

Dr. Vimmi Goel
MBBS, MD (Internal Medicine)
Sr. Consultant Non Invasive Cardiology
Reg. No.: MMC-2014/01/0113

Preventive Health Check up
KIMS Kingsway Hospitals
Nagpur
Phone No.: 7499913052

Medi - Wheel R/o - Nagpur

**KIMS-KINGSWAY
HOSPITALS**

Name: Mrs. Yogita Dambhare Date: 13/4/24

Age: 37 Y Sex: M/F Weight: 71.5 kg Height: 154 inc BMI: 29.9

BP: 114/69 mmHg Pulse: 69/m bpm RBS: mg/dl

SpO2: 99%

LMP - 20/2/24

- 37/F
- Obese
- Cholelithiasis
(silent)
- F/H - Mother HT

O/E

JVP⁰

Ch
ly
PIA / N

Ihr → wored

Adv.

- Dier
- Walking
- Weight reduction
- Yearly USG abdomen

Dr. VIMMI GOEL
MBBS, MD
Sr. Consultant-Non Invasive Cardiology
Reg.No.: 2014/01/0113

Dr. Rahul Atara
BDS, MDS (Endodontics)
Sr. Consultant Dental Surgeon
Reg. No: A-16347

Name: Ms. Yogita Damhare Date: 13/04/24

Age: 37 yrs. Sex: M/F Weight: _____ kg Height: _____ inc BMI: _____

BP: _____ mmHg Pulse: _____ bpm RBS: _____ mg/dl

Routine dental checkup.

PDH:- RCT \bar{c} 22, Crown \bar{c} 16.

OLE:- Stains +
Calculus +

Advice:- Complete oral prophylaxis.

↓
Dr Megha.

Dr. Mugdha Jungari (Gill)
 MBBS, MS, DNB (OBGY), FMAS
 Sr. Consultant Obstetrics & Gynaecology
 High Risk Pregnancy Expert & Laparoscopic Surgeon
 Reg. No: 2020126915

Name: Yogita Damthare Date: 13/4/24

Age: 37 yrs Sex: M/F Weight: _____ kg Height: _____ inc BMI: _____

P/L, R/o Multijapne.
 Fys OS - B LCL.

(45)

- Bank of Border

10-20

- LMP 20/2/24.

15-25

- 3mm Cholelithiasis

Rx

P/A soft NO
 GTR

→ T. All G D once daily

PS WD (+)

Imp c Reports

PV UTA (+)

size

Mugdha



10
10/10/10



CLINICAL DIAGNOSTIC LABORATORY
DEPARTMENT OF PATHOLOGY

Patient Name : Mrs. YOGITA DAMBHARE
Age / Gender : 37 Y(s)/Female
Bill No/ UMR No : BIL2425003488/MRNP2425001396
Referred By : Dr. Vimmi Goel MBBS,MD
Received Dt : 13-Apr-24 08:40 am
Report Date : 13-Apr-24 10:33 am

<u>Parameter</u>	<u>Specimen</u>	<u>Results</u>
Absolute Lymphocyte Count		2298.4
Absolute Eosinophil Count		217.6
Absolute Monocyte Count		244.8
Absolute Basophil Count		0

<u>Biological Reference</u>	<u>Method</u>
1000 - 4800 /cumm	Calculated
20 - 500 /cumm	Calculated
200 - 1000 /cumm	Calculated
0 - 100 /cumm	Calculated

PERIPHERAL SMEAR

Microcytosis	Microcytosis +(Few)
Hypochromasia	Hypochromia +(Few)
WBC	As Above
Platelets	Adequate
ESR	17

0 - 20 mm/hr

*** End Of Report ***

Automated
Westergren's Method

Suggested Clinical Correlation * If neccessary, Please discuss

Verified By : : 11100909

Test results related only to the item tested.

