

Dr. Vimmi Goel  
Head - Non Invasive Cardiology  
Incharge - Preventive Health Care  
MRBS, MD (Internal Medicine)  
Reg. No: MMC-2014/01/0113

Preventive Health Check up  
KIMS Kingsway Hospitals  
Nagpur  
Phone No.: 7499913052

Medioword Ab-Nagpur  
**KIMS-KINGSWAY**  
HOSPITALS

Name: Mrs. Shreefi Bhaire Date: 23/11/24

Age: 34 y Sex: M/F Weight: 54.8 kg Height: 1.55.9 inc BMI: 22.5

BP: 98/69 mmHg Pulse: 108/M bpm RBS: \_\_\_\_\_ mg/dl

SpO2: 100%

LMP: 20/10/24

**DEPARTMENT OF OPHTHALMOLOGY**  
**OUT PATIENT ASSESSMENT RECORD**

<b>SHRUTI BHAISARE</b> 34Y(S) 8M(S) 24D(S)F KH114357 9763004288 MARRIED	<b>CONSULT DATE</b> : 23-11-2024	<b>DR. ASHISH PRAKASHCHANDRA KAMBLE</b> MBBS,MS, FVRS,FICO CONSULTANT DEPT OPHTHALMOLOGY
	<b>CONSULT ID</b> : OPC2425093320	
	<b>CONSULT TYPE</b> : WALK IN	
	<b>VISIT TYPE</b> : NORMAL	
<b>TRANSACTION TYPE</b> :		

**VITALS**

Temp : Pulse : BP (mmHg) : spO2 : Pain Score : Height :  
 - °F - /min - %RA - ftL - cms

Weight : BMI :  
 - kgs -

**NOTES**

**GLASS PRESCRIPTION :-**  
**DISTANCE VISION**

EYE	SPH	CYL	AXIS	VISION
RIGHT EYE	00	00	00	6/6
LEFT EYE	00	00	00	5/6

**NEAR ADDITION**

RIGHT EYE		00	48
LEFT EYE		00	48

**REMARK-**

**CHIEF COMPLAINTS**

ROUTINE EYE CHECK UP



**Dr. Ashish Prakashchandra Kamble**  
 MBBS,MS, FVRS,FICO  
 Consultant

Printed On : 23-11-2024 13:42:37

Name: Mrs. Shweta Bhaisare Date: 23/11/24.

Age: 34 yrs. Sex: M/F Weight: \_\_\_\_\_ kg Height: \_\_\_\_\_ inc BMI: \_\_\_\_\_

BP: \_\_\_\_\_ mmHg Pulse: \_\_\_\_\_ bpm RBS: \_\_\_\_\_ mg/dl

Allergy: \_\_\_\_\_

Routine dental checkup.

O/E - Partially impacted  $\bar{E} 38$   
Stains +  
Calculus +

Advice: - OPG  
Complete oral prophylaxis.

Dr. Megha N.

Name: Shweta Bhavsare  
 Age: 34 yrs  
 Sex: W/F Weight: \_\_\_\_\_ Height: \_\_\_\_\_ Inc. BMI: \_\_\_\_\_  
 Date: 23/11/24

Ms - 8 yrs  
 MR - 2 yrs 05 / 18.5

MTR, water

R/N soft doctor

PS - pap smear

PR - UT (2)

report  
 2 days 2 pap smear

Surgeon

Life style  
 - HPV vaccination  
 - HPV (state) smears



MC-4773



**KIMS-KINGSWAY**  
HOSPITALS

**KIMS-KINGSWAY**  
HOSPITALS

**CLINICAL DIAGNOSTIC LABORATORY**  
**DEPARTMENT OF PATHOLOGY**

<b>Patient Name</b> : Mrs. Shruti Bhaisare	<b>Age / Gender</b> : 34 Y(s)/Female
<b>Bill No/ UMR No</b> : BIL2425066344/KH114357	<b>Referred By</b> : Dr. Vimmi Goel MBBS,MD
<b>Received Dt</b> : 23-Nov-24 10:10 am	<b>Report Date</b> : 23-Nov-24 12:25 pm

