

LETTER OF APPROVAL / RECOMMENDATION

To,

The Coordinator,  
MediWheel (M/s. Arcofemi Healthcare Pvt. Ltd.)

Dear Sir / Madam,

**Sub: Annual Health Checkup for the employees of Bank of Baroda**

This is to inform you that the following employee wishes to avail the facility of Cashless Annual Health Checkup provided by you in terms of our agreement.

PARTICULARS	EMPLOYEE DETAILS
NAME	MR. KUMAR ANKIT
EC NO.	181540
DESIGNATION	CREDIT
PLACE OF WORK	ASPUR DEOSAR
BIRTHDATE	14-01-1998
PROPOSED DATE OF HEALTH CHECKUP	16-09-2024
BOOKING REFERENCE NO.	24S181540100114082E

This letter of approval / recommendation is valid if submitted along with copy of the Bank of Baroda employee id card. This approval is valid from **14-09-2024** till **31-03-2025** The list of medical tests to be conducted is provided in the annexure to this letter. Please note that the said health checkup is a **cashless facility** as per our tie up arrangement. We request you to attend to the health checkup requirement of our employee and accord your top priority and best resources in this regard. The EC Number and the booking reference number as given in the above table shall be mentioned in the invoice, invariably.

We solicit your co-operation in this regard.

Yours faithfully,

Sd/-

**Chief General Manager**  
**HRM & Marketing Department**  
**Bank of Baroda**

  
**Dr. J.P. SINGH**  
M.D.(Medicine) FACP (USA)  
Director & Consultant Physician  
(JPK Hospitals & Trauma Center Pvt.Ltd.)

(Note: This is a computer generated letter. No Signature required. For any clarification, please contact MediWheel (M/s. Arcofemi Healthcare Pvt. Ltd.))

 भारत सरकार  
GOVERNMENT OF INDIA

 अंकित कुमार  
ANKIT KUMAR  
जन्म तिथि/ DOB: 14/01/1998  
पुरुष / MALE



4673 3466 4803

आधार-आम आदमी का अधिकार

 भारतीय विशिष्ट पहचान प्राधिकरण  
UNIQUE IDENTIFICATION AUTHORITY OF INDIA

पता: S/O Bhagwati Prasad, nadipar katra,  
nai basti, Mauranipur, Jhansi,  
Uttar Pradesh - 284204

Address: S/O Bhagwati Prasad, nadipar katra,  
nai basti, Mauranipur, Jhansi,  
Uttar Pradesh - 284204


4673 3466 4803

Aadhaar-Aam Admi ka Adhikar

*Handwritten signature*

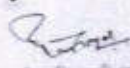
*Handwritten signature*  
Dr. J. P. SINGH  
M.D. (Medicine) FACP (USA)  
Director & Consultant Physician  
(JPK Hospitals & Trauma Center Pvt. Ltd.)





 **बैंक ऑफ बरोडा**  
**Bank of Baroda**


नाम  
Name: **ANKIT KUMAR**

कार्यकारी न्यूट नं.  
E.C. No: **181540**

  
जारीकर्ता प्राधिकारी (ड.ए.एम.)  
Issuing Authority (D.R.M.)

  
  
कार्यकारी न्यूट नं.  
Signature of Holder



  
**Dr. J.P. SINGH**  
M.D.(Medicine) FACP (USA)  
Director & Consultant Physician  
(JPK Hospitals & Trauma Center Pvt.Ltd.)

ID: 0

897

16-09-2024 12:16:13

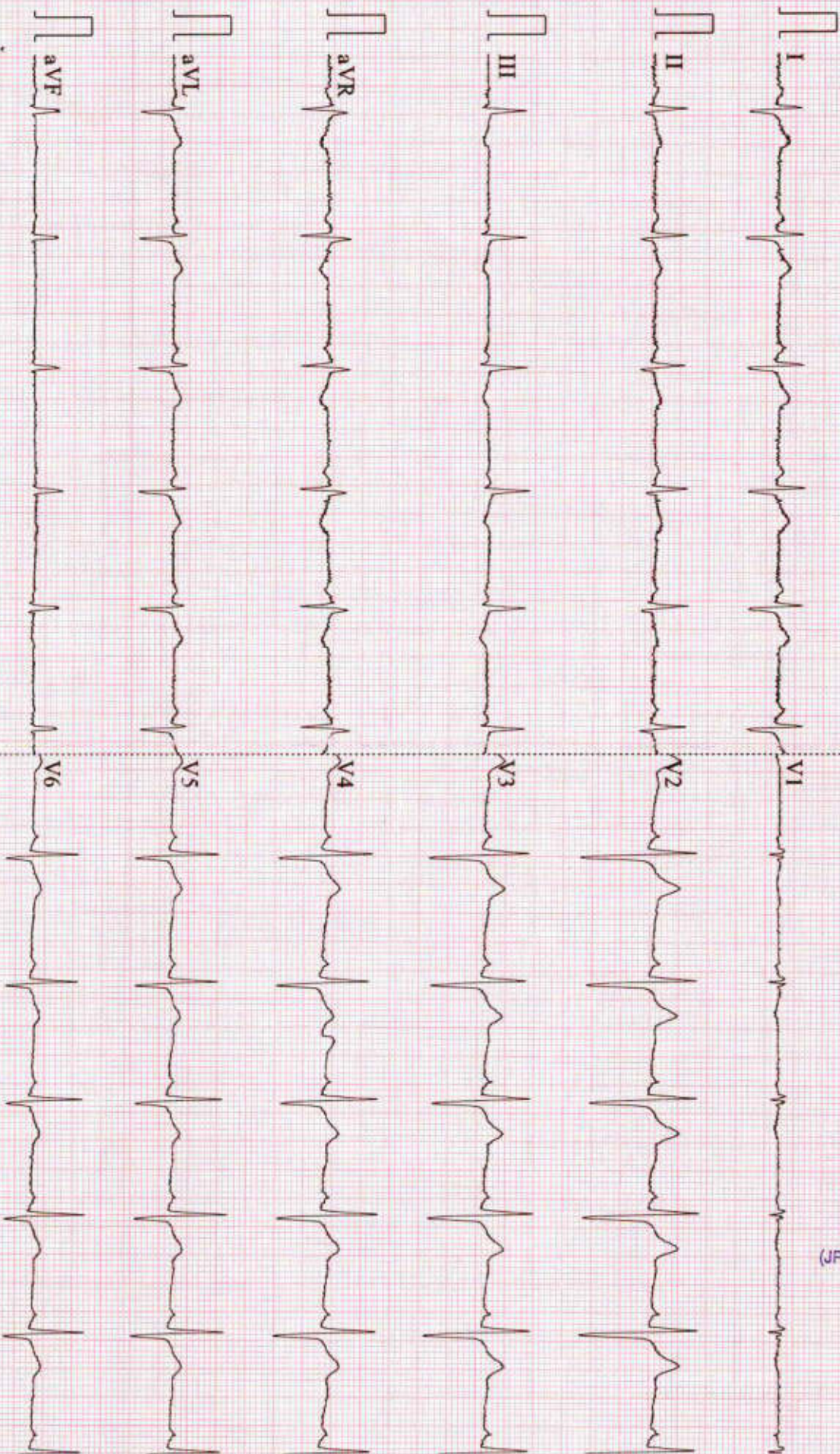
ankit kumar  
Male 26Years  
Req. No. :

HR	: 68	bpm
P	: 104	ms
PR	: 130	ms
QRS	: 102	ms
QT/QTcBz	: 380/405	ms
P/QRST	: 6/98/3	
RV5/SV1	: 0.917/0.167	mV

Diagnosis Information:  
Sinus rhythm  
Rightward axis  
Borderline ECG

Report Confirmed by:

**Dr. J.P. SINGH**  
M.D.(Medicine) / FACP (USA)  
Director & Consultant Physician  
(JPK Hospitals & Trauma Center Pvt.Ltd)

0.67-100Hz AC50 25mm/s 10mm/mV 2\*5.0s CARDIART 9108.D VI.46 Glasgow V28.6.7 JPK HOSPITAL & TRAUMA CENTRE SI

CARDIART



सर्वे सन्तु नियमया

# राज डायग्नोस्टिक एण्ड मेडीकेयर

डिजिटल एक्सरे, पैथॉलाजी, अल्ट्रासाउण्ड, ई.सी.जी.

ठाकुर प्रसाद काम्प्लेक्स, निकट सिटी कार्ट मॉल, गल्ला मण्डी मोड़, जिला अस्पताल रोड-सुलतानपुर

Report No : 51,634  
 Patient Name : Mr. ANKIT KUMAR  
 Age (Y-M-D) : 25 - 0 - 0  
 Sex : Male  
 Referred By : DHS



Bill No. / Day Sr.: 16-Sep-24 12  
 Receiving Date : 16-Sep-24 12  
 Reporting Date :

## ULTRASONOGRAPHIC FINDINGS OF WHOLE ABDOMEN MALE.

<b>LIVER</b>	: Liver show enlarged in size 161 MCL with generalized enhancement of echotexture intrahepatic vascular and biliary landmark are adequately seen.No S.O.L./ I.H.B.R.D. seen. I.V.C. , portal vein and hepatic vein are normal.
<b>GALL BLADDER</b>	: Gall bladder is normal in distension & shows echofree lumen. Wall thickness is within normal limit. No obvious GB calculus / sludgeness noted.
<b>PV/CBD</b>	: Portal vein and CBD are normal in their course and calibre.
<b>PANCREAS</b>	: Pancreas is normal in size, contous & echotexture.
<b>SPLEEN.</b>	: Spleen is normal in size and echogenicity. No focal or diffuse mass lesion seen.
<b>KIDNEYS</b>	: Both kidneys are normal in size, contour and echopattern. Cortico medullary differentiation is normally preserved. No calculus or mass lesion is seen.No hydronephrosis is seen.
<b>URETER</b>	: B/L ureters are normally visualized.
<b>U.BLADDER</b>	: Urinary Bladder is normal in wall thickness with evidence of anechoic lumen. No calculi or mass lesion seen.
<b>PROSTATE</b>	: Prostate is normal in size,shape & echo-texture .
<b>POST VOID</b>	: Not done.
<b>BOWEL</b>	: Gaseous Bowel loops are normal in calibre & wall thickness.No dilated loops are seen.No ascitis or fluid collection seen in abdominal cavity. No obvious lymphadenopathy noted.
<b>IMPRESSION</b>	: <b>FATTY LIVER WITH HEPATOMEGALY</b>

Dr.J.P.SINGH  
 M.D.(Medicine) FACP (USA)  
 Director & Consultant Physician  
 (JPK Hospitals & Trauma Center Pvt.Ltd.)

