

Dr. Vimmi Goel
MBBS, MD (Internal Medicine)
Sr. Consultant Non Invasive Cardiology
Reg. No. MMC-2014/01/0113

Preventive Health Check up
KIMS Kingsway Hospitals
Nagpur
Phone No.: 7499913052

Med. Visit.

R/O → Nagpur

**KIMS-KINGSWAY
HOSPITALS**

Name: Mr. Vijay Khadse Date: 17/01/24
Age: 43 yr Sex: M Weight: 61.8 kg Height: 161.7 inc BMI: 23.6
BP: 127/78 mmHg Pulse: 63/min bpm RBS: _____ mg/dl
SpO2: 100%

43/M
Non HT
Non DM
No addictions
FH - Neg

O/E
JVP°
Cv |
Lg | N
PIA |

Im → neg.

Adv.
Balanced diet
Daily exercise

Dr. VIMMI GOEL
MBBS, MD
Sr. Consultant Non Invasive Cardiology
Reg. No.: 2014/01/0113



CLINICAL DIAGNOSTIC LABORATORY
DEPARTMENT OF PATHOLOGY

Patient Name : Mr. VIJAY KHADSE
Age / Gender : 43 Y(s)/Male
Bill No/ UMR No : BIL2324070315/UMR2324034125
Referred By : Dr. Vimmi Goel MBBS,MD
Received Dt : 17-Jan-24 09:20 am
Report Date : 17-Jan-24 10:52 am

HAEMOGRAM

| <u>Parameter</u> | <u>Specimen</u> | <u>Results</u> | <u>Biological Reference</u> | <u>Method</u> |
|--|-----------------|----------------|-----------------------------|---------------|
| Haemoglobin | Blood | 12.3 | 13.0 - 17.0 gm% | Photometric |
| Haematocrit(PCV) | | 37.8 | 40.0 - 50.0 % | Calculated |
| RBC Count | | 4.61 | 4.5 - 5.5 Millions/cumm | Photometric |
| Mean Cell Volume (MCV) | | 82 | 83 - 101 fl | Calculated |
| Mean Cell Haemoglobin (MCH) | | 26.8 | 27 - 32 pg | Calculated |
| Mean Cell Haemoglobin Concentration (MCHC) | | 32.7 | 31.5 - 35.0 g/l | Calculated |
| RDW | | 15.1 | 11.5 - 14.0 % | Calculated |
| Platelet count | | 284 | 150 - 450 10^3 /cumm | Impedance |
| WBC Count | | 7200 | 4000 - 11000 cells/cumm | Impedance |

DIFFERENTIAL COUNT

| | | | |
|---------------------------|--------|-------------------|---------------------------------|
| Neutrophils | 69.8 | 50 - 70 % | Flow Cytometry/Light microscopy |
| Lymphocytes | 25.4 | 20 - 40 % | Flow Cytometry/Light microscopy |
| Eosinophils | 1.9 | 1 - 6 % | Flow Cytometry/Light microscopy |
| Monocytes | 2.9 | 2 - 10 % | Flow Cytometry/Light microscopy |
| Basophils | 0.0 | 0 - 1 % | Flow Cytometry/Light microscopy |
| Absolute Neutrophil Count | 5025.6 | 2000 - 7000 /cumm | Calculated |



**CLINICAL DIAGNOSTIC LABORATORY
DEPARTMENT OF PATHOLOGY**

| | |
|--|---|
| Patient Name : Mr. VIJAY KHADSE | Age / Gender : 43 Y(s)/Male |
| Bill No/ UMR No : BIL2324070315/UMR2324034125 | Referred By : Dr. Vimmi Goel MBBS,MD |
| Received Dt : 17-Jan-24 09:20 am | Report Date : 17-Jan-24 10:52 am |

| Parameter | Specimen | Results | Biological Reference | Method |
|---------------------------|-----------------|------------------------|-----------------------------|----------------------------------|
| Absolute Lymphocyte Count | | 1828.8 | 1000 - 4800 /cumm | Calculated |
| Absolute Eosinophil Count | | 136.8 | 20 - 500 /cumm | Calculated |
| Absolute Monocyte Count | | 208.8 | 200 - 1000 /cumm | Calculated |
| Absolute Basophil Count | | 0 | 0 - 100 /cumm | Calculated |
| PERIPHERAL SMEAR | | | | |
| Microcytosis | | Microcytosis +(Few) | | |
| Hypochromasia | | Hypochromia +(Few) | | |
| WBC | | As Above | | |
| Platelets | | Adequate | | |
| ESR | | 06 | 0 - 15 mm/hr | Automated Westergren's Method |

*** End Of Report ***

Suggested Clinical Correlation * If necessary, Please discuss

Verified By : : 11100245

Test results related only to the item tested.

