	NAME: Chimmaya Nayak	AGE/SEX: 41 male	
Í topato nome	PACKAGE NAME: Amnual plus Abou	ve 50 male.	_
र	TEST INCLUSION	SIGNATURE OF TEST	
NO	TEST INCLUSION	CONDUCTING EMPLYEE	
1	FASTING BLOOD V	Doubi	10.80 pm
2	POST PRANDIAL BLOOD V	Palent	Pm
3	URINE	· Rolls	12.30 pm
4	PAP SMEAR PSA. ~	Paleti	
5	CHEST XRAY		
6	ECG	Many	
7	TMT	shwata	
8	ULTRASOUND ABDOMEN	W.	
9	GENERAL CONSULTATION (PHYSICIAN ,		
J	DENTAL, EYE, ENT)	1	
10	DIETICIAN CONSULTATION	No.	
1.1	POST CONSULTATION WITH ALL REPORTS		
	WITH MD DOCTOR		
1	COMPLIMENTARY BREAKFAST INCLUDED	Londine	

T V



APEX SUPERSPECIALITY HOSPITALS

CASHLESS FACILITY

NEUROSURGEON

Dr. Darpan Thakare

Dr. Sameer Parikh

Tues & Thurs: 03:00 pm to 04:00 pm

Tues & Thurs: 03:00 pm to 04:00 pm

MEDICAL ONCOLOGIST

Dr. Ashish Joshi Thurs: 09:00 am to 10:00 am

Dr. Pradip Kendre

ONCOSURGEON

Dr. Praveen Kammar

OPHTHALMOLOGIST Dr. Anurag Agarwal

Dr. Kishor Khade

Dr. Prasan Mahajan

Dr. Sunila Nagvekar Fri: 62:00 pm to 63:00 pm

PAEDIATRIC SURGEON

Dr. Yogendra Sanghavi

Dr. Simit Vora

Dr. Virendra Yadav

Or Maunii Bhuta

Dr. Kunal Arora

INTERVENTIONAL VASCULAR

Mon to Sat: 09.00

A Superspeciality Hospital

L. T. Road, Besides Punjab & Sind Bank, Babhai Naka, Borivali (W), Mumbai 400091.

email: info@apexhospitals.in www.apexgroupofhospitals.com visit website googleman 回义间

Tele.: 022 - 2898 6677 / 46 / 47 / 4

INTERVENTIONAL CARDIOLOGIST

Dr. Hemant Khemani Mon to Fri: 18.00 am to 11:00 am

Dr. Rajiv Sharma Fri: on appointment

CARDIAC SURGEON

Dr. Shridhar Padagati to Sat: 98:00 pm to 99:00 pm Dr. Sagar Kedare

n to Sat: 08:00 pm to 09:00 pm

GENERAL PHYSICIAN

Dr. Chirag Shah Mon to Sat: 11:39 am to 01:00 pm Dr. Shreva Mehta

it: 01:00 pm to 63:00 pm Dr. Priyank Jain n to Sat; 01:00 pm to 03:00 pm

CHEST PHYSICIAN

Dr. Parthiy Shah : 09:00 am to 10:30 am

Dr. Kinjai Modi urs: 01.00 pm to 03.00 pm

REPLACEMENT SURGEON AND SPORT INJURIES

Dr. Amit Munde to Sun: 05:00 pm to 07:00 pm

Dr. Vividh Makwana Mon to Sat: 11:00 am to 12:00 pm

Dr. Rhavin Doshi

Sat: 09:00 pm to 10:00 pm Dr. Arpit Dave

E 05:00 pm to 07:00 pm

Dr. Deepak Shaskar

Dr. Raunak Shah

Dr. Sandip Vyas Mon to Sat: 95.30 pm to 97.30 pm

MEDICAL GASTROENTROLOGIST HEPATOLOGIST, ENDOSCOPIST

Or. Darshil Shah

Mon to Fri: 69:00 am to 16:00 am 08:00 pm to 07:00 pm

Dr. Siddhesh Rane

APROSCOPIC SURGEON

Dr. Aditi Agarwal Mon to Sat: 05:00 pm to 07:00 pm

Dr. Amoi Patil

Dr. Geeta Ghag

DIABETIC FOOT SURGEON

Dr. Shrikant Bhoyar Won to Sat: 02:00 pm to 94:00 pm

LAPROSCOPIC GYNAECOLOGIST

Dr. Hemashri Patel Sat: 05:00 pm to 97:00 pm

Dr. Rashmi Padwalkar

NEPHROLOGIST

Dr. Amit Jain to Sat: 10:00 am to 11:00 am

Dr. Ankit Mody Mon, Wed & Fri: 05:00 pm to 07.00 pm

Dr. Umesh Khanna to Sat: 68:06 pm to 69:06 pm

Dr. Akash Shingada om to 69:66 or mo

Dr. Paras Deshiya

URO SURGEON

Dr. Saket Sathe to Sat: on appointment Dr. Rushabh Daga

Dr. Aniket Shirke o Sat: on appointment

NEUROLOGIST

Dr. Mehoob Basale Saturday: 02.00 pm to 04.00 pm Mon to Fri: on appointment

Dr. Gauray Kusundara Mon to Wed: 08:30 am to 99:30 pm

ClorAcidity

KICLO- NO

yeunko

Dr. Vivek Patel Mon. Wed & Fri : 67.66 nm to 68.66 nm wite - 66.9 top HAEMATOLOGIST Shraddha Thakkar