Dr. Amit Kumar  
 M.B.B.S.MS  
 Reg.No.-29176  
 Dr. Amit Kumar  
 (Sonologist)



Timings : 8.30 AM to 7.30 PM, Sunday, 9.00 AM to 2.00 PM.

This is Profession opinion clinicians are requested to correlate pathological finding with clinical feature.  
 If there is any doubt please repeat test free of cost.

{ NOT FOR MEDICO LEGAL PURPOSE }



**JPK HOSPITAL**  
॥ सर्वे सन्तु निरामयाः ॥

# JPK HOSPITAL

and Trauma Centre Pvt. Ltd.

लॉटिया नगर बाईपास चौराहा, सैफुल्लागंज, सुलतानपुर (उ०प्र०)-228001

Mob.: 8738008963 | www.jpkhospital.com

REG.: RMEE2339926

Report No.	: 3456	Bill No. / Day Sr.	: 09/16/2024
Patient Name	: Mr. Ankit Kumar	Receiving Date	: 09/16/2024
Age(Y-M-D)	: 26 - 0 - 0	Reporting Date	: 09/16/2024
Sex	: Male		
Referred By	: Dr. J. P. Singh		

## X - RAY CHEST P.A.

TRACHEA - : Trachea in central,  
CARDIAC SHADOW - : The cardiac size and silhouette is normal.  
ANGLES - : Both costophrenic angles are clear.  
PARRENCHYMA - : Both lung fields are clear & have normal volume bronchovascular pattern.  
C/ T RATIO - : Normal  
MEDIASTINUM - : No mediastinal shift is seen.  
DIAPHRAGM - : Both domes of the diaphragm are normal in position, outline & curvature.  
IMPRESSION - : NORMAL FINDING

Dr. J. P. SINGH  
M.D. (Medicine) FACP (USA)  
Director & Consultant Physician  
(JPK Hospitals & Trauma Center Pvt. Ltd.)

Associate Centre

## JPK CLINIC & DIAGNOSTICS

Super Market, Sultanpur -228 001 (U.P.)

Ph.: 05362-241192, 9196008963 | www.jpkhospital.com

# JPK HOSPITAL and Trauma Centre Pvt. Ltd.

Tantiya Nagar Bypass Chauraha  
Sultanpur (U.P.) - 228119  
Mob.: 8738008963



Patient ID : JPKH-MRN-50222  
Name : Mr. ANKIT KUMAR  
Age/Gender : 26Y/M  
Date/Time : 16-09-2024/19:28  
Referred By : SELF

## INVESTIGATION

## RESULT

## REFERENCE RANGE

LRN-014353

### BIO-CHEMISTRY

#### PSA TOTAL

PSA Total  
0.21 ng/mL

<4.00 ng/mL

Observation

Sample Collection 16 Sep 2024 / 19:34  
Result Approval 23 Sep 2024 / 13:04

LRN-014354

### Blood Urea Nitrogen (BUN)

#### Blood Urea Nitrogen (BUN)

4.5 mg/dL

5-18 mg/dL Infant/Child  
6-20 mg/dL Adult  
8-23 mg/dL Adult >60Yr

Sample Collection 16 Sep 2024 / 19:34  
Result Approval 23 Sep 2024 / 13:04

LRN-014353

### Serum Creatinine

#### Serum Creatinine

0.7 mg/dL

Male 0.9-1.3 mg/dL  
Female 0.6-1.1 mg/dL

Observation

Sample Collection 16 Sep 2024 / 19:34  
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LRN-014354

### Lipid Profile

#### Total Cholesterol

165.2 mg/dl

Desirable < 200 mg/dL  
Borderline 200-239 mg/dL  
High > 240 mg/dL

#### Triglycerides

122.0 mg/dL

Normal < 150 mg/dL  
Borderline High 150-199 mg/dL  
High 200-499 mg/dL  
Very high > 500 mg/dL

#### HDL

56.2 mg/dL

Low < 40 mg/dL

*Rakesh*

Rakesh Sharma  
Lab Technician

**Dr. SHIWANGI**  
MBBS, DCP (DNB)  
Consultant Pathologist  
(JPK Hospitals & Trauma Center Pvt.Ltd.)

This is an Electronically Generated Report. This report is based on the enclosures received. The report may need to be correlated clinically or laboratory.

### Facilities Available

- Dialysis ● ECG ● PFT ● Endoscopy ● Hematology ● Biochemistry ● Microbiology ● FNAC
- Sample Collection from Home & Online Delivery of Reports ● ABP ● TMT ● Echocardiography ● Ultrasound ● Histopathology

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Tantiya Nagar Bypass Chauraha  
Sultanpur (U.P.) - 228119  
Mob.: 8738008963



Patient ID : JPKH-MRN-50222  
Name : Mr. ANKIT KUMAR  
Age/Gender : 26Y/M  
Date/Time : 16-09-2024/19:28  
Referred By : SELF

INVESTIGATION	RESULT	REFERENCE RANGE
LDL	87.4 mg/dL	Normal 40 -60 mg/dL High > 60 mg/dL Optimal <100 mg/dL Near Optimal 100-129 mg/dL Borderline high 130-159 mg/dL High 160-189 mg/dL Very high >190 mg/dL
VLDL	24.4 mg/dL	15-30 mg/dL Desirable < 20 mg/dL Borderline High 21-39 mg/dL High > 40 mg/dL
TC/HDL Ratio	2.9	( Less than 5.0 )
LDL/HDL	1.5	UPTO 3.5
Sample Collection 16 Sep 2024 / 19:34 Result Approval 23 Sep 2024 / 13:04		
LRN-014353		
Fasting Blood Sugar Observation	Fasting blood sugar 80.0 mg/dL	70-110 mg/dl
Sample Collection 16 Sep 2024 / 19:34 Result Approval 23 Sep 2024 / 13:04		
LRN-014355		
Glycosylated Haemoglobin	HbA1C 4.7 %	4-6% - NON-DIABETIC 6-7% - GOOD CONTROL 7-8% - FAIR CONTROL >8% - ACTION SUGGESTED
Sample Collection 16 Sep 2024 / 19:34 Result Approval 23 Sep 2024 / 13:04		
LRN-014353		
Uric Acid	Uric Acid 4.8 mg/dL	Male 4.0-8.5 mg/dL Female: 2.7-7.3 mg/dL

*Rakesh*

Rakesh Sharma  
Lab Technician

Dr. SHIWANGI  
MBBS, DCP (DNB)  
Consultant Psychologist  
(JPK Hospitals & Trauma Center Pvt.Ltd.)

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Patient ID : JPKH-MRN-50222  
Name : Mr. ANKIT KUMAR  
Age/Gender : 26Y/M  
Date/Time : 16-09-2024/19:28  
Referred By : SELF

## INVESTIGATION

## RESULT

## REFERENCE RANGE

Observation

Sample Collection 16 Sep 2024 / 19:34  
Result Approval 23 Sep 2024 / 13:04

LRN-014354

### Liver Function Test (LFT)

<b>Bilirubin Total</b>	1.00 mg/dL	10.0 - 14.0 mg/dL 3-5 Days (Premature) 4.0 - 8.0 mg/dL 3-5 Days (Full Term) 0.0 - 1.0 mg/dL (Adult)
<b>Bilirubin Direct</b>	0.35 mg/dL	0.0 - 0.2 mg/dL
<b>Bilirubin Indirect</b>	0.75 mg/dL	0.0 - 0.8 mg/dL
<b>SGOT</b>	35.2 U/L	upto 40 U/L (Males) upto 32 U/L (Females)
<b>SGPT</b>	30.7 U/L	upto 41 U/L (Males) upto 33 U/L (Females)
<b>Alkaline Phosphatase</b>	85.4 U/L	UPTO 125 U/L
<b>Total Protein</b>	6.92 g/dL	6.0 - 8.0 g/dL
<b>Albumin</b>	4.47 g/dL	3.5 - 5.2 g/dL
<b>Globulin</b>	2.45 g/dL	1.5 - 3.0 g/dL
<b>A/G</b>	1.8	1 - 2

Sample Collection 16 Sep 2024 / 19:34  
Result Approval 23 Sep 2024 / 13:04

LRN-014353

### Gamma Glutamyl transferase (GGT)

<b>GGT</b>	22.3 U/L	5-36 U/L (Female) 8-61 U/L (Male)
------------	----------	--------------------------------------

