


Patient Name	: Mr.JITHENDRA H K	Collected	: 18/Dec/2023 09:10AM
Age/Gender	: 32 Y 0 M 8 D/M	Received	: 18/Dec/2023 10:19AM
UHID/MR No	: CMYS.0000058895	Reported	: 18/Dec/2023 12:02PM
Visit ID	: CMYSOPV120429	Status	: Final Report
Ref Doctor	: Dr.SELF	Sponsor Name	: ARCOFEMI HEALTHCARE LIMITED
Emp/Auth/TPA ID	: 393596476187		

DEPARTMENT OF HAEMATOLOGY

PERIPHERAL SMEAR , WHOLE BLOOD EDTA


Dr. PAVAN KUMAR M
M.B.B.S,M.D(Pathology)
Consultant Pathologist

SIN No:BED230312599



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UHID/MR No : CMYS.0000058895	Reported : 18/Dec/2023 02:36PM
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DEPARTMENT OF HAEMATOLOGY

ARCOFEMI - MEDIWHEEL - FULL BODY ANNUAL PLUS MALE - 2D ECHO - PAN INDIA - FY2324

Test Name	Result	Unit	Bio. Ref. Range	Method
HEMOGRAM , WHOLE BLOOD EDTA				
HAEMOGLOBIN	14.3	g/dL	13-17	Spectrophotometer
PCV	42.90	%	40-50	Electronic pulse & Calculation
RBC COUNT	4.62	Million/cu.mm	4.5-5.5	Electrical Impedance
MCV	93	fL	83-101	Calculated
MCH	31	pg	27-32	Calculated
MCHC	33.3	g/dL	31.5-34.5	Calculated
R.D.W	12.5	%	11.6-14	Calculated
TOTAL LEUCOCYTE COUNT (TLC)	6,600	cells/cu.mm	4000-10000	Electrical Impedance
DIFFERENTIAL LEUCOCYTIC COUNT (DLC)				
NEUTROPHILS	54.6	%	40-80	Electrical Impedance
LYMPHOCYTES	33.3	%	20-40	Electrical Impedance
EOSINOPHILS	4.2	%	1-6	Electrical Impedance
MONOCYTES	7.3	%	2-10	Electrical Impedance
BASOPHILS	0.6	%	<1-2	Electrical Impedance
ABSOLUTE LEUCOCYTE COUNT				
NEUTROPHILS	3603.6	Cells/cu.mm	2000-7000	Calculated
LYMPHOCYTES	2197.8	Cells/cu.mm	1000-3000	Calculated
EOSINOPHILS	277.2	Cells/cu.mm	20-500	Calculated
MONOCYTES	481.8	Cells/cu.mm	200-1000	Calculated
BASOPHILS	39.6	Cells/cu.mm	0-100	Calculated
PLATELET COUNT	281000	cells/cu.mm	150000-410000	Electrical impedance
ERYTHROCYTE SEDIMENTATION RATE (ESR)	6	mm at the end of 1 hour	0-15	Modified Westergren
PERIPHERAL SMEAR				

R.B.C: Majority are normocytic normochromic.

W.B.C: Are normal in number,morphology and distribution.

Page 2 of 16



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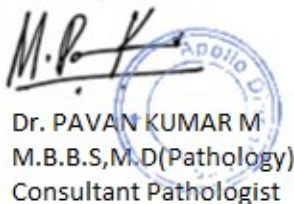
DEPARTMENT OF HAEMATOLOGY

ARCOFEMI - MEDIWHEEL - FULL BODY ANNUAL PLUS MALE - 2D ECHO - PAN INDIA - FY2324

Platelets: Adequate and are seen in singles and clumps.

Hemoparasites: Not seen.

IMPRESSION: NORMOCYTIC NORMOCHROMIC BLOOD PICTURE.



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DEPARTMENT OF HAEMATOLOGY

ARCOFEMI - MEDIWHEEL - FULL BODY ANNUAL PLUS MALE - 2D ECHO - PAN INDIA - FY2324

Test Name	Result	Unit	Bio. Ref. Range	Method
BLOOD GROUP ABO AND RH FACTOR , WHOLE BLOOD EDTA				
BLOOD GROUP TYPE	O			Forward & Reverse Grouping with Slide/Tube Aggluti
Rh TYPE	POSITIVE			Forward & Reverse Grouping with Slide/Tube Agglutination



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Patient Name : Mr.JITHENDRA H K	Collected : 18/Dec/2023 12:12PM
Age/Gender : 32 Y 0 M 8 D/M	Received : 18/Dec/2023 02:25PM
UHID/MR No : CMYS.0000058895	Reported : 18/Dec/2023 03:11PM
Visit ID : CMYSOPV120429	Status : Final Report
Ref Doctor : Dr.SELF	Sponsor Name : ARCOFEMI HEALTHCARE LIMITED
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DEPARTMENT OF BIOCHEMISTRY

ARCOFEMI - MEDIWHEEL - FULL BODY ANNUAL PLUS MALE - 2D ECHO - PAN INDIA - FY2324

Test Name	Result	Unit	Bio. Ref. Range	Method
GLUCOSE, FASTING , NAF PLASMA	95	mg/dl	74-106	GOD, POD

Comment:

As per American Diabetes Guidelines, 2023

Fasting Glucose Values in mg/dL	Interpretation
70-100 mg/dL	Normal
100-125 mg/dL	Prediabetes
≥126 mg/dL	Diabetes
<70 mg/dL	Hypoglycemia

Note:

- The diagnosis of Diabetes requires a fasting plasma glucose of $>$ or $=$ 126 mg/dL and/or a random / 2 hr post glucose value of $>$ or $=$ 200 mg/dL on at least 2 occasions.
- Very high glucose levels ($>$ 450 mg/dL in adults) may result in Diabetic Ketoacidosis & is considered critical.

Test Name	Result	Unit	Bio. Ref. Range	Method
GLUCOSE, POST PRANDIAL (PP), 2 HOURS , SODIUM FLUORIDE PLASMA (2 HR)	100	mg/dL	70-140	GOD - POD

Comment:

It is recommended that FBS and PPBS should be interpreted with respect to their Biological reference ranges and not with each other.

Conditions which may lead to lower postprandial glucose levels as compared to fasting glucose levels may be due to reactive hypoglycemia, dietary meal content, duration or timing of sampling after food digestion and absorption, medications such as insulin preparations, sulfonylureas, amylin analogues, or conditions such as overproduction of insulin.



