

R

POONAM 37Y/F PT210322 CHEST PA 06 04 2024 10 18 AM
PAINICHI AT THE AIR FORCE HOSPITAL BANGALORE 20111906



UHID	PT210322	LAB No.	XRY2311536
Name	Mrs. POONAM	Regn. No.	GEN2400721
Age / Sex	37 Yrs / F	Receiving Dt/Time	06-Apr-2024 10:13
		Reporting Dt/Time	06-Apr-2024 03:17 PM
		Tel. No.	9899398793



XRAY

CHEST (PA)
Both lung fields are normal.

Cp angles are clear.

Hila are normal...

Heart size appears within normal limits.

Soft tissue shadows and bony thorax are normal.

IMP- NORMAL CHEST X-RAY

Advised...please correlate clinically.

***** END OF REPORT *****

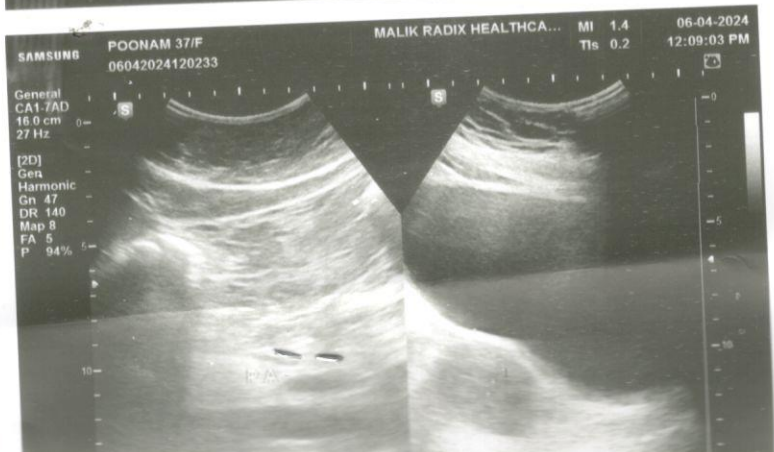
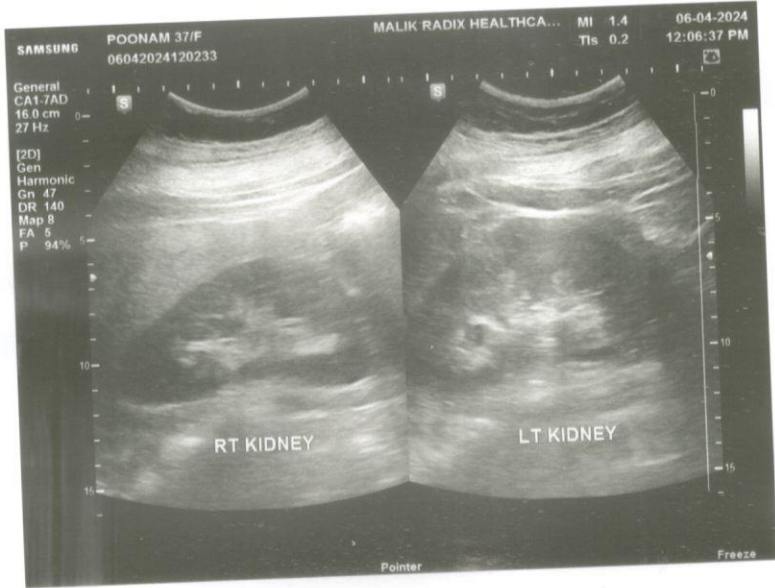
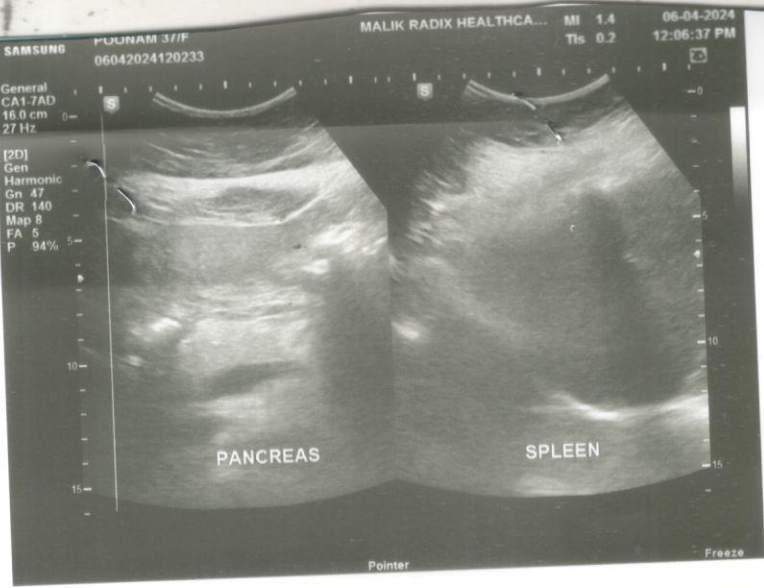
DR. K.K. SINHA
M.B.B.S. D.M.R.D.
SENIOR CONSULTANT
Reg. No. 25437 (DMC)

