



HEALTH CHECK-UP SUMMARY

Name: Brinda Joshi

Date: 10/02/2024

Email ID:

Sex: F Age: 34 Years Contact No: 9979278285 Remarks:

Under-weight
Normal
Over-weight

i> **BMI**

| | | |
|----------------------------|---------------------------|---------------------------------|
| Height (in Cm): <u>155</u> | Weight (in Kg): <u>65</u> | BMI: <u>27.2</u> |
| Hip (in Cm): <u>103</u> | Waist (in Cm): <u>86</u> | Hip to Waist Ratio: <u>1.19</u> |

ii> **Blood Pressure & Pulse**

120/80 mm/hg
76/min Request

If high or low, whether the person is on medication: YES / NO

iii> **Blood Tests & Lung Function Remarks**

RS
CVS }
CNS

If abnormal, whether the person is on medication: YES / NO

iv> **Eye Test Remarks**

Eye Sight: (R) 6/12 (L) 6/12 with specs
Color Vision: (A)

v> **Heart Disease**

Whether any specific heart ailment detected (ECG findings):
NAD

vi> **Any other problems needing attention / Overall Assessment:**

NO

C. K. Patel
Dr. Chirag Patel
M.B.B.S. G-49432

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401, Aqua Corridor,
B/s. Star Bazar, Surat-395009
Mo. 91062-28601

B. Joshi

Laboratory Test Result are Subject to technical limitation and should be clinically correlate for final diagnosis

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This medical report is not intended for medico-legal purposes.



Department Of Ophthalmology

Demographic Information:

| | | | |
|--------------|--------------|---------|----------|
| EMP ID : | | SR.NO : | |
| Name : | Brindo Joshi | Date : | 10/02/24 |
| Age : | 34 | | |
| Sex : | F | | |
| Department : | | | |

EYE TEST

1. VISION :-

RIGHT EYE :- G/12

LEFT EYE :- G/12

J with spec

2. COLOR VISION :-

RIGHT EYE :-

LEFT EYE :-

3. NIGHT VISION :-

RIGHT EYE :-

LEFT EYE :-

REMARKS :-

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DOCTOR SIGN

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REVIVAL DIAGNOSTICS

| | | | |
|-----------------|-------------------------------------|---------------------|----------------------|
| Name | BRINDA B JOSHI | Age/Gender | 34Yrs/Female |
| Reg No. | 1271/24 | Receipt No | 16793 |
| Referred By | Bank of Baroda (BOB) - MEDI WHEEL() | Mode of Payment | CREDIT |
| Collection Type | CENTER | Collection DateTime | 10-Feb-2024 08:48 AM |

BLOOD GROUP - 100224491 Released at 10-Feb-2024 12:52 PM

| Parameter | Result | Biological Ref.Range | Method |
|--------------|----------|----------------------|--------|
| -Blood Group | "O" | | |
| -Rh Factor | POSITIVE | | |

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| Collection Type | CENTER | Collection DateTime | 10-Feb-2024 08:48 AM |

CBC - 100224491 Released at 10-Feb-2024 01:01 PM

| Parameter | Result | Biological Ref.Range | Method |
|------------------|----------------|-----------------------|--------|
| -Haemoglobin | 12.0 gm/dL | (12 - 16 gm/dL) | Auto |
| -RBC Count | 4.41 mill/cumm | (4.2 - 5.4 mill/cumm) | Auto |
| -Total WBC Count | 7900 /cumm | (4000 - 10000 /cumm) | Auto |
| -Platelet Count | 3.73 lakh/cumm | (1.5 - 4.5 lakh/cumm) | Auto |

Blood Indices

| | | | |
|-------|------------|-------------------|------|
| -HCT | 37.6 % | L (40 - 55 %) | Auto |
| -MCV | 85.3 fl | (80 - 92 fl) | Auto |
| -MCH | 27.2 pg | (27 - 31 pg) | Auto |
| -MCHC | 31.9 gm/dL | L (32 - 36 gm/dL) | Auto |
| -RDW | 13.1 % | (11 - 15 %) | Auto |

