



Patient Name : MS. RASHMI PRADHAN

Age / Gender : 26 years / Female

Patient ID : 22421

Referral : MEDI WHEEL

Collection Time : 10/08/2024, 09:47 AM

Reporting Time : 10/08/2024, 02:50 PM

Sample ID :



25570

| Test Description | Value(s) | Reference Range | Unit |
|------------------|----------|-----------------|------|
|------------------|----------|-----------------|------|

HbA1c, Glycosylated Hemoglobin

| | | | |
|---|-------|---|-------|
| HbA1c (GLYCOSYLATED HEMOGLOBIN), BLOOD | 5.1 | | % |
| Method : (HPLC, NISP certified) | | | |
| Estimated Average Glucose : | 99.67 | - | mg/dL |

Interpretation

| As per American Diabetes Association (ADA) | |
|--|--|
| Reference Group | HbA1c in % |
| Non diabetic adults >=18 years | <5.7 |
| At risk (Prediabetes) | 5.7 - 6.4 |
| Diagnosing Diabetes | >= 6.5 |
| Therapeutic goals for glycemic control | Age > 19 years Goal of therapy: < 7.0 Action suggested: > 8.0 Age < 19 years Goal of therapy: <7.5 |

Note:

- Since HbA1c reflects long term fluctuations in the blood glucose concentration, a diabetic patient who is recently under good control may still have a high concentration of HbA1c. Converse is true for a diabetic previously under good control but now poorly controlled .
- Target goals of < 7.0 % may be beneficial in patients with short duration of diabetes, long life expectancy and no significant cardiovascular disease. In patients with significant complications of diabetes, limited life expectancy or extensive co-morbid conditions, targeting a goal of < 7.0 % may not be appropriate.

Comments

HbA1c provides an index of average blood glucose levels over the past 8 - 12 weeks and is a much better indicator of long term glycemic control as compared to blood and urinary glucose determinations.

ADA criteria for correlation between HbA1c & Mean plasma glucose levels.

| HbA1c(%) | Mean Plasma Glucose (mg/dL) |
|----------|-----------------------------|
| 6 | 126 |
| 7 | 154 |
| 8 | 183 |
| 9 | 212 |

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Zena Healthcare Services

Plot No. 119, Opp. Water tank Lane, Near Police Phandi, Saheed Nagar, Bhubaneswar-07

Ph. : 0674-2549902, 9692276908, 8337964922, E-mail : zenahealthcare@gmail.com

Website : www.zenacare.in

Wishing Good Health

Patient Name : MS. RASHMI PRADHAN

Age / Gender : 26 years / Female

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| | |
|----|-----|
| 10 | 240 |
| 11 | 269 |
| 12 | 298 |

Creatinine

Creatinine 0.79 0.6 - 1.3 mg/dL
Method : Serum, Jaffe

Uric acid, Serum

Uric Acid 4.69 3.4 - 7.0 mg/dL
Method : Uricase, Colorimetric

BUN, Serum

BUN-Blood Urea Nitroge 10 06 - 24 mg/dL
Method : Serum, Urease

Blood Group ABO & Rh Typing, Blood

Blood Group (ABO typing)
Method : Manual-Hemagglutination

"A"

RhD Factor (Rh Typing)
Method : Manual hemagglutination

Positive

ESR, Erythrocyte Sedimentation Rate

ESR - Erythrocyte Sedimentation Rate 17 0 - 20 mm/hr
Method : EDTA Whole Blood, Manual Westergren

Interpretation:

- It indicates presence and intensity of an inflammatory process. It does not diagnose a specific disease. Changes in the ESR are more significant than the abnormal results of a single test.
- It is a prognostic test and used to monitor the course or response to treatment of diseases like tuberculosis, bacterial endocarditis, acute rheumatic fever, rheumatoid arthritis, SLE, Hodgkins disease, temporal arteritis and polymyalgia rheumatica.
- It is also increased in pregnancy, multiple myeloma, menstruation, and hypothyroidism.

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| Test Description | Value(s) | Reference Range | Unit |
|-----------------------------------|----------|-----------------|---------------------|
| Complete Blood Count | | | |
| Hemoglobin (Hb) | 13.0 | 12.0 - 15.0 | gm/dL |
| Erythrocyte (RBC) Count | 4.97 | 3.8 - 4.8 | mil/cu.mm |
| Packed Cell Volume (PCV) | 42.3 | 36 - 46 | % |
| Mean Cell Volume (MCV) | 85.11 | 83 - 101 | fL |
| Mean Cell Haemoglobin (MCH) | 26.16 | 27 - 32 | PG |
| Mean Corpuscular Hb Conc. (MCHC) | 30.73 | 31.5 - 34.5 | g/dL |
| Red Cell Distribution Width (RDW) | 11.8 | 11.6 - 14.0 | % |
| Total Leucocytes (WBC) Count | 6700 | 4000-10000 | cell/cu.mm |
| Neutrophils | 68 | 40 - 80 | % |
| Lymphocytes | 26 | 20 - 40 | % |
| Monocytes | 05 | 2 - 10 | % |
| Eosinophils | 01 | 1 - 6 | % |
| Basophils | 00 | 1-2 | % |
| Platelet Count | 232 | 150 - 410 | 10 ³ /ul |
| Mean Platelet Volume (MPV) | 10.3 | 7.2 - 11.7 | fL |
| PCT | 0.24 | 0.2 - 0.5 | % |
| PDW | 16.8 | 9.0 - 17.0 | % |

