

**Dr. Vimmi Goel**

Head - Non Invasive Cardiology  
Incharge - Preventive Health Care  
MBBS, MD (Internal Medicine)  
Reg. No: MMC- 2014/01/0113

**Preventive Health Check up**  
**KIMS Kingsway Hospitals**  
**Nagpur**  
**Phone No.: 7499913052**

 **KIMS-KINGSWAY**  
**HOSPITALS**

Name: Mrs. Neelu Shir. Date: 1/10/24

Age: 27 Sex: M/F Weight: 48.8 kg Height: 146.0 inc BMI: 22.5

BP: 96/59 mmHg Pulse: 78/M bpm RBS: \_\_\_\_\_ mg/dl

SpO2: 99%

LMP- 14/9/24



**KIMS - Kingsway Hospitals**  
(A Unit of SPANV Medresearch Lifesciences Pvt. Ltd.)  
11, Kingsway, Near Kasturchand Park, Nagpur,  
Maharashtra, India - 440001.

Ph No.: 1800 266 8346 | Mobile No.: +91-7126789100  
Email : assistance@kimshospitals.com | Website : www.kimshospitals.com

**DEPARTMENT OF OPHTHALMOLOGY**  
**OUT PATIENT ASSESSMENT RECORD**

<b>NEELU NAGOTRA SHIV</b> 27Y(S) 0M(S) 0D(S)YF MRNP2425023044 7748040395 MARRIED	<b>CONSULT DATE</b> : 01-10-2024 <b>CONSULT ID</b> : OPC2425074106 <b>CONSULT TYPE</b> : WALK IN <b>VISIT TYPE</b> : NORMAL <b>TRANSACTION TYPE</b> : CASH	<b>DR. ASHISH PRAKASHCHANDRA KAMBLE</b> MBBS,MS, FVRS,FICO CONSULTANT DEPT.OPHTHALMOLOGY
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**VITALS**

**Temp** : **Pulse** : **BP (mmHg)** : **spO2** : **Pain Score** : **Height** :  
-- °F -- /min -- %RA -- /10 -- cms  
**Weight** : **BMI** :  
-- kgs --

**CHIEF COMPLAINTS**

ROUTINE EYE CHECK UP

**MEDICATION PRESCRIBED**

#	Medicine	Route	Dose	Frequency	When	Duration
1	I SOFT EYE DROP	Eye	1-1-1-1	Every Day	After Food	2 months
Instructions : BOTH EYES						
Composition : SODIUM HYALURONATE 0.1% W/V						

**NOTES**

**GLASS PRESCRIPTION :-**  
**DISTANCE VISION**

**EYE**      **SPH** **CYL** **AXIS** **VISION**

**RIGHT EYE**      00   00   00   6/6

**LEFT EYE**      00   00   00   6/6

**NEAR ADDITION**

**RIGHT EYE**      00   N6

**LEFT EYE**      00   N6

**REMARK-**

Printed On : 01-10-2024 16:27:34

**Dr. Aashee Parganiha (Chandak)**  
 MBBS, DNB (OBGY),  
 Fellowship in Urogynaecology, Fellowship in Laparoscopy  
 Sr. Consultant Urogynaecology, Obstetrics & Gynaecology  
 Pelvic Floor Reconstruction, Vaginal & Laparoscopic Surgeon  
 Reg. No: 12-12332

Name: Neelu Suvu Date: 1.10.24

Age: 27/2 Sex: M/F Weight: \_\_\_\_\_ kg Height: \_\_\_\_\_ inc BMI: \_\_\_\_\_

No Complaints

O/E

General

PPE

P/A soft

PLS CX neg (+)

PLU: - w-Alu

NCS

R/F free

WH

sup

14.09.24

Ⓡ Nflow

4-5 / 28.200

XCB - 2yr.

SH

R/L ROLTS XCS.  
TT.

WH

NLR.

SH

2 XCS.

AP

Average

↑  
NLR.