DR. RAJESH MALHOTRA
MBBS, MD (RADIOLOGY)
CONSULTANT RADIOLOGY
Reg.No.DMC9299

DR. T. K VOHRA
MD (RADIODIAGNOSIS)
SENIOR CONSULTANT
Reg. No. 3272 (DMC)

DR. MUKESH KOSHAL
MBBS, MD (RADIOLOGY)
CONSULTANT RADIOLOGY
Reg.No.DMC10407

DR. SHREYASH TIWARY
MBBS, MD (RADIOLOGY)
CONSULTANT RADIOLOGY
Reg.No.DMC85802



RADIX
HEALTH
care



Malik Radix Healthcare

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A Unit of Malik Radix Healthcare
Toll Free - 1800-120-5457
Whatsapp No. - 9811550650
E-mail: info@radixhealthcare.org
Website: www.radixhealthcare.org



NAME	MRS. POONAM	AGE	37 Y/F
REFD. BY.	HEALTH CHECK UP	DATE	06.04.24

Ultrasound Examination of Whole Abdomen & Pelvis:

Liver: Grade-II fatty liver. No focal SOL is seen in liver. IHBR & portal radicles are normal.

Gallbladder: Gallbladder is not visualized. (Post cholecystectomy status).

Pancreas: Pancreas shows normal size & echotexture.

Spleen: Spleen shows normal size, outline & echotexture.

Kidneys: Kidneys show normal size, shape, position & echotexture. No calculus, hydronephrosis or SOL is seen in kidneys. Cortico- medullary differentiation and cortical thickness is normal on both sides.

No supra- renal mass seen.

Great abdominal vessels are normal.

Domes of diaphragm are seen to move normally & synchronously in respiration. No supra- or infra diaphragmatic collection is seen.

No ascites or pericardial effusion seen.

No para-aortic lymph nodes seen.

Urinary bladder: Urinary bladder shows normal anechoic pattern. No calculus, SOL or diverticulum seen.

Uterus: Uterus is anteverted and normal in size & echotexture. No intrinsic SOL is seen in uterus. Endometrial thickness is 5.2 mm.

Adnexa: Adnexal regions including the ovaries are sonographically normal.

IMP: - Grade-II fatty liver.

Regards.

Dr Mukesh Koshal MD (Rad- diag)
Regn. No. DMC 10407

RADIOLOGIST :

Facilities Available

- Multispeciality Hospital - 24 Hours Emergency - X-Ray/ ECG/ Ultrasound/ CT Scan - Dental - Fully Equipped Operation Theatre
- Fully Functional Lab - 24/7 Casualty/ ICU-Nursery 24/7 Pharmacy - Labour Room - All Speciality OPD - Laproscopic Surgery -
ECHO - Plastic Surgery


भारत सरकार
Government of India

पूनम
Poonam




जन्म तिथि/DOB: 31/10/1986
 महिला / Female



5497 6378 5201

आधार - आम आदमी का अधिकार


Poonam



भारत सरकार
Unique Identification Authority of India


पता: W/O: राहुल कुमार
 हाउस नं. 165, परवाना रोड, बिहारी गली
 खुरेजी खास, कृष्णा नगर, कृष्णा नगर
 पूर्वी दिल्ली, दिल्ली, 110051

Address: W/O: Rahul Kumar,
 house no. 165, parwana
 road, bihari gali, khureji
 khas, Krishna Nagar, Krishna
 Nagar, East Delhi, Delhi,
 110051