END OF REPORT

Dasgupta
Lab Technician

Wishu
Dr. Kundan Kumar Sahoo
CONSULTANT PATHOLOGIST /
MICROBIOLOGIST

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Referral : MEDI WHEEL

Collection Time : 10/08/2024, 09:47 AM

Reporting Time : 10/08/2024, 02:48 PM

Sample ID :



25570

| Test Description | Value(s) | Reference Range | Unit |
|--|----------|---|-------|
| Lipid Profile | | | |
| Cholesterol-Total Method : Spectrophotometry | 174.29 | Desirable level < 200 Borderline High 200-239 High >or = 240 | mg/dL |
| Triglycerides Method : Serum, Enzymatic, endpoint | 141.85 | Normal: < 150 Borderline High: 150-199 High: 200-499 Very High: >= 500 | mg/dL |
| HDL Cholesterol Method : Serum, Direct measure-PEG | 43.57 | Normal: > 40 Major Risk for Heart: < 40 | mg/dL |
| LDL Cholesterol Method : Enzymatic selective protection | 102.35 | Optimal < 100 Near / Above Optimal 100-129 Borderline High 130-159 High 160-189 Very High >or = 190 | mg/dL |
| VLDL Cholesterol Method : Serum, Enzymatic | 28.37 | 6 - 38 | mg/dL |
| CHOL/HDL Ratio Method : Serum, Enzymatic | 4.00 | 3.5 - 5.0 | |
| LDL/HDL Ratio Method : Serum, Enzymatic | 2.35 | 2.5 - 3.5 | |

Note:

8-10 hours fasting sample is required.

END OF REPORT

Lab Technician

Dr. Kundan Kumar Sahoo
CONSULTANT PATHOLOGIST /
MICROBIOLOGIST

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Collection Time : 10/08/2024, 09:47 AM

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Sample ID :



25570

| Test Description | Value(s) | Reference Range | Unit |
|---|----------|-----------------|-------|
| LFT, Liver Function Test | | | |
| Bilirubin - Total Method : Serum, Jendrassak Grof | 0.68 | 0.00 - 1.00 | mg/dL |
| Bilirubin - Direct Method : Serum, Diazoiazotum | 0.17 | 0.00 - 0.20 | mg/dL |
| Bilirubin - Indirect Method : Serum, Calculated | 0.51 | 0.10 - 0.80 | mg/dL |
| SGOT Method : Serum, UV with PSP, IFCC 37 degree | 17.23 | 8 - 33 | U/L |
| SGPT Method : Serum, UV with PSP, IFCC 37 degree | 23.96 | 3 - 35 | U/L |
| GGT-Gamma Glutamyl Transpeptidase Method : Serum, G-glutamyl-carboxy-oximide | 6.73 | < 38 | U/L |
| Alkaline Phosphatase Method : PNPP-AMP Buffer/Kinetic | 74.26 | 42-141 | U/L |
| Total Protein Method : Serum, Bismar, reagent blank end point | 7.15 | 6.60 - 8.70 | g/dL |
| Albumin Method : Serum, Bromocresol green | 4.06 | 3.50 - 5.30 | g/dL |
| Globulin Method : Serum, EIA | 3.09 | 2.00-3.50 | g/dL |
| A/G Ratio Method : Serum, EIA | 1.31 | 1.2 - 2.2 | |

END OF REPORT

LIP Technician

Dr.Kundan Kumar Sahoo
CONSULTANT PATHOLOGIST /
MICROBIOLOGIST

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Urine(R/M) Routine Examination of Urine

General Examination

| | | | |
|---------------------------|-------------|---------------|--|
| Colour | PALE YELLOW | Pale Yellow | |
| Transparency (Appearance) | CLEAR | Clear | |
| Deposit | Absent | Absent | |
| Reaction (pH) | Acidic 6.5 | 4.5 - 7.0 | |
| Specific gravity | 1.015 | 1.005 - 1.030 | |

Chemical Examination

| | | | |
|-------------------------|--------|--------|--|
| Urine Protein (Albumin) | Absent | Absent | |
| Urine Glucose (Sugar) | Absent | Absent | |

Microscopic Examination

| | | | |
|------------------|------------|--------|------|
| Red blood cells | Absent | 0-4 | /hpf |
| Pus cells (WBCs) | 0 - 5 /HPF | 0-9 | /hpf |
| Epithelial cells | 1 - 2 /HPF | 0-4 | /hpf |
| Crystals | Absent | Absent | |
| Cast | Absent | Absent | |
| Bacteria | Absent | Absent | |

