

Name : Mrs. ARCHITA SAHA (38 /F)
 Address : SILPHUKHURI, GUWAHATI, KAMRUP(M), ASSAM, INDIA
 Examined by: Dr .PRABIN KUMAR SAIKIA
 Package : MediWheel Full Body Health Check up-Female below 40Yrs

Date : 26/10/2024
 UHID : AHLG2.0000045704
 AHC No : APHCAH29016



CHIEF COMPLAINTS

Package Name: MediWheel Full Body Health Check up-Female below 40Yrs



DRUG ALLERGY

NO KNOWN ALLERGY :26/10/2024



SYSTEMIC REVIEW

Cardiovascular system

- Nil Significant

Respiratory system

- Nil Significant

Oral and dental

- Adv: Scaling and polishing

Gastrointestinal system

Appetite - normal; Abdominal pain - no; Dyspepsia - yes; Nature - intermittent; Peptic ulcer - no; Bowel habits - regular; Piles - no; - ibs : 5 yrs

Genitourinary system

- Nil Significant

Gynaec history

Last menstrual period - OCT :24

Central nervous system

Dizziness - no; Concentration - good; Sleep - good

Musculoskeletal system

Spine and joints
 - Nil Significant

Weight

- stable



Surgical history

Cholecystectomy - 2021

Immunization history

- Covid Dose2



Personal history

Marital status - Married
 No. of children - 1
 Female - 1
 Diet - Non Vegetarian
 Alcohol - does not consume alcohol
 Smoking - No
 Chews tobacco - No
 Physical activity - Mild



Family history

Father - has expired
 Aged - 50 YRS
 Cause - stroke
 Mother - alive
 Aged - 67 YRS
 Brothers - 1
 Sisters - 1
 Hypertension - father
 Coronary artery disease - none
 Cancer - None

PHYSICAL EXAMINATION



General

Height - 158
 Weight - 63
 BMI - 25.24
 Waist circumference - 92
 Hip - 93
 Waist/ Hip ratio - 0.99
 Pallor - No
 Oedema - no
 SpO2 - 100

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 **Head and ENT**


Nose - Deviation of septum to right
Throat - Hypertrophied tonsillitis
Others - Nose: Bilateral HIT+

 **Cardiovascular system**

Heart rate (Per minute) - 62
Rhythm - Regular
Systolic(mm of Hg) - 100
Diastolic(mm of Hg) - 70
Heart sounds - S1S2+

Respiratory system

Rate of respiration(per minute) - 20
Breath sounds - Normal vesicular breath sounds

 **Abdomen**

Organomegaly - No
Tenderness - No

 **Eyes**

Eye vision - Normal
Eye vision - BCVA. BE 6/6. N6
Colour vision - Normal
Pupil - Normal
Intraocular pressure - 17 mmHg (R), 18 mmHg (L)
Advice for spectacle - Yes

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Executive Summary

- 1. Subclinical Hypothyroid (TSH 4.34 uIU/mL)
- 2. Normochromic Normocytic Anaemia (Hb 10.1 g/dL)

Wellness Prescription

Advice On Diet :-



Dietician consultation

Advice On Physical Activity :-



Regular exercise

Recommended Follow-up Tests

Test Name	Test Schedule	Repeat Frequency	Remarks
HB ELECTROPHORESIS	Immediate/Urgent		
IRON - SERUM	Immediate/Urgent		

Follow-up and Review Plan



Review check TSH after 6 months.



Scan the QR code in AskApollo App to book your follow-up appointments and investigations

Dr. PRABIN KUMAR SAIKIA

AHC Physician / Consultant Internal Medicine

Printed By : HEALTH CHECK REPORT

Dr. Prabin Kumar Saikia
 MD (Gen Medicine), FCGP, FICP, PGDHHM
 Registration No.-7523, Assam
 Consultant Physician, APHC
 Apollo Hospitals Guwahati-781005

DEPARTMENT OF RADIOLOGY & IMAGING

Division of Colour Doppler & Ultrasonography

Patient ID:	0000045704	Patient Name:	ARCHITA SAHA
Age:	38	Sex:	F
Accession Number:		Modality:	US
Referring Physician:	DR P K SAIKIA	Study:	W/ABD
Study Date:	28-Oct-2024		

USG OF WHOLE ABDOMEN

LIVER

The liver is normal in size with homogenous midlevel parenchymal echotexture. No focal lesion is seen. The intrahepatic portal and hepatic venous system are normal. The intrahepatic bile ducts are not dilated.