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Patient Name : Mr.JITHENDRA H K	Collected : 18/Dec/2023 09:10AM
Age/Gender : 32 Y 0 M 8 D/M	Received : 18/Dec/2023 01:22PM
UHID/MR No : CMYS.0000058895	Reported : 18/Dec/2023 02:49PM
Visit ID : CMYSOPV120429	Status : Final Report
Ref Doctor : Dr.SELF	Sponsor Name : ARCOFEMI HEALTHCARE LIMITED
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DEPARTMENT OF BIOCHEMISTRY

ARCOFEMI - MEDIWHEEL - FULL BODY ANNUAL PLUS MALE - 2D ECHO - PAN INDIA - FY2324

Test Name	Result	Unit	Bio. Ref. Range	Method
HBA1C (GLYCATED HEMOGLOBIN) , WHOLE BLOOD EDTA				
HBA1C, GLYCATED HEMOGLOBIN	5.1	%		HPLC
ESTIMATED AVERAGE GLUCOSE (eAG)	100	mg/dL		Calculated

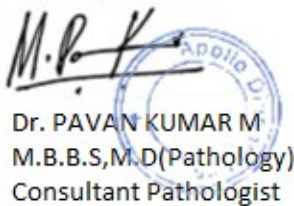
Comment:

Reference Range as per American Diabetes Association (ADA) 2023 Guidelines:

REFERENCE GROUP	HBA1C %
NON DIABETIC	<5.7
PREDIABETES	5.7 – 6.4
DIABETES	≥ 6.5
DIABETICS	
EXCELLENT CONTROL	6 – 7
FAIR TO GOOD CONTROL	7 – 8
UNSATISFACTORY CONTROL	8 – 10
POOR CONTROL	>10

Note: Dietary preparation or fasting is not required.

- HbA1C is recommended by American Diabetes Association for Diagnosing Diabetes and monitoring Glycemic Control by American Diabetes Association guidelines 2023.
- Trends in HbA1C values is a better indicator of Glycemic control than a single test.
- Low HbA1C in Non-Diabetic patients are associated with Anemia (Iron Deficiency/Hemolytic), Liver Disorders, Chronic Kidney Disease. Clinical Correlation is advised in interpretation of low Values.
- Falsely low HbA1c (below 4%) may be observed in patients with clinical conditions that shorten erythrocyte life span or decrease mean erythrocyte age. HbA1c may not accurately reflect glycemic control when clinical conditions that affect erythrocyte survival are present.
- In cases of Interference of Hemoglobin variants in HbA1C, alternative methods (Fructosamine) estimation is recommended for Glycemic Control
 - A: HbF >25%
 - B: Homozygous Hemoglobinopathy.
 (Hb Electrophoresis is recommended method for detection of Hemoglobinopathy)



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Age/Gender : 32 Y 0 M 8 D/M	Received : 18/Dec/2023 10:14AM
UHID/MR No : CMYS.0000058895	Reported : 18/Dec/2023 11:59AM
Visit ID : CMYSOPV120429	Status : Final Report
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DEPARTMENT OF BIOCHEMISTRY

ARCOFEMI - MEDIWHEEL - FULL BODY ANNUAL PLUS MALE - 2D ECHO - PAN INDIA - FY2324

Test Name	Result	Unit	Bio. Ref. Range	Method
LIPID PROFILE , SERUM				
TOTAL CHOLESTEROL	155	mg/dl	0-200	CHOD
TRIGLYCERIDES	113	mg/dl	0-150	GPO, Trinder
HDL CHOLESTEROL	36	mg/dL	>40	CHE/CHO/POD
NON-HDL CHOLESTEROL	119	mg/dL	<130	Calculated
LDL CHOLESTEROL	96.01	mg/dL	<100	Calculated
VLDL CHOLESTEROL	22.53	mg/dL	<30	Calculated
CHOL / HDL RATIO	4.25		0-4.97	Calculated

Comment:

Reference Interval as per National Cholesterol Education Program (NCEP) Adult Treatment Panel III Report.

	Desirable	Borderline High	High	Very High
TOTAL CHOLESTEROL	< 200	200 - 239	≥ 240	
TRIGLYCERIDES	<150	150 - 199	200 - 499	≥ 500
LDL	Optimal < 100 Near Optimal 100-129	130 - 159	160 - 189	≥ 190
HDL	≥ 60			
NON-HDL CHOLESTEROL	Optimal <130; Above Optimal 130-159	160-189	190-219	>220

- Measurements in the same patient on different days can show physiological and analytical variations.
- NCEP ATP III identifies non-HDL cholesterol as a secondary target of therapy in persons with high triglycerides.
- Primary prevention algorithm now includes absolute risk estimation and lower LDL Cholesterol target levels to determine eligibility of drug therapy.
- Low HDL levels are associated with Coronary Heart Disease due to insufficient HDL being available to participate in reverse cholesterol transport, the process by which cholesterol is eliminated from peripheral tissues.
- As per NCEP guidelines, all adults above the age of 20 years should be screened for lipid status. Selective screening of children above the age of 2 years with a family history of premature cardiovascular disease or those with at least one parent with high total cholesterol is recommended.
- VLDL, LDL Cholesterol Non HDL Cholesterol, CHOL/HDL RATIO, LDL/HDL RATIO are calculated parameters when Triglycerides are below 350mg/dl. When Triglycerides are more than 350 mg/dl LDL cholesterol is a direct measurement.



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DEPARTMENT OF BIOCHEMISTRY

ARCOFEMI - MEDIWHEEL - FULL BODY ANNUAL PLUS MALE - 2D ECHO - PAN INDIA - FY2324


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DEPARTMENT OF BIOCHEMISTRY

ARCOFEMI - MEDIWHEEL - FULL BODY ANNUAL PLUS MALE - 2D ECHO - PAN INDIA - FY2324

Test Name	Result	Unit	Bio. Ref. Range	Method
LIVER FUNCTION TEST (LFT) , SERUM				
BILIRUBIN, TOTAL	0.98	mg/dl	0-1.2	NBD
BILIRUBIN CONJUGATED (DIRECT)	0.19	mg/dl	0-0.2	Diazotized sulfanilic acid
BILIRUBIN (INDIRECT)	0.79	mg/dL	0.0-1.1	Dual Wavelength
ALANINE AMINOTRANSFERASE (ALT/SGPT)	11	U/l	0-45	IFCC
ASPARTATE AMINOTRANSFERASE (AST/SGOT)	18.0	U/l	0-35	IFCC
ALKALINE PHOSPHATASE	110.00	U/l	53-128	IFCC (AMP buffer)
PROTEIN, TOTAL	6.80	g/dl	6.4-8.3	Biuret
ALBUMIN	4.27	g/dl	3.5-5.2	Bromcresol Green
GLOBULIN	2.53	g/dL	2.0-3.5	Calculated
A/G RATIO	1.69		0.9-2.0	Calculated

