

Name : Mrs. JURI DUTTA (33 /F)
 Address : ODALBAKRA, GUWAHATI, KAMRUP(M), ASSAM, INDIA
 Examined by: Dr .PRABIN KUMAR SAIKIA
 Package : MediWheel Full Body Health Check up-Female below 40Yrs

Date : 26/10/2024
 UHID : AHLG2.0000045701
 AHC No : APHCAH29009



CHIEF COMPLAINTS

Package Name: MediWheel Full Body Health
 Check up-Female below 40Yrs

PRESENT KNOWN ILLNESS

Thyroid disease - hypothyroidism; Since -
 10; YRS; Medication -
 regular



DRUG ALLERGY

NO KNOWN ALLERGY :26/10/2024



SYSTEMIC REVIEW

Cardiovascular system

- Nil Significant

Respiratory system

- Nil Significant

Oral and dental

- Adv: Scaling and polishing. Restoration

Gastrointestinal system

Appetite - normal; Abdominal pain - no; Dyspepsia -
 yes; Nature - intermittent; Peptic ulcer - no; Bowel
 habits - regular; Piles - no

Genitourinary system

- Nil Significant

Gynaec history

Last menstrual period - October 2024

Central nervous system

Head ache - occasional; Dizziness - no;
 Concentration - good; Sleep - good

Musculoskeletal system

Spine and joints
 - Nil Significant

Weight

- stable



Present medications

- Thyronorm 112.5 mcg



Surgical history

Others

- OVARIAN CYST 2024

Immunization history

- Precaution Dose



Personal history

Marital status

- Married

Diet

- Non Vegetarian

Alcohol

- does not consume alcohol

Smoking

- No

Chews tobacco

- No

Physical activity

- Mild



Family history

Father

- alive

Aged

- 63 YRS

Mother

- alive

Aged

- 60 YRS

Sisters

- 1

Hypertension

- mother

Coronary artery
 disease

- none

Cancer

- None

PHYSICAL EXAMINATION



General

Height

- 157

Weight

- 66.9

BMI

- 27.14

Waist circumference

- 93

Hip

- 100

Waist/ Hip ratio

- 0.93

Pallor

- No

Oedema

- no

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SpO2 - 99% RA

 **Head and ENT**


Nose - Deviation of septum to right
 Others - Nose: CD (L), Bilateral HIT+

 **Cardiovascular system**

Heart rate (Per minute) - 118
 Rhythm - Regular
 - B.P. Sitting
 Systolic(mm of Hg) - 130
 Diastolic(mm of Hg) - 80
 Heart sounds - S1S2+

Respiratory system

Rate of respiration(per minute) - 18
 Breath sounds - Normal vesicular breath sounds

 **Abdomen**

Organomegaly - No
 Tenderness - No

 **Eyes**

Eye vision - Normal
 Eye vision - BCVA. BE 6/6. N6
 Colour vision - Normal
 Pupil - Normal
 Intraocular pressure - 18 mmHg (R), 19 mmHg (L)
 Advice for spectacle - Yes

Gynaec findings

Other - Mild lower abdominal pain
 Past surgical history - Bilateral Chocolate
 Cystectomy 1 year back
 Marital status - married
 Periods - regular
 L M P - 02 10 24
 Breast examination - NAD
 P/A - Soft, nontender
 P/S - Cervix healthy, Vagina
 healthy
 P/V - ? Lump felt
 Pap smear - Taken

Printed By : HEALTH CHECK REPORT

Name : Mrs. JURI DUTTA (33 /F)

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Date : 26/10/2024

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AHC No : APHCAH29009

Executive Summary



1. Overweight (BMI 27.1)
2. Hypothyroid on medication (TSH 2.4 uIU/mL)
3. Hypochromic microcytic Anaemia (Hb 9.1 g/dL)
4. Eosinophilia (12%)
5. Fatty liver Grade I
6. Bilateral Ovarian Cysts (Left 29 x 16 mm, Right 52 x 24 mm)

Wellness Prescription

Advice On Diet :-



Dietician consultation

Advice On Physical Activity :-



Regular exercise

Medications

1. TAB THYRONORM 112.5 MCG

1 tab once daily before breakfast x continue

Recommended Follow-up Tests

Test Name	Test Schedule	Repeat Frequency	Remarks
IRON - SERUM	Immediate/Urgent		
IRON BINDING CAPACITY TOTAL - SERUM	Immediate/Urgent		
HB ELECTROPHORESIS	Immediate/Urgent		

Follow-up and Review Plan



Further Investigation
Fibroscan

Review check TSH after 3 months.