GALL BLADDER

The gall bladder is not visualized - postoperative.

CBD

The CBD is normal in course and calibre. No obvious luminal pathology in visualized portion.

SPLEEN

The spleen is normal in size and echotexture. No focal lesion is noted.

PANCREAS

The pancreas is normal in size and echotexture. No focal lesion is seen. Pancreatic duct is not dilated.

KIDNEYS

Both the kidneys are normal in size, shape, position and echotexture. Cortico-medullary differentiation is maintained. No evidence of calculi or calyceal dilatation on either side. Ureters are not dilated.

Right kidney measures – 87 mm

Left kidney measures – 85 mm

URINARY BLADDER

The urinary bladder is normal in capacity and contour. The wall is not thickened. No intraluminal calculus or mass is seen.

UTERUS

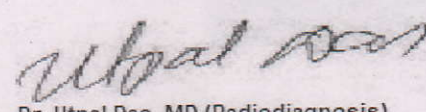
The uterus is normal in size and is anteverted in position. The midline endometrial echo is normal. The myometrium shows homogenous echotexture. No focal myometrial lesion is seen. Cervix appears normal. Uterus measures about 83 x 52 x 40 mm.

ADNEXAE

Both the ovaries are normal in size and echoanatomy. There is no evidence of any abnormal solid or cystic lesion in the ovaries.

No ascites is seen.

Impression: No significant abnormality is noted on this scan.



Dr. Utpal Das, MD (Radiodiagnosis)
Senior Consultant Radiologist
Reg No-13621 (AMC)
Date: 29-Oct-2024 9:53:45

S Hazarika, MD R. Baruah, DMRD P. Hatimota, MD R. Sarmah, MD A. Agarwal, MD M. Gohain, MD, S. Choudhury, MD Zohaib Hussain MD DNB
Discrepancy or transcription error if detected should be sent for correction



APOLLO HOSPITALS GUWAHATI

Unit : International Hospital
(A unit of Assam Hospitals Ltd.)

Shang
Check By

DEPARTMENT OF RADIOLOGY & IMAGING

Division of Computerised Radiography & IITV, DEXA, Computed Tomography & MRI

Patient ID:	AHLG2.0000045704	Patient Name:	ARCHITA SAHA
Age:	38 Years	Sex:	F
Accession Number:	17002.124283816	Modality:	DX
Study Date:	26-Oct-2024	Study:	X-RAY CHEST PA
Referring Physician:	Prabin Kumar Saikia		

