

Male

PATIENT NAME: JAYESH DAYANAND KALAV REF. DOCTOR: SELF

CODE/NAME & ADDRESS: C000138394 ACCESSION NO: 0181XB000964

ARCOFEMI HEALTHCARE LTD (MEDIWHEEL PATIENT ID F-703, F-703, LADO SARAI, MEHRAULISOUTH WEST

DELHI

NEW DELHI 110030 8800465156

: JAYEM091089181

CLIENT PATIENT ID: ABHA NO

AGE/SEX

RECEIVED: 19/02/2024 08:44:24 REPORTED :23/02/2024 15:15:21

:34 Years

Test Report Status Results **Biological Reference Interval** Units <u>Final</u>

MEDI WHEEL FULL BODY HEALTH CHECK UP BELOW 40 MALE

XRAY-CHEST

NO ABNORMALITY DETECTED **IMPRESSION**

ECG

WITHIN NORMAL LIMITS **ECG**

MEDICAL HISTORY

RELEVANT PRESENT HISTORY NOT SIGNIFICANT

PULMONARY KOCH'S 10 YEARS BACK. RELEVANT PAST HISTORY

COVID IN 2021.HOME QUARANTINED.

MARRIED / MIXED DIET / NO ALLERGIES / NO SMOKING / NO ALCOHOL. RELEVANT PERSONAL HISTORY

RELEVANT FAMILY HISTORY NOT SIGNIFICANT HISTORY OF MEDICATIONS NOT SIGNIFICANT

ANTHROPOMETRIC DATA & BMI

mts HEIGHT IN METERS 1.75 WEIGHT IN KGS. 97 Kqs

BMI 32 BMI & Weight Status as follows/sqmts

Below 18.5: Underweight 18.5 - 24.9: Normal 25.0 - 29.9: Overweight 30.0 and Above: Obese

GENERAL EXAMINATION

NORMAL MENTAL / EMOTIONAL STATE PHYSICAL ATTITUDE **NORMAL** OBESE GENERAL APPEARANCE / NUTRITIONAL

STATUS

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PERFORMED AT:

Agilus Diagnostics Ltd. S.K. Tower, Hari Niwas, Lbs Marg Thane, 400602 Maharashtra, India

Tel: 9111591115, Fax: CIN-U74899PB1995PLC045956



8800465156



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ARCOFEMI HEALTHCARE LTD (MEDIWHEEL PATIENT ID : JAYEM091089181 DRAWN

F-703, F-703, LADO SARAI, MEHRAULISOUTH WEST CLIENT PATIENT ID:

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AVERAGE BUILT / SKELETAL FRAMEWORK NORMAL FACIAL APPEARANCE SKIN **NORMAL UPPER LIMB NORMAL NORMAL** LOWER LIMB **NECK NORMAL**

NECK LYMPHATICS / SALIVARY GLANDS NOT ENLARGED OR TENDER

THYROID GLAND NOT ENLARGED

CAROTID PULSATION **NORMAL TEMPERATURE** NORMAL

PULSE 70/MIN.REGULAR, ALL PERIPHERAL PULSES WELL FELT, NO CAROTID

BRUIT

NORMAL RESPIRATORY RATE

CARDIOVASCULAR SYSTEM

ΒP 130/80 MM HG mm/Hg

(SUPINE)

PERICARDIUM **NORMAL NORMAL** APEX BEAT **NORMAL HEART SOUNDS MURMURS ABSENT**

RESPIRATORY SYSTEM

NORMAL SIZE AND SHAPE OF CHEST SYMMETRICAL MOVEMENTS OF CHEST **BREATH SOUNDS INTENSITY** NORMAL

BREATH SOUNDS QUALITY VESICULAR (NORMAL)

ADDED SOUNDS **ABSENT**

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PER ABDOMEN

NORMAL APPEARANCE VENOUS PROMINENCE **ABSENT**

NOT PALPABLE LIVER NOT PALPABLE **SPLEEN**

HERNIA ABSENT

CENTRAL NERVOUS SYSTEM

HIGHER FUNCTIONS **NORMAL** CRANIAL NERVES NORMAL CEREBELLAR FUNCTIONS **NORMAL** SENSORY SYSTEM **NORMAL** MOTOR SYSTEM **NORMAL REFLEXES NORMAL**

MUSCULOSKELETAL SYSTEM

NORMAL SPINE NORMAL **JOINTS**

BASIC EYE EXAMINATION

CONJUNCTIVA NORMAL **EYELIDS** NORMAL EYE MOVEMENTS NORMAL **CORNEA** NORMAL

DISTANT VISION RIGHT EYE WITHOUT REDUCED VISUAL ACUITY 6/36

GLASSES

REDUCED VISUAL ACUITY 6/36 DISTANT VISION LEFT EYE WITHOUT

GLASSES

DISTANT VISION RIGHT EYE WITH GLASSES WITH GLASSES NORMAL

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DISTANT VISION LEFT EYE WITH GLASSES NEAR VISION RIGHT EYE WITHOUT GLASSES NEAR VISION LEFT EYE WITHOUT GLASSES COLOUR VISION

WITH GLASSES NORMAL REDUCED VISUAL ACUITY N/36 WITHIN NORMAL LIMIT NORMAL

SUMMARY

RELEVANT HISTORY RELEVANT GP EXAMINATION FINDINGS REMARKS / RECOMMENDATIONS

NOT SIGNIFICANT **NOT SIGNIFICANT**

OPHTHALMOLOGY CONSULT FOR REDUCED VISUAL ACUITY. LOW FAT, LOW CALORIE, LOW CARBOHYDRATE, HIGH FIBRE DIET. REGULAR EXERCISE.REGULAR WALK FOR 30-40 MIN DAILY. REPEAT LIPID PROFILE, LIVER PROFILE AFTER 3 MONTHS OF DIET AND EXERCISE.

WEIGHT LOSS:- LOW CALORIE, HIGH FIBRE DIET, REGULAR EXERCISE. HEPATOLOGISTS CONSULT IN VIEW OF GRADE II FATTY LIVER.

ANNUAL USG ABDOMEN.

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MEDI WHEEL FULL BODY HEALTH CHECK UP BELOW 40 MALE

ULTRASOUND ABDOMEN

ULTRASOUND ABDOMEN

HEPATOMEGALY WITH GRADE II FATTY LIVER.

TMT OR ECHO **CLINICAL PROFILE**

NEGATIVE

8800465156

Interpretation(s)
MEDICAL

THIS REPORT CARRIES THE SIGNATURE OF OUR LABORATORY DIRECTOR. THIS IS AN INVIOLABLE FEATURE OF OUR LAB MANAGEMENT SOFTWARE. HOWEVER, ALL EXAMINATIONS AND INVESTIGATIONS HAVE BEEN CONDUCTED BY OUR PANEL OF DOCTORS.

