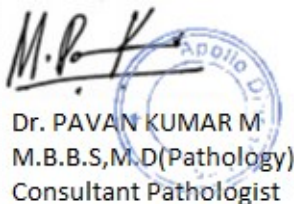


Patient Name	: Mrs.MADHURI KAILASH SAH	Collected	: 09/Dec/2023 10:29AM
Age/Gender	: 39 Y 11 M 23 D/F	Received	: 09/Dec/2023 11:22AM
UHID/MR No	: CMYS.0000058808	Reported	: 09/Dec/2023 01:18PM
Visit ID	: CMYSOPV120172	Status	: Final Report
Ref Doctor	: Dr.SELF	Sponsor Name	: ARCOFEMI HEALTHCARE LIMITED
Emp/Auth/TPA ID	: 389258552315		

DEPARTMENT OF HAEMATOLOGY

PERIPHERAL SMEAR , WHOLE BLOOD EDTA

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Dr. PAVAN KUMAR M
M.B.B.S,M.D(Pathology)
Consultant Pathologist

SIN No:BED230304313



Patient Name : Mrs.MADHURI KAILASH SAH	Collected : 09/Dec/2023 10:29AM
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ARCOFEMI - MEDIWHEEL - FULL BODY ANNUAL PLUS CHECK ADVANCED - FEMALE - 2D ECHO - PAN INDIA - FY2324

Test Name	Result	Unit	Bio. Ref. Range	Method
HEMOGRAM , WHOLE BLOOD EDTA				
HAEMOGLOBIN	10	g/dL	12-15	Spectrophotometer
PCV	31.80	%	36-46	Electronic pulse & Calculation
RBC COUNT	3.48	Million/cu.mm	3.8-4.8	Electrical Impedance
MCV	91	fL	83-101	Calculated
MCH	28.8	pg	27-32	Calculated
MCHC	31.5	g/dL	31.5-34.5	Calculated
R.D.W	16	%	11.6-14	Calculated
TOTAL LEUCOCYTE COUNT (TLC)	4,100	cells/cu.mm	4000-10000	Electrical Impedance
DIFFERENTIAL LEUCOCYTIC COUNT (DLC)				
NEUTROPHILS	53.4	%	40-80	Electrical Impedance
LYMPHOCYTES	40.1	%	20-40	Electrical Impedance
EOSINOPHILS	2.3	%	1-6	Electrical Impedance
MONOCYTES	4	%	2-10	Electrical Impedance
BASOPHILS	0.2	%	<1-2	Electrical Impedance
ABSOLUTE LEUCOCYTE COUNT				
NEUTROPHILS	2189.4	Cells/cu.mm	2000-7000	Calculated
LYMPHOCYTES	1644.1	Cells/cu.mm	1000-3000	Calculated
EOSINOPHILS	94.3	Cells/cu.mm	20-500	Calculated
MONOCYTES	164	Cells/cu.mm	200-1000	Calculated
BASOPHILS	8.2	Cells/cu.mm	0-100	Calculated
PLATELET COUNT	127000	cells/cu.mm	150000-410000	Electrical impedance
ERYTHROCYTE SEDIMENTATION RATE (ESR)	22	mm at the end of 1 hour	0-20	Modified Westergren
PERIPHERAL SMEAR				

RBCs : Majority are normocytic normochromic.

WBCs : are normal in number with normal morphology and relative increase in lymphocytes.

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Dr. PAVAN KUMAR M
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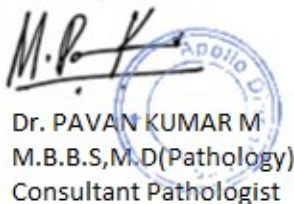
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Platelets : are reduced and seen in few clumps and singles.

Hemoparasites : Not seen.

IMPRESSION : NORMOCYTIC NORMOCHROMIC ANEMIA WITH THROMBOCYTOPENIA.



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ARCOFEMI - MEDIWHEEL - FULL BODY ANNUAL PLUS CHECK ADVANCED - FEMALE - 2D ECHO - PAN INDIA - FY2324

Test Name	Result	Unit	Bio. Ref. Range	Method
BLOOD GROUP ABO AND RH FACTOR , WHOLE BLOOD EDTA				
BLOOD GROUP TYPE	B			Forward & Reverse Grouping with Slide/Tube Aggluti
Rh TYPE	POSITIVE			Forward & Reverse Grouping with Slide/Tube Agglutination



Dr. PAVAN KUMAR M
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SIN No:BED230304313



Patient Name : Mrs.MADHURI KAILASH SAH	Collected : 09/Dec/2023 10:29AM
Age/Gender : 39 Y 11 M 23 D/F	Received : 09/Dec/2023 03:43PM
UHID/MR No : CMYS.0000058808	Reported : 09/Dec/2023 04:11PM
Visit ID : CMYSOPV120172	Status : Final Report
Ref Doctor : Dr.SELF	Sponsor Name : ARCOFEMI HEALTHCARE LIMITED
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DEPARTMENT OF BIOCHEMISTRY

ARCOFEMI - MEDIWHEEL - FULL BODY ANNUAL PLUS CHECK ADVANCED - FEMALE - 2D ECHO - PAN INDIA - FY2324

Test Name	Result	Unit	Bio. Ref. Range	Method
GLUCOSE, FASTING , NAF PLASMA	101	mg/dl	74-106	GOD, POD

Comment:

As per American Diabetes Guidelines, 2023

Fasting Glucose Values in mg/dL	Interpretation
70-100 mg/dL	Normal
100-125 mg/dL	Prediabetes
≥126 mg/dL	Diabetes
<70 mg/dL	Hypoglycemia

Note:

- The diagnosis of Diabetes requires a fasting plasma glucose of > or = 126 mg/dL and/or a random / 2 hr post glucose value of > or = 200 mg/dL on at least 2 occasions.
- Very high glucose levels (>450 mg/dL in adults) may result in Diabetic Ketoacidosis & is considered critical.

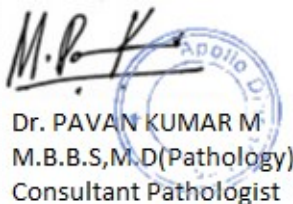
Test Name	Result	Unit	Bio. Ref. Range	Method
GLUCOSE, POST PRANDIAL (PP), 2 HOURS , SODIUM FLUORIDE PLASMA (2 HR)	124	mg/dL	70-140	GOD - POD

Comment:

It is recommended that FBS and PPBS should be interpreted with respect to their Biological reference ranges and not with each other.

Conditions which may lead to lower postprandial glucose levels as compared to fasting glucose levels may be due to reactive hypoglycemia, dietary meal content, duration or timing of sampling after food digestion and absorption, medications such as insulin preparations, sulfonylureas, amylin analogues, or conditions such as overproduction of insulin.