**CLINICAL DIAGNOSTIC LABORATORY**

**DEPARTMENT OF PATHOLOGY**

<b>Patient Name</b> : Mrs. NEELU NAGOTRA SHIV	<b>Age / Gender</b> : 27 Y(s)/Female
<b>Bill No/ UMR No</b> : BIL2425052337/MRNP2425023044	<b>Referred By</b> : Dr. Vimmi Goel MBBS,MD
<b>Received Dt</b> : 01-Oct-24 11:08 am	<b>Report Date</b> : 01-Oct-24 01:18 pm

**HAEMOGRAM**

<u>Parameter</u>	<u>Specimen</u>	<u>Results</u>	<u>Biological Reference</u>	<u>Method</u>
Haemoglobin	Blood	<b>10.3</b>	12.0 - 15.0 gm%	Photometric
Haematocrit(PCV)		<b>32.3</b>	36.0 - 46.0 %	Calculated
RBC Count		4.38	3.8 - 4.8 Millions/cumm	Photometric
Mean Cell Volume (MCV)		<b>74</b>	83 - 101 fl	Calculated
Mean Cell Haemoglobin (MCH)		<b>23.4</b>	27 - 32 pg	Calculated
Mean Cell Haemoglobin Concentration (MCHC)		31.8	31.5 - 35.0 g/l	Calculated
RDW		<b>15.3</b>	11.5 - 14.0 %	Calculated
Platelet count		288	150 - 450 10 <sup>3</sup> /cumm	Impedance
WBC Count		6000	4000 - 11000 cells/cumm	Impedance

**DIFFERENTIAL COUNT**

Neutrophils	58.8	50 - 70 %	Flow Cytometry/Light microscopy
Lymphocytes	35.1	20 - 40 %	Flow Cytometry/Light microscopy
Eosinophils	2.2	1 - 6 %	Flow Cytometry/Light microscopy
Monocytes	3.9	2 - 10 %	Flow Cytometry/Light microscopy
Basophils	0.0	0 - 1 %	Flow Cytometry/Light microscopy
Absolute Neutrophil Count	3528	2000 - 7000 /cumm	Calculated



**CLINICAL DIAGNOSTIC LABORATORY  
DEPARTMENT OF PATHOLOGY**

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<b>Bill No/ UMR No</b> : BIL2425052337/MRNP2425023044	<b>Referred By</b> : Dr. Vimmi Goel MBBS,MD
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<u>Parameter</u>	<u>Specimen</u>	<u>Results</u>	<u>Biological Reference</u>	<u>Method</u>
Absolute Lymphocyte Count		2106	1000 - 4800 /cumm	Calculated
Absolute Eosinophil Count		132	20 - 500 /cumm	Calculated
Absolute Monocyte Count		234	200 - 1000 /cumm	Calculated
Absolute Basophil Count		0	0 - 100 /cumm	Calculated

**PERIPHERAL SMEAR**

Microcytosis		Microcytosis +(Few)		
Hypochromasia		Hypochromia +(Few)		
WBC		As above		
Platelets		Adequate		
<b>ESR</b>		<b>24</b>	0 - 20 mm/hr	Automated Westergren's Method

\*\*\* End Of Report \*\*\*

Suggested Clinical Correlation \* If necessary, Please discuss

Verified By : : 11100245

Test results related only to the item tested.

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Page 2 of 2

**Dr. GAURI HARDAS, MBBS,MD**

**CONSULTANT PATHOLOGIST**



**CLINICAL DIAGNOSTIC LABORATORY  
DEPARTMENT OF BIOCHEMISTRY**

<b>Patient Name</b> : Mrs. NEELU NAGOTRA SHIV	<b>Age / Gender</b> : 27 Y(s)/Female
<b>Bill No/ UMR No</b> : BIL2425052337/MRNP2425023044	<b>Referred By</b> : Dr. Vimmi Goel MBBS,MD
<b>Received Dt</b> : 01-Oct-24 11:08 am	<b>Report Date</b> : 01-Oct-24 01:05 pm

<u>Parameter</u>	<u>Specimen</u>	<u>Results</u>	<u>Biological Reference</u>	<u>Method</u>
Fasting Plasma Glucose	Plasma	93	< 100 mg/dl	GOD/POD,Colorimetric
Post Prandial Plasma Glucose		90	< 140 mg/dl	GOD/POD, Colorimetric

**GLYCOSYLATED HAEMOGLOBIN (HBA1C)**

<b>HbA1c</b>	4.7	Non-Diabetic : <= 5.6 % Pre-Diabetic : 5.7 - 6.4 % Diabetic : >= 6.5 %	HPLC
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\*\*\* End Of Report \*\*\*

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**Dr. GAURI HARDAS, MBBS,MD**

**CONSULTANT PATHOLOGIST**

SPANV Medisearch Lifesciences Private Limited  
44, Parwana Bhawan, Kingsway, Nagpur - 440 001, Maharashtra, India.

