



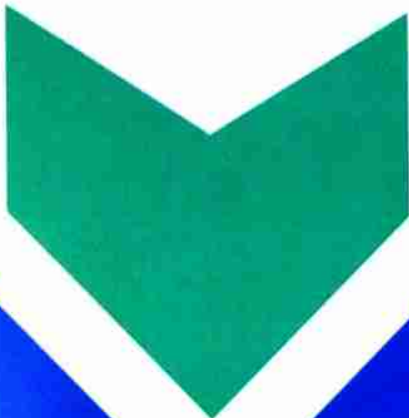
MR. Ankit Upadhyay



22/7/24



V-ONE hospital.





Patient Name : MR. ANKIT UPADHYAY (MRN-240701355)
Age / Gender : 36 Yr / M
Address : C. 78 VINOBA NAGARRATLAM , Titari, Ratlam, MADHYA PRADESH
Req. Doctor: VONE HOSPITAL
Regn. ID: WALKIN.24-25-6681

Request Date : 22-07-2024 10:21 AM
Collection Date : 22-07-2024 10:24 AM | H-5178
Acceptance Date : 22-07-2024 10:25 AM | TAT: 03:54 [HH:MM]

HAEMATOLOGY

Reporting Date : 22-07-2024 02:19 PM
Reporting Status : Finalized

Investigations	Result	Biological Reference Range
CBC		
Haemoglobin	14.5 gm%	M 14 - 18 gm% (Age 1 - 100)
RBC Count	5.38 mill./cu.mm *	M 3.8 - 4.8 mill./cu.mm (Age 1 - 100)
Packed Cell Volume (PCV)	43.5 %	M 40 - 54 % (Age 1 - 100)
MCV	80.7 Cu.m.	76 - 96 Cu.m. (Age 1 - 100)
MCH	27.0 pg	27 - 32 pg (Age 1 - 100)
MCHC	33.4 %	30.5 - 34.5 % (Age 1 - 100)
Platelet Count	255 10 ³ /uL	150 - 450 10 ³ /uL (Age 1 - 100)
Total Leukocyte Count (TLC)	3.83 10³/uL *	4.5 - 11 10 ³ /uL (Age 1 - 100)
Differential Leukocyte Count (DLC)		
Neutrophils	66 %	40 - 70 % (Age 1 - 100)
Lymphocytes	30 %	20 - 40 % (Age 1 - 100)
Monocytes	02 %	2 - 10 % (Age 1 - 100)
Eosinophils	02 %	1 - 6 % (Age 1 - 100)
Basophils	00 %	< 1 %
ESR (WINTROBE METHOD)	11 mm/hr	M 0 - 12 mm/hr

END OF REPORT.

DR. QUTBUDDIN CHAHWALA
M.D.PATHOLOGIST

Result relate to the sample as received.

V-ONE HOSPITAL Department of Laboratory Medicine.

The Test results are for diagnostic purpose only, not for medico legal purpose.



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Regn. ID : WALKIN.24-25-6681



Request Date : 22-07-2024 10:21 AM
Collection Date : 22-07-2024 10:24 AM | BIO6239
Acceptance Date : 22-07-2024 10:25 AM | TAT: 05:16 [HH:MM]

BIOCHEMISTRY

Reporting Date : 22-07-2024 03:41 PM
Reporting Status : Revised And Finalized

Investigations	Result	Biological Reference Range
FBS & PPBS *[Ser/Plas]		
FBS	103.3 mg/dL	70 - 110 mg/dL
URINE SUGAR - FASTING	Absent	
PPBS	134.7 mg/dL	100 - 140 mg/dL
URINE SUGAR POST - PRANDIAL	Absent	

END OF REPORT.

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Request Date : 22-07-2024 10:21 AM
Collection Date : 22-07-2024 10:24 AM | H-5178
Acceptance Date : 22-07-2024 10:25 AM | TAT: 03:55 [HH:MM]
HAEMATOLOGY
Reporting Date : 22-07-2024 02:20 PM
Reporting Status : Finalized

Investigations	Result	Biological Reference Range
BLOOD GROUP		
ABO GROUP	B	
RH FACTOR	Positive	
HBA1C		
Glyco Hb (HbA1C)	6.0 %	4 - 6 %
Estimated Average Glucose	125.50 mg/dL	mg/dL

Interpretation: 1.HbA1C has been endorsed by clinical groups and American Diabetes Association guidelines 2017 for diagnosing diabetes using a cut off point of 6.5%
2.Low glycated haemoglobin in a non diabetic individual are often associated with systemic inflammatory diseases, chronic anaemia (especially severe iron deficiency and haemolytic), chronic renal failure and liver diseases. Clinical correlation suggested.
3.In known diabetic patients, following values can be considered as a tool for monitoring the glycemic control. Excellent control-6-7 %

END OF REPORT.


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Request Date : 22-07-2024 10:21 AM
Collection Date : 22-07-2024 10:24 AM | BIO6239
Acceptance Date : 22-07-2024 10:25 AM | TAT: 03:55 [HH:MM]
BIOCHEMISTRY
Reporting Date : 22-07-2024 02:20 PM
Reporting Status : Finalized

Investigations	Result	Biological Reference Range
Lipid Profile		
Total Cholesterol	136 mg/dL	0 - 200 mg/dL
Tryglyceride	94 mg/dL *	150 - 200 mg/dL
HDL Cholesterol	43.1 mg/dL	35 - 79 mg/dL
VLDL (Calculated)	18.8 mg/dL	5 - 40 mg/dL
LDL	74.10 mg/dL	0 - 130 mg/dL
Total Cholesterol /HDL	3.16	0 - 5
LDL/HDL	1.72	0.3 - 5

END OF REPORT.

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Request Date : 22-07-2024 10:21 AM
Collection Date : 22-07-2024 10:24 AM | BIO6239
Acceptance Date : 22-07-2024 10:25 AM | TAT: 03:56 [HH:MM]
BIOCHEMISTRY
Reporting Date : 22-07-2024 02:21 PM
Reporting Status : Revised And Finalized

Investigations	Result	Biological Reference Range
LFT		
SGOT	13.8 U/L	0 - 40 U/L
SGPT	15.8 U/L	M 0 - 40 U/L
TOTAL BILIRUBIN	0.84 mg/dL	0 - 1.1 mg/dL
DIRECT BILIRUBIN	0.26 mg/dL *	0 - 0.2 mg/dL
INDIRECT BILIRUBIN	0.58 mg/dL	0.2 - 0.8 mg/dL
TOTAL PROTEIN	7.00 mg/dL	6.6 - 8.8 mg/dL
S.ALBUMIN	3.58 mg/dL	3.5 - 5.5 mg/dL
GLOBULIN	3.42 mg/dL	2 - 3.5 mg/dL
A.G.RATIO	1.05 *	1.1 - 1.5
ALKALINE PHOSPHATASE	84 U/L	M 40 - 129 U/L CHILD 54 - 369 U/L
PT INR		
PT	13.9 sec	13 - 15 sec
CONTROL	12.8	
INR	1.10	0.8 - 1.1
HBSAG	Non Reactive	
ALT / AST RATIO	1.14	< 1.5
AST / ALT RATIO	0.87	< 1

END OF REPORT.