**HAEMOGRAM**

Parameter	Specimen	Results	Biological Reference	Method
Haemoglobin	(Random)	13.2	12.0 - 15.0 gm%	Photometric
Haematocrit(PCV)		39.6	36.0 - 46.0 %	Calculated
RBC Count		4.50	3.8 - 4.8 Millions/cumm	Photometric
Mean Cell Volume (MCV)		88	83 - 101 fl	Calculated
Mean Cell Haemoglobin (MCH)		29.4	27 - 32 pg	Calculated
Mean Cell Haemoglobin Concentration (MCHC)		33.4	31.5 - 35.0 g/l	Calculated
RDW		13.1	11.5 - 14.0 %	Calculated
Platelet count		296	150 - 450 $10^3$ /cumm	Impedance
WBC Count		9800	4000 - 11000 cells/cumm	Impedance
<b>DIFFERENTIAL COUNT</b>				
Neutrophils		69.4	50 - 70 %	Flow Cytometry/Light microscopy
Lymphocytes		<b>18.7</b>	20 - 40 %	Flow Cytometry/Light microscopy
Eosinophils		5.8	1 - 6 %	Flow Cytometry/Light microscopy
Monocytes		6.1	2 - 10 %	Flow Cytometry/Light microscopy
Basophils		0.0	0 - 1 %	Flow Cytometry/Light microscopy
Absolute Neutrophil Count		6801.2	2000 - 7000 /cumm	Calculated
Absolute Lymphocyte Count		1832.6	1000 - 4800 /cumm	Calculated
Absolute Eosinophil Count		<b>568.4</b>	20 - 500 /cumm	Calculated
Absolute Monocyte Count		597.8	200 - 1000 /cumm	Calculated
Absolute Basophil Count		0	0 - 100 /cumm	Calculated



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**KIMS-KINGSWAY  
HOSPITALS****KIMS-KINGSWAY  
HOSPITALS****CLINICAL DIAGNOSTIC LABORATORY  
DEPARTMENT OF PATHOLOGY**

<b>Patient Name</b> : Mrs. Shruti Bhaisare	<b>Age / Gender</b> : 34 Y(s)/Female
<b>Bill No/ UMR No</b> : BIL2425066344/KH114357	<b>Referred By</b> : Dr. Vimmi Goel MBBS,MD
<b>Received Dt</b> : 23-Nov-24 10:10 am	<b>Report Date</b> : 23-Nov-24 12:25 pm

<u>Parameter</u>	<u>Specimen</u>	<u>Results</u>	<u>Biological Reference Method</u>
<b>PERIPHERAL SMEAR</b>			
RBC		Normochromic Normocytic As above	
WBC		Adequate	
Platelets		15	0 - 20 mm <sup>3</sup> /nr
E S R			Automated Westergren's Method

\*\*\* End Of Report \*\*\*

Suggested Clinical Correlation \* If necessary, Please discuss

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**Dr. GAURI HARDAS, MBBS,MD  
CONSULTANT PATHOLOGIST**

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MC-6773

**KINGS-KINGSWAY  
HOSPITALS****CLINICAL DIAGNOSTIC LABORATORY****DEPARTMENT OF BIOCHEMISTRY**

<b>Patient Name</b> : Mrs. Shruti Bhalsare	<b>Age / Gender</b> : 34 Y(s)/Female
<b>Bill No / UMR No</b> : BIL2425066344/KH114357	<b>Referred By</b> : Dr. Vimmi Goel MBBS,MD
<b>Received Dt</b> : 23-Nov-24 10:09 am	<b>Report Date</b> : 23-Nov-24 11:35 am

Parameter	Specimen	Results	Biological Reference	Method
Fasting Plasma Glucose	Plasma	89	< 100 mg/dl	GOD/POD, Colorimetric
<b>GLYCOSYLATED HAEMOGLOBIN (HBA1C)</b>				
HbA1c		4.4	Non-Diabetic : <= 5.6 % Pre-Diabetic : 5.7 - 6.4 % Diabetic : >= 6.5 %	HPLC

