



590 / POONAM / 34 Yrs / F / 0 Cms / 0 Kg Date: 13-Apr-2024

NonCardiacPain Angina /Non-Hypercholestromia/Non-Diabetic/Negative Estrogen/Non-Athlete

Stage	Time	Duration	Speed(mph)	Elevation	METs	Rate	% THR	BP	RPP	PVC	Comments
Supine	00:27	0:27	00.0	00.0	01.0	088	47 %	110/70	096	00	
Standing	01:22	0:55	00.0	00.0	01.0	091	49 %	110/70	100	00	
HV	01:53	0:31	00.0	00.0	01.0	092	49 %	110/70	101	00	
ExStart	02:05	0:12	00.0	00.0	01.0	103	55 %	110/70	113	00	
BRUCE Stage 1	05:05	3:00	01.7	10.0	04.7	146	78 %	125/80	182	00	
PeakEX	08:02	2:57	02.5	12.0	07.1	161	87 %	135/85	217	00	
Recovery	09:02	1:00	00.0	00.0	01.0	111	60 %	140/85	155	00	
Recovery	10:02	2:00	00.0	00.0	01.0	102	55 %	140/85	142	00	
Recovery	11:02	3:00	00.0	00.0	01.0	101	54 %	130/80	131	00	
Recovery	12:02	4:00	00.0	00.0	01.0	104	56 %	120/80	124	00	
Recovery	12:43	4:40	00.0	00.0	01.0	098	53 %	120/80	117	00	

FINDINGS :

- Exercise Time : 05:57
- Max HR Attained : 161 bpm 87% of Target 186
- Max BP Attained : 140/85
- Max WorkLoad Attained : 7.1 Fair response to induced stress

Test Objective : RULED OUT IHD

History : None

Test End Reasons : Test Complete, Test Complete, Test Complete, Test Complete, Test Complete

REPORT :

Stress-test is Negative for exercise induced ischemia.

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590 / POONAM / 34 Yrs / F / 0 Cms / 0 Kg / HR : 88

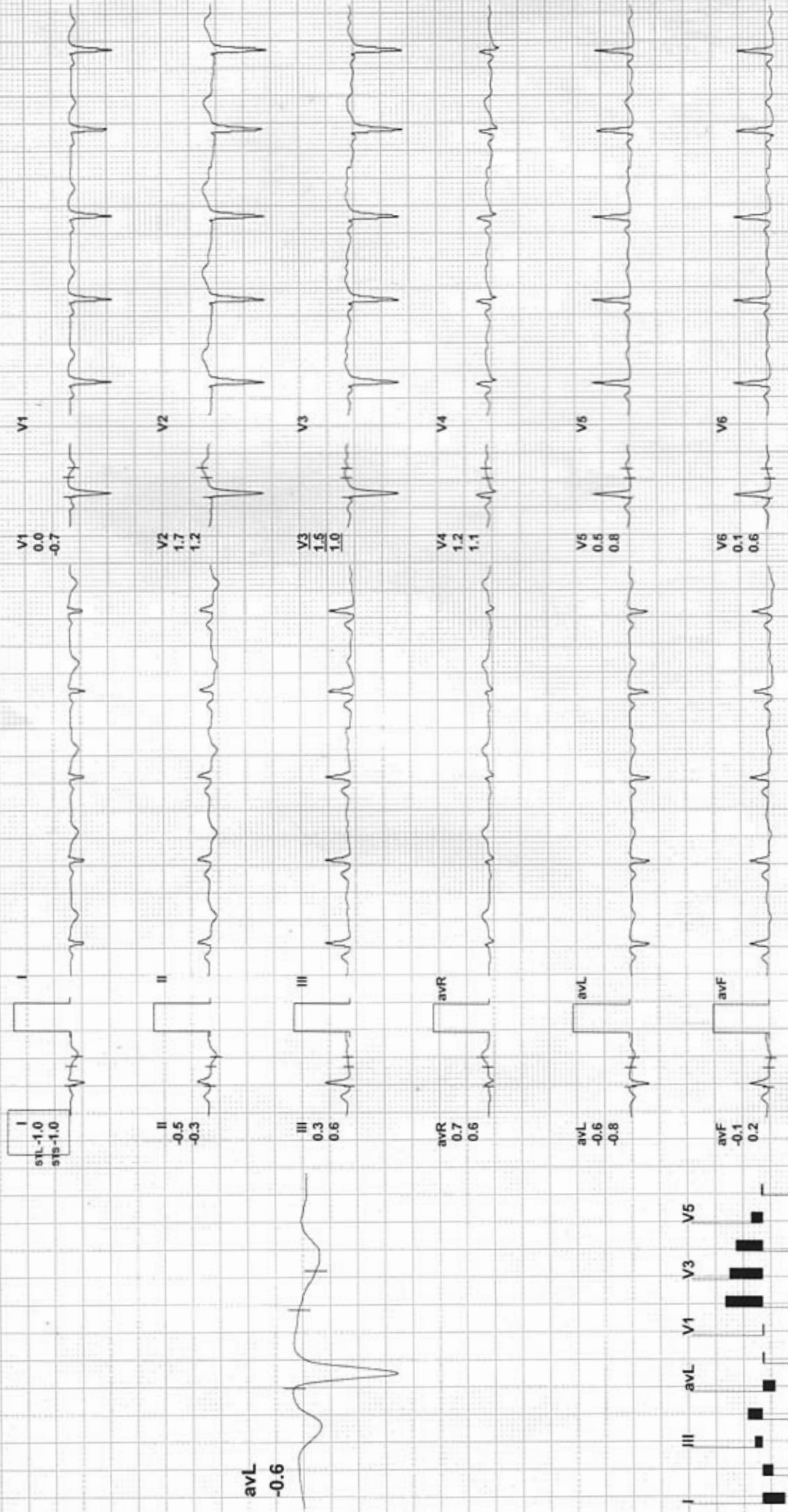
BRUCE:Supine(0:28)



Date: 13-Apr-2024 03:30:23 PM METS: 1.0/88 bpm 47% of THR BP: 110/70 mmHg Combined Medians/ BLC On/ HF 0.05 Hz/LF 35 Hz EXTime: 00:00 0.0 mph, 0.0%

