

भारत

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Issue Date: 10/07/2013

सुनील कुमार बारुन देस
Sunil Kumar Barun Des
जन्म तारीख/DOB: 10/10/1966
लिंग/ GENDER: MALE

7563 0715 8502
VID : 9193 2627 3829 6135

भारी आधार, भारी आरक्षण

LETTER OF APPROVAL / RECOMMENDATION

To,

The Coordinator,
Mediwheel (Arcofemi Healthcare Limited)
Helpline number: 011- 41195959

Dear Sir / Madam,

Sub: Annual Health Checkup for the employees of Bank of Baroda

This is to inform you that the following employee wishes to avail the facility of Cashless Annual Health Checkup provided by you in terms of our agreement.

PARTICULARS	EMPLOYEE DETAILS
NAME	MR. DAS SUNILKUMAR
EC NO.	166199
DESIGNATION	SINGLE WINDOW OPERATOR A
PLACE OF WORK	VADODARA,LAXMIPURA
BIRTHDATE	10-10-1966
PROPOSED DATE OF HEALTH CHECKUP	09-03-2024
BOOKING REFERENCE NO.	23M166199100097392E

This letter of approval / recommendation is valid if submitted along with copy of the Bank of Baroda employee id card. This approval is valid from **06-03-2024** till **31-03-2024**. The list of medical tests to be conducted is provided in the annexure to this letter. Please note that the said health checkup is a **cashless facility** as per our tie up arrangement. We request you to attend to the health checkup requirement of our employee and accord your top priority and best resources in this regard. The EC Number and the booking reference number as given in the above table shall be mentioned in the invoice, invariably.

We solicit your co-operation in this regard.

Yours faithfully,

Sd/-

Chief General Manager
HRM Department
Bank of Baroda

(Note: This is a computer generated letter. No Signature required. For any clarification, please contact Mediwheel (Arcofemi Healthcare Limited))

SUGGESTIVE LIST OF MEDICAL TESTS

FOR MALE	FOR FEMALE
CBC	CBC
ESR	ESR
Blood Group & RH Factor	Blood Group & RH Factor
Blood and Urine Sugar Fasting	Blood and Urine Sugar Fasting
Blood and Urine Sugar PP	Blood and Urine Sugar PP
Stool Routine	Stool Routine
Lipid Profile	Lipid Profile
Total Cholesterol	Total Cholesterol
HDL	HDL
LDL	LDL
VLDL	VLDL
Triglycerides	Triglycerides
HDL / LDL ratio	HDL / LDL ratio
Liver Profile	Liver Profile
AST	AST
ALT	ALT
GGT	GGT
Bilirubin (total, direct, indirect)	Bilirubin (total, direct, indirect)
ALP	ALP
Proteins (T, Albumin, Globulin)	Proteins (T, Albumin, Globulin)
Kidney Profile	Kidney Profile
Serum creatinine	Serum creatinine
Blood Urea Nitrogen	Blood Urea Nitrogen
Uric Acid	Uric Acid
HBA1C	HBA1C
Routine urine analysis	Routine urine analysis
USG Whole Abdomen	USG Whole Abdomen
General Tests	General Tests
X Ray Chest	X Ray Chest
ECG	ECG
2D/3D ECHO / TMT	2D/3D ECHO / TMT
Stress Test	Thyroid Profile (T3, T4, TSH)
PSA Male (above 40 years)	Mammography (above 40 years) and Pap Smear (above 30 years).
Thyroid Profile (T3, T4, TSH)	Dental Check-up consultation
Dental Check-up consultation	Physician Consultation
Physician Consultation	Eye Check-up consultation
Eye Check-up consultation	Skin/ENT consultation
Skin/ENT consultation	Gynaec Consultation



EXAMINATION BY DENTAL

Name : SUNILKUMAR DAS

Age/Sex: 57/MALE

Reg No : 20240308698

DOE: 09/03/2024

Presenting Complaint : PAIN IN UPPER RIGHT BACK TOOTH REGION

Medical History : NAD

Examination : DEEP CARRING IN 6 , MISSING IN 6
CALCULUS ++ , STAIN ++

Impression : -

Advice : EXTRACTION IRT 6 , FDP IRT 765
SCALLING AND POLISHING 765





Examination By Ophthalmologist

Name :	SUNILKUMAR DAS	Age :	57/MALE
Reg.No :	20240308698	DOE :	09/03/2024

Present Complaints :	C/O WATER RE (1WEEK)
Medical History :	NILL
Examination Of Eye :	-