DR. QUTBUDDIN CHAHWALA
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Request Date : 22-07-2024 10:21 AM
Collection Date : 22-07-2024 10:24 AM | BIO6239
Acceptance Date : 22-07-2024 10:25 AM | TAT: 03:59 [HH:MM]

BIOCHEMISTRY

Reporting Date : 22-07-2024 02:24 PM
Reporting Status : Finalized

Investigations	Result	Biological Reference Range
URIC ACID	6.7 mg/dL	Males 3.4 - 7.2 mg/dL Females 2.5 - 6 mg/dL
BUN		
BUN	11.95 mg/dL	5 - 20 mg/dL
BUN / CREATINE RATIO	14.75	10 - 20
CREATININE	0.81 mg/dL	0.7 - 1.4 mg/dL
GGT(GAMMA GLUTAMYL TRANSFERASE)	7.18 U/L *	M 11 - 60 U/L

END OF REPORT.

DR. QUTBUDDIN CHAHWALA
M.D.PATHOLOGIST

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Regn. ID : WALKIN.24-25-6681

Request Date : 22-07-2024 10:21 AM **IMMUNOLOGY**
Collection Date : 22-07-2024 10:24 AM | PATH4900 **Reporting Date :** 22-07-2024 02:29 PM
Acceptance Date : 22-07-2024 10:25 AM | TAT: 04:04 **Reporting Status :** Finalized
 [HH:MM]

Investigations	Result	Biological Reference Range
Thyroid Profile		
T3	0.84 ng/dL	0.58 - 1.62 ng/dL (Age 1 - 100)
T4	9.11 ug/dl	5 - 14.5 ug/dl (Age 1 - 100)
TSH	2.39 uIU/ml	0.35 - 5.1 uIU/ml (Age 1 - 100)

Interpretation: Ultra sensitive-thyroid stimulating hormone (TSH) is a highly effective screening assay for thyroid disorders. In patients with an intact pituitary-thyroid axis, sTSH provides a physiologic indicator of the functional level of thyroid hormone activity. Increased s-TSH indicates inadequate thyroid hormone, and suppressed s-TSH indicates excess thyroid hormone. Transient s-TSH abnormalities may be found in seriously ill, hospitalized patients, so this is not the ideal setting to assess thyroid function. However, even in these patients, s-TSH works better than total thyroxine (an alternative screening test). when the s-TSH result is abnormal, appropriate follow-up tests T4 & free T3 levels should be performed. If TSH is between 5.0 to 10.0 & free T4 & free T3 level are normal then it is considered as subclinical hypothyroidism which should be followed up after 4 weeks & If TSH is > 10 & free T4 & free T3 level are normal then it is considered as overt hypothyroidism. Serum triiodothyronine (T3) levels often are depressed in sick and hospitalized patients, caused in part by the biochemical shift to the production of reverse T3. Therefore, T3 generally is not a reliable predictor of hypothyroidism. However, in a small subset of hyperthyroid patients, hyperthyroidism may be caused by overproduction of T3 (T3 toxicosis). To help diagnose and monitor this subgroup, T3 is measured on all specimens with suppressed s-TSH and normal FT4 concentrations. Normal ranges of TSH & thyroid hormones vary according trimester in pregnancy. TSH ref range in Pregnancy Reference range (microIU/ml)
 First trimester 0.24 - 2.00
 Second trimester 0.43-2.2

END OF REPORT.

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Request Date : 22-07-2024 10:21 AM
Collection Date : 22-07-2024 11:15 AM | CP-2273
Acceptance Date : 22-07-2024 11:15 AM | TAT: 03:12 [HH:MM]
CLINICAL PATHOLOGY
Reporting Date : 22-07-2024 02:27 PM
Reporting Status : Finalized

Investigations	Result	Biological Reference Range
Urine Routine		
PHYSICAL EXAMINATION		
Quantity	20 ml	
Colour	Pale yellow	Pale Yellow
Deposit	Absent	Absent
Clarity	Clear	Clear
Reaction	Acidic	Acidic
Specific Gravity	1.015	1.001 - 1.035
CHEMICAL EXAMINATION		
Albumin	Absent	Absent
Sugar	Absent	Absent
Bile Salt	Absent	Absent
Bile Pigment	Absent	Absent
Keton	Absent	Absent
Blood	Absent	Absent
MICROSCOPY EXAMINATION		
Red Blood Cells	Nil /hpf	Nil/hpf
Pus Cells	2-3 /hpf	2-3/hpf
Epithelial Cells	1-2 /hpf	3-4/hpf
Casts	Absent	Absent
Crystals	Absent	Absent
Bacteria	Absent	Absent

END OF REPORT.

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Req. Doctor: VONE HOSPITAL
Regn. Number: WALKIN.24-25-6681
Request Date : 22-07-2024

USG - WHOLE ABDOMEN

Liver is normal in size (14 cm) and shape. *Its echogenicity is raised. Margins are smooth and regular. The portal vein and biliary radicals are normal in calibre.*

GB is well distended. Wall thickness is normal with echofree lumen. CBD is within normal limits.

Pancreas is normal in size, shape and echo pattern.

Bilateral kidneys are normal in shape, size and echotexture. Corticomedullary differentiation is maintained. No evidence of any calculus or hydronephrosis.

Rt. Kidney Length: 9.4 cm

Lt. Kidney Length: 9.8 cm

Spleen is normal in size and echopattern.

Urinary bladder is normal in shape and size. Lumen appears echofree. Wall thickness is normal.

Prostate is normal in size. Echotexture is homogenous. Capsule is intact.

No evidence of ascites / pleural effusion.

Visualized bowel loops are normal in course and calibre.