Comment:

LFT results reflect different aspects of the health of the liver, i.e., hepatocyte integrity (AST & ALT), synthesis and secretion of bile (Bilirubin, ALP), cholestasis (ALP, GGT), protein synthesis (Albumin)

Common patterns seen:

1. Hepatocellular Injury:

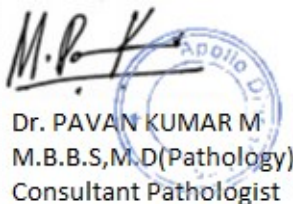
- AST – Elevated levels can be seen. However, it is not specific to liver and can be raised in cardiac and skeletal injuries.
- ALT – Elevated levels indicate hepatocellular damage. It is considered to be most specific lab test for hepatocellular injury. Values also correlate well with increasing BMI.
- Disproportionate increase in AST, ALT compared with ALP.
- Bilirubin may be elevated.
- AST: ALT (ratio) – In case of hepatocellular injury AST: ALT > 1 In Alcoholic Liver Disease AST: ALT usually >2. This ratio is also seen to be increased in NAFLD, Wilson's diseases, Cirrhosis, but the increase is usually not >2.

2. Cholestatic Pattern:

- ALP – Disproportionate increase in ALP compared with AST, ALT.
- Bilirubin may be elevated.
- ALP elevation also seen in pregnancy, impacted by age and sex.
- To establish the hepatic origin correlation with GGT helps. If GGT elevated indicates hepatic cause of increased ALP.

3. Synthetic function impairment:

Page 9 of 16



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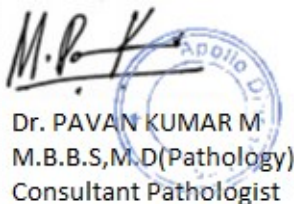


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DEPARTMENT OF BIOCHEMISTRY

ARCOFEMI - MEDIWHEEL - FULL BODY ANNUAL PLUS MALE - 2D ECHO - PAN INDIA - FY2324

- Albumin- Liver disease reduces albumin levels.
- Correlation with PT (Prothrombin Time) helps.


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DEPARTMENT OF BIOCHEMISTRY

ARCOFEMI - MEDIWHEEL - FULL BODY ANNUAL PLUS MALE - 2D ECHO - PAN INDIA - FY2324

Test Name	Result	Unit	Bio. Ref. Range	Method
RENAL PROFILE/KIDNEY FUNCTION TEST (RFT/KFT) , SERUM				
CREATININE	1.10	mg/dL	0.66-1.25	Creatinine amidohydrolase
UREA	13.11	mg/dl	13-43	Urease, UV
BLOOD UREA NITROGEN	6.1	mg/dL	8.0 - 23.0	Calculated
URIC ACID	7.40	mg/dL	3.5-8.5	Uricase
CALCIUM	9.44	mg/dl	8.6-10.3	Arsenazo III
PHOSPHORUS, INORGANIC	3.45	mg/dl	2.7-4.5	Molybdate
SODIUM	141	mmol/L	135-145	Direct ISE
POTASSIUM	4.6	mmol/L	3.5-5.1	Direct ISE
CHLORIDE	101	mmol/L	98 - 107	Direct ISE



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DEPARTMENT OF BIOCHEMISTRY

ARCOFEMI - MEDIWHEEL - FULL BODY ANNUAL PLUS MALE - 2D ECHO - PAN INDIA - FY2324

Test Name	Result	Unit	Bio. Ref. Range	Method
GAMMA GLUTAMYL TRANSPEPTIDASE (GGT) , SERUM	16.00	U/l	0-55	IFCC



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DEPARTMENT OF IMMUNOLOGY

ARCOFEMI - MEDIWHEEL - FULL BODY ANNUAL PLUS MALE - 2D ECHO - PAN INDIA - FY2324

Test Name	Result	Unit	Bio. Ref. Range	Method
THYROID PROFILE TOTAL (T3, T4, TSH) , SERUM				
TRI-IODOTHYRONINE (T3, TOTAL)	0.74	ng/mL	0.64-1.52	CMIA
THYROXINE (T4, TOTAL)	7.01	µg/dL	4.87-11.72	CMIA
THYROID STIMULATING HORMONE (TSH)	0.910	µIU/mL	0.35-4.94	CMIA

Comment:

For pregnant females	Bio Ref Range for TSH in uIU/ml (As per American Thyroid Association)
First trimester	0.1 - 2.5
Second trimester	0.2 - 3.0
Third trimester	0.3 - 3.0

1. TSH is a glycoprotein hormone secreted by the anterior pituitary. TSH activates production of T3 (Triiodothyronine) and its prohormone T4 (Thyroxine). Increased blood level of T3 and T4 inhibit production of TSH.
2. TSH is elevated in primary hypothyroidism and will be low in primary hyperthyroidism. Elevated or low TSH in the context of normal free thyroxine is often referred to as sub-clinical hypo- or hyperthyroidism respectively.
3. Both T4 & T3 provides limited clinical information as both are highly bound to proteins in circulation and reflects mostly inactive hormone. Only a very small fraction of circulating hormone is free and biologically active.
4. Significant variations in TSH can occur with circadian rhythm, hormonal status, stress, sleep deprivation, medication & circulating antibodies.