Test Name	Result	Unit	Bio. Ref. Range	Method
HBA1C (GLYCATED HEMOGLOBIN) , WHOLE BLOOD EDTA				
HBA1C, GLYCATED HEMOGLOBIN	4.6	%		HPLC



Dr. PAVAN KUMAR M
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SIN No:EDT230112029



Patient Name : Mrs.MADHURI KAILASH SAH	Collected : 09/Dec/2023 10:29AM
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ESTIMATED AVERAGE GLUCOSE (eAG)	85	mg/dL	Calculated
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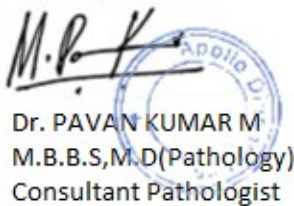
Comment:

Reference Range as per American Diabetes Association (ADA) 2023 Guidelines:

REFERENCE GROUP	HBA1C %
NON DIABETIC	<5.7
PREDIABETES	5.7 – 6.4
DIABETES	≥ 6.5
DIABETICS	
EXCELLENT CONTROL	6 – 7
FAIR TO GOOD CONTROL	7 – 8
UNSATISFACTORY CONTROL	8 – 10
POOR CONTROL	>10

Note: Dietary preparation or fasting is not required.

- HbA1C is recommended by American Diabetes Association for Diagnosing Diabetes and monitoring Glycemic Control by American Diabetes Association guidelines 2023.
- Trends in HbA1C values is a better indicator of Glycemic control than a single test.
- Low HbA1C in Non-Diabetic patients are associated with Anemia (Iron Deficiency/Hemolytic), Liver Disorders, Chronic Kidney Disease. Clinical Correlation is advised in interpretation of low Values.
- Falsely low HbA1c (below 4%) may be observed in patients with clinical conditions that shorten erythrocyte life span or decrease mean erythrocyte age. HbA1c may not accurately reflect glycemic control when clinical conditions that affect erythrocyte survival are present.
- In cases of Interference of Hemoglobin variants in HbA1C, alternative methods (Fructosamine) estimation is recommended for Glycemic Control
 - A: HbF >25%
 - B: Homozygous Hemoglobinopathy.
 (Hb Electrophoresis is recommended method for detection of Hemoglobinopathy)



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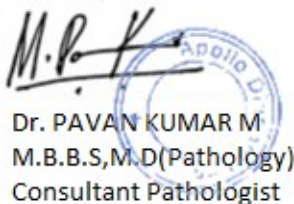
Test Name	Result	Unit	Bio. Ref. Range	Method
LIPID PROFILE , SERUM				
TOTAL CHOLESTEROL	181	mg/dl	0-200	CHOD
TRIGLYCERIDES	111	mg/dl	0-150	GPO, Trinder
HDL CHOLESTEROL	46	mg/dL	>40	CHE/CHO/POD
NON-HDL CHOLESTEROL	135	mg/dL	<130	Calculated
LDL CHOLESTEROL	112.96	mg/dL	<100	Calculated
VLDL CHOLESTEROL	22.16	mg/dL	<30	Calculated
CHOL / HDL RATIO	3.95		0-4.97	Calculated

Comment:

Reference Interval as per National Cholesterol Education Program (NCEP) Adult Treatment Panel III Report.

	Desirable	Borderline High	High	Very High
TOTAL CHOLESTEROL	< 200	200 - 239	≥ 240	
TRIGLYCERIDES	<150	150 - 199	200 - 499	≥ 500
LDL	Optimal < 100 Near Optimal 100-129	130 - 159	160 - 189	≥ 190
HDL	≥ 60			
NON-HDL CHOLESTEROL	Optimal <130; Above Optimal 130-159	160-189	190-219	>220

- Measurements in the same patient on different days can show physiological and analytical variations.
- NCEP ATP III identifies non-HDL cholesterol as a secondary target of therapy in persons with high triglycerides.
- Primary prevention algorithm now includes absolute risk estimation and lower LDL Cholesterol target levels to determine eligibility of drug therapy.
- Low HDL levels are associated with Coronary Heart Disease due to insufficient HDL being available to participate in reverse cholesterol transport, the process by which cholesterol is eliminated from peripheral tissues.
- As per NCEP guidelines, all adults above the age of 20 years should be screened for lipid status. Selective screening of children above the age of 2 years with a family history of premature cardiovascular disease or those with at least one parent with high total cholesterol is recommended.
- VLDL, LDL Cholesterol Non HDL Cholesterol, CHOL/HDL RATIO, LDL/HDL RATIO are calculated parameters when Triglycerides are below 350mg/dl. When Triglycerides are more than 350 mg/dl LDL cholesterol is a direct measurement.



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SIN No:SE04564776



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DEPARTMENT OF BIOCHEMISTRY

ARCOFEMI - MEDIWHEEL - FULL BODY ANNUAL PLUS CHECK ADVANCED - FEMALE - 2D ECHO - PAN INDIA - FY2324


Dr. PAVAN KUMAR M
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Patient Name	: Mrs.MADHURI KAILASH SAH	Collected	: 09/Dec/2023 10:29AM
Age/Gender	: 39 Y 11 M 23 D/F	Received	: 09/Dec/2023 11:22AM
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ARCOFEMI - MEDIWHEEL - FULL BODY ANNUAL PLUS CHECK ADVANCED - FEMALE - 2D ECHO - PAN INDIA - FY2324

Test Name	Result	Unit	Bio. Ref. Range	Method
LIVER FUNCTION TEST (LFT) , SERUM				
BILIRUBIN, TOTAL	0.76	mg/dl	0-1.2	NBD
BILIRUBIN CONJUGATED (DIRECT)	0.23	mg/dl	0-0.2	Diazotized sulfanilic acid
BILIRUBIN (INDIRECT)	0.53	mg/dL	0.0-1.1	Dual Wavelength
ALANINE AMINOTRANSFERASE (ALT/SGPT)	18	U/l	0-45	IFCC
ASPARTATE AMINOTRANSFERASE (AST/SGOT)	26.0	U/l	0-31	IFCC
ALKALINE PHOSPHATASE	76.00	U/l	42-98	IFCC (AMP buffer)
PROTEIN, TOTAL	6.70	g/dl	6.4-8.3	Biuret
ALBUMIN	4.18	g/dl	3.5-5.2	Bromcresol Green
GLOBULIN	2.52	g/dL	2.0-3.5	Calculated
A/G RATIO	1.66		0.9-2.0	Calculated

Comment:

LFT results reflect different aspects of the health of the liver, i.e., hepatocyte integrity (AST & ALT), synthesis and secretion of bile (Bilirubin, ALP), cholestasis (ALP, GGT), protein synthesis (Albumin)

Common patterns seen:

1. Hepatocellular Injury:

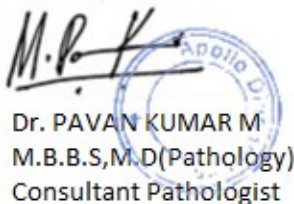
- AST – Elevated levels can be seen. However, it is not specific to liver and can be raised in cardiac and skeletal injuries.
- ALT – Elevated levels indicate hepatocellular damage. It is considered to be most specific lab test for hepatocellular injury. Values also correlate well with increasing BMI.
- Disproportionate increase in AST, ALT compared with ALP.
- Bilirubin may be elevated.
- AST: ALT (ratio) – In case of hepatocellular injury AST: ALT > 1 In Alcoholic Liver Disease AST: ALT usually >2. This ratio is also seen to be increased in NAFLD, Wilson's diseases, Cirrhosis, but the increase is usually not >2.

2. Cholestatic Pattern:

- ALP – Disproportionate increase in ALP compared with AST, ALT.
- Bilirubin may be elevated.
- ALP elevation also seen in pregnancy, impacted by age and sex.
- To establish the hepatic origin correlation with GGT helps. If GGT elevated indicates hepatic cause of increased ALP.

3. Synthetic function impairment:

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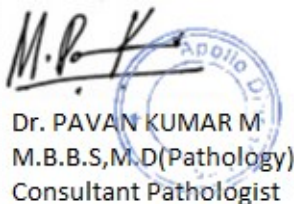


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- Albumin- Liver disease reduces albumin levels.
- Correlation with PT (Prothrombin Time) helps.



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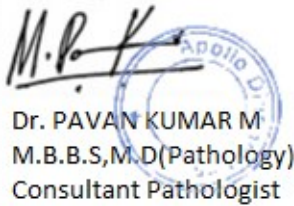


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DEPARTMENT OF BIOCHEMISTRY

ARCOFEMI - MEDIWHEEL - FULL BODY ANNUAL PLUS CHECK ADVANCED - FEMALE - 2D ECHO - PAN INDIA - FY2324

Test Name	Result	Unit	Bio. Ref. Range	Method
RENAL PROFILE/KIDNEY FUNCTION TEST (RFT/KFT) , SERUM				
CREATININE	0.63	mg/dL	0.5-1.04	Creatinine amidohydrolase
UREA	17.39	mg/dl	13-43	Urease, UV
BLOOD UREA NITROGEN	8.1	mg/dL	8.0 - 23.0	Calculated
URIC ACID	6.20	mg/dL	2.5-6.2	Uricase
CALCIUM	9.55	mg/dl	8.6-10.3	Arsenazo III
PHOSPHORUS, INORGANIC	3.44	mg/dl	2.7-4.5	Molybdate
SODIUM	143	mmol/L	135-145	Direct ISE
POTASSIUM	4.1	mmol/L	3.5-5.1	Direct ISE
CHLORIDE	104	mmol/L	98 - 107	Direct ISE



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ARCOFEMI - MEDIWHEEL - FULL BODY ANNUAL PLUS CHECK ADVANCED - FEMALE - 2D ECHO - PAN INDIA - FY2324

Test Name	Result	Unit	Bio. Ref. Range	Method
GAMMA GLUTAMYL TRANSPEPTIDASE (GGT) , SERUM	17.00	U/l	0-38	IFCC



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DEPARTMENT OF IMMUNOLOGY

ARCOFEMI - MEDIWHEEL - FULL BODY ANNUAL PLUS CHECK ADVANCED - FEMALE - 2D ECHO - PAN INDIA - FY2324

Test Name	Result	Unit	Bio. Ref. Range	Method
THYROID PROFILE TOTAL (T3, T4, TSH) , SERUM				
TRI-IODOTHYRONINE (T3, TOTAL)	1.11	ng/mL	0.64-1.52	CMIA
THYROXINE (T4, TOTAL)	8.13	µg/dL	4.87-11.72	CMIA
THYROID STIMULATING HORMONE (TSH)	6.730	µIU/mL	0.35-4.94	CMIA

Comment:

For pregnant females	Bio Ref Range for TSH in uIU/ml (As per American Thyroid Association)
First trimester	0.1 - 2.5
Second trimester	0.2 - 3.0
Third trimester	0.3 - 3.0

1. TSH is a glycoprotein hormone secreted by the anterior pituitary. TSH activates production of T3 (Triiodothyronine) and its prohormone T4 (Thyroxine). Increased blood level of T3 and T4 inhibit production of TSH.
2. TSH is elevated in primary hypothyroidism and will be low in primary hyperthyroidism. Elevated or low TSH in the context of normal free thyroxine is often referred to as sub-clinical hypo- or hyperthyroidism respectively.
3. Both T4 & T3 provides limited clinical information as both are highly bound to proteins in circulation and reflects mostly inactive hormone. Only a very small fraction of circulating hormone is free and biologically active.
4. Significant variations in TSH can occur with circadian rhythm, hormonal status, stress, sleep deprivation, medication & circulating antibodies.

TSH	T3	T4	FT4	Conditions
High	Low	Low	Low	Primary Hypothyroidism, Post Thyroidectomy, Chronic Autoimmune Thyroiditis
High	N	N	N	Subclinical Hypothyroidism, Autoimmune Thyroiditis, Insufficient Hormone Replacement Therapy.
N/Low	Low	Low	Low	Secondary and Tertiary Hypothyroidism
Low	High	High	High	Primary Hyperthyroidism, Goitre, Thyroiditis, Drug effects, Early Pregnancy
Low	N	N	N	Subclinical Hyperthyroidism
Low	Low	Low	Low	Central Hypothyroidism, Treatment with Hyperthyroidism
Low	N	High	High	Thyroiditis, Interfering Antibodies
N/Low	High	N	N	T3 Thyrotoxicosis, Non thyroidal causes
High	High	High	High	Pituitary Adenoma; TSHoma/Thyrotropinoma



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DEPARTMENT OF IMMUNOLOGY

ARCOFEMI - MEDIWHEEL - FULL BODY ANNUAL PLUS CHECK ADVANCED - FEMALE - 2D ECHO - PAN INDIA - FY2324


Dr. PAVAN KUMAR M
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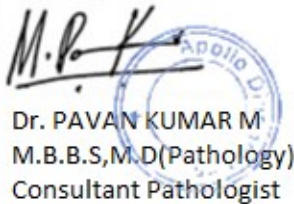


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Emp/Auth/TPA ID : 389258552315	