4X 80 mS Post J

25 mm/Sec. 1.0 Cm/mV

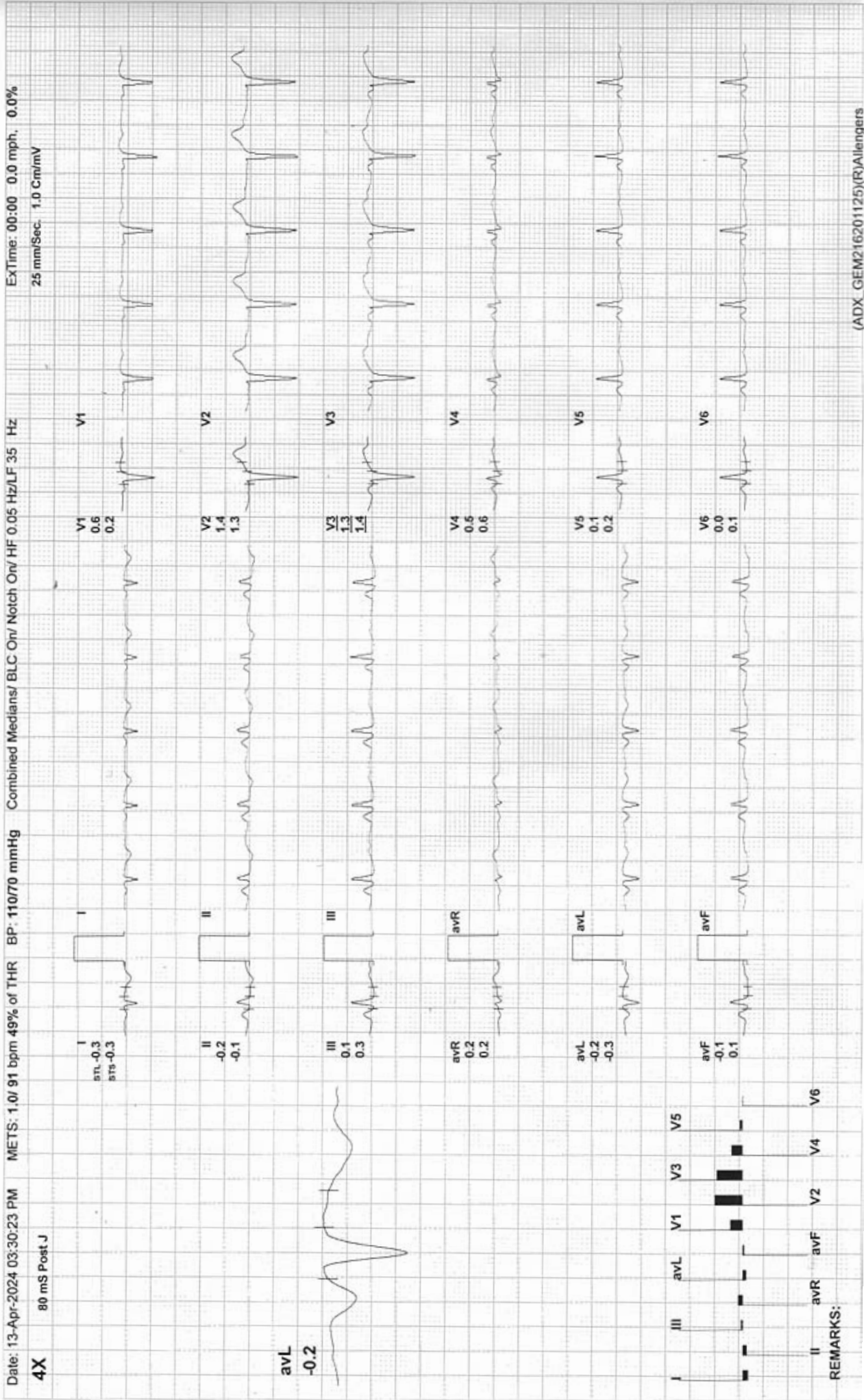


REMARKS:

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590 / POONAM / 34 Yrs / F / 0 Cms / 0 Kg / HR : 91

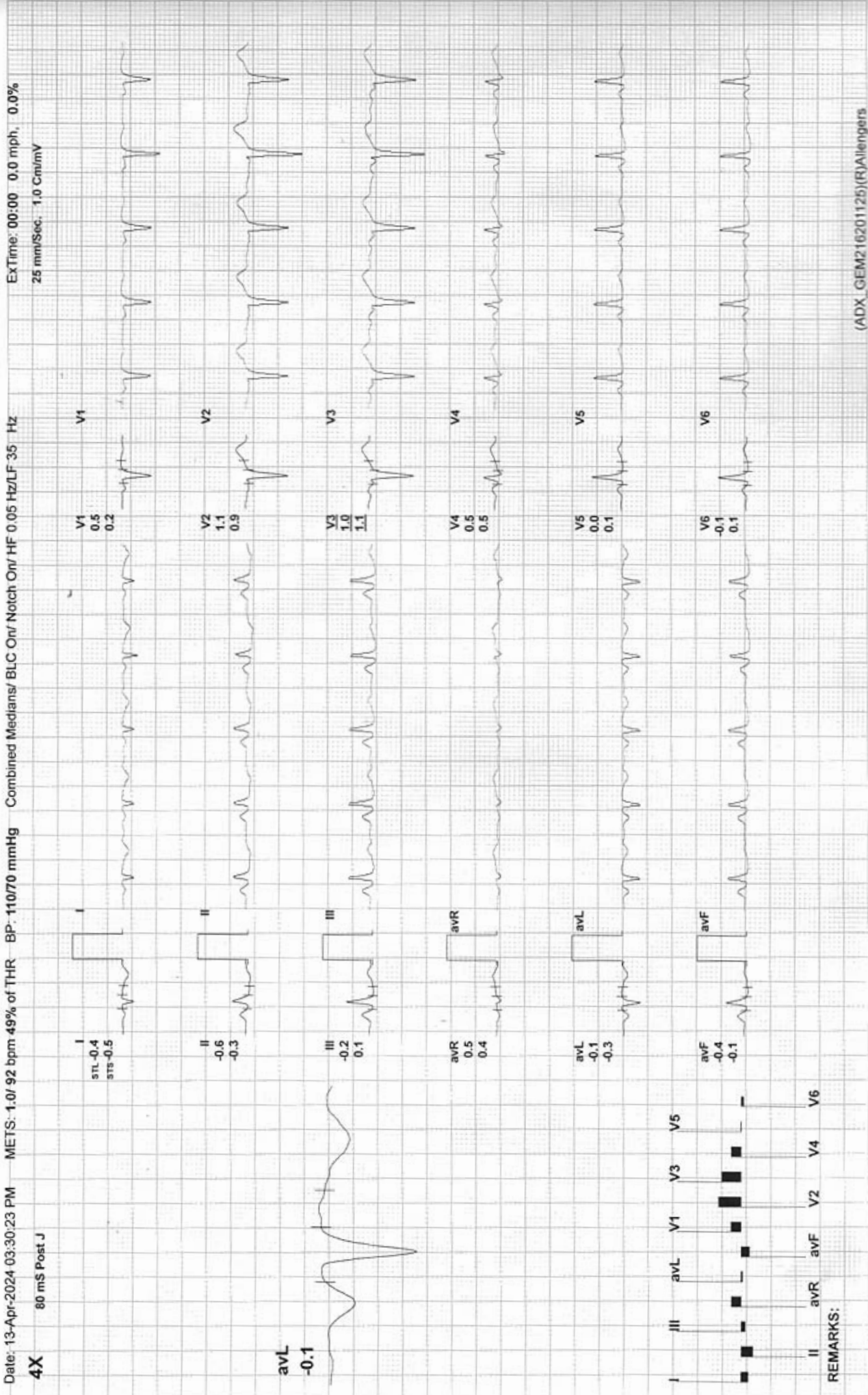
BRUCE: Standing (0:56)



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590 / POONAM / 34 Yrs / F / 0 Cms / 0 Kg / HR : 92