5497 6378 5201

 1947
 1800 300 1947

 help@uidai.gov.in

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HALIK RADIX HEALTH CARE PVT. LTD.
 C-217, C-218, Nirman Vihar,
 Delhi-110092
 Ph.: 011-49287456, 011-61381379
 Regd. No.: 607



Name - Poonam
Age - 37/F

Annual Health check up 06/04/24

Radix Health Checkup

Wash 6/6 ~~1/1~~
6/6 ~~1/1~~

Clear Vys NB.
Lab

h_h 13
13

Color vis: WMC

(Handwritten signature)

Dr. Nidhi Gupta
MBBS, MS, DNB
Casualty Ophthalmologist
Malik Radix Healthcare Pvt. Ltd.
DNO No. 12/201

Facilities Available

- Multispeciality Hospital - 24 Hours Emergency - X-Ray/ ECG/ Ultrasound/ CT Scan - Dental- Fully Equipped Operation Theatre
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E-mail : radixhealthcare@yahoo.co.in • www.radixhealthcare.org

CONSULTANTS ON PANEL

PAEDIATRICS

Dr Ravi Malik (MBBS, MD)
Dr Hant Prasad (MBBS, MD, Pdt)
Dr Ritu Jain (MBBS, MD)

GYNAECOLOGY

Dr Renu Malik (MBBS, MD)
Dr Meena Malhotra (MBBS, MD)
Dr Rajni (MBBS, MD)
Dr Manju Gupta (MBBS, MS)
Dr Vaishali Saini (MBBS, DGO)
Dr Rupam Arora (MBBS, MD)

DENTAL

Dr Shruti Malik (BDS, MDS)
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Dr Mohit Mangla (BDS, MDS)
Dr Tarun Mittal (BDS, MDS)
Dr Geetika Sharma (BDS)
Dr Shilpa Verma (BDS)

CHILD GASTROENTEROLOGY

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Dr KB Tiwan (MBBS, MS ORTHO)
Dr Deepak Kumar Arora (MBBS, MS ORTHO)

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Dr K K Sinha (MBBS DNRB)
Dr T K Vohra (MBBS, MD)
Dr Rajesh Malhotra (MBBS, MD)
Dr Ashish Tomar (MBBS, MD)

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Dr Meenu Aggarwal (MBBS, MD PATH)

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Dr Rakesh Atrey (MBBS, MD)
Dr R K Arora (MBBS, MD)
Dr Swaraj Garg (MBBS, MD)

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Dr Ayush Jain (MBBS, MS, MCh)

PAEDIATRIC SURGERY

Dr Dharmendra Singh (MBBS, MS, M.Ch)
Dr Satish Aggarwal (MBBS, MS, M.Ch)

PAEDIATRIC NEPHROLOGY

Dr A S Vasudev (MD, Dip.in. Paed.)

NEPHROLOGY

Dr Javed (MBBS, MD, Nephro)

CARDIOLOGY

Dr Nishant Tyagi (MBBS, MD)

NEUROLOGY

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GASTROENTEROLOGY

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Dr Ashok Goyal (MBBS, MD)
Dr Ankur Singhal (MBBS, MD)

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Dr Ankur Singhal (MBBS, MD)

PSYCHIATRY

Dr Mohit Sharma (MBBS, MD)

PHYSIOTHERAPY

Dr Kirti Dwivedi

Dr Ravi Kumar

NUTRITIONIST

Dr Deepika Kohli

Dr Sakshi Rana

CLINICAL PSYCHOLOGIST

Dr. Sarika Singh

Dr. Shruti Malik

BDS, MDS (Endodontics)

(+91-9899561092)

Name : Poonam

Age/Sex : 37 y / f

Date : 6/4/24

Timings : 10:00 am. to 2:00 pm.
6:00 pm. to 8:30 pm.

For Appointment

011-45152510
+91-9999254639

CLINICAL EXAMINATION:-

1. TMJ:-

Routine checkup

2. DENTAL STATUS:

M.H. - H/o cholecystectomy

- a. Caries Teeth :
- b. Fracture Teeth :
- c. Root Stumps :
- d. Gingivitis :
- e. Periodontitis :
- f. Impacted Teeth :
- g. Malaligned Teeth :

76	78
7	68

4	
6	7

3. ORAL LESIONS:-

4. DIAGNOSIS:-

R.S.