Observation

Sample Collection 16 Sep 2024 / 19:34  
Result Approval 23 Sep 2024 / 13:04

*Rakesh*

Rakesh Sharma  
Lab Technician

**Dr. SHIWANGI**  
MBBS, DCP (DNB)  
Consultant Pathologist  
(JPK Hospitals & Trauma Center Pvt.Ltd.)

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Patient ID : JPKH-MRN-50222  
Name : Mr. ANKIT KUMAR  
Age/Gender : 26Y/M  
Date/Time : 16-09-2024/19:28  
Referred By : SELF

## INVESTIGATION

## RESULT

## REFERENCE RANGE

LRN-014352

**Blood Group**  
**RH Typing**  
Observation

### HAEMATOLOGY

**Blood grouping and Rh typing**  
A  
POSITIVE (+)

Sample Collection 16 Sep 2024 / 19:34  
Result Approval 23 Sep 2024 / 13:04

LRN-014350

**Haemoglobin**

### Complete Blood Count

6.5 g/dL

13-18g/dL(>15yr Adult Male)  
12-15g/dL(>15yrAdult Female)  
4000-11,000/cumm

**WBC Count**  
**Differential Count**

3220

**Neutrophils**  
**Lymphocytes**  
**Eosinophils**  
**Monocytes**  
**Basophils**  
**RBC Count**

53 %  
39 %  
01 %  
07 %  
00 %

40-75 %  
20-45 %  
01-08 %  
02-10 %  
00-01 %

**PCV**

19.9 %

4.5-6.0 million/cumm (Male)  
4.0-5.5 million/cumm (Female)  
40-54 % (>15yr Adult Male)  
34-48 % (>15yr Adult Female)

**MCV**

86.8 fl

75-95 fl

**MCH**

28.3 pg

26-32 pg

**MCHC**

32.6 %

30-35%

**Platelet Count**

75000 cells/cumm

150000 - 400000 cells/cumm

**Mean Platelet Volume(MPV)**

14.0 fL

7.5-11.5 fL

**RDW-CV**

11.9 %

11-16 %

**RDW-SD**

39.0 %

35-56 %

Observation

Sample Collection 16 Sep 2024 / 19:34

*Rakesh*

Rakesh Sharma  
Lab Technician

**Dr. SHIWANGI**  
MBBS, DCP (DNB)  
Consultant Pathologist  
(JPK Hospitals & Trauma Center Pvt.Ltd.)

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Tantiya Nagar Bypass Chauraha  
Sultanpur (U.P.) - 228119  
Mob.: 8738008963



Patient ID : JPKH-MRN-50222  
Name : Mr. ANKIT KUMAR  
Age/Gender : 26Y/M  
Date/Time : 16-09-2024/19:28  
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## INVESTIGATION

## RESULT

## REFERENCE RANGE

Result Approval 23 Sep 2024 / 13:04

LRN-014351

Erythrocyte sedimentation Rate (ESR)

Erythrocyte sedimentation Rate (ESR)

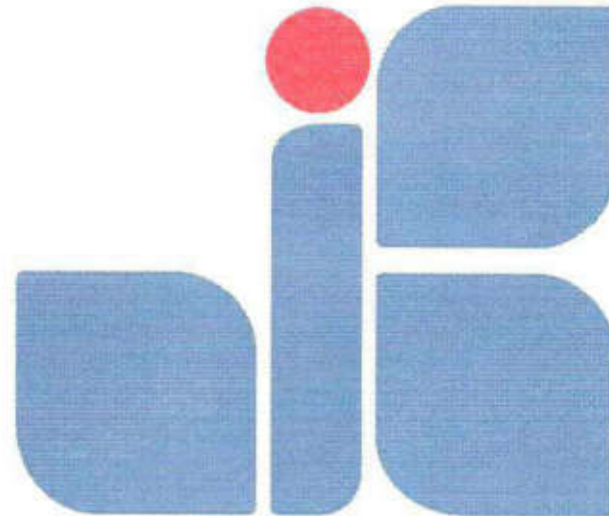
15 mm/hr

Male : 0 - 10 mm/hr

Female : 0 - 20 mm/hr

Observation

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# JPK HOSPITAL

॥ सर्वे सन्तु निरामयाः ॥

*Rakesh*

Rakesh Sharma  
Lab Technician

Dr. SHIWANGI  
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Consultant Pathologist  
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Tantiya Nagar Bypass Chauraha  
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Patient ID : JPKH-MRN-50222  
Name : Mr. ANKIT KUMAR  
Age/Gender : 26Y/M  
Date/Time : 16-09-2024/19:28  
Referred By : SELF

## INVESTIGATION

## RESULT

## REFERENCE RANGE

LRN-014356

### Clinical Pathology URINE-ROUTINE/MICROSCOPY

#### PHYSICAL EXAMINATION

Quantity in ml : 20 ML  
Urine Color : PALE YELLOW  
Reaction : ACIDIC

#### CHEMICAL EXAMINATION

Leukocytes : NEGATIVE  
Nitrite : NEGATIVE  
Urobilinogen : NEGATIVE  
pH : 6.0  
Blood : NEGATIVE  
Sp.Gravity : 1.020  
Ketone : NEGATIVE  
Bilirubin : NEGATIVE  
Glucose : NEGATIVE  
Protein : NEGATIVE

#### MICROSCOPIC EXAMINATION

Epithelial Cells : 2-3/HIGH POWER FIELD  
RBC : NIL  
Pus Cells : 1-2/HIGH POWER FIELD  
Casts : NOT SEEN  
Crystals : NOT SEEN  
Observation :

Sample Collection 16 Sep 2024 / 19:34  
Result Approval 23 Sep 2024 / 13:04

# JPK HOSPITAL

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*Rakesh*

Rakesh Sharma  
Lab Technician

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Sultanpur (U.P.) - 228119  
Mob.: 8738008963



Patient ID : JPKH-MRN-50222  
Name : Mr. ANKIT KUMAR  
Age/Gender : 26Y/M  
Date/Time : 16-09-2024/19:28  
Referred By : SELF

## INVESTIGATION

## RESULT

## REFERENCE RANGE

LRN-014357

### CHEMILUMINESCENCE IMMUNOASSAY

#### Thyroid Function Test (T3, T4, TSH)


T3	0.95 ng/mL	0.69-2.15
T4	85.2 ng/mL	52-127
TSH	6.13 $\mu$ IU/mL	21 weeks- 20 years: 0.7-6.4 $\mu$ IU/mL 21-54 years: 0.4 - 4.2 $\mu$ IU/mL 55- 87 years: 0.5 – 8.9 $\mu$ IU/mL Pregnancy: 1st Trimester: 0.24 – 2.99 $\mu$ IU/mL 2nd Trimester: 0.46 – 2.95 $\mu$ IU/mL 3rd Trimester: 0.43 – 2.78 $\mu$ IU/mL

Observation

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Result Approval 23 Sep 2024 / 13:04

----- End of Report -----

**JPK HOSPITAL**  
**॥ सर्वे सन्तु निरामयाः ॥**

  
Rakesh Sharma  
Lab Technician

  
**Dr. SHIWANGI**  
MBBS, DCP (DNB)  
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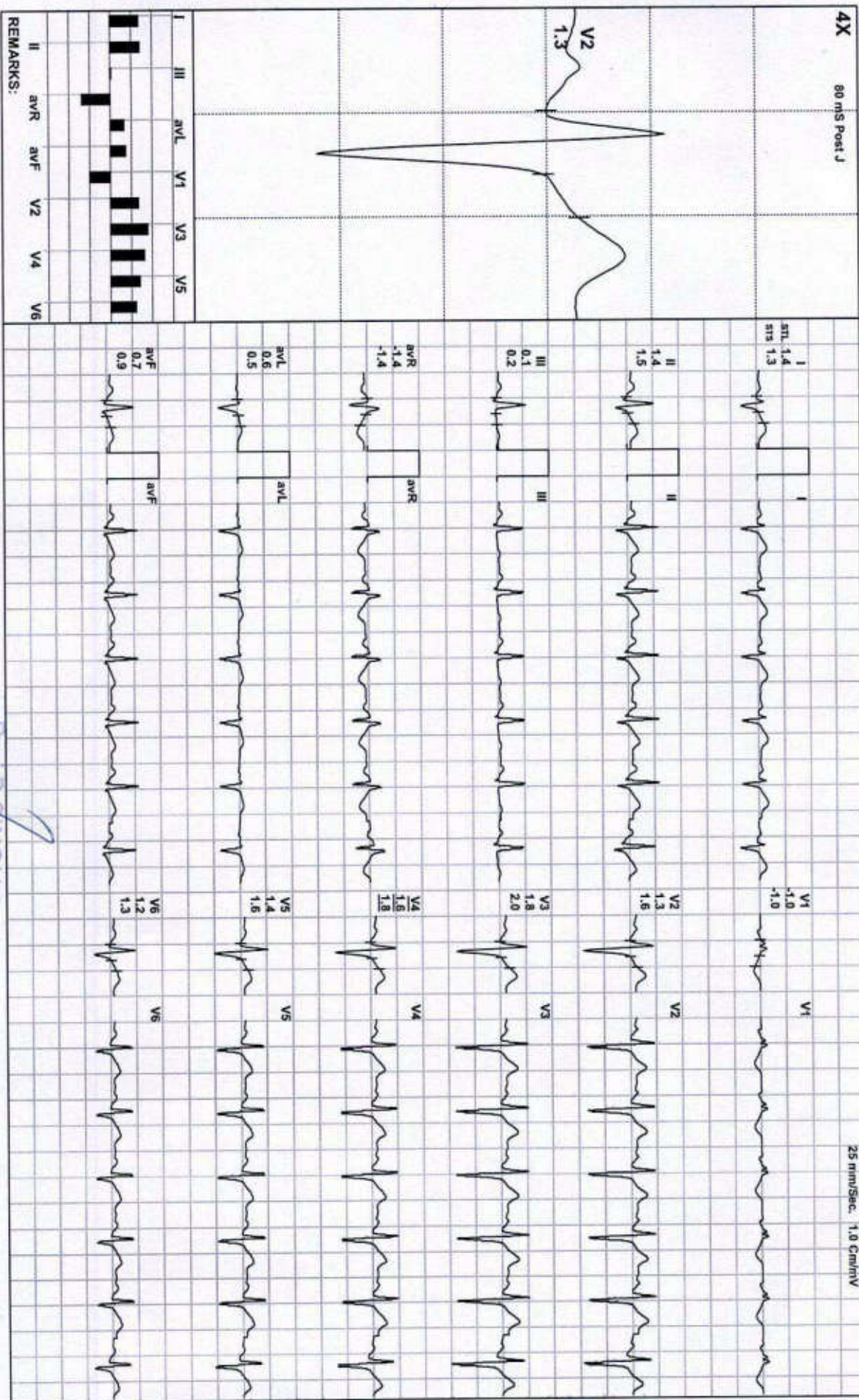