H-163cm

BP-130180

spg- 98%

Puls e - 78 m Mon, Wed & Sat: 05:00 pm to 07:00 pm

No any Surgiced histore

16-CN

- Hen, peakness

PIA - SOFt

General

Examination

Mon, Wed & Fri : 07:00 pm to 08:00 pm Dr. Sneha Mahajan Dr. Rachana Mehta Shroff Mon to Sat 03.00 pm to 04.00 pi Dr. Sonal Devangan

> PSYCHIATRIST Dr. Pratik Surandashe Dr. Payal Sharma Kamat Tue, Thru & Fri: 09:00 am to 11:00 am

CLINICAL PSYCHOLOGIST Hemangi Mhapolkar Sun: 01:00 pm to 04:00 pm

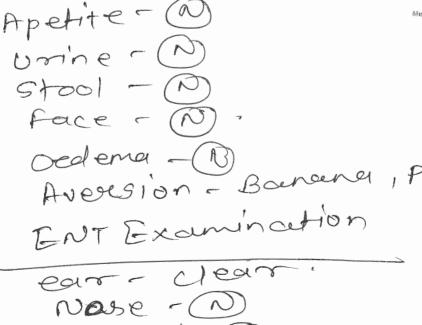
COSMETOLOGIST

ANETHISIST Dr. Sagar Yesale Mon to Sat: 08:00 am to 04:00 pm

RADIOLOGIS] Dr. Soumil Pandya Mon to Sat; 06 Dr. Forum Kothari Mon to Sat; 06:00 pm to 08:00 pm Dr. Deep Vora Mon to Sal: 09:00 pm to 09:30 pm

DIETICIAN Ms. Sakshi Gupta Mon to Sat: 08:00 am to 04:00 pm

PHYSIOTHERAPIST Dr. Manal Alvi Mon to Sat: 09:60 am to 04:00 pm



opthed Examination

- For vision _ Bluming of vision - Near vision _ Clear.

- Colour vision - yellow cloured blind Left eyes (0.75). Aspects No-Right eyes (-1.25). Aspects No-



Apex Super Speciality Hospitals

Shantagarga Mangesi Charity Trusi Medical Centre 195-5, L. L. Road. Beside Punjab & Shel Bank, Babuta, Rozivali (W), Mombal-40009) 24 (022-250866) 246/47 ak Web apergroupothispenis com Lee) medical edinin addical cocknopadds in

Diet Chart

Age/Sex

: HC232400008 : 41/Male

Department

-BMI and IBW calculation

: Rmo

: High protein diet Diet Chart

Height BMI Category : 165 Cms : Normal Weight : FULL DIET , HIGH : PROTEIN

ASH232404347 Nayak Chinmaya Dahisar East

24-Feb-2024 GUPTA SAKSHI SATISH

Weight TRW

: 66.9 Kgs . 65

: 24.57

Diagnosis: c/o- Weight management

Early Morning:

1 cup tea/ coffee/black coffee/ tonned milk (withoutsugar) (preferable avoid)

Breakfast:

Patient

Address

Dietician

MNT

1 bowl upma/ poha/ daliya upma **OR** 2 small rava **or** moong dal idli/ 1 dosa with vegetable

sambar OR 1 bowl oats in milk/water - (1 OR 2 Egg whites - everyday)

Mid-morning:

1 fruit (Avoid fruit juices and fruits like banana, chickoo, custard apple, jackfruit, mango,

coconut water and sugarcane juice) / Truhanz HP - 2 Scoop in 100ml Water/Milk

Lunch:

1 bowl raw vegetable salad -

2 small roti/ 1 bhakri (jowar/Mutigrain)

1 bowl bhaji / Pulse sabji (1 Pulse needs to be added-moong, matki, soyabean, soychunks)

1 bowl thick dal/ 1 medium piece of chicken or fish or egg preparation in curry

1 bowl rice - (Preferable avoid/ once a week/ optional) OR 1 bowl vegetable dailya khichdi with vegetables

1 bowl curd/1 glass Buttermilk

Evening snack:

1 cup tea/ coffee/ tonned milk/1 besan chilla **OR** 1 bowl boiled sprouts **OR** 1 vegetable egg/besan

omelette with chapatti OR 1 rava/moong chilla with curd

Mid-evening:

1 bowl dal OR vegetable soup / Chicken soup/ Add Truhanz Hp - 1scoop in water

Dinner:

1 bowl raw vegetable salad

2 small roti/ 1 bhakri (jowar/Mulitgrain)

1 bowl bhaji + Pulse Sabji

1 bowl thick dal

OR 1 bowl vegetable dailya khichdi with vegetables/ Pulses Pulavo with vegetable

Bed time:

Remarks: Drink ample of fluids, upto 3 litres of water daily

Follow small frequent and regular meal pattern. Do not miss meals.