Phone: +91 0712 6789100

CIN: U74999MH2018PTC303510



**CLINICAL DIAGNOSTIC LABORATORY  
DEPARTMENT OF BIOCHEMISTRY**

<b>Patient Name</b> : Mrs. NEELU NAGOTRA SHIV	<b>Age / Gender</b> : 27 Y(s)/Female
<b>Bill No/ UMR No</b> : BIL2425052337/MRNP2425023044	<b>Referred By</b> : Dr. Vimmi Goel MBBS,MD
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**LIPID PROFILE**

<u>Parameter</u>	<u>Specimen</u>	<u>Results</u>	<u>Method</u>
Total Cholesterol	Serum	119	< 200 mg/dl Enzymatic(CHE/CHO/POD)
Triglycerides		43	< 150 mg/dl
HDL Cholesterol Direct		53	> 50 mg/dl
LDL Cholesterol Direct		57.4	< 100 mg/dl Enzymatic
VLDL Cholesterol		9	< 30 mg/dl
Tot Chol/HDL Ratio		2	3 - 5

<u>Intiate therapeutic</u>	<u>Consider Drug therapy</u>	<u>LDC-C</u>
CHD OR CHD risk equivalent	>130, optional at 100-129	<100
Multiple major risk factors conferring 10 yrs CHD risk >20%	10 yrs risk 10-20 % >130	<130
Two or more additional major risk factors, 10 yrs CHD risk <20%	10 yrs risk <10% >160	<160
No additional major risk or one additional major risk factor	>190, optional at 160-189	<160

\*\*\* End Of Report \*\*\*

Suggested Clinical Correlation \* If necessary, Please discuss

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**Dr. GAURI HARDAS, MBBS,MD  
CONSULTANT PATHOLOGIST**



**CLINICAL DIAGNOSTIC LABORATORY  
DEPARTMENT OF BIOCHEMISTRY**

<b>Patient Name</b> : Mrs. NEELU NAGOTRA SHIV	<b>Age /Gender</b> : 27 Y(s)/Female
<b>Bill No/ UMR No</b> : BIL2425052337/MRNP2425023044	<b>Referred By</b> : Dr. Vimmi Goel MBBS,MD
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**LIVER FUNCTION TEST(LFT)**

<u>Parameter</u>	<u>Specimen</u>	<u>Results</u>	<u>Biological Reference</u>	<u>Method</u>
Total Bilirubin	Serum	0.42	0.2 - 1.3 mg/dl	
Direct Bilirubin		0.13	0.1 - 0.3 mg/dl	
Indirect Bilirubin		0.29	0.1 - 1.1 mg/dl	
Alkaline Phosphatase		112	38 - 126 U/L	
SGPT/ALT		17	13 - 45 U/L	
SGOT/AST		24	13 - 35 U/L	
Serum Total Protein		7.51	6.3 - 8.2 gm/dl	
Albumin Serum		4.54	3.5 - 5.0 gm/dl	Bromocresol green Dye Binding
Globulin		2.97	2.0 - 4.0 gm/dl	
A/G Ratio		1.53		

\*\*\* End Of Report \*\*\*

Suggested Clinical Correlation \* If necessary, Please discuss

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**Dr. GAURI HARDAS, MBBS,MD  
CONSULTANT PATHOLOGIST**





**CLINICAL DIAGNOSTIC LABORATORY**  
**DEPARTMENT OF BIOCHEMISTRY**

**Patient Name** : Mrs. NEELU NAGOTRA SHIV      **Age / Gender** : 27 Y(s)/Female  
**Bill No/ UMR No** : BIL2425052337/MRNP2425023044      **Referred By** : Dr. Vimmi Goel MBBS,MD  
**Received Dt** : 01-Oct-24 11:08 am      **Report Date** : 01-Oct-24 01:05 pm