Aankit kumar / 26 Yrs / M / 172 Cms / 80 Kg / HR : 112

Date: 16 - 09 - 2024

METS: 1.0/ 112 bpm 58% of THR BP: 120/80 mmHg Combined Medians/ BLC On/ Notch On/ HF 0.05 HzLF 35 Hz

EXTIME: 00:00 0.0 mph, 0.0%



**Dr. J.P. SINGH**  
 M.D.(Medicine) FACP (USA)  
 Director & Consultant Physician  
 (JPK Hospitals & Trauma Center Pvt.Ltd.)



Aankit Kumar / 26 Yrs / M / 172 Cms / 80 Kg / HR : 109

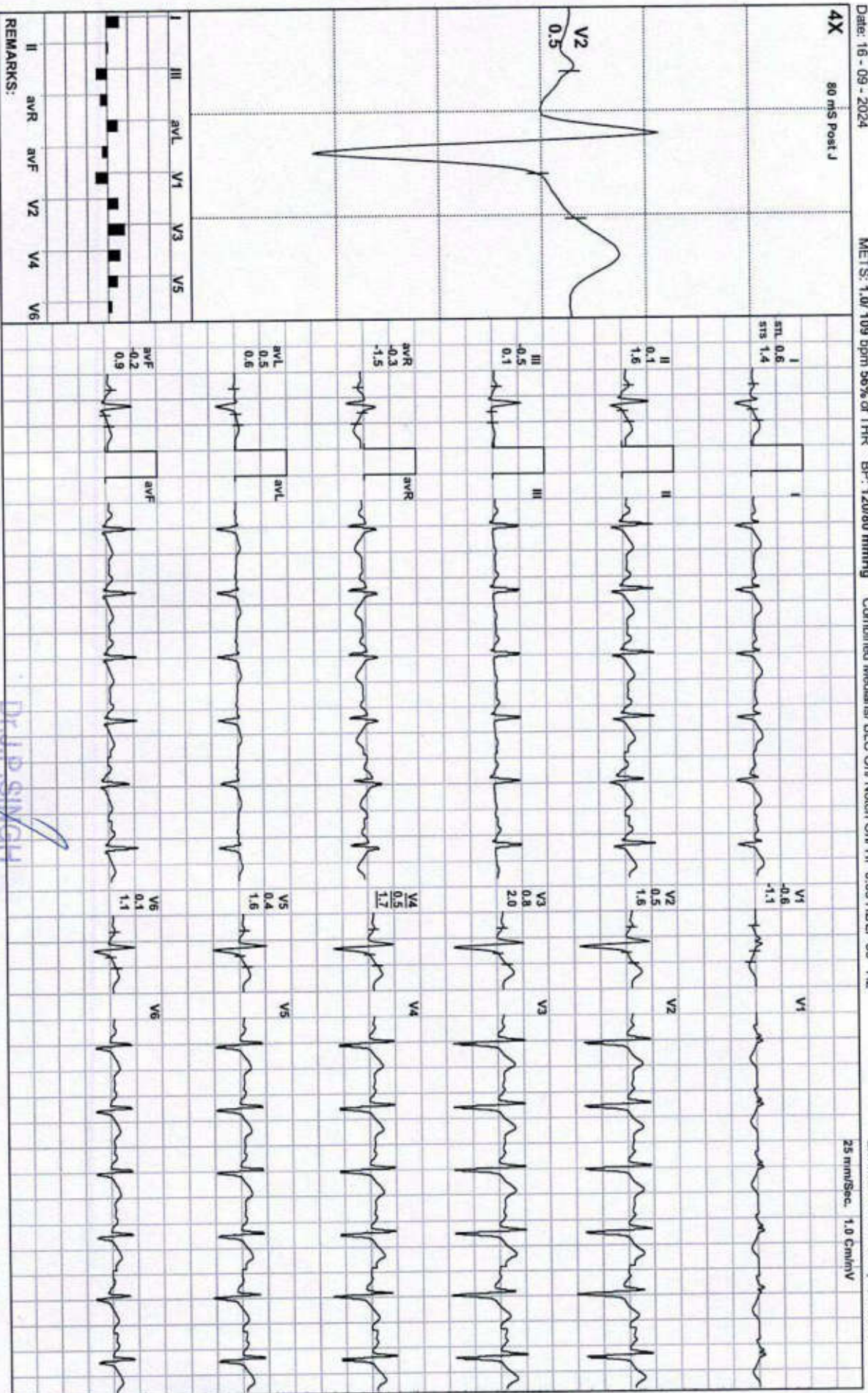
Date: 16 - 09 - 2024

METS: 1.0/ 109 bpm 56% of THR BP: 120/80 mmHg Combined Medians/ BLC On/ Notch On/ HF 0.05 Hz/LF 35 Hz

ExTime: 00:00 0.0 mph, 0.0%

4X 80 mS Post J

25 mm/Sec. 1.0 Cm/mV



REMARKS:

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 Director & Consultant Physician  
 (JPK Hospitals & Trauma Center Pvt.Ltd.)



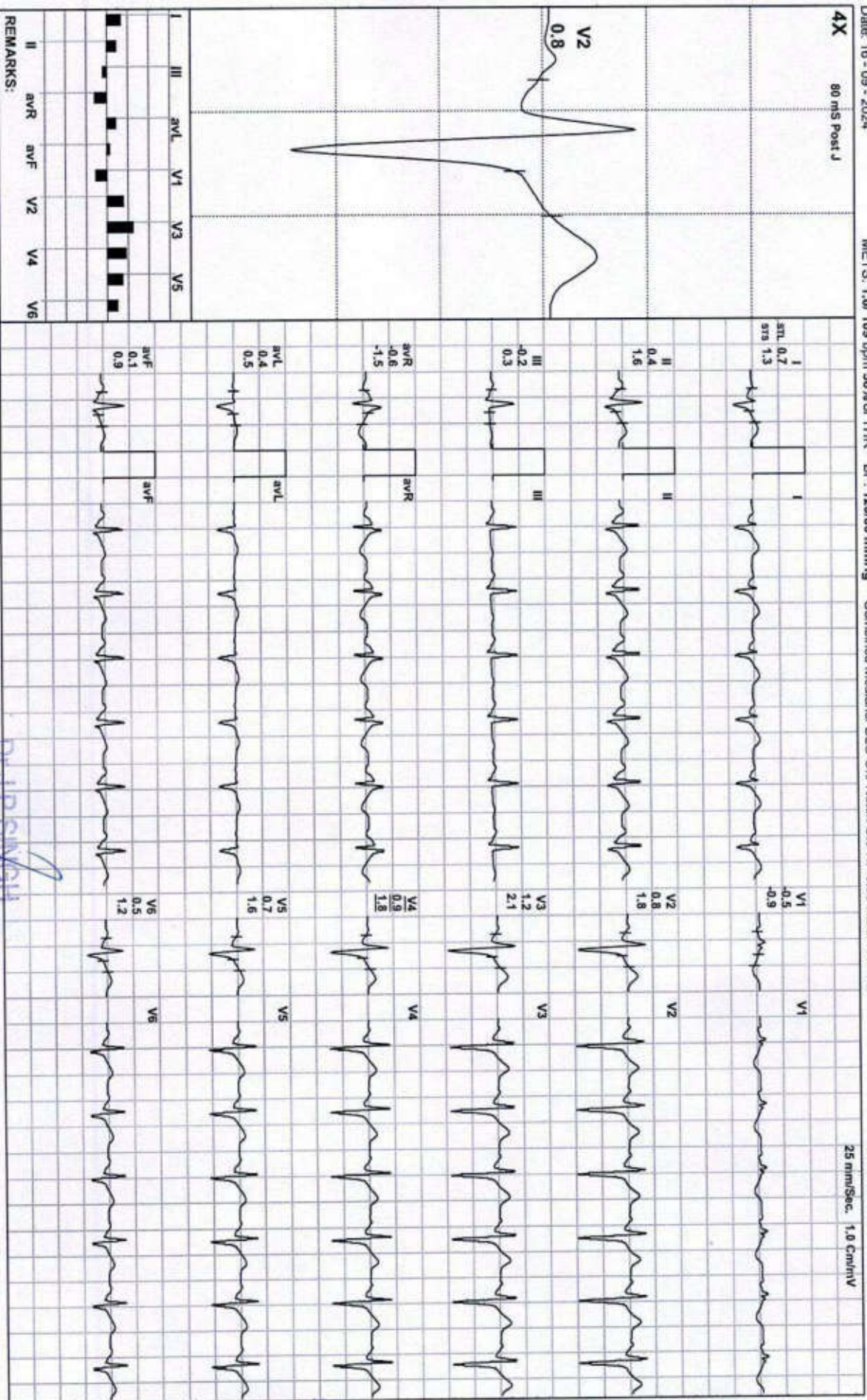
Aankit kumar / 26 Yrs / M / 172 Cms / 80 Kg / HR : 109