External Examination :	WNL	WNL
Ati Seg Examination :	WNL	WNL
Schiotz Tonometry IOP :		
Fundus :		

Without Glass	Distant Vision : 6/18	6/9
	Near Vision : N12	N12
With Glass	Distant Vision : 6/6	6/6
	Near Vision : N6	N6
Colour Vision (With Ishihara Chart) :		WNL
Impression: WNL RE C/O WATER		
Advice : BIFOCAL GLASS USE VITREON SACHETA (SUNWAYS) (30) (10 DAYS UP TO 1 MONTH)		

DR PANKTI SHAH
Savita Hospital Vadodara
Superspecialty Hospital



PHYSICIAN EXAMINATION

Name :	SUNIL KUMAR DAS	Age :	57/MALE
Reg.No :	20240308698	DOE :	09/03/2024

Physical Examination:

Height:	168CM	Weight:	68KG	PULSE:	65	Temperature:	NORMAL
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BMI :	24.09	BP :	136/88	SPO2	98%
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Chief Complaint :	NO COMPLAINTS
Past History :	NAD
General Examination :	NAD
Systemic Examination :	NAD
INVESTIGATION :	
ADVICE :	NAD



SAURABH JAIN



Savita

Superspecialty Hospital
(A Unit of Solace Healthcare Pvt. Ltd.)

Parivar Char Rasta, Waghodia-Dabhoi Ring Road, Vadodara-390019
☎ 0265-2578844 / 2578849 📞 63596 88442
✉ mh@savitahospital.com 🌐 savitahospital.com



Patient Name : Sunilkumar . Das	Sample No. : 20240313984
Patient ID : 20240308698	
Age / Sex : 57y/Male	Visit No. : OPD20240327732
Consultant : DR SAURABH JAIN	Call. Date : 09/03/2024 09:27
Ward : .	S. Coll. Date : 09/03/2024 11:50
	Report Date : 09/03/2024 15:52

CBC, ESR

Investigation	Result	Normal Value
Hemoglobin :	13.1 gm/dl [L]	13.5 to 18.0 gm/dl
P.C.V. :	40.6 % [L]	42.0 to 52.0 %
M.C.V. :	89.2 fL	78 to 100 fL
M.C.H. :	28.8 pg	27 to 31 pg
M.C.H.C. :	32.3 g/dl	32 to 36 g/dl
RDW :	12.5 %	11.5 to 14.0 %
RBC Count :	4.55 X 10 ⁶ / cumm [L]	4.7 to 6.0 X 10 ⁶ / cumm
Polymorphs :	68 %	38 to 70 %
Lymphocytes :	28 %	15 to 48 %
Eosinophils :	2 %	0 to 6 %
Monocytes :	2 % [L]	3 to 11 %
Total :	100	< 100 > 100
WBC Count :	6900 /cmm	4000 to 10000 /cmm
Platelets Count :	115000 /cmm	1,50,000 to 4,50,000 /cmm
ESR - After One Hour :	16 mm/hr [H]	1 to 13 mm/hr

Dr. Mehul Desai
M.B.D.C.P
Reg.No.G-9521



Patient Name : Sunilkumar , Das	Sample No. : 20240313984
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Blood Group

Investigation	Result	Normal Value
BLOOD GROUP :		
ABO	O	
Rh	Positive	

FBS & PPBS

Investigation	Result	Normal Value
Blood Sugar (FBS) :	97 mg/dl	74 - 100 mg/dl
Urine Sugar (FUS) :	Nil	
Blood Sugar (PP2BS) :	99 mg/dl	70 to 120 mg/dl
Urine Sugar (PP2US) :	Nil	

HBA1C

Investigation	Result	Normal Value
Glycosylated Hb :	5.7 %	Near Normal Glycemia : 6 to 7 Excellent Control : 7 to 8 Good Control : 8 to 9 Fair Control : 9 to 10 Poor Control : > 10
Average Plasma Glucose of Last 3 Months :	116.89	