Diff WBC Count

| | | | |
|---------------------|---------------------------------|-----------------------|-----------------|
| -Polymorphs | 74 % | (40 - 80 %) | Microscopically |
| -Lymphocytes | 22 % | (20 - 40 %) | Microscopically |
| -Eosinophils | 02 % | (1 - 6 %) | Microscopically |
| -Monocytes | 02 % | (2 - 7 %) | Microscopically |
| -Basophils | 00 % | (0 - 1 %) | Microscopically |
| -PLATELET ON SMEAR | Adequate | | Microscopically |
| -MALARIAL PARASITES | Malarial Parasites Not Detected | | Microscopically |
| -Haemoglobin | 12.0 gm/dL | (12 - 16 gm/dL) | Auto |
| -RBC Count | 4.41 mill/cumm | (4.2 - 5.4 mill/cumm) | Auto |
| -Total WBC Count | 7900 /cumm | (4000 - 10000 /cumm) | Auto |
| -Platelet Count | 3.73 lakh/cumm | (1.5 - 4.5 lakh/cumm) | Auto |

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| | | | |
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| -MCV | 85.3 fl | (80 - 92 fl) | Auto |
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| Collection Type | CENTER | Collection DateTime | 10-Feb-2024 08:48 AM |

| | | | |
|-----------------------|---------------------------------|-------------------|-----------------|
| -MCHC | 31.9 gm/dL | L (32 - 36 gm/dL) | Auto |
| -RDW | 13.1 % | (11 - 15 %) | Auto |
| Diff WBC Count | | | |
| -Polymorphs | 75 % | (40 - 80 %) | Microscopically |
| -Lymphocytes | 20 % | (20 - 40 %) | Microscopically |
| -Eosinophils | 03 % | (1 - 6 %) | Microscopically |
| -Monocytes | 02 % | (2 - 7 %) | Microscopically |
| -Basophils | 00 % | (0 - 1 %) | Microscopically |
| -PLATELET ON SMEAR | Adequate | | Microscopically |
| -MALARIAL PARASITES | Malarial Parasites Not Detected | | Microscopically |

[Test performed on Fully Automated Hematology Analyzer ERBA H-360]

ESR - 100224491 Released at 10-Feb-2024 01:01 PM

| Parameter | Result | Biological Ref.Range | Method |
|-----------|----------|----------------------|--------|
| -E.S.R | 06 mm/hr | (3 - 15 mm/hr) | |

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FBS & PPBS - 100224492 Released at 10-Feb-2024 01:00 PM

| Parameter | Result | Biological Ref.Range | Method |
|----------------------------|-----------|--|--------|
| -Fasting Blood Sugar (FBS) | 95 mg/dL | 70-100 mg/dl Impaired Tolerance: 100-125 Diabetes Mellitus: \geq 126 (American diabetes association guidelines 2022) | |
| -Fasting Urine Sugar | Absent | | |
| -Fasting Urine Acetone | Absent | | |
| -PPBS | 112 mg/dL | (90 - 140 mg/dL) | |
| -PP2BS URINE SUGAR | Absent | | |
| -PP2BS URINE ACETONE | Absent | | |

HBA1C - 100224491 Released at 10-Feb-2024 01:00 PM

| Parameter | Result | Biological Ref.Range | Method |
|-----------|--------|---|----------------------------|
| -HBA1C | 5.2 % | HbA1C Degree of Glucose Control <5.6 % Non Diabetics 5.7 - 6.4 % Prediabetics >=6.5 % Diabetics (REF:Wallace, 11th Edition) REMARKS: 6 - 7 % Excellent Control 7 - 8 % Good Control 8 - 10 % Unsatisfactory Control >10 % Poor Control | Immuno-Turbidometry method |
| -Method[] | | High Performance Liquid Chromatography (HPLC) | |

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LIVER FUNCTION TEST (LFT) - 100224494 Released at 10-Feb-2024 01:00 PM

| Parameter | Result | Biological Ref.Range | Method |
|---------------------------|------------|----------------------|---|
| -Serum Total Bilirubin | 0.2 mg/dL | (0 - 1.3 mg/dL) | Diazo |
| -Serum Direct Bilirubin | 0.1 mg/dL | (0 - 0.4 mg/dL) | Diazo |
| -Serum InDirect Bilirubin | 0.1 mg/dL | (0.1 - 1.3 mg/dL) | Calculated |
| -Total Protein (TP) | 6.4 gm/dL | (6.4 - 8.3 gm/dL) | Biuret |
| -Albumin (ALB) | 3.8 gm/dL | (3.5 - 5.2 gm/dL) | BCG |
| -Globulin | 2.6 gm/dL | (2.3 - 3.6 gm/dL) | Calculated |
| -A/G Ratio | 1.46 gm/dL | (1 - 2.3 gm/dL) | Calculated |
| -SGPT(ALT) | 19 U/L | (5 - 45 U/L) | IFCC, Kinetic without Pyridoxal Phosphate |
| -SGOT (AST) | 12 U/L | (0 - 35 U/L) | IFCC, Without Pyridoxal Phosphate |
| -Alkaline Phosph. | 89 U/L | (42 - 128 U/L) | ALP-AMP |
| -GGT | 16 U/L | (5 - 50 U/L) | Glupa-C |

