	•	0-0	LIVER FUNCTION TE	ST (PAC	KAGE	)	
RBC:	Normod	ytic No	mochro	mic cells	Test Name	Result	Unit	Level	Range
Platelets:	Adequa	Adequate.			ALT(SGPT) - SERUM	66 *	U/L		0-50
ERYTHROCYTE SEDIMENTATION RATE (ESR)  URINE ROUTINE ANI	06 O MICRO	hr	st •	0-15	ALBUMIN - SERUM  ALKALINE PHOSPHATASE - SERUM	4.6 95	g/dL U/L	•	3.5-5.1 43-115
Test Name	Result		=	Range	<b>5</b>				
Volume:	30	mL			AST (SGOT) - SERUM	55 *	U/L		0-50
Colour:	Pale Str	aw							
Appearance	Slightly Turbid			BILIRUBIN TOTAL - SERUM	8.0	mg/dl		0.3-1.2	
Specific Gravity	1.010								
pH:	6.0				LIPID PROFILE TEST	•	•	11	<b>D</b>
Albumin:	Not Det	ected			Test Name CHOLESTEROL -	Result 208 *	mg/dl		Range 0-200
Glucose	Not Det	ected			SERUM	200	mg/ui		0-200
Ketone:	Not Det	ected			CDEATININE CEDU				
Bile Pigments	Not Det	ected			CREATININE - SERUM Test Name	vi Result	Unit	l aval	Range
RBC	Nil	/hpf			CREATININE - SERUM	1.0	mg/dl	_	0.9-1.3
Pus Cells	1-2	/hpf							2.5 7.0
Epithelial Cells	1-2 /h.p				LIVER FUNCTION TE	•		•	_
	· · · · · ·				Test Name	Result	Unit	Level	Range

UHID: AMHL.0002321802 Name : Mr. BIPLAB GANGULY (46 /M) **Date** : 28/03/2024 Package: MEDIWHEEL - FULL BODY ANNUAL PLUS WITH TMT MALE HCK AHC No: AMHLAH201667 U/L 52 ng/ml **GGTP: GAMMA** 0-55 TOTAL T3: TRI 1.54 0.87-1.78 **GLUTAMYL IODOTHYRONINE -**TRANSPEPTIDASE -SERUM **SERUM** TOTAL T4: 10.8 μg/dL 5.48-14.28 **GLUCOSE - PLASMA (FASTING)** THYROXINE - SERUM **Test Name** Result Unit Level Range LIPID PROFILE TEST (PACKAGE) GLUCOSE - PLASMA 107 \* mg/dL 70-99 (FASTING) **Test Name** Result Unit Level Range TRIGLYCERIDES -209 \* mg/dL 0-150 GLUCOSE - PLASMA (POST PRANDIAL) **SERUM Test Name** Result Unit Level Range THYROID PROFILE - I(T3,T4 AND TSH) **GLUCOSE - PLASMA** 198 \* mg/dL 70-140 (POST PRANDIAL) **Test Name** Result Unit Level Range TSH: THYROID 2.67 μIU/mL 0.38-5.33 **HBA1C (GLYCOSYLATED** STIMULATING HAEMOGLOBIN)-WHOLE BLOOD HORMONE - SERUM **Test Name** Result Unit Level Range **URIC ACID - SERUM** HBA1C 5.6 % Nondiadetic: 4 (GLYCOSYLATED - 5.6 % **Test Name** Result Unit Level Range HAEMOGLOBIN)-WHO Prediabetics: **URIC ACID - SERUM** 5.3 mg/dL 2.6-7.2 LE BLOOD 5.7 - 6.4% Diabetes LIVER FUNCTION TEST (PACKAGE) >/= 6.5% **Test Name** Result Unit Level Range **ADA** Theraputic goal **BILIRUBIN** 0.1 mg/dL 0.0-0.2 : <7% **CONJUGATED** (DIRECT) - SERUM LIPID PROFILE TEST (PACKAGE) PROSTATIC SPECIFIC ANTIGEN (PSA TOTAL) -**Test Name** Result Unit Level Range **SERUM** HDI CHOLESTEROL -48 mg/dL 30-70 **Test Name** Result Unit Level Range **SERUM** PROSTATIC SPECIFIC 0.51 ng/mL 0.00 - 6.50ANTIGEN (PSA TOTAL) LDL CHOLESTEROL 144 \* mg/dL Optimal: <100 - SERUM -SERUM **VLDL CHOLESTEROL -**16 mg/dL 0-35 **BUN (BLOOD UREA NITROGEN)** SERUM (Calculated) **Test Name** Result Unit Level Range LIVER FUNCTION TEST (PACKAGE) **BUN (BLOOD UREA** 8.0 mg/dL 7.0 - 18.0NITROGEN) Result Unit **Test Name** Level Range g/dL PROTEIN TOTAL -7.6 6.4-8.3 LIVER FUNCTION TEST (PACKAGE) **SERUM Test Name** Result Unit Level Range GLOBULIN: 3.0 g/dL 1.8-3.6 A/G - RATIO 1.5 1.0-2.0 (CALCULATED) -**SERUM BUN/CREATININE RATIO** THYROID PROFILE - I(T3,T4 AND TSH) **Test Name** Result Unit Level Range