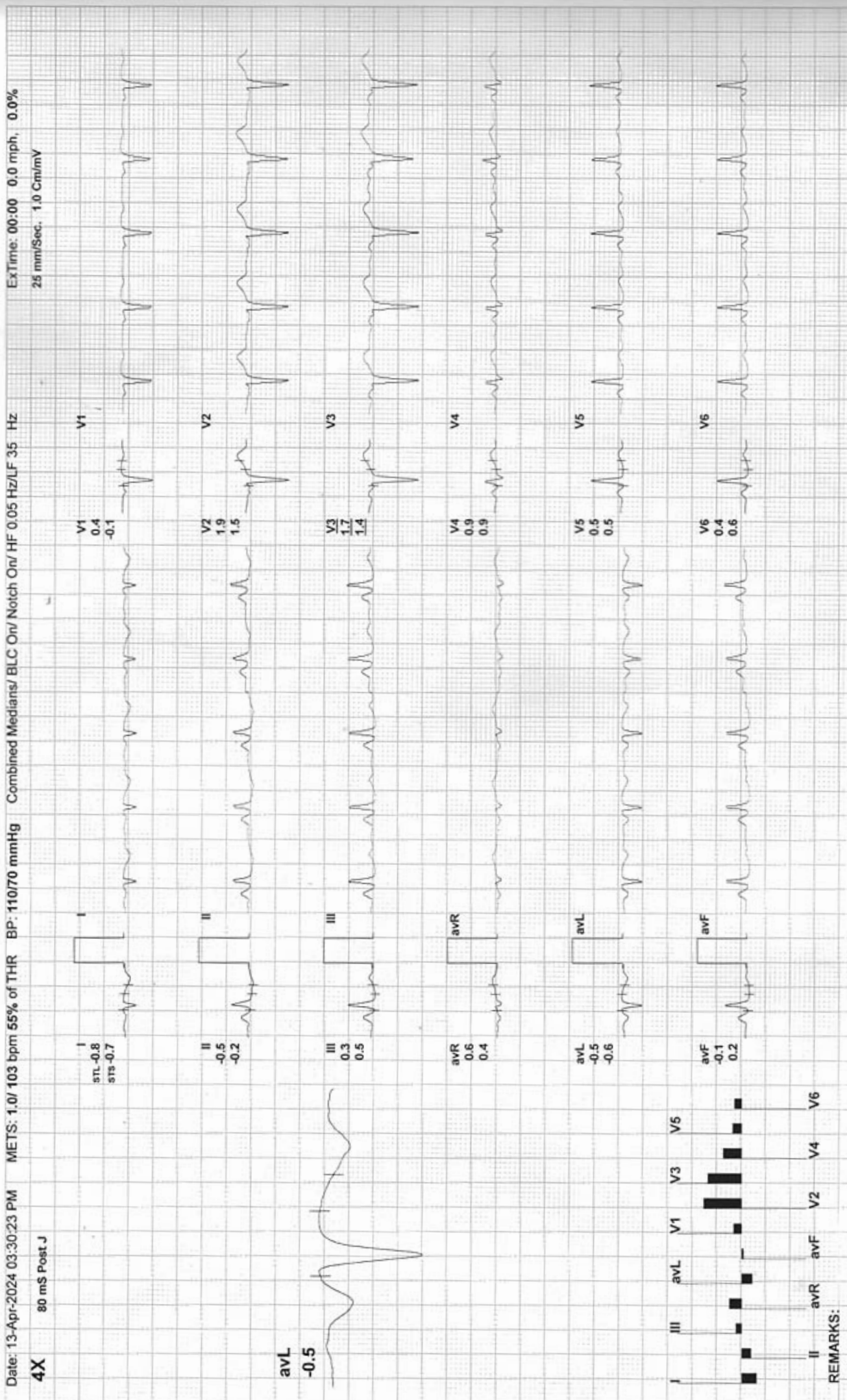
BRUCE:HV(0:32)



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590 / POONAM / 34 Yrs / F / 0 Cms / 0 Kg / HR : 103

ExStart



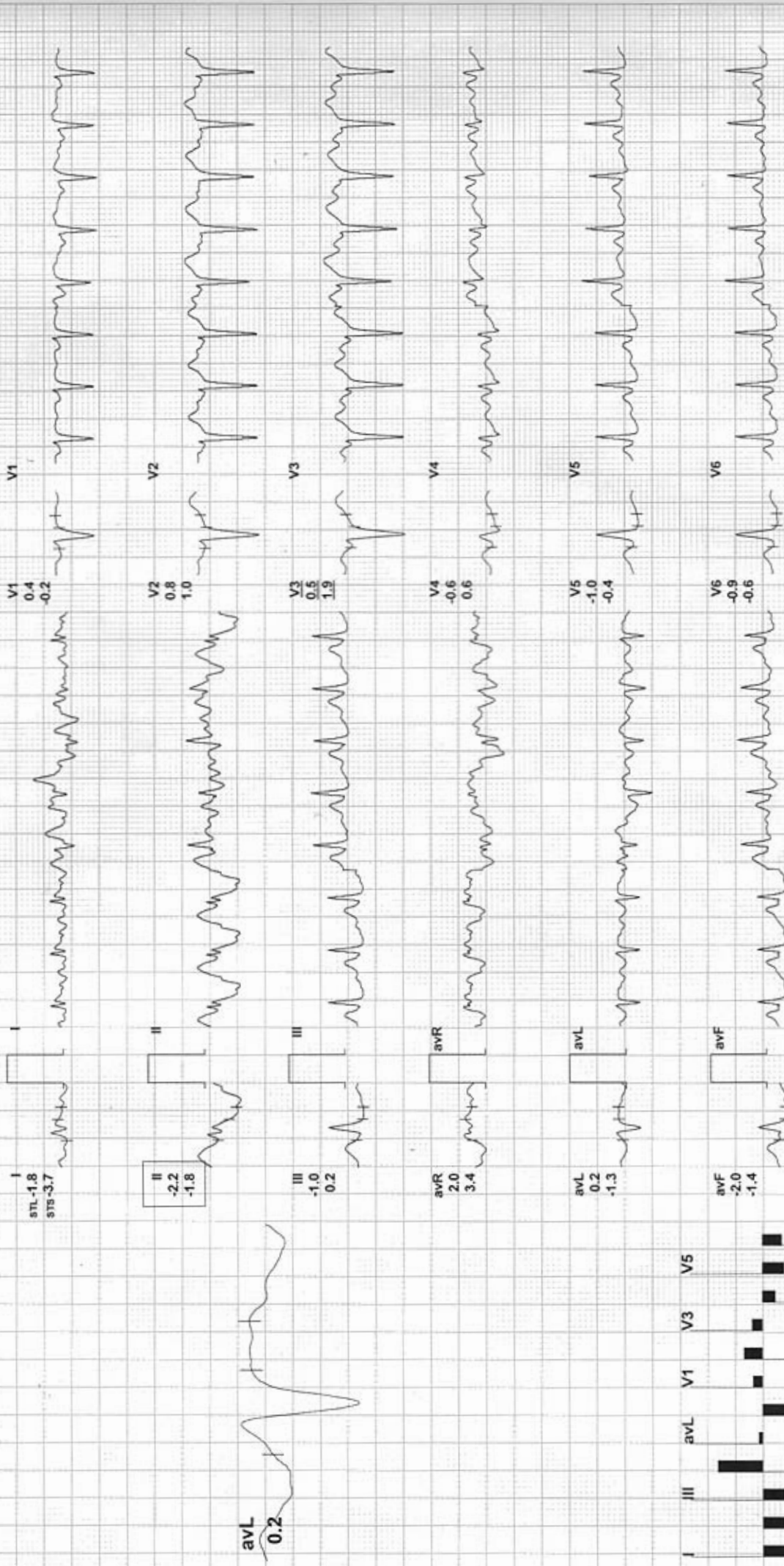
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BRUCE: Stage 1(3:00)



590 / POONAM / 34 Yrs / F / 0 Cms / 0 Kg / HR : 146

Date: 13-Apr-2024 03:30:23 PM METS: 4.7/ 146 bpm 78% of THR BP: 125/80 mmHg Combined Medians/ BLC On/ Notch On/ HF 0.05 Hz/LF 35 Hz ExTime: 03:00 - 1.7 mph, 10.0%
 4X 60 mS Post J 25 mm/Sec. 1.0 Cm/mV