END OF REPORT

Biswanath
Lab technician

K. Sahoo
Dr. Kundan Kumar Sahoo
CONSULTANT PATHOLOGIST /
MICROBIOLOGIST

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Wishing Good Health

ID: 111 CASE: RASHMI PRADHAN

AGE: 26 Y M D

Sex: K F

10/08/2024 09:43:56

ZENA HEALTHCARE

Plot-119, SAHIONAGAR, BHUBANESWAR

DATE: 11/08/2024 TIME: 11:30

ECG: SINUS ARRHYTHMIA

QRS: RSR'-VTI - PROBABLE NORMAL VARIANT

QT: 378 MS

QTc: 42 MS

QTd: 71 MS

QTf: 13 MS

QTg: 13 MS

QTj: 13 MS

QTk: 13 MS

QTL: 13 MS

QTR: 13 MS

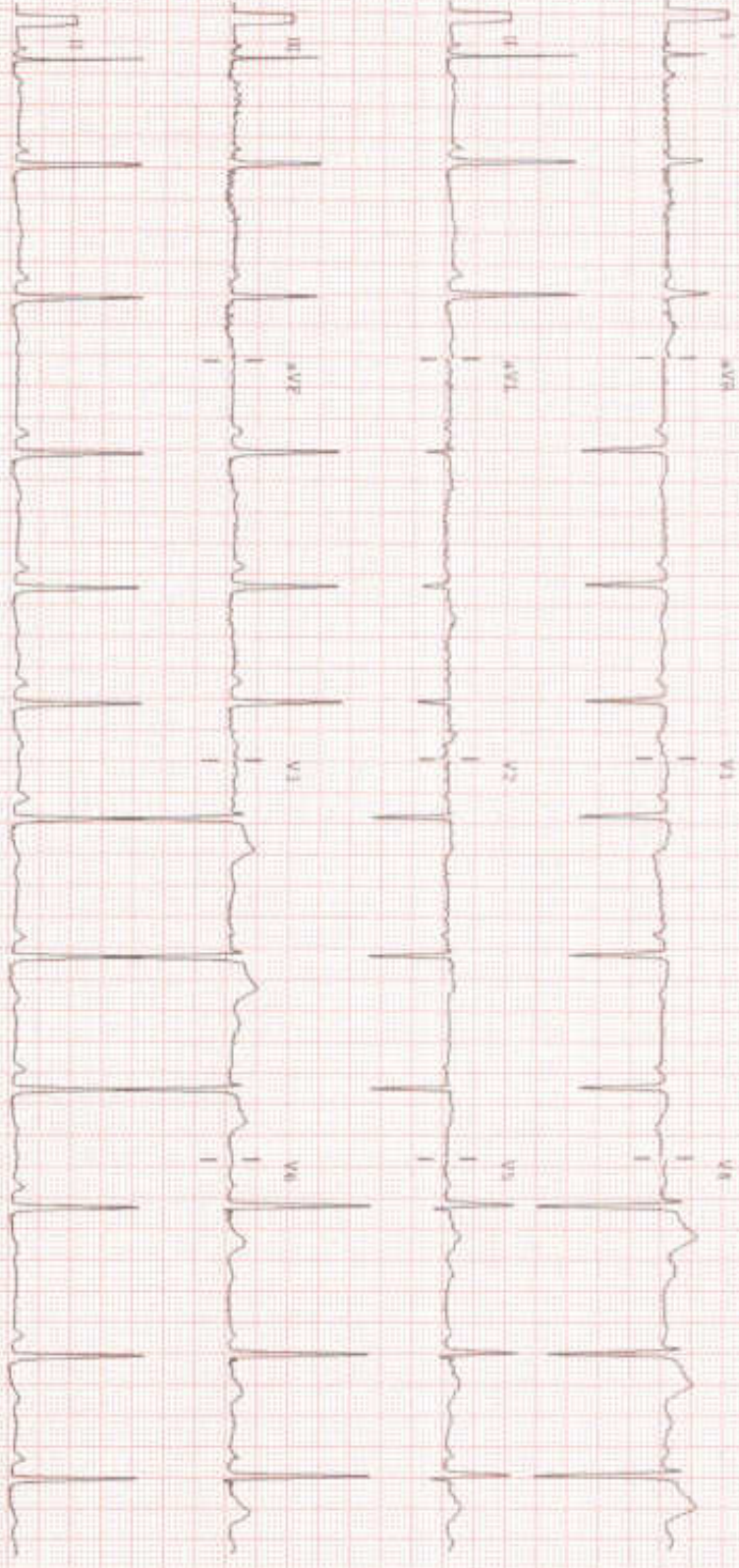
QTS: 13 MS

QTT: 13 MS

QTU: 13 MS

REF:

DR:



DR. RAJESH K. PATIL MD, DNB (CARDIOLOGY) ZENA HEALTHCARE, BHUBANESWAR. 10/08/2024 09:43:56. ALL RIGHTS RESERVED. PLEASE DO NOT REPRODUCE OR TRANSMIT THIS REPORT WITHOUT THE WRITTEN PERMISSION OF ZENA HEALTHCARE.