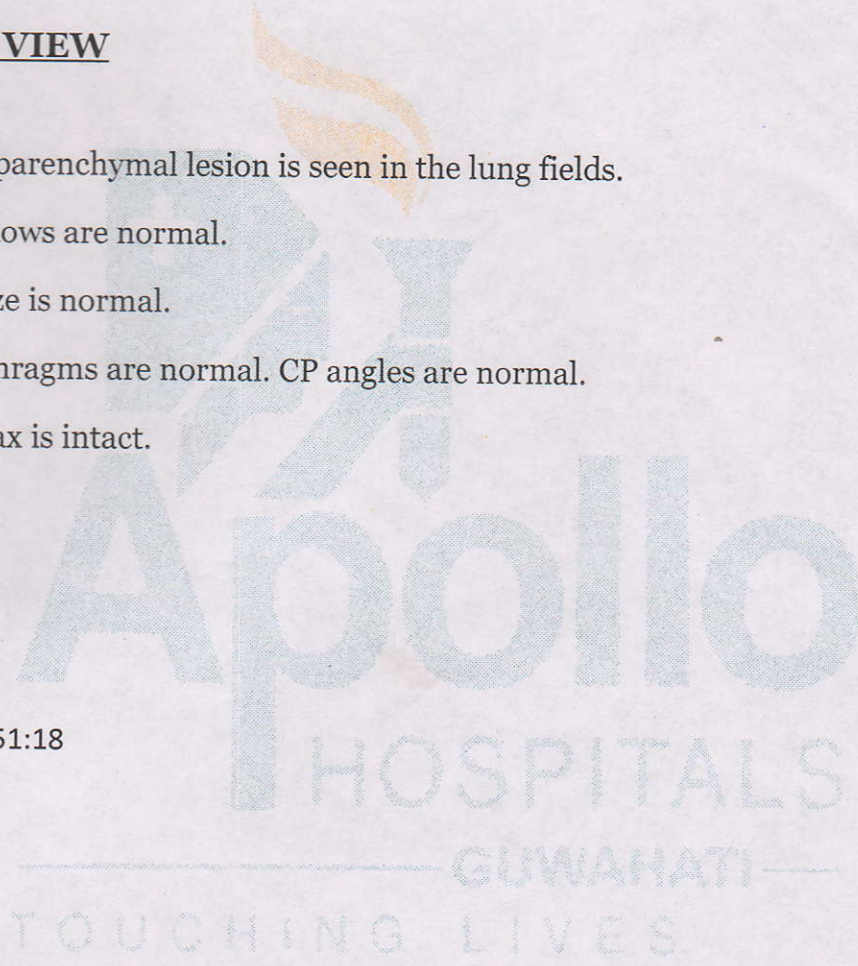
CHEST PA VIEW

- No active parenchymal lesion is seen in the lung fields.
- Hilar shadows are normal.
- Cardiac size is normal.
- Hemidiaphragms are normal. CP angles are normal.
- Bony thorax is intact.

Meghali

Dr. Meghali Gohain, MD
Consultant Radiology

Date: 26-Oct-2024 16:51:18



S Hazarika, MD R. Baruah, DMRD P. Hatimota, MD R. Sarmah, MD A. Agarwal, MD M. Gohain, MD, S. Choudhury, MD Zohaib Hussain MD DNB

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Patient Details : Mrs. ARCHITA SAHA | Female | 38Yr 0Mth 0Days

UHID : AHLG2.0000045704

Patient Location: AHC

Patient Identifier: APHCAH29016



DRN : 100206995

Completed on : 26-OCT-2024 10:57

Ref Doctor : Dr. Prabin Kumar Saikia

ECG

IMPRESSION .:

LOW VOLTAGE IN CHEST LEADS

--- END OF THE REPORT ---

DR. MOTTREYEE BARUAH
MBBS, PGDCC
Jr. Consultant Cardiologist
Apollo Hospitals, Guwahati
Unit: International Hospital

DEPARTMENT OF BIOCHEMISTRY

Name : Mrs. ARCHITA SAHA Age : 38Yr 0Mth 0Days Gender : Female
 UHID : AHLG2.0000045704 / APHCAH29016 W/BN0/RefNo : AHC
 SIN \ LRN : 125771376 \ 125771377 \ 125771381 \ 11211520
 Specimen : Serum
 Ref Doctor : Dr. Prabin Kumar Saikia



Collected on : 26-OCT-2024 10:47:17 AM Received on : 26-OCT-2024 12:16:34 PM Reported on : 26-OCT-2024 02:04:23 PM

MediWheel Full Body Health Check up-Female below 40Yrs

TEST NAME	RESULT	BIOLOGICAL REFERENCE INTERVALS	UNITS
VLDL CHOLESTEROL - SERUM CALCULATED.	9	Desirable:<30	
AST (SGOT) - SERUM (UV With P5P-IFCC)	29	Healthy Adults:15 - 37	U/L
ALT(SGPT) - SERUM (UV With P5P-IFCC)	22	Healthy Females:14-59 U/L	U/L
PROTEIN, TOTAL - SERUM (Biuret)	7.2	Healthy Adults:6.4-8.3	mg/dl
URIC ACID - SERUM (Modified Uricase)	5.4	Healthy Women:2.6 - 6.0	mg/dL
ALKALINE PHOSPHATASE - SERUM PNPP,AMP Buffer-IFCC	81	Healthy Adults:40-150	U/L
GGTP: GAMMA GLUTAMYL TRANSPEPTIDASE - SERUM (L-gamma-glutamyl-3-carboxy-4-nitranilide)	18	Healthy Women:5 - 55	U/L
BILIRUBIN, TOTAL - SERUM (Modified Doumas Ref. method/Jendrassik & Grof.)	0.3	Healthy Adults:<=1.0	mg/dL
BILIRUBIN CONJUGATED (DIRECT) - SERUM (Jendrassik & Grof)	0.1	Healthy Adults:0.0-0.5	mg/dL
CREATININE - SERUM JAFTE METHOD	0.7	Healthy Women: 0.57 - 1.11	mg/dL

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 DR. D.J. LAHON, MD (MICRO) DR. M. SARMA, MD (MICRO) DR. POOJA KESHAN, MD (PATHO) DR. N. MAHANTA, MD (PATHO)