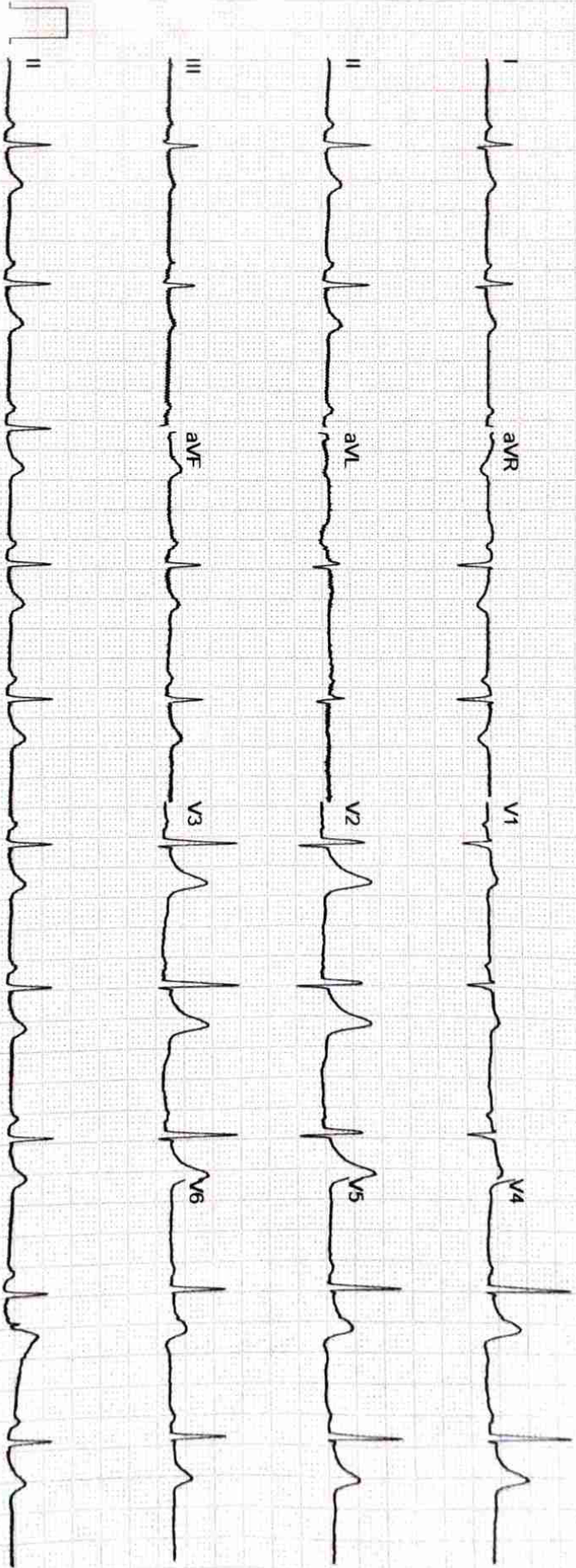
IMPRESSION :-

Grade I fatty liver.


DR. RAVINDRA SINGH
Consultant Radiologist

QRS:	76 ms
QT / QTcBaz:	410 / 419 ms
PR:	146 ms
P:	100 ms
RR / pp:	956 / 952 ms
P / QRS / T:	42 / 64 / 59 degrees

Normal sinus rhythm
Normal ECG



V ONE HOSPITAL INDORE

Name : MR ANKIT UPADHYA
 ID : 240701355
 Age, Wt, Ht : 36years (Male), 93Kg, cm

01234567890

Tested on : 22/07/2024, 11:39 AM
 Doctor : V one hospital

BPL DYNATRAC ULTRA

Test Summary Report

Target HR = 184

HR achieved = 151 (82%)

Peak Ex = Exercise 3

Total time = 13:35

Excercise time = 06:04

Recovery time = 06:05

Protocol = BRUCE

Max ST(mm) = 12.14 (Lead V1)

Min ST(mm) = -4.11 (Lead V1)

Stagewise Summary

Stage Name	Duration (mm:ss)	Max HR (bpm)	Max ST (mm)	Min ST (mm)	Speed km/hr	Slope (%)	METS	sys/dia (map)
Supine	00:36	87	12.14(V1)	-4.11(V1)	0.0	0.0	0.00	120/80(93)
Waiting for Exercise	00:50	78	1.76(V2)	-0.88(AVR)	0.0	0.0	0.00	120/80(93)
Exercise 1	03:00	126	4.21(V1)	-4.11(V1)	2.7	10.0	5.10	---/---(---)
Exercise 2	03:00	151	12.14(V1)	-3.11(V1)	4.0	12.0	7.10	130/90(103)
Peak Exercise 3	00:04	150	2.51(V1)	-1.15(III)	5.5	14.0	8.00	---/---(---)
Recovery 1	01:00	151	2.81(V2)	-1.81(V6)	5.5	14.0	0.00	---/---(---)
Recovery 2	01:00	114	1.75(V2)	-1.21(AVR)	5.5	14.0	0.00	---/---(---)
Recovery 3	01:00	96	0.99(V2)	-0.69(AVR)	5.5	14.0	0.00	120/80(93)
Recovery 4	01:00	93	1.09(V2)	-0.71(AVR)	5.5	14.0	0.00	---/---(---)
Recovery 5	01:00	92	1.21(V2)	-0.85(AVR)	5.5	14.0	0.00	---/---(---)
Recovery 6	01:00	88	1.29(V2)	-1.02(V6)	5.5	14.0	0.00	120/80(93)
Recovery 7	00:05	93	1.18(V2)	-0.91(AVR)	5.5	14.0	0.00	---/---(---)

Rpp: 10440(Supine), 9360(Waiting for Exercise), 19630(Exercise 2), 11520(Recovery 3), 10560(Recovery 6)

Stage comments: none

- Object of test
- Risk factor
- Activity
- Other Investigation
- Ex tolerance
- Ex Arrhythmia
- Hemo Response
- Chrono response
- Reason for Termination



Medication:

History:

Observations: NO SYMPTOMS NOTED DURING PEAK EXERCISE AND RECOVERY
 NO ARRHYTHMIA NOTED
 NORMAL INOTROPIC AND CHRONOTROPIC RESPONSE
 NO ST-T CHANGES NOTED DURING PEAK EXERCISE AND RECOVERY

Final Impression: TEST IS NEGATIVE FOR INDUCIBLE ISCHEMIA

Technician:

Done By: Dr. Deepesh Kothari Confirmed by -

V ONE HOSPITAL INDORE

01234567890

240701355

MR ANKIT UPADHYA

Stage

Pre Test Time

Stage Time

HR

: Supine

: 00:36

: 00:36

: 71 (38%)

Protocol

: BRUCE

Speed(Km/h)

: 0.0

Test on

: 22/07/2024, 11:39 AM

Grade(%)

: 0.00

Doctor

: V one hospital

METS

: 0.00

BPL DYNATRAC ULTRA



Waveforms are computer synthesized.