Referred to Gynaecologist.



Scan the QR code in AskApollo App to book your follow-up appointments and investigations

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AHC No : APHCAH29009

Dr. PRABIN KUMAR SAIKIA

AHC Physician / Consultant Internal Medicine

Printed By : HEALTH CHECK REPORT

Dr. Prabin Kumar Saikia
MD (Gen Medicine), FCGR, FICP, PGDHHM
Registration No.-7523, Assam
Consultant Physician, APHC
Apollo Hospitals Guwahati-781005

Note :- The Health Check-up examinations and routine investigations have certain limitations and may not be able to detect all the diseases. Any new or persisting symptoms should be brought to the attention of the Consulting Physician. Additional tests, consultations and follow up may be required in some cases.

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Dr. PRABIN KUMAR SAIKIA

AHC Physician / Consultant Internal Medicine

Dr. Prabin Kumar Saikia
MD (Gen Medicine), FCCP, FICP, PGDHHM
Registration No.-7523, Assam
Consultant Physician, APHC
Apollo Hospitals Guwahati-781005

DEPARTMENT OF BIOCHEMISTRY

Name : Mrs. JURI DUTTA
 Age : 33Yr 2Mth 3Days Gender : Female
 UHID : AHLG2.0000045701 / APHCAH29009
 W/BN/RefNo : AHC
 SIN \ LRN : 125770255 \ 125770256 \ 125770260 \ 11211220
 Specimen : Serum
 Ref Doctor : Dr. Prabin Kumar Saikia



Collected on : 26-OCT-2024 10:11:53 AM Received on : 26-OCT-2024 12:13:54 PM Reported on : 26-OCT-2024 01:55:57 PM

MediWheel Full Body Health Check up-Female below 40Yrs

TEST NAME	RESULT	BIOLOGICAL REFERENCE INTERVALS	UNITS
VLDL CHOLESTEROL - SERUM CALCULATED.	17	Desirable:<30	
AST (SGOT) - SERUM (UV With P5P-IFCC)	23	Healthy Adults:15 - 37	U/L
ALT(SGPT) - SERUM (UV With P5P-IFCC)	33	Healthy Females:14-59 U/L	U/L
PROTEIN, TOTAL - SERUM (Biuret)	7.4	Healthy Adults:6.4-8.3	mg/dl
URIC ACID - SERUM (Modified Uricase)	4.0	Healthy Women:2.6 - 6.0	mg/dL
ALKALINE PHOSPHATASE - SERUM PNPP,AMP Buffer-IFCC	96	Healthy Adults:40-150	U/L
GGTP: GAMMA GLUTAMYL TRANSPEPTIDASE - SERUM (L-gamma-glutamyl-3-carboxy-4-nitranilide)	37	Healthy Women:5 - 55	U/L
BILIRUBIN, TOTAL - SERUM (Modified Doumas Ref. method/Jendrassik & Grof.)	0.7	Healthy Adults:<=1.0	mg/dL
BILIRUBIN CONJUGATED (DIRECT) - SERUM (Jendrassik & Grof)	0.2	Healthy Adults:0.0-0.5	mg/dL
CREATININE - SERUM JAFTE METHOD	0.3 *	Healthy Women: 0.57 - 1.11	mg/dL

CONSULTANTS

DR. T. SARMA, DCP DR. P. GOSWAMI, MD DR. M. SAIKIA, MD(BIOCHEMISTRY) DR. A. VERMA, DCP DR. M. BARMAN, MD
 DR. D.J. LAHON, MD (MICRO) DR. M. SARMA, MD (MICRO) DR. POOJA KESHAN, MD (PATHO) DR. N. MAHANTA, MD (PATHO)