End Of Report Please visit www.agilusdiagnostics.com for related Test Information for this accession

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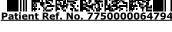
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Email: customercare.thane@agilus.in

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CONDITIONS OF LABORATORY TESTING & REPORTING

- 1. It is presumed that the test sample belongs to the patient named or identified in the test requisition form.
- 2. All tests are performed and reported as per the turnaround time stated in the AGILUS Directory of Services.
- 3. Result delays could occur due to unforeseen circumstances such as non-availability of kits / equipment breakdown / natural calamities / technical downtime or any other unforeseen event.
- 4. A requested test might not be performed if:
 - i. Specimen received is insufficient or inappropriate
 - ii. Specimen quality is unsatisfactory
 - iii. Incorrect specimen type
 - iv. Discrepancy between identification on specimen container label and test requisition form

- 5. AGILUS Diagnostics confirms that all tests have been performed or assayed with highest quality standards, clinical safety & technical integrity.
- 6. Laboratory results should not be interpreted in isolation; it must be correlated with clinical information and be interpreted by registered medical practitioners only to determine final diagnosis.
- Test results may vary based on time of collection, physiological condition of the patient, current medication or nutritional and dietary changes. Please consult your doctor or call us for any clarification.
- Test results cannot be used for Medico legal purposes.
- 9. In case of queries please call customer care (91115 91115) within 48 hours of the report.

Agilus Diagnostics Ltd

Fortis Hospital, Sector 62, Phase VIII, Mohali 160062

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Test Report Status <u>Final</u> Results Biological Reference Interval Units

<u></u>			
н	IAEMATOLOGY - CE	BC	
MEDI WHEEL FULL BODY HEALTH CHECK UP B	ELOW 40 MALE		
BLOOD COUNTS,EDTA WHOLE BLOOD			
HEMOGLOBIN (HB)	15.0	13.0 - 17.0	g/dL
METHOD : SLS- HEMOGLOBIN DETECTION METHOD	F 00		
RED BLOOD CELL (RBC) COUNT METHOD: HYDRODYNAMIC FOCUSING BY DC DETECTION	5.28	4.5 - 5.5	mil/μL
WHITE BLOOD CELL (WBC) COUNT	7.03	4.0 - 10.0	thou/µL
METHOD : FLUORESCENCE FLOW CYTOMETRY	, , , ,		,,
PLATELET COUNT	285	150 - 410	thou/μL
METHOD: HYDRODYNAMIC FOCUSING BY DC DETECTION			
RBC AND PLATELET INDICES			
HEMATOCRIT (PCV)	47.1	40.0 - 50.0	%
METHOD: CUMULATIVE PULSE HEIGHT DETECTION METHOD			_
MEAN CORPUSCULAR VOLUME (MCV)	89.2	83.0 - 101.0	fL
METHOD: CALCULATED FROM RBC & HCT MEAN CORPUSCULAR HEMOGLOBIN (MCH)	28.4	27.0 - 32.0	pg
METHOD: CALCULATED FROM THE RBC & HGB	2011	27.0 32.0	P 9
MEAN CORPUSCULAR HEMOGLOBIN	31.8	31.5 - 34.5	g/dL
CONCENTRATION (MCHC)			
METHOD: CALCULATED FROM THE HGB & HCT RED CELL DISTRIBUTION WIDTH (RDW)	11.8	11.6 - 14.0	%
METHOD : CALCULATED FROM RBC SIZE DISTRIBUTION CURVE			
MENTZER INDEX	16.9		
MEAN PLATELET VOLUME (MPV)	10.3	6.8 - 10.9	fL
METHOD: CALCULATED FROM PLATELET COUNT & PLATELET HEM	MATOCRIT		
WBC DIFFERENTIAL COUNT			
NEUTROPHILS	51	40 - 80	%
METHOD: FLOW CYTOMETRY WITH LIGHT SCATTERING	32	20 - 40	%
LYMPHOCYTES METHOD: FLOW CYTOMETRY WITH LIGHT SCATTERING	32	20 - 40	70
MONOCYTES	6	2 - 10	%

Angine

Dr.(Mrs)Neelu K Bhojani Lab Head





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METHOD: FLOW CYTOMETRY WITH LIGHT SCATTERING	11 Ulah	1 6	%
EOSINOPHILS	11 High	1 - 6	90
METHOD: FLOW CYTOMETRY WITH LIGHT SCATTERING	0	0 1	0/
BASOPHILS	0	0 - 1	%
METHOD: FLOW CYTOMETRY WITH LIGHT SCATTERING			
ABSOLUTE NEUTROPHIL COUNT	3.59	2.0 - 7.0	thou/µL
METHOD: FLOW CYTOMETRY WITH LIGHT SCATTERING			
ABSOLUTE LYMPHOCYTE COUNT	2.25	1.0 - 3.0	thou/µL
METHOD: FLOW CYTOMETRY WITH LIGHT SCATTERING			
ABSOLUTE MONOCYTE COUNT	0.41	0.2 - 1.0	thou/µL
METHOD: FLOW CYTOMETRY WITH LIGHT SCATTERING			
ABSOLUTE EOSINOPHIL COUNT	0.80 High	0.02 - 0.50	thou/µL
METHOD: FLOW CYTOMETRY WITH LIGHT SCATTERING			
ABSOLUTE BASOPHIL COUNT	0 Low	0.02 - 0.10	thou/µL
METHOD: FLOW CYTOMETRY WITH LIGHT SCATTERING			
NEUTROPHIL LYMPHOCYTE RATIO (NLR)	1.6		

MORPHOLOGY

RBC NORMOCYTIC NORMOCHROMIC **WBC EOSINOPHILIA PRESENT**

METHOD: MICROSCOPIC EXAMINATION

ADEQUATE PLATELETS

BLOOD COUNTS, EDTA WHOLE BLOOD-The cell morphology is well preserved for 24hrs. However after 24-48 hrs a progressive increase in MCV and HCT is observed leading to a decrease in MCHC. A direct smear is recommended for an accurate differential count and for examination of RBC morphology. RBC AND PLATELET INDICES-Mentzer index (MCV/RBC) is an automated cell-counter based calculated screen tool to differentiate cases of Iron deficiency anaemia(>13) from Beta thalassaemia trait

(<13) in patients with microcytic anaemia. This needs to be interpreted in line with clinical correlation and suspicion. Estimation of HbA2 remains the gold standard for diagnosing a case of beta thalassaemia trait.

WBC DIFFERENTIAL COUNT-The optimal threshold of 3.3 for NLR showed a prognostic possibility of clinical symptoms to change from mild to severe in COVID positive

patients. When age = 49.5 years old and NLR = 3.3, 46.1% COVID-19 patients with mild disease might become severe. By contrast, when age < 49.5 years old and NLR < 3.3, COVID-19 patients tend to show mild disease.

(Reference to - The diagnostic and predictive role of NLR, d-NLR and PLR in COVID-19 patients A.-P. Yang, et al. International Immunopharmacology 84 (2020) 106504 This ratio element is a calculated parameter and out of NABL scope.