5. TREATMENT PLANNING:

6. FOLLOW UP:-

Adv
- oral prophylaxis

Referral To Other Consultant: Yes/ No

If Yes, please mention the Name:

Doctor's Signature Ammy

Facilities Available :

- ★ MULTI-SPECIALITY HOSPITAL ★ MODULAR FULLY EQUIPPED OT ★ NURSERY ★ LAPROSCOPIC SURGERY
- ★ 24X7 EMERGENCY ★ OPG ★ DENTAL ★ 24X7 DIAGNOSTICS ★ LABOUR ROOM ★ ECHO ★ EEG ★ DIGITAL X-RAY ★ CT SCAN
- ★ ECG ★ ULTRASOUND ★ RICU/ICU ★ ALL SPECIALITY OPD ★ PLASTIC & COSMETIC SURGERY ★ DIALYSIS ★ PHARMACY



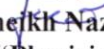
Echocardiogram Report

Patient Name	MRS. POONAM
Date of Test	06/04/2024
Age	37 YRS/ FEMALE
Ref. by	MEDIWHEEL

Dimensions	Result	Normal Range
AO (ed)	2.6 cm	(2.1 -3.7cm)
LA (es)	3.4 cm	(2.1 -3.7cm)
RVID (ed)	2.6 cm	(1.1-3.0cm)
LVID (ed)	4.4 cm	(3.6 – 5.5 cm)
LVID (es)	3.1 cm	(2.3-3.9cm)
IVS (ed)	1.1 cm	(0.6 – 1-2 cm)
LVPW (ed)	1.1 cm	(0.6 – 1-2 cm)
EF	56 %	
FS	28 %	(28 % - 42 %)

Impression:

- NO REGIONAL WALL MOTION ABNORMALITY SEEN.
- LVEF= 56%
- NORMAL CHAMBER DIMENSIONS.
- NORMAL MIP.
- NORMAL COLOR FLOW.
- NO INTRA CARDIAC CLOT/MASS/ VEGETATION/PERICARDIAL EFFUSION SEEN.


Dr. Shekif Nazir Ahmed
M.D. "Physician" PGDCC
(Consultant Non – Invasive Cardiologist)

Facilities Available

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ECHO - Plastic Surgery

Poonam

Poonam

ID: 9643597943

37 years Female

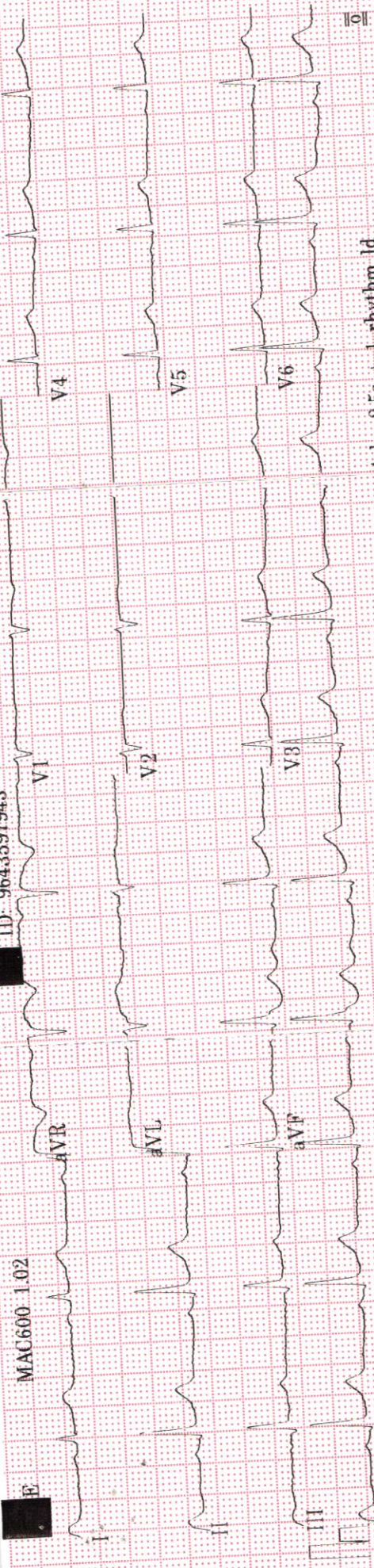
Vent. rate 68 bpm
 QRS duration 78 ms
 QT/QTc 414/440 ms
 PR interval 148 ms
 P duration 86 ms
 RR interval 882 ms
 P-R-T axes 25 75 51

12SL™ v239

MAC600 1.02

6-Apr-2024 10:29:34

ID: 9643597943



4 by 2.5s + 1 rhythm 1d

68 bpm

50Hz

10.0||5.0 mm/mV

25.0 mm/s

Auto gain applied
0.16-20Hz

Malik Radix HealthCare.