No part of the report can be reproduced without written permission of the laboratory.

**Dr. GAURI HARDAS, MBBS,MD
CONSULTANT PATHOLOGIST**



CLINICAL DIAGNOSTIC LABORATORY

DEPARTMENT OF BIOCHEMISTRY

| | |
|--|---|
| Patient Name : Mr. VIJAY KHADSE | Age / Gender : 43 Y(s)/Male |
| Bill No/ UMR No : BIL2324070315/UMR2324034125 | Referred By : Dr. Vimmi Goel MBBS,MD |
| Received Dt : 17-Jan-24 09:20 am | Report Date : 17-Jan-24 10:52 am |

| <u>Parameter</u> | <u>Specimen</u> | <u>Results</u> | <u>Biological Reference</u> | <u>Method</u> |
|---|-----------------|----------------|--|-----------------------|
| Fasting Plasma Glucose | Plasma | 90 | < 100 mg/dl | GOD/POD, Colorimetric |
| Post Prandial Plasma Glucose | | 81 | < 140 mg/dl | GOD/POD, Colorimetric |
| GLYCOSYLATED HAEMOGLOBIN (HBA1C) | | | | |
| HbA1c | | 5.7 | Non-Diabetic : <= 5.6 % Pre-Diabetic : 5.7 - 6.4 % Diabetic : >= 6.5 % | HPLC |

*** End Of Report ***

Suggested Clinical Correlation * If necessary, Please discuss

Verified By : : 11100245

Test results related only to the item tested.

No part of the report can be reproduced without written permission of the laboratory.

Dr. GAURI HARDAS, MBBS, MD

CONSULTANT PATHOLOGIST

SPANV Healthcare Life Sciences Private Limited
44, Parwana Bhawan, Kingsway, Nagpur - 440 001, Maharashtra, India.

Phone: +91 0712 6785100

CIN: U74999MH2018PTC303510



**CLINICAL DIAGNOSTIC LABORATORY
DEPARTMENT OF BIOCHEMISTRY**

| | |
|--|---|
| Patient Name : Mr. VIJAY KHADSE | Age / Gender : 43 Y(s)/Male |
| Bill No/ UMR No : BIL2324070315/UMR2324034125 | Referred By : Dr. Vimmi Goel MBBS,MD |
| Received Dt : 17-Jan-24 09:20 am | Report Date : 17-Jan-24 10:52 am |

LIPID PROFILE

| <u>Parameter</u> | <u>Specimen</u> | <u>Results</u> | <u>Method</u> |
|------------------------|-----------------|-------------------|--|
| Total Cholesterol | Serum | 167 < 200 mg/dl | Enzymatic(CHE/CHO/POD) |
| Triglycerides | | 92 < 150 mg/dl | Enzymatic (Lipase/GK/GPO/POD) |
| HDL Cholesterol Direct | | 54 > 40 mg/dl | Phosphotungstic acid/mgcl-Enzymatic (microslide) |
| LDL Cholesterol Direct | | 87.67 < 100 mg/dl | Enzymatic |
| VLDL Cholesterol | | 18 < 30 mg/dl | Calculated |
| Tot Chol/HDL Ratio | | 3 3 - 5 | Calculation |

| <u>Initiate therapeutic</u> | <u>Consider Drug therapy</u> | <u>LDC-C</u> |
|---|--|--------------|
| CHD OR CHD risk equivalent | >100 >130, optional at 100-129 | <100 |
| Multiple major risk factors conferring 10 yrs CHD risk >20% | | |
| Two or more additional major risk factors, 10 yrs CHD risk <20% | >130 10 yrs risk 10-20 % >130 10 yrs risk <10% >160 | <130 |
| No additional major risk or one additional major risk factor | >160 >190, optional at 160-189 | <160 |

*** End Of Report ***

Suggested Clinical Correlation * If necessary, Please discuss

Verified By : : 11100026

Test results related only to the item tested.

No part of the report can be reproduced without written permission of the laboratory.



