| Name | : Mr. EDDIMI CHANDRASEKAR RAO (53 /M) | Date | : 30/10/2024 |

Name : Mr. EDDIMI CHANDRASEKAR RAO (53 /M)   **Date** : 30/10/2024

Address : MAHENDRABABU TITAGARH, NORTH 24 PARGANAS, NORTH 24 PARGANAS, WEST BENGAL, INDIA

Examined by : Dr .JHUMA BAGCHI   **UHID** : AMHL.0002445205

Package : MEDIWHEEL - FULL BODY ANNUAL PLUS WITH TMT MALE HCK   **AHC No** : AMHLAH224648

CHIEF COMPLAINTS

For corporate health checkup

PRESENT KNOWN ILLNESS

No history of   - Diabetes mellitus, Hypertension, Dyslipidemia, Thyroid disorder

DRUG ALLERGY

NO KNOWN ALLERGY   :30/10/2024

SYSTEMIC REVIEW

Cardiovascular system

- Nil Significant

Respiratory system

- Nil Significant

Gastrointestinal system

- Nil Significant

Genitourinary system

- Nil Significant

Central nervous system

- Nil Significant

Eyes

Vision - normal with glasses; Glasses - yes

ENT

- Nil Significant

Musculoskeletal system

Spine and joints
 - Nil Significant

Skin

- Nil Significant

Past medical history

Past medical history   - nil significant

Personal history

Marital status	- Married
Diet	- Non Vegetarian
Alcohol	- does not consume alcohol
Smoking	- No
Chews tobacco	- No
Physical activity	- Mild

Family history

Father	- has expired
Mother	- alive
Diabetes	- father
Hypertension	- mother
Coronary artery disease	- none
Cancer	- None

PHYSICAL EXAMINATION

General

Build	- normal
Height	- 162
Weight	- 59
BMI	- 22.48
Pallor	- No
Oedema	- no

Cardiovascular system

Heart rate (Per minute)	- 66
Rhythm	- Regular
	- B.P. Sitting
Systolic(mm of Hg)	- 150
Diastolic(mm of Hg)	- 95
Heart sounds	- S1S2+

Respiratory system

Breath sounds   - Normal vesicular breath sounds

Abdomen

Organomegaly   - No
Tenderness   - No

Opthalmology consultation

Opthalmology findings   - OCULAR MOVEMENTS: (RE):FULL (LE):FULL ANTERIOR SEGMENTS: (RE):WNL (LE):WNL VISUAL ACUITY DISTANCE:WITH GLASS (RE):6/6 (LE):6/6 VISUAL ACUITY NEAR:WITH GLASS (RE):N6 (LE)N6 ADVICE:*To continue present glass*Review after 1yr/SOS

Printed By : Benazir Begaum

COMPLETE HAEMOGRAM

Test Name	Result	Unit	Level	Range
Hemoglobin	13.5	g/dl	🟢	13.0-17.0
RBC COUNT	4.55	Million/ul	🟢	4.5-5.5
Hematocrit - Hct:	40.7 *	%	🔴	41-53
MCV	89.4	fl	🟢	83-101
MCH	29.7	pg	🟢	27-32
MCHC	33.2	%	🟢	31.5-34.5
RDW	14.0	%	🟢	11.8-14.0
WBC Count	7800	/cu mm	🟢	4000-10000
Platelet Count	2.34	lacs/cu mm	🟢	1.5-4.0
Neutrophils	61	%	🟢	40-80
Lymphocytes	31	%	🟢	20-40
Monocytes	06	%	🟢	2-10
Eosinophils	02	%	🟢	01-06
Basophils	00	%	🟢	0-0
RBC:	Normocytic Normochromic cells			
Platelets:	Adequate.			

ERYTHROCYTE SEDIMENTATION RATE (ESR)

Test Name	Result	Unit	Level	Range
ERYTHROCYTE SEDIMENTATION RATE (ESR)	22 *	mm/1st hr	🔴	0-15

URINE ROUTINE AND MICROSCOPY

Test Name	Result	Unit	Level	Range
Volume:	50	mL		
Colour:	Pale Straw			
Appearance	Clear			
Specific Gravity	1.005			
pH:	6.0			
Albumin:	Not Detected			
Glucose	Not Detected			
Ketone:	Not Detected			
Bile Pigments	Not Detected			
RBC	Nil	/hpf		
Pus Cells	Occasional	/hpf		
Epithelial Cells	Occasional	/hpf		
Casts:	Not Found			
Crystals:	Not Found			

URINE SUGAR - POST PRANDIAL (QUALITATIVE)

Test Name	Result	Unit	Level	Range
URINE GLUCOSE(POST PRANDIAL)	Nil			

URINE SUGAR- FASTING(QUALITATIVE)