NAME:-RASHMI PRADHAN
AGE:- 26YRS
Patient ID:-06

REFERRAL:-MEDI WHEEL
DATE:-10.08.2024
SEX:-FEMALE

CHEST X-RAY PA VIEW SHOWS.

- Both side lung fields are clear.
- Trachea within normal limit.
- Both costophrenic cardiophrenic angle are clear.
- Cardiac shadow within normal limit.
- Media stinum in position

IMPRESSION:-NORMAL STUDY.

B. Pradhan

Dr. Bhagaban Pradhan
M.D.(Radio diagnosis)

Consultant Radiologist



Rashmi Pradhan



Patient Name : MS. RASHMI PRADHAN

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| Test Description | Value(s) | Reference Range | Unit |
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| Thyroid Profile (T3, T4, TSH) | | | |
| T3-Total Method : CLIA | 1.36 | 0.87 - 2.73 | ng/dL |
| T4-Total Method : CLIA | 8.24 | 6.09 - 12.23 | ug/dL |
| TSH-Ultrassensitive Method : CLIA | 2.19 | 0.45 - 4.5 First Trimester : 0.1-2.5 Second Trimester : 0.2-3.0 Third trimester : 0.3-3.0 | uIU/mL |

Interpretation

| TSH | T3 | T4 | Suggested Interpretation for the Thyroid Function Tests Pattern |
|------------------------|------------------------|------------------------|--|
| Raised | Within range | Within range | Raised Within Range Within Range -Isolated High TSH(especially in the range of 4.7 to 15 mIU/ml) is commonly associated with Physiological & Biological TSH Variability. Subclinical Autoimmune Hypothyroidism,Intermittent 14 therapy for hypothyroidism .Recovery phase after Non-Thyroidal illness' |
| Raised | Decreased | Decreased | Chronic Autoimmune Thyroiditis ,Post thyroidectomy,Post radioiodine. Hypothyroid phase of transient thyroiditis' |
| Raised or within range | Raised | Raised or within range | Interfering antibodies to thyroid hormones (anti-TPO) antibodies(Intermittent 14 therapy or T4 overdose •Drug interference- Amiodarone, Heparin,Beta blockers,steroids, anti-epileptics. |
| Decreased | Raised or within range | Raised or within range | Isolated Low TSH -especially in the range of 0.1 to 0.4 often seen in elderly & Range Range associated with Non-Thyroidal illness .Subclinical Hyperthyroidism .Thyroxine ingestion' |
| Decreased | Decreased | Decreased | Central Hypothyroidism .Non-Thyroidal illness .Recent treatment for Hyperthyroidism (TSH remains suppressed)' |
| Decreased | Raised | Raised | Primary Hyperthyroidism (Graves' disease),Multinodular goitre, Toxic nodule •Transient thyroiditis:Postpartum, Silent (lymphocytic), Postviral (granulomatous,subacute, DeQuervain's),Gestational thyrotoxicosis with hyperemesis gravidarum' |
| Decreased Within Range | Raised | Within range | T3 toxicosis •Non-Thyroidal illness |
| Within range | Decreased | Within range | Isolated Low T3-often seen in elderly & associated Non-Thyroidal illness In elderly the drop in T3 level can be upto 25%. |

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Wishing Good Health



1110 / RASHMI PRADHAN / 26 Yrs / F / 153 Cms / 47 Kg Date: 10-Aug-2024 Refd By : MEDI WHEEL Examined By :

| Stage | Time | Duration | Speed(mph) | Elevation | METs | Rate | % THR | BP | Rpp | PVC | Comments |
|---------------|-------|----------|------------|-----------|------|------|-------|--------|-----|-----|----------|
| Supine | 00:19 | 0:19 | 00:0 | 00:0 | 01:0 | 106 | 55 % | 132/81 | 139 | 00 | |
| Standing | 00:36 | 0:17 | 00:0 | 00:0 | 01:0 | 105 | 54 % | 132/81 | 136 | 00 | |
| HV | 00:52 | 0:16 | 00:0 | 00:0 | 01:0 | 114 | 59 % | 132/81 | 150 | 00 | |
| ExStart | 01:08 | 0:16 | 00:0 | 00:0 | 01:0 | 087 | 45 % | 132/81 | 114 | 00 | |
| BRUCE Stage 1 | 04:08 | 3:00 | 01:7 | 10:0 | 04:7 | 167 | 86 % | 134/83 | 223 | 00 | |
| BRUCE Stage 2 | 07:08 | 3:00 | 02:5 | 12:0 | 07:1 | 184 | 95 % | 135/85 | 250 | 00 | |
| PeakEx | 09:10 | 2:02 | 03:4 | 14:0 | 09:2 | 192 | 99 % | 138/87 | 264 | 00 | |
| Recovery | 09:40 | 0:30 | 01:1 | 00:0 | 04:2 | 185 | 95 % | 138/87 | 255 | 00 | |
| Recovery | 10:10 | 1:00 | 01:1 | 00:0 | 01:2 | 181 | 93 % | 138/85 | 248 | 00 | |
| Recovery | 12:10 | 3:00 | 00:0 | 00:0 | 01:0 | 147 | 76 % | 134/83 | 195 | 00 | |
| Recovery | 14:16 | 5:06 | 00:0 | 00:0 | 01:0 | 136 | 70 % | 132/81 | 179 | 00 | |