Date: 16 - 09 - 2024

METS: 1.0/ 109 bpm 56% of THR BP: 120/80 mmHg Combined Medians/ BLC On/ Notch On HF 0.05 Hz/LF 35 Hz

EXTime: 00:00 0.0 mph, 0.0%

4X 80 mS Post J



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**JPK HOSPITAL AND TRAUMA CENTER PVT LTD.**

**BRUCE: Warm Up(0:05)**

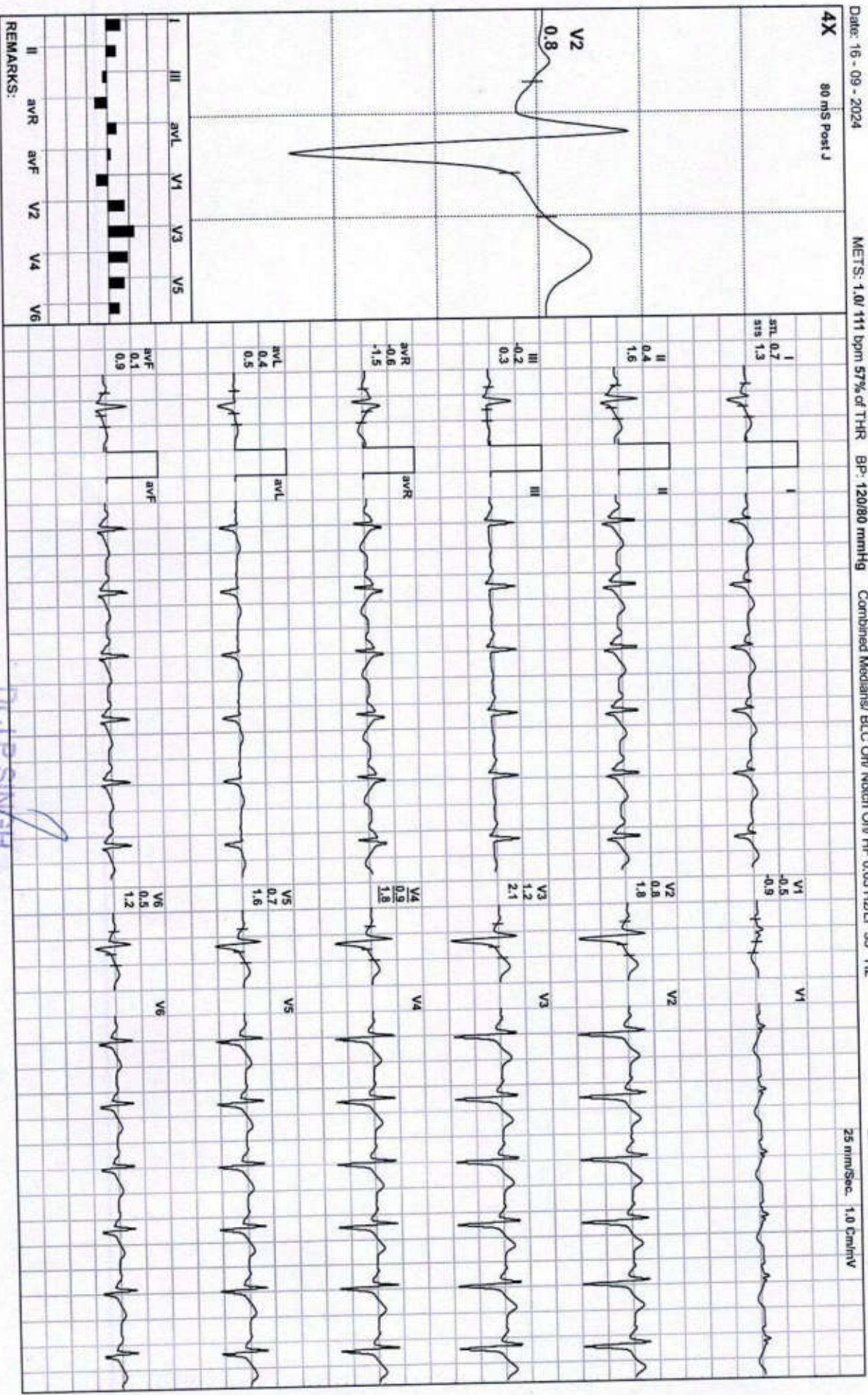


Aankit kumar / 26 Yrs / M / 172 Cms / 80 Kg / HR : 111

Date: 16 - 09 - 2024

METS: 1.0V 111 bpm 57% of THR BP: 120/80 mmHg Combined Medians/ BLC On/ Noch On/ HF 0.05 HZLF 35 Hz

EXTIME: 00:00 0.0 mph, 0.0%



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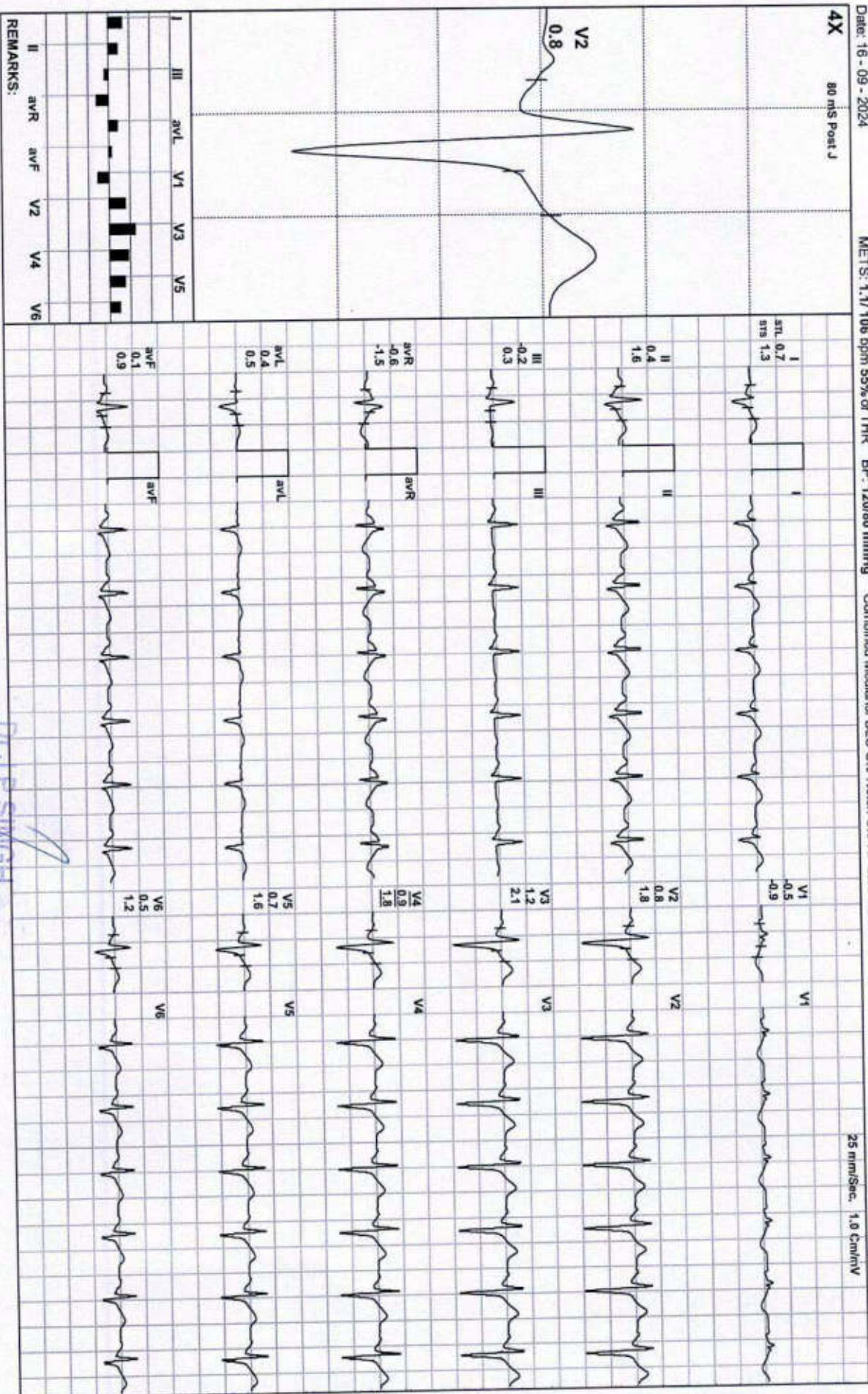


Aankit kumar / 26 Yrs / M / 172 Cms / 80 Kg / HR : 106

Date: 16 - 09 - 2024

METS: 1.1/106 bpm 55% of THR BP: 120/80 mmHg Combined Medians/ BLC On/ Notch On/ HF 0.05 Hz/LF 35 Hz