**RFT**

<u>Parameter</u>	<u>Specimen</u>	<u>Result Values</u>	<u>Biological Reference</u>	<u>Method</u>
Blood Urea	Serum	15	15.0 - 36.0 mg/dl	
Creatinine		0.54	0.52 - 1.04 mg/dl	
GFR		129.3	>90 mL/min/1.73m square.	
Sodium		139	136 - 145 mmol/L	Direct ion selective electrode
Potassium		4.33	3.5 - 5.1 mmol/L	

\*\*\* End Of Report \*\*\*

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**Dr. GAURI HARDAS, MBBS,MD**  
**CONSULTANT PATHOLOGIST**



**CLINICAL DIAGNOSTIC LABORATORY  
DEPARTMENT OF BIOCHEMISTRY**

<b>Patient Name</b> : Mrs. NEELU NAGOTRA SHIV	<b>Age /Gender</b> : 27 Y(s)/Female
<b>Bill No/ UMR No</b> : BIL2425052337/MRNP2425023044	<b>Referred By</b> : Dr. Vimmi Goel MBBS,MD
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**THYROID PROFILE**

<u>Parameter</u>	<u>Specimen</u>	<u>Results</u>	<u>Biological Reference</u>	<u>Method</u>
T3	Serum	1.42	0.55 - 1.70 ng/ml	
Free T4		1.09	0.80 - 1.70 ng/dl	
TSH		2.15	0.50 - 4.80 uIU/ml	Enhanced chemiluminescence

\*\*\* End Of Report \*\*\*

Suggested Clinical Correlation \* If necessary, Please discuss

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**Dr. GAURI HARDAS, MBBS,MD  
CONSULTANT PATHOLOGIST**



**CLINICAL DIAGNOSTIC LABORATORY  
DEPARTMENT OF PATHOLOGY**

<b>Patient Name</b> : Mrs. NEELU NAGOTRA SHIV	<b>Age / Gender</b> : 27 Y(s)/Female
<b>Bill No/ UMR No</b> : BIL2425052337/MRNP2425023044	<b>Referred By</b> : Dr. Vimmi Goel MBBS,MD
<b>Received Dt</b> : 01-Oct-24 11:24 am	<b>Report Date</b> : 01-Oct-24 01:44 pm

**URINE MICROSCOPY**

<u>Parameter</u>	<u>Specimen</u>	<u>Results</u>	<u>Biological Reference</u>	<u>Method</u>
<b><u>PHYSICAL EXAMINATION</u></b>				
Volume	Urine	40 ml		
Colour.		Pale yellow		
Appearance		Clear	Clear	
<b><u>CHEMICAL EXAMINATION</u></b>				
Specific gravity		1.010	1.005 - 1.025	ion concentration
Reaction (pH)		5.0	4.6 - 8.0	Indicators
Nitrate		Negative	Negative	
Urine Protein		Negative	Negative	protein error of pH indicator
Sugar		Negative	Negative	GOD/POD
Ketone Bodies		Negative	Negative	Legal's est Principle
Urobilinogen		Normal	Normal	Ehrlich's Reaction
Bilirubin		Negative	Negative	Diazonium
<b><u>MICROSCOPIC EXAMINATION</u></b>				
Pus Cells		0-1	0 - 4 /hpf	
R.B.C.		Absent	0 - 4 /hpf	
Epithelial Cells		0-1	0 - 4 /hpf	
Casts		Absent	Absent	



**CLINICAL DIAGNOSTIC LABORATORY**  
**DEPARTMENT OF PATHOLOGY**

<b>Patient Name</b> : Mrs. NEELU NAGOTRA SHIV	<b>Age / Gender</b> : 27 Y(s)/Female
<b>Bill No/ UMR No</b> : BIL2425052337/MRNP2425023044	<b>Referred By</b> : Dr. Vimmi Goel MBBS,MD
<b>Received Dt</b> : 01-Oct-24 11:24 am	<b>Report Date</b> : 01-Oct-24 01:44 pm