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ALBUMIN - SERUM (Brom Cresol Green)	3.5	Healthy Adults-3.5-5.2	g/dL
GLOBULIN-SERUM(Calculated)	3.9 *	Healthy Adults: 1.8 - 3.6	
ALBUMIN:GLOBULIN-SERUM(RATIO)(Calculated)	1 *	0 - 0	
HDL CHOLESTEROL - SERUM / PLASMA (Direct Measurement)	39 *	Low: <40 High: >=60	mg/dL
TOTAL CHOLESTEROL/HDL CHOLESTEROL RATIO(Calculated)	3.9	Desirable :< 4.5	
LDL CHOLESTEROL - SERUM(DIRECT LDL) (Homogenous Method)	92	Optimal:<100 Near Optimal:100-129 Borderline High:130-159 High:160-189 Very High:>=190	mg/dL
CHOLESTEROL - SERUM (Cholesterol Oxidase)	152	Desirable:<200 Borderline:200 - 240 High Risk:>=240	mg/dL
TRIGLYCERIDES - SERUM (Glycerol Phosphate Oxidase)	89	Normal : <150 Borderline High :150-199 High : 200-499 Very High : >=500	mg/dL

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UREA - SERUM

(Enzymatic;Urease-GLDH)
(Urease) 12 * <50 years:15-40 * mg/dL

GLUCOSE -PLASMA (FASTING)

Hexokinase 81 Non-Diabetic: <=100 mg/dL
 Pre-Diabetic: 100-125
 Diabetic: >=126

TOTAL T3: TRI IODOTHYRONINE - SERUM

(Eclia) 1.7 Healthy Adults Euthyroid:1.3-3.1 nmol/L

TOTAL T4: THYROXINE - SERUM

(Eclia) 120 Healthy Adults Euthyroid: 66-181 nmol/L

TSH: THYROID STIMULATING HORMONE - SERUM

(Eclia) 2.4 Healthy Adults Euthyroid: uIU/mL
 0.270-4.20

GLUCOSE - PLASMA (POST PRANDIAL)

Hexokinase 116 Normal: <140 mg/dL
 Pre-Diabetic: 140-199
 Diabetic :->=200

Report Status:Final

* END OF REPORT *

CHECKED BY 1078452
 1078550

Printed On : 27-OCT-2024 11:38:23 AM

Dr. MOUSHUMI SAIKIA,
 MBBS,MD
 REG NO.14979 AMC
 CONSULTANT BIOCHEMIST

CONSULTANTS

- DR. T. SARMA, DCP DR. P. GOSWAMI, MD DR. M. SAIKIA, MD(BIOCHEMISTRY) DR. A. VERMA, DCP DR. M. BARMAN, MD
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DEPARTMENT OF BIOCHEMISTRY

Name : Mrs. JURI DUTTA Age : 33Yr 2Mth 3Days Gender : Female
 UHID : AHLG2.0000045701 / APHCAH29009 W/BNo/RefNo : AHC
 SIN \ LRN : 125770257 \ 11211220
 Specimen : Whole blood
 Ref Doctor : Dr. Prabin Kumar Saikia



Collected on : 26-OCT-2024 10:11:53 AM Received on : 26-OCT-2024 12:06:38 PM Reported on : 26-OCT-2024 02:36:12 PM

MediWheel Full Body Health Check up-Female below 40Yrs

TEST NAME	RESULT	BIOLOGICAL REFERENCE INTERVALS	UNITS
GLYCOSYLATED HEMOGLOBIN (HbA1C) - WHOLE BLOOD	4.3	GOAL:<6.5% Prediabetic:5.7-6.4% Diabetic:>6.5% Non-diabetic:<5.7% Uncontrolled-diabetics>8%	%
Mean Plasma Glucose (MPG) Estimate:	76.7100		mg/dL

Comments : Note: HbA1C may be affected as there is an abnormal Hemoglobin (variant window). To identify the abnormal Hemoglobin, Hemoglobin typing is advised. Exact HbA1C value should be obtained in this case by Fructosamine method/Boronate Affinity method.
 Comment: People with diabetes are recommended to have this test done every three months to determine whether their blood sugar level has reached the target level of control.