EXTime: 00:00 1.7 mph, 10.0%  
25 mm/Sec, 1.8 Cm/mV



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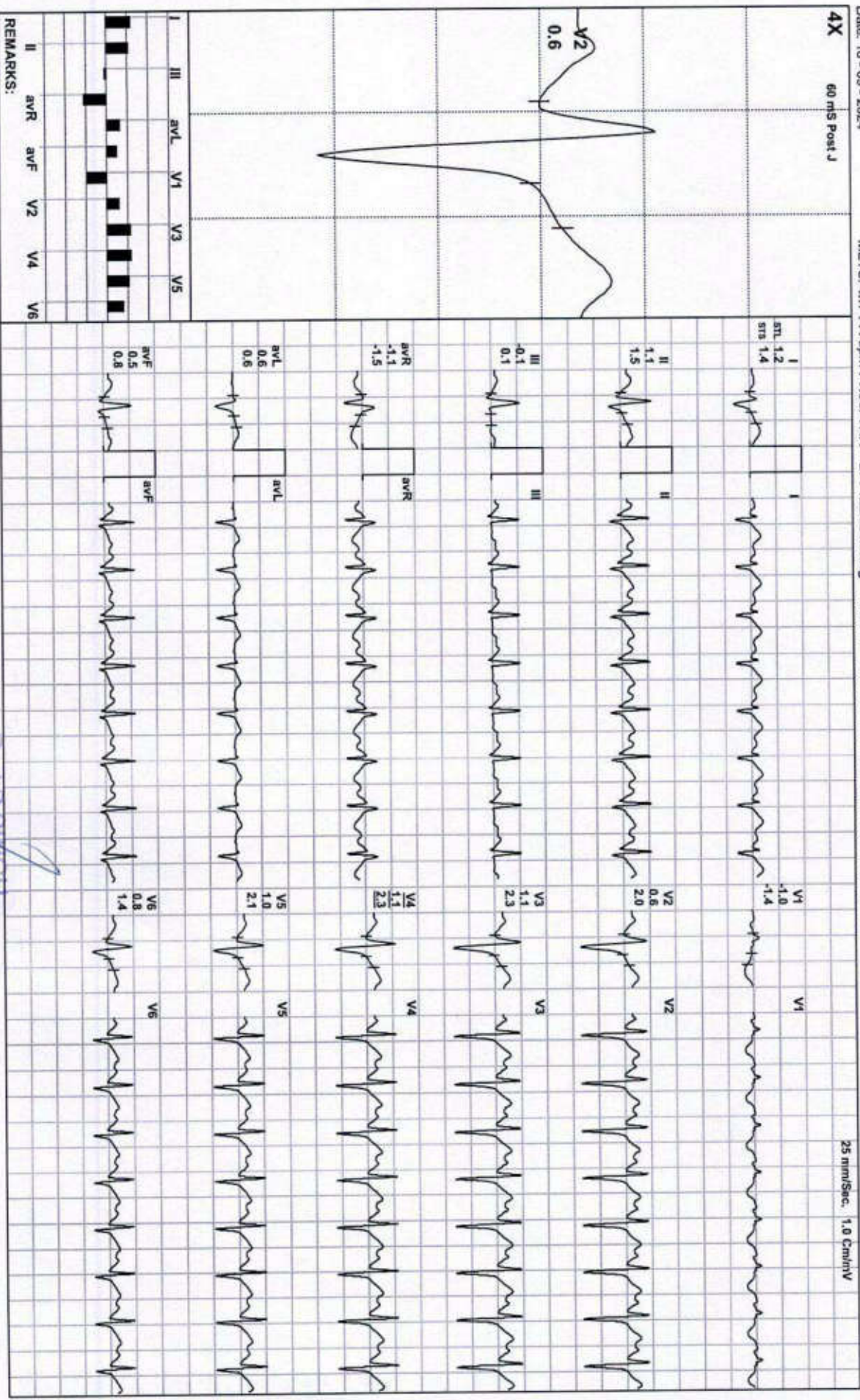


Aankit kumar / 26 Yrs / M / 172 Cms / 80 Kg / HR : 144

Date: 16 - 09 - 2024

METS: 4.71 144 bpm 74% of THR BP: 122/82 mmHg Combined Medians/ BLC On/ Notch On/ HF 0.05 HZ/LF 35 HZ

EXTime: 03:00 1.7 mph, 10.0%



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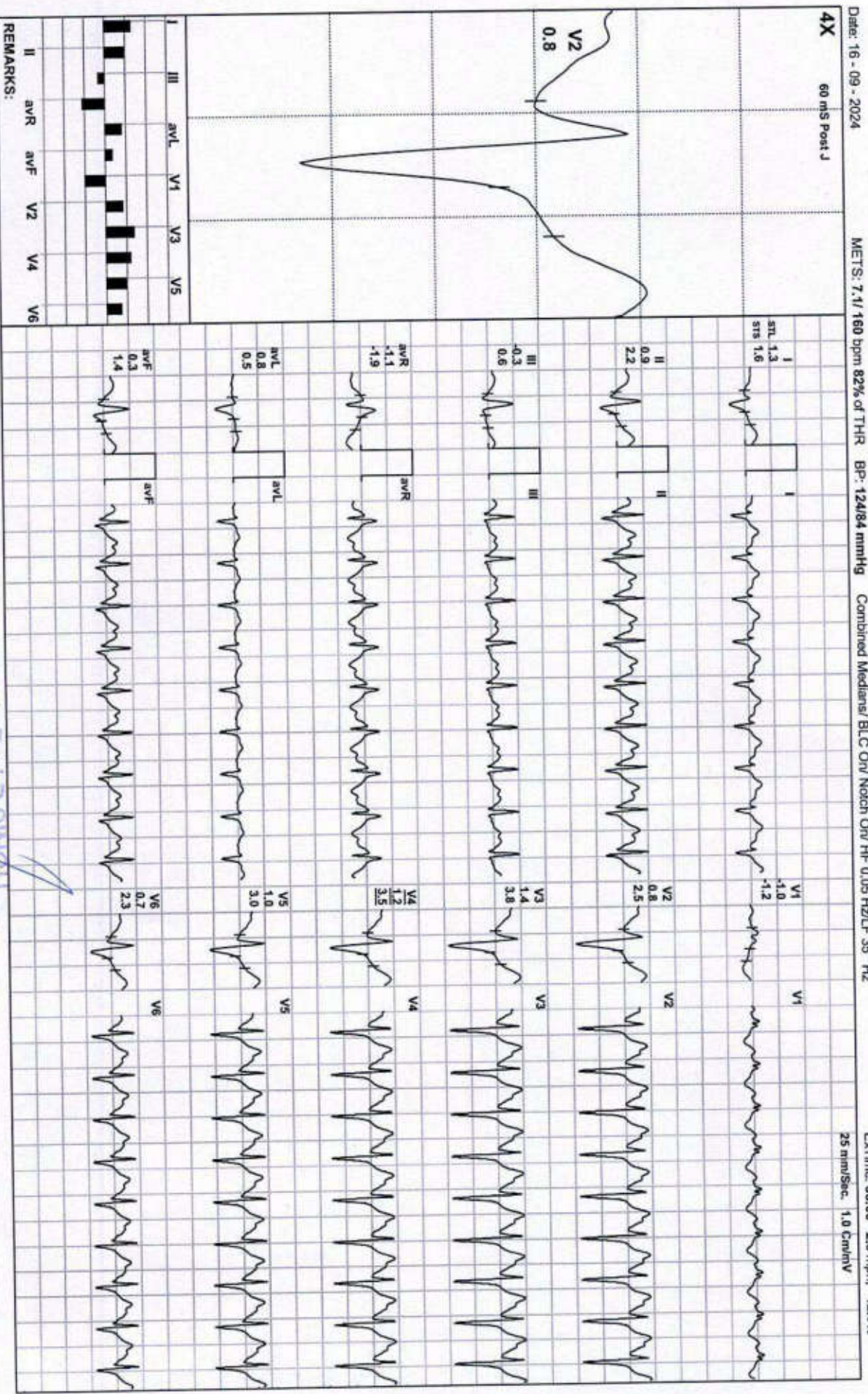


Aankit kumar / 26 Yrs / M / 172 Cms / 80 Kg / HR : 160

Date: 16 - 09 - 2024

METS: 7.1 / 160 bpm 82% of THR BP: 124/84 mmHg Combined Medians/ BLC On/ Notch On/ HF 0.05 Hz/LF 35 Hz