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DR. GAURI HARDAS, MBBS,MD
CONSULTANT PATHOLOGIST



CLINICAL DIAGNOSTIC LABORATORY

DEPARTMENT OF BIOCHEMISTRY

Patient Name : Mrs. YOGITA DAMBHARE	Age /Gender : 37 Y(s)/Female
Bill No/ UMR No : BIL2425003488/MRNP2425001396	Referred By : Dr. Vimmi Goel MBBS,MD
Received Dt : 13-Apr-24 08:38 am	Report Date : 13-Apr-24 10:33 am

<u>Parameter</u>	<u>Specimen</u>	<u>Results</u>	<u>Biological Reference</u>	<u>Method</u>
Fasting Plasma Glucose	Plasma	90	< 100 mg/dl	GOD/POD, Colorimetric
Post Prandial Plasma Glucose		86	< 140 mg/dl	GOD/POD, Colorimetric
GLYCOSYLATED HAEMOGLOBIN (HBA1C)				
HbA1c		5.0	Non-Diabetic : <= 5.6 % Pre-Diabetic : 5.7 - 6.4 % Diabetic : >= 6.5 %	HPLC

*** End Of Report ***

Suggested Clinical Correlation * If necessary, Please discuss
 Verified By : : 11100245
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CONSULTANT PATHOLOGIST

SPANV Medisearch Lifesciences Private Limited



CLINICAL DIAGNOSTIC LABORATORY
DEPARTMENT OF BIOCHEMISTRY

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LIPID PROFILE

Parameter	Specimen	Results	Method
Total Cholesterol	Serum	177	Enzymatic(CHE/CHO/POD)
		< 200 mg/dl	
Triglycerides		73	Enzymatic
		< 150 mg/dl	(Lipase/GK/GPO/POD)
HDL Cholesterol Direct		64	Phosphotungstic acid/mgcl-Enzymatic (microslide)
		> 50 mg/dl	Enzymatic
LDL Cholesterol Direct		97.79	Enzymatic
VLDL Cholesterol		15	Calculated
Tot Chol/HDL Ratio		3	Calculation
		< 100 mg/dl	
		< 30 mg/dl	
		3 - 5	

<u>Intiate therapeutic</u>		<u>Consider Drug therapy</u>	<u>LDC-C</u>
CHD OR CHD risk equivalent	>100	>130, optional at 100-129	<100
Multiple major risk factors conferring 10 yrs CHD risk >20%			
Two or more additional major risk factors, 10 yrs CHD risk <20%	>130	10 yrs risk 10-20 % >130	<130
No additional major risk or one additional major risk factor	>160	10 yrs risk <10% >160	<160
		>190, optional at 160-189	<160

*** End Of Report ***

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Referred By : Dr. Vimmi Goel MBBS,MD

Report Date : 13-Apr-24 10:33 am

LIVER FUNCTION TEST (LFT)

<u>Parameter</u>	<u>Specimen</u>	<u>Results</u>	<u>Biological Reference</u>	<u>Method</u>
Total Bilirubin	Serum	0.49	0.2 - 1.3 mg/dl	Azobilirubin/Dyprhylline Calculated
Direct Bilirubin		0.27	0.1 - 0.3 mg/dl	
Indirect Bilirubin		0.22	0.1 - 1.1 mg/dl	
Alkaline Phosphatase		97	38 - 126 U/L	Dual wavelength spectrophotometric
SGPT/ALT		23	13 - 45 U/L	pNPP/AMP buffer
SGOT/AST		31	13 - 35 U/L	Kinetic with pyridoxal 5 phosphate
Serum Total Protein		7.54	6.3 - 8.2 gm/dl	Kinetic with pyridoxal 5 phosphate
Albumin Serum		4.15	3.5 - 5.0 gm/dl	Buret (Alkaline cupric sulphate)
Globulin		3.39	2.0 - 4.0 gm/dl	Bromocresol green Dye Binding
A/G Ratio		1.23		Calculated

*** End Of Report ***

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discuss
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CLINICAL DIAGNOSTIC LABORATORY
DEPARTMENT OF BIOCHEMISTRY

patient Name : MRS. YOGITA DAMBHARE
Age /Gender : 37 Y(s)/Female
Bill No/ UMR No : BIL2425003488/MRNP2425001396
Referred By : Dr. Vimmi Goel MBBS,MD
Received Dt : 13-Apr-24 08:40 am
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THYROID PROFILE

Parameter	Specimen	Results	Biological Reference	Method
T3	Serum	1.46	0.55 - 1.70 ng/ml	Enhanced chemiluminescence
Free T4		1.27	0.80 - 1.70 ng/dl	Enhanced Chemiluminescence
TSH		2.09	0.50 - 4.80 uIU/ml	Enhanced chemiluminescence

*** End Of Report ***

Suggested Clinical Correlation * If necessary, Please
discuss

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CLINICAL DIAGNOSTIC LABORATORY
DEPARTMENT OF BIOCHEMISTRY

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No/ UMR No : BIL2425003488/MRNP2425001396
Referred By : Dr. Vimmi Goel MBBS,MD
Received Dt : 13-Apr-24 08:40 am
Report Date : 13-Apr-24 10:33 am