DEPARTMENT OF CLINICAL PATHOLOGY

ARCOFEMI - MEDIWHEEL - FULL BODY ANNUAL PLUS CHECK ADVANCED - FEMALE - 2D ECHO - PAN INDIA - FY2324

Test Name	Result	Unit	Bio. Ref. Range	Method
COMPLETE URINE EXAMINATION (CUE) , URINE				
PHYSICAL EXAMINATION				
COLOUR	PALE YELLOW		PALE YELLOW	Visual
TRANSPARENCY	CLEAR		CLEAR	Visual
pH	6.5		5-7.5	Bromothymol Blue
SP. GRAVITY	1.020		1.002-1.030	Dipstick
BIOCHEMICAL EXAMINATION				
URINE PROTEIN	NEGATIVE		NEGATIVE	PROTEIN ERROR OF INDICATOR
GLUCOSE	NEGATIVE		NEGATIVE	GOD-POD
URINE BILIRUBIN	NEGATIVE		NEGATIVE	AZO COUPLING
URINE KETONES (RANDOM)	NEGATIVE		NEGATIVE	NITROPRUSSIDE
UROBILINOGEN	NORMAL		NORMAL	EHRlich
BLOOD	NEGATIVE		NEGATIVE	Dipstick
NITRITE	NEGATIVE		NEGATIVE	Dipstick
LEUCOCYTE ESTERASE	NEGATIVE		NEGATIVE	PYRROLE HYDROLYSIS
CENTRIFUGED SEDIMENT WET MOUNT AND MICROSCOPY				
PUS CELLS	4 - 6	/hpf	0-5	Microscopy
EPITHELIAL CELLS	3 - 4	/hpf	<10	MICROSCOPY
RBC	NIL	/hpf	0-2	MICROSCOPY
CASTS	NIL		0-2 Hyaline Cast	MICROSCOPY
CRYSTALS	ABSENT		ABSENT	MICROSCOPY



Dr. PAVAN KUMAR M
M.B.B.S,M.D(Pathology)
Consultant Pathologist

SIN No:UR2237861



Patient Name : Mrs.MADHURI KAILASH SAH	Collected : 09/Dec/2023 10:29AM
Age/Gender : 39 Y 11 M 23 D/F	Received : 09/Dec/2023 01:19PM
UHID/MR No : CMYS.0000058808	Reported : 09/Dec/2023 01:33PM
Visit ID : CMYSOPV120172	Status : Final Report
Ref Doctor : Dr.SELF	Sponsor Name : ARCOFEMI HEALTHCARE LIMITED
Emp/Auth/TPA ID : 389258552315	

DEPARTMENT OF CLINICAL PATHOLOGY

ARCOFEMI - MEDIWHEEL - FULL BODY ANNUAL PLUS CHECK ADVANCED - FEMALE - 2D ECHO - PAN INDIA - FY2324

Test Name	Result	Unit	Bio. Ref. Range	Method
URINE GLUCOSE(POST PRANDIAL)	NEGATIVE		NEGATIVE	Dipstick

Test Name	Result	Unit	Bio. Ref. Range	Method
URINE GLUCOSE(FASTING)	NEGATIVE		NEGATIVE	Dipstick

*** End Of Report ***



Dr. PAVAN KUMAR M
M.B.B.S,M.D(Pathology)
Consultant Pathologist

SIN No:UF009995



CERTIFICATE OF MEDICAL FITNESS

This is to certify that I have conducted the clinical examination

of Mrs MADHURE KALASH SH on 09/12/23

After reviewing the medical history and on clinical examination it has been found that he/she is

	Tick
<ul style="list-style-type: none"> Medically Fit 	✓
<ul style="list-style-type: none"> Fit with restrictions/recommendations <p>Though following restrictions have been revealed, in my opinion, these are not impediments to the job.</p> <p>1..... <u>Good nutrition</u></p> <p>2.....</p> <p>3.....</p> <p>However the employee should follow the advice/medication that has been communicated to him/her.</p> <p>Review after _____</p>	
<ul style="list-style-type: none"> Currently Unfit. <p>Review after _____ recommended</p>	
<ul style="list-style-type: none"> Unfit 	

Dr. [Signature]
Medical Officer

The Apollo Clinic, Mysore
Apollo Clinic

Apollo Health and Lifestyle Limited

ICMR: UR51107G2000PLC11SR19
 King's Office: 1, 10, 60, 62, Ashoka Road, New Bellary Road, Bangalore - 560002
 Ph: No. 4304 7777 Fax No. 4304 7744 | Email ID: enquiry@apollohl.com | www.apollohl.com

APOLLO CLINICS NETWORK KARNATAKA

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 Kalyanarajajala | Narasipur Road | Mysore (VV Mahalla)

Online appointments: www.apolloclinic.com

23, 1st Floor,
Kalidasa Road, Mysore - 02
Ph : 0821-4006040/41
TO BOOK AN APPOINTMENT

1860 500 7788

Date : 09-12-2023
MR NO : CMYS.0000058808

Department : GENERAL
Doctor : D. Umesh HB

Name : Mrs. MADHURI KAILASH SAH
Age/ Gender : 39 Y / Female

Registration No : 67084
Qualification : MBBS- M

Consultation Timing: 10:20

Height : 163	Weight : 71.4	BMI :	Waist Circum :
Temp :	Pulse : 78/4	Resp : 20/min	B.P : 120/80

General Examination /
Allergies History

Clinical Diagnosis & Management Plan

Go - Anaemia - Thrombocytopenia

ASU

T - Orotin. x T - (30)

T - Bentamine plus (30)

T - Lincex 500 510 (20)

T - Albonda 200 400 mg (2)

RLA 1 month

Follow up date :

D. Umesh
Doctor Signature

Apollo Clinic
23, 1st Floor,
Kalidasa Road, Mysore - 02
Ph : 0821-4006040/41

Coz
As
Pm/nm
Sf - B12
Asan protula
PLF - 1-270000
AS - 10.8m

Date : 09-12-2023

Department : GENERAL

MR NO : CMYS.0000058808

Doctor :

Name : Mrs. MADHURI KAILASH SAH

Registration No : Dr. Praveen Kumar

Age/ Gender : 39 Y / Female

Qualification : MSc (ENT)

Consultation Timing: 10:20

Height : 163	Weight : 71.6	BMI :	Waist Circum :
Temp :	Pulse :	Resp :	B.P : 120/80

General Examination / Allergies History

Clinical Diagnosis & Management Plan

Come for nasal block & sneezing

MR

- EoV bilateral 7m - normal

nose - normal mucosa pale

oral cavity & oropharynx @

normal @

AC

- PwCS + Antihistamine

Dr

Follow up date :