TSH	T3	T4	FT4	Conditions
High	Low	Low	Low	Primary Hypothyroidism, Post Thyroidectomy, Chronic Autoimmune Thyroiditis
High	N	N	N	Subclinical Hypothyroidism, Autoimmune Thyroiditis, Insufficient Hormone Replacement Therapy.
N/Low	Low	Low	Low	Secondary and Tertiary Hypothyroidism
Low	High	High	High	Primary Hyperthyroidism, Goitre, Thyroiditis, Drug effects, Early Pregnancy
Low	N	N	N	Subclinical Hyperthyroidism
Low	Low	Low	Low	Central Hypothyroidism, Treatment with Hyperthyroidism
Low	N	High	High	Thyroiditis, Interfering Antibodies
N/Low	High	N	N	T3 Thyrotoxicosis, Non thyroidal causes
High	High	High	High	Pituitary Adenoma; TSHoma/Thyrotropinoma



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SIN No:SPL23184488



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DEPARTMENT OF IMMUNOLOGY

ARCOFEMI - MEDIWHEEL - FULL BODY ANNUAL PLUS MALE - 2D ECHO - PAN INDIA - FY2324


Dr. PAVAN KUMAR M
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SIN No:SPL23184488

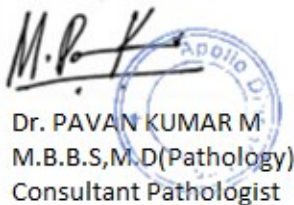


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DEPARTMENT OF CLINICAL PATHOLOGY

ARCOFEMI - MEDIWHEEL - FULL BODY ANNUAL PLUS MALE - 2D ECHO - PAN INDIA - FY2324

Test Name	Result	Unit	Bio. Ref. Range	Method
COMPLETE URINE EXAMINATION (CUE) , URINE				
PHYSICAL EXAMINATION				
COLOUR	YELLOW		PALE YELLOW	Visual
TRANSPARENCY	CLEAR		CLEAR	Visual
pH	6.5		5-7.5	Bromothymol Blue
SP. GRAVITY	1.025		1.002-1.030	Dipstick
BIOCHEMICAL EXAMINATION				
URINE PROTEIN	NEGATIVE		NEGATIVE	PROTEIN ERROR OF INDICATOR
GLUCOSE	NEGATIVE		NEGATIVE	GOD-POD
URINE BILIRUBIN	NEGATIVE		NEGATIVE	AZO COUPLING
URINE KETONES (RANDOM)	NEGATIVE		NEGATIVE	NITROPRUSSIDE
UROBILINOGEN	NORMAL		NORMAL	EHRlich
BLOOD	POSITIVE		NEGATIVE	Dipstick
NITRITE	NEGATIVE		NEGATIVE	Dipstick
LEUCOCYTE ESTERASE	NEGATIVE		NEGATIVE	PYRROLE HYDROLYSIS
CENTRIFUGED SEDIMENT WET MOUNT AND MICROSCOPY				
PUS CELLS	2 - 3	/hpf	0-5	Microscopy
EPITHELIAL CELLS	1 - 2	/hpf	<10	MICROSCOPY
RBC	20 - 25	/hpf	0-2	MICROSCOPY
CASTS	NIL		0-2 Hyaline Cast	MICROSCOPY
CRYSTALS	ABSENT		ABSENT	MICROSCOPY



Dr. PAVAN KUMAR M
M.B.B.S.,M.D(Pathology)
Consultant Pathologist

SIN No:UR2243846



Patient Name : Mr.JITHENDRA H K	Collected : 18/Dec/2023 09:10AM
Age/Gender : 32 Y 0 M 8 D/M	Received : 18/Dec/2023 11:11AM
UHID/MR No : CMYS.0000058895	Reported : 18/Dec/2023 12:06PM
Visit ID : CMYSOPV120429	Status : Final Report
Ref Doctor : Dr.SELF	Sponsor Name : ARCOFEMI HEALTHCARE LIMITED
Emp/Auth/TPA ID : 393596476187	

DEPARTMENT OF CLINICAL PATHOLOGY

ARCOFEMI - MEDIWHEEL - FULL BODY ANNUAL PLUS MALE - 2D ECHO - PAN INDIA - FY2324

Test Name	Result	Unit	Bio. Ref. Range	Method
URINE GLUCOSE(POST PRANDIAL)	NEGATIVE		NEGATIVE	Dipstick

Test Name	Result	Unit	Bio. Ref. Range	Method
URINE GLUCOSE(FASTING)	NEGATIVE		NEGATIVE	Dipstick

*** End Of Report ***



Dr. PAVAN KUMAR M
M.B.B.S,M.D(Pathology)
Consultant Pathologist

SIN No:UF010026



Patient Name : Mr. JITHENDRA H K

Age/Gender : 32 Y/M

UHID/MR No. : CMYS.0000058895

OP Visit No : CMYSOPV120429

Sample Collected on :

Reported on : 19-12-2023 11:32

LRN# : RAD2182091

Specimen :

Ref Doctor : SELF

Emp/Auth/TPA ID : 393596476187

DEPARTMENT OF RADIOLOGY

ULTRASOUND - WHOLE ABDOMEN

LIVER: It is normal in size, outline and echotexture. No focal lesions seen. IHBR are not dilated. CBD and Portal vein are normal.

GALL BLADDER: It is well distended and normal. No e/o calculi.

SPLEEN: It is normal in size, outline and echopattern. No e/o focal lesions.

PANCREAS: It is normal in size, outline and echopattern.

RIGHT KIDNEY: It Measures 102x40mm with parenchymal thickness of 14 mm. It is normal in size, outline and echotexture. No e/o calculus or hydronephrosis seen.

LEFT KIDNEY: It measures 97x43mm with parenchymal thickness of 13 mm. It is normal in size, outline and echotexture. No e/o calculus or hydronephrosis seen.

URINARY BLADDER: It is well distended. The UB wall is normal. No e/o calculi.

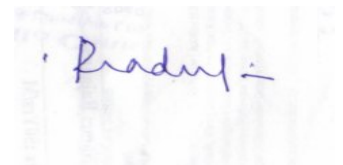
PROSTATE: It measures 24x25x26 mm with a volume of 11 cc. It is normal in size, outline and echotexture. The vascularity of prostate is normal.

RIF: No evidence of focal collection or mass lesion seen. Appendix is not visualized.

OTHERS: No e/o free fluid in the abdomen. No e/o lymphadenopathy. No e/o gut wall thickening. No mass lesion seen in the abdomen.

IMPRESSION: NORMAL STUDY.

Pradeep Kumar C N, DNB
Consultant Radiologist.



Dr. PRADEEP KUMAR C N
MBBS DNB(RADIOLOGY)

Radiology

Patient Name : Mr. JITHENDRA H K

Age/Gender : 32 Y/M

UHID/MR No. : CMYS.0000058895

OP Visit No : CMYSOPV120429

Sample Collected on :

Reported on : 18-12-2023 16:01

LRN# : RAD2182091

Specimen :

Ref Doctor : SELF

Emp/Auth/TPA ID : 393596476187

DEPARTMENT OF RADIOLOGY

X-RAY CHEST PA

Both lung fields and hila are normal .