\*\*\* End Of Report \*\*\*

Suggested Clinical Correlation \* If necessary, Please Discuss

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CIN: U74909MH2019PTC003610



MC-6773



**KIMS-KINGSWAY**  
HOSPITALS

**KIMS-KINGSWAY**  
HOSPITALS

**CLINICAL DIAGNOSTIC LABORATORY**  
**DEPARTMENT OF BIOCHEMISTRY**

<b>Patient Name</b> : Mrs. Shruti Bhaisare	<b>Age / Gender</b> : 34 Y(s)/Female
<b>Bill No/ UMR No</b> : BIL2425066344/KH114357	<b>Referred By</b> : Dr. Vimmi Goel MBBS,MD
<b>Received Dt</b> : 23-Nov-24 12:31 pm	<b>Report Date</b> : 23-Nov-24 01:40 pm

<u>Parameter</u>	<u>Specimen</u>	<u>Results</u>	<u>Biological Reference</u>	<u>Method</u>
Post Prandial Plasma Glucose	Plasma	89	< 140 mg/dl	GOD/POD, Colorimetric

**Interpretation:**

Clinical Decision Value as per ADA Guidelines 2021

Diabetes Mellites If,

Fasting = /> 126 mg/dl

Random/2Hrs. OGTT = /> 200 mg/dl

Impaired Fasting = 100-125 mg/dl

Impaired Glucose Tolerance = 140-199 mg/dl

\*\*\* End Of Report \*\*\*

Suggested Clinical Correlation \* If necessary, Please discuss

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**KIMS-KINGSWAY**  
HOSPITALS

**KIMS-KINGSWAY**  
HOSPITALS

**CLINICAL DIAGNOSTIC LABORATORY**  
**DEPARTMENT OF BIOCHEMISTRY**

**Patient Name** : Mrs. Shruti Bhalsare  
**Age / Gender** : 34 Y(s)/Female  
**Bill No/ UMR No** : BIL2425066344/KH114357  
**Referred By** : Dr. Vimmi Goel MBBS,MD  
**Received Dt** : 23-Nov-24 10:10 am  
**Report Date** : 23-Nov-24 12:14 pm

**LIPID PROFILE**

Parameter	Specimen	Results	Method
Total Cholesterol	Serum	154	Enzymatic(CHE/CHO/PO D)
Triglycerides		75	
HDL Cholesterol Direct		53	
LDL Cholesterol Direct		83.10	
VLDL Cholesterol		15	
Tot Chol/HDL Ratio		3	

Initiate therapeutic	Results	Consider Drug therapy	LDL-C
CHD OR CHD risk equivalent	>100	>130, optional at 100-129	<100
Multiple major risk factors conferring 10 yrs CHD risk >20%			
Two or more additional major risk factors, 10 yrs CHD risk <20%	>130	10 yrs risk 10-20 % >130 10 yrs risk <10% >160	<130
No additional major risk or one additional major risk factor	>160	>190, optional at 160-189	<160

\*\*\* End Of Report \*\*\*

Suggested Clinical Correlation \* If necessary, Please discuss

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**Dr. Anuradha Deshmukh, MBBS,MD**  
CONSULTANT MICROBIOLOGIST

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**KIMS-KINGSWAY**  
HOSPITALS

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HOSPITALS

**CLINICAL DIAGNOSTIC LABORATORY**  
**DEPARTMENT OF BIOCHEMISTRY**

<b>Patient Name</b> : Mrs. Shruti Bharsare	<b>Age / Gender</b> : 34 Y(s)/Female
<b>Bill No/ UMR No</b> : BIL2425066344/KHI14357	<b>Referred By</b> : Dr. Vinmit Guel MBBS,MD
<b>Received Dt</b> : 23 Nov 24 10:10 am	<b>Report Date</b> : 23 Nov 24 11:35 am