Report Status:Final

* END OF REPORT *

CHECKED BY 1078444
155038

Printed On : 27-OCT-2024 11:38:41 AM

Dr.Pooja Keshan MBBS,MD
Reg No 21460 AMC

CONSULTANTS

- DR. T. SARMA, DCP DR. P. GOSWAMI, MD DR. M. SAIKIA, MD(BIOCHEMISTRY) DR. A. VERMA, DCP DR. M. BARMAN, MD
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Name : Mrs. JURI DUTTA Age : 33Yr 2Mth 3Days Gender : Female
 UHID : AHLG2.0000045701 / APHCAH29009 W/BNo/RefNo : AHC
 SIN \LRN : 125770254 \ 125770253 \ 11211220
 Specimen : Urine
 Ref Doctor : Dr. Prabin Kumar Saikia



Collected on : 26-OCT-2024 10:11:53 AM Received on : 26-OCT-2024 12:23:27 PM Reported on : 26-OCT-2024 12:36:13 PM

MediWheel Full Body Health Check up-Female below 40Yrs

TEST NAME	RESULT	BIOLOGICAL REFERENCE INTERVALS	UNITS
URINE- BENCE JONES PROTEINS	Negative	Negative	
URINE SUGAR	Nil		
URINE ROUTINE (CUE)			
Color,:	Pale yellow	Pale Yellow/amber	
Transparency:	Clear	Clear	
Specific Gravity(Strip Method)	1.010 *	1.016 - 1.026	
pH(Strip Method+ Ph Paper)	6.5	4.6 - 8	
Glucose:(Benedicts+Strip Method)	Nil	Negative	
Protein :(Strip+Heat Method)	Nil	Negative	
DEPOSITS:(Microscopy)			
RBC	Not seen	Upto 3 Cells/hpf	
WBC/Pus Cells	1-2 /HPF	Upto to 5 Cells/hpf	
Squamous epithelial cells	+	Up to 20	
Casts:(Microscopy)	Not Detected	Absent	/lpf
Crystals:	Not Detected	Absent	/lpf
Nitrite	Negative	Negative	
HEMOGRAM(CBC+ESR+RECTIC+PS)			
Hemoglobin	9.1 *	12.0 - 15.0	g/dl
RBC COUNT	3.83	3.8 - 4.8	Million/ul
MCV	77.5 *	82.0 - 92.0	fl
MCH	23.8 *	26.0 - 32.0	pg
MCHC	30.6 *	31.0 - 36.0	g/dl
RDW-CV	15.3 *	11.6 - 14	%
RETICULOCYTE COUNT	3.54 *	Healthy Adult -:0.5-2.5%	%

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 UHID : AHLG2.0000045701 / APHCAH29009 W/BNo/RefNo : AHC
 SIN IRLN : 125770254 \ 125770253 \ 11211220
 Specimen : Urine
 Ref Doctor : Dr. Prabin Kumar Saikia



Collected on : 26-OCT-2024 10:11:53 AM Received on : 26-OCT-2024 12:23:27 PM Reported on : 26-OCT-2024 12:36:13 PM

Platelet Count	158	150 - 400	10 ⁹ /mm ³
TLC/WBC Count	8.19	4.0 - 11.0	10 ⁹ /mm ³
ERYTHROCYTE SEDIMENTATION RATE (ESR)	28 *	0 - 20	mm/1st hr
Differential Count			
Neutrophils	58.0	40 - 70	%
Lymphocytes	25.9	20 - 40	%
Eosinophils	12.0 *	1 - 6	%
Monocytes	3.1	2 - 10	%
Basophils	1.0	0 - 2	%
PERIPHERAL SMEAR			
RBC:	Microcytic hypochromic blood picture is seen.		
WBC:	Total count is within normal limits. Relative eosinophilia is seen.		
Platelets:	Adequate on the smear		
Hemoparasites	No hemoparasites		
PACKED CELL VOLUME [PCV]	29.7 *	36 - 46	%
Report Status:Final			