M. Desai

Dr.Mehul Desai
M.B.D.C.P
Reg.No.G-9521

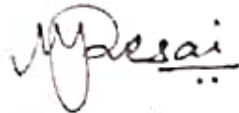


Patient Name :	Sunilkumar . Das	Sample No. :	20240313984
Patient ID :	20240308698	Visit No. :	OPD20240327732
Age / Sex :	57y/Male	Call. Date :	09/03/2024 09 27
Consultant :	DR SAURABH JAIN	S. Coll. Date :	09/03/2024 11:50
Ward :	-	Report Date :	09/03/2024 15:52


Lipid Profile

Investigation	Result	Normal Value
Sample :	Fasting	
Sample Type :	Normal	
Cholesterol (Chol) :	159 mg/dl	Low risk : < 200 Moderate risk : 200 - 239 High risk : > or = 240
Triglyceride :	155 mg/dl	Normal : < 200.0 High : 200 - 499 Very High : > or = 500
HDL Cholesterol :	40 mg/dl	Low risk : >or = 60 mg/dL High risk : Up to 35 mg/dL
LDL :	88 mg/dl [L]	131.0 to 159.0(N) < 130.0(L) > 159.0(H)
VLDL :	31 mg/dl	Up to 0 to 34 mg/dl
LDL/HDL Ratio :	2.2	Low risk : 0.5 to 3.0 Moderate risk : 3.0 to 6.0 Elevted level high > 6.0
Total Chol / HDL Ratio :	3.98	Low Risk : 3.3 to 4.4 Average Risk : 4.4 to 7.1 Moderate Risk : 7.1 to 11.0 High Risk : > 11.0
Total Lipids :	654 mg/dl	400 to 700 mg/dl

Note :- Lipemic samples give high triglyceride value and falsely low LDL value.


Dr. Mehul Desai
M.B.D.C.P
Reg.No.G-9521



Patient Name :	Sunilkumar . Das	Sample No. :	20240313984 
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Age / Sex :	57y/Male	Call. Date :	09/03/2024 09:27
Consultant :	DR SAURABH JAIN	S. Coll. Date :	09/03/2024 11:50
Ward :	-	Report Date :	09/03/2024 15:52


RENAL FUNCTION TEST

Investigation	Result	Normal Value
Creatinine :	0.9 mg/dl	0.6 - 1.4 mg/dl
Urea :	34 mg/ dl	13 - 45 mg/dl
Uric Acid :	5.7 mg/dl	3.5 - 7.2 mg/dl
Calcium :	9.8 mg/dl	8.5 - 10.5
Phosphorus :	4.9 mg/dl	1.5 - 6.8

M. Desai

Dr.Mehul Desai
M.B.D.C.P
Reg.No.G-9521



Patient Name : Sunilkumar . Das	Sample No. : 20240313984 
Patient ID : 20240308698	Visit No. : OPD20240327732
Age / Sex : 57y/Male	Call. Date : 09/03/2024 09:27
Consultant : DR SAURABH JAIN	S. Coll. Date : 09/03/2024 11:50
Ward : -	Report Date : 09/03/2024 15:52

LFT (Liver Function Test)

Investigation	Result	Normal Value
Total Bilirubin :	0.9 mg/dl	0.2 to 1.0 mg/dl
Direct Bilirubin :	0.3 mg/dl	0.0 to 0.2 mg/dl
Indirect Bilirubin :	0.6 mg/dl	0.0 to 0.8 mg/dl
AST (SGOT) :	12 U/L	5 to 34 U/L
ALT (SGPT) :	17 U/L	0 to 55 U/L
Total Protein (TP) :	7.1 g/dL	6.4 to 8.3, g/dl
Albumin (ALB) :	3.9 g/dl	3.5 to 5.2 g/dl
Globulin :	3.2 g/dl	2.3 to 3.5 g/dl
A/G Ratio :	1.22	
Alkaline Phosphatase (ALP) :	103 U/L	40 to 150 U/L
GAMMA GT. :	11 U/L	7 to 35 U/L

M. Desai

Dr. Mehul Desai
M.B.D.C.P
Reg.No.G-9521



Patient Name :	Sunilkumar . Das	Sample No. :	20240313984
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Age / Sex :	57y/Male	Call. Date :	09/03/2024 09:27
Consultant :	DR SAURABH JAIN	S. Coll. Date :	09/03/2024 11:50
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Urine R/M