**Borderline High/Low** 

Out of Range

**Test Name** 

Result Unit

Within Normal Range

Level Range

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**BUN/CREATININE** 

7.7

**RATIO** 

#### **ECG**

SINUS RHYTHM. POOR R WAVES PROGRESSION.

#### TREADMILL TEST / STRESS TEST

STRESS TEST IS NEGATIVE FOR PROVOCABLE MYOCARDIAL ISCHAEMIA.

#### **ULTRASOUND SCREENING WHOLE ABDOMEN**

[NOTE: At times pelvic structures are not well visualized due to inadequate patient preparation / excess bowel gas shadow. However suggested clinical correlation and other investigations if clinically indicated.

Dr. ARKADEEP DEY DNB RESIDENT In consultation with

#### X-RAY CHEST PA

\* No significant abnormality detected.

<sup>\*</sup> Grade I fatty liver.

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AHC No: AMHLAH201667

Printed By: AHC Physician / Consultant Internal Medicine

Note :- The Health Check-up examinations and routine investigations have certain limitations and may not be able to detect all the diseases. Any new or persisting symptoms should be brought to the attention of the Consulting Physician. Additional tests, consultations and follow up may be required in some cases.

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# **AICVD RISK SCORE REPORT**

RISK STATUS	YOUR SCORE	ACCEPTABLE SCORE		
Low Risk	4	6		

#### Your cardiovascular disease risk in the next 10 years is within the Normal limits for your age and gender

The AICVD risk score developed by Apollo Hospitals is a novel artificial intelligence-based risk scoring system that predicts your risk of having Coronary Artery Disease (CAD) related events in the next ten years. This scoring system uses Indian data and has been validated by multiple national and international institutions. This risk score is more than 92% accurate and has been compiled based on your physical parameters, heart health attributes, lifestyle and medical history. **Note:** The risk category is determined through the ratio between guest score and acceptable score at multiple decimal points. The outputs are shown in whole numbers.

#### Based on your AICVD risk score you are advised the following:

- Follow the guidance and education on lifestyle and dietary management provided through the ProHealth program. Maintain a healthy BMI (<25). Avoid tobacco in any form and if you are a smoker, stop smoking.
- Continue with **medications** for high blood pressure, diabetes, or dyslipidemia, if advised by your physician. Maintain HbA1c <7% (<53mmol/mol), blood pressure <140/90mmHg.
- · Follow your physician's advice regarding follow up tests, consults and annual health assessment

#### **DISCLAIMER**

- 1. This is not a diagnostic tool and it does not guarantee accuracy of the result and cannot be acted upon independently.
- 2. This risk score and clinical algorithm is a general guideline for physicians. Any additional laboratory investigations, diagnostic imaging, treatment or patient education related to lifestyle management is under the physician's or cardiologist's discretion.
- 3. To ensure the information in the report is up to date, accurate and correct, doctor shall be consulted for interpretation of the report.
- 4. Apollo Hospitals and its staff does not offer any assurance on the information made available or be liable for any loss or damage as the said report is based on the AICVD risk score without any intervention from their side.
- 5. By usage of the AICVD risk score, it is deemed that the beneficiary of this service has agreed to get the same done at his own risk and further agrees with this disclaimer without any limitation or any clauses or sub-clauses.

The Clinical Al Models and APIs used at Apollo Hospitals are certified by ISO 13485 : 2016 vide certificate no. MD 763515