* END OF REPORT *

CHECKED BY : 1078444

Dr.Pooja Keshan MBBS,MD
Reg No 21460 AMC

Printed On : 27-OCT-2024 11:39:02 AM

APOLLO HOSPITALS GHY
RG BARUAH ROAD
GUWAHATI

Station
Telephone:

EXERCISE STRESS TEST REPORT

Patient Name: MRS. JURIDUTTA,
Patient ID: 26091
Height:
Weight:

DOB: 23.08.1991
Age: 33yrs
Gender: Female
Race: Indian

Study Date: 26.10.2024
Test Type: --
Protocol: BRUCE

Referring Physician: --
Attending Physician: --
Technician: --

Medications:

--

Medical History:

--

Reason for Exercise Test:

--

Exercise Test Summary

Phase Name	Stage Name	Time in Stage	Speed (km/h)	Grade (%)	HR (bpm)	BP (mmHg)	Comment
PRETEST	SUPINE	00:48	0.00	0.00	100	120/80	
	STANDING	00:11	0.00	0.00	98		
	WARM-UP	00:07	0.90	0.00	90		
EXERCISE	STAGE 1	03:00	2.80	10.00	129	120/80	
	STAGE 2	03:00	4.00	12.00	144	130/80	
	STAGE 3	01:02	5.50	14.00	169	140/80	
RECOVERY		03:04	0.00	0.00	112	120/80	

The patient exercised according to the BRUCE for 7:01 min:s, achieving a work level of Max. METS: 10.20. The resting heart rate of 85 bpm rose to a maximal heart rate of 171 bpm. This value represents 91% of the maximal, age-predicted heart rate. The resting blood pressure of 120/80 mmHg, rose to a maximum blood pressure of 140/80 mmHg. The exercise test was stopped due to Target heart rate achieved.

Interpretation

Summary: Resting ECG: normal.
Functional Capacity: normal.
HR Response to Exercise: appropriate.
BP Response to Exercise: normal resting BP - appropriate response.
Overall impression: Normal stress test.

Conclusions

TMT IS NEGATIVE FOR INDUCIBLE MYOCARDIAL ISCHAEMIA.

Physician


DR. MOHREYEE BARUAH
MBBS, PGDCC
Jr. Consultant Cardiologist
Apollo Hospitals, Guwahati
Unit: International Hospital

Technician

Patient Details : Mrs. JURI DUTTA | Female | 33Yr 2Mth 3Days

UHID : AHLG2.0000045701

Patient Location: AHC

Patient Identifier: APHCAH29009



DRN : 100206913

Completed on : 26-OCT-2024 09:40

Ref Doctor : Dr. Prabin Kumar Saikia

ECG

IMPRESSION .:

ECG TRACING IS WITHIN NORMAL LIMITS

--- END OF THE REPORT ---

DR. MOITREYEE BARUAH
MBBS, PGDCC
Jr. Consultant Cardiologist
Apollo Hospitals, Guwahati
Unit: International Hospital

Name : Mrs. JURI DUTTA Age : 33Yr Gender : Female
UHID : AHLG2.0000045701 / APHCAH29009 W/BNo/RefNo : AHC
Lab No : AHLG.2400001 LRN : 11211220
Ref Doctor : Dr. Prabin Kumar Saikia



Collected on : 26-OCT-2024 04:14:41 PM Received on : 26-OCT-2024 04:36:34 PM Reported on : 28-OCT-2024 11:38:06 AM

CERVICAL/VAGINAL SMEAR

Specimen No :

C/2582/24

Specimen Type

Liquid Based Preparation from cervix.

Adequacy of Smears

Satisfactory for evaluation; endocervical/transformation zone component present.

Microscopic Description:

Smear shows plenty of superficial squamous cells, intermediate squamous cells and parabasal cells. Many neutrophils are seen.

Impression:

Negative for intraepithelial lesion or malignancy.

Comments: Reported as per Bethesda system 2014

* END OF REPORT *



Dr. Pooja Keshan, MBBS, MD, PATHOLGY
Reg No-21460 AMC

Typed By: 1078444

Printed On : 05-NOV-2024 10:48:25 AM

Page 1 of 1

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