**Dr. GAURI HARDAS, MBBS,MD
CONSULTANT PATHOLOGIST**



**CLINICAL DIAGNOSTIC LABORATORY
DEPARTMENT OF BIOCHEMISTRY**

| | |
|--|---|
| Patient Name : Mr. VIJAY KHADSE | Age / Gender : 43 Y(s)/Male |
| Bill No/ UMR No : BIL2324070315/UMR2324034125 | Referred By : Dr. Vimmi Goel MBBS,MD |
| Received Dt : 17-Jan-24 09:20 am | Report Date : 17-Jan-24 10:52 am |

| <u>Parameter</u> | <u>Specimen</u> | <u>Results</u> | <u>Biological Reference</u> | <u>Method</u> |
|------------------------|-----------------|----------------|-----------------------------|----------------------------|
| THYROID PROFILE | | | | |
| T3 | Serum | 1.06 | 0.55 - 1.70 ng/ml | Enhanced chemiluminescence |
| Free T4 | | 1.20 | 0.80 - 1.70 ng/dl | Enhanced Chemiluminescence |
| TSH | | 3.66 | 0.50 - 4.80 uIU/ml | Enhanced chemiluminescence |
| PSA (Total) | | 0.308 | < 4 ng/ml | Enhanced chemiluminescence |

*** End Of Report ***

Suggested Clinical Correlation * If necessary, Please discuss

Verified By : : 11100026

Test results related only to the item tested.

No part of the report can be reproduced without written permission of the laboratory.

Dr. GAURI HARDAS, MBBS,MD

CONSULTANT PATHOLOGIST
SPANV Medisearch Lifesciences Private Limited

44, Pravara Bhawan, Kingsway, Nagpur - 440 001, Maharashtra, India.

Phone: +91 0712 6789100

CIN: U74999MH2018PTC303510



**CLINICAL DIAGNOSTIC LABORATORY
DEPARTMENT OF BIOCHEMISTRY**

| | |
|--|---|
| Patient Name : Mr. VIJAY KHADSE | Age /Gender : 43 Y(s)/Male |
| Bill No/ UMR No : BIL2324070315/UMR2324034125 | Referred By : Dr. Vimmi Goel MBBS,MD |
| Received Dt : 17-Jan-24 09:20 am | Report Date : 17-Jan-24 10:52 am |

| <u>Parameter</u> | <u>Specimen</u> | <u>Result Values</u> | <u>Biological Reference</u> | <u>Method</u> |
|------------------|-----------------|----------------------|-----------------------------|--|
| RFT | | | | |
| Blood Urea | Serum | 19 | 19.0 - 43.0 mg/dl | Urease with indicator dye |
| Creatinine | | 1.0 | 0.66 - 1.25 mg/dl | Enzymatic (creatinine amidohydrolase) |
| GFR | | 95.8 | >90 mL/min/1.73m square. | Calculation by CKD-EPI 2021 |
| Sodium | | 137 | 136 - 145 mmol/L | Direct ion selective electrode |
| Potassium | | 4.16 | 3.5 - 5.1 mmol/L | Direct ion selective electrode |

LIVER FUNCTION TEST(LFT)

| | | | |
|----------------------|------|-----------------|------------------------------------|
| Total Bilirubin | 1.09 | 0.2 - 1.3 mg/dl | Azobilirubin/Dyphylline |
| Direct Bilirubin | 0.30 | 0.1 - 0.3 mg/dl | Calculated |
| Indirect Bilirubin | 0.79 | 0.1 - 1.1 mg/dl | Dual wavelength spectrophotometric |
| Alkaline Phosphatase | 63 | 38 - 126 U/L | pNPP/AMP buffer |
| SGPT/ALT | 27 | 10 - 40 U/L | Kinetic with pyridoxal 5 phosphate |
| SGOT/AST | 32 | 15 - 40 U/L | Kinetic with pyridoxal 5 phosphate |
| Serum Total Protein | 7.75 | 6.3 - 8.2 gm/dl | Biuret (Alkaline cupric sulphate) |
| Albumin Serum | 4.44 | 3.5 - 5.0 gm/dl | Bromocresol green Dye Binding |
| Globulin | 3.31 | 2.0 - 4.0 gm/dl | Calculated |
| A/G Ratio | 1.3 | | |

*** End Of Report ***

Suggested Clinical Correlation * If necessary, Please discuss

Verified By : 11100026

Test results related only to the item tested.

No part of the report can be reproduced without written permission of the laboratory.