[Test performed on Fully Automated Biochemistry Analyzer ERBA EM200]

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| Collection Type | CENTER | Collection DateTime | 10-Feb-2024 08:48 AM |

Creatinine - 100224494 Released at 10-Feb-2024 01:00 PM

| Parameter | Result | Biological Ref.Range | Method |
|-------------|-----------|----------------------|-----------|
| -Creatinine | 0.6 mg/dL | (0.6 - 1.14 mg/dL) | ENZYMATIC |

BUN - 100224494 Released at 10-Feb-2024 11:16 AM

| Parameter | Result | Biological Ref.Range | Method |
|----------------------------|----------|----------------------|------------|
| -Blood Urea Nitrogen (BUN) | 10 mg/dL | (6 - 20 mg/dL) | Calculated |

Uric Acid - 100224490 Released at 10-Feb-2024 01:00 PM

| Parameter | Result | Biological Ref.Range | Method |
|------------|-----------|----------------------|-------------|
| -Uric Acid | 3.6 mg/dL | (3.5 - 7.2 mg/dL) | Uricase-POD |

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| Collection Type | CENTER | Collection DateTime | 10-Feb-2024 08:48 AM |

Lipid Profile - 100224494 Released at 10-Feb-2024 01:01 PM

| Parameter | Result | Biological Ref.Range | Method |
|---------------------|-----------|---|---------------------------------------|
| -Serum Cholesterol | 145 mg/dL | Desirable < 200 mg/dl Borderline High : 200-239 mg/dl High : > 240 mg/dl | CHOD-PAP |
| -Serum Triglyceride | 90 mg/dL | Normal < 150 mg/dl Borderline High : 150 - 199 mg/dl High : 200 - 499 mg/dl Very High : 500 mg/dl | GPO-POD Method |
| -Serum HDLD(Direct) | 39 mg/dL | Normal :> 55 mg/dl Borderline : 35-55 mg/dl Undesirable: < 35 mg/dl | PVS-PEGME Precipitation with CHOD-POD |
| -Serum VLDL | 18 mg/dL | (5 - 30 mg/dL) | Calculated |
| -Serum LDL(Direct) | 88 mg/dL | Optimal:< 100 mg/dl Above Optimal : 100- 129 mg/dl Borderline High : 130-159 mg/dl High : > 160-189mg/dl Very High : >190 mg/dl | Calculated |
| -Chol/HDL | 3.72 | Low risk: <3.8 Medium Risk: 3.8 to 5.9 High Risk: > 6 | Calculated |
| -LDL/Chol | 1.65 | Low risk: <3.55 Medium Risk: 3.55 to 4.0 High Risk: > 6 | Calculated |

[Test performed on Fully Automated Biochemistry Analyzer ERBA EM200]

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| Collection Type | CENTER | Collection DateTime | 10-Feb-2024 08:48 AM |

Urine Routine & Micro Examination - 100224496 Released at 10-Feb-2024 01:10 PM

| Parameter | Result | Biological Ref.Range | Method |
|--------------------------------|-------------|----------------------|-------------------------|
| Physical Examination | | | |
| -Quantity | 25 | | Manual |
| -Colour | Pale Yellow | Pale Yellow | Manual |
| -Appearance | Clear | Clear | Manual |
| -Reaction (pH) | Acidic | | Dipstick |
| -Specific Gravity | 1.025 | | Dipstick |
| Chemical Examination | | | |
| -Proteins. | Absent | | Dipstick |
| -Sugar | Absent | | Dipstick |
| -Acetone. | Absent | | Dipstick |
| -Bile Salts | Absent | Absent | Dipstick |
| -Bile Pigments | Absent | Absent | Dipstick |
| -Occult Blood Test (OBT). | Negative | | Dipstick |
| Microscopic Examination | | | |
| -Pus Cells | 2-3 | | Microscopically |
| -Red Blood Cells | Absent | | Microscopically |
| -Epithelial Cells | 1-2 | | Microscopically |
| -Bacteria. | Absent | | Microscopically |
| -Crystals | Absent | Absent | Microscopically |
| -Others | NIL | Absent | Microscopic Examination |