Dr.(Mrs)Neelu K Bhojani

Lab Head





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HAEMATOLOGY

MEDI WHEEL FULL BODY HEALTH CHECK UP BELOW 40 MALE

ERYTHROCYTE SEDIMENTATION RATE (ESR), EDTA BLOOD

E.S.R 5 0 - 14mm

METHOD: MODIFIED WESTERGREN

GLYCOSYLATED HEMOGLOBIN(HBA1C), EDTA WHOLE **BLOOD**

HBA1C Non-diabetic Adult < 5.7 5.6 %

Pre-diabetes 5.7 - 6.4

Diabetes diagnosis: > or = 6.5Therapeutic goals: < 7.0 Action suggested: > 8.0

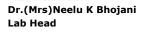
(ADA Guideline 2021)

METHOD: HPLC

ESTIMATED AVERAGE GLUCOSE(EAG) 114.0 < 116.0 mg/dL

METHOD: CALCULATED PARAMETER

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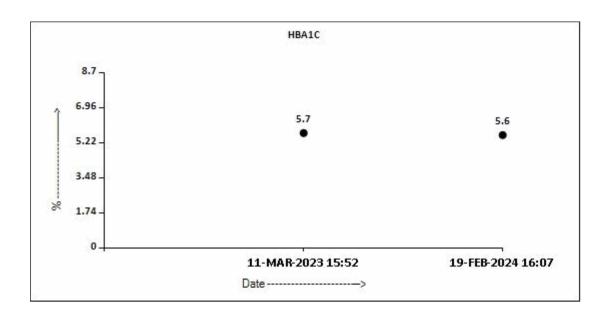
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ERYTHROCYTE SEDIMENTATION RATE (ESR), EDTA BLOOD-TEST DESCRIPTION :-

Erythrocyte sedimentation rate (ESR) is a test that indirectly measures the degree of inflammation present in the body. The test actually measures the rate of fall (sedimentation) of erythrocytes in a sample of blood that has been placed into a tall, thin, vertical tube. Results are reported as the millimetres of clear fluid (plasma) that are present at the top portion of the tube after one hour. Nowadays fully automated instruments are available to measure ESR.

ESR is not diagnostic it is a non-specific test that may be elevated in a number of different conditions. It provides general information about the presence of an inflammatory condition.CRP is superior to ESR because it is more sensitive and reflects a more rapid change **TEST INTERPRETATION**

Increase in: Infections, Vasculities, Inflammatory arthritis, Renal disease, Anemia, Malignancies and plasma cell dyscrasias, Acute allergy Tissue injury, Pregnancy, Estrogen medication, Aging.

Eastoger infectation, againgts. Finding a very accelerated ESR(>100 mm/hour) in patients with ill-defined symptoms directs the physician to search for a systemic disease (Paraproteinemias, Disseminated malignancies, connective tissue disease, severe infections such as bacterial endocarditis).

In pregnancy BRI in first trimester is 0-48 mm/hr(62 if anemic) and in second trimester (0-70 mm /hr(95 if anemic). ESR returns to normal 4th week post partum. Decreased in: Polycythermia vera, Sickle cell anemia

LIMITATIONS

False elevated ESR: Increased fibrinogen, Drugs(Vitamin A, Dextran etc), Hypercholesterolemia
False Decreased: Poikilocytosis, (SickleCells, spherocytes), Microcytosis, Low fibrinogen, Very high WBC counts, Drugs(Quinine,

salicylates)

REFERENCE :

1. Nathan and Oski's Haematology of Infancy and Childhood, 5th edition 2. Paediatric reference intervals. AACC Press, 7th edition. Edited by S. Soldin 3. The reference for the adult reference range is "Practical Haematology by Dacie and Lewis,10th edition. GLYCOSYLATED HEMOGLOBIN(HBA1C), EDTA WHOLE BLOOD-**Used For**:

Dr.(Mrs)Neelu K Bhojani Lab Head





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- 1. Evaluating the long-term control of blood glucose concentrations in diabetic patients.
- 2. Diagnosing diabetes.
- Identifying patients at increased risk for diabetes (prediabetes).

The ADA recommends measurement of HbA1c (typically 3-4 times per year for type 1 and poorly controlled type 2 diabetic patients, and 2 times per year for well-controlled type 2 diabetic patients) to determine whether a patients metabolic control has remained continuously within the target range.

1. eAG (Estimated average glucose) converts percentage HbA1c to md/dl, to compare blood glucose levels.

- eAG gives an evaluation of blood glucose levels for the last couple of months.
 eAG is calculated as eAG (mg/dl) = 28.7 * HbA1c 46.7

HbA1c Estimation can get affected due to:

- 1. Shortened Erythrocyte survival: Any condition that shortens erythrocyte survival or decreases mean erythrocyte age (e.g. recovery from acute blood loss, hemolytic anemia) will falsely lower HbA1c test results. Fructosamine is recommended in these patients which indicates diabetes control over 15 days. 2. Vitamin C & E are reported to falsely lower test results. (possibly by inhibiting glycation of hemoglobin.
- 3. Iron deficiency anemia is reported to increase test results. Hypertriglyceridemia, uremia, hyperbilirubinemia, chronic alcoholism, chronic ingestion of salicylates & opiates addiction are reported to interfere with some assay methods, falsely increasing results.

 4. Interference of hemoglobinopathies in HbA1c estimation is seen in
- a) Homozygous hemoglobinopathy. Fructosamine is recommended for testing of HbA1c.
- b) Heterozygous state detected (D10 is corrected for HbS & HbC trait.)
 c) HbF > 25% on alternate paltform (Boronate affinity chromatography) is recommended for testing of HbA1c.Abnormal Hemoglobin electrophoresis (HPLC method) is recommended for detecting a hemoglobinopathy

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IMMUNOHAEMATOLOGY

MEDI WHEEL FULL BODY HEALTH CHECK UP BELOW 40 MALE

ABO GROUP & RH TYPE, EDTA WHOLE BLOOD

ABO GROUP TYPE A

METHOD: GEL COLUMN AGGLUTINATION METHOD.

RH TYPE POSITIVE

METHOD: GEL COLUMN AGGLUTINATION METHOD.

Interpretation(s)

8800465156

ABO GROUP & RH TYPE, EDTA WHOLE BLOOD-Blood group is identified by antigens and antibodies present in the blood. Antigens are protein molecules found on the surface of red blood cells. Antibodies are found in plasma. To determine blood group, red cells are mixed with different antibody solutions to give A,B,O or AB.

Disclaimer: "Please note, as the results of previous ABO and Rh group (Blood Group) for pregnant women are not available, please check with the patient records for availability of the same."

The test is performed by both forward as well as reverse grouping methods.

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BIOCHEMISTRY

94

MEDI WHEEL FULL BODY HEALTH CHECK UP BELOW 40 MALE

GLUCOSE FASTING, FLUORIDE PLASMA

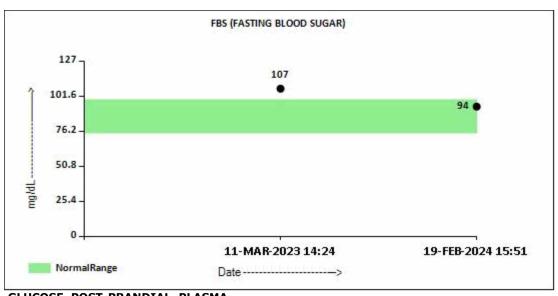
FBS (FASTING BLOOD SUGAR)

Normal 75 - 99

mg/dL

Pre-diabetics: 100 - 125 Diabetic: > or = 126

METHOD: ENZYMATIC REFERENCE METHOD WITH HEXOKINASE



GLUCOSE, POST-PRANDIAL, PLASMA

PPBS(POST PRANDIAL BLOOD SUGAR)

METHOD: ENZYMATIC REFERENCE METHOD WITH HEXOKINASE

88

70 - 139

mg/dL

Bhinchkhede

Dr. Priyal Chinchkhede, MD **Consultant Pathologist**

Dr. Ushma Wartikar, MD **Consultant Pathologist**

Dr.(Mrs)Neelu K Bhojani **Lab Head**



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Agilus Diagnostics Ltd. Mulund Goregoan Link Road Mumbai, 400078 Maharashtra, India Fax:





PATIENT NAME: JAYESH DAYANAND KALAV

CODE/NAME & ADDRESS : C000138394
ARCOFEMI HEALTHCARE LTD (MEDIWHEEL

F-703, F-703, LADO SARAI, MEHRAULISOUTH WEST

DELHI

NEW DELHI 110030 8800465156 **REF. DOCTOR:** SELF

: JAYEM091089181

ACCESSION NO: **0181XB000964** AGE/SEX: 34 Years Male

DRAWN :

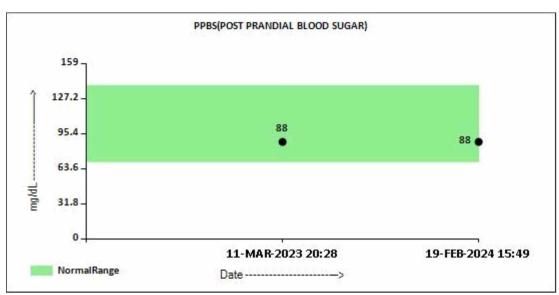
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Test Report Status <u>Final</u> Results Biological Reference Interval Units

PATIENT ID

ABHA NO

CLIENT PATIENT ID:



LIPID PROFILE WITH CALCULATED LDL

CHOLESTEROL, TOTAL 185 Desirable : < 200 mg/dL

Borderline: 200 - 239

High: > / = 240

METHOD: ENZYMATIC COLORIMETRIC ASSAY

TRIGLYCERIDES 97 Normal: < 150 mg/dL

Borderline high: 150 - 199

High: 200 - 499

Very High: >/= 500

HDL CHOLESTEROL 59 At Risk: < 40 mg/dL

Desirable: > or = 60

METHOD: ENZYMATIC, COLORIMETRIC

CHOLESTEROL LDL

107 High Adult levels: mg/dL

Optimal < 100

Near optimal/above optimal:

100-129

Borderline high: 130-159

High: 160-189Very high: = 190

METHOD: ENZYMATIC COLORIMETRIC ASSAY

METHOD: ENZYMATIC COLORIMETRIC ASSAY



Dr.Priyal Chinchkhede, MD Consultant Pathologist Dr. Ushma Wartikar, MD Consultant Pathologist Diagon

Dr.(Mrs)Neelu K Bhojani Lab Head





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View Report

Agilus Diagnostics Ltd.
Mulund Goregoan Link Road
Mumbai, 400078
Maharashtra, India
Fax:
CIN - U74899PB1995PLC045956





PATIENT NAME: JAYESH DAYANAND KALAV REF. DOCTOR: SELF

CODE/NAME & ADDRESS : C000138394

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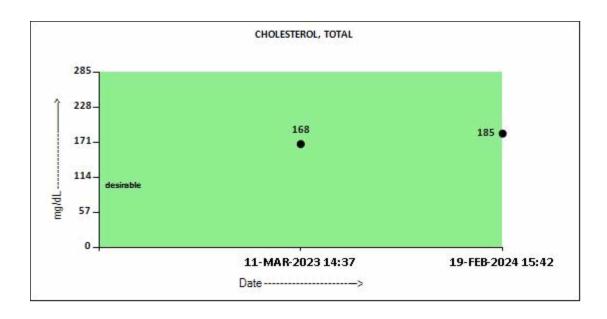
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DRAWN :

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:34 Years

Test Report Status <u>Final</u>	Results	Biological Reference Interval Units
NON HDL CHOLESTEROL	126	Desirable: < 130 mg/dL Above Desirable: 130 -159 Borderline High: 160 - 189 High: 190 - 219 Very high: > / = 220
VERY LOW DENSITY LIPOPROTEIN	19.4	< OR = 30.0 mg/dL
CHOL/HDL RATIO	3.1 Low	Low Risk: 3.3 - 4.4 Average Risk: 4.5 - 7.0 Moderate Risk: 7.1 - 11.0 High Risk: > 11.0
LDL/HDL RATIO	1.8	0.5 - 3.0 Desirable/Low Risk 3.1 - 6.0 Borderline/Moderate Risk >6.0 High Risk





Dr.Priyal Chinchkhede, MD Consultant Pathologist Dr. Ushma Wartikar, MD Consultant Pathologist

Dr.(Mrs)Neelu K Bhojani Lab Head





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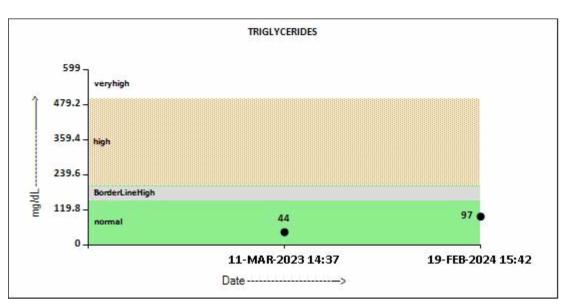
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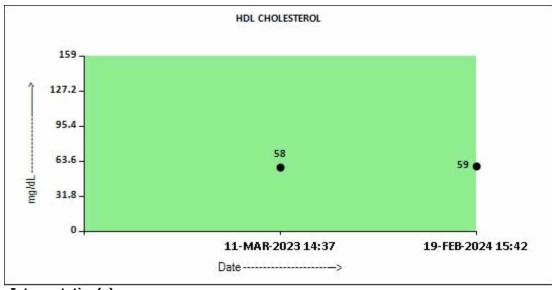
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Test Report Status <u>Final</u> Results

Biological Reference Interval Units





Interpretation(s)

Bhinchkhede.

Dr. Priyal Chinchkhede, MD **Consultant Pathologist**

Dr. Ushma Wartikar, MD **Consultant Pathologist**

Dr.(Mrs)Neelu K Bhojani **Lab Head**





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PATIENT NAME: JAYESH DAYANAND KALAV REF. DOCTOR: SELF CODE/NAME & ADDRESS: C000138394 ACCESSION NO: 0181XB000964 AGE/SEX :34 Years Male ARCOFEMI HEALTHCARE LTD (MEDIWHEEL PATIENT ID : JAYEM091089181 DRAWN F-703, F-703, LADO SARAI, MEHRAULISOUTH WEST CLIENT PATIENT ID: RECEIVED: 19/02/2024 08:44:24 DELHI ABHA NO REPORTED :23/02/2024 15:15:21 **NEW DELHI 110030** 8800465156

Test Report Status Results **Biological Reference Interval** Units <u>Final</u>

Serum lipid profile is measured for cardiovascular risk prediction. Lipid Association of India recommends LDL-C as primary target and Non HDL-C as co-primary treatment target.