Oil usage ½ litre per month, i.e. 3 teaspoon a day. Preferably mustard oil, sesame oil or rice bran oil.

Salt usage to 3gm. i.e. ½ teaspoon a day.

Include more green leafy vegetables, fruits and pulses in the diet.

Include **calcium** rich foods like milk and milk product, nuts, seeds, etc.

Make sure you get ample of exposure to sunlight for **Vitamin D**.

Avoid red meats like mutton, pork and beef.

Avoid processed foods, refined flour products and fried food. Restrict bakery products.

Avoid all sources of extra salt like sauces, pickles, papads, chutneys, chips, etc.

Avoid all sources of simple sugars like white sugar, brown sugar honey, jaggery.

For detailed diet counselling: Consult Dietician Sakshi Gupta in OPD with prior appointment.







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Tele.: 022 - 2898 6677 / 46 / 47 / 48

Patient

: Nayak Chinmaya

UHID

: ASH232404347

Age/Sex

: 41/Male

ID

: HC232400008

Consultant Dr

: GUJAR NEERAJ

Registered On

:

Referring Dr

. .

Reported On

: 24-Feb-2024

Collection Centre

: Apex Hospital

COMPLETE BLOOD COUNT

Test	Result	Normal Value
HAEMOGLOBIN	14.4 Gm%	13.5-18.0 Gm%
RBC Count	4.64 Millions/cumm	4.0-6.0 Millions/cumm
PCV	41.8 %	37-47 %
MCV	90.09 FI	78-100 Fl
MCH	H <u>31.03 Pg</u>	27-31 Pg
MCHC	34.45 %	32-35 %
RDW	11.4 %	11-15 %
Total WBC Count	5600 /C.MM	4000-11000 /C.MM
Differencial Count		
Neutrophils	52 %	40-75 %
Eosinophils	03 %	01-06 %
Basophils	00 %	00-01 %
Lymphocytes	40 %	20-45 %
Monocytes	05 %	01-10 %
BANDCELLS	00 %	00-03 %
Abnormallities Of WBC	NORMAL	Comp.
Abnormallities Of RBC	NORMOCYTIC NORMOCHROM	IC
PLATELET COUNT	266 X 10^3/cumm	150-450 X 10^3/cumm
PLATELET ON SMEAR	ADEQUATE ON SMEAR	
MPV	10.5 Fl	7.0-11.0 FI
	HEMATOLOGY	
Test	Result	Normal Value
ESR	H <u>26 nim/hr</u>	0 - 10 mm/hr

Remarks : **

Note:- The test result are subject to variations due to technical limitations hence co-relation with clinical findings & other investigations should be done.

Run By
Lab Technician

Checked By Biochemist

Pathologist
DR.GUJAR NEERAJ VILAS
MD PATHOLOGY







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email: info@apexhospitals.in | www.apexgroupofhospitals.com



Tele.: 022 - 2898 6677 / 46 / 47 / 48

Patient

: Nayak Chinmaya

UHID

: ASH232404347

Age/Sex

: 41/Male

ID

: HC232400008

Consultant Dr

: GUJAR NEERAJ

Registered On Reported On

: 24-Feb-2024

Referring Dr Collection Centre

: Apex Hospital

HEMATOLOGY

Test

Result

Normal Value

BLOOD GROUP

"О"

Rh FACTOR

POSITIVE

Remarks: *

Note:- The test result are subject to variations due to technical limitations hence co-relation with clinical findings & other investigations should be done.

Run By

Lab Technician

Checked By

Biochemist

Pathologist

DR.GUJAR NEERAJ VILAS







L. T. Road, Besides Punjab & Sind Bank, Babhai Naka, Borivali (W), Mumbai 400091.

email: info@apexhospitals.in | www.apexgroupofhospitals.com



Tele.: 022 - 2898 6677 / 46 / 47 / 48

Patient Age/Sex : Nayak Chinmaya

UHID

: ASH232404347

Committee

: 41/Male

ID

: HC232400008

Consultant Dr

: GUJAR NEERAJ

Registered On

04 E 1 200

Referring Dr

:

Reported On

: 24-Feb-2024

Collection Centre

: Apex Hospital

FASTING BLOOD SUGAR

Test

Result

Normal Value

FBS

88.27 Mg/dl

70-110 Mg/dl

URINE SUGAR

ABSENT

URINE KETONES

ABSENT

POST LUNCH BLOOD SUGAR

Test

Result

Normal Value

PLBL (2 HOUR AFTER FOOD)

100.0 Mg/dl

70-140 Mg/dl

URINE SUGAR (PP)

SNR

URINE KETONE (PP)

SNR

Remarks: **

Note:- The test result are subject to variations due to technical limitations hence co-relation with clinical findings & other investigations should be done.