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DEPARTMENT OF BIOCHEMISTRY

Name : Mrs. ARCHITA SAHA Age : 38Yr 0Mth 0Days Gender : Female
 UHID : AHLG2.0000045704 / APHCAH29016 W/BNo/RefNo : AHC
 SIN \ LRN : 125771376 \ 125771377 \ 125771381 \ 11211520
 Specimen : Serum
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ALBUMIN - SERUM (Brom Cresol Green)	3.4 *	Healthy Adults:3.5-5.2	g/dL
GLOBULIN-SERUM(Calculated)	3.8 *	Healthy Adults:1.8 - 3.6	
ALBUMIN:GLOBULIN-SERUM(RATIO)(Calculated)	1 *	0 - 0	
HDL CHOLESTEROL - SERUM / PLASMA (Direct Measurement)	46	Low: <40 High: >=60	mg/dL
TOTAL CHOLESTEROL/HDL CHOLESTEROL RATIO(Calculated)	3.2	Desirable :< 4.5	
LDL CHOLESTEROL - SERUM(DIRECT LDL) (Homogenous Method)	85	Optimal:<100 Near Optimal:100-129 Borderline High:130-159 High:160-189 Very High:>=190	mg/dL
CHOLESTEROL - SERUM (Cholesterol Oxidase)	148	Desirable:<200 Borderline:200 - 240 High Risk:>=240	mg/dL
TRIGLYCERIDES - SERUM (Glycerol Phosphate Oxidase)	48	Normal : <150 Borderline High :150-199 High : 200-499 Very High : >=500	mg/dL

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DEPARTMENT OF BIOCHEMISTRY

Name : Mrs. ARCHITA SAHA Age : 38Yr 0Mth 0Days Gender : Female
 UHID : AHLG2.0000045704 / APHCAH29016 W/BNo/RefNo : AHC
 SIN \ LRN : 125771376 \ 125771377 \ 125771381 \ 11211520
 Specimen : Serum
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UREA - SERUM (Enzymatic,Urease-GLDH) (Urease)	17	<50 years:15-40	mg/dL
GLUCOSE -PLASMA (FASTING) Hexokinase	82	Non-Diabetic: <=100 Pre-Diabetic: 100-125 Diabetic: >=126	mg/dL
TOTAL T3: TRI IODOTHYRONINE - SERUM (Eclia)	1.8	Healthy Adults Euthyroid:1.3-3.1	nmol/L
TOTAL T4: THYROXINE - SERUM (Eclia)	105	Healthy Adults Euthyroid: 66-181	nmol/L
TSH: THYROID STIMULATING HORMONE - SERUM (Eclia)	4.34 *	Healthy Adults Euthyroid: 0.270-4.20	uIU/mL
GLUCOSE - PLASMA (POST PRANDIAL) Hexokinase	134	Normal: <140 Pre-Diabetic: 140-199 Diabetic :->=200	mg/dL

Report Status:Final

* END OF REPORT *

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1078550

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Archita
Dr. MOUSHUMI SAIKIA,
MBBS,MD
REG NO.14979 AMC
CONSULTANT BIOCHEMIST

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DEPARTMENT OF BIOCHEMISTRY

Name : Mrs. ARCHITA SAHA Age : 38Yr 0Mth 0Days Gender : Female
 UHID : AHLG2.0000045704 / APHCAH29016 W/BNo/RefNo : AHC
 SIN \ LRN : 125771378 \ 11211520
 Specimen : Whole blood
 Ref Doctor : Dr. Prabin Kumar Saikia



Collected on : 26-OCT-2024 10:47:17 AM Received on : 26-OCT-2024 12:08:56 PM Reported on : 26-OCT-2024 01:43:27 PM

MediWheel Full Body Health Check up-Female below 40Yrs

TEST NAME	RESULT	BIOLOGICAL REFERENCE INTERVALS	UNITS
GLYCOSYLATED HEMOGLOBIN (HBA1C) - WHOLE BLOOD	5.2	GOAL:<6.5% Prediabetic:5.7-6.4%	%
GLYCOSYLATED HEMOGLOBIN (HbA1C) - WHOLE BLOOD		Diabetic:>6.5% Non-diabetic:<5.7%	
Mean Plasma Glucose (MPG) Estimate:	102.5400	Uncontrolled-diabetics>8%	mg/dL

Report Status:Final

* END OF REPORT *

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155038

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Dr.Pooja Keshan MBBS,MD
Reg No 21460 AMC