ELECTROCARDIOGRAM

Name: MRS. POONAM

Age & Sex: 37YR/FEMALE

Ref by: MEDIWHEEL

Date: 06/04/2024

ECG FINDINGS:

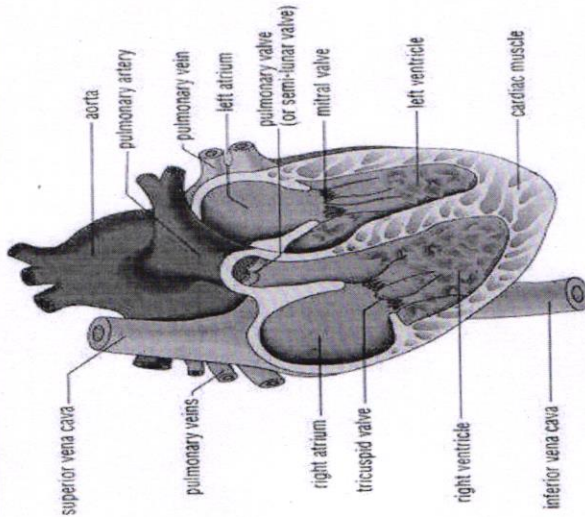
Rate 68bpm Rhythm Sinus Mechanism Normal

Axis Normal Wave Normal PR Interval 0.14/Sec

QRS Complex Normal QT Interval Normal Q Wave Normal

ST Segment Normal T Wave Normal

Conclusion Sinus Rhythm, Normal Axis to be correlate



Doctors Signature

[Signature]
 Dr. SHEIKH AZIZ RAHMED
 M.D. "Physician"
 PGDCC
 DMC-46499



LAB REPORT

Reg. Date	06/04/2024	Patient Id	2404060009	DOB.	31/10/1986
Name	MRS. POONAM	Gender	F	Perm. ID	
Age	37 Yrs. 5 Mn. 6 Day	Panel	MEDIWHEEL	Reported	06/04/2024 17:50:43
Ref. By	MEDIWHEEL				

Test Name	Result	Units	Ref. Range
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MEDIWHEEL ANNUAL PLUS CHECK

HAEMATOLOGY

COMPLETE HAEMOGRAM

HAEMOGLOBIN (HB%)	9.3	gm/dl	12 - 15
TOTAL LEUCOCYTE COUNT (TLC)	6,800	/cumm	4000 - 11000

DIFFERENTIAL LEUCOCYTE COUNT (DLC)

NEUTROPHIL	66	%	40 - 80
LYMPHOCYTE	27	%	28 - 55
MONOCYTE	04	%	02 - 10
EOSINOPHIL	03	%	01 - 06
BASOPHIL	00	%	0 - 0
ESR (WESTEGREN'S METHOD)	10	mm/1st hr.	0 - 15
R B C COUNT	4.27	Millions/cmm	4.247 - 5.4
P.C.V / HAEMATOCRIT	34.4	%	35 - 45
M C V	80.6	fl.	80 - 100
M C H	21.8	Picogram	27.0 - 31.0
M C H C	27.0	gm/dl	33 - 37
PLATELET COUNT	2.67	Lakh/cu mm	1.50 - 4.50
BLOOD GROUP ABO	" A "		
RH TYPING	Positive		
BLOOD SUGAR FASTING	89.88	mg/dl	70 - 100
BLOOD SUGAR PP	120.96	mg/dl	90 - 140

THYROID PROFILE

Free T3 ELFA	2.71	ng/ml	02 - 04
Free T4 ELFA	1.62	ug/dl	0.8 - 2.7

Checked by : _____
 Page 1 Contd...2

If test results are alarming or unexpected, patient is advised to contact the laboratory immediately for possible remedial action.