Risk Stratification for ASCVD (Atherosclerotic cardiovascular disease) by Lipid Association of India

Risk Category				
Extreme risk group	A.CAD with > 1 feature of high risk group			
	B. CAD with > 1 feature of Very high risk g	group or recurrent ACS (within 1 year) despite LDL-C < or =		
	50 mg/dl or polyvascular disease			
Very High Risk	1. Established ASCVD 2. Diabetes with 2 1	major risk factors or evidence of end organ damage 3.		
	Familial Homozygous Hypercholesterolemi	a		
High Risk	1. Three major ASCVD risk factors. 2. Diabetes with 1 major risk factor or no evidence of end organ			
	damage. 3. CKD stage 3B or 4. 4. LDL >190 mg/dl 5. Extreme of a single risk factor. 6. Coronary			
	Artery Calcium - CAC >300 AU. 7. Lipoprotein a >/= 50mg/dl 8. Non stenotic carotid plaque			
Moderate Risk	2 major ASCVD risk factors			
Low Risk	0-1 major ASCVD risk factors			
Major ASCVD (Atherosclerotic cardiovascular disease) Risk Factors				
1. Age > or = 45 years in males and > or = 55 years in females 3. Current Cigarette smoking or tobacco use				
Family history of premature ASCVD 4. High blood pressure				
5. Low HDL				

Newer treatment goals and statin initiation thresholds based on the risk categories proposed by LAI in 2020.

Risk Group	Treatment Goals		Consider Drug Therapy		
	LDL-C (mg/dl)	Non-HDL (mg/dl)	LDL-C (mg/dl)	Non-HDL (mg/dl)	
Extreme Risk Group Category A	<50 (Optional goal < OR = 30)	< 80 (Optional goal <or 60)<="" =="" td=""><td>>OR = 50</td><td>>OR = 80</td></or>	>OR = 50	>OR = 80	
Extreme Risk Group Category B	< OR = 30	< OR = 60	> 30	>60	
Very High Risk	<50	<80	>OR= 50	>OR= 80	
High Risk	<70	<100	>OR= 70	>OR= 100	
Moderate Risk	<100	<130	>OR= 100	>OR= 130	
Low Risk	<100	<130	>OR= 130*	>OR= 160	

^{*}After an adequate non-pharmacological intervention for at least 3 months.

References: Management of Dyslipidaemia for the Prevention of Stroke: Clinical Practice Recommendations from the Lipid Association of India. Current Vascular Pharmacology, 2022, 20, 134-155.

LIVER FUNCTION PROFILE, SERUM

BILIRUBIN, TOTAL METHOD: COLORIMETRIC DIAZO	0.53	Upto 1.2	mg/dL
BILIRUBIN, DIRECT	0.23	< 0.30	mg/dL
METHOD: DIAZO METHOD BILIRUBIN, INDIRECT	0.30	0.1 - 1.0	mg/dL
TOTAL PROTEIN METHOD: COLORIMETRIC	7.3	6.0 - 8.0	g/dL
ALBUMIN METHOD: COLORIMETRIC	4.4	3.97 - 4.94	g/dL
GLOBULIN	2.9	2.0 - 3.5	g/dL

Bhinchkhede

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Dr. Ushma Wartikar, MD **Consultant Pathologist**

Dr.(Mrs)Neelu K Bhojani Lab Head



Page 17 Of 26





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ACCESSION NO: 0181XB000964

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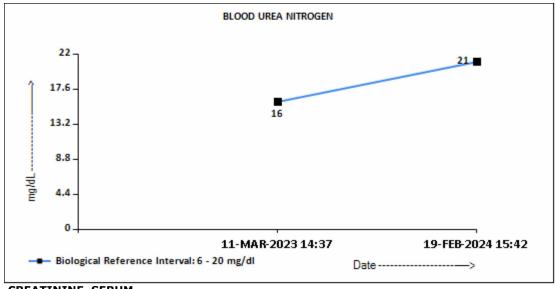
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AGE/SEX :34 Years

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Test Report Status <u>Final</u>	Results	Biological Reference	Interval Units
ALBUMIN/GLOBULIN RATIO	1.5	1.0 - 2.1	RATIO
ASPARTATE AMINOTRANSFERASE(AST/SGOT) METHOD: UV ABSORBANCE	54 High	< OR = 50	U/L
ALANINE AMINOTRANSFERASE (ALT/SGPT) METHOD: UV ABSORBANCE	69 High	< OR = 50	U/L
ALKALINE PHOSPHATASE METHOD: COLORIMETRIC	71	40 - 129	U/L
GAMMA GLUTAMYL TRANSFERASE (GGT) METHOD: ENZYMATIC, COLORIMETRIC	38	0 - 60	U/L
LACTATE DEHYDROGENASE METHOD: UV ABSORBANCE	164	125 - 220	U/L
BLOOD UREA NITROGEN (BUN), SERUM			
BLOOD UREA NITROGEN METHOD: ENZYMATIC ASSAY	21 High	6 - 20	mg/dL



CREATININE, SERUM

METHOD: COLORIMETRIC

1.01 0.7 - 1.2CREATININE

Phinchkhede.

Dr. Priyal Chinchkhede, MD **Consultant Pathologist**

Dr. Ushma Wartikar, MD **Consultant Pathologist**

Dr.(Mrs)Neelu K Bhojani **Lab Head**

mg/dL





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Agilus Diagnostics Ltd. Mulund Goregoan Link Road Mumbai, 400078 Maharashtra, India





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ARCOFEMI HEALTHCARE LTD (MEDIWHEEL

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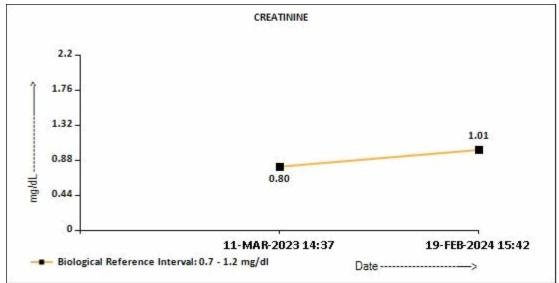
ACCESSION NO: **0181XB000964** AGE/SEX: 34 Years Male

PATIENT ID : JAYEM091089181 DRAWN

CLIENT PATIENT ID: ABHA NO : DRAWN :

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Test Report Status <u>Final</u> Results Biological Reference Interval Units



BUN/CREAT RATIO

BUN/CREAT RATIO **20.79 High** 8.0 - 15.0

URIC ACID, SERUM

URIC ACID **8.8 High** 3.4 - 7.0 mg/dL

METHOD: ENZYMATIC COLORIMETRIC ASSAY

TOTAL PROTEIN, SERUM

TOTAL PROTEIN 7.3 6.0 - 8.0 g/dL

METHOD : COLORIMETRIC

ALBUMIN, SERUM

ALBUMIN 4.4 3.97 - 4.94 g/dL

METHOD: COLORIMETRIC

Dhinchkhede.