EXTIME: 06:00 2.5 mph, 12.0%  
25 mm/Sec 1.0 Cm/mV



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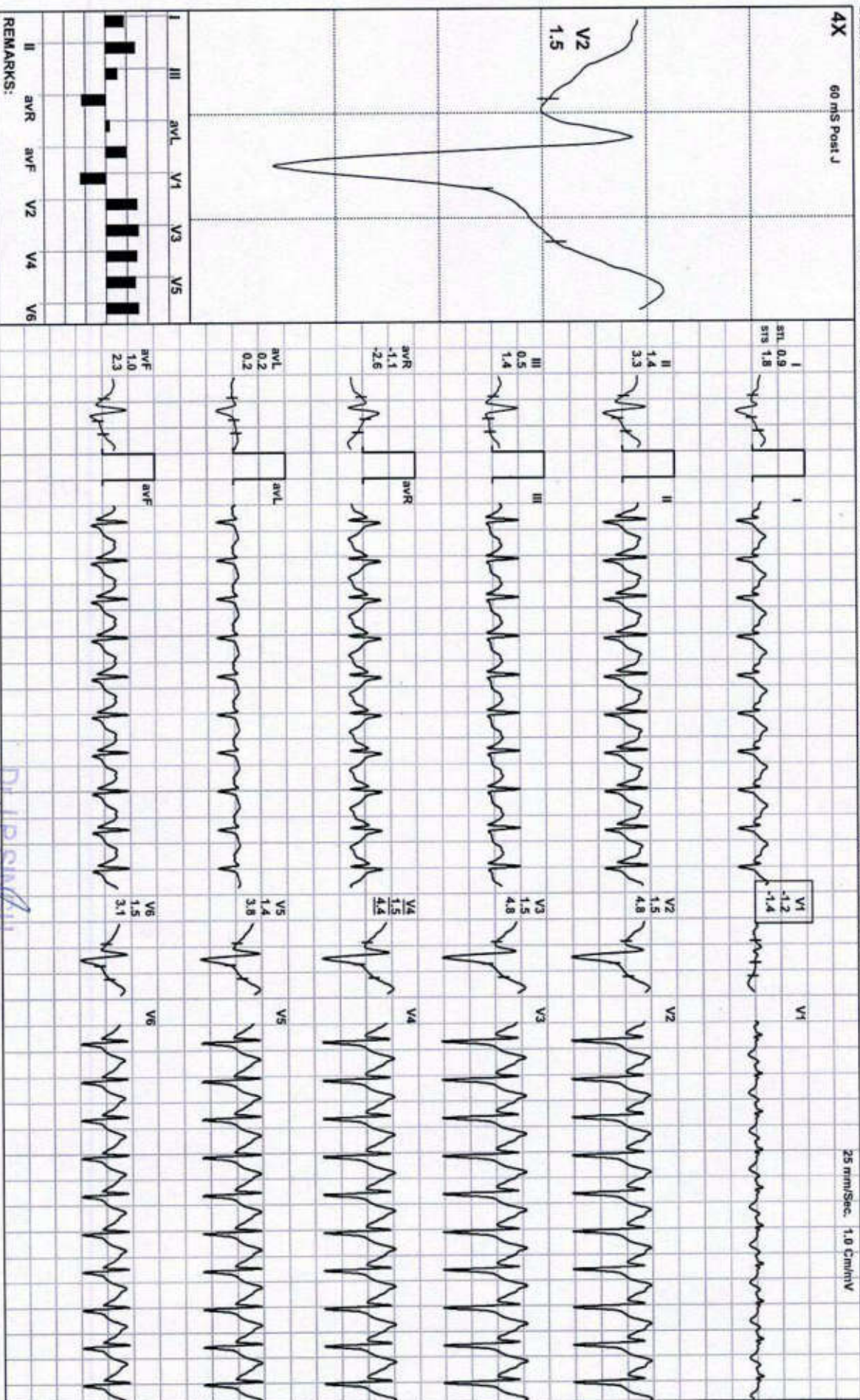
Aankit kumar / 26 Yrs / M / 172 Cms / 80 Kg / HR : 181

Date: 16 - 09 - 2024

METS: 10.2/ 181 bpm 93% of THR BP: 126/86 mmHg

Combined Medians/ BLC On/ Notch On/ HF 0.05 Hz/LF 35 Hz

EXTime: 09:00 3.4 mph, 14.0%



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Aankit kumar / 26 Yrs / M / 172 Cms / 80 Kg / HR : 169

Date: 16 - 09 - 2024

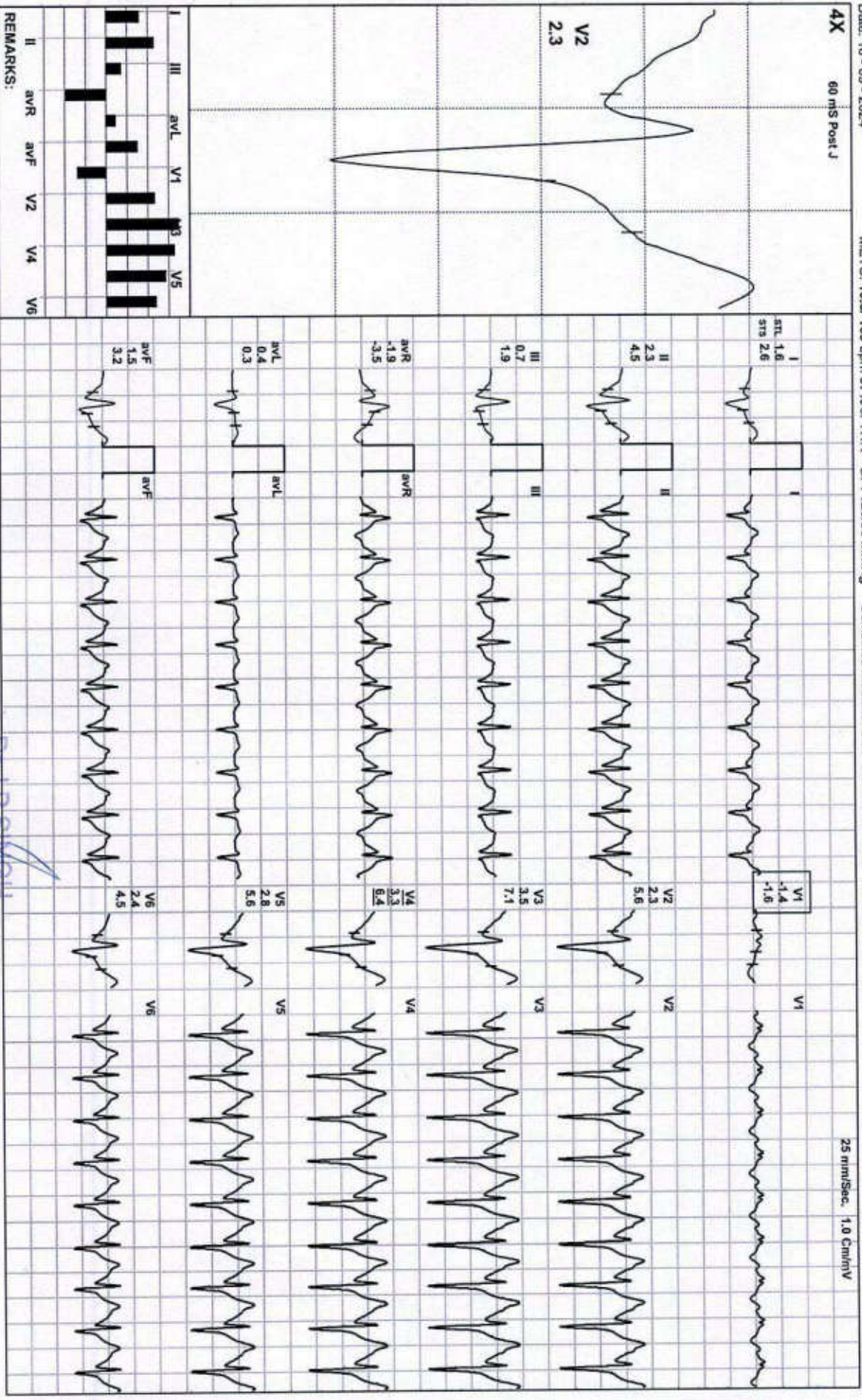
METS: 10.8/ 169 bpm 87% of THR BP: 126/86 mmHg

Combined Medians/ BLC On/ Notch On/ HF 0.05 Hz/LF 35 Hz

EXTime: 09:30 4.2 mph, 16.0%

4X 60 mS Post J

25 mm/Sec, 1.0 Cm/mV



REMARKS:

**DR. J.P. SIMON**

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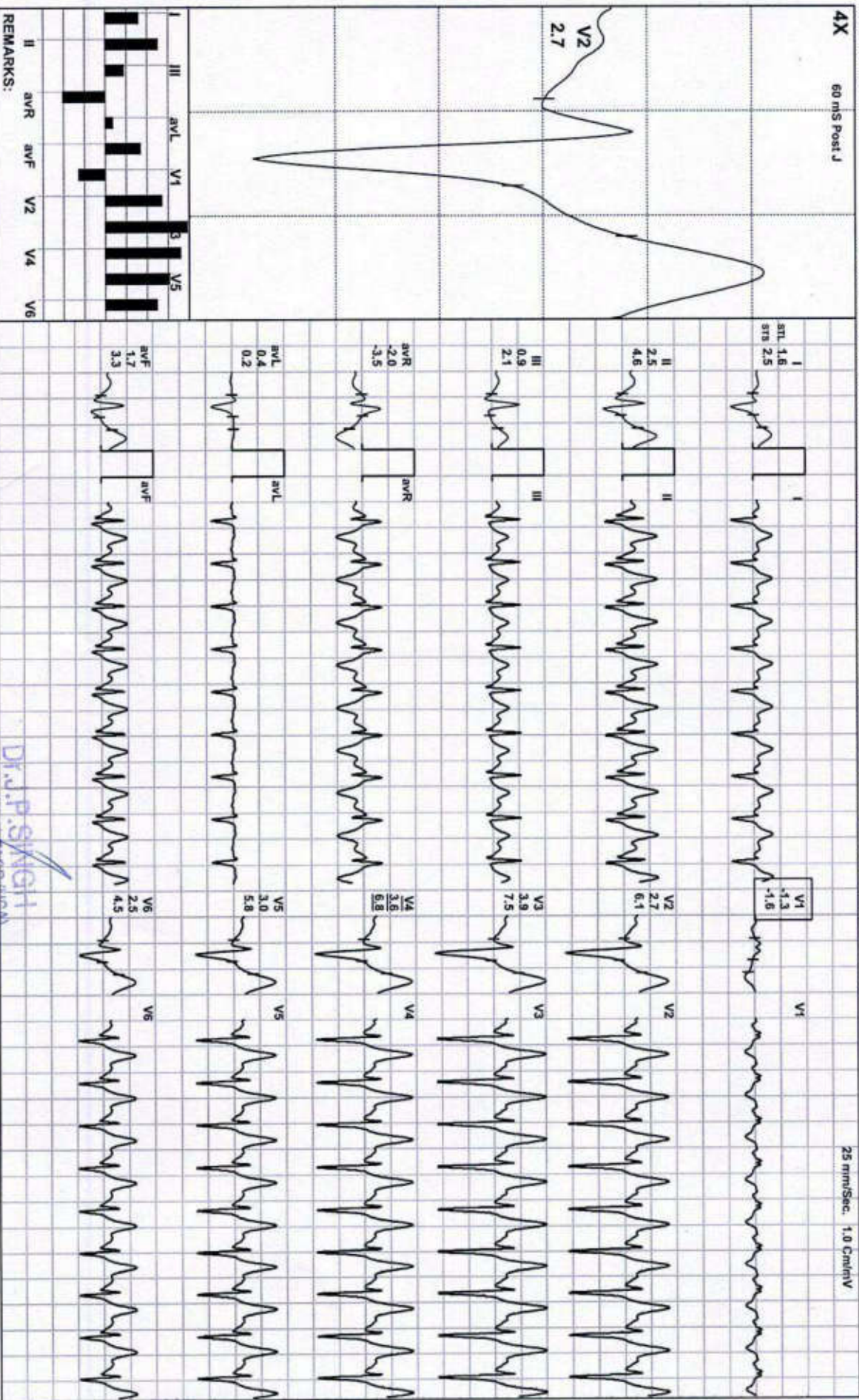


Aankit kumar / 26 Yrs / M / 172 Cms / 80 Kg / HR : 160

Date: 16 - 09 - 2024

METS: 7.2/ 160 bpm 82% of THR BP: 120/86 mmHg Combined Medians/ BLC On/ Natch On/ HF 0.05 Hz/LF 35 Hz

ExTime: 09:30 1.0 mph, 0.0%



M.D. (Medicine) / FRCP (USA)  
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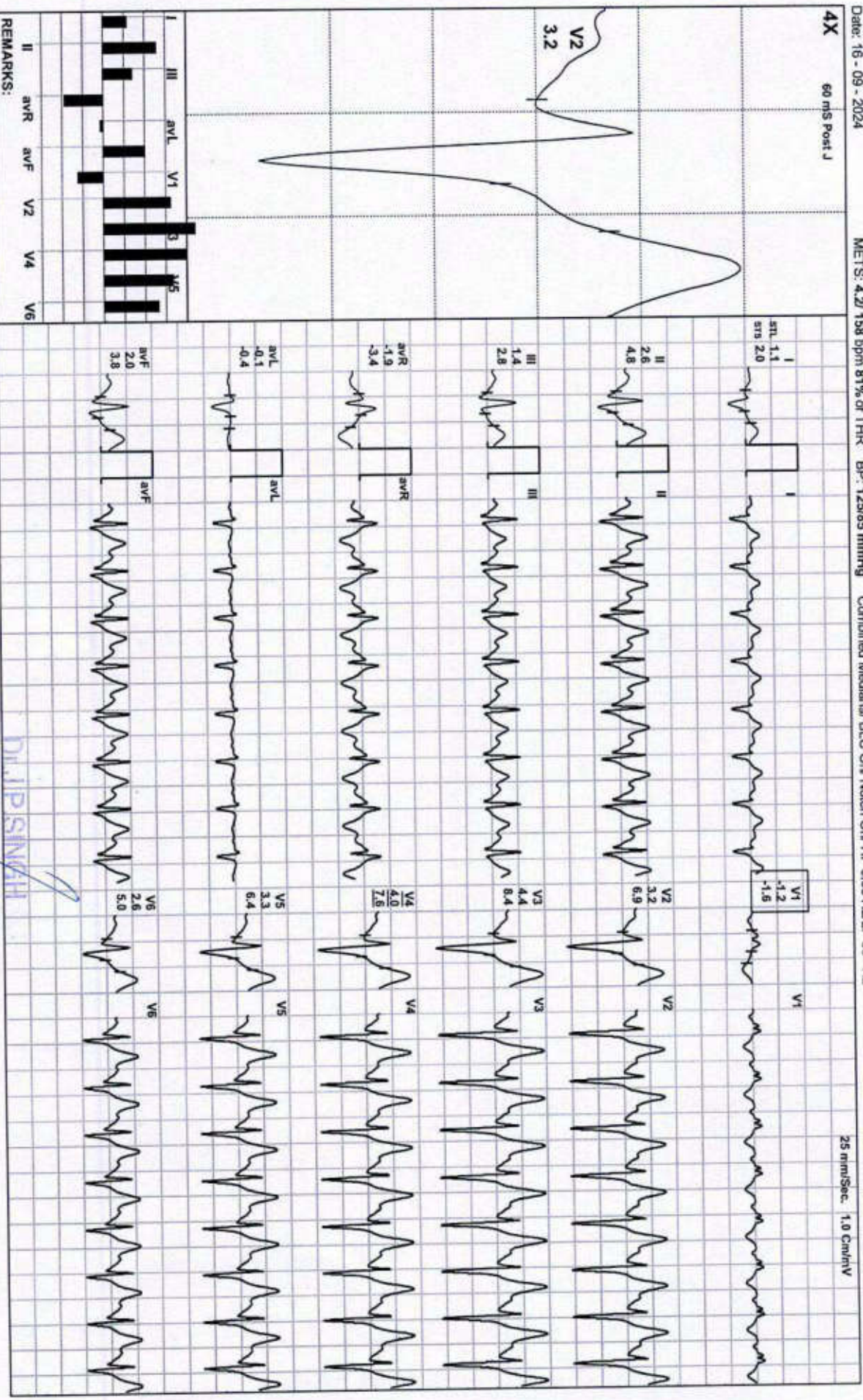


Aankit kumar / 26 Yrs / M / 172 Cms / 80 Kg / HR : 158

Date: 16 - 09 - 2024

METS: 4.2/ 158 bpm 81% of THR BP: 125/85 mmHg Combined Medians/ BLC Orv Notch Orv HF 0.05 Hz/LF 35 Hz

ExTime: 09:30 1.0 mph, 0.0%



REMARKS:

DR. DIP SINHA

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 (JPK Hospitals & Trauma Center Pvt.Ltd.)





Aankit kumar / 26 Yrs / M / 172 Cms / 80 Kg  
Date: 16 - 09 - 2024 Technician : RAKESH SHARMA Examined By: DR J P SINGH  
NonCardiacPain Angina /Non-Hypercholesterolemia/Non-Diabetic/Negative Estrogen/Non-Athlete

Stage	Time	Duration	Speed(mph)	Elevation	METs	Rate	%THR	BP	RPP	PVC	Comments
Supine	00:18	0:18	00.0	00.0	01.0	112	58 %	120/80	134	00	
Standing	00:23	0:05	00.0	00.0	01.0	109	56 %	120/80	130	00	
HV	00:30	0:07	00.0	00.0	01.0	109	56 %	120/80	130	00	
Warm Up	00:34	0:04	00.0	00.0	01.0	111	57 %	120/80	133	00	
ExStart	00:39	0:05	01.7	10.0	01.1	106	55 %	120/80	127	00	
BRUCE Stage 1	03:39	3:00	01.7	10.0	04.7	144	74 %	122/82	175	00	
BRUCE Stage 2	06:39	3:00	02.5	12.0	07.1	160	82 %	124/84	198	00	
BRUCE Stage 3	09:39	3:00	03.4	14.0	10.2	181	93 %	126/86	228	00	
PeakEx	10:09	0:30	04.2	16.0	10.8	169	87 %	126/86	212	00	
Recovery	10:39	0:30	01.0	00.0	07.2	160	82 %	126/86	201	00	
Recovery	11:09	1:00	01.0	00.0	04.2	158	81 %	125/85	197	00	
Recovery	11:16	1:06	00.0	00.0	03.6	160	82 %	125/85	200	00	

**FINDINGS :**

Exercise Time : 09:30  
Max HR Attained : 181 bpm 93% of Target 194  
Max BP Attained : 126/86 (mm/Hg)  
Max Workload Attained : 10.8 Good response to induced stress  
Max ST Dep Lead & Avg ST Value : V1 & -1.4 mm in PeakEx  
Test End Reasons : Test Complete

**REPORT :**

TEST OBJECTIVE : ROUTINE CHECK UP  
ACTIVITY : VERY ACTIVE

**Dr.J.P.SINGH**  
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Director & Consultant Physician  
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Doctor : DR J.P.SINGH

OTHER INVESTIGATION : NO  
REASON FOR TERMINATION : TEST COMPLETE  
EXERCISE TOLERANCE : GOOD  
EXERCISE INDUCED ARRHYTHMIAS : NO  
HAEMODYNAMIC RESPONSE : NORMAL  
CHRONOTROPIC RESPONSE : NORMAL  
FINAL IMPRESSION : STRESS TEST IS NEGATIVE FOR EXERCISE INDUCED ISCHAEMIC HEART DISEASE

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