Investigation	Result	Normal Value
Quantity - :	20 ml	
Colour - :	Pale Yellow	
Reaction (pH) :	7.0	4.6-8.0
Turbidity :	Clear	
Deposit :	Absent	Absent
Sp.Gravity :	1.010	1.005-1.010
Protein :	Absent	Absent
Glucose :	Absent	Absent
Bile Salts :	Absent	Absent
Bile pigments :	Absent	Absent
Ketones :	Absent	Absent
Urobilinogen :	Absent	
Blood :	Absent	Absent
Pus Cells :	2-3 /hpf	0-5/hpf
Red Blood Cells :	2-3 /hpf	Absent
Epithelial Cells :	3-4 /hpf	

Dr.Mehul Desai
M.B.D.C.P
Reg.No.G-9521

REORDER M02429

for PHILIPS



Unipath Specialty Laboratory (Baroda) LLP - Platinum Complex, Opp. HDFC Bank, Nr. Radha Krishna char rasta, Akota, Vadodara - 390020
 Unipath Specialty Laboratory (Baroda) LLP - Platinum Complex, Opp. HDFC Bank, Nr. Radha Krishna char rasta, Akota, Vadodara - 390020
 Mobile: 7228800500 / 8155028222 | Email: info.baroda@unipathllp.in
 Home Visit / OPD Reception : 9998724579



TEST REPORT

Reg. No. : 40301004965 Reg. Date : 09-Mar-2024 12:56 Collected On : 09-Mar-2024 12:56
 Name : Mr. SUNIL DAS Approved On : 09-Mar-2024 14:04
 Age : 57 Years Gender : Male Ref. No. : Dispatch At :
 Ref. By : Tele No. :
 Location : SAVITA SUPERSPECIALTY HOSPITAL @ WAGHODIYA ROAD

Test Name	Results	Units	Bio. Ref. Interval
THYROID FUNCTION TEST			
T3 (triiodothyronine) <i>Method: CLIA</i>	1.23	ng/mL	0.6 - 1.81
T4 (Thyroxine) <i>Method: CLIA</i>	8.20	µg/dL	4.5 - 12.6
TSH (ultra sensitive) <i>Method: CLIA</i>	1.130	µIU/mL	0.55 - 4.78
Sample Type: Serum			

Comments:
 Thyroid stimulating hormone (TSH) is synthesized and secreted by the anterior pituitary in response to a negative feedback mechanism involving concentrations of FT3 (free T3) and FT4 (free T4). Additionally, the hypothalamic tripeptide, thyrotropin-releasing hormone (TRH), directly stimulates TSH production. TSH stimulates thyroid cell production and hypertrophy, also stimulate the thyroid gland to synthesize and secrete T3 and T4. Quantification of TSH is significant to differentiate primary (thyroid) from secondary (pituitary) and tertiary (hypothalamus) hypothyroidism. In primary hypothyroidism, TSH levels are significantly elevated, while in secondary and tertiary hypothyroidism, TSH levels are low.

- TSH levels During Pregnancy :**
- First Trimester : 0.1 to 2.5 µIU/mL
 - Second Trimester : 0.2 to 3.0 µIU/mL
 - Third Trimester : 0.3 to 3.0 µIU/mL

Reference : Carl A. Burtis, Edward R. Ashwood, David E. Bruns. Tietz Textbook of Clinical Chemistry and Molecular Diagnostics. 5th Edition. Philadelphia: WB Saunders, 2012: 2170

This is an electronically authenticated report.

Test done from collected sample.

Printed On: 09-Mar-2024 18:15

We are open 24 x 7 & 365 days

Dr. Vishal Jhaveri
 M.B.B.S, D.C.P

Reg. G-13041
 LLP Identification Number: AAN-8932
 Page 1 of 2



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Unipath Specialty Laboratory (Baroda) LLP - Platinum Complex, Opp. HDFC Bank, Nr. Radha Krishna char rasta, Akota, Vadodara - 390020
Mobile: 7228800500 / 8155028222 | Email: info.baroda@unipathllp.in
Home Visit / OPD Reception : 9998724579



TEST REPORT

Reg. No. : 40301004965 Reg. Date : 09-Mar-2024 12:56 Collected On : 09-Mar-2024 12:56
Name : Mr. SUNIL DAS Approved On : 09-Mar-2024 14:03
Age : 57 Years Gender : Male Ref. No. : Dispatch At :
Ref. By : Tele No. :
Location : SAVITA SUPERSPECIALTY HOSPITAL @ WAGHODIYA ROAD

Test Name	Results	Units	Bio. Ref. Interval
PSA	1.510	ng/mL	0 - 4

Method: CLIA

Sample Type: Serum

Useful For

1. Evaluating patients with documented prostate problems in whom multiple prostate-specific antigen tests may be necessary per year
2. Monitoring patients with a history of prostate cancer as an early indicator of recurrence and response to treatment
3. Prostate cancer screening.