REMARKS:



BRUCE : Stage 2 (01:06)

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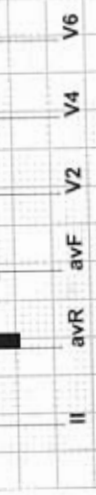
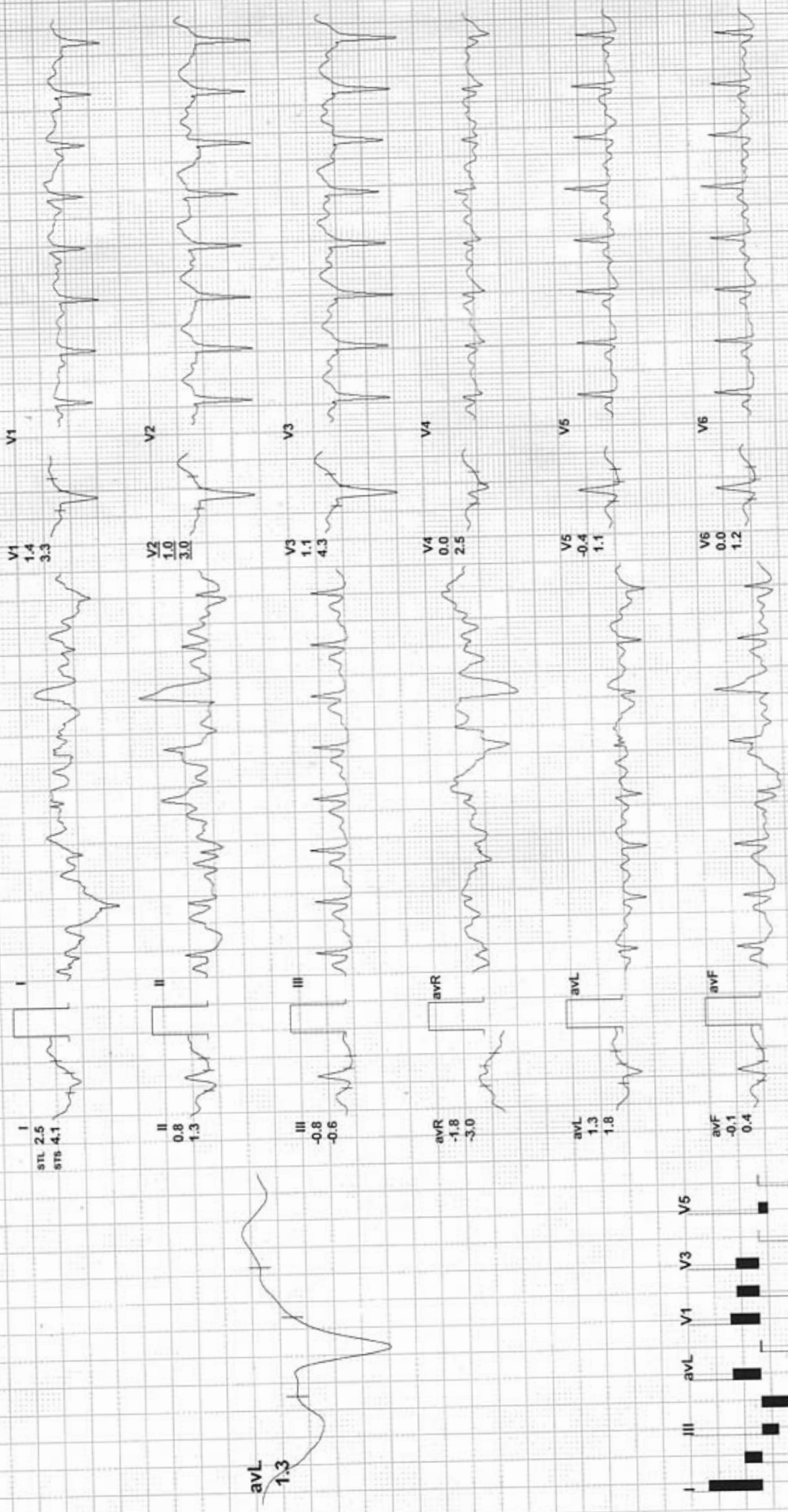
590 / POONAM / 34 Yrs / F / 0 Cms / 0 Kg / HR : 152

Date: 13-Apr-2024 03:30:23 PM

METS: 5.6/ 152 bpm 82% of THR BP: 125/80 mmHg Combined Medians/ BLC On/ Notch On/ HF 0.05 Hz/LF 35 Hz

ExTime: 04:06 2.5 mph, 12.0%
25 mm/Sec. 1.0 Cm/mV

4X 60 mS Post J



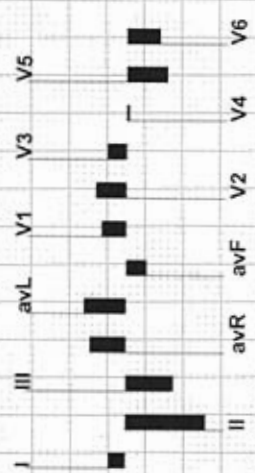
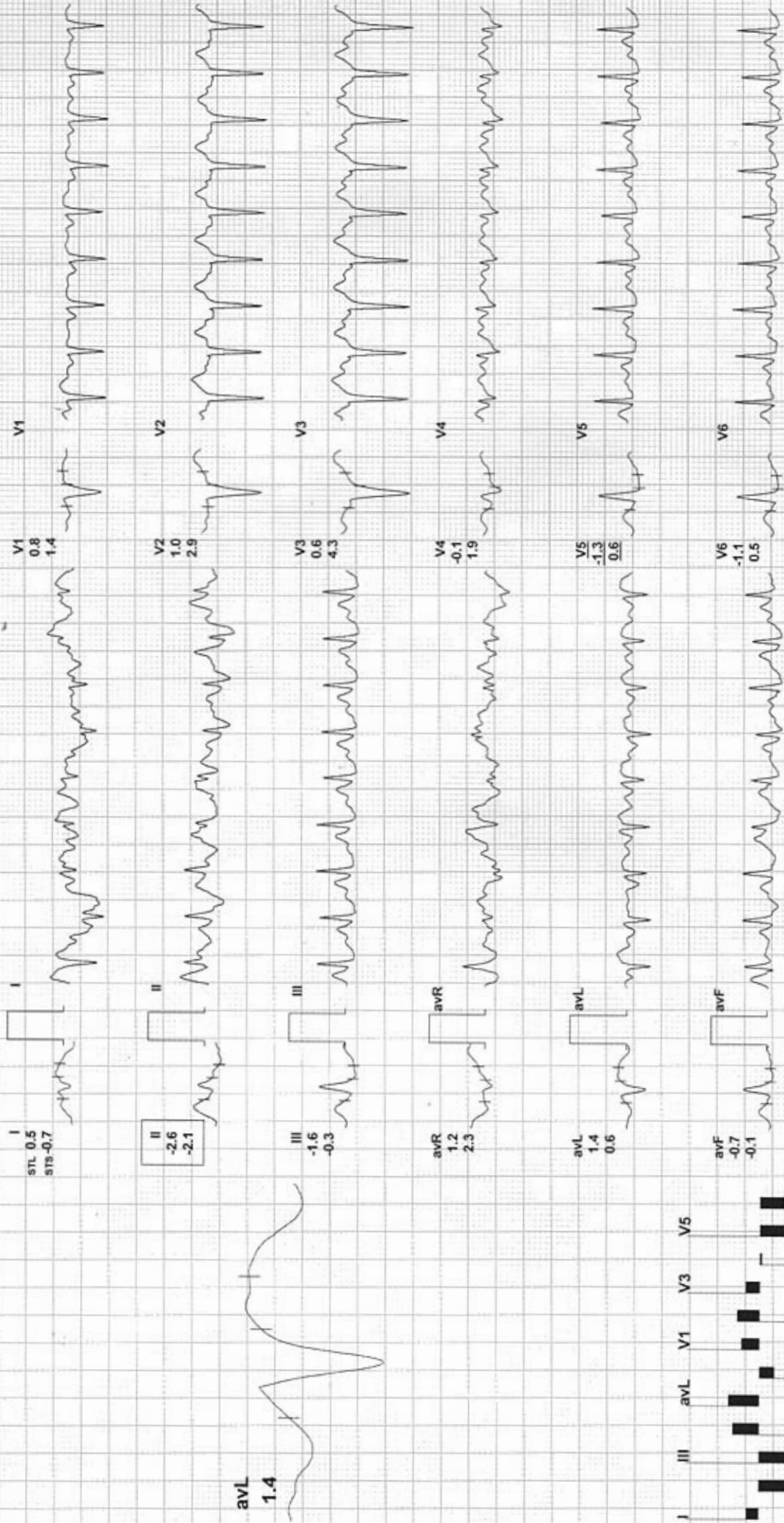
REMARKS:



Date: 13-Apr-2024 03:30:23 PM METS: 7.0/ 163 bpm 88% of THR BP: 135/85 mmHg Combined Medians/ BLC On/ Notch On/ HF 0.05 Hz/LF 35 Hz

ExTime: 05:50 2.5 mph, 12.0%
25 mm/Sec. 1.0 Cm/mV

4X 60 mS Post J



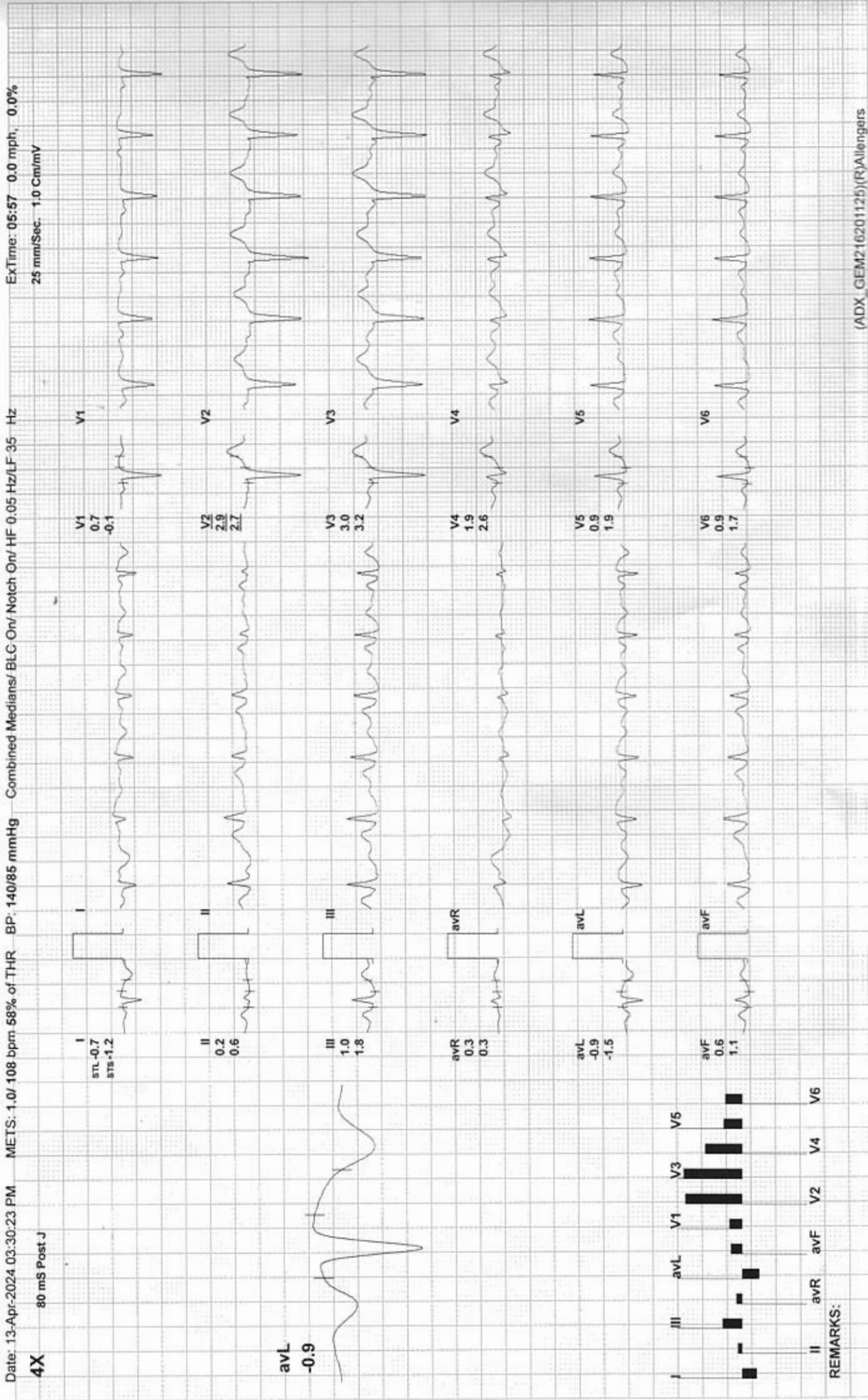
REMARKS:



Recovery : (01:05)