Run By
Lab Technician

Checked By Biochemist Pathologist

DR.GUJAR NEERAJ VILAS







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Tele.: 022 - 2898 6677 / 46 / 47 / 48

Patient

: Nayak Chinmaya

UHID

: ASH232404347

Age/Sex

: 41/Male

ID

: HC232400008

Consultant Dr

: GUJAR NEERAJ

Registered On Reported On

: 24-Feb-2024

Referring Dr Collection Centre

: Apex Hospital

LIPID PROFILE

	LIPID PROFILE			
Test	Result	Normal Value		
TOTAL CHOLESTEROL	184.7 Mg%	150-250 Mg%		
TRIGLYCERIDES	145.0 Mg%	35-160 Mg%		
HDL CHOLESTEROL	39.41 Mg%	30-70 Mg%		
VLDL CHOLESTEROL	29.00	7-35		
LDL CHOLESTEROL	116.29 Mg%	108-145 Mg%		
TC/HDL CHOL RATIO	4.69	3.5-5.0		
LDL/HDL RATIO	2.95	1.1-3.9		

Remarks: *

Note:- The test result are subject to variations due to technical limitations hence co-relation with clinical findings & other investigations should be done.

Run By

Lab Technician

Checked By

Biochemist

Pathologist

DR.GUJAR NEERAJ VILAS







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Tele.: 022 - 2898 6677 / 46 / 47 / 4

Patient

: Nayak Chinmaya

UHID

: ASH232404347

Age/Sex

: 41/Male

ID

: HC232400008

Consultant Dr

: GUJAR NEERAJ

Registered On

:

Referring Dr

:

Reported On

: 24-Feb-2024

Collection Centre

: Apex Hospital

RENAL FUNCTION TEST

Test	Result	Normal Value
SERUM CREATININE	0.83 Mg/dl	0.6-1.6 Mg/dl
URIC ACID	4.70 Mg/dl	2.5-7.7 Mg/dl
BLOOD UREA NITROGEN / BUN	12.85 Mg/dl	0-23 Mg/dl

Remarks: *

Note:- The test result are subject to variations due to technical limitations hence co-relation with clinical findings & other investigations should be done.

Run By Lab Technician Checked By

Biochemist

Pathologist

DR.GUJAR NEERAJ VILAS







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Patient

: Nayak Chinmaya

UHID

: ASH232404347

Age/Sex

: 41/Male

ID

: HC232400008

Consultant Dr

: GUJAR NEERAJ

Registered On Reported On

: 24-Feb-2024

Referring Dr Collection Centre

: Apex Hospital

LIVER FUNCTION TEST

	ELVER CITETION IEST	
Test	Result	Normal Value
TOTAL BILIRUBIN	0.74 Mg/dl	0.1-1.2 Mg/dl
DIRECT BILIRUBIN	0.21 Mg/dl	0.0-0.3 Mg/dI
INDIRECT BILIRUBIN	0.53 Mg/dl	0.1-1.0 Mg/dl
SGOT	17.45 Iu/l	5-40 Iu/I
SGPT	21.47 Iu/l	5-40 Iu/I
SERUM ALKALINE PHOSPHATES	73.48 U/l	25-147 U/I
SERUM PROTEINS TOTAL	6.63 Gm%	6.0-8.2 Gm%
SERUM ALBUMIN	3.72 Gm%	3.0-5.0 Gm%
SERUM GLOBULIN	2.91 Gm%	1.9-3.5 Gm%
ALBUMIN : GLOBULIN RATIO	1.28 Mg/dl	0.9-2.0 Mg/dl
GAMMA GT	25.08 Iu/l	5-45 Iu/l

emarks:*

Note:- The test result are subject to variations due to technical limitations hence co-relation with clinical findings & other investigations should be done.