Dr. GAURI HARDAS, MBBS,MD

CONSULTANT PATHOLOGIST
SPANV Medical and Diagnostic Private Limited
44, Parwana Bhawan, Kingsway, Nagpur - 440 001, Maharashtra, India.

Phone: +91 0712 6789100

CIN: U74999MH2018PTC303510



**CLINICAL DIAGNOSTIC LABORATORY
DEPARTMENT OF PATHOLOGY**

| | |
|--|---|
| Patient Name : Mr. VIJAY KHADSE | Age / Gender : 43 Y(s)/Male |
| Bill No/ UMR No : BIL2324070315/UMR2324034125 | Referred By : Dr. Vimmi Goel MBBS,MD |
| Received Dt : 17-Jan-24 09:34 am | Report Date : 17-Jan-24 12:19 pm |

URINE MICROSCOPY

| <u>Parameter</u> | <u>Specimen</u> | <u>Results</u> | <u>Method</u> |
|---------------------------------------|-----------------|----------------|---------------|
| <u>PHYSICAL EXAMINATION</u> | | | |
| Volume | Urine | 30 ml | |
| Colour. | | Pale yellow | |
| Appearance | | Clear | Clear |
| <u>CHEMICAL EXAMINATION</u> | | | |
| Reaction (pH) | | 6.0 | 4.6 - 8.0 |
| Specific gravity | | 1.010 | 1.005 - 1.025 |
| Urine Protein | | Negative | Negative |
| Sugar | | Negative | Negative |
| Bilirubin | | Negative | Negative |
| Ketone Bodies | | Negative | Negative |
| Nitrate | | Negative | Negative |
| Urobilinogen | | Normal | Normal |
| <u>MICROSCOPIC EXAMINATION</u> | | | |
| Epithelial Cells | | 0-1 | 0 - 4 /hpf |
| R.B.C. | | Absent | 0 - 4 /hpf |
| Pus Cells | | 0-1 | 0 - 4 /hpf |
| Casts | | Absent | Absent |

**CLINICAL DIAGNOSTIC LABORATORY,
DEPARTMENT OF PATHOLOGY**

| | |
|--|---|
| Patient Name : Mr. VIJAY KHADSE | Age / Gender : 43 Y(s)/Male |
| Bill No/ UMR No : BIL2324070315/UMR2324034125 | Referred By : Dr. Vimmi Goel MBBS,MD |
| Received Dt : 17-Jan-24 09:34 am | Report Date : 17-Jan-24 12:19 pm |

| <u>Parameter</u> | <u>Specimen</u> | <u>Results</u> | <u>Method</u> |
|------------------|-----------------|---------------------------------|---------------|
| Crystals | | Absent *** End Of Report *** | |

Suggested Clinical Correlation * If necessary, Please discuss

Verified By : : 11100909

Test results related only to the item tested.

No part of the report can be reproduced without written permission of the laboratory.



**Dr. GAURI HARDAS, MBBS,MD
CONSULTANT PATHOLOGIST**



**CLINICAL DIAGNOSTIC LABORATORY
DEPARTMENT OF IMMUNO HAEMATOLOGY**

Patient Name : Mr. VIJAY KHADSE
Age / Gender : 43 Y(s)/Male
Bill No/ UMR No : BIL2324070315/UMR2324034125
Referred By : Dr. Vimmi Goel MBBS,MD
Received Dt : 17-Jan-24 09:20 am
Report Date : 17-Jan-24 12:16 pm

BLOOD GROUPING AND RH

| <u>Parameter</u> | <u>Specimen</u> | <u>Results</u> | |
|------------------|---|-------------------|-----------------|
| BLOOD GROUP. | EDTA Whole Blood & Plasma/ Serum | *AB* | Gel Card Method |
| Rh (D) Typing. | | * Positive "(+Ve) | |

*** End Of Report ***

Suggested Clinical Correlation * If necessary, Please discuss

Verified By : : 11100245

Test results related only to the item tested.

No part of the report can be reproduced without written permission of the laboratory.

**Dr. GAURI HARDAS, MBBS,MD
CONSULTANT PATHOLOGIST**

DEPARTMENT OF RADIOLOGY & IMAGING SCIENCE

| | | | |
|---------------|------------------|--------------|---------------------|
| NAME | VIJAY KHADSE | STUDY DATE | 17-01-2024 10:16:43 |
| AGE/ SEX | 43Y / M | HOSPITAL NO. | UMR2324034125 |
| ACCESSION NO. | BIL2324070315-17 | MODALITY | DX |
| REPORTED ON | 17-01-2024 10:34 | REFERRED BY | Dr. Vinod Goel |

X-RAY CHEST PA VIEW

Both the lung fields are clear.