Dr.Priyal Chinchkhede, MD Consultant Pathologist Dr. Ushma Wartikar, MD Consultant Pathologist

Dr.(Mrs)Neelu K Bhojani Lab Head Page 19 Of 26





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Mulund Goregoan Link Road
Mumbai, 400078
Maharashtra, India
Fax:
CIN - U74899PB1995PLC045956





mmol/L

PATIENT NAME: JAYESH DAYANAND KALAV REF. DOCTOR: SELF CODE/NAME & ADDRESS: C000138394 ACCESSION NO: 0181XB000964 AGE/SEX :34 Years Male ARCOFEMI HEALTHCARE LTD (MEDIWHEEL PATIENT ID DRAWN : JAYEM091089181 F-703, F-703, LADO SARAI, MEHRAULISOUTH WEST

CLIENT PATIENT ID: RECEIVED: 19/02/2024 08:44:24 DELHI ABHA NO REPORTED :23/02/2024 15:15:21 **NEW DELHI 110030** 8800465156

Test Report Status Results Biological Reference Interval Units <u>Final</u>

GLOBULIN

GLOBULIN 2.9 2.0 - 3.5g/dL

ELECTROLYTES (NA/K/CL), SERUM

SODIUM, SERUM 142 136 - 145 mmol/L METHOD: ION SELECTIVE ELECTRODE TECHNOLOGY 4.09 3.5 - 5.1POTASSIUM, SERUM mmol/L METHOD: ION SELECTIVE ELECTRODE TECHNOLOGY

CHLORIDE, SERUM 98 - 107 103 METHOD: ION SELECTIVE ELECTRODE TECHNOLOGY

Interpretation(s)

Sodium	Potassium	Chloride
Decreased in:CCF, cirrhosis,	Decreased in: Low potassium	Decreased in: Vomiting, diarrhea,
vomiting, diarrhea, excessive	intake,prolonged vomiting or diarrhea,	renal failure combined with salt
sweating, salt-losing	RTA types I and II,	deprivation, over-treatment with
nephropathy, adrenal insufficiency,	hyperaldosteronism, Cushing's	diuretics, chronic respiratory acidosis,
nephrotic syndrome, water	syndrome,osmotic diuresis (e.g.,	diabetic ketoacidosis, excessive
intoxication, SIADH. Drugs:	hyperglycemia),alkalosis, familial	sweating, SIADH, salt-losing
thiazides, diuretics, ACE inhibitors,	periodic paralysis,trauma	nephropathy, porphyria, expansion of
chlorpropamide,carbamazepine,anti	(transient).Drugs: Adrenergic agents,	extracellular fluid volume,
depressants (SSRI), antipsychotics.	diuretics.	adrenalinsufficiency,
		hyperaldosteronism, metabolic
		alkalosis. Drugs: chronic
		laxative,corticosteroids, diuretics.
Increased in: Dehydration	Increased in: Massive hemolysis,	Increased in: Renal failure, nephrotic
(excessivesweating, severe	severe tissue damage, rhabdomyolysis,	syndrome, RTA,dehydration,
vomiting or diarrhea), diabetes	acidosis, dehydration,renal failure,	overtreatment with
mellitus, diabetesinsipidus,	Addison's disease, RTA type IV,	saline,hyperparathyroidism, diabetes
hyperaldosteronism, inadequate	hyperkalemic familial periodic	insipidus, metabolic acidosis from
water intake. Drugs: steroids,	paralysis. Drugs: potassium salts,	diarrhea (Loss of HCO3-), respiratory
licorice,oral contraceptives.	potassium- sparing diuretics,NSAIDs,	alkalosis, hyperadre no corticism.
	beta-blockers, ACE inhibitors, high-	Drugs: acetazolamide,androgens,
	dose trimethoprim-sulfamethoxazole.	hydrochlorothiazide, salicylates.
Interferences: Severe lipemia or	Interferences: Hemolysis of sample,	Interferences:Test is helpful in
hyperproteinemi, if sodium analysis	delayed separation of serum,	assessing normal and increased anion
involves a dilution step can cause	prolonged fist clenching during blood	gap metabolic acidosis and in
spurious results. The serum sodium	drawing, and prolonged tourniquet	distinguishing hypercalcemia due to
falls about 1.6 mEq/L for each 100	placement. Very high WBC/PLT counts	hyperparathyroidism (high serum
mg/dL increase in blood glucose.	may cause spurious. Plasma potassium	chloride) from that due to malignancy
	levels are normal.	(Normal serum chloride)

Interpretation(s)

Bhinchkhede

Dr. Priyal Chinchkhede, MD **Consultant Pathologist**

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Lab Head

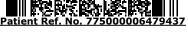




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Agilus Diagnostics Ltd. Mulund Goregoan Link Road Mumbai, 400078 Maharashtra, India CIN - U74899PB1995PLC045956



8800465156



REF. DOCTOR: SELF PATIENT NAME: JAYESH DAYANAND KALAV

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ARCOFEMI HEALTHCARE LTD (MEDIWHEEL PATIENT ID : JAYEM091089181 DRAWN

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GLUCOSE FASTING, FLUORIDE PLASMA-TEST DESCRIPTION

Normally, the glucose concentration in extracellular fluid is closely regulated so that a source of energy is readily available to tissues and sothat no glucose is excreted in the

Increased in: Diabetes mellitus, Cushing's syndrome (10 – 15%), chronic pancreatitis (30%). Drugs: corticosteroids, phenytoin, estrogen, thiazides.

Decreased in :Pancreatic islet cell disease with increased insulin,insulinoma,adrenocortical insufficiency,hypopituitarism,diffusase with increased insulin,insulinoma,adrenocortical insufficiency,hypopituitarism,diffusase,malignancy(adrenocortical,stomach,fibrosarcoma),infant of a diabetic mother,enzyme deficiency diseases(e.g.galactosemia),Drugs-insulin,ethanol,propranolol

sulfonylureas,tolbutamide, and other oral hypoglycemic agents.

NOTE: While random serum glucose levels correlate with home glucose monitoring results (weekly mean capillary glucose values), there is wide fluctuation within individuals.Thus, glycosylated hemoglobin(HbA1c) levels are favored to monitor glycemic control.

High fasting glucose level in comparison to post prandial glucose level may be seen due to effect of Oral Hypoglycaemics & Insulin treatment,Renal Glyosuria,Glycaemic index & response to food consumed,Alimentary Hypoglycemia,Increased insulin response & sensitivity etc.

GLUCOSE, POST-PRANDIAL, PLASMA-High fasting glucose level in comparison to post prandial glucose level may be seen due to effect of Oral Hypoglycaemics & Insulin treatment, Renal Glyosuria, Glycaemic index & response to food consumed, Alimentary Hypoglycemia, Increased insulin response & sensitivity etc. Additional test HbA1c LIVER FUNCTION PROFILE, SERUM-

Bilirubin is a yellowish pigment found in bile and is a breakdown product of normal heme catabolism. Bilirubin is excreted in bile and urine, and elevated levels may give yellow discoloration in jaundice. **Elevated levels** results from increased bilirubin production (eg, hemolysis and ineffective erythropoiesis), decreased bilirubin excretion (eg, obstruction and hepatitis), and abnormal bilirubin metabolism (eg, hereditary and neonatal jaundice). Conjugated (direct) bilirubin is elevated more than unconjugated (indirect) bilirubin in Viral hepatitis, Drug reactions, Alcoholic liver disease Conjugated (direct) bilirubin is also elevated more than unconjugated (indirect) bilirubin when there is some kind of blockage of the bile ducts like in Gallstones getting into the bile ducts, tumors &Scarring of the bile ducts. Increased may be a result of Hemolytic or pernicious anemia, Transfusion reaction & a common metabolic condition termed Gilbert syndrome, due to low levels of the enzyme that attaches sugar molecules to bilirubin.