Lab Technician

Checked By

Biochemist

Pathologist DR.GUJAR NEERAJ VILAS







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email: info@apexhospitals.in | www.apexgroupofhospitals.com

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Tele .: 022 - 2898 6677 / 46 / 47 / 41

Patient

: Navak Chinmaya

UHID

: ASH232404347

Age/Sex

: 41/Male

ID

: HC232400008

Consultant Dr

: GUJAR NEERAJ

Registered On Reported On

: 24-Feb-2024

Referring Dr Collection Centre

: Apex Hospital

URINE ROUTINE

Result

Normal Value

PHYSICAL EXAMINTION

QUANTITY

20 M1

Mi

COLOUR

Test

PALE YELLOW

APPEARANCE

SLIGHTLY HAZY

DEPOSIT

ABSENT

REACTION [PH]

ACIDIC

SPECIFIC GRAVITY

1.015

CHEMICAL EXAMINATION

URINE ALBUMIN

ABSENT

SUGAR

ABSENT

KETONE BODIES

ABSENT

OCCULT BLOOD

ABSENT

BILE PIGMENT

ABSENT

BILE SALT

ABSENT

MICROSCOPIC EXAMINATION OF CENTRE

RED BLOOD CELLS

ABSENT /hpf

/hpf

PUS CELLS

CASTS

CRYSTALS

SPERMATOZOA

YEAST CELLS

TRICHOMONAS VAGINALIS

1-2 /hpf 2-3 /hpf /hpf /hpf

EPITHELIAL CELLS

ABSENT

ABSENT

ABSENT

ABSENT

ABSENT

ABSENT ABSENT

AMORPHOS DEPOSITS BACTERIA

Remarks: *

Note:- The test result are subject to variations due to technical limitations hence co-relation with clinical findings & other investigations should be done.

Lab Technician

Cliecked By Biochemist

Pathologist DR.GUJAR NEERAJ VILAS



ISO 9001-2015 Certified

Patient Id: PVD04223-24/68192 Patient : MR CHINMAYA NAYAK

Age/sex : 41 Yrs/ Male

Center : APEX SUPERSPECIALITY HOSPITALS

Ref. By : Self Sample ID

: 24026700

Reg. Date

: 24/02/2024

Report Date

: 24/02/2024

Case No.



HBA1C-GLYCOSYLATED HAEMOGLOBIN

Test Description	Result	Unit	Biological Reference Range
HbA1c- (EDTA WB)	5.8	%	< 5.6 Non-diabetic 5.7-6.4 Pre-diabetic > 6.5 Diabetic
Estimated Average Glucose (eAG) Method : HPLC-Biorad D10-USA	119.76	mg/dL	

INTERPRETATION

- 1. HbA1c is used for monitoring diabetic control. It reflects the estimated average glucose (eAG).
- 2. HbA1c has been endorsed by clinical groups & ADA (American Diabetes Association) guidelines 2017, for diagnosis of diabetes using a cut-
- 3. Trends in HbA1c are a better indicator of diabetic control than a solitary test.
- Low glycated haemoglobin(below 4%) in a non-diabetic individual are often associated with systemic inflammatory diseases, chronic anaemia(especially severe iron deficiency & haemolytic), chronic renal failure and liver diseases. Clinical correlation suggested.
- To estimate the eAG from the HbA1C value, the following equation is used: eAG(mg/dl) = 28.7*A1c-46.7
- Interference of Haemoglobinopathies in HbA1c estimation.
- A. For HbF > 25%, an alternate platform (Fructosamine) is recommended for testing of HbA1c.
- B. Homozygous hemoglobinopathy is detected, fructosamine is recommended for monitoring diabetic status
- C. Heterozygous state detected (D10/ Tosho G8 is corrected for HbS and HbC trait).
- 7. In known diabetic patients, following values can be considered as a tool for monitoring the glycemic control.

Excellent Control - 6 to 7 %,

Fair to Good Control - 7 to 8 %

Unsatisfactory Control - 8 to 10 %

and Poor Control - More than 10 %.

Note: Haemoglobin electrophoresis (HPLC method) is recommended for detecting hemoglobinopathy

-----End Of Report---

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> DR. SANDEEP B. PORWAL MBBS MD (Path) Mumbai MMC Reg no 2001031640



ISO 9001-2015 Certified

Patient ld : PVD04223-24/68192

Patient : MR CHINMAYA NAYAK

Age/sex : 41 Yrs/ Male

Center : APEX SUPERSPECIALITY HOSPITALS

Ref. By : Self

Sample ID

: 24026700

Reg. Date

: 24/02/2024

Report Date

: 24/02/2024

Case No.