Technician:

20Hz Filter

Gain: 10mm/mV

Speed: 25mm/sec

V ONE HOSPITAL INDORE

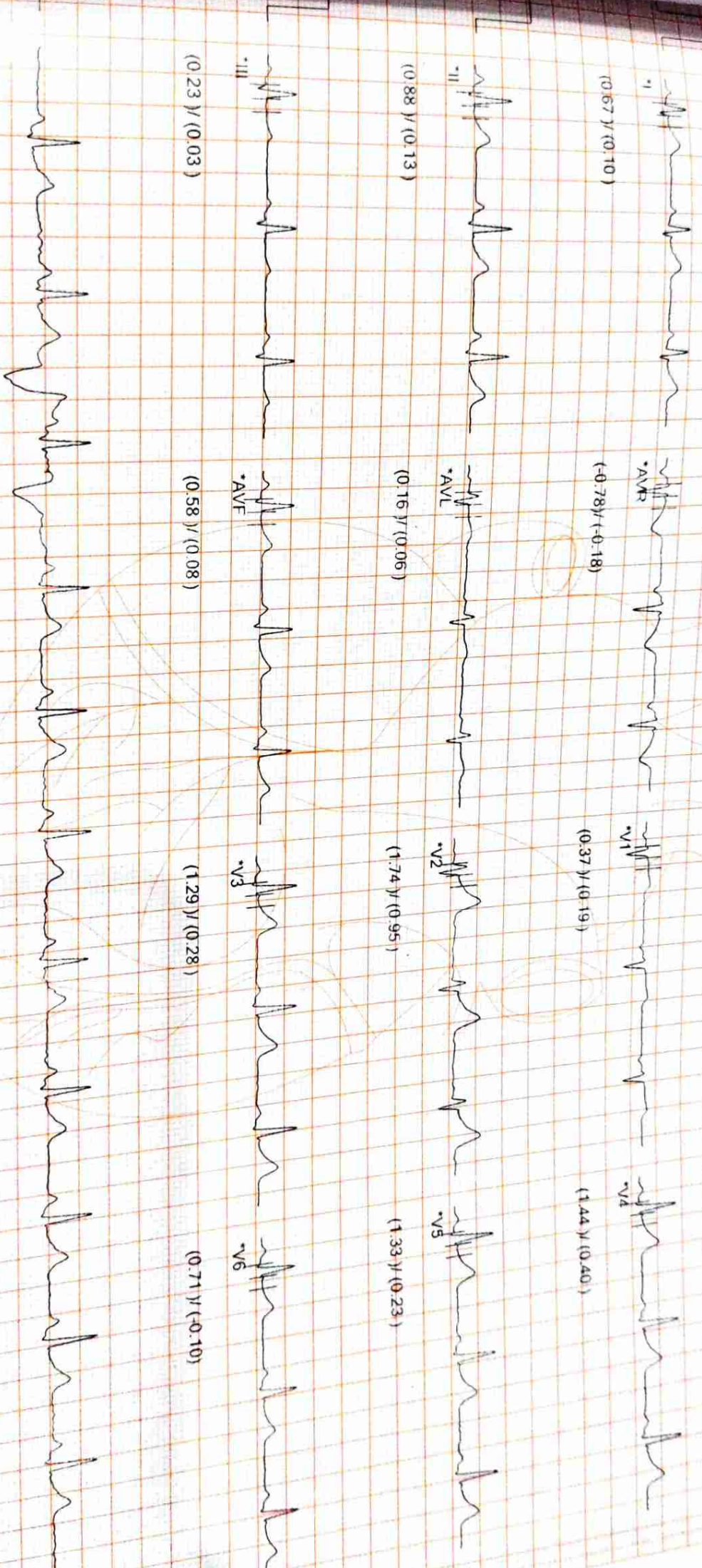
01234567890

ID : 240701355
 NAME : MR ANKIT UPADHYA
 AGE : 36
 NIBP : 120/80(93)
 ST level(mml), ST Slope (mV/sec) at 80ms pJ

Stage : Pre Test Time : 01:26
 Stage Time : 00:50
 HR : 73 (39%)

Waiting for Exe .. Protocol : BRUCE
 Speed(Km/h) : 0.0 Test on : 22/07/2024, 11:39 AM
 Grade(%) : 0.00 Doctor : V one hospital
 METS : 0.00

BPL DYNATRAC ULTRA



Waveforms are computer synthesized. Technician: 20Hz Filter Gain: 10mm/mV Speed: 25mm/sec

V ONE HOSPITAL INDORE

01234567890

: 240701355

Stage

: Exercise 1

Protocol

: BRUCE

NAME : MR ANKIT UPADHYA

Exercise Time : 03:00

Speed(Km/h) : 2.7

Test on : 22/07/2024, 11:39 AM

GE : 36

Stage Time : 03:00

Grade(%) : 10.00

Doctor : V one hospital

IBP : ---/---(---)