Parameter	Specimen	Result Values	Biological Reference	Method
Blood Urea	Serum	17	15.0 - 36.0 mg/dl	Urease with indicator dye
Creatinine		0.76	0.52 - 1.04 mg/dl	Enzymatic (creatinine amidohydrolase)
CR		103.4	>90 mL/min/1.73m square.	Calculation by CKD-EPI 2021
Sodium		146	136 - 145 mmol/L	Direct ion selective electrode
Potassium		4.22	3.5 - 5.1 mmol/L	Direct ion selective electrode

*** End Of Report ***

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CLINICAL DIAGNOSTIC LABORATORY
DEPARTMENT OF PATHOLOGY

Patient Name : Mrs. YOGITA DAMBHARE	Age / Gender : 37 Y(s)/Female
Bill No/ UMR No : BIL2425003488/MRNP2425001396	Referred By : Dr. Vimmi Goel MBBS,MD
Received Dt : 13-Apr-24 09:24 am	Report Date : 13-Apr-24 11:19 am

URINE MICROSCOPY

<u>Parameter</u>	<u>Specimen</u>	<u>Results</u>	<u>Method</u>
<u>PHYSICAL EXAMINATION</u>			
Volume	Urine	30 ml	
Colour.		Pale yellow	
Appearance		Clear	Clear
<u>CHEMICAL EXAMINATION</u>			
Reaction (pH)		6.5	4.6 - 8.0
Specific gravity		1.010	1.005 - 1.025
Urine Protein		Negative	Negative
Sugar		Negative	Negative
Bilirubin		Negative	Negative
Ketone Bodies		Negative	Negative
Nitrate		Negative	Negative
Urobilinogen		Normal	Normal
<u>MICROSCOPIC EXAMINATION</u>			
Epithelial Cells		0-1	0 - 4 /hpf
R.B.C.		Absent	0 - 4 /hpf
Pus Cells		0-1	0 - 4 /hpf
Casts		Absent	Absent



CLINICAL DIAGNOSTIC LABORATORY
DEPARTMENT OF PATHOLOGY

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Referred By : Dr. Vimmi Goel MBBS,MD
Received Dt : 13-Apr-24 09:24 am
Report Date : 13-Apr-24 11:19 am

<u>Parameter</u>	<u>Specimen</u>	<u>Results</u>	<u>Method</u>
Crystals		Absent *** End Of Report ***	

Suggested Clinical Correlation * If neccessary, Please discuss

Verified By : : 11100400

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Dr. GAURI HARDAS, MBBS,MD
CONSULTANT PATHOLOGIST



CLINICAL DIAGNOSTIC LABORATORY
DEPARTMENT OF BIOCHEMISTRY

Patient Name : Mrs. YOGITA DAMBHARE
Age / Gender : 37 Y(s)/Female
No/ UMR No : BIL2425003488/MRNP2425001396
Referred By : Dr. Vimmi Goel MBBS,MD
Received Dt : 13-Apr-24 11:32 am
Report Date : 13-Apr-24 12:44 pm

URINE SUGAR
Parameter
Urine Glucose
NOTE:

Result Values

Negative

urine sugar postmeal

*** End Of Report ***

Suggested Clinical Correlation * If necessary, Please discuss

Verified By : : 11100400

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Dr. GAURI HARDAS, MBBS,MD
CONSULTANT PATHOLOGIST



CLINICAL DIAGNOSTIC LABORATORY
DEPARTMENT OF PATHOLOGY

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No/ UMR No : BIL2425003488/MRNP2425001396
Referred By : Dr. Vimmi Goel MBBS,MD
Received Dt : 13-Apr-24 09:24 am
Report Date : 13-Apr-24 11:19 am

USF (URINE SUGAR FASTING)

<u>Parameter</u>	<u>Specimen</u>	<u>Result Values</u>	<u>Biological Reference</u>	<u>Method</u>
Urine Glucose	Urine	Negative *** End Of Report ***		STRIP

Suggested Clinical Correlation * If necessary, Please discuss

Verified By : : 11100400

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Dr. GAURI HARDAS, MBBS,MD
CONSULTANT PATHOLOGIST



CLINICAL DIAGNOSTIC LABORATORY
DEPARTMENT OF IMMUNO HAEMATOLOGY

Patient Name : Mrs. YOGITA DAMBHARE
Age / Gender : 37 Y(s)/Female
U/MR No : BIL2425003488/MRNP2425001396
Referred By : Dr. Vimmi Goel MBBS,MD
Received Dt : 13-Apr-24 08:40 am
Report Date : 13-Apr-24 11:19 am

BLOOD GROUPING AND RH

Parameter
BLOOD GROUP.