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SG

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Total T3 T4 TSH - 100224494 Released at 10-Feb-2024 12:45 PM

| Parameter | Result | Biological Ref.Range | Method |
|-----------|-------------|--|---------------------------------|
| -Total T3 | 1.02 ng/ml | (0.87 - 1.78 ng/ml) | Fluorescence Enzyme Immunoassay |
| -Total T4 | 6.11 ug/dl | (4.6 - 11 ug/dl) | Fluorescence Enzyme Immunoassay |
| -TSH | 4.06 uIU/ml | 0.50 - 5.50 uIU/ml 5.5 to 15 ul U/ml - Suggested Clinical co-relation or Repeat test with new sample as physiological factors can give falslely high TSH Above 15ulU/ml Hypopyhyroid PREGNANT WOMEN normal ranges for TSH: 1st Trimester : 0.0878 - 2.8293 uIU/ml 2nd Trimester : 0.1998 - 2.7915 uIU/ml 3rd Trimester : 0.307 - 2.9028 uIU/ml Ref: TIETZ Fundamentals of Clinical Chemistry | Fluorescence Enzyme Immunoassay |

[Test performed on Fully Automated Immunology Analyzer Maglumi-600]

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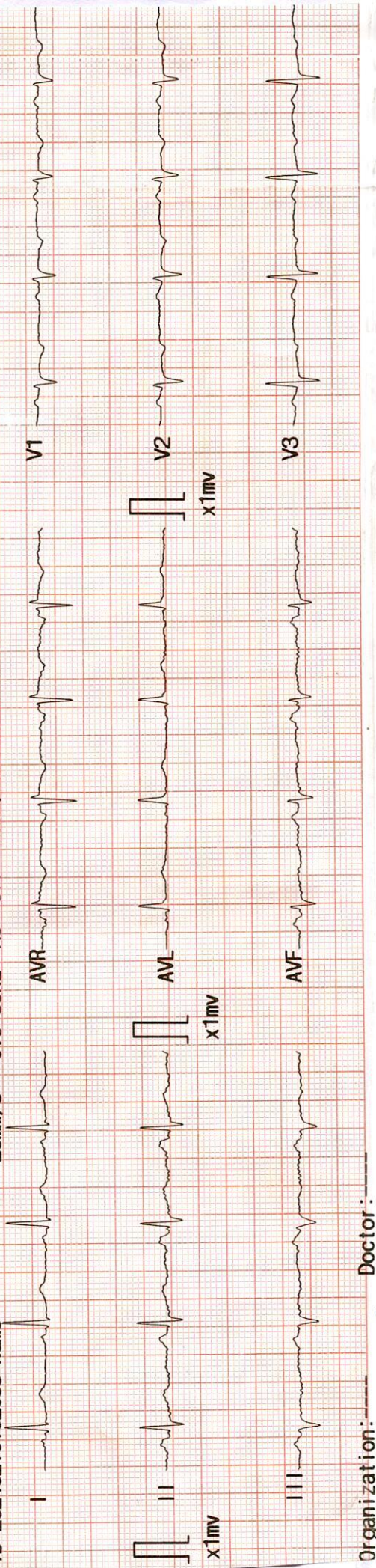
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ID: 20240210102038 Name: -----

25mm/s 0.5-35Hz AC: off 10mm/mv



Organization: ----- Doctor: -----

| | |
|---------|--|
| ID | : 20240210102038 |
| Name | : <u>Banda Joshi</u> 001: Sinus Rhythm |
| Sex | : Female |
| Age | : <u>234</u> |
| HR | : 87 bpm |
| R-R | : 680 ms |
| P-R | : 136 ms |
| QRS | : 90 ms |
| QT/QTc | : 367/444 ms |
| P/QRS/T | : 67/-16/ 54 ° |
| RV5/SV1 | : 1.203/-0.287 mV |
| RV5+SV1 | : 0.917 mV |
| QTcF | : 0.539 |

B Joshi

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DR. ARUNYA S. BORA
 M.D.S. DNB, FGDCC
 PHYSICIAN & CLINICAL CARDIOLOGIST
 G-54906