Facilities Available

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LAB REPORT

Reg. Date	06/04/2024	Patient Id	2404060009	DOB.	31/10/1986
Name	MRS. POONAM	Gender	F	Perm. ID	
Age	37 Yrs. 5 Mn. 6 Day	Panel	MEDIWHEEL	Reported	06/04/2024 17:50:43
Ref. By	MEDIWHEEL				

Test Name	Result	Units	Ref. Range
TSH Serum/ELFA	1.910	uIU/ml	0.25 - 5.50 uIU/ml

Interpretation

Clinical Use

- Diagnose Hypothyroidism and Hyperthyroidism
- Monitor T4 replacement or T4 suppressive Therapy
- Quantify TSH levels in the subnormal range

Increased Levels : Primary Hypothyroidism Subclinical Hypothyroidism, TSH dependent, Thyroid Hormone Resistance.

Decreased Levels : Grave's Disease, Autonomous Thyroid Hormone Secretion, TSH Deficiency

LIPID PROFILE

TOTAL CHOLESTEROL	175.90	mg/dL	130.0 - 200.0 (<200)
TRIGLYCERIDES	96.80	mg/dL	80.5 - 150.0 (<150)
H D L CHOLESTEROL DIRECT	32.1	mg/dL	42.0 - 60.0 (<40->59)
V L D L	19.4	mg/dL	4.0 - 30. (23-45)
L D L CHOLESTEROL	124.4	mg/dL	50.0 - 150.0 (50-150)
TOTAL CHOLESTEROL / HDL RATIO	5.5		3.3 - 5.1
LDL / HDL CHOLESTEROL RATIO	3.9		1.5 - 3.5

LIVER FUNCTION TEST (LFT)

BILIRUBIN TOTAL	1.20	mg/dl	0.2 - 1.2
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Checked by : _____
Page 2 Contd...3

If test results are alarming or unexpected, patient is advised to contact the laboratory immediately for possible remedial action.

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LAB REPORT

Reg. Date	06/04/2024	Patient Id	2404060009	DOB.	31/10/1986
Name	MRS. POONAM	Gender	F	Perm. ID	
Age	37 Yrs. 5 Mn. 6 Day	Panel	MEDIWHEEL	Reported	06/04/2024 17:50:43
Ref. By	MEDIWHEEL				

Test Name	Result	Units	Ref. Range
CONJUGATED (D. BILIRUBIN)	0.16	mg/dl	0.00 - 0.3
UNCONJUGATED (I.D.BILIRUBIN)	1.04	mg/dl	0.2 - 0.9
SGOT / AST	16.60	IU/L	0 - 35
SGPT / ALT	11.7	IU/L	0 - 35
ALKALINE PHOSPHATASE	87.90	U/L	64 - 306
TOTAL PROTEIN	7.66	gm/dl	6.0 - 8.3
ALBUMIN	4.18	gm/dl	3.2 - 5.0
GLOBULIN	3.48	gm/dl	2.5 - 5.6
A/G RATIO	1.20		0.9 - 2.0
GAMMA GT	20.10	IU/L	0.0 - 35.0
SERUM CREATININE	0.70	mg/dl	0.6 - 1.2
SERUM URIC ACID	3.90	mg/dl	2.4 - 6.0
BLOOD UREA NITROGEN (BUN)	12.25	mg/dl	6.0 - 21.0
BUN/CREAT RATIO	17.5	mg/dl	10 - 20
Urine Routine Examination			

PHYSICAL EXAMINATION

QUANTITY	20	ml.	
COLOUR	Pale Yellow		Pale Yellow
TRANSPARENCY	Clear		
SPECIFIC GRAVITY	1.020		
PH	6.0		

CHEMICAL EXAMINATION

ALBUMIN	Nil
SUGAR	Nil

MICROSCOPIC EXAMINATION

PUS CELLS	2-3	/HPF
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Checked by : _____
Page 3 Contd...4

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Name	MRS. POONAM	Gender	F	Perm. ID	
Age	37 Yrs. 5 Mn. 6 Day	Panel	MEDIWHEEL	Reported	06/04/2024 17:50:43
Ref. By	MEDIWHEEL				

Test Name	Result	Units	Ref. Range
RBC'S	Nil	/HPF	
CASTS	Nil		
CRYSTALS	NIL		
EPITHELIAL CELLS	1-2	/HPF	
BACTERIA	Nil		
OTHERS	Nil		


Dr. REENA DABHIA
M.B.B.S, MD (Path.)
Checked by : _____
Page 4 of 4.
Malik Radix Health Care Pvt. Ltd.
C-217, C-218, Nirman Vihar,
Delhi-92

DR. MEENU AGGARWAL
M.B.B.S, MD (Path.)