HR

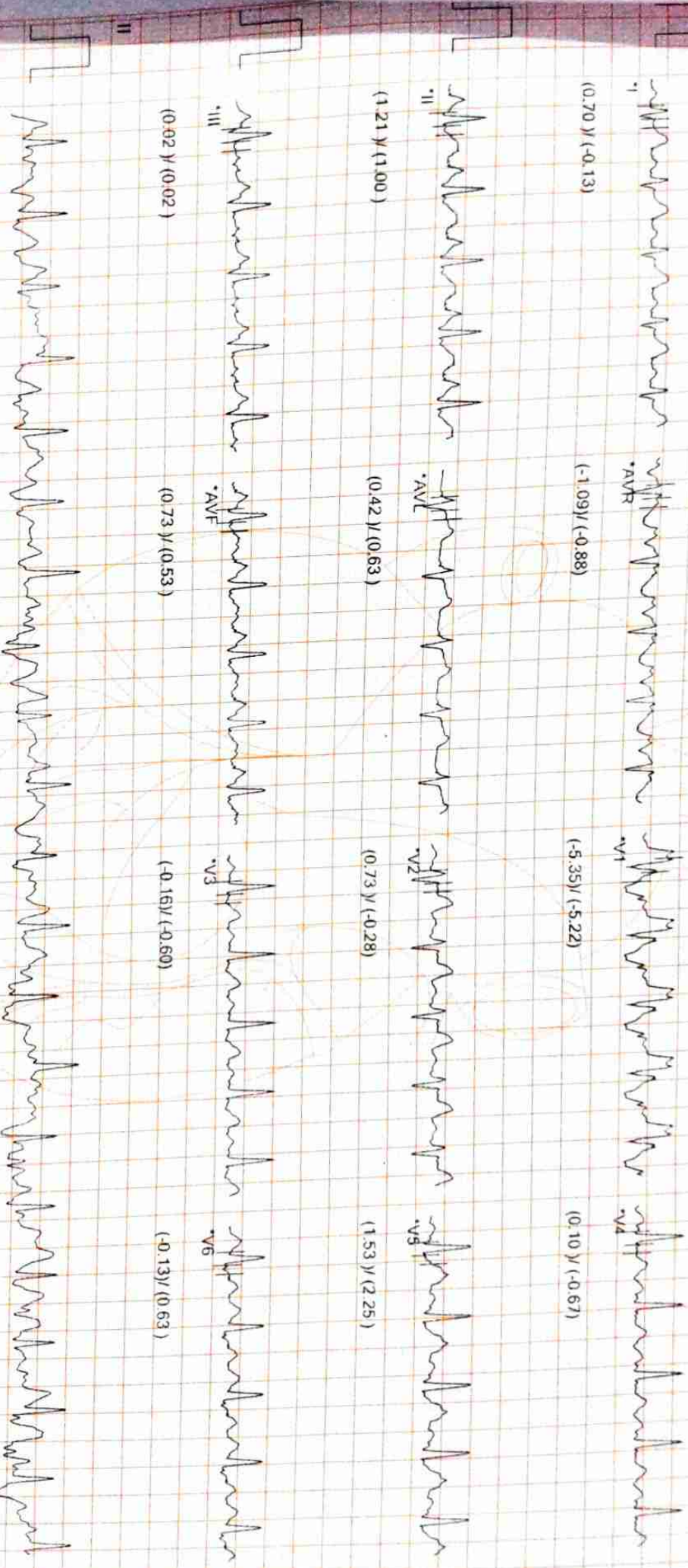
: 126 (68%)

METS

: 5.10

ST Level(mm), ST Slope (mV/sec) at 60ms Pj

BPL DYNATRAC ULTRA



Waveforms are computer synthesized. Technician: 20Hz filter Gain: 10mm/mV Speed: 25mm/sec

V ONE HOSPITAL INDORE

01234567890

: 240701355

IE : MR ANKIT UPADHYA

HR : 36

IP : 130/90(103)

Level(mm), ST Slope (mv/sec) at 60ms P)

Stage

Exercise Time

Stage Time

HR

: Exercise 2

: 06:00

: 03:00

: 150 (81%)

Protocol

: BRUCE

Speed(Km/h)

Grade(%)

METS

: 4.0

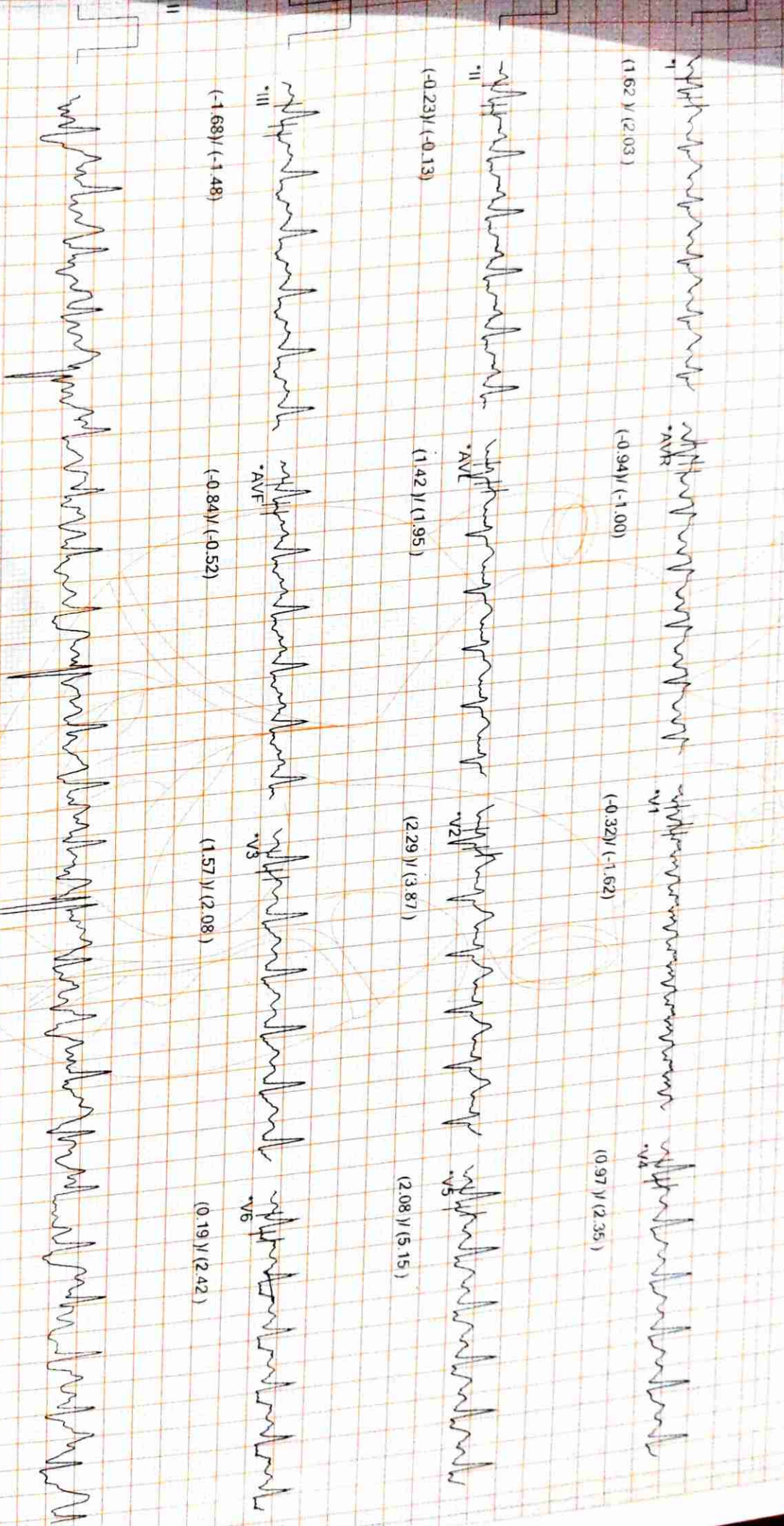
: 12.00

: 7.10

Test on : 22/07/2024, 11:39 AM

Doctor : V one hospital

BPL DYNATRAC ULTRA



Waveforms are computer synthesized. Technician: 20Hz filter Gain: 10mm/mV Speed: 25mm/sec