Doctor Signature

Apollo Clinic
23, 1st Floor,
Kalidasa Road, Mysore - 02
Ph : 0821-4005040/41

Date : 09-12-2023
MR NO : CMYS.0000058808

Department : GENERAL Dietetics
Doctor : Madhura . B.P

Name : Mrs. MADHURI KAILASH SAH

Registration No :

Age/ Gender : 39 Y / Female

Qualification : M.Sc Nutrition & Dietetics
PhD

Consultation Timing: 10:20

TBCO - 59 kg

Height : 163	Weight : 71.4	BMI : 26.9 kg/m ²	Waist Circum : 96
Temp :	Pulse :	Resp :	B.P : 120/80

General Examination /
Allergies History


HS - 10
ESR - 22
Non HDL - 135
LDL - 112.96
TSH - 6.730

Clinical Diagnosis & Management Plan

- * Advised low fat diet with Iron rich foods.
- Take small frequent meals. Do not skip meals.
- Include all variety seasonal fruits, vegetables and green leafy vegetables.
- Include seeds like flax seeds, pumpkin seeds, sunflower seeds, watermelon seeds & sesame seeds. - 1 teaspoon each, dry roasted.
- * Avoid cruciferous vegetables like cabbage, cauliflower, broccoli & spinach and soya beans, soya chunks.
- cooking oil - 1/2 litre / person / month. Use the combination of oil like Rice Bran oil, Mustard oil, Sesame oil, Groundnut oil, coconut oil & olive. But don't mix the oil & boil it.

Follow up date :

Doctor Signature

 : B.P
9/12/2023

Apollo Clinic
23, 1st Floor,
Kalidasa Road, Mysore - 02
Ph : 0821-4006040/41

Date : 09-12-2023
MR NO : CMYS.0000058808

Department : GENERAL
Doctor :

Name : Mrs. MADHURI KAILASH SAH

Registration No :

Age/ Gender : 39 Y / Female

Qualification :

Consultation Timing: 10:20

Height : 163	Weight : 71.4	BMI :	Waist Circum :
Temp :	Pulse :	Resp :	B.P : 120/80

ml → 2700rs
B2B -
FINDS
NOT
Anketoria

General Examination /
Allergies History

Clinical Diagnosis & Management Plan

PH - CVS.
FH - CVS.

HT - regular uses
mod. flow.
min. dysmenorrhea

Abb. 1. ↓ - follow physician opinion.

mammogram
USG A+B } normal study.

Adv: iron rich diet.
avoid Junk foods.
Follow up.

Follow up date :

Doctor Signature

Govr.
Apollo Clinic
23, 1st Floor,
Kalidasa Road, Mysore - 02
Ph : 0821-4006040/41

Date : 09-12-2023
MR NO : CMYS.0000058808

Department : GENERAL Dental
Doctor : Dr. Sushree

Name : Mrs. MADHURI KAILASH SAH

Registration No :

Age/ Gender : 39 Y / Female

Qualification :

Consultation Timing: 10:20

Height : 163	Weight : 71.4	BMI :	Waist Circum :
Temp :	Pulse :	Resp :	B.P : 120/80

General Examination /
Allergies History

Clinical Diagnosis & Management Plan

$\frac{1}{6}$ H/O RCT & metal cap present

Stains ++

$\frac{1}{6}$ H/O fracture Ellis class II

Sushree

Follow up date :

Doctor Signature

Apollo Clinic
23, 1st Floor,
Kalidasa Road, Mysore - 02
Ph : 0821-4000040/41

Informed Consent/Declaration For Test Exclusion

Patient Name: Mrs Madhuri Age: 39 / Female

UHID Number: 38808

Please tick and sign the relevant part

I certify that I will skip LBC Test from my own.

No refund is provided for the above excluded test and i have been informed about the same.

Patient signature M. K. Geh Date 9/12/2023

Witness signature: N. K. H. P. Date: 9/12/23

Patient Name	: Mrs. MADHURI KAILASH SAH	Age	: 39 Y F
UHID	: CMYS.0000058808	OP Visit No	: CMYSOPV120172
Reported on	: 09-12-2023 16:12	Printed on	: 09-12-2023 16:12
Adm/Consult Doctor	:	Ref Doctor	: SELF

DEPARTMENT OF RADIOLOGY

X-RAY CHEST PA

Both lung fields and hila are normal .

No obvious active pleuro-parenchymal lesion seen .

Both costophrenic and cardiophrenic angles are clear .

Both diaphragms are normal in position and contour .

Thoracic wall and soft tissues appear normal.

IMPRESSION :NORMAL STUDY. ✓

Pradeep

Printed on:09-12-2023 16:12

---End of the Report---

Dr. PRADEEP KUMAR C N
MBBS DNB(RADIOLOGY)
Radiology

Apollo Health and Lifestyle Limited

(CIN : U65110TG2000PLC115819)

Regd Office: 1, 10/63/62, Ashoka Raghupathi Chambers, 5th Floor, Begumpet, Hyderabad, Telangana - 500 016
Ph. No: 040 4904 7777 Fax No: 4904 7744 | Email ID: enquiry@apollohi.com | www.apollohi.com

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Koramangala | Banagpur Road | **Mysore** (VV Mohalla)

Online appointments: www.apolloclinic.com

TO BOOK AN APPOINTMENT

 **1860 500 7788**

Patient's Name : Mrs.Madhuri Kailash Sah	Age & sex : 39Yrs /Female
Date : 09.12.2023	UHID No 58808

2D ECHOCARDIOGRAPHY STUDY

Impression:

- Normal chamber volumes
- Normal left ventricular function. EF 61%
- No regional wall motion abnormality
- No clots. No pericardial effusion

Findings

Left Ventricle:	Normal
Right Ventricle	Normal
Left Atrium	Normal
Right Atrium	Normal
Aorta	Normal
Pulmonary Artery	Normal
IAS	Intact
IVS	Intact
Valves	Normal
Pericardium	Normal
Doppler	Trivial TR


Dr. C.B. KESHAVAMURTHY MD, DM, DNB
CONSULTANT CARDIOLOGIST

Apollo Health and Lifestyle Limited

(CIN: U65110TG2000PLC115819)

Regd. Office: 110/6D/2, Ashoka Raghupathi Chambers, 5th Floor, Begumpet, Hyderabad, Telangana - 500 016
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Koramangala | Marjapur Road | Mysore: VW Mohalla |

Online appointments: www.apolloclinic.com

TO BOOK AN APPOINTMENT

 **1860 500 7788**

Patient's Name : Mrs.Madhuri Kailash Sah	Age & sex : 39Yrs /Female
Date : 09.12.2023	UHID No 58808