IMMUNOASSAY

Test Description	Result	Unit	Biological Reference Range
TOTAL T3 T4 TSH (TFT)			
T3 (Triiodothyronine)	130.45	ng/dl	83-200
T4 (Thyroxina)	8.02	ug/dL	For Pregnant females: First Trim: 104.8 - 229.8 2nd Trim: 128.9 - 262.3 Third trim: 135.4 - 261.7 5.13 - 14.10
T4 (Thyroxine)	6.02	ug/aL	For Pregnant females: First Trim: 7.33 - 14.8 Second Trim: 7.93 - 16.1 Third Trim: 6.95 - 15.7
TSH(Thyroid Stimulating Hormone)	2.95	uIU/ml	0.27 - 4.20

Method : ECLIA

INTERDRETATION

INTERPRETATION TSH	T3 / FT3	T4 / FT4	Suggested Interpretation for the Thyroid Function Tests Pattern
Within	Decreased	Within Range	• Isolated Low T3-often seen in elderly & associated Non-Thyroidal illness. In elderly the drop in T3 level can be upto
Range			25%.
Raised	Within Range	Within Range	 Isolated High TSHespecially in the range of 4.7 to 15 mIU/ml is commonly associated with Physiological & Biological TSH Variability. Subclinical Autoimmune Hypothyroidism Intermittent T4 therapy for hypothyroidism Recovery phase after Non-Thyroidal illness"
Raised	Decreased	Decreased	Chronic Autoimmune Thyroiditis Post thyroidectomy, Post radioiodine Hypothyroid phase of transient thyroiditis"
Raised or within Range	Raised	Raised or within Range	Interfering antibodies to thyroid hormones (anti-TPO antibodies) Intermittent T4 therapy or T4 overdose Drug interference- Amiodarone, Heparin, Beta blockers, steroids, anti-epileptics"
Decreased	Raised or within Range	Raised or within Range	 Isolated Low TSH -especially in the range of 0.1 to 0.4 often seen in elderly & associated with Non-Thyroidal illness Subclinical Hyperthyroidism Thyroxine ingestion
Decreased	Decreased	Decreased	Central Hypothyroidism Non-Thyroidal illness Recent treatment for Hyperthyroidism (TSH remains suppressed)"
Decreased	Raised	Raised	Primary Hyperthyroidism (Graves' disease), Multinodular goitre, Toxic nodule Transient thyroiditis: Postpartum, Silent (lymphocytic), Postviral (granulomatous, subacute, DeQuervain's), Gestational thyrotoxicosis with hyperemesis gravidarum"
Decreased or within Range	Raised	Within Range	•T3 toxicosis •Non-Thyroidal illness

-----End Of Report-----

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DR. SANDEEP B. PORWAL MBBS MD (Path) Mumbai MMC Reg no 2001031640



ISO 9001-2015 Certified

Patient ld : PVD04223-24/68192

Patient : MR CHINMAYA NAYAK

Age/sex : 41 Yrs/ Male

Center : APEX SUPERSPECIALITY HOSPITALS

Ref. By : Self

Sample ID

: 24026700

Reg. Date Report Date : 24/02/2024 : 24/02/2024

Case No.

Case No.



PROSTATE SPECIFIC ANTIGEN

Test Description	Result	Unit	Biological Reference Range
PSA (Prostate Specific Antigen)-Serum Total	0.61	ng/ml	Conventional for all ages: 0 - 4 69- 80 Years: 0 - 6.5 Above 80 yrs: 0 - 7.2

Method : ECLIA

INTERPRETATION:

Prostate-specific antigen (PSA) is a glycoprotein that is produced by the prostate gland, the lining of the urethra, and the bulbourethral gland. PSA exists in serum mainly in two forms, complexed to alpha-1-anti chymotrypsin (PSA-ACT complex) and unbound (free PSA). Increases in prostatic glandular size and tissue damage caused by benign prostatic hypertrophy, prostatitis, or prostate cancer may increase circulating PSA levels. Transient increase in PSA can also be seen following per rectal digital or sonological examinations.

-----End Of Report-----

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DR. SANDEEP B. PORWAL MBBS MD (Path) Mumbai MMC Reg no 2001031640

UNI-EM	ELECTRONICS COMPLEX	INDORE
--------	---------------------	--------

TREADMILL TEST REPORT

chimmaya nayak II DATE

: 2<u>2</u>274 : 24/02/2024

41 /M 163 / 6" ACE/SEX : H./WT R.F.BY

: Bruce HISTORY PROTOCOL

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Stage 1 Stage 2 Stage 3 PK-EXERCISE RECOVERY

RECOVERY

HYPERVENT SUPINE STANDING

4.67 7.04 9.92 10.47

- 4.00 - 2.1 - 2.84 - 89

METS

ST LEVEL (MM)

RPP

8. P

GRADE

SPEED Km/Hr

STAGE

TOTAL

PHASE

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MAX WORK LOA

88 % of target heart rate 179 bpm mm Hg 9:21 159 bpm 130 / 80 We/kmm/k 2 3 REASON OF TERMINATION MAX HEART RATE MAX BLOOD PRESSURE

BP RESPONSE ARRYTHMIA

EXERCISE DURATION

RESULTS

IMPRESSIONS

H.R. RESPONSE

Technician

UNI-EM, Indore, Tel.: +91-731-4030035, Fax: +91-731-4031180,E-Mail: em@electromedicals,net; Web: www.uni-em.com, TMT Ver.15.0.3