Comments

-Prostate-specific antigen (PSA) is a glycoprotein that is produced by the prostate gland, the lining of the urethra, and the bulbo-urethral gland. Normally, very little PSA is secreted in the blood. Increases in glandular size and tissue damage caused by benign prostatic hypertrophy, prostatitis, or prostate cancer may increase circulating PSA levels.

-Digital rectal examination generally does not increase normal prostate-specific antigen (PSA) values. However, cystoscopy, urethral instrumentation, and prostate biopsy may increase PSA levels.

----- End Of Report -----

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Dr. Vishal Jhaveri
M.B.B.S, D.C.P
Reg. G-13041
LLP Identification Number: AAN-8932
Page 2 of 2



2D-ECHOCARDIOGRAPHY AND COLOR DOPPLER REPORT

NAME: SUNILKUMAR DAS

AGE/SEX: 57YRS/MALE

DATE: 09/03/2024

REF BY: DIRECT

OBSERVATION:

- NORMAL LV SIZE AND NORMAL LV SYSTOLIC FUNCTION. LVEF = 60% (VISUAL).
- NO RWMA AT REST.
- MILD CONCENTRIC LEFT VENTRICULAR HYPERTROPHY.
- GRADE I LV DIASTOLIC DYSFUNCTION.
- MILD MR. NO MS.
- NO AR. NO AS.
- TRIVIAL TR. NO PAH.
- NORMAL SIZED LA, RA & RV WITH NORMAL RV SYSTOLIC FUNCTION.
- NORMAL SIZED MPA, RPA & LPA.
- IAS : THIN ,INTACT IVS.
- NO E/O INTRACARDIAC CLOT/VEGETATION/PE.
- NORMAL IVC.
- NORMAL PERICARDIUM.

LA: 35MM

AO: 27MM

IVS: 12/14MM

LVPW: 12/15MM

LVID: 45/26MM

CONCLUSION:

- MILD CONCENTRIC LEFT VENTRICULAR HYPERTROPHY
- NORMAL LV/RV SIZE AND SYSTOLIC FUNCTION.
- NO RWMA AT REST.
- LVEF = 60% (VISUAL).

DR.NIRAV BHALANI
[CARDIOLOGIST]

DR.ARVIND SHARMA
[CARDIOLOGIST]