Test Name	Result	Unit	Level	Range
URINE GLUCOSE(FASTING)	Nil			

BLOOD GROUPING AND TYPING (ABO AND RH)

Test Name	Result	Unit	Level	Range
ABO Group:	O			
Rh (D) Type:	NEGATIVE			

ALT(SGPT) - SERUM

Test Name	Result	Unit	Level	Range
ALT(SGPT) - SERUM	43	U/L	🟢	0-50

ALBUMIN - SERUM

Test Name	Result	Unit	Level	Range
ALBUMIN - SERUM	4.3	g/dL	🟢	3.5-5.1

ALKALINE PHOSPHATASE - SERUM

Test Name	Result	Unit	Level	Range
ALKALINE PHOSPHATASE - SERUM	79	U/L	🟢	43-115

AST (SGOT) - SERUM

Test Name	Result	Unit	Level	Range
AST (SGOT) - SERUM	36	U/L	🟢	0-50

BILIRUBIN, TOTAL - SERUM

Test Name	Result	Unit	Level	Range
BILIRUBIN TOTAL - SERUM	0.8	mg/dL	🟢	0.3-1.2

🟢 Within Normal Range   🟡 Borderline High/Low   🔴 Out of Range

CHOLESTEROL - SERUM

Test Name	Result	Unit	Level	Range
CHOLESTEROL - SERUM	203 *	mg/dL	🔴	0-200
Non-HDL Cholesterol	160			

CREATININE - SERUM

Test Name	Result	Unit	Level	Range
CREATININE - SERUM	0.9	mg/dL	🟢	0.9-1.3

GGTP: GAMMA GLUTAMYL TRANSPEPTIDASE - SERUM

Test Name	Result	Unit	Level	Range
GGTP: GAMMA GLUTAMYL TRANSPEPTIDASE - SERUM	37	U/L	🟢	0-55

GLUCOSE - PLASMA (FASTING)

Test Name	Result	Unit	Level	Range
GLUCOSE - PLASMA (FASTING)	95	mg/dL	🟢	70-99

GLUCOSE - PLASMA (POST PRANDIAL)

Test Name	Result	Unit	Level	Range
GLUCOSE - PLASMA (POST PRANDIAL)	130	mg/dL	🟢	70-140

HBA1C (GLYCOSYLATED HAEMOGLOBIN)-WHOLE BLOOD

Test Name	Result	Unit	Level	Range
HBA1C (GLYCOSYLATED HAEMOGLOBIN)-WHOLE BLOOD	5.8 *	%	🔴	Nondiadetic : 4 - 5.6 % Prediabetics : 5.7 - 6.4% Diabetes : >/= 6.5% ADA Theraputic goal : <7%

HDL CHOLESTEROL - SERUM

Test Name	Result	Unit	Level	Range
HDL CHOLESTEROL - SERUM	43	mg/dL	🟢	30-70
TC/HDL-C ratio serum	5 *		🔴	Optimal<3.5

LDL CHOLESTEROL -SERUM

Test Name	Result	Unit	Level	Range
LDL CHOLESTEROL -SERUM	135 *	mg/dL	🔴	Optimal: <100
VLDL CHOLESTEROL - SERUM (Calculated)	25	mg/dL	🟢	0-35

PROTEIN TOTAL - SERUM

Test Name	Result	Unit	Level	Range
PROTEIN TOTAL - SERUM	7.3	g/dL	🟢	6.4-8.3
Albumin/Globulin Ratio	1.4		🟢	1.0-2.0
GLOBULIN: (CALCULATED) - SERUM	3.0	g/dL	🟢	1.8-3.6

TOTAL T3: TRI IODOTHYRONINE - SERUM

Test Name	Result	Unit	Level	Range
TOTAL T3: TRI IODOTHYRONINE - SERUM (Chemiliminescence)	1.29	ng/ml	🟢	0.87-1.78

TOTAL T4: THYROXINE - SERUM

Test Name	Result	Unit	Level	Range
TOTAL T4: THYROXINE - SERUM (Chemiliminescence)	12.03	µg/dL	🟢	5.48-14.28

TRIGLYCERIDES - SERUM

Test Name	Result	Unit	Level	Range
TRIGLYCERIDES - SERUM	154 *	mg/dL	🔴	0-150

TSH: THYROID STIMULATING HORMONE - SERUM

Test Name	Result	Unit	Level	Range
TSH: THYROID STIMULATING HORMONE - SERUM (Chemiliminescence)	2.15	µIU/mL	🟢	0.38-5.33