**LIVER FUNCTION TEST(LFT)**

Parameter	Specimen	Results	Biological Reference	Method
Total Bilirubin	Serum	0.65	0.2 - 1.3 mg/dl	
Direct Bilirubin		0.16	0.1 - 0.3 mg/dl	
Indirect Bilirubin		0.49	0.1 - 1.1 mg/dl	
Alkaline Phosphatase		63	30 - 126 U/L	
SGPT/ALT		16	13 - 45 U/L	
SGOT/AST		26	13 - 35 U/L	
Serum Total Protein		7.76	6.3 - 8.2 gm/dl	
Albumin Serum		4.71	3.5 - 5.0 gm/dl	Bromocresol green Dye Binding
Globulin		3.07	2.0 - 4.0 gm/dl	
A/G Ratio		1.53		

\*\*\* End Of Report \*\*\*

Suggested Clinical Correlation \* If necessary, Please discuss

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**KIMS-KINGSWAY**  
HOSPITALS

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HOSPITALS

**CLINICAL DIAGNOSTIC LABORATORY**

**DEPARTMENT OF BIOCHEMISTRY**

<b>Patient Name</b> : Mrs. Shruti Bhaire	<b>Age / Gender</b> : 34 Y(s)/Female
<b>Bill No/ UMR No</b> : BIL2425066344/KH114357	<b>Referred By</b> : Dr. Vimmi Goel MBBS,MD
<b>Received Dt</b> : 23-Nov-24 10:10 am	<b>Report Date</b> : 23-Nov-24 11:35 am

**RFT**

<u>Parameter</u>	<u>Specimen</u>	<u>Result Values</u>	<u>Biological Reference</u>	<u>Method</u>
Blood Urea	Serum	13	15.0 - 36.0 mg/dl	
Creatinine		0.50	0.52 - 1.04 mg/dl	
GFR		126.1	>90 ml/min/1.73m square.	
Sodium		139	136 - 145 mmol/L	Direct ion selective electrode
Potassium		4.66	3.5 - 5.1 mmol/L	

\*\*\* End Of Report \*\*\*

Suggested Clinical Correlation \* If necessary, Please discuss

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**Dr. Suwarna Kawade, MBBS,MD (Pathology)**

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**KIMS-KINGSWAY**  
HOSPITALS**KIMS-KINGSWAY**  
HOSPITALS**CLINICAL DIAGNOSTIC LABORATORY**  
**DEPARTMENT OF BIOCHEMISTRY**

<b>Patient Name</b> : Mrs. Shruti Bhalisare	<b>Age / Gender</b> : 34 Y(s)/Female
<b>Bill No/ UMR No</b> : BIL2425066344/KH114357	<b>Referred By</b> : Dr. Vimmi Goel MBBS,MD
<b>Received Dt</b> : 23-Nov-24 10:10 am	<b>Report Date</b> : 23-Nov-24 12:14 pm

**THYROID PROFILE**

<u>Parameter</u>	<u>Specimen</u>	<u>Results</u>	<u>Biological Reference</u>	<u>Method</u>
T3	Serum	0.992	0.55 - 1.70 ng/ml	
Free T4		1.01	0.80 - 1.70 ng/dl	Enhanced Chemiluminescence
TSH		0.579	0.50 - 4.80 uIU/ml	

\*\*\* End Of Report \*\*\*

Suggested Clinical Correlation \* If necessary, Please discuss

Verified By : : 11100026

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**Dr. Anuradha Deshmukh, MBBS,MD**  
**CONSULTANT MICROBIOLOGIST****SPANV Medisearch Lifesciences Private Limited**  
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MC-6773

**KIMS - KINGSWAY**  
HOSPITALS**KIMS - KINGSWAY**  
HOSPITALS**CLINICAL DIAGNOSTIC LABORATORY**  
**DEPARTMENT OF PATHOLOGY**