DAS, SUNILKUMAR

Male

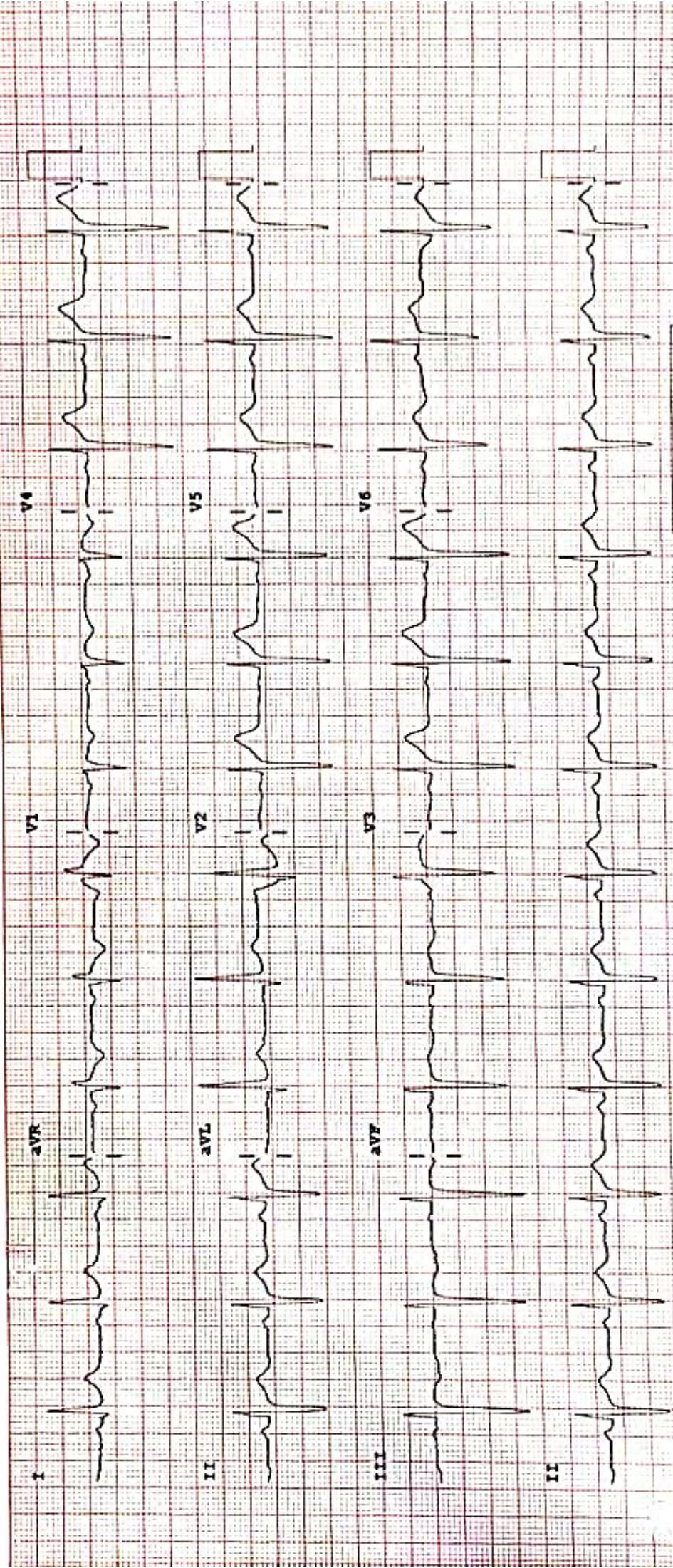
57 Years

Rate 73

PR 168
QRS 100
QT 392
QTc 432

--AXIS--
P 42
QRS -57
T 16

12 Lead; Standard Placement



P 50- 0.50-1.50 Hz W PR09

Speed: 25 mm/sec Limb: 10 mm/mV Chest: 10.0 mm/mV

Device:

PHILIPS

REORDER M03470



PATIENT NAME: SUNILKUMAR DAS

AGE/SEX: 57YRS/M

DATE: Saturday, 09 March 2024

ULTRASOUND OF ABDOMEN & PELVIS

LIVER appears normal in size and shows normal parenchymal echogenicity. No evidence of focal lesion. No evidence of dilated IHBR or portal vein. CBD appears normal.

GALL BLADDER is distended. No e/o wall thickening, pericholecystic edema or calculus within.

VISUALIZED PART OF PANCREAS appears normal. MPD is WNL.

SPLEEN appears normal in size and shows normal parenchymal echogenicity. No evidence of focal lesion.

BOTH KIDNEYS appear normal in size and position.

Show normal cortical echogenicity. Corticomedullary differentiation is maintained.

No calculus or hydronephrosis on either side.

URINARY BLADDER is full. Mucosal surface appears smooth with no e/o obvious wall thickening or calculus within.

PROSTATE appears normal in size. No evidence of focal lesion noted.

BOWEL LOOPS appear normal and show normal peristalsis

No evidence of LYMPHADENOPATHY noted.

No evidence of ASCITES or PLEURAL EFFUSION noted.

IMPRESSION:

- NO SIGNIFICANT ABNORMALITY NOTED IN PRESENT SCAN.

for
DR SHARAD RUNGTA (MD & DNB)
CONSULTANT RADIOLOGIST

Not all pathologies can be detected on ultrasound in each scan. Further radiographic evaluation is suggested if required.



PATIENT NAME: SUNILKUMAR DAS

AGE/SEX: 57 YRS/M

DATE: Saturday, 09 March 2024

CHEST X-RAY (PA)

Both lung fields appear normal.

Both hila appear normal

Bilateral costo-phrenic angles appear grossly clear

Mediastinum and cardiac shadow appear normal

Bony thorax appears unremarkable

No evidence of free gas under domes of diaphragm

IMPRESSION:

- NO SIGNIFICANT ABNORMALITY NOTED IN LUNG FIELDS
- NORMAL CARDIAC SHADOW

for
DR SHARAD RUNGTA (MD & DNB)
CONSULTANT RADIOLOGIST

Not all pathologies can be detected on ultrasound in each scan. Further radiographic evaluation is suggested if required.