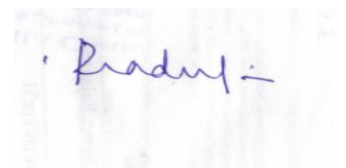
No obvious active pleuro-parenchymal lesion seen .

Both costophrenic and cardiophrenic angles are clear .

Both diaphragms are normal in position and contour .

Thoracic wall and soft tissues appear normal.

IMPRESSION :NORMAL STUDY.



Dr. PRADEEP KUMAR C N
MBBS DNB(RADIOLOGY)

Radiology

Name: Mr. JITHENDRA H K
Age/Gender: 32 Y/M
Address: MYSORE
Location: MYSORE, KARNATAKA
Doctor:
Department: GENERAL
Rate Plan: MYSORE_06042023
Sponsor: ARCOFEMI HEALTHCARE LIMITED
Consulting Doctor: Dr. SABAH JAVED

MR No: CMYS.0000058895
Visit ID: CMYSOPV120429
Visit Date: 18-12-2023 09:03
Discharge Date:
Referred By: SELF

HT-CHIEF COMPLAINTS AND PRESENT KNOWN ILLNESS

Chief Complaints

COMPLAINTS:::: For Annual Health Checkup,

SYSTEMIC REVIEW

****Weight**

--->: **Stable,**

Number of kgs: **80.5,**

-=: **184,**

HT-HISTORY

Past Medical History

PAST MEDICAL HISTORY: **Nil Significant,**

Cancer: **NILL,

PHYSICAL EXAMINATION

SYSTEMIC EXAMINATION

IMPRESSION

EKG

: **NORMAL,**

RECOMMENDATION

Fitness Report

Fitness.: **YES,**

DISCLAIMER

Disclaimer: **The health checkup examinations and routine investigations have certain limitations and may not be able to detect all the diseases. Any new or persisting symptoms should be brought to the attention of the consulting physician. Additional tests, consultations and follow up may be required in some cases.,**

Doctor's Signature



Bill Of Supply

Name : Mr. JITHENDRA H K
 Age/Gender : 32 Y M
 Contact No : +919035159042
 Address : MYSORE
 UHID : CMYS.0000058895
 Corporate Name : ARCOFEMI HEALTHCARE LIMITED
 Plan : ARCOFEMI MEDIWHEEL MALE AHC CREDIT PAN INDIA OP AGREEMENT

Bill No : CMYS-OCR-21888
 Bill/Reg Date : 18.12.2023 09:03
 Referred by : SELF
 Center : Mysore
 Emp No/Auth Code : 393596476187

#	Department	Description Of Service	SAC/HSN Code	Qty	Rate	Gross Value	Discount	CGST Rate	CGST Amt	SGST/UTGST Rate	SGST/UTGST Amt	Net Value
1	Package Charges	ARCOFEMI - MEDIWHEEL - FULL BODY ANNUAL PLUS MALE - 2D ECHO - PAN INDIA - FY2324	999312	1	2,000.00	2,000.00	0.00	0.00	0.00	0.00	0.00	2,000.00

Bill Amount: 2,000.00
 Total Discount: 0.00
 Patient Payment: 0.00
 Corporate Due: 2,000.00
 Patient Due: 0.00

Received with thanks: Zero Rupees only

Authorized Signature : (Nikhitha R)

You can download your report from "www.apolloclinic.com" Enter user name as CMYSOPV120429 and password as 269325

Please log on to AskApollo.com for booking Appointments

Apollo Health and Lifestyle Limited

(CIN : URS110TG2000PLC115819)
 Regd. Office: #7-1-617/A, 615 & 616, Imperial Towers, 7th Floor | Ameerpet, Hyderabad 500038, Telangana |
 www.apollohlt.com | Email ID: enquiry@apollohlt.com | Ph No: 040 4904 7777, Fax No: 4904 7744


APOLLO CLINICS NETWORK

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 (Geethamma Peta) Karnataka: **Bangalore** (Basavanaguda) | Bellandur | Electronics City | HSR Layout | Indira Nagar | JP Nagar | Kundalahalli |
 Koramangala | Sarjapur Road | **Mysore** (VV Mohalla) | Tamil Nadu: **Chennai** | Anna Nagar | Kotturpuram | T. Nagar | Velamanchikam | Vedahey
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Online appointments: www.apolloclinic.com

GSTIN: 29AADCA0733E1Z3

Address:
 22, 23, 24, 25/101/3, Sree Rama Layout,
 BNR Complex, OPP. RBI Layout, JP Nagar,
 7th Phase, Bengaluru, Karnataka

 **1860 500 7788**



ಭಾರತೀಯ ವಿಶಿಷ್ಟ ಗುರುತು ಪ್ರಾಧಿಕಾರ

ಭಾರತ ಸರ್ಕಾರ
Unique Identification Authority of India
Government of India

ನೋಂದಣಿ ಸಂಖ್ಯೆ/Enrolment No.: 0129/88008/02288

Download Date: 31/07/2017

To
ಜಿಥಂದ್ರಾ ಹೆಚ್ ಎಚ್
Jithendra H K
S/O Kumarappa H G
hirenalluru
hirenallur Post
Kadur Taluk
Hirenalluru
Chickmagalur Karnataka - 577550
9035159042

Generation Date: 12/01/2017

Signature Not Verified
Digitally signed by
JITHENDRA H K
AUTHORITY: UIDAI, INDIA, CN
Date: 2017.07.31 15:48:34
IST



ನಿಮ್ಮ ಆಧಾರ್ ಸಂಖ್ಯೆ / Your Aadhaar No. :

3935 9647 6187

ನನ್ನ ಆಧಾರ್, ನನ್ನ ಗುರುತು



ಭಾರತ ಸರ್ಕಾರ
Government of India



ಜಿಥಂದ್ರಾ ಹೆಚ್ ಎಚ್
Jithendra H K
ಜನ್ಮ ದಿನಾಂಕ/ DOB: 10/12/1991
ಪುರುಷ / MALE



3935 9647 6187

ನನ್ನ ಆಧಾರ್, ನನ್ನ ಗುರುತು



Government of India



AADHAAR

ಮಾಹಿತಿ

- ಆಧಾರ್ ಗುರುತಿನ ಪುರಾವೆಯೇ ಹೊರತು ಪೌರತ್ವದಲ್ಲ
- ನಿಮ್ಮ ಗುರುತನ್ನು ಸಾಬೀತುಪಡಿಸಲು ಆನ್ ಲೈನ್ ಮೂಲಕ ದೃಢೀಕರಿಸಿ
- ಎಲೆಕ್ಟ್ರಾನಿಕ್ ಪ್ರಕ್ರಿಯೆ ಮೂಲಕ ಮುದ್ರಿತವಾದ ವಿದ್ಯುನ್ಮಾನ ದಾಖಲೆ ಇದಾಗಿದೆ

INFORMATION

- Aadhaar is a proof of identity, not of citizenship.
- To establish identity, authenticate online.
- This is electronically generated letter.