Measurements

AO : 2.48 cm
LA : 2.56 cm

RV : 1.95 cm
LVIDd : 3.90 cm
LVIDs : 2.67 cm
IVSd : 0.95 cm
IVSs : 1.21 cm
PWd : 1.02 cm
PWs : 1.40 cm
EF : 61.0 %
FS : 33.0 %

Doppler

MV	TV	AV	PV
E: 0.97 m/s	E 0.75 m/s	V max 1.26 m/s	V max 0.91 m/s
A: 0.61 m/s	A 0.72 m/s		
MR Nil	TR 1/4	AR Nil	PR Nil


Dr. C.B. KESHAVAMURTHY MD, DM, DNB
CONSULTANT CARDIOLOGIST

Apollo Health and Lifestyle Limited

Regd. Office: 1-10-60-62, Ashoka Raghupathi Chambers, 5th Floor, Begumpet, Hyderabad, Telangana - 500 016
Ph. No. (041) 4904 7777 Fax No. 4904 7744 | Email ID: enquiry@apollohl.com | www.apollohl.com

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Online appointments: www.apolloclinic.com

TO BOOK AN APPOINTMENT

1860 500 7788

Patient Name: Mrs .Madhuri Kailash Sah	Date : 09.12.2023	Referring Doctor: Dr .Self
Age / Sex: 39Yrs/Female	UHID NO: 058808	Location : OP
ULTRASONOGRAPHY- ABDOMEN & PELVIS		

LIVER: It is normal in size and echotexture. No focal lesions seen. IHBR are not dilated. CBD and Portal vein are normal.

GALL BLADDER: It is well distended and normal. No calculi seen.

SPLEEN: It is normal in size, outline and echopattern. No e/o focal lesions.

PANCREAS: It is normal.

RIGHT KIDNEY: It measures 93x41 mm with parenchymal thickness of 16 mm. It is normal in size, outline and echotexture. No e/o calculus or hydronephrosis seen.

LEFT KIDNEY: It measures 113x47 mm with parenchymal thickness of 13 mm. It is normal in size, outline and echotexture. No e/o calculus or hydronephrosis seen.

URINARY BLADDER: It is well distended. The UB wall is normal. No calculi seen.

UTERUS: It is anteverted and measures 75x44x45 mm with ET= 6mm. It is normal in size, outline and echotexture. No mass lesion.

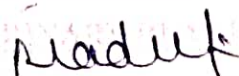
Rt. OVARY: It measures 22x20 mm. It is normal. No mass lesion seen.

Lt. OVARY: It measures 26x28 mm. It is normal. No mass lesion seen.

RIF: No evidence of focal collection or mass lesion seen. Appendix is not visualized.

OTHERS: No e/o free fluid in the abdomen. No e/o lymphadenopathy. No e/o gut wall thickening. No mass lesion seen in the abdomen.

IMPRESSION: NORMAL STUDY.


Dr. Pradeep Kumar C N, DNB
Consultant Radiologist.

Apollo Health and Lifestyle Limited

CIN: U65110TG2009PLC115819
Regd Office: 110-60-02, Avhoka Raghupathi Chambers, 5th Floor, Begumpet, Hyderabad, Telangana - 500 016
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Koramangala | Marajpur Road | Mysore (VV Mohalla)

Online appointments: www.apollohospitals.com

TO BOOK AN APPOINTMENT

 **1860 500 7788**

Patient Name: Mrs .Madhuri Kailash Sah	Date : 09.12.2023	Referring Doctor: Dr .Self
Age / Sex: 39Yrs/Female	UHID NO: 058808	Location : OP
ULTRASONOGRAPHY- BREAST		

RIGHT BREAST: It is normal in echopattern. No e/o focal nodular or mass lesions seen. No e/o calcifications. The skin over the breast is normal. Nipple and areola are normal. The subcutaneous, mammary and retro mammary zones are normal.

LEFT BREAST: It is normal in echopattern. No e/o focal nodular or mass lesions seen. No e/o calcifications. The skin over the breast is normal. Nipple and areola are normal. The subcutaneous, mammary and retro mammary zones are normal.

No e/o axillary lymphadenopathy.

IMPRESSION: NORMAL STUDY.

Pradeep
Dr. Pradeep Kumar C N, DNB.
Consultant Radiologist.

Apollo Health and Lifestyle Limited

REG. NO. UH110720200950115819
Apollo Clinic 110 60 62, Anuska Raghunathi Chambers, 5th Floor, Begumpet, Hyderabad, Telangana - 500 016
Ph. No. 4614941177 | Fax No. 4604 7344 | Email ID: enquiry@apolloh.com | www.apolloh.com

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Koramangala | Marathahalli Road | Mysore | IV Mahalle
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TO BOOK AN APPOINTMENT