<b>Patient Name</b> : Mrs. Shruti Bhaisare	<b>Age / Gender</b> : 34 Y(s)/Female
<b>Bill No/ UMR No</b> : BIL2425066344/KH114357	<b>Referred By</b> : Dr. Vimmi Goel MBBS,MD
<b>Received Dt</b> : 23-Nov-24 10:31 am	<b>Report Date</b> : 23-Nov-24 11:52 am

**URINE MICROSCOPY**

<u>Parameter</u>	<u>Specimen</u>	<u>Results</u>	<u>Biological Reference</u>	<u>Method</u>
<b><u>PHYSICAL EXAMINATION</u></b>				
Volume	Urine	40 ml		
Colour,		Pale yellow		
Appearance		Clear	Clear	
<b><u>CHEMICAL EXAMINATION</u></b>				
Specific gravity		1.010	1.005 - 1.025	ion concentration
Reaction (pH)		7.0	4.6 - 8.0	Indicators
Nitrate		Negative	Negative	
Urine Protein		Negative	Negative	
Sugar		Negative	Negative	protein error of pH
Ketone Bodies		Negative	Negative	indicator
Urobilinogen		Negative	Negative	GOD/POD
Bilirubin		Normal	Normal	Legal's est Principle
		Negative	Negative	Ehrlich's Reaction
<b><u>MICROSCOPIC EXAMINATION</u></b>				
Pus Cells		0-1	0 - 4 /hpf	Diazonium
R.B.C.		Absent	0 - 4 /hpf	
Epithelial Cells		0-1	0 - 4 /hpf	
Casts		Absent	Absent	
Crystals		Absent		

\*\*\* End Of Report \*\*\*

Suggested Clinical Correlation \* If necessary, Please discuss

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**Dr. Suvarna Kawade, MBBS,MD (Pathology)**  
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MC-8773



**KIMS-KINGSWAY**  
HOSPITALS

**KIMS-KINGSWAY**  
HOSPITALS

**CLINICAL DIAGNOSTIC LABORATORY**  
**DEPARTMENT OF IMMUNO HAEMATOLOGY**

<b>Patient Name</b> : Mrs. Shruti Bhaire	<b>Age / Gender</b> : 34 Y(s)/Female
<b>Bill No/ UMR No</b> : BIL2425066344/KH114357	<b>Referred By</b> : Dr. Vimmi Gao MBBS,MD
<b>Received Dt</b> : 23-Nov-24 10:10 am	<b>Report Date</b> : 23-Nov-24 01:17 pm

**BLOOD GROUPING AND RH**

<u>Parameter</u>	<u>Specimen</u>	<u>Results</u>
BLOOD GROUP.	EDTA Whole Blood & Plasma/ Serum	* O * Gel Card Method
Rh (D) Typing.		* Positive (+) (-Ve) *** End Of Report ***

Suggested Clinical Correlation \* If necessary, Please discuss

Verified By : : 11100245

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**DR. GAURE HARDAS, MBBS,MD**  
**CONSULTANT PATHOLOGIST**

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**DEPARTMENT OF RADIOLOGY & IMAGING SCIENCE**

NAME	Shruti Bhaisure	STUDY DATE	23-11-2024 11:52:26
AGE/ SEX	34Y8M24D / F	HOSPITAL NO.	KTH14357
ACCESSION NO.	BIL2425066344-10	MODALITY	DX
REPORTED ON	23-11-2024 12:19	REFERRED BY	Dr. Vinuiri Goel

**X-RAY CHEST PA VIEW**

Both the lung fields are clear.

Heart and Aorta are normal.

Both hilar shadows appear normal.

Diaphragm domes and CP angles are clear.

Cervical rib noted on left side.

Bony cage is normal.

**IMPRESSION:**

No pleuro-parenchymal abnormality seen.



Dr Poonam Chiddarwar  
MBBS, MD

N.B.: This is only a professional opinion and not the final diagnosis. Radiological investigations are subject to variations due to technical limitations. Hence, correlation with clinical findings and other investigations should be carried out to know true nature of illness.