FINDINGS :

Exercise Time 08:02
 Initial HR (ExStrn) 87 bpm 45% of Target 194
 Initial BP (ExStrn) 132/81
 Max WorkLoad Attained 9.2 Good response to induced stress
 Test End Reasons Test Complete

Max HR Attained 192 bpm 98% of Target 194
 Max BP Attained 138/87

REPORT :



ZENA HEALTHCARE

SAHIDNAGAR, BHUBANESWAR

1110 / RASHMI PRADHAN / 26 Yrs / Female / 153 Cm / 47 Kg

6 x 2 + Rhythm
BRUCE: Supine(0:19)



Date: 10-08-2024 10:29:03 AM METs: 1.0 HR: 106 Target HR: 55% of 194 BP: 122/81

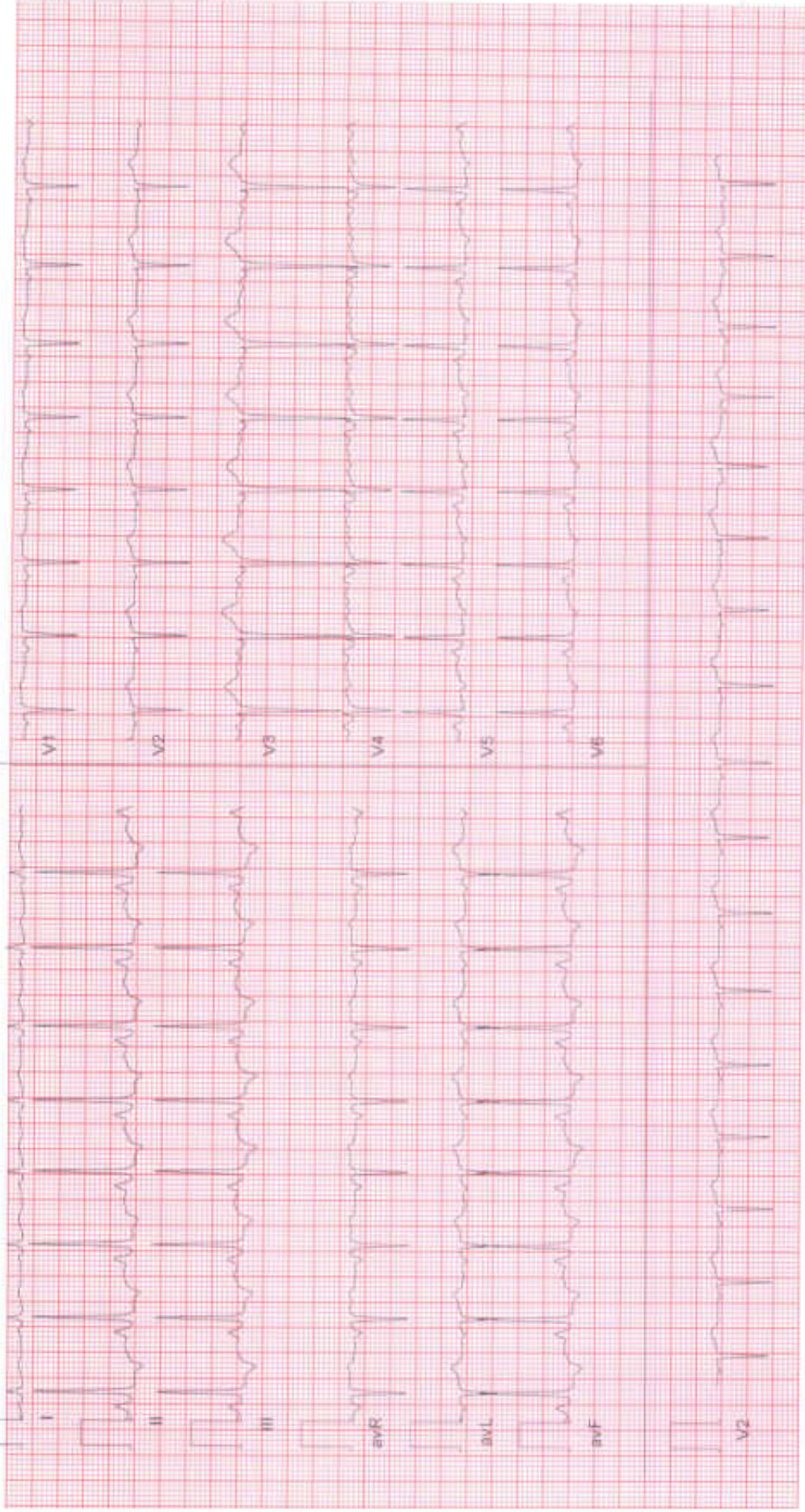
Ex Time: 00:00 0.0 mm/0.0 % 25 mmv/Sec 1.0 Cm/1V BL.C. On/ Notch On/HF 0.05 Hz/L.F 35 Hz