UNI-EM

PRETEST SUPINE

RATE 90bpm B.P. 130/80

chimmaya nayak I.D. 22274 Age 41/M Date 24/02/2024

ST @ 10mm/mV 80ms PostJ

LINKED MEDIAN

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PRETEST STANDING

RAIE 88bpm B.P. 130/80

chimmaya nayak I.D. 22274

41/M

Age

ST @ 10mm/mV 80ms PostJ

LINKED MEDIAN

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UNI-EM

PRETEST HYPERVENT

RAIE 89bpm B.P. 130/80

chimmaya nayak I.D. 22274

ST @ 10mm/mV 80ms PostJ

LINKED MEDIAN

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LINKED MEDIAN

Speed 2.7 km/hr ST @ 10mm/mV 80ms PostJ

UNI-EM

Stage 1 Bruce

RATE 146bpm B.P. 130/80

Date 24/02/2024

chimmaya nayak I.D. 22274 41/M

Sconord Colors

UNI-EM

LINKED MEDIAN

Speed 4 km/hr SLOPE 12 %

TOTAL TIME 5:55 PHASE TIME 2:55

Stage 2

RATE 128bpm B.P. 130/80

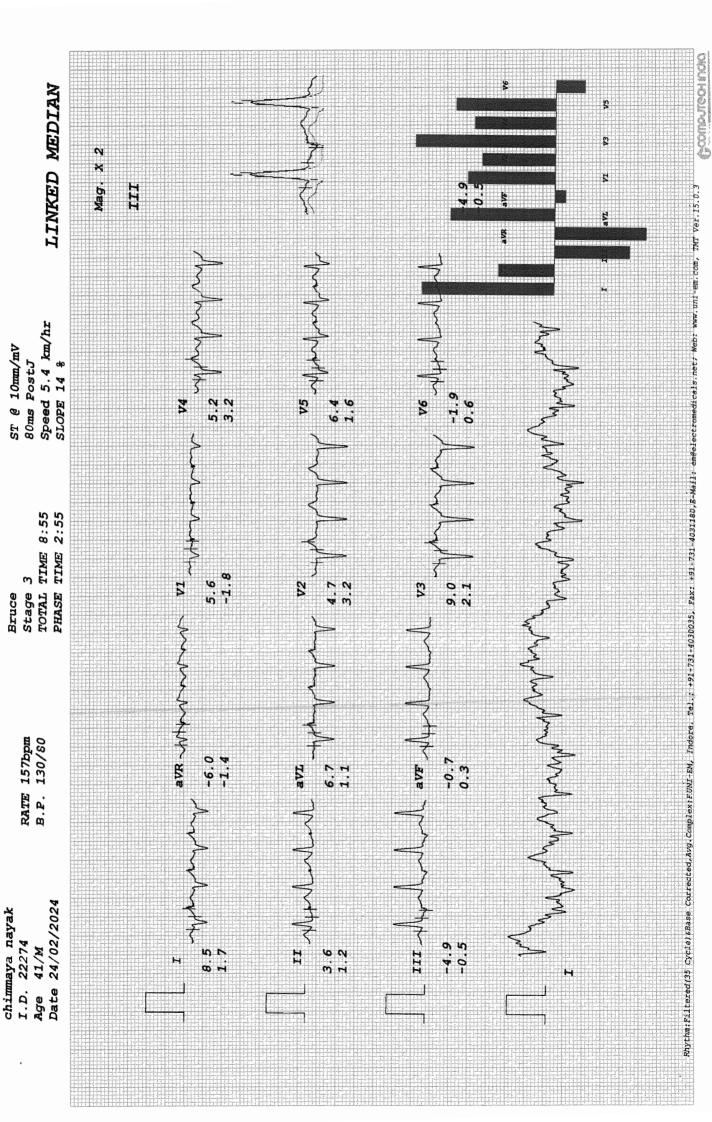
Date 24/02/2024

Age

chimmaya nayak I.D. 22274 41/M

Bruce

ST @ 10mm/mV 80ms PostJ



UNI-EM

× Mag III SLOPE 16 8 TOTAL TIME 9:21 PHASE TIME 0:21

LINKED MEDIAN

Speed 6.7 km/hr

ST @ 10mm/mV 80ms PostJ

UNI-EM

PK-EXERCISE

RATE 159bpm B.P. 130/80

Date 24/02/2024

Age

chimmaya nayak I.D. 22274 41/M Rhythm:Filtered(35 Cycle)#Base Corrected.Myg.Complex:FUNT-EW, Indore, Tel. 1+91-731-4030035; Fax: +91-731-403180, E-Wail: em@electromedicals.net/Web.www.uni-em.com, TMT Ver.15.0.3

