

Name : Mrs. MADHUMITA SARKAR (41 /F)

Date : 26/10/2024

Address : DISHA APT B BLOCK 3RD FLOOR STATION ROAD PS DANKUNI, HOOGHLY,
HOOGHLY, WEST BENGAL, INDIA

Examined by: Dr .SHARMISTHA MALLIK

UHID : AGHL.0001235931

Package : MEDIWHEEL - FULL BODY ANNUAL PLUS CHECK ADVANCE
FEMALE HCK

AHC No : AMHLAH224173



CHIEF COMPLAINTS

For corporate health checkup

PRESENT KNOWN ILLNESS

No history of - Diabetes mellitus,
Hypertension,
Dyslipidemia, Heart
disease, Stroke, Asthma,
COPD

Thyroid disease - hypothyroidism;
Medication - regular; -
Eltroxin 50 mcg



DRUG ALLERGY

NO KNOWN ALLERGY

:08/06/2022



SYSTEMIC REVIEW

Cardiovascular system

- Nil Significant

Respiratory system

- Nil Significant

Oral and dental

- Nil Significant

Gastrointestinal system

- Nil Significant

Genitourinary system

- Nil Significant

Gynaec history

Last menstrual period - 20.9.24; Periods - irregular;
No of Children - 2; Last child birth - 11 yrs;
Deliveries - LSCS

Central nervous system

- Nil Significant

Eyes

Vision - normal with glasses; Glasses - yes

ENT

- Nil Significant

Musculoskeletal system

Spine and joints
Knee (bilateral) - pain

Skin

- Lichen

Weight

- stable



Past medical history

Covid 19 - Yes
Hospitalization for
Covid 19 - No



Personal history

Marital status - Married
No. of children - 2
Diet - Non Vegetarian
Alcohol - does not consume alcohol
Smoking - No
Chews tobacco - No
Physical activity - Mild



Family history

Father - has expired
Mother - alive
Hypertension - father, mother
Coronary artery
disease - father
Cancer - None

PHYSICAL EXAMINATION



General

Build - over weight

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Height - 166
Weight - 70
BMI - 25.4
Pallor - No
Oedema - no

Cardiovascular system

Heart rate (Per minute) - 72
Rhythm - Regular
- B.P. Sitting
Systolic(mm of Hg) - 112
Diastolic(mm of Hg) - 76
Heart sounds - S1S2+

Respiratory system

Breath sounds - Normal vesicular breath sounds

Abdomen

Appearance - Normal
Organomegaly - No
Tenderness - No
Bowel sounds - Normal

Ophthalmology consultation

Ophthalmology findings - OCULAR MOVEMENTS:
(RE):FULL (LE):FULL
ANTERIOR SEGMENTS:
(RE):WNL (LE):WNL
VISUAL ACUITY
DISTANCE:WITHOUT
GLASS (RE):6/6 (LE):6/6
VISUAL ACUITY
NEAR:WITHOUT GLASS
(RE):N6P (LE):N6P
SPECTACLE POWER:
BE:PLANO(6/6) ADD:
+1.25DSPH(N6)
ADVICE:*Glass Rx*Review
after 1yr/SOS

Printed By : Benazir Begaum

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COMPLETE HAEMOGRAM

Test Name	Result	Unit	Level	Range
Hemoglobin	11.1 *	g/dl	●	12.0-15.0
RBC COUNT	4.06	Million/ ul	●	3.8-4.8
Hematocrit - Hct:	35.1 *	%	●	36-46
MCV	86.4	fl	●	83-101
MCH	27.4	pg	●	27-32
MCHC	31.7	%	●	31.5-34.5
RDW	14.4 *	%	●	11.8-14.0
WBC Count	6700	/cu mm	●	4000-10000
Platelet Count	1.56	lacs/cu mm	●	1.5-4.0
Neutrophils	72	%	●	40-80
Lymphocytes	23	%	●	20-40
Monocytes	03	%	●	2-10
Eosinophils	02	%	●	01-06
Basophils	00	%	●	0-0
RBC:	Normocytic Normochromic cells			
Platelets:	Adequate on the smear			

ERYTHROCYTE SEDIMENTATION RATE (ESR)

Test Name	Result	Unit	Level	Range
ERYTHROCYTE SEDIMENTATION RATE (ESR)	17	mm/1st hr	●	0-20

URINE ROUTINE AND MICROSCOPY

Test Name	Result	Unit	Level	Range
Volume:	30	mL		
Colour:	Pale Straw			
Appearance	Turbid			
Specific Gravity	1.025			
pH:	6.0			
Albumin:	Not Detected			
Glucose	Not Detected			
Ketone:	Not Detected			
Bile Pigments	Not Detected			
RBC	Nil	/hpf		
Pus Cells	1-3	/hpf		

Epithelial Cells	1-2 /h.p.f /hpf
Casts:	Not Found
Crystals:	Not Found

URINE SUGAR- FASTING(QUALITATIVE)