V ONE HOSPITAL INDORE

01234567890

: 240701355

MR ANKIT UPADHYA

E : 36

BP : ---/---(---)

Level (mm), ST Slope (mv/sec) at 60ms P)

Stage

Exercise Time

Stage Time

HR

: Peak Exercise 3

: 06:04

: 00:04

: 150 (81%)

Protocol

: BRUCE

Speed (km/h)

Grade (%)

METS

: 5.5

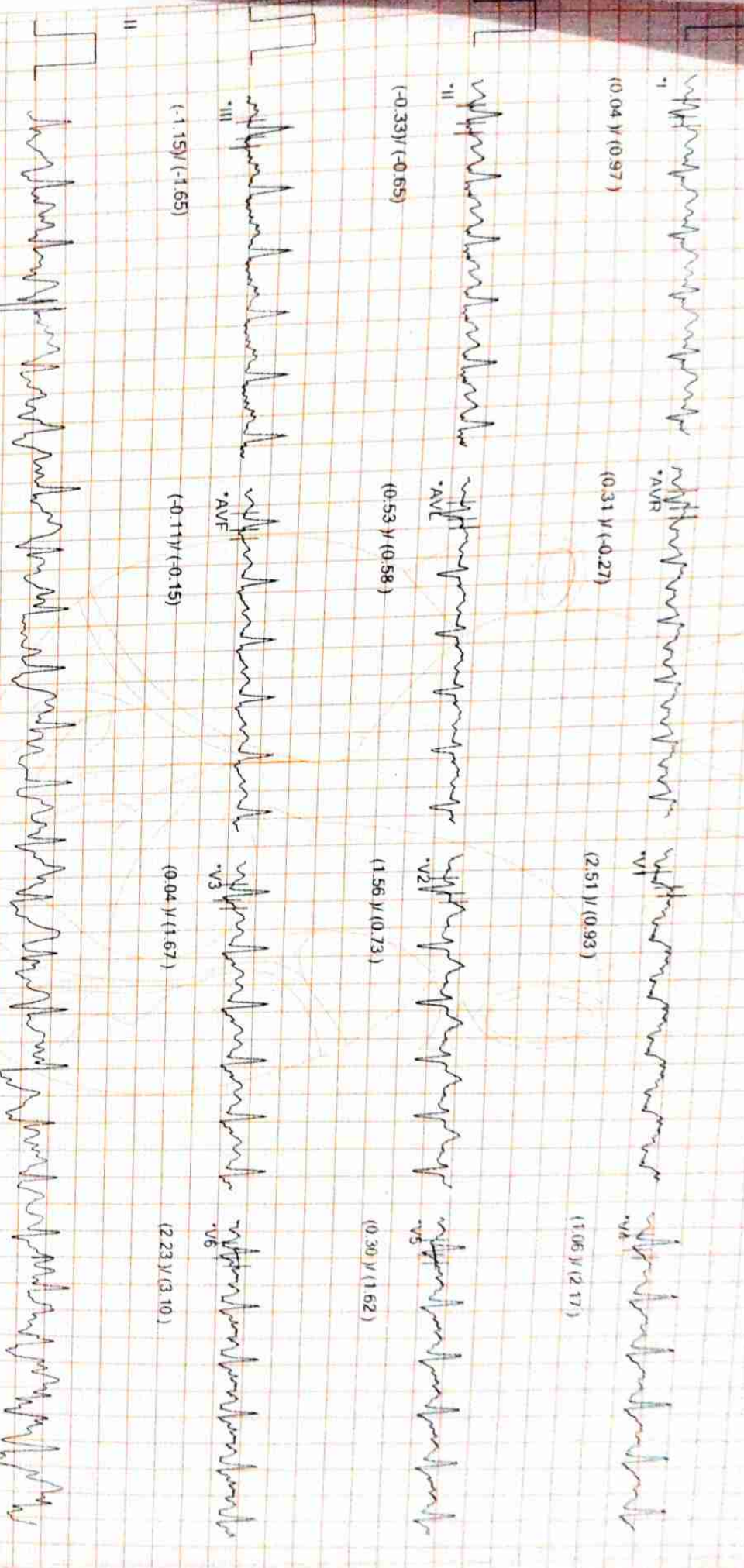
: 14.00

: 8.00

Test on : 22/07/2024, 11:39 AM

Doctor : V one hospital

BPL DYNATRAC ULTRA



* Waveforms are computer synthesized. Technician: ZOHZ Filter Gain: 10mm/mV Speed: 25mm/sec

: 240701355

: MR ANKIT UPADHYA

Stage

Recovery Time : 01:00

Stage Time

HR : 103 (55%)