Heart and Aorta are normal.

Both hilar shadows appear normal.

Diaphragm domes and CP angles are clear.

Bony cage is normal.

IMPRESSION -No pleuro-parenchymal abnormality seen.



DR R.R KHANDELWAL

SENIOR CONSULTANT

MD, RADIODIAGNOSIS [MMC-55870]

SPANV Medisearch Lifesciences Private Limited
44, Parwana Bhawan, Kingsway, Nagpur - 440 001, Maharashtra, India.
Phone: +91 0712 6789100
CIN: U74999MH2018PTC303510

N.B : This is only a professional opinion and not the final diagnosis. Radiological investigations are subject to variations due to technical limitations. Hence, correlation with clinical findings and other investigations should be carried out to know true nature of illness.

| | | | |
|---------------|------------------|-----------|------------|
| PATIENT NAME: | MR. VIJAY KHADSE | AGE /SEX: | 43 YRS/M |
| UMR NO: | 2324034125 | BILL NO: | 2324070315 |
| REF BY | DR. VIMMI GOEL | DATE: | 17/01/2024 |

USG WHOLE ABDOMEN

LIVER is normal in size, shape and echotexture.
No evidence of any focal lesion seen. Intrahepatic biliary radicals are not dilated.
PORTAL VEIN and CBD are normal in course and caliber.

GALL BLADDER is physiologically distended. No sludge or calculus seen.
Wall thickness is within normal limits.

PANCREAS is normal in shape, size and echotexture.

SPLEEN is normal in shape, size and echotexture. No focal lesion seen.

Both KIDNEYS are normal in shape, size and echotexture.
No evidence of calculus or hydronephrosis seen.
URETERS are not dilated.


BLADDER is partially distended. No calculus or mass lesion seen.

Prostate is normal in size, shape and echotexture.

There is no free fluid or abdominal lymphadenopathy seen.

IMPRESSION:

No significant abnormality seen.
Suggest clinical correlation / further evaluation.



DR. R.R. KHANDELWAL
SENIOR CONSULTANT
MD RADIO DIAGNOSIS [MMC-55870]

Kingway Hospitals
44 Kingway, Mohan Nagar,
Near Kasturchand Park, Nagpur

Station
Telephone:

EXERCISE STRESS TEST REPORT

Patient Name: Mr. Vijay, Khadse
Patient ID: 034125
Height:
Weight:
Study Date: 17.01.2024
Test Type: Treadmill Stress Test
Protocol: BRUCE

DOB: 19.12.1981
Age: 42yrs
Gender: Male
Race: Indian
Referring Physician: Mediwheel HCU
Attending Physician: Dr. Vimmi Goel
Technician: -

Medications:

Medical History:

NIL

Reason for Exercise Test:

Screening for CAD

Exercise Test Summary:

| Phase Name | Stage Name | Time in Stage | Speed (mph) | Grade (%) | HR (bpm) | BP (mmHg) | Comment |
|------------|------------|---------------|-------------|-----------|----------|-----------|---------|
| PRETEST | SUPINE | 00:33 | 0.00 | 0.00 | 81 | 120/80 | |
| | WARM-UP | 00:04 | 0.00 | 0.00 | 81 | | |
| EXERCISE | STAGE 1 | 03:00 | 1.70 | 10.00 | 107 | 130/80 | |
| | STAGE 2 | 03:00 | 2.50 | 12.00 | 122 | 140/80 | |
| | STAGE 3 | 03:00 | 3.40 | 14.00 | 141 | 140/80 | |
| | STAGE 4 | 00:46 | 4.20 | 16.00 | 153 | | |
| RECOVERY | | 01:00 | 0.00 | 0.00 | 113 | 150/80 | |
| | | 02:00 | 0.00 | 0.00 | 109 | 130/80 | |
| | | 00:24 | 0.00 | 0.00 | | | |

The patient exercised according to the BRUCE for 9:45 min:s, achieving a work level of Max. METS: 12.50. The resting heart rate of 76 bpm rose to a maximal heart rate of 153 bpm. This value represents 85 % of the maximal, age-predicted heart rate. The resting blood pressure of 120/80 mmHg, rose to a maximum blood pressure of 150/80 mmHg. The exercise test was stopped due to Target heart rate achieved.

Interpretation:

Summary: Resting ECG: normal.