AST is an enzyme found in various parts of the body. AST is found in the liver, heart, skeletal muscle, kidneys, brain, and red blood cells, and it is commonly measured clinically as a marker for liver health. AST levels increase during chronic viral hepatitis, blockage of the bile duct, cirrhosis of the liver, liver cancer, kidney failure, hemolytic anemia, pancreatitis, hemochromatosis. AST levels may also increase after a heart attack or strenuous activity. ALT test measures the amount of this enzyme in the blood. ALT is found mainly in the liver, but also in smaller amounts in the kidneys, heart, muscles, and pancreas. It is commonly measured as a part of a diagnostic evaluation of hepatocellular injury, to determine liver health.AST levels increase during acute hepatitis, sometimes due to a viral infection, ischemia to the liver, chronic

hepatitis, obstruction of bile ducts, cirrhosis. **ALP** is a protein found in almost all body tissues. Tissues with higher amounts of ALP include the liver, bile ducts and bone. Elevated ALP levels are seen in Biliary obstruction, Osteoblastic bone tumors, osteomalacia, hepatitis, Hyperparathyroidism, Leukemia, Lymphoma, Pagets disease,Rickets,Sarcoidosis etc. Lower-than-normal ALP levels seen

in Hypophosphatasia, Malnutrition, Protein deficiency, Wilsons disease. **GGT** is an enzyme found in cell membranes of many tissues mainly in the liver, kidney and pancreas. It is also found in other tissues including intestine, spleen, heart, brain and seminal vesicles. The highest concentration is in the kidney, but the liver is considered the source of normal enzyme activity. Serum GGT has been widely used as an index of liver dysfunction. Elevated serum GGT activity can be found in diseases of the liver, billiary system and pancreas. Conditions that increase serum GGT are obstructive liver disease, high alcohol consumption and use of enzyme-inducing drugs etc.

Total Protein also known as total protein, is a biochemical test for measuring the total amount of protein in serum. Protein in the plasma is made up of albumin and globulin. Higher-than-normal levels may be due to: Chronic inflammation or infection, including HIV and hepatitis B or C, Multiple myeloma, Waldenstroms disease.Lower-than-normal levels may be due to: Agammaglobulinemia,Bleeding (hemorrhage),Burns,Glomerulonephritis,Liver disease, Malabsorption,Malnutrition,Nephrotic syndrome,Protein-losing enteropathy etc.

Albumin is the most abundant protein in human blood plasma. It is produced in the liver. Albumin constitutes about half of the blood serum protein. Low blood albumin levels (hypoalbuminemia) can be caused by:Liver disease like cirrhosis of the liver, nephrotic syndrome,protein-losing enteropathy,Burns,hemodilution,increased vascular permeability or decreased lymphatic clearance,malnutrition and wasting etc

BLOOD UREA NITROGEN (BUN), SERUM-Causes of Increased levels include Pre renal (High protein diet, Increased protein catabolism, GI haemorrhage, Cortisol, Dehydration, CHF Renal), Renal Failure, Post Renal (Malignancy, Nephrolithiasis, Prostatism)

Causes of decreased level include Liver disease, SIADH.

CREATININE, SERUM-Higher than normal level may be due to:

• Blockage in the urinary tract, Kidney problems, such as kidney damage or failure, infection, or reduced blood flow, Loss of body fluid (dehydration), Muscle problems, such as breakdown of muscle fibers, Problems during pregnancy, such as seizures (eclampsia)), or high blood pressure caused by pregnancy (preeclampsia) Lower than normal level may be due to:• Myasthenia Gravis, Muscuophy

URIC ACID, SERUM-Causes of Increased levels:-Dietary(High Protein Intake,Prolonged Fasting,Rapid weight loss),Gout,Lesch nyhan syndrome,Type 2 DM,Metabolic syndrome Causes of decreased levels-Low Zinc intake,OCP,Multiple Sclerosis
TOTAL PROTEIN, SERUM-is a biochemical test for measuring the total amount of protein in serum.Protein in the plasma is made up of albumin and globulin.

Higher-than-normal levels may be due to: Chronic inflammation or infection, including HIV and hepatitis B or C, Multiple myeloma, Waldenstroms disease. **Lower-than-normal levels may be due to:** Agammaglobulinemia, Bleeding (hemorrhage), Burns, Glomerulonephritis, Liver disease, Malabsorption, Malnutrition, Nephrotic

syndrome, Protein-losing enteropathy etc.

ALBUMIN, SERUM-Human serum albumin is the most abundant protein in human blood plasma. It is produced in the liver. Albumin constitutes about half of the blood serum protein. Low blood albumin levels (hypoalbuminemia) can be caused by: Liver disease like cirrhosis of the liver, nephrotic syndrome, protein-losing enteropathy, Burns, hemodilution, increased vascular permeability or decreased lymphatic clearance,malnutrition and wasting etc.

Bhinchkhede

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Dr.(Mrs)Neelu K Bhojani Lab Head





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Agilus Diagnostics Ltd. Mulund Goregoan Link Road Mumbai, 400078 Maharashtra, India Fax: CIN - U74899PB1995PLC045956





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ARCOFEMI HEALTHCARE LTD (MEDIWHEEL F-703, F-703, LADO SARAI, MEHRAULISOUTH WEST

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CLINICAL PATH - URINALYSIS

MEDI WHEEL FULL BODY HEALTH CHECK UP BELOW 40 MALE

PHYSICAL EXAMINATION, URINE

COLOR PALE YELLOW

METHOD: MICROSCOPIC EXAMINATION

APPEARANCE CLEAR

METHOD: MICROSCOPIC EXAMINATION

CHEMICAL EXAMINATION, URINE

PH 7.5 4.6 - 8.0

METHOD: METHYL RED & BROMOTHYMOL BLUE

SPECIFIC GRAVITY 1.010 1.003 - 1.035
PROTEIN NOT DETECTED NOT DETECTED

METHOD: TETRA BROMOPHENOL BLUE/SULFOSALICYLIC ACID

GLUCOSE NOT DETECTED NOT DETECTED

METHOD : GLUCOSE OXIDASE / PEROXIDASE (GOD - POD) METHOD

KETONES NOT DETECTED NOT DETECTED

METHOD: SODIUM NITROPRUSSIDE REACTION

BLOOD NOT DETECTED NOT DETECTED

METHOD: STRIP TEST - DIAZONIUM SALT COUPLING

UROBILINOGEN NORMAL NORMAL

METHOD: CAFFEINE BENZOATE

NITRITE NOT DETECTED NOT DETECTED

METHOD: STRIP NAPHTHOETHYLENEDIAMINE HYDROCHOLORIDE, TATTANIC ACID

LEUKOCYTE ESTERASE NOT DETECTED NOT DETECTED

METHOD: STRIP HETROCYCLIC CARBOXYLIC ACID ESTER, DIAZONIUM SALT

MICROSCOPIC EXAMINATION, URINE

RED BLOOD CELLS

METHOD: MICROSCOPIC EXAMINATION

PUS CELL (WBC'S)

METHOD: MICROSCOPIC EXAMINATION

EPITHELIAL CELLS

NOT DETECTED

NOT DETECTED

/HPF

// HPF

// HP

METHOD: MICROSCOPIC EXAMINATION

Dr.(Mrs)Neelu K Bhojani Lab Head Dr. Ushma Wartikar, MD Consultant Pathologist Phinchkhede.