Level (mm), ST Slope (mV/sec) at 80ms PJ

01234567890

: Recovery 1

Protocol

: BRUCE

Speed (Km/h) : 5.5

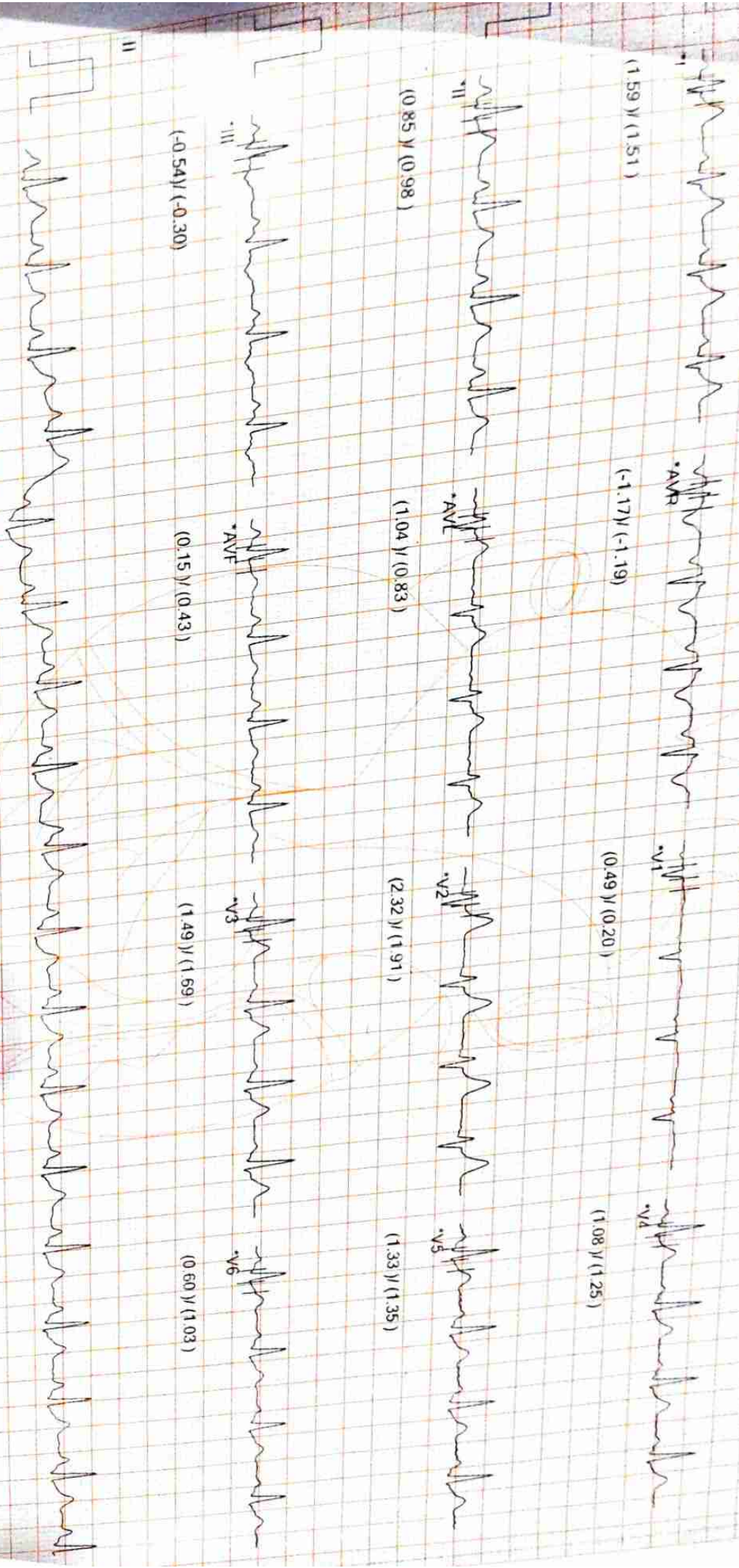
Grade (%)

METS : 0.00

Test on : 22/07/2024, 11:39 AM

Doctor : V one hospital

BPL DYNATRAC ULTRA



(1.59) / (1.51)

(-1.17) / (-1.19)

(0.49) / (0.20)

(1.08) / (1.25)

(0.85) / (0.98)

(1.04) / (0.83)

(2.32) / (1.91)

(1.33) / (1.35)

(-0.54) / (-0.30)

(0.15) / (0.43)

(1.49) / (1.69)

(0.60) / (1.03)

Waveforms are computer synthesized.

Technician:

20Hz filter

Gain: 10mm/mV

Speed: 25mm/sec

V ONE HOSPITAL INDORE

01234567890

240701355
MR ANKIT UPADHYA

Stage Recovery Time : 02:00
Stage Time : 01:00
HR : 93 (50%)

Protocol : BRUCE
Speed (Km/h) : 5.5
Grade (%) : 14.00
METS : 0.00

Test on : 22/07/2024, 11:39 AM
Doctor : V one hospital
BPL DYNATRAC ULTRA



Waveforms are computer synthesized. Technician: 20Hz filter Gain: 10mm/mV Speed: 25mm/sec

V ONE HOSPITAL INDORE
01234567890

240701355
MR ANKIT UPADHYA
36
120/80(93)
ST Slope (mV/sec) at 80ms Pj

Stage : Recovery 3
Recovery Time : 03:00
Stage Time : 01:00
HR : 93 (50%)

Protocol : BRUCE
Speed(Km/h) : 5.5 Test on : 22/07/2024, 11:39 AM
Grade(%) : 14.00 Doctor : V one hospital
METS : 0.00