Date: 10-08-2024 10:29:03 AM METs: 1.0 HR: 105 Target HR: 54% of 194 BP: 130/81

Ex Time: 00:00 0.0 mph 0.0 % 25 mm/Sec 1.0 Cm/mV BLC On/ Match Over HF 0.05 Hz/ LF 35 Hz





Date: 10-08-2024 10:29:03 AM METs: 1.0 HR: 114 Target HR: 59% of 194 BP: 132/81 Ex Time: 00:00 0.0 mph/0.0 % 25 mm/Sec. 1.0 Cm/mV BLC On/ Notch On/ HF 0.05 Hz & LF 35 Hz

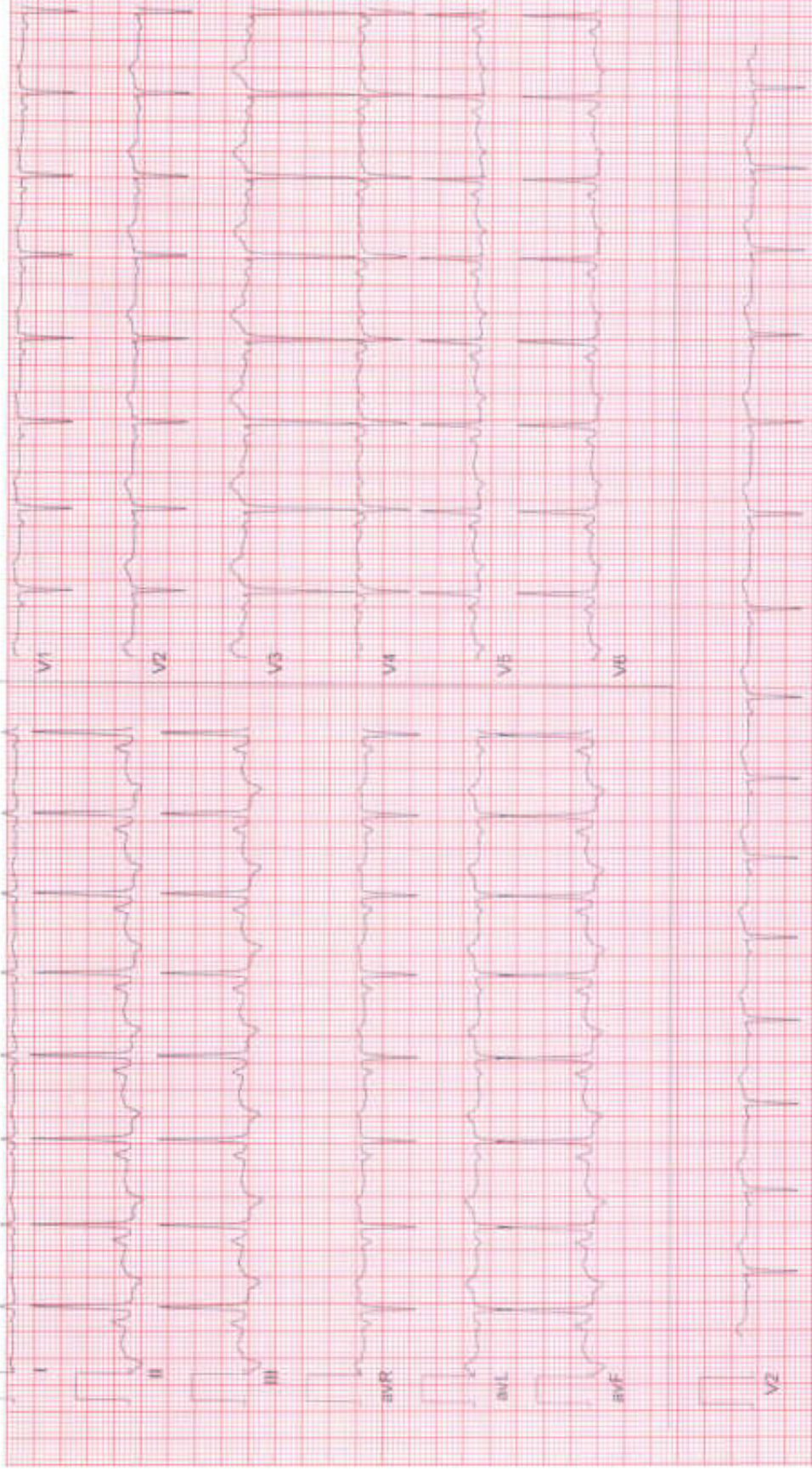


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SAHIDNAGAR, BHUBANESWAR
1110 / RASHMI PRADHAN / 26 Yrs / Female / 153 Cm / 47 Kg