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Patient Name : Mrs POONAM	Sample Collected : Apr 06, 2024, 03:57 PM	 MC-5280	
DOB/Age/Gender : 37 Y/Female	Report Date : Apr 06, 2024, 07:35 PM		
Patient ID / UHID : 7855350/OF7855350	Barcode No : HY420067		
Referred By : Dr. DR. SELF	Report Status : Final Report		
Sample Type : Whole blood EDTA			
Test Description	Value(s)	Unit(s)	Reference Range

HbA1C (Glycosylated Haemoglobin)

Glycosylated Hemoglobin (HbA1c) HPLC	5.3	%	<5.7
Estimated Average Glucose	105.41		

Interpretation:

Interpretation For HbA1c% As per American Diabetes Association (ADA)

Reference Group	HbA1c in %
Non diabetic adults >=18 years	<5.7
At risk (Prediabetes)	5.7 - 6.4
Diagnosing Diabetes	>= 6.5
Therapeutic goals for glycemic control	Age > 19 years Goal of therapy: < 7.0 Age < 19 years Goal of therapy: <7.5

Note:

1. Since HbA1c reflects long term fluctuations in the blood glucose concentration, a diabetic patient who is recently under good control may still have a high concentration of HbA1c. Converse is true for a diabetic previously under good control but now poorly controlled.
2. Target goals of < 7.0 % may be beneficial in patients with short duration of diabetes, long life expectancy and no significant cardiovascular disease. In patients with significant complications of diabetes, limited life expectancy or extensive co-morbid conditions, targeting a goal of < 7.0 % may not be appropriate

Comments :

HbA1c provides an index of average blood glucose levels over the past 8 - 12 weeks and is a much better indicator of long term glycemic control as compared to blood and urinary glucose determinations ADA criteria for correlation between HbA1c & Mean plasma glucose levels.

HbA1c(%)	Mean Plasma Glucose (mg/dL)	HbA1c(%)	Mean Plasma Glucose (mg/dL)
6	126	12	298
8	183	14	355
10	240	16	413

*** End Of Report ***

Sohini Sengupta

Dr. Sohini Sengupta
MD (Cl Biochemistry), DNB,
FNB (Lab Medicine)
Medical Laboratory Director
HOD (Biochemistry & Special Assays)



Booking Centre :- Malik Radix Healthcare (Delhi), C-218, Nirman Vihar, Vikas Marg
Processing Lab :- Redcliffe Lifetech Pvt. Ltd., H-55, Sector-63, Noida, Uttar Pradesh - 201301



LAB REPORT

UHID	PT210175	LAB No.	LAB2332337
Name	Mrs. POONAM	Regn. No.	GEN2400437
Father's/Husb Name	W/O	Receiving Dt/Time	04/Apr/2024 12:00 PM
Age/Sex	43 Yrs/F	Reporting Dt/Time	09/Apr/2024 02:09 PM



CYTOLOGY

PAP SMEAR

CYTOPATHOLOGY REPORT
 2001 BETHESDA SYSTEM

SPECIMEN: CERVICOVAGINAL SMEAR.

SPECIMEN ADEQUENCY:

Smear is satisfactory for evaluation. Smear shows squamous cells and endocervical cells. Background shows normal flora with mild neutrophilic infiltrate.

INTERPRETATION:

Negative for intra-epithelial lesion and malignancy .

IMPRESSION:

Mildly inflammatory Smear.

DISCLAIMER:

It is a screening procedure subject to both false negative or false Positive.
 Result must be interpreted in context of historic and current Clinical information
 in case of any mismatch biopsy and HPE may be considered.

Dr.Reema Dahiya
 M.B.B.S, MD(PATH)
 CONSULTANT PATHOLOGY
 DMCIR/04578

The Test are not conducted under NABL scope

If test results are alarming or unexpected, patient is advised to contact the laboratory immediately for possible remedial action.

Facilities Available

- Multispeciality Hospital - 24 Hours Emergency - X-Ray/ ECG/ Ultrasound/ CT Scan - Dental- Fully Equipped Operation Theatre
- Fully Functional Lab - 24/7 Casualty/ ICU-Nursery 24/7 Pharmacy - Labour Room - All Speciality OPD - Laproscopic Surgery - ECHO - Plastic Surgery