Dr.Priyal Chinchkhede, MD Consultant Pathologist





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Agilus Diagnostics Ltd. Mulund Goregoan Link Road Mumbai, 400078 Maharashtra, India Fax:





PATIENT NAME: JAYESH DAYANAND KALAV REF. DOCTOR: SELF CODE/NAME & ADDRESS: C000138394 ACCESSION NO: 0181XB000964 AGE/SEX :34 Years Male ARCOFEMI HEALTHCARE LTD (MEDIWHEEL PATIENT ID DRAWN : JAYEM091089181 F-703, F-703, LADO SARAI, MEHRAULISOUTH WEST CLIENT PATIENT ID: RECEIVED: 19/02/2024 08:44:24 DELHI ABHA NO REPORTED :23/02/2024 15:15:21 **NEW DELHI 110030** 8800465156

Test Report Status <u>Final</u> Results Biological Reference Interval Units

CASTS NOT DETECTED

METHOD: MICROSCOPIC EXAMINATION

CRYSTALS NOT DETECTED

METHOD: MICROSCOPIC EXAMINATION

BACTERIA NOT DETECTED NOT DETECTED

METHOD: MICROSCOPIC EXAMINATION

YEAST NOT DETECTED NOT DETECTED

Interpretation(s)

The following table describes the probable conditions, in which the analytes are present in urine

Presence of	Conditions			
Proteins	Inflammation or immune illnesses			
Pus (White Blood Cells)	Urinary tract infection, urinary tract or kidney stone, tumors or any kind			
	of kidney impairment			
Glucose	Diabetes or kidney disease			
Ketones	Diabetic ketoacidosis (DKA), starvation or thirst			
Urobilinogen	Liver disease such as hepatitis or cirrhosis			
Blood	Renal or genital disorders/trauma			
Bilirubin	Liver disease			
Erythrocytes	Urological diseases (e.g. kidney and bladder cancer, urolithiasis), urinary			
	tract infection and glomerular diseases			
Leukocytes	Urinary tract infection, glomerulonephritis, interstitial nephritis either			
	acute or chronic, polycystic kidney disease, urolithiasis, contamination by			
	genital secretions			
Epithelial cells	Urolithiasis, bladder carcinoma or hydronephrosis, ureteric stents or			
	bladder catheters for prolonged periods of time			
Granular Casts	Low intratubular pH, high urine osmolality and sodium concentration,			
	interaction with Bence-Jones protein			
Hyaline casts	Physical stress, fever, dehydration, acute congestive heart failure, renal			
	diseases			
Calcium oxalate	Metabolic stone disease, primary or secondary hyperoxaluria, intravenous			
	infusion of large doses of vitamin C, the use of vasodilator naftidrofuryl			
	oxalate or the gastrointestinal lipase inhibitor orlistat, ingestion of			
	ethylene glycol or of star fruit (Averrhoa carambola) or its juice			

Dr.(Mrs)Neelu K Bhojani Lab Head Dr. Ushma Wartikar, MD Consultant Pathologist Dr Prival Chinchkhad

Phinchkhede

Dr.Priyal Chinchkhede, MD Consultant Pathologist





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Uric acid	arthritis
Bacteria	Urinary infectionwhen present in significant numbers & with pus cells.
Trichomonas vaginalis	Vaginitis, cervicitis or salpingitis

Dr.(Mrs)Neelu K Bhojani **Lab Head**

Dr. Ushma Wartikar, MD **Consultant Pathologist**

Bhinchkhede.

Dr.Priyal Chinchkhede, MD **Consultant Pathologist**





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Test Report Status Results Biological Reference Interval Units **Final**

SPECIALISED CHEMISTRY - HORMONE

MEDI WHEEL FULL BODY HEALTH CHECK UP BELOW 40 MALE

THYROID PANEL, SERUM

8800465156

80 - 200 ng/dL T3 126.0 METHOD: ELECTROCHEMILUMINESCENCE 5.1 - 14.1 **T4** 7.86 μg/dL METHOD: ELECTROCHEMILUMINESCENCE 0.27 - 4.2μIU/mL TSH (ULTRASENSITIVE) 1.550 METHOD: ELECTROCHEMILUMINESCENCE

Interpretation(s)

Triiodothyronine T3, Thyroxine T4, and Thyroid Stimulating Hormone TSH are thyroid hormones which affect almost every physiological process in the body, including growth, development, metabolism, body temperature, and heart rate.

Production of T3 and its prohormone thyroxine (T4) is activated by thyroid-stimulating hormone (TSH), which is released from the pituitary gland. Elevated concentrations of T3, and T4 in the blood inhibit the production of TSH.

Excessive secretion of thyroxine in the body is hyperthyroidism, and deficient secretion is called hypothyroidism.

In primary hypothyroidism, TSH levels are significantly elevated, while in secondary and tertiary hypothyroidism, TSH levels are low. Below mentioned are the guidelines for Pregnancy related reference ranges for Total T4, TSH & Total T3. Measurement of the serum TT3 level is a more sensitive test for the diagnosis of hyperthyroidism, and measurement of TT4 is more useful in the diagnosis of hypothyroidism. Most of the thyroid hormone in blood is bound to transport proteins. Only a very small fraction of the circulating hormone is free and biologically active. It is advisable to detect Free T3, Free T4 along with TSH, instead of testing for albumin bound Total T3, Total T4.

Sr. No.	TSH	Total T4	FT4	Total T3	Possible Conditions
1	High	Low	Low	Low	(1) Primary Hypothyroidism (2) Chronic autoimmune Thyroiditis (3)
					Post Thyroidectomy (4) Post Radio-Iodine treatment
2	High	Normal	Normal	Normal	(1)Subclinical Hypothyroidism (2) Patient with insufficient thyroid
					hormone replacement therapy (3) In cases of Autoimmune/Hashimoto
					thyroiditis (4). Isolated increase in TSH levels can be due to Subclinical
					inflammation, drugs like amphetamines, Iodine containing drug and
					dopamine antagonist e.g. domperidone and other physiological reasons.
3	Normal/Low	Low	Low	Low	(1) Secondary and Tertiary Hypothyroidism
4	Low	High	High	High	(1) Primary Hyperthyroidism (Graves Disease) (2) Multinodular Goitre
					(3)Toxic Nodular Goitre (4) Thyroiditis (5) Over treatment of thyroid
					hormone (6) Drug effect e.g. Glucocorticoids, dopamine, T4
					replacement therapy (7) First trimester of Pregnancy
5	Low	Normal	Normal	Normal	(1) Subclinical Hyperthyroidism

Dr.(Mrs)Neelu K Bhojani Lab Head

Phinchkhede

Dr.Priyal Chinchkhede, MD **Consultant Pathologist**

Dr. Ushma Wartikar, MD **Consultant Pathologist**

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6	High	High	High	High	(1) TSH secreting pituitary adenoma (2) TRH secreting tumor
7	Low	Low	Low	Low	(1) Central Hypothyroidism (2) Euthyroid sick syndrome (3) Recent
					treatment for Hyperthyroidism
8	Normal/Low	Normal	Normal	High	(1) T3 thyrotoxicosis (2) Non-Thyroidal illness
9	Low	High	High	Normal	(1) T4 Ingestion (2) Thyroiditis (3) Interfering Anti TPO antibodies

REF: 1. TIETZ Fundamentals of Clinical chemistry 2.Guidlines of the American Thyroid association during pregnancy and Postpartum, 2011. **NOTE: It is advisable to detect Free T3,FreeT4 along with TSH, instead of testing for albumin bound Total T3, Total T4.**TSH is not affected by variation in thyroid - binding protein. TSH has a diurnal rhythm, with peaks at 2:00 - 4:00 a.m. And troughs at 5:00 - 6:00 p.m. With ultradian variations.

Dr.(Mrs)Neelu K Bhojani Lab Head

Dr.Priyal Chinchkhede, MD Consultant Pathologist

Bhinchkhede

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