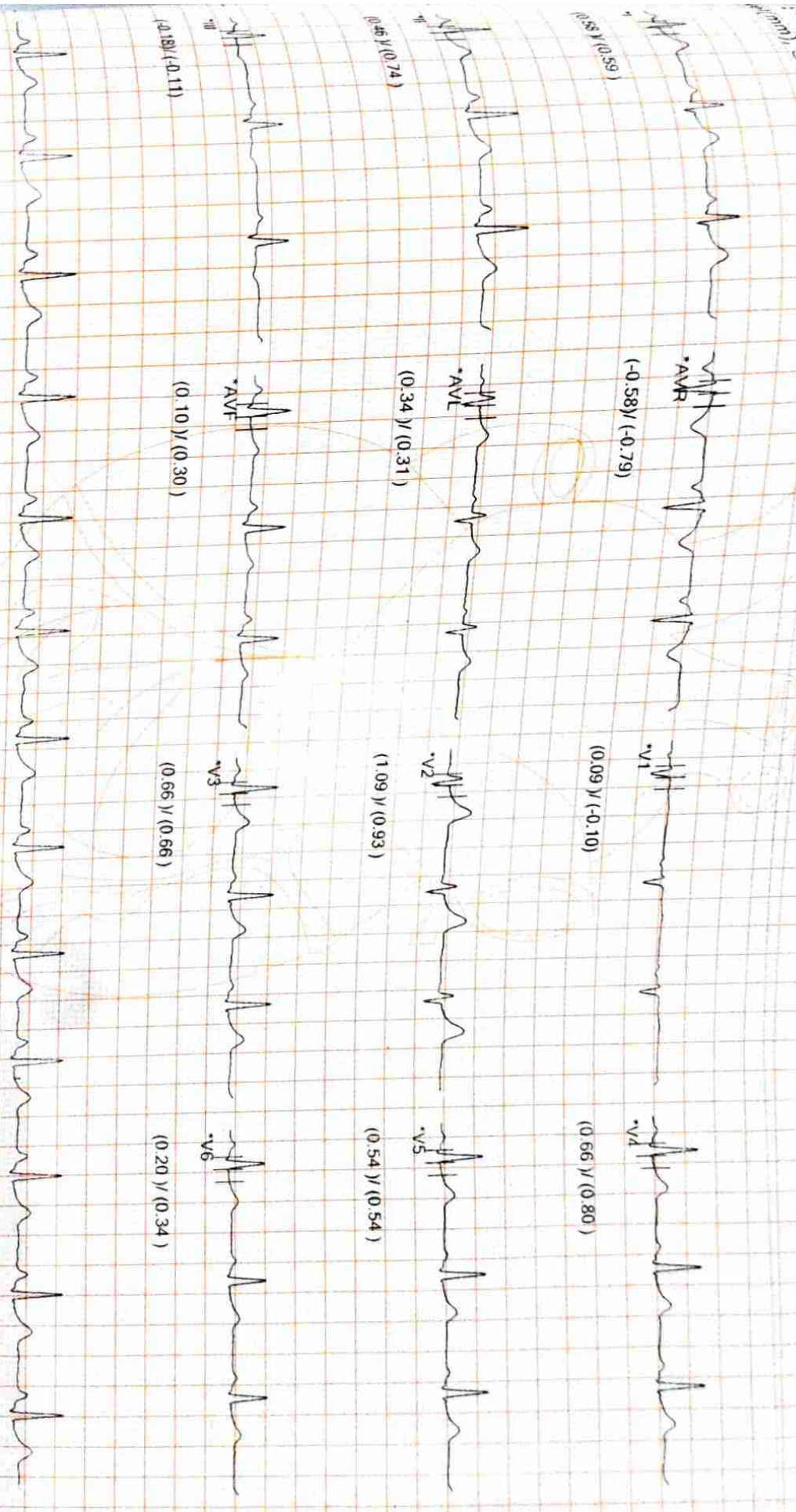
BPL DYNATRAC ULTRA



240701355
MR ANKIT UPADHYA

Stage : Recovery 4
Recovery Time : 04:00
Stage Time : 01:00
HR : 79 (42%)

Protocol : BRUCE
Speed (Km/h) : 5.5 Test on : 22/07/2024, 11:39 AM
Grade (%) : 14.00 Doctor : V one hospital
METS : 0.00
BPL DYNATRAC ULTRA



V ONE HOSPITAL INDORE

01234567890

Stage : Recovery 5 Protocol : BRUCE

140701355

Recovery Time : 05:00 Speed (km/h) : 5.5 Test on : 22/07/2024, 11:39 AM

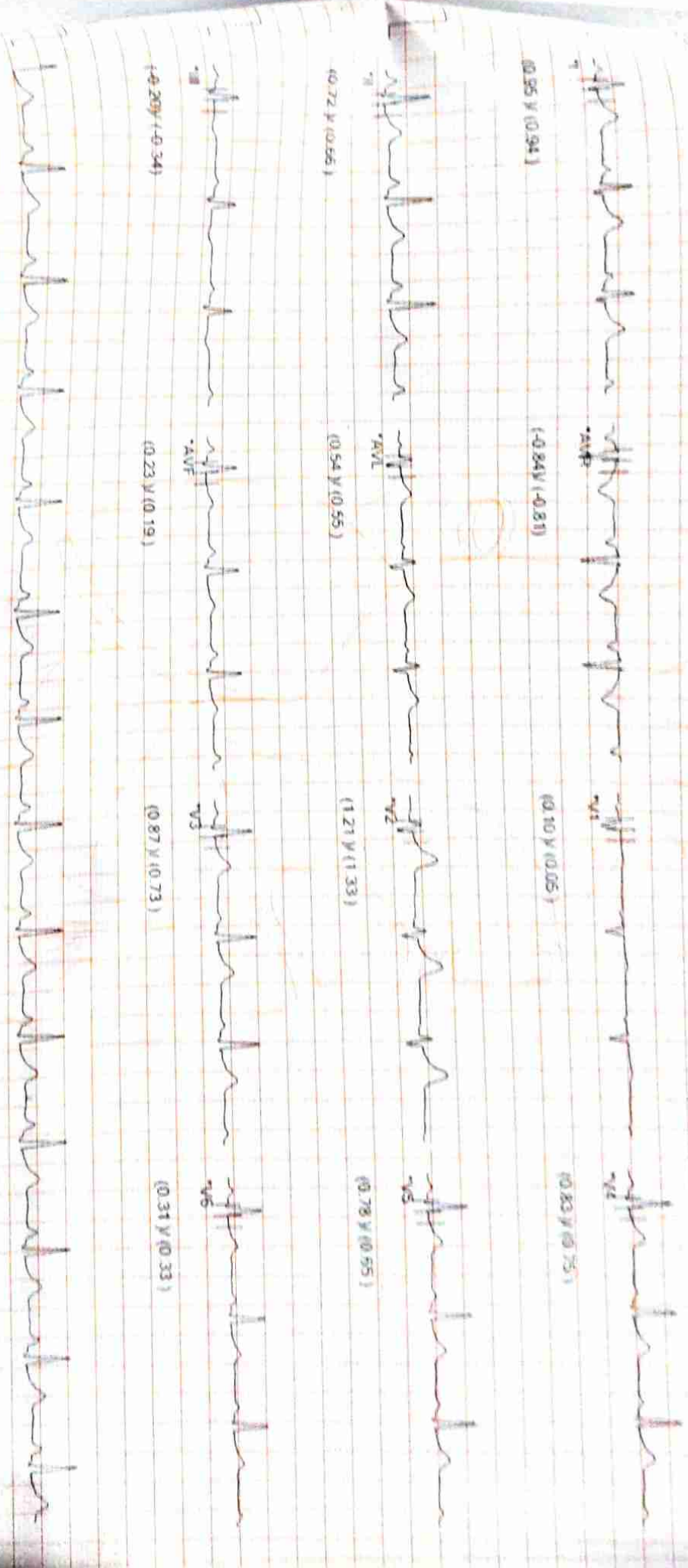
MR ANKIT UPADHYA

Stage Time : 01:00 Grade (%) : 14.00 Doctor : V one hospital

HR : 82 (44%) METS : 0.00

ST Slope (mV/sec) at 80ms P3

BPL DYNATRAC ULTRA



Dr. Vaibhav Yadav



vone
Hospital
Restoring Quality of Life

M.B.B.S. M.D. (Internal Medicine)
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22/7/2024

Ankit Upadhyay 36yrs M

BP 130/90 mm
A = 82 mm

ClO Generalised wheals
urticarial lesions on 2 of

Rx: ① Tab Allegra-M ② HS
15 days

Lactocalamine lotion CIA BD

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Important Medical Information
Keep this away from Light & Water