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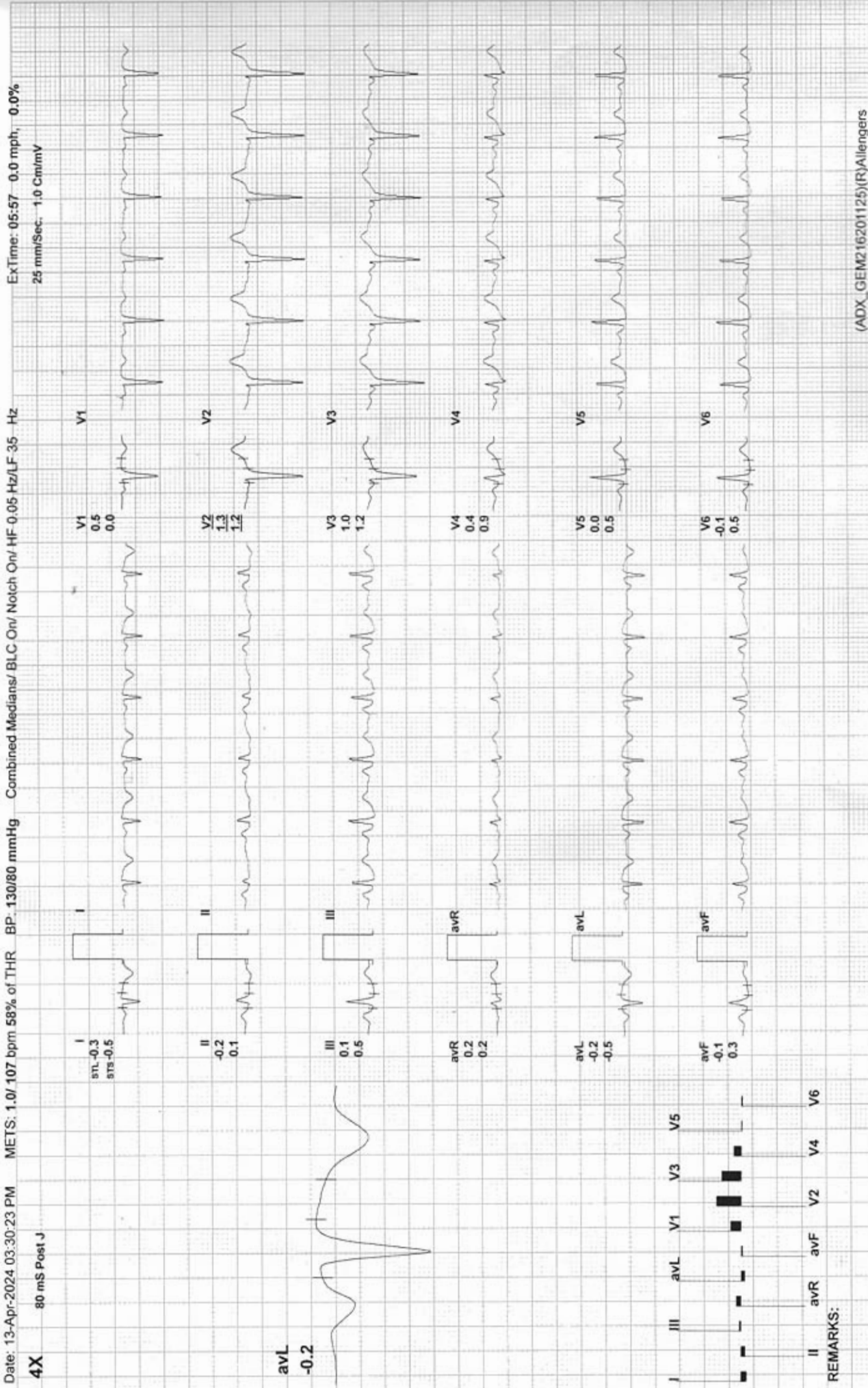
590 / POONAM / 34 Yrs / F / 0 Cms / 0 Kg / HR : 108



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590 / POONAM / 34 Yrs / F / 0 Cms / 0 Kg / HR : 107

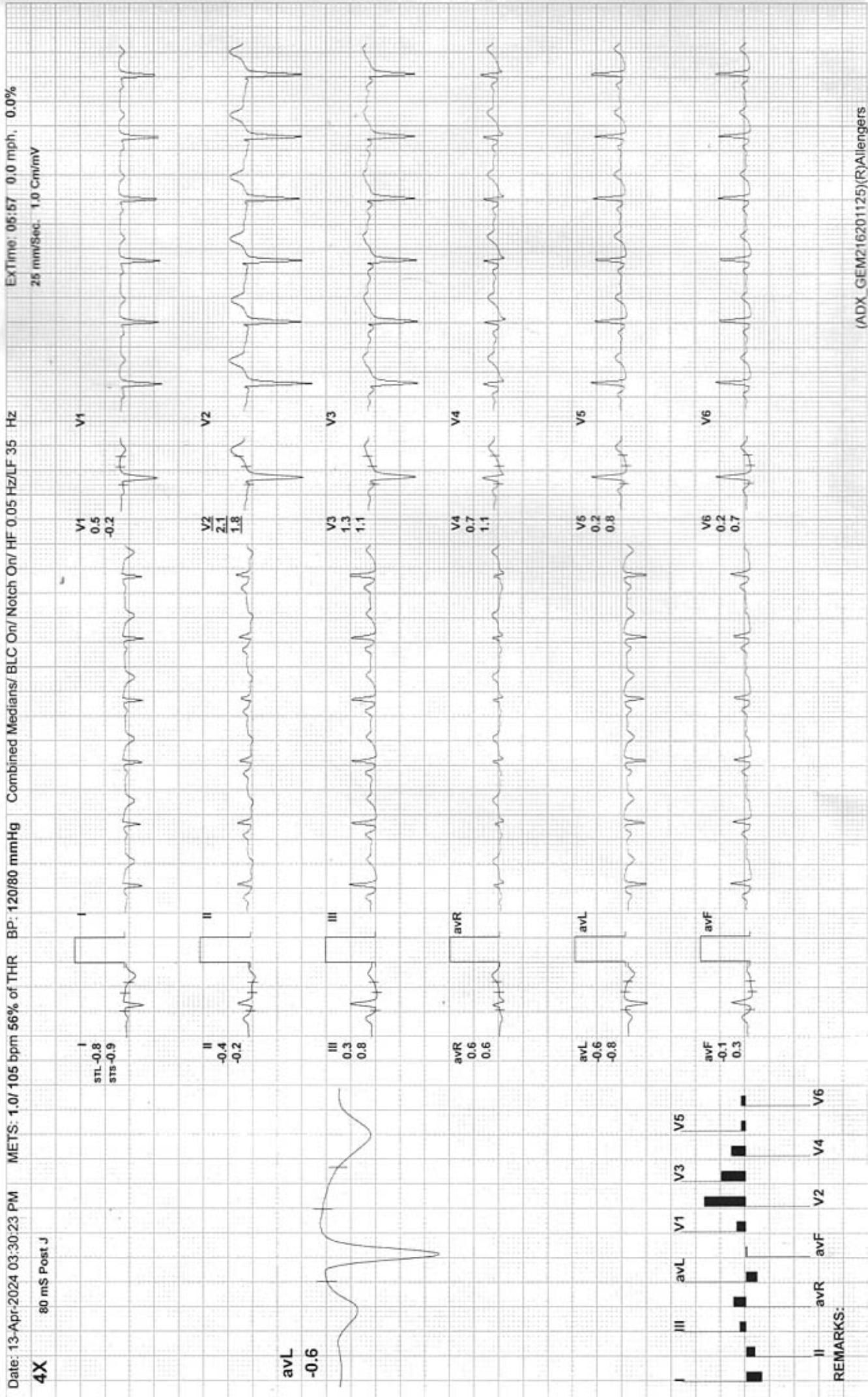
Recovery : (03:05)



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590 / POONAM / 34 Yrs / F / 0 Cms / 0 Kg / HR : 105

Recovery : (04:05)





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भारत सरकार की
क्वालिटी काउंसिल ऑफ इण्डिया (QCI-NABH)
द्वारा प्रमाणित

Date : 13/04/2024					
Patient's Name :	MS. POONAM JI	Age:	34 yrs	Sex:	Female
Ref. By :	Dr. SANGEETA GUPTA				

ULTRA SONOGRAPHY REPORT -WHOLE ABDOMEN

Liver	Liver is normal in size, shape, position & contour with normal homogenous echopattern. No evidence of any focal lesion is seen. IHBR are not dilated. Portal vein measures 13 mm. IVC is normal.
Gall bladder	GB is normal in size & shape. Its wall thickness is normal. No evidence of any calculi is seen. No pericholecystic fluid collection is seen.
Pancreas	Pancreas is normal in size, shape, position & contour with normal homogenous echo pattern. Pancreatic duct is not dilated.
Spleen	Spleen is normal in size, shape, position and contour with normal homogenous echopattern. Splenic vein is not dilated.
Kidneys	Both kidneys are normal in size, shape, position & contour with well differentiated corticomedullary junction and normal cortical thickness. Pelvicalyceal system is not dilated. No evidence of any calculi is seen. Visualized portion of ureters appears normal. Right kidney measures 89x32 mm. Left kidney measures 88x29 mm.
Urinary Bladder	Urinary bladder is well distended with urine & is normal in size, shape & contour with normal & smooth walls.
Uterus	Uterus is normal in size, shape & contour. It is anteverted & anteflexed in position. It reveals homogenous echopattern. Uterus measures 78x54x39 mm
Endometrium	Endometrium is normal & its thickness measures 5 mm.
Ovaries	Both ovaries are normal in size, shape & position. Right ovary measures 29x17 mm Left ovary measures 28x18 mm

IMPRESSION

NORMAL STUDY

Dr. SURESH CHANDRA BASER

MBBS,MD
Consultant Radiologist
(RMC-7219)

Dr. ANAND GUPTA

MBBS,DMRE
Consultant Radiologist
(RMC-17548)

Note: The foetal gender has not been detected nor disclosed to the patient.
This report is not valid for medico legal purpose.
Every report needs to be correlated and interpreted clinically.
In case of any query, investigation may be repeated.