Functional Capacity: normal.

Response to Exercise: appropriate.

BP Response to Exercise: normal resting BP - appropriate response.

Chest Pain: none.


Arrhythmias: none.

ST Changes: none.

Overall impression: Normal stress test.

Conclusions:

TMT is negative for inducible ischemia.


Dr. VIMMI GOEL
MBBS, MD
St. Consultant-Non Invasive Cardiology
Reg. No. - 2014/0179113

43 Years

MR VIJAY KHADSE
Male

17-Jan-24 11:15:01 AM

KIMS-KINGSWAY HOSPITALS

PBC DEPT.

Rate 66 . Sinus rhythm.....normal P axis, V-rate 50-99

PR 171
QRS 90
QT 373
QTc 391

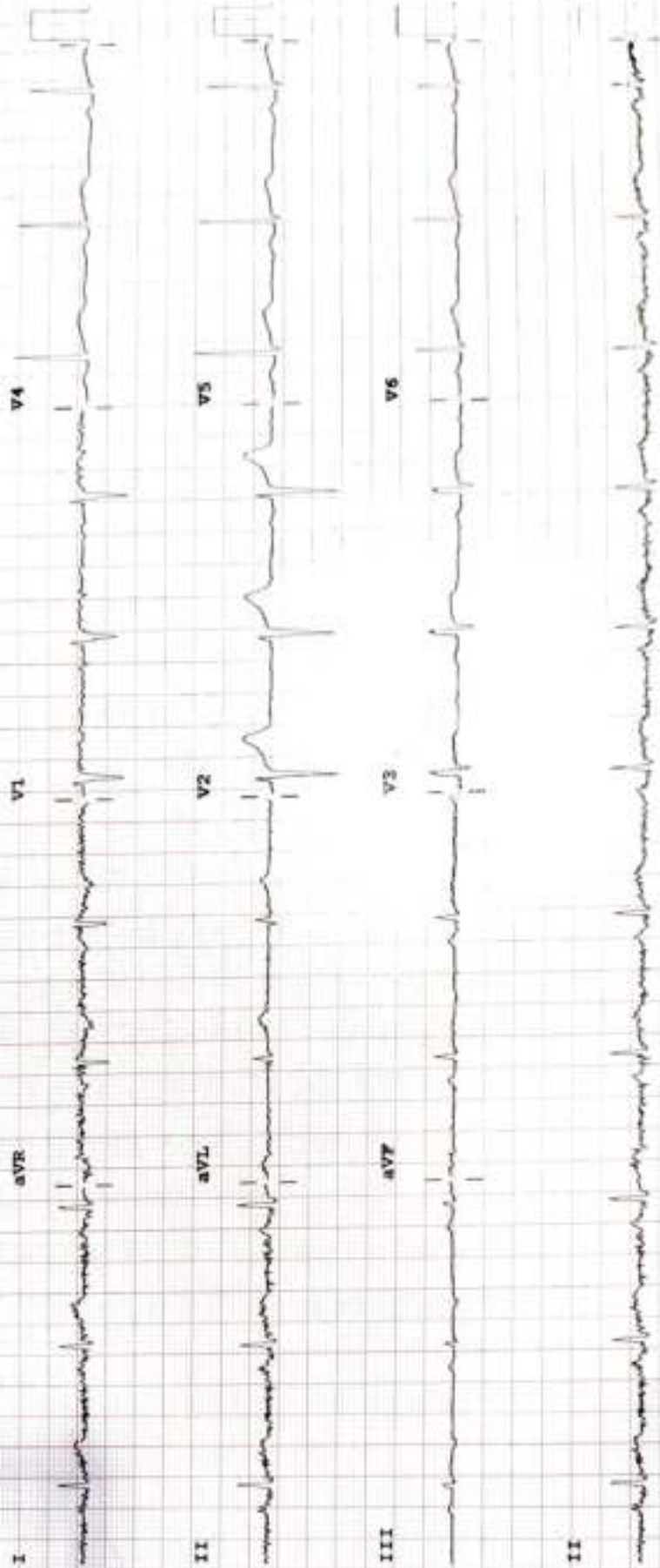
--AXIS--

P 55
QRS 46
T 16

12 Lead: Standard Placement

- NORMAL ECG -

Unconfirmed Diagnosis



Device: Speed: 25 mm/sec Limb: 10 mm/mV Chest: 10.0 mm/mV

F 50- 0.50-150 Hz W 100B C1 P