6 x 2 + Rhythm
ExStart



Date: 10-08-2024 10:29:03 AM METs: 1.0 HR: 87 Target HR: 45% of 194 BP: 132/81 Ex-Time: 00:00 0.0 mph 0.0 % 25 mm/Sec 1.0 Cm/s V B/C Div/ HF 0.05 Hz 35 Hz



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1110 / RASHMI PRADHAN / 26 Yrs / Female / 153 Cm / 47 Kg

6 x 2 + Rhythm
BRUCE-Stage 1(3:00)



Date: 10-08-2024 10:29:03 AM METs : 4.7 HR : 167 Target HR : 86% of 194 BF : 134/63

Ex Time : 03:00 1.7 mph/10.0 % 25 min/Sec. 1.0 Cm/mV/BLCC On/ Notch On/HF 0.05 Hz/EF 35 Hz



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SAHIDNAGAR, BHUBANESWAR

11110 / RASHMI PRADHAN / 26 Yrs / Female / 153 Cm / 47 Kg

6 x 2 + Rhythm
BRUCE-Stage 2(3.00)



Date: 10-08-2024 10:29:03 AM METs: 7.1 HR: 184 Target HR: 95% of 194 BP: 136/86

Ex Time: 06:00 2.5 mph/2.0 % 25 min/Sec. 1.0 Cm/mV B/C Onv Notch On/HF 0.05 Hz/LF 35 Hz



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SAHIDNAGAR, BHUBANESWAR

1110 / RASHMI PRADHAN / 26 Yrs / Female / 153 Cm / 47 Kg

6 x 2 + Rhythm
PeakEx



Date: 10-08-2024 10:29:03 AM METs: 9.2 HR: 192 Target HR: 95% of 194 BP: 138/87

Ex Time: 08:02 3.4 mph 14.0 % 25 min/Sec. 1.0 Cm/IV BLC Cm/ Notch Cal/MF 0.05 Hz/LF 36 Hz



ZENA HEALTHCARE

SAHIDNAGAR, BHUBANESWAR

1110 / RASHMI PRADHAN / 26 Yrs / Female / 153 Cm / 47 Kg

**6 x 2 + Rhythm
Recovery(0:30)**



Date: 10-08-2024 10:29:03 AM METs: 4.2 HR: 185 Target HR: 95% of 194 BP: 136/87

Ex Time: 00:02 1.1 mph/0.0 % 25 min/Sec: 1.0 Cm/IV BLC. On: Noctch On/HF 0.05 Hz/A.F. 35 Hz



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SAHIDNAGAR, BHUBANESWAR

1110 / RASHMI PRADHAN / 26 Yrs / Female / 153 Cm / 47 Kg

6 x 2 + Rhythm
Recovery(1:00)



Date: 10 - 08 - 2024 10:29:03 AM METs 1.2 HR 181 Target HR 97% of 164 BP 136/85

Ex Time 08:02 1.1 mph 0.0 % 25 mm/Sec 1.0 Cm/IV BLC Cr/ Notch Cr/ HF 0.05 Hz/ LF 35 Hz



ZENA HEALTHCARE

SAHIDNAGAR, BHUBANESWAR

1110 / RASHMI PRADHAN / 26 Yrs / Female / 153 Cm / 47 Kg

**6 x 2 + Rhythm
Recovery(3:00)**



Date: 10-08-2024 10:29:03 AM METs: 1.0 HR: 147 Target HR: 76% of 194 BP: 134/83

Ex Time: 08:02 0.0 mph 0.0 % 25 min/Sec 1.0 Cal/MV B.L.C On/ Noch On/ MF 0.05 Hz/LF 35 Hz