Helpline : 9352 108 108

www.aravalihospital.in

Rate 67 . Age not entered, assumed to be 50 years old for purpose of ECG interpretation
 . Sinus rhythm.....normal P axis, V-rate 50- 99
 . Baseline wander in lead(s) V2,V3

PR 135
 QRSD 91
 QT 400
 QTc 423

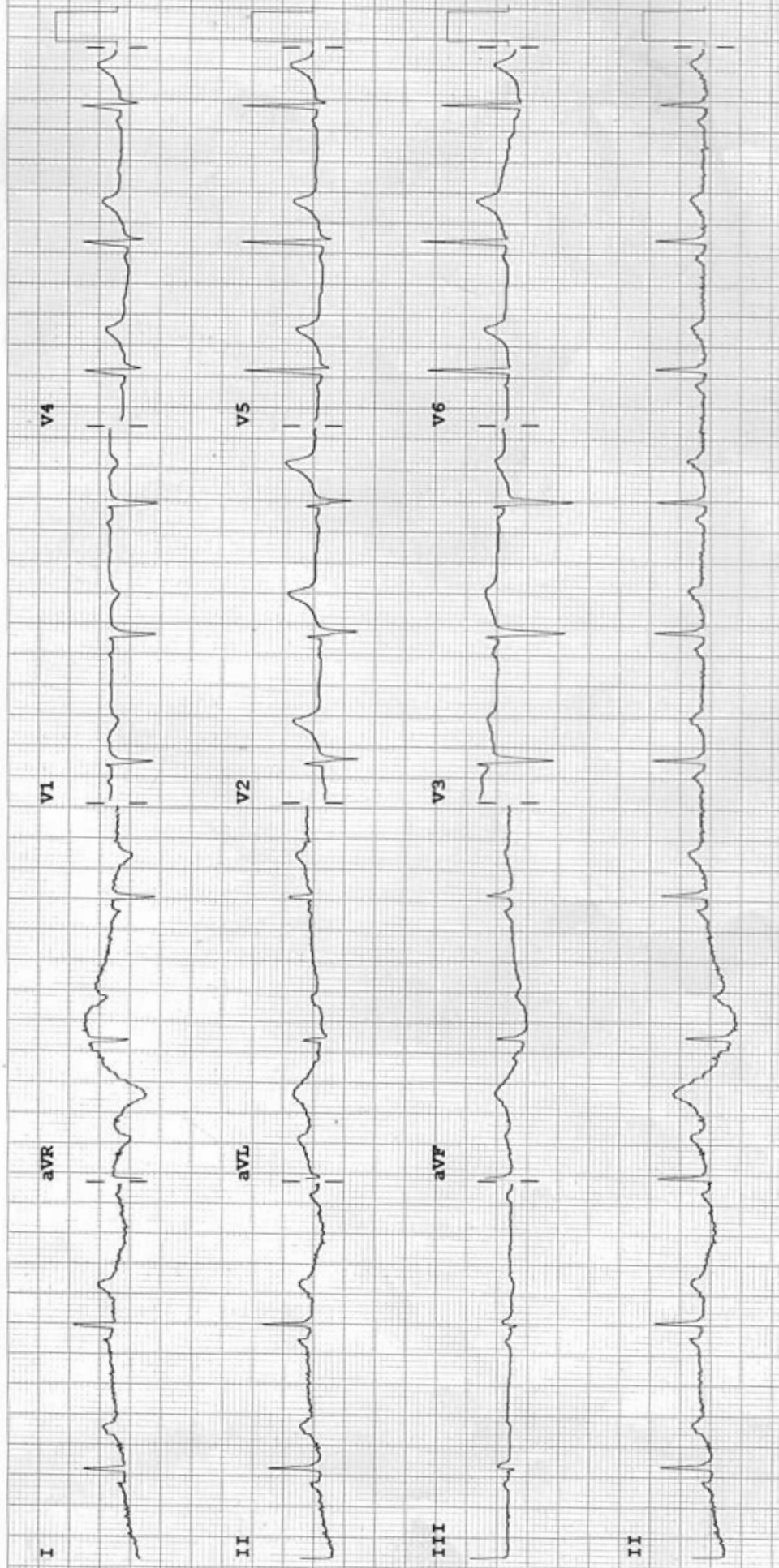
--AXIS--

P 53
 QRS 46
 T 18

12 Lead; Standard Placement

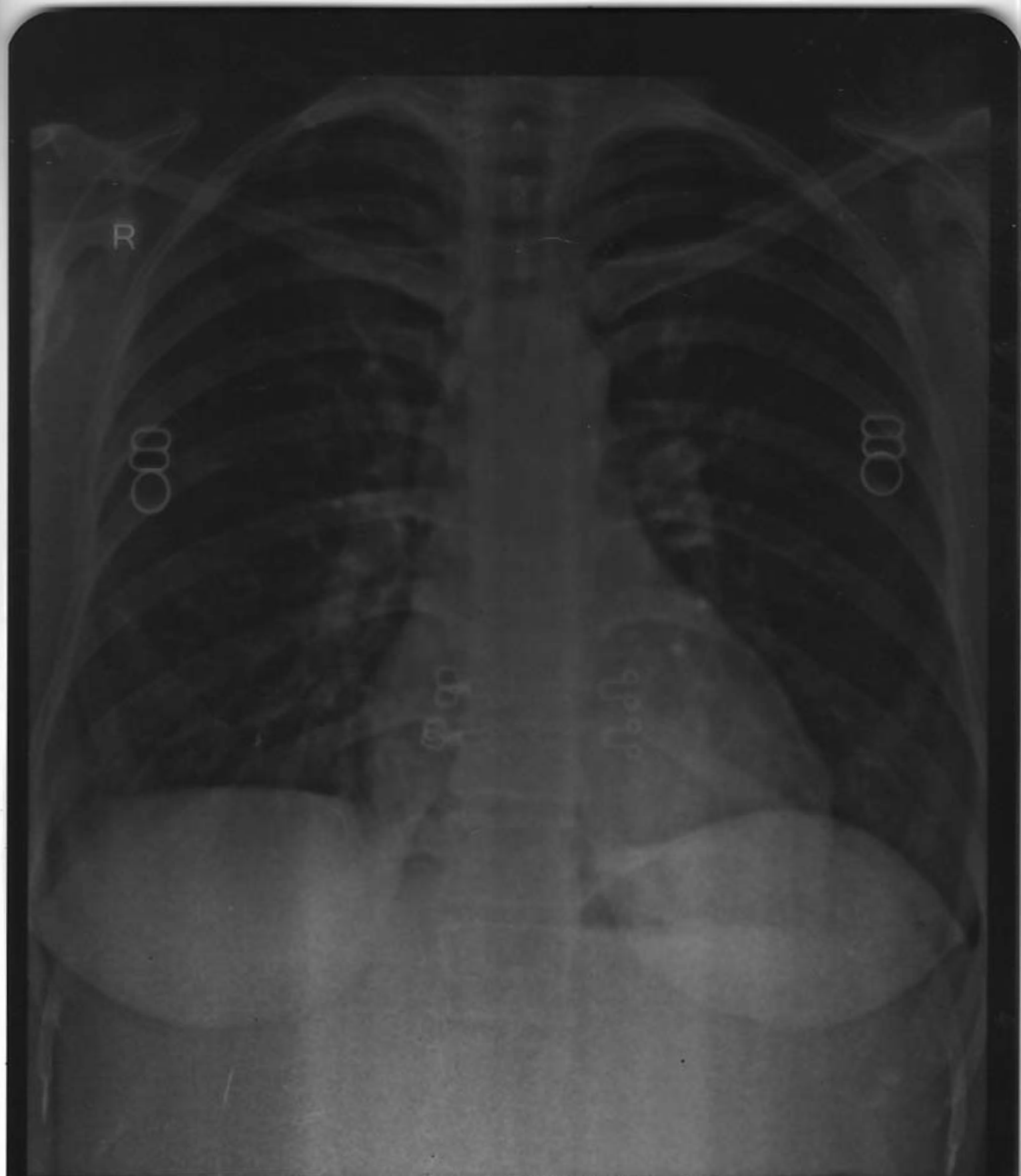
- NORMAL ECG -

Unconfirmed Diagnosis



Device: Speed: 25 mm/sec Limb: 10 mm/mV Chest: 10.0 mm/mV

F 60- 0.15-100 Hz 100B CL P?



MRS.POONAM 34YRS BOB F CHEST PA 13-Apr-24 03:01 PM
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द्वारा प्रमाणित

Name Mrs. POONAM 2930	Visit Date & Time 13/04/2024	PATIENT ID 1124449
Age 39 Yrs Sex Female	Test Authenticated at : 13/04/2024 17:54:41	Ref. By



HAEMATOLOGY

Test Name	Value	Status	Unit	Biological Ref Interval
HAEMOGLOBIN (HB)	11.6		gm %	11.0 - 16.0
RBC Count	3.95		X10 ⁶ /UL	3.50 - 5.50
PCV	33.7	L	%	36.0 - 48.0
MEAN CORP. VOLUME (MCV)	85.4		fL	80.0 - 99.0
MEAN CORP. HB (MCH)	29.3		pg	27.0 - 32.0
MEAN CORP. HB CON. (MCHC)	34.3		g/dL	32.0 - 36.0
RDW-CV	12.7		%	11.0 - 16.0
RDW-SD	41.9		fl	35.0 - 56.0
TLC Count	4.70		/cmm	4.00 - 11.00
Differential Leucocyte Count (DLC)				
POLYMORPH	65		%	45 - 75
LYMPHOCYTE	24		%	20 - 45
EOSINOPHIL	04		%	01 - 06
MONOCYTE	07		%	01 - 10
BASOPHIL	00		%	00 - 01
TOTAL PLATELET COUNT	195		x10 ³ /uL	150 - 450
MPV	11.6	H		7.4 - 10.4
PDW	13.9		%	10.0 - 17.0
PCT	0.2		%	0.1 - 0.3
P-LCR	41.0		%	11.0 - 45.0
P-LCC	80.0			30.0 - 90.0



DR. NARENDRA MOGRA
RMC NO5394



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HAEMATOLOGY

Test Name	Value	Status	Unit	Biological Ref Interval
ESR	17		mm/Ist hr.	0 - 20
Blood Group (ABORH)	'A'	POSITIVE		



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Test Name	Value	Status	Unit	Biological Ref Interval
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LIPID PROFILE

CHOLESTEROL TOTAL	125.00		mg/dl	<200.00
TRIGLYCERIDES	61.02		mg/dl	0.00 - 200.00
HDL CHOLESTEROL	33.12		mg/dl	30.00 - 65.00
LDL CHOLESTROL	80.00		mg/dl	35.00 - 100.00
VLDL CHOLESTEROL	12.00		mg/dl	12.00 - 35.00
CHOLESTEROL TOTAL / HDL RATIO	3.77			0.00 - 4.90
CHOLESTEROL LDL / HDL RATIO	2.42			0.00 - 5.00