- ಆಧಾರ್ ದೇಶದಾದ್ಯಂತ ಮಾನ್ಯತೆಯನ್ನು ಪಡೆದಿದೆ.
- ಭವಿಷ್ಯದಲ್ಲಿ, ಸರ್ಕಾರಿ ಹಾಗೂ ಸರ್ಕಾರೇತರ ಸೇವೆಗಳನ್ನು ಪಡೆಯಲು ಆಧಾರ್ ನಿಮಗೆ ಸಹಾಯಕವಾಗಲಿದೆ.
- Aadhaar is valid throughout the country.
- Aadhaar will be helpful in availing Government and Non-Government services in future.



ಭಾರತೀಯ ವಿಶಿಷ್ಟ ಗುರುತು ಪ್ರಾಧಿಕಾರ
Unique Identification Authority of India

ವಿಳಾಸ:
S/O ಕುಮಾರಪ್ಪ ಹೆಚ್ ಜಿ, ಹಿರೇನಲ್ಲೂರು,
ಹಿರೇನಲ್ಲೂರು ಪೋಸ್ಟ್, ಕಡೂರು
ತಾಲ್ಲೂಕು, ಹಿರೇನಲ್ಲೂರು,
ಬೆಂಗಳೂರು,
ಕರ್ನಾಟಕ - 577550

Address:
S/O Kumarappa H G,
hirenalluru, hirenallur Post,
Kadur Taluk, Hirenalluru,
Chickmagalur,
Karnataka - 577550

3935 9647 6187

1947

help@uidai.gov.in

www.uidai.gov.in

Fwd: Health Check up Booking Confirmed Request(bobS2791),Package Code-
PKG10000366, Beneficiary Code-302879

Shruthi H O <shruthi.onkar@gmail.com>

Mon 18-12-2023 08:58

To:Mysore Apolloclinic <mysore@apolloclinic.com>

----- Forwarded message -----

From: **Mediwheel** <wellness@mediwheel.in>

Date: Sat, 16 Dec 2023 at 3:02 PM

Subject: Health Check up Booking Confirmed Request(bobS2791),Package Code-PKG10000366,
Beneficiary Code-302879

To: <shruthi.onkar@gmail.com>

Cc: <customercare@mediwheel.in>

011-41195959

Dear **MS. H O SHRUTHI**,

We are pleased to confirm your health checkup booking request with the following details.

Booking Date : 15-12-2023
Hospital Package Name : Mediwheel Full Body Annual Plus
Patient Package Name : Mediwheel Full Body Health Checkup Male Below 40
Name of Diagnostic/Hospital : Apollo Clinic
Address of Diagnostic/Hospital- : Apollo Clinic, 23, Kalidasa Road, VV Mohalla, Mysore - 570002
City : Mysore
State :
Pincode : 570002
Appointment Date : 18-12-2023
Confirmation Status : Booking Confirmed
Preferred Time : 8:00am-8:30am
Booking Status : Booking Confirmed

Member Information		
Booked Member Name	Age	Gender
Jithendra hk	32 year	Male

Note - Please note to not pay any amount .

Instructions to undergo Health Check:

- Please ensure you are on complete fasting for 10-To-12-Hours prior to check.
- During fasting time do not take any kind of medication, alcohol, cigarettes, tobacco or any other liquids (except Water) in the morning.
- Bring urine sample in a container if possible (containers are available at the Health Check centre).

CERTIFICATE OF MEDICAL FITNESS

This is to certify that I have conducted the clinical examination

of Sitendra, Hk on 18/12/2023

After reviewing the medical history and on clinical examination it has been found that he/she is

	Tick
<ul style="list-style-type: none"> • Medically Fit 	✓
<ul style="list-style-type: none"> • Fit with restrictions/recommendations <p>Though following restrictions have been revealed, in my opinion, these are not impediments to the job.</p> <p>1.....</p> <p>2.....</p> <p>3.....</p> <p>However the employee should follow the advice/medication that has been communicated to him/her.</p> <p>Review after _____</p>	
<ul style="list-style-type: none"> • Currently Unfit. Review after _____ recommended • Unfit 	

Dr. [Signature]
Medical Officer

The Apollo Clinic, Mysore.

Apollo Health and Lifestyle Limited

(CIN: U85110TG2000PLC115819)

Regd. Office: 11D-6D-62, Ashoka Road, Apollo Clinic, Kalidasa Road, Mysore - 02
Ph. No: 0821 4904 7777 Fax No: 4904 7744 | Email ID: enquiry@apollohi.com | www.apollohi.com

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Online appointments: www.apolloclinic.com

Apollo Clinic

23, 1st Floor,
Kalidasa Road, Mysore - 02

PH: 0821-400604078

TO BOOK AN APPOINTMENT
1860 500 7788

Date : 18-12-2023
MR NO : CMYS.0000058895

Department : GENERAL
Doctor :

Name : Mr. JITHENDRA H K

Registration No :
Qualification :

Age/ Gender : 32 Y / Male

Consultation Timing: 09:03

Height: 184	Weight: 80.5	BMI:	Waist Circum:
Temp:	Pulse:	Resp:	B.P: 110/70

General Examination /
Allergies History

Clinical Diagnosis & Management Plan

Came for regular health checkup

Blood test - normal

Urine test - normal

USG Abdomen & Pelvis - Normal

Chest xray 11/11/2023 - normal

Hb

- Recheck

JK

Follow up date :

Doctor Signature

Apollo Clinic
23, 1st Floor,
Kalidasa Road, Mysore - 02
Ph : 0821-4006040/41

Date : 18-12-2023
 MR NO : CMYS.0000058895
 Name : Mr. JITHENDRA H K
 Age/ Gender : 32 Y / Male

Department : GENERAL Dietetic
 Doctor : Madhura. B.P
 Registration No :
 Qualification : M.Sc Nutrition & Dietetics
 PhD