<u>Parameter</u>	<u>Specimen</u>	<u>Results</u>	<u>Biological Reference Method</u>
Crystals		Absent	
*** End Of Report ***			

Suggested Clinical Correlation \* If necessary, Please discuss

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**Dr. Anuradha Deshmukh, MBBS,MD**  
**CONSULTANT MICROBIOLOGIST**



**CLINICAL DIAGNOSTIC LABORATORY  
DEPARTMENT OF PATHOLOGY**

<b>Patient Name</b> : Mrs. NEELU NAGOTRA SHIV	<b>Age / Gender</b> : 27 Y(s)/Female
<b>Bill No/ UMR No</b> : BIL2425052337/MRNP2425023044	<b>Referred By</b> : Dr. Vimmi Goel MBBS,MD
<b>Received Dt</b> : 01-Oct-24 11:24 am	<b>Report Date</b> : 01-Oct-24 01:44 pm

**USF(URINE SUGAR FASTING)**

<u>Parameter</u>	<u>Specimen</u>	<u>Result Values</u>	<u>Biological Reference</u>	<u>Method</u>
Urine Glucose	Urine	Negative	Fasting Urine Sugar	STRIP
Comment		*** End Of Report ***		

Suggested Clinical Correlation \* If necessary, Please discuss

Verified By : : 11101075

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**Dr. Anuradha Deshmukh, MBBS,MD  
CONSULTANT MICROBIOLOGIST**



**CLINICAL DIAGNOSTIC LABORATORY  
DEPARTMENT OF IMMUNO HAEMATOLOGY**

<b>Patient Name</b> : Mrs. NEELU NAGOTRA SHIV	<b>Age / Gender</b> : 27 Y(s)/Female
<b>Bill No/ UMR No</b> : BIL2425052337/MRNP2425023044	<b>Referred By</b> : Dr. Vimmi Goel MBBS,MD
<b>Received Dt</b> : 01-Oct-24 11:08 am	<b>Report Date</b> : 01-Oct-24 01:59 pm

**BLOOD GROUPING AND RH**

<u>Parameter</u>	<u>Specimen</u>	<u>Results</u>
BLOOD GROUP.	EDTA Whole Blood & Plasma/ Serum	" O "

Gel Card Method

Rh (D) Typing.

" Positive "(+Ve)  
\*\*\* End Of Report \*\*\*

Suggested Clinical Correlation \* If necessary, Please discuss

Verified By : : 11100245

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**Dr. GAURI HARDAS, MBBS,MD  
CONSULTANT PATHOLOGIST**

**DEPARTMENT OF RADIOLOGY & IMAGING SCIENCE**

NAME	NEELU NAGOTRA SHIV	STUDY DATE	01-10-2024 12:48:44
AGE/ SEX	27Y1D / F	HOSPITAL NO.	MRNP2425023044
ACCESSION NO.	BIL2425052337-10	MODALITY	DX
REPORTED ON	01-10-2024 13:23	REFERRED BY	Dr. Vimmi Goel

**X-RAY CHEST PA VIEW**

Both the lung fields are clear.

Heart and Aorta are normal.

Both hilar shadows appear normal.

Diaphragm domes and CP angles are clear.

Bony cage is normal.

**IMPRESSION** -No pleuro-parenchymal abnormality seen.



**DR NAVEEN PUGALIA**  
**MBBS, MD [076125]**  
**SENIOR CONSULTANT RADIOLOGIST.**

PATIENT NAME:	NEELU NAGOTRA SHIV	AGE /SEX:	27 YRS/F
UMR NO:	2425023044	BILL NO:	BIL2425052337
REF BY	DR. VIMMI GOEL	DATE:	/SEP/2024

**USG WHOLE ABDOMEN**

LIVER is normal in size (14 cc), shape and shows normal echotexture.  
No evidence of any focal lesion seen. Intrahepatic billiary radicals are not dilated.  
PORTAL VEIN and CBD are normal in course and caliber.

GALL BLADDER is physiologically distended. No stones or sludge seen within it.  
Wall thickness is within normal limits.