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Age 39 Yrs Sex Female	Test Authenticated at : 13/04/2024 17:54:41	Ref. By



Test Name	Value	Status	Unit	Biological Ref Interval
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LIVER FUNCTION TEST (LFT)

BILIRUBIN-TOTAL	0.39		mg/dl	0.20 - 1.20
BILIRUBIN-DIRECT	0.15		mg/dl	0.00 - 0.25
BILIRUBIN-INDIRECT	0.24		mg/dl	0.10 - 0.40
SGOT-AST	19.30		U/L	0.00 - 35.00
SGPT-ALT	24.99		U/L	0.00 - 45.00
ALKALINE PHOSPHATASE	139.00	H	IU/L	35.00 - 129.00
PROTIEN-TOTAL	7.93		gm/dl	6.00 - 8.50
ALBUMIN	4.12		gm/dl	3.50 - 5.20
GLOBULIN	3.81		gm/dl	2.50 - 4.00
A:G RATIO	1.08	L		1.10 - 2.20



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Name Mrs. POONAM 2930	Visit Date & Time 13/04/2024	PATIENT ID 1124449
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BIOCHEMISTRY

Test Name	Value	Status	Unit	Biological Ref Interval
BLOOD SUGAR (FASTING)	74.3		mg/dl	60.0 - 110.0
CREATININE	0.61		mg/dl	0.50 - 1.30
URIC ACID	3.69		mg/dl	2.60 - 7.20
BUN	15.40		mg/dl	7.00 - 22.00
GAMMA GT	32.0		U/L	10.0 - 61.0



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BIOCHEMISTRY

Test Name	Value	Status	Unit	Biological Ref Interval
HBA1C				
GLYCOSYLATED HAEMOGLOBIN-A1C	4.10		%	Below 6.5% : Good Control 6.5% - 7% : Fair Control 7.0% - 8% : Unsatisfactory Control >8% Poor Control
AVERAGE BLOOD GLUCOSE (ABG) Method: Derived from HbA1c Value	70.97	L	%	90 - 120 Good Control 121 - 150 Fair Control 151 - 180 Unsatisfactory Control > 180 Poor Control



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CLINICAL PATHOLOGY

Test Name	Value	Status	Unit	Biological Ref Interval
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URINE EXAMINATION

PHYSICAL EXAMINATION

QUANTITY	20
COLOUR	PALE YELLOW
SPECIFIC GRAVITY	QNS
APPEARANCE	HAZY
DEPOSITS	NIL
PH	ACIDIC

CHEMICAL EXAMINATION

ALBUMIN	TRACE
SUGAR	NIL

MICROSCOPY EXAMINATION

EPITHELIAL CELLS	10-12	/HPF
PUS CELLS	6-8	/HPF
RBC'S	NIL	/HPF
CASTS	ABSENT	
CRYSTALS	ABSENT	
BACTERIA	+	
YEAST CELLS	NIL	
TRICHOMONAS VAGINALIS	NIL	
SPERMATOZOA	NIL	
OTHERS	NIL	



*** End of Report ***

DR. NARENDRA MOGRA
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DR. HUSSAIN ALI RANGWALA