Consultation Timing: 09:03

IRW - 77.8kg

Height : 184	Weight : 80.5	BMI : 23.8 kg/m ²	Waist Circum :
Temp :	Pulse :	Resp : 0	B.P : 110/70

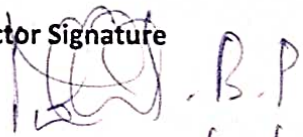
General Examination / Allergies History

HDL - 36

Clinical Diagnosis & Management Plan

- ⇒ *Advised low calorie diet with fiber rich foods.
- ⇒ Cooking oil - 1/2 liter/person/month. Use the combination of oils like Rice Bran oil, Groundnut oil, Gingelly oil, coconut oil, Mustard oil & ghee. But donot mix the oils.
- ⇒ Avoid maida, sugar, too much of salt, salted soda & creams.
- ⇒ Avoid bakery products, chate, junk foods, deep fried, packed & processed foods.
- ⇒ Include whole cereals, grains & pulses.
- ⇒ Use skimmed / toned milk instead of whole fat milk.

Follow up date :

Doctor Signature
 .B.P

18/12/2022

Apollo Clinic
 # 23, 1st Floor,
 Kalidasa Road, Mysore - 02
 Ph : 0821-4006040/41

Date : 18-12-2023
MR NO : CMYS.0000058895

Department : GENERAL
Doctor : Neethu Praya k.

Name : Mr. JITHENDRA H K

Registration No :
Qualification : M.S. ENT.

Age/ Gender : 32 Y / Male

Consultation Timing: 09:03

Height : 154	Weight : 80.5	BMI :	Waist Circum :
Temp :	Pulse :	Resp :	B.P : 110/70

General Examination /
Allergies History

Clinical Diagnosis & Management Plan

Eae - bc tm - normal.
Nose - NAD.
throat - NAD.

Adv

1) T. Montair LC

so p x (5)

2) Pure tone Audiometry -

Neethu Praya k.

Follow up date :

Doctor Signature

Apollo Clinic
23, 1st Floor,
Kalidasa Road, Mysore - 02
Ph : 0821-406040/41

Date : 18-12-2023
MR NO : CMYS.0000058895
Name : Mr. JITHENDRA H K
Age/ Gender : 32 Y / Male

Department : GENERAL
Doctor :
Registration No :
Qualification :

Consultation Timing: 09:03

Height :	Weight :	BMI :	Waist Circum :
Temp :	Pulse :	Resp :	B.P :

General Examination /
Allergies History

Clinical Diagnosis & Management Plan

	<u>Rt eye</u>	<u>lf eye</u>
Near vism.	6/6	6/6
Distant vism.	6/6	6/6
Colour vism.	(N)	(N)

Follow up date :


Doctor Signature

Apollo Clinic
23, 1st Floor,
Kalldasa Road, Mysore - 02
Ph : 0821-4006040/41

Patient Name : Mr. JITHENDRA H K
UHID : CMYS.0000058895
Reported on : 18-12-2023 16:00
Adm/Consult Doctor :

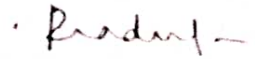
Age : 32 Y M
OP Visit No : CMYSOPV120429
Printed on : 18-12-2023 16:01
Ref Doctor : SELF

DEPARTMENT OF RADIOLOGY

X-RAY CHEST PA

Both lung fields and hila are normal .
No obvious active pleuro-parenchymal lesion seen .
Both costophrenic and cardiophrenic angles are clear .
Both diaphragms are normal in position and contour .
Thoracic wall and soft tissues appear normal.

IMPRESSION :NORMAL STUDY.



Printed on:18-12-2023 16:00

---End of the Report---

Dr. PRADEEP KUMAR C N
MBBS DNB(RADIOLOGY)
Radiology

Apollo Health and Lifestyle Limited

(CIN: U85110TG2000PLC115819)

Regd. Office: 1-10-60-62, Ashoka Raghupathi Chambers, 5th Floor, Begumpet, Hyderabad, Telangana - 500 016

Ph. No: 040-4904 7777 Fax No: 4904 7744 | Email ID: enquiry@apollohl.com | www.apollohl.com

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Koramangala | Sarjapur Road | Mysore (VV Mohalla)

Online appointments: www.apolloclinic.com

Apollo Clinic
23, 1st Floor,
Kalidasa Road, Mysore - 02
Ph : 0821-4006040/41
TO BOOK AN APPOINTMENT

 **1860/500 7788**

Patient Name: Mr. Jithendra H K	Date: 18.12.2023	Doctor: Dr. Self
Age / Sex : 32yrs / Male	UHID No : 58895	OP:
ULTRASONOGRAPHY – ABDOMEN & PELVIS		

LIVER: It is normal in size, outline and echotexture. No focal lesions seen. IHBR are not dilated. CBD and Portal vein are normal.

GALL BLADDER: It is well distended and normal. No e/o calculi.

SPLEEN: It is normal in size, outline and echopattern. No e/o focal lesions.

PANCREAS: It is normal in size, outline and echopattern.

RIGHT KIDNEY: It Measures 102x40mm with parenchymal thickness of 14 mm. It is normal in size, outline and echotexture. No e/o calculus or hydronephrosis seen.

LEFT KIDNEY: It measures 97x43mm with parenchymal thickness of 13 mm. It is normal in size, outline and echotexture. No e/o calculus or hydronephrosis seen.

URINARY BLADDER: It is well distended. The UB wall is normal. No e/o calculi.

PROSTATE: It measures 24x25x26 mm with a volume of 11 cc. It is normal in size, outline and echotexture. The vascularity of prostate is normal.

RIF: No evidence of focal collection or mass lesion seen. Appendix is not visualized.

OTHERS: No e/o free fluid in the abdomen. No e/o lymphadenopathy. No e/o gut wall thickening. No mass lesion seen in the abdomen.

IMPRESSION: NORMAL STUDY.

Pradeep

Dr. Pradeep Kumar C N, DNB
Consultant Radiologist.