1860 500 7788

MRS MADHURI KAILASH SAH

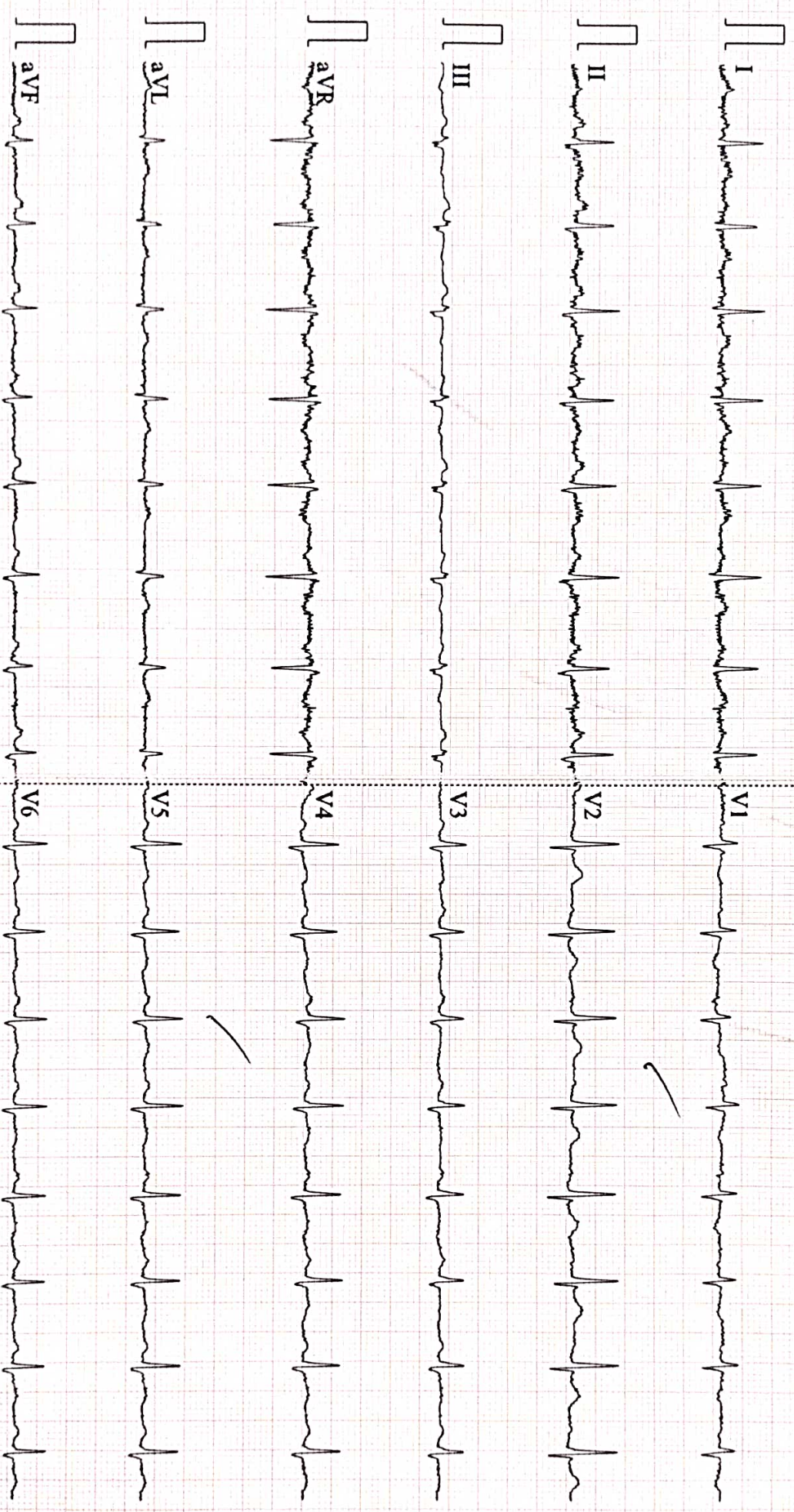
Female 39Years

163cm 71kg 120/80 mmHg

Diagnosis Information:

Unconfirmed Report.

Apollo Clinic
23, 1st Flr
Kalidasa Road, Mysore - 02
Ph : 0821-4006040/41



Patient Name	: Mrs. MADHURI KAILASH SAH	Age/Gender	: 39 Y/F
UHID/MR No.	: CMYS.0000058808	OP Visit No	: CMYSOPV120172
Sample Collected on	:	Reported on	: 09-12-2023 16:49
LRN#	: RAD2173848	Specimen	:
Ref Doctor	: SELF		
Emp/Auth/TPA ID	: 389258552315		

DEPARTMENT OF RADIOLOGY

ULTRASOUND - WHOLE ABDOMEN

LIVER: It is normal in size and echotexture. No focal lesions seen. IHBR are not dilated. CBD and Portal vein are normal.

GALL BLADDER: It is well distended and normal. No calculi seen.

SPLEEN: It is normal in size, outline and echopattern. No e/o focal lesions.

PANCREAS: It is normal.

RIGHT KIDNEY: It measures 93x41 mm with parenchymal thickness of 16 mm. It is normal in size, outline and echotexture. No e/o calculus or hydronephrosis seen.

LEFT KIDNEY: It measures 113x47 mm with parenchymal thickness of 13 mm. It is normal in size, outline and echotexture. No e/o calculus or hydronephrosis seen.

URINARY BLADDER: It is well distended. The UB wall is normal. No calculi seen.

UTERUS: It is anteverted and measures 75x44x45 mm with ET= 6mm. It is normal in size, outline and echotexture. No mass lesion.

Rt. OVARY: It measures 22x20 mm. It is normal. No mass lesion seen.

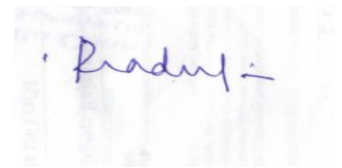
Lt. OVARY: It measures 26x28 mm. It is normal. No mass lesion seen.

RIF: No evidence of focal collection or mass lesion seen. Appendix is not visualized.

OTHERS: No e/o free fluid in the abdomen. No e/o lymphadenopathy. No e/o gut wall thickening. No mass lesion seen in the abdomen.

IMPRESSION: NORMAL STUDY.

Pradeep Kumar C N, DNB
Consultant Radiologist.



Dr. PRADEEP KUMAR C N
MBBS DNB(RADIOLOGY)
Radiology

Patient Name	: Mrs. MADHURI KAILASH SAH	Age/Gender	: 39 Y/F
UHID/MR No.	: CMYS.0000058808	OP Visit No	: CMYSOPV120172
Sample Collected on	:	Reported on	: 09-12-2023 16:48
LRN#	: RAD2173848	Specimen	:
Ref Doctor	: SELF		
Emp/Auth/TPA ID	: 389258552315		

DEPARTMENT OF RADIOLOGY

SONO MAMMOGRAPHY - SCREENING

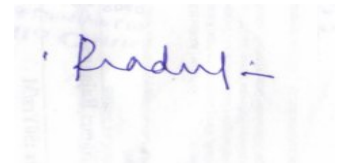
RIGHT BREAST: It is normal in echopattern. No e/o focal nodular or mass lesions seen. No e/o calcifications. The skin over the breast is normal. Nipple and areola are normal. The subcutaneous, mammary and retro mammary zones are normal.

LEFT BREAST: It is normal in echopattern. No e/o focal nodular or mass lesions seen. No e/o calcifications. The skin over the breast is normal. Nipple and areola are normal. The subcutaneous, mammary and retro mammary zones are normal.

No e/o axillary lymphadenopathy.

IMPRESSION: NORMAL STUDY.

Dr. Pradeep Kumar C N, DNB.
Consultant Radiologist.



Dr. PRADEEP KUMAR C N
MBBS DNB(RADIOLOGY)
Radiology

Patient Name : Mrs. MADHURI KAILASH SAH

Age/Gender : 39 Y/F

UHID/MR No. : CMYS.0000058808

OP Visit No : CMYSOPV120172

Sample Collected on :

Reported on : 09-12-2023 16:12

LRN# : RAD2173848

Specimen :

Ref Doctor : SELF

Emp/Auth/TPA ID : 389258552315

DEPARTMENT OF RADIOLOGY

X-RAY CHEST PA

Both lung fields and hila are normal .

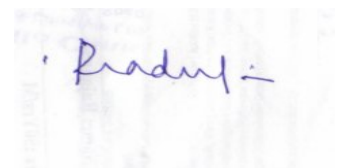
No obvious active pleuro-parenchymal lesion seen .