Test Name	Result	Unit	Level	Range
URINE GLUCOSE(FASTING)	Nil			

BLOOD GROUPING AND TYPING (ABO AND RH)

Test Name	Result	Unit	Level	Range
ABO Group:	A			
Rh (D) Type:	POSITIVE			

ALT(SGPT) - SERUM

Test Name	Result	Unit	Level	Range
ALT(SGPT) - SERUM	15	U/L	●	0-35

ALBUMIN - SERUM

Test Name	Result	Unit	Level	Range
ALBUMIN - SERUM	4.0	g/dL	●	3.5-5.1

ALKALINE PHOSPHATASE - SERUM

Test Name	Result	Unit	Level	Range
ALKALINE PHOSPHATASE - SERUM	66	U/L	●	33-98

AST (SGOT) - SERUM

Test Name	Result	Unit	Level	Range
AST (SGOT) - SERUM	16	U/L	●	0-35

BILIRUBIN, TOTAL - SERUM

Test Name	Result	Unit	Level	Range
BILIRUBIN TOTAL - SERUM	1.1	mg/dL	●	0.3-1.2

CHOLESTEROL - SERUM

Test Name	Result	Unit	Level	Range
CHOLESTEROL - SERUM	163	mg/dL	●	0-200
Non-HDL Cholesterol	123			

CREATININE - SERUM

Test Name	Result	Unit	Level	Range

● Within Normal Range ● Borderline High/Low ● Out of Range

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CREATININE - SERUM 0.8 mg/dL ● 0.6-1.1

GGTP: GAMMA GLUTAMYL TRANSPEPTIDASE - SERUM

Test Name	Result	Unit	Level	Range
GGTP: GAMMA GLUTAMYL TRANSPEPTIDASE - SERUM	14	U/L	●	0-38

GLUCOSE - PLASMA (FASTING)

Test Name	Result	Unit	Level	Range
GLUCOSE - PLASMA (FASTING)	80	mg/dL	●	70-99

GLUCOSE - PLASMA (POST PRANDIAL)

Test Name	Result	Unit	Level	Range
GLUCOSE - PLASMA (POST PRANDIAL)	98	mg/dL	●	70-140

HBA1C (GLYCOSYLATED HAEMOGLOBIN)-WHOLE BLOOD

Test Name	Result	Unit	Level	Range
HBA1C (GLYCOSYLATED HAEMOGLOBIN)-WHOLE BLOOD	4.8	%	●	Nondiabetic : 4 - 5.6 % Prediabetics : 5.7 - 6.4% Diabetes : >= 6.5% ADA Therapeutic goal : <7%

HDL CHOLESTEROL - SERUM

Test Name	Result	Unit	Level	Range
TC/HDL-C ratio serum	4 *		●	Optimal<3.5
HDL CHOLESTEROL - SERUM	40	mg/dL	●	30-70

LDL CHOLESTEROL -SERUM

Test Name	Result	Unit	Level	Range
LDL CHOLESTEROL -SERUM	109 *	mg/dL	●	0-100
VLDL CHOLESTEROL - SERUM (Calculated)	14	mg/dL	●	0-35

PROTEIN TOTAL - SERUM

Test Name	Result	Unit	Level	Range
PROTEIN TOTAL - SERUM	6.9	g/dL	●	6.4-8.3

PROTEIN TOTAL - SERUM 6.9 g/dL ● 6.4-8.3

Albumin/Globulin Ratio 1.4 ● 1.0-2.0

GLOBULIN: (CALCULATED) - SERUM 2.9 g/dL ● 1.8-3.6

TOTAL T3: TRI IODOTHYRONINE - SERUM

Test Name	Result	Unit	Level	Range
TOTAL T3: TRI IODOTHYRONINE - SERUM (Chemiluminescence)	0.99	ng/ml	●	0.87-1.78

TOTAL T4: THYROXINE - SERUM

Test Name	Result	Unit	Level	Range
TOTAL T4: THYROXINE - SERUM (Chemiluminescence)	11.08	µg/dL	●	5.48-14.28

TRIGLYCERIDES - SERUM

Test Name	Result	Unit	Level	Range
TRIGLYCERIDES - SERUM	132	mg/dL	●	0-150

TSH: THYROID STIMULATING HORMONE - SERUM

Test Name	Result	Unit	Level	Range
TSH: THYROID STIMULATING HORMONE - SERUM (Chemiluminescence)	3.48	µIU/mL	●	0.38-5.33

URIC ACID - SERUM

Test Name	Result	Unit	Level	Range
URIC ACID - SERUM	4.2	mg/dL	●	2.4-5.7

BILIRUBIN CONJUGATED (DIRECT) - SERUM

Test Name	Result	Unit	Level	Range
BILIRUBIN CONJUGATED (DIRECT) - SERUM	0.2	mg/dL	●	0.0-0.2

BUN (BLOOD UREA NITROGEN)

Test Name	Result	Unit	Level	Range
BUN (BLOOD UREA NITROGEN)	9.8	mg/dL	●	7.0-18.0

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UREA - SERUM 21 mg/dL ● 13-43

* No significant abnormality noted.