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Name : Mrs. ARCHITA SAHA Age : 38Yr 0Mth 0Days Gender : Female
 UHID : AHLG2.0000045704 / APHCAH29016 W/BNo/RefNo : AHC
 SIN ILRN : 125771375 \ 125771374 \ 11211520
 Specimen : Urine
 Ref Doctor : Dr. Prabin Kumar Saikia



Collected on : 26-OCT-2024 10:47:17 AM Received on : 26-OCT-2024 12:23:27 PM Reported on : 26-OCT-2024 12:29:04 PM

MediWheel Full Body Health Check up-Female below 40Yrs

TEST NAME	RESULT	BIOLOGICAL REFERENCE INTERVALS	UNITS
URINE- BENCE JONES PROTEINS	Negative	Negative	
URINE SUGAR	Nil		
URINE ROUTINE (CUE)			
Color:	Pale yellow	Pale Yellow/amber	
Transparency:	Clear	Clear	
Specific Gravity(Strip Method)	1.030 *	1.016 - 1.026	
pH(Strip Method+ Ph Paper)	5.5	4.6 - 8	
Glucose:(Benedicts+Strip Method)	Nil	Negative	
Protein :(Strip+Heat Method)	Nil	Negative	
DEPOSITS:(Microscopy)			
RBC	Not seen	Upto 3 Cells/hpf	
WBC/Pus Cells	1-2 /HPF	Upto to 5 Cells/hpf	
Squamous epithelial cells	0-1 /HPF	Up to 20	
Casts:(Microscopy)	Not Detected	Absent	/lpf
Crystals:	Not Detected	Absent	/lpf
Nitrite	Negative	Negative	
HEMOGRAM(CBC+ESR+RECTIC+PS)			
Hemoglobin	10.1 *	12.0 - 15.0	g/dl
RBC COUNT	3.75 *	3.8 - 4.8	Million/ul
MCV	85.9	82.0 - 92.0	fl
MCH	26.9	26.0 - 32.0	pg
MCHC	31.4	31.0 - 36.0	g/dl
RDW-CV	15.9 *	11.6 - 14	%
RETICULOCYTE COUNT	1.90	Healthy Adult -:0.5-2.5%	%

Name : Mrs. ARCHITA SAHA Age : 38Yr 0Mth 0Days Gender : Female
 UHID : AHLG2.0000045704 / APHCAH29016 W/BNo/RefNo : AHC
 SIN \LRN : 125771375 \ 125771374 \ 11211520
 Specimen : Urine
 Ref Doctor : Dr. Prabin Kumar Saikia



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Platelet Count	186	150 - 400	10 ³ /mm ³
TLC/WBC Count	4.62	4.0 - 11.0	10 ³ /mm ³
ERYTHROCYTE SEDIMENTATION RATE (ESR)	42 *	0 - 20	mm/1st hr
Differential Count			
Neutrophils	60.4	40 - 70	%
Lymphocytes	34.8	20 - 40	%
Eosinophils	0.9 *	1 - 6	%
Monocytes	3.5	2 - 10	%
Basophils	0.4	0 - 2	%
PERIPHERAL SMEAR			
RBC:	Normocytic with hypochromia +		
WBC:	Total and Differential counts are within normal limits		
Platelets:	Adequate on the smear		
Hemoparasites	No hemoparasites		
PACKED CELL VOLUME [PCV]	32.2 *	36 - 46	%
Report Status:Final			

* END OF REPORT *

APOLLO
HOSPITALS
GUWAHATI
TOUCHING LIVES

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First Report Printed On : 27-OCT-2024 12:21:55 PM
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Dr.Pooja Keshan MBBS,MD
 Reg No 21460 AMC

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Name : Mrs. ARCHITA SAHA Age : 38Yr 0Mth 0Days Gender : Female
UHID : AHLG2.0000045704 / APHCAH29016 W/BNo/RefNo : AHC
SIN \LRN : 125771380 \ 11211520
Specimen : Blood
Ref Doctor : Dr. Prabin Kumar Saikia



Collected on : 26-OCT-2024 10:47:17 AM Received on : 26-OCT-2024 01:56:58 PM Reported on : 26-OCT-2024 02:00:14 PM

MediWheel Full Body Health Check up-Female below 40Yrs

TEST NAME **RESULT**

BLOOD GROUPING AND TYPING

ABO Group: A
Rh (D) Type: POSITIVE
Report Status:Final

* END OF REPORT *



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