Specimen Results

EDTA Whole " O "
Blood &
Plasma/
Serum

Gel Card Method

" Positive "(+Ve)
*** End Of Report ***

Rh (D) Typing.

Suggested Clinical Correlation * If neccessary, Please discuss

Verified By : : 11100245

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Dr. GAURI HARDAS, MBBS,MD
CONSULTANT PATHOLOGIST

PATIENT NAME:	MRS. YOGITA DAMBHARE	AGE /SEX:	37Y/F
UMR NO:	2425001396	BILL NO:	2425003488
REF BY	DR. VIMMI GOEL	DATE:	13/04/2024

X-RAY CHEST PA VIEW

Both the lung fields are clear.

Heart and Aorta are normal.

Both hilar shadows appear normal.

Diaphragm domes and CP angles are clear.

Bony cage is normal.

IMPRESSION -

- No pleuro-parenchymal abnormality seen.



DR R.R KHANDELWAL
SENIOR CONSULTANT
MD, RADIODIAGNOSIS [MMC-55870]

PATIENT NAME:	MRS. YOGITA DAMBHARE	AGE /SEX:	37Y/F
UMR NO:	2425001396	BILL NO:	2425003488
REF BY	DR. VIMMI GOEL	DATE:	13/04/2024

USG WHOLE ABDOMEN

LIVER is normal in size , shape and echotexture.

No evidence of any focal lesion seen. Intrahepatic biliary radicals are not dilated.
PORTAL VEIN and CBD are normal in course and caliber.

GALL BLADDER is physiologically distended. **Echogenic calculus measuring 3 mm noted in GB lumen.** Wall thickness is within normal limits. No periGB fluid noted.

PANCREAS is normal in shape, size and echotexture.

SPLEEN is normal in shape, size and echotexture. No focal lesion seen.

Both KIDNEYS are normal in shape, size and echotexture.

No evidence of calculus or hydronephrosis seen.

URETERS are not dilated.

BLADDER is partially distended. No calculus or mass lesion seen.

Uterus is anteverted and normal.

No focal myometrial lesion seen.

Endometrial echo-complex appear normal.

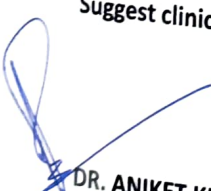
Both ovaries are normal. No adnexal mass lesion seen.

There is no free fluid seen.

IMPRESSION:

- Cholelithiasis.
- No other significant abnormality seen.

Suggest clinical correlation / further evaluation.


DR. ANIKET KUSRAM
MBBS, MD, DNB
CONSULTANT RADIOLOGIST

2D ECHOCARDIOGRAPHY AND COLOR DOPPLER REPORT

Patient Name : Mrs. Yogita Dambhare
 Age : 37 years / Female
 UMR : MRNP2425001396
 Date : 13/04/2024
 Done by : Dr. Vimmi Goel
 ECG : NSR, Minor ST-T changes
 Blood pressure: 114/69 mm Hg (Right arm, Supine position)
 BSA : 1.75 m²

Impression: Normal 2D Echocardiography Study

Normal chambers dimensions
No RWMA of LV at rest
Good LV systolic function, LVEF 70%
Normal LV diastolic function
E/A is 1.7
E/E' is 8.8 (Normal filling pressure)
Valves are normal
No pulmonary hypertension
IVC is normal in size and collapsing well with respiration
No clots or pericardial effusion

Comments:

Sector echocardiography was performed in various conventional views (PLAX, SSAX, AP4 CH and 5 CH views). LV size normal. There is no RWMA of LV seen at rest. Good LV systolic function. LVEF 70%. Normal LV diastolic function. E Velocity is 120 cm/s, A Velocity is 68 cm/s. E/A is 1.7. Valves are normal. No Pulmonary Hypertension. IVC normal in size and collapsing well with respiration. Pericardium is normal. No clots or pericardial effusion seen. E' at medial mitral annulus is 12.6 cm/sec & at lateral mitral annulus is 17.7 cm/sec. E/E' is 8.8 (Average).