2

III

LINKED MEDIAN

ST @ 10mm/mV 80ms PostJ

RECOVERY

RATE 102bpm B.P. 130/80

Date 24/02/2024

Age

chimmaya nayak I.D. 22274 41/M

UNI-EM

TOTAL TIME 12:26 PHASE TIME 2:55

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Riythm:Filtered(35 Cycle16Base Corrected,Avg.Complex:FUNL-EM, Indore. Tel:: +91+731-4030035; Fax: +91-731-403180,E-Mail;

75

RATE 101bpm B.P. 130/80

chimmaya nayak I.D. 22274 41/M

Age

TOTAL TIME 12:59 PHASE TIME 3:28 RECOVERY

ST @ 10mm/mV 80ms PostJ

LINKED MEDIAN Date 24/02/2024

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aVR 11 73 3.8 1.6 aVE 6 H 0 0 8

RDythmiritered(35 Cycle) Flase Corrected, Avg. Complex: FUMT-EM, Indore. Tel.: +91,731,4030035; Fax: +91,731,4031180; B-Mail: emgelectiomedicals.net; Web. www.uni-en.com, TMT Ver. 15:0.3







L. T. Road, Besides Punjab & Sind Bank, Babhai Naka, Borivali (W), Mumbai 400091.

email: info@apexhospitals.in | www.apexgroupofhospitals.com



Tele.: 022 - 2898 6677 / 46 / 47 / 4

UHID

: ASH232404347 ID

: HC232400008 Date

: 24-Feb-2024

Patient

Nayak Chinmaya

Age/Sex: 41/Male

Referred By

: Rmo

Company:

DIGITAL X-RAY CHEST <PA> VIEW

The lung on either side shows equal translucency and exhibit normal vasculature

The pleural spaces are normal.

Both hila are normal in size, have equal density and bear normal relationship.

The cardiac size is normal.

Trachea is central in position and no mediastinal abnormality is visible.

Bony thorax is normal.

IMPRESSION:

· No significant abnormality.

DR. PANDYA SAUMIL

MD,D.N.B

RADIOLOGIST







L. T. Road, Besides Punjab & Sind Bank, Babhai Naka, Borivali (W), Mumbai 400091.

email: info@apexhospitals.in | www.apexgroupofhospitals.com



Tele.: 022 - 2898 6677 / 46 / 47 / 4

UHID

: ASH232404347 ID

: HC232400008

Date

: 24-Feb-2024

Patient

Nayak Chinmaya

Age/Sex: 41/Male

Referred By

: Rmo

Company:

SONOGRAPHY OF ABDOMEN AND PELVIS

TECHNIQUE: Real time, B mode, gray scale sonography of the abdominal and pelvic organs was performed with convex transducer.

LIVER: The liver is normal in size, shape and has smooth margins. The hepatic parenchyma shows homogeneous normal echotexture without solid or cystic mass lesion or calcification. No evidence of intrahepatic biliary radical dilatation.

PORTAL VEIN: It is normal in transverse diameter.

GALL BLADDER: The gall bladder is well distended. There is no evidence of calculus, wall thickening or pericholecystic collection.

COMMON BILE DUCT: The visualised common bile duct is normal in caliber. No evidence of calculus is seen in the common bile duct. Terminal common bile duct is obscured due to bowel gas artifacts.

PANCREAS: The head and body of pancreas is normal in size, shape, contours and echo texture. Rest of the pancreas is obscured due to bowel gas artifacts.

SPLEEN: The spleen measures -9.3--- cm normal in size and shape. Its echotexture is homogeneous.

KIDNEYS:

Right kidney	Left kidney
10.2 X 5.0 cm	10 X 5.7 cm

The kidneys are normal in size and have smooth renal margins. Cortical echotexture is normal. The central echo complex does not show evidence of hydronephrosis. No evidence of hydroureter or calculi, bilaterally.

URINARY BLADDER: The urinary bladder is well distended. It shows uniformly thin walls and sharp mucosa. No evidence of calculus is seen. No evidence of mass or diverticulum is noted.

Prostate measures 3.2 x 3.7 x 2.9 x cm, vol 18 gm

There is no ascites.

IMPRESSION:

Ø No significant abnormality noted.

DR. PANDYA SAUMIL MD,D.N.B RADIOLOGIST

ASH/QA/FORM/NUR/04/MAR22/V1

APEX SUPERSPECIALITY HOSPITALS Where Healing & Care Comes Naturally



2898 6677 2898 6646 CASHLESS FACILITY

L. T. Road, Besides Punjab & Sind Bank, Babhai Naka, Borivali (W), Mumbai - 400 092.

Date 24/2/24 NO B.P DNS
NOB.P
Q.R.S. Complex
S.T. Segment
I T. Wave
Q. T. Interval
Bernand