URIC ACID - SERUM

Test Name	Result	Unit	Level	Range
URIC ACID - SERUM	8.0 *	mg/dL	🔴	2.6-7.2

🟢 **Within Normal Range**   🟡 **Borderline High/Low**   🔴 **Out of Range**

BILIRUBIN CONJUGATED (DIRECT) - SERUM

Test Name	Result	Unit	Level	Range
BILIRUBIN CONJUGATED (DIRECT) - SERUM	0.1	mg/dL	🟢	0.0-0.2

PROSTATIC SPECIFIC ANTIGEN (PSA TOTAL) - SERUM

Test Name	Result	Unit	Level	Range
PROSTATIC SPECIFIC ANTIGEN (PSA TOTAL) - SERUM (Chemiliminescence)	0.7	ng/mL	🟢	0.00-6.50

BUN (BLOOD UREA NITROGEN)

Test Name	Result	Unit	Level	Range
BUN (BLOOD UREA NITROGEN)	6.1 *	mg/dL	🔴	7.0-18.0
UREA - SERUM	13	mg/dL	🟢	13-43

BUN/CREATININE RATIO

Test Name	Result	Unit	Level	Range
BUN/CREATININE RATIO	6.8			
BUN (BLOOD UREA NITROGEN)	6.1 *	mg/dL	🔴	7.0-18.0
UREA - SERUM	13	mg/dL	🟢	13-43
CREATININE - SERUM	0.9	mg/dL	🟢	0.9-1.3

TREADMILL TEST / STRESS TEST

STRESS TEST IS BORDERLINE POSITIVE FOR PROVOCABLE MYOCARDIAL ISCHAEMIA.

ECG

SINUS BRADYCARDIA. OTHERWISE WITHIN NORMAL LIMITS.

ULTRASOUND SCREENING WHOLE ABDOMEN

* Grade I fatty liver.

[NOTE: At times pelvic structures are not well visualized due to inadequate patient preparation / excess bowel gas shadow. However suggested clinical correlation and other investigations if clinically indicated.]

X-RAY CHEST PA

* Chest skiagram does not reveal any significant abnormality.

INVESTIGATIONS NOT DONE / NOT YET REPORTED / NOT PART OF PACKAGE(LAB,RADIOLOGY & CARDIOLOGY)

Biochemistry

A/G - RATIO

🟢 Within Normal Range   🟡 Borderline High/Low   🔴 Out of Range

Dr.JHUMA BAGCHI

Printed By :

AHC Physician / Consultant Internal Medicine

Note   :- **The Health Check-up examinations and routine investigations have certain limitations and may not be able to detect all the diseases. Any new or persisting symptoms should be brought to the attention of the Consulting Physician. Additional tests, consultations and follow up may be required in some cases.**

AICVD RISK SCORE REPORT

RISK STATUS	YOUR SCORE	ACCEPTABLE SCORE
Low Risk	5	7

Your cardiovascular disease risk in the next 10 years is within the Normal limits for your age and gender
The AICVD risk score developed by Apollo Hospitals is a novel artificial intelligence -based risk scoring system that predicts your risk of having Coronary Artery Disease (CAD) related events in the next ten years. This scoring system uses Indian data and has been validated by multiple national and international institutions. This risk score is more than 92% accurate and has been compiled based on your physical parameters, heart health attributes, lifestyle and medical history. **Note:** The risk category is determined through the ratio between guest score and acceptable score at multiple decimal points. The outputs are shown in whole numbers.

Based on your AICVD risk score you are advised the following:

• Follow the guidance and education on **lifestyle and dietary management provided through the ProHealth program. Maintain a healthy BMI (<25). Avoid tobacco in any form and if you are a smoker, stop smoking.**
• Continue with **medications** for high blood pressure, diabetes, or dyslipidemia, if advised by your physician. Maintain HbA1c <7% (<53mmol/mol), blood pressure <140/90mmHg.
• Follow your physician's advice regarding **follow up tests, consults and annual health assessment**

DISCLAIMER

1. This is not a diagnostic tool and it does not guarantee accuracy of the result and cannot be acted upon independently.
2. This risk score and clinical algorithm is a general guideline for physicians. Any additional laboratory investigations, diagnostic imaging, treatment or patient education related to lifestyle management is under the physician 's or cardiologist's discretion.
3. To ensure the information in the report is up to date , accurate and correct, doctor shall be consulted for interpretation of the report.
4. Apollo Hospitals and its staff does not offer any assurance on the information made available or be liable for any loss or damage as the said report is based on the AICVD risk score without any intervention from their side .
5. By usage of the AICVD risk score, it is deemed that the beneficiary of this service has agreed to get the same done at his own risk and further agrees with this disclaimer without any limitation or any clauses or sub-clauses.

The Clinical AI Models and APIs used at Apollo Hospitals are certified by ISO 13485 : 2016 vide certificate no. MD 763515