M Mode echocardiography and dimension:

	Normal range (mm)		Observed (mm)
	(adults)	(children)	
Left atrium	19-40	7-37	31
Aortic root	20-37	7-28	24
LVIDd	35-55	8-47	39
LVIDs	23-39	6-28	23
IVS (d)	6-11	4-8	09
LVPW (d)	6-11	4-8	09
LVEF %	~ 60%	~60%	70%
Fractional Shortening			40%


Dr. Vimmi Goel
MD, Sr. Consultant
Non-invasive Cardiology
Fellow Indian Academy of Echocardiography (FIAE)

37 Years

MRS YOGETA DAMDARE
Female

13 APR 74 8:53 AM
PHC DEPT.

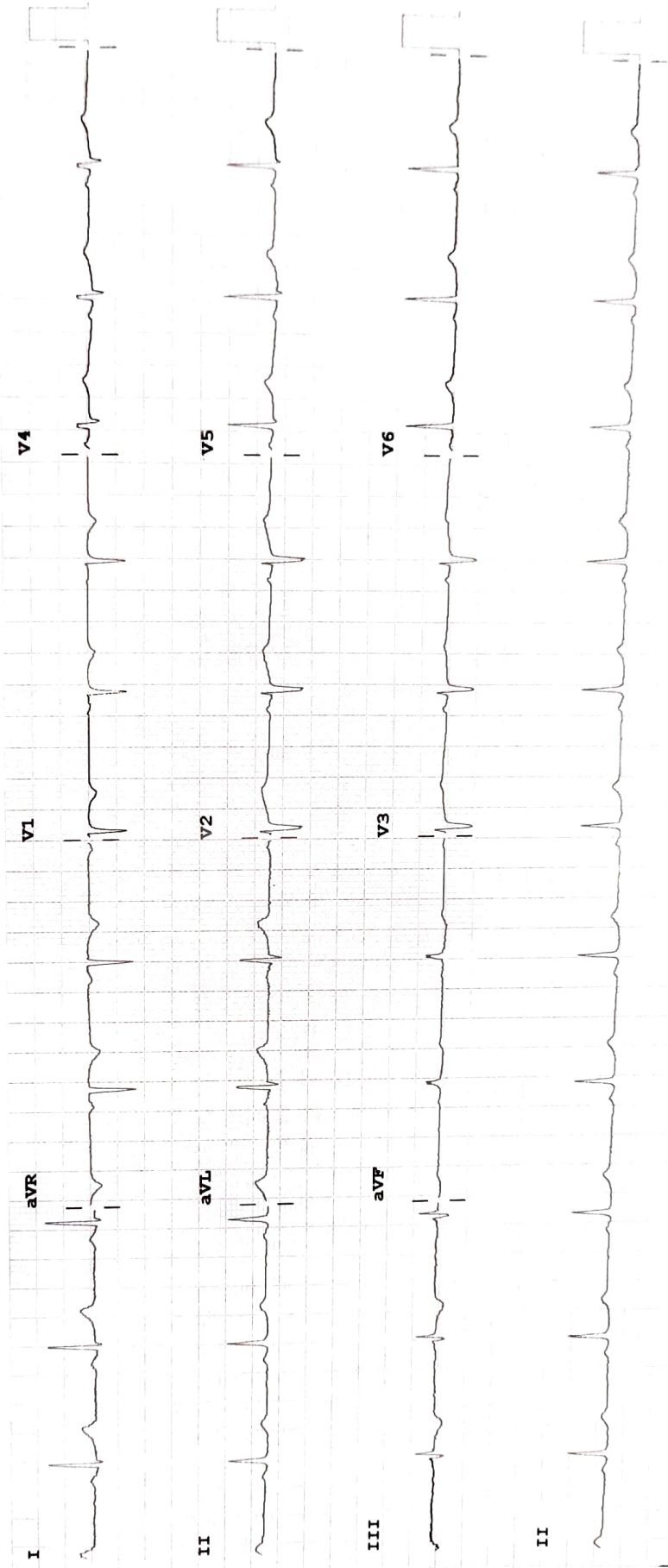
Rate 70
 PR 131
 QRS 80
 QT 366
 QTc 395

---AXIS---
 P -2
 QRS 27
 T -8

12 Lead; Standard Placement

- BORDERLINE ECG -

Unconfirmed Diagnosis



Device:

Speed: 25 mm/sec Limb: 10 mm/mV Chest: 10.0 mm/mV

F 50~ 0.50-150 Hz W

100B CL P?