NAME OF PATIENT:	SHRUTI BHAIASARE	AGE & SEX:	34 YRS/FEMALE
UMR NO:	KH114357	BILL NO	BIL2425066344-2
REF BY:	DR VIMMI GOEL	DATE:	23-NOV-2024

**USG WHOLE ABDOMEN**

LIVER is normal in size, shape and echotexture.

No evidence of any focal lesion seen. Intrahepatic biliary radicals are not dilated. PORTAL VEIN and CBD are normal in course and caliber.

GALL BLADDER is physiologically distended. No sludge or calculus seen. Wall thickness is within normal limits.

Visualized head and body of PANCREAS is normal in shape, size and echotexture.

SPLEEN is normal in size (10.0 cm) shape and echotexture. No focal lesion seen.

Right kidney measures 9.1 x 3.8 cm. Left kidney measures 10.1 x 4.1 cm.

Both KIDNEYS are normal in shape, size and echotexture.

No evidence of calculus or hydronephrosis seen.

URETERS are not dilated.

URINARY BLADDER is partially distended. No calculus or mass lesion seen.

Uterus is normal in size, shape and echotexture. It measures 6.7 x 4.5 x 9.6 cm.

No focal myometrial lesion seen.

Endometrial echo-complex appears normal. ET - 10mm.

Right ovary volume 9cc and left ovary volume 8.6 cc

Multiple small peripherally arranged follicles are seen in bilateral ovaries (< 1 cm) with central echogenic stroma and no dominant follicle is seen in either ovary.

No adnexal mass lesion seen.

There is no free fluid or abdominal lymphadenopathy seen.

**IMPRESSION:**

- Polycystic appearing ovaries- correlate with hormonal assay.
- No other significant visceral abnormality seen.

Suggest clinical correlation.



**DR. RUTUJA RANGREJ**  
MBBS MD.  
CONSULTANT RADIOLOGIST



## 2D ECHOCARDIOGRAPHY AND COLOR DOPPLER REPORT

Patient Name : Mrs. Shruti Bhaisare  
 Age : 34 years / Female  
 UMR : KH114357  
 Date : 23/11/2024  
 Done by : Dr. Vimmi Goel  
 ECG : NSR, WNL  
 Blood pressure: 98/69 mm Hg (Left arm, sitting position)  
 BSA : 1.53 m<sup>2</sup>

### Impression:

**Normal chambers dimensions**  
**No RWMA of LV at rest**  
**Good LV systolic function, LVEF 70%**  
**Diastolic dysfunction present**  
**E/A is 0.8**  
**E/E' is 6.1 (Normal filling pressure)**  
**Valves are normal**  
**Trivial MR**  
**No pulmonary hypertension**  
**IVC is normal in size and collapsing well with respiration**  
**No clots or pericardial effusion**

### Comments:

Sector echocardiography was performed in various conventional views (PLAX, SSAX, AP4 CH and 5 CH views). LV size normal. There is no RWMA of LV seen at rest. Good LV systolic function. LVEF 70%. Diastolic dysfunction present. E Velocity is 64 cm/s, A Velocity is 76 cm/s. E/A is 0.8. Valves are normal. Trivial MR. No Pulmonary Hypertension. IVC normal in size and collapsing well with respiration. Pericardium is normal. No clots or pericardial effusion seen.

E' at medial mitral annulus is 10.2 cm/sec & at lateral mitral annulus is 10.8 cm/sec.  
 E/E' is 6.1 (Average).

### M Mode echocardiography and dimension:

	Normal range (mm)		Observed (mm)
	(adults)	(children)	
Left atrium	19-40	7-37	21
Aortic root	20-37	7-28	20
LVIDd	35-55	8-47	39
LVIDs	23-39	6-28	23
IVS (d)	6-11	4-8	09
LVPW (d)	6-11	4-8	09
LVEF %	~ 60%	~60%	70%
Fractional Shortening			40%

  
**Dr. Vimmi Goel**  
**MD, Sr. Consultant**  
**Non-invasive Cardiology**  
**Fellow Indian Academy of Echocardiography (FIAE)**

34 years

MRS SROTI BHAIKARE  
Female

23-Nov-24 10:53:01 AM

KIMS-KINGSWAY HOSPITALS

EMC DEPT.