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SAHIDNAGAR, BHUBANESWAR

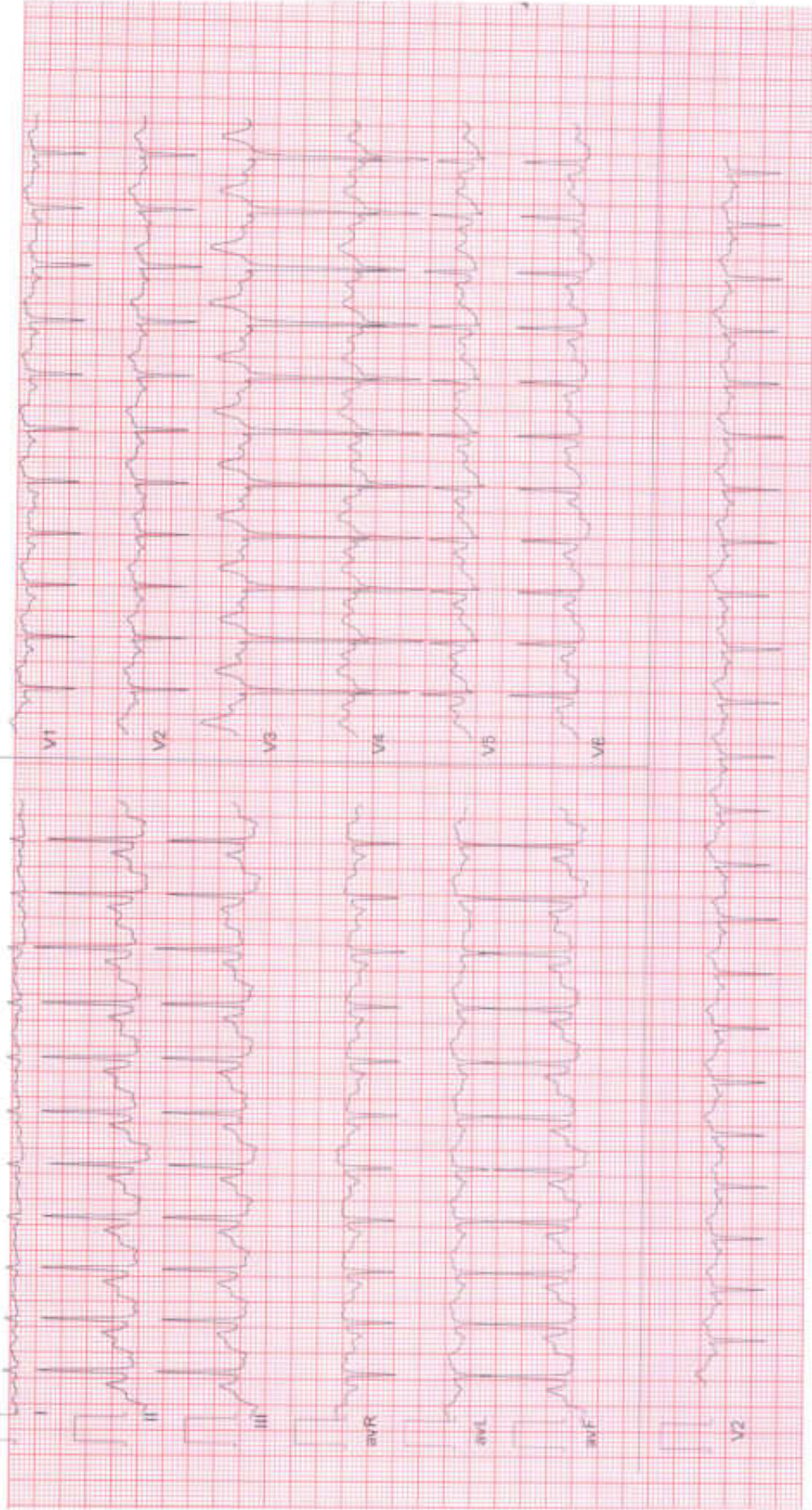
1110 / RASHMI PRACHAN / 26 Yrs / Female / 153 Cm / 47 Kg

6 x 2 + Rhythm
Recovery(5.06)



Date: 10-08-2024 10:29:03 AM METs: 1.0 HPR: 130 Target HR: 70% of 194 BP: 130/81

ExTime: 08:02 0.0 mph/0.0 % 25 mm/Sec 1.0 Cm/mV SLC Cal/ Notch On/HR 0.05 Hz/LF 35 Hz



MATERNITY CARE HOSPITAL

NAME: RASHMI PRADHAN

SONOGRAPHER : DR. PARUL PATI

AGE- 26Y/F

DATE-10/08/2024

USG OF WHOLE ABDOMEN

LIVER: normal in size, shape and parenchymal echotexture. No. SOL seen. Intrahepatic biliary channels normal in caliber and contains no echogenic structure. Portal and hepatic vascular systems within normal limits. P. V. measures 7.3mm.

Gall bladder- Normal seen

SPLEEN : Normal in size, shape and parenchymal echotexture. Spleen measures 10.6cm.

PANCREAS: Normal in size, shape and parenchymal echotexture. Pancreatic duct not dilated.

KIDNEYS: Both the kidneys normal in size, shape and position. Renal cortical echotexture is within normal limits. Cortico medullary differentiation maintained. No evidence of any calculus or hydronephrosis on both sides. Pelvi-calyceal systems appear normal. No focal lesion seen.

- Left kidney measures: 9.8 x 6.3cms.
- Right kidney measures: 8.9 x 5.6cms.

URETERS: Both ureters not visualized (normal).

Appendix- not visualized.

uterus : *uterus is normal in size shape 62.61 X54.38X44.18MM size, and normal endometrium seen in cavity.*

Ovary- Both ovary normal *in echopattern*

Cervix-*cervical canal normal , cervix normal.*

POD- *is free of fluid or sol.*

Impression:Normal study of abdomen .

Parul Pati

DR. PARUL PATI (O&G MD)

Regd. No: 5569

MATERNITY CARE HOSPITAL & IVF CENTER

-142/A-143, Sahid Nagar, Bhubaneswar