Visualized head and body of PANCREAS is normal in shape, size and echotexture.

SPLEEN is normal in size (10 cm) shape and echotexture. No focal lesion seen.

Right kidney measures 8.7 x 4.0 cm. Left kidney measures 9.7 x 5.2 cm.  
Both KIDNEYS are normal in shape, size and echotexture.  
No evidence of calculus or hydronephrosis seen.  
URETERS are not dilated.

URINARY BLADDER is partially distended. No calculus or mass lesion seen.

Uterus is anteverted and normal. It measures 5.5 x 3.4 x 7.0 cm.  
No focal myometrial lesion seen.

Endometrial echo-complex appears normal. ET – 9.8 mm.

Right ovary measures 2.7 x 2.2 x 2.6 cm, volume 8.5 cc.

Left ovary measures 2.9 x 1.8 x 2.7 cm, volume 8 cc.

No adnexal mass lesion seen.

There is no free fluid or abdominal lymphadenopathy seen.

**IMPRESSION:**

- No significant visceral abnormality seen.  
Suggest clinical correlation / further evaluation.



**DR. REEMA PERVEZ**  
**MBBS, DMRD, DNB**  
**CONSULTANT RADIOLOGIEST.**



Kingsway Hospitals  
44 Kingsway, Mohan Nagar,  
Near Kasturchand Park, Nagpur

Station  
Telephone:

### EXERCISE STRESS TEST REPORT

Patient Name: Mrs. Neelu Nagotra, Shiv  
Patient ID: 023044  
Height:  
Weight:  
Study Date: 01.10.2024  
Test Type: Treadmill Stress Test  
Protocol: BRUCE

DOB: 08.05.1997  
Age: 27yrs  
Gender: Female  
Race: Indian  
Referring Physician: Mediwheel HCU  
Attending Physician: Dr. Vimmi Goel  
Technician: --

Medications:  
--

Medical History:  
NIL

**Reason for Exercise Test:**

Screening for CAD

**Exercise Test Summary:**

Phase Name	Stage Name	Time in Stage	Speed (mph)	Grade (%)	HR (bpm)	BP (mmHg)	Comment
PRETEST	SUPINE	00:33	0.00	0.00	100	100/60	
EXERCISE	WARM-UP	00:26	1.00	0.00	98		
	STAGE 1	03:00	1.70	10.00	137	100/60	
	STAGE 2	03:00	2.50	12.00	148	110/70	
	STAGE 3	01:23	3.40	14.00	166		
RECOVERY		01:00	0.00	0.00	123		
		02:00	0.00	0.00	112	120/70	
		00:15	0.00	0.00	104		

The patient exercised according to the BRUCE for 7:23 min:s, achieving a work level of Max. METS: 10.10. The resting heart rate of 96 bpm rose to a maximal heart rate of 166 bpm. This value represents 86 % of the maximal, age-predicted heart rate. The resting blood pressure of 100/60 mmHg, rose to a maximum blood pressure of 120/70 mmHg. The exercise test was stopped due to Target heart rate achieved.

**Interpretation:**

Summary: Resting ECG: T wave inversion.

Functional Capacity: normal.

HR Response to Exercise: appropriate.

BP Response to Exercise: normal resting BP - appropriate response.

Chest Pain: none.

Arrhythmias: none.

ST Changes: none.

Overall impression: Normal stress test.

**Conclusions:**

TMT is negative for inducible ischemia.

Baseline T wave inversion.

  
**Dr. VIMMI GOEL**  
MBBS, MD  
Sr. Consultant-Non Invasive Cardiology  
Reg.No.: 2014/01/0113

27 Years

MRS NEELU NAGOTRA  
Female

01-Oct-24 10:49:32 AM  
KIMS-KINGSWAY HOSPITALS

PHC DEPT.