Rate 88 Sinus rhythm.  
PR 138  
QRS 70  
QT 358  
QTc 434  
Baseline wander in lead(s) I, II, aVL

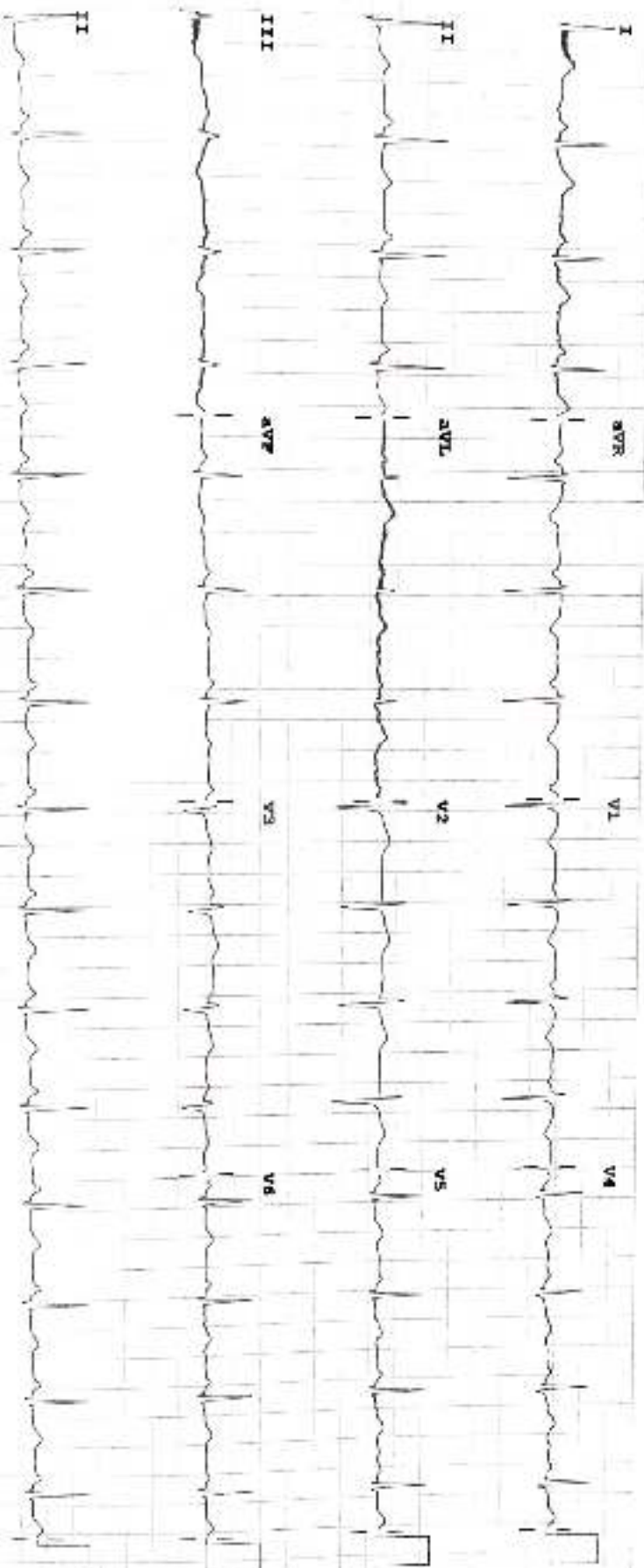
Normal P axis, V-Rate 50-95

--AXIS--  
P 49  
QRS 55  
T 10

- NORMAL ECG -

12 Lead: Standard Placement

Unconfirmed Diagnosis



Device:

Speed: 25 mm/sec

Time: 10 min

Chart: 10.0 mm/mv

P 50-0.50-150 Hz W

100B CL

37