BUN/CREATININE RATIO

Test Name	Result	Unit	Level	Range
BUN/CREATININE RATIO	12.25			

[NOTE: At times pelvic structures are not well visualized due to inadequate patient preparation / excess bowel gas shadow. However suggested clinical correlation and other investigations if clinically indicated.]

PAP SMEAR /CERVICAL SMEAR

Ref No:
AG01.C2408561
SPECIMEN TYPE:
Conventional cervical smear (Papanicolaou stain) x 1
SPECIMEN ADEQUACY:
Satisfactory for evaluation without endocervical cells.
INTERPRETATION/RESULT:
Negative for intraepithelial lesion or malignancy,
Reactive cellular changes associated with inflammation
(includes typical repair)

Dr. KOUSHIKI SEN
DNB RESIDENT
In consultation with

X-RAY CHEST PA

* Chest skiagram does not reveal any significant abnormality.

INVESTIGATIONS NOT DONE / NOT YET REPORTED / NOT PART OF PACKAGE(LAB,RADIOLOGY & CARDIOLOGY)

ECG

SINUS RHYTHM.
LOW VOLTAGE QRS.

Biochemistry

A/G - RATIO

Haematology

URINE SUGAR - POST PRANDIAL (QUALITATIVE)

X-RAY MAMMOGRAPHY BILATERAL (MHC)

* BIRADS – 1.

CARDIOLOGY

TREADMILL TEST / STRESS TEST

BIRADS Category: (0= Requires additional evaluation, 1 = Negative, 2 = Benign findings, 3 = Intermediate, 4 = Suspicious malignancy, 5 = Highly suggestive of malignancy, 6 = Histologically proven malignancy).

Please Note :
False negative mammogram is 10-15%. Dense breast parenchyma may obscure an underlying neoplasm.

---END OF THE REPORT---

Dr. RASHMI CHAND
DMRD, DNB (Radiology)
Fellowship : Oncorad and Interventions (TMC)
Consultant Radiologist
Reg. No : 74810 (WBMC)

ULTRASOUND SCREENING WHOLE ABDOMEN

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Dr.SHARMISTHA MALLIK
AHC Physician / Consultant Internal Medicine

Note :- The Health Check-up examinations and routine investigations have certain limitations and may not be able to detect all the diseases. Any new or persisting symptoms should be brought to the attention of the Consulting Physician. Additional tests, consultations and follow up may be required in some cases.

AICVD RISK SCORE REPORT

RISK STATUS

Low Risk

YOUR SCORE

3

ACCEPTABLE SCORE

4

Your cardiovascular disease risk in the next 10 years is within the Normal limits for your age and gender

The AICVD risk score developed by Apollo Hospitals is a novel artificial intelligence-based risk scoring system that predicts your risk of having Coronary Artery Disease (CAD) related events in the next ten years. This scoring system uses Indian data and has been validated by multiple national and international institutions. This risk score is more than 92% accurate and has been compiled based on your physical parameters, heart health attributes, lifestyle and medical history. **Note:** The risk category is determined through the ratio between guest score and acceptable score at multiple decimal points. The outputs are shown in whole numbers.

Based on your AICVD risk score you are advised the following:

- Follow the guidance and education on **lifestyle and dietary management provided through the ProHealth program. Maintain a healthy BMI (<25). Avoid tobacco in any form and if you are a smoker, stop smoking.**
- Continue with **medications** for high blood pressure, diabetes, or dyslipidemia, if advised by your physician. Maintain HbA1c <7% (<53mmol/mol), blood pressure <140/90mmHg.
- Follow your physician's advice regarding **follow up tests, consults and annual health assessment**

DISCLAIMER

1. This is not a diagnostic tool and it does not guarantee accuracy of the result and cannot be acted upon independently.
2. This risk score and clinical algorithm is a general guideline for physicians. Any additional laboratory investigations, diagnostic imaging, treatment or patient education related to lifestyle management is under the physician 's or cardiologist's discretion.
3. To ensure the information in the report is up to date , accurate and correct, doctor shall be consulted for interpretation of the report.
4. Apollo Hospitals and its staff does not offer any assurance on the information made available or be liable for any loss or damage as the said report is based on the AICVD risk score without any intervention from their side .
5. By usage of the AICVD risk score, it is deemed that the beneficiary of this service has agreed to get the same done at his own risk and further agrees with this disclaimer without any limitation or any clauses or sub-clauses.

The Clinical AI Models and APIs used at Apollo Hospitals are certified by ISO 13485 : 2016 vide certificate no. MD 763515