Apollo Health and Lifestyle Limited

ICPN: U85110TG2000PLC115819

Regd. Office: 1-10-60-62, Ashoka Raghupathi Chambers, 5th Floor, Begumpet, Hyderabad, Telangana - 500 016

Ph. No: (040) 4904 7777 Fax No: 4904 7744 | Email ID: enquiry@apollohl.com | www.apollohl.com

APOLLO CLINICS NETWORK KARNATAKA

Bangalore (Basavanagudi | Bellandur | Electronic City | Fraser Town | HSR Layout | Indira Nagar | JP Nagar | Kundalahalli) |
Kumarajale | Sarjapur Road | Mysore (VV Mohalla)

Online appointments: www.apolloclinic.com

TO BOOK AN APPOINTMENT

1860 500 7788

ID: 58895

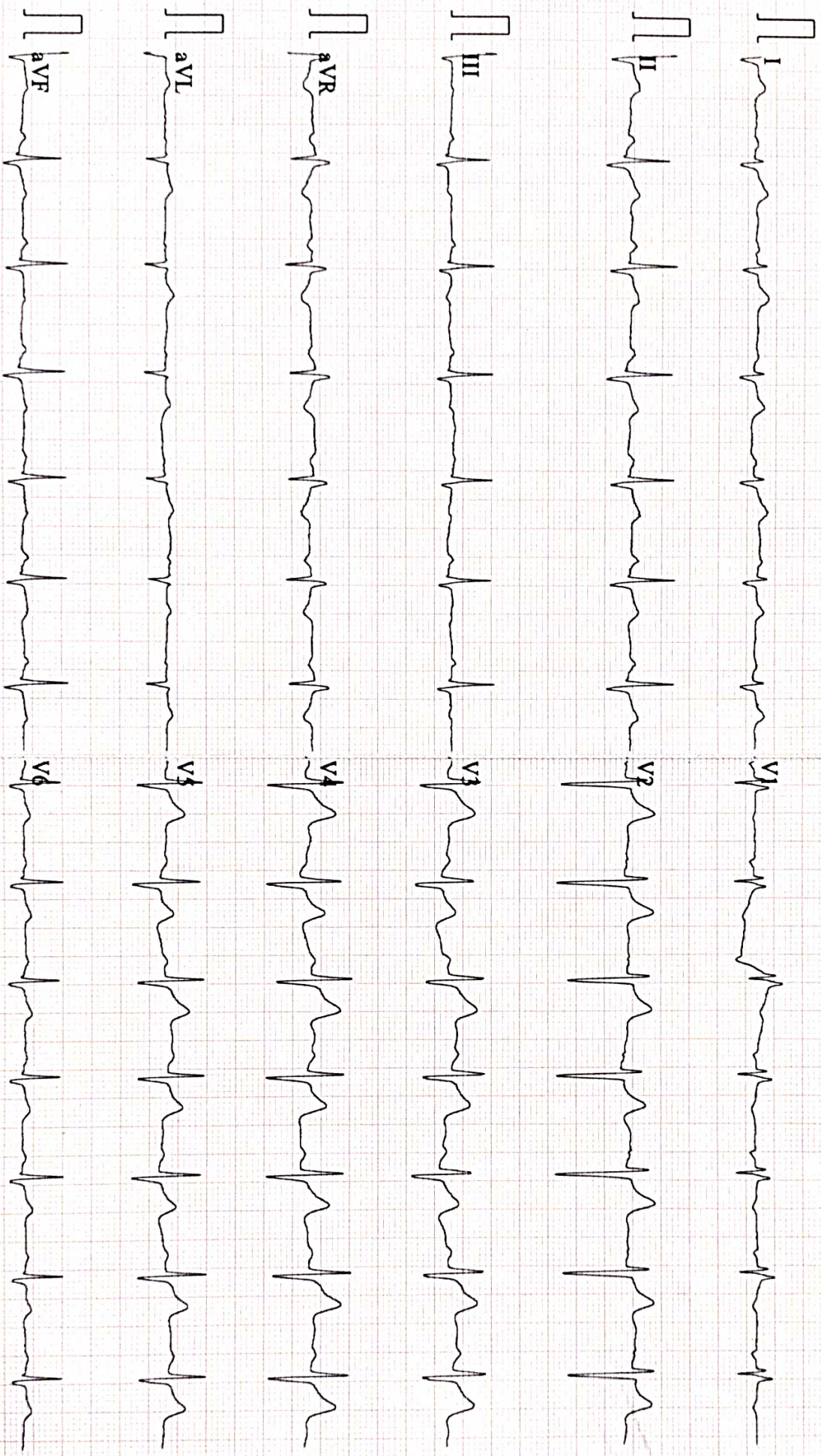
18-12-2023 10:42:32 AM

Diagnosis Information:

MR JITHENDRA H K
Male 32Years
184cm 80kg 110/70 mmHg

APOLLO Clinic
23, 1st Floor,
Kallidasa Road, Mysore - 02
Ph : 0821-4006040/41

Unconfirmed Report.



Patient Name : Mr.Jithendra H K	Age & Sex: 32Yrs /Male
Date : 18.12.2023	UHID No : 58895

MORPHOLOGICAL DATA:

Left Atrium	Normal
Left Ventricle	Normal
Right Atrium	Normal
Right Ventricle	Normal
Interatrial septum	Intact
Interventricular septum	Intact
Aorta	Normal
Pulmonary artery	Normal
Mitral valve	Normal
Tricuspid valve	Normal
Aortic valve	Normal
Pulmonary valve	Normal
Pericardium	Normal

DIMENSIONS:

RVIDd	1.50cms
LVIDd	4.29cms
LVIDs	2.70cms
IVSd	0.83Cms
LVPWd	0.95Cms
AORTA	2.67cms
LA	3.40Cms
LVEF	67%

Apollo Health and Lifestyle Limited

ICPN U85110TG2000PLC115819

Regd. Office: 1-10-60-62, Ashoka Raghupathi Chambers, 5th Floor, Begumpet, Hyderabad, Telangana - 500 016

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APOLLO CLINICS NETWORK KARNATAKA

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Online appointments: www.apolloclinic.com

TO BOOK AN APPOINTMENT

 **1860/500 7788**

Patient Name : Mr.Jithendra H K	Age & Sex: 32Yrs /Male
Date : 18.12.2023	UHID No : 58895

DOPPLER DATA:

VALVES	Velocity (Cm/s)	Peak Gradient (mmHg)	Mean Gradient (mmHg)	Regurgitation
Mitral	E :0.81 A :0.44 E/A :1.84 E/e' :7.74	2.71		NIL
Tricuspid	E: 0.69 A:0.43			NIL
Aortic	0.88	3.11		NIL
Pulmonary	0.91	2.34		NIL

IMPRESSION:

NORMAL VALVES AND CHAMBERS

NO RWMA

NORMAL LV FUNCTION

NO e/o CLOT/ VEGETATION/ PE

Apollo Health and Lifestyle Limited

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