Both costophrenic and cardiophrenic angles are clear .

Both diaphragms are normal in position and contour .

Thoracic wall and soft tissues appear normal.

IMPRESSION :NORMAL STUDY.



Dr. PRADEEP KUMAR C N
MBBS DNB(RADIOLOGY)

Radiology



Bill Of Supply

Name : Mrs. MADHURI KAILASH SAH
 Age/Gender : 39 Y F
 Contact No : +919523253290
 Address : MYSORE
 UHID : CMYS 0000058808
 Corporate Name : ARCOFEMI HEALTHCARE LIMITED
 Plan : ARCOFEMI MEDIWHEEL FEMALE AHC CREDIT PAN INDIA OP AGREEMENT

Bill No : CMYS-OCR-21832
 Bill/Reg Date : 09.12.2023 10:20
 Referred by : SELF
 Center : Mysore
 Emp No/Auth Code : 389258552315

#	Department	Description Of Service	SAC/HSN Code	Qty	Rate	Gross Value	Discount	CGST Rate	CGST Amt	SGST/UTGST Rate	SGST/UTGST Amt	Net Value
1	Package Charges	ARCOFEMI - MEDIWHEEL - FULL BODY ANNUAL PLUS CHECK ADVANCED - FEMALE - 2D ECHO - PAN INDIA - FY2324	999312	1	2,600.00	2,600.00	0.00	0.00	0.00	0.00	0.00	2,600.00

Bill Amount: 2,600.00
 Total Discount: 0.00
 Patient Payment: 0.00
 Corporate Due: 2,600.00
 Patient Due: 0.00

Received with thanks: Zero Rupees only

Authorized Signature (Nikhitha R)

You can download your report from "www.apolloclinic.com" Enter user name as CMYSOPV120172 and password as 628547

Please log on to AskApollo.com for booking Appointments

Apollo Health and Lifestyle Limited

(CIN : U05110TG2000PLC115819)
 Regd. Office: #7-1-617/A, 615 & 616, Imperial Towers, 7th Floor, Ameerpet, Hyderabad 500036, Telangana.
 www.apollohlt.com | Email ID: enquiry@apollohlt.com | Ph No: 040 4904 7777, Fax No: 4904 7744

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 Bangalore: **Hyderabad** (A.S. Rao Nagar | Charanka Nagar | Keesarpet | Nallakunta | Nizampet | Manikonda | Hitech | Andhra Pradesh: **Vizag** (Sethianna Petal) **Karnataka**: **Bangalore** (Basavanagudi | Bellandur | Electronics City | ITR Layout | Indra Nagar | JP Nagar | Kundalahalli | Kuvempu) | **Sirajpet (Basel)** **Mysore** (V. Motilla) **Tamil Nadu**: **Chennai** | **Andhra Pradesh** | **T. Nagar** | **Vijaya Vittala** | **Madhya Pradesh**: **Pune** (Vandri | Nigdi) **Rajasthan** | **Vijaya Nagar** | **Warananagar** | **Kharadi** **Uttar Pradesh**: **Ghaziabad** (Indira Nagar)

Online appointments: www.apolloclinic.com

GSTIN: 29AADCA0733E123

Address:
 22, 23, 24, 25/101/3, 5th Floor, Layout,
 BNR Complex, OPP RBI Layout, JP Nagar,
 7th Phase, Bengaluru, Karnataka

1860 500 7788

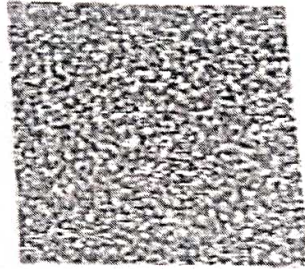
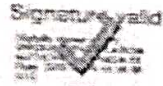


ಭಾರತ ಸರ್ಕಾರ
Government of India

ಭಾರತೀಯ ಏಕೀಕೃತ ಗುರುತು ಪ್ರಾಧಿಕಾರ
Unique Identification Authority of India

ಸಂಯೋಜಿತ ಸಂಖ್ಯೆ / Enrolment No.: 4050/50061/06179

To
 माधुरी के साह
 Madhuri K Sah
 W/O Kailash Prasad Sah
 W2-434B-1
 Naraina Village
 South West Delhi Delhi - 110028
 7549933373



ನಿಮ್ಮ ಆಧಾರ್ ಸಂಖ್ಯೆ / Your Aadhaar No. :

3892 5855 2315

VID : 9107 2527 1629 3670

ನನ್ನ ಆಧಾರ್. ನನ್ನ ಗುರುತು



ಭಾರತ ಸರ್ಕಾರ
Government of India

माधुरी के साह
 Madhuri K Sah
 ಜನನ ದಿನಾಂಕ/DOB: 17/12/1983
 ♀ FEMALE



Issue Date: 26/01/2012

3892 5855 2315

VID : 9107 2527 1629 3670

ನನ್ನ ಆಧಾರ್. ನನ್ನ ಗುರುತು



To,

The Coordinator,
Mediwheel (Arcofemi Healthcare Limited)
Helpline number: 011- 41195959

Dear Sir / Madam,

Sub: Annual Health Checkup for the employees of Bank of Baroda

This is to inform you that the following spouse of our employee wishes to avail the facility of Cashless Annual Health Checkup provided by you in terms of our agreement.

PARTICULARS OF HEALTH CHECK UP BENEFICIARY	
NAME	MADHURI KAILASH SAH
DATE OF BIRTH	17-12-1983
PROPOSED DATE OF HEALTH CHECKUP FOR EMPLOYEE SPOUSE	09-12-2023
BOOKING REFERENCE NO.	23D157966100077700S
SPOUSE DETAILS	
EMPLOYEE NAME	MR. SAH KAILASH PRASAD
EMPLOYEE EC NO.	157966
EMPLOYEE DESIGNATION	BRANCH HEAD
EMPLOYEE PLACE OF WORK	KUNDUR
EMPLOYEE BIRTHDATE	15-05-1973

This letter of approval / recommendation is valid if submitted along with copy of the Bank of Baroda employee id card. This approval is valid from **02-12-2023** till **31-03-2024**. The list of medical tests to be conducted is provided in the annexure to this letter. Please note that the said health checkup is a **cashless facility** as per our tie up arrangement. We request you to attend to the health checkup requirement of our employee's spouse and accord your top priority and best resources in this regard. The EC Number and the booking reference number as given in the above table shall be mentioned in the invoice, invariably.

We solicit your co-operation in this regard.

Yours faithfully,

Sd/-

**Chief General Manager
HRM Department
Bank of Baroda**

(Note: This is a computer generated letter. No Signature required. For any clarification, please contact Mediwheel (Arcofemi Healthcare Limited))