REVIVAL

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Ecg

SINUS RHYTHM

HEART RATE IS 87 BEATS PER MINUTE

T WAVE INVERSION IN LEADS V1 TO V3

Signature

DR. ADITYA S. BORA
 MBBS, DNB, PGDCC
 PHYSICIAN & CLINICAL CARDIOLOGIST
 G-54906

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2D ECHO

2D ECHOCARDIOGRAPHY & COLOR DOPPLER REPORT

INDICATION: Preventive Health check up

SINUS TACHYCARDIA NOTED DURING STUDY

- **CARDIAC CHAMBERS :** Left Ventricle : Normal size , Left Atrium: Normal size.
- NO e/o thrombus in LA/LV
- Right Atrium: Normal size. Right Ventricle: Normal Size,
- **Normal Right Ventricular function.** (TAPSE=20mm)
- **Normal Left Ventricular systolic function.** LVEF = 60%
- **No regional wall abnormality. No thinning / scarring / dyskinesia of LV wall**
- **No Concentric Left Ventricular Hypertrophy.** (IVSd= 10 mm),
- **LV Compliance:**
- **NO Left Ventricular Diastolic Dysfunction [LVDD].**

VALVES :

- Structurally Normal Mitral valve/ Aortic valve/Tricuspid valve/ Pulmonary valve .
- No significant Valvular Stenosis
- **Doppler findings:** AV max = 1.23 m/s, PV max = 0.91 m/s.
- Trivial MR, Trivial Tricuspid regurgitation.
- **No Pulmonary Arterial Hypertension.** PASP by TRjet vel.method = 24 mmHg.
- **SEPTAE:** IAS / IVS Appear Intact.
- **IVC :** Normal in dimension and shows good inspiratory 13mm collapse.
- **OTHERS:** No e/o Pericardial effusion / vegetation.

IMPRESSION:

**NORMAL LV SYSTOLIC FUNCTION, LVEF= 60 %, NO RWMA,
NO LVH , NO LVDD , NO PAH.**

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Signature

10-02-24, 13:16

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NAME : BRINDA B JOSHI
AGE: 34 YRS / FEMALE
REF BY : MEDI WHEEL





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CHEST RADIOGRAPH (PA VIEW)

- Hilar shadows are within normal limits.
- Pulmonary vasculature appears normal.
- Cardiac appears normal in size.
- Both dome of the diaphragm are smooth.
- Both costophrenic recesses are clear.
- Both lung fields appear normal.
- Visualized bones and soft tissue shadows appear normal.

IMPRESSION: NORMAL STUDY.

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RADIOLOGIST

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REVIVAL DIAGNOSTICS

| | | | |
|-----------------|--|---------------------|-----------------------------|
| Name | BRINDA B JOSHI | Age/Gender | 34Yrs/Female |
| Reg No. | 1271/24 | Receipt No | 16793 |
| Referred By | Bank of Baroda (BOB) - MEDI WHEEL() | Mode of Payment | CREDIT |
| Collection Type | CENTER | Collection DateTime | 10-Feb-2024 08:17 AM |

USG OF ABDOMEN & PELVIS

LIVER:

Liver is normal in size, shape and echotexture.
No evidence of focal SOL or dilatation of IHBR seen.
Portahepatis appear normal.

GALLBLADDER:

Gallbladder is distended and appears normal.
No e/o calculus, mass lesion or changes of cholecystitis seen.

PANCREAS:

Pancreas appears normal in size, shape and echotexture.
No e/o focal lesion, mass or changes of pancreatitis seen.

SPLEEN:

Spleen appears normal in size, shape and echotexture.

PARAAORTIC REGION:

Aorta grossly appears normal. No e/o paraaortic lymphnodes seen.

KIDNEYS:

Both kidneys appear normal in size, shape, position and echotexture.
Cortex and collecting system of both kidneys appear normal.
No evidence of calculus or obstructive uropathy on either side.

URINARY BLADDER:

Bladder is distended and appears normal.
No calculus, mass lesion or changes of cystitis is seen.

UTERUS:

Retroverted, Normal in size, shape and echotexture with empty central uterine cavity.
Cervix appears normal.

No e/o focal SOL. Endometrial thickness is normal.

OVARIES:

Both adnexal region appear normal.
No e/o adnexal mass lesion seen on either side.
No evidence of free fluid seen in pelvis.

COMMENTS: NORMAL USG ABDOMEN AND PELVIS.

Dr. Chirag K. Patel

MBBS-DMPD

Reg. No. G-23509

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