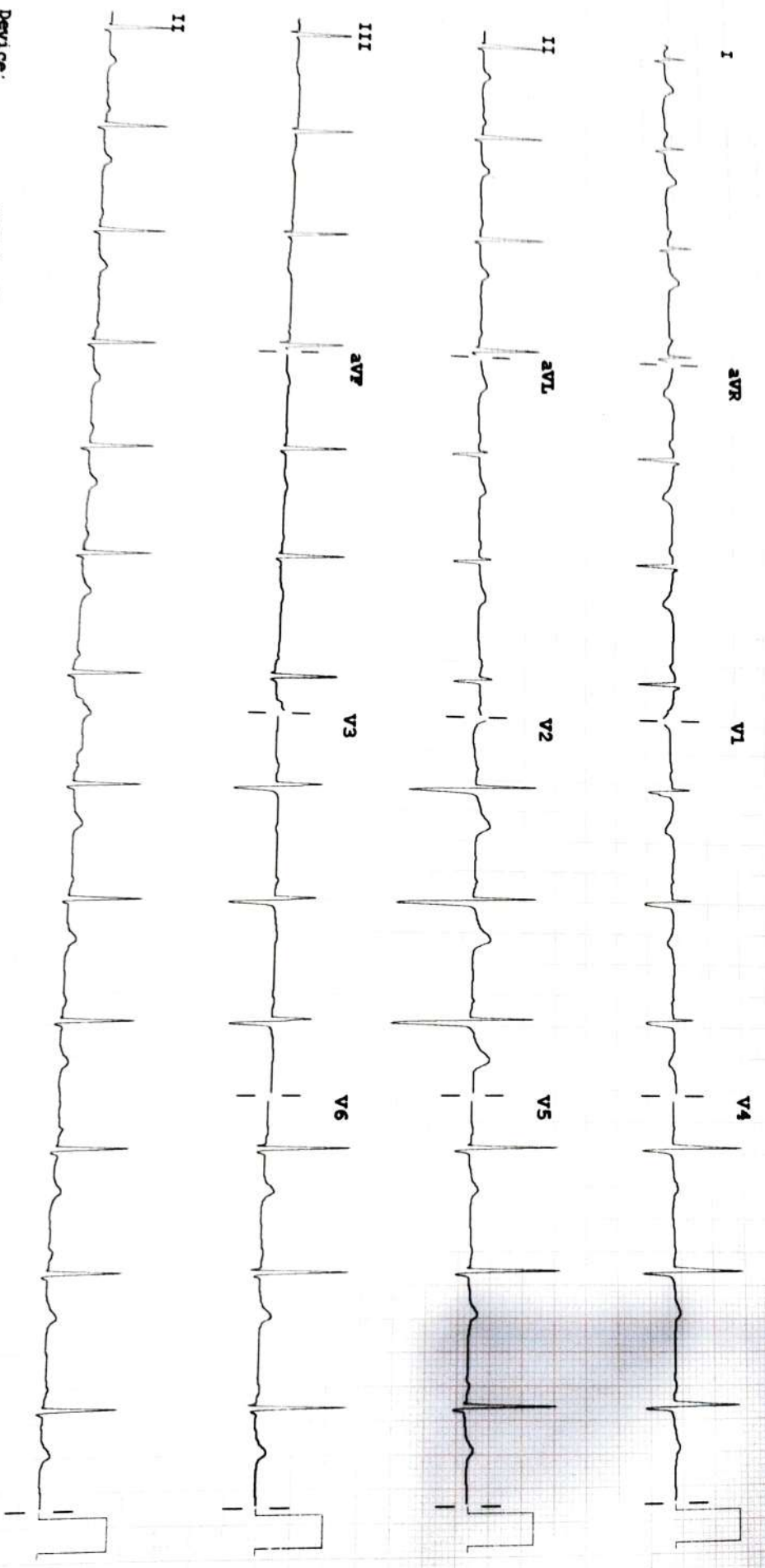
Rate 78 Sinus rhythm..... normal P axis, V-rate 50-99  
Borderline T wave abnormalities..... T/QRs ratio < 1/20 or flat T

PR 127  
QRSD 75  
QT 369  
QTc 421

--AXIS--  
P 16  
QRS 76  
T 6  
12 Lead: Standard Placement

- BORDERLINE ECG -

Unconfirmed Diagnosis



Device:

Speed: 25 mm/sec Limb: 10 mm/mV Chest: 10.0 mm/mV

PHILIPS

F 50~ 0.50-150 Hz W

100B CL

P?