





	PID NO.	: CIA1841	Reference :	Reg. Date
			Sample Collected At :	26-Sep-2024 / 9:23 am
	Name	: HRISHIKESH SUNIL BHOSLE	Sea Bird Medicare	Coll Date
	Sou / Ago		105-107 Gateway Plaza,Central Avenue,Hiranandani	26-Sep-2024 / 9:28 am
	Sex / Age	: Male / 22 Years	Gardens,Powai,Mumbai-400076	20-3ep-2024 / 9.28 am
	D (D		Processing Location: - Sea Bird Medicare 105-107 Gateway Plaza,Central Avenue,Hiranandani	Report Date
Ref By		•	Gardens,Powai,Mumbai-400076	-
				26-Sep-2024 /11:39 am

BIOCHEMISTRY						
<u>Test</u>	<u>Result</u>	<u>Units</u>	BIOLOGICAL REFERENCE INTERVAL			
Serum S.G.P.T. (Serum,Method- IFCC without/with PDP)	22.01	U/L	0 - 41			
Bilirubin (Total) (Serum ,Method-Diazo- End point)	0.66	mg/dl	0.0 - 1.20			
Bilirubin (Direct) (Serum,Method-Diazo-End point)	0.15	mg/dl	0.0 - 0.40			
Bilirubin (Indirect) Calculated	0.51	mg/dl	0.0 - 0.90			
Serum Creatinine (Serum,Method- Kinetic Jaffe's)	0.62	mg/dl	0.62 - 1.17			

Test Done on Fully Automated Mispa CXL PRO PLUS Biochemistry Analyser.

----- End of Report ------

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Pritam Dhanawade Lab Technician

DR.RITESH KHARCHE MBBS, MD PATHOLOGY Pathologist MMC Reg No.2006031680

Kochi: 0484- 2322022 / 4032022

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HO- Sea Bird Medicare Centre (ISO 9001:2015): A-101-102, Heritage Plaza, Teli Cross Lane, Andheri East (Nr. Station), Mumbai- 69. Tel: 022- 46032704







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a ()		105-107 Gateway Plaza, Central Avenue, Hiranandani	
Sex / Age	: Male / 22 Years	Gardens,Powai,Mumbai-400076	26-Sep-2024 / 9:28 am
		Processing Location: - Sea Bird Medicare	
Ref By	: APOLLO HEALTH AND LIFESTYLE	105-107 Gateway Plaza, Central Avenue, Hiranandani	Report Date
	LIMITED	Gardens,Powai,Mumbai-400076	26-Sep-2024 /11:39 am

Biochemistry Report					
<u>Test</u>	<u>Result</u>	<u>Units</u>	BIOLOGICAL REFERENCE INTERVAL		
BUN (Blood Urea Nitrogen) Serum, Method: Urease	7.94	mg/dl	6.0 - 20.0		
Creatinine Serum, Method-Kinetic Jaffes	0.62	mg / dL	0.62 - 1.17 mg/dl		
BUN/Creatinine Ratio	12.82		10 - 20.1		
Urea (Serum, Method-Urease)	17.01	mg/dl	16.6 - 48.5		

----- End of Report -----

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Pritam Dhanawade Lab Technician

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	LIMITED	Gardens,Powai,Mumbai-400076	26-Sep-2024 /11:39 am

BLOOD GLUCOSE						
<u>Test</u>	<u>Result</u>	<u>Units</u>	BIOLOGICAL REFERENCE INTERVAL			
Blood Glucose (Fasting), plasma (Plasma,Method- Hexokinase) Interpretation: NORMAL : 70 - 100 mg/dl Pre-Diabetic : 100 - 125 mg/dl Diabetic : >125 mg/dl (ON MORE THAN ONE OCCASION) Reference : American diabetes association o	95.93 guidelines 2022	mg/dl	70.00 - 100.00 mg/dl			
Urine Glucose (Fasting)	Absent		Absent			
Urine Ketones (Fasting)	Absent		Absent			
Blood Glucose (PP) plasma (Plasma,Method- Hexokinase) Interpretation: Non-Diabetic : 70 - 140 mg/dl Pre-Diabetic : 140 - 199 mg/dl Diabetic : >200 mg/dl (ON MORE THAN ONE OCCASION) Reference : American diabetes association o	101.49 guidelines 2022	mg/dl	70.00 - 140.00			
Urine Glucose (PP)	Absent		Absent			
Urine Ketones (PP)	Absent		Absent			

Test Done on Fully Automated Mispa CXL PRO PLUS Biochemistry Analyser.

PRIYA PANDEY Lab Technician

DR.RITESH KHARCHE MBBS, MD PATHOLOGY Pathologist MMC Reg No.2006031680

Kochi: 0484- 2322022 / 4032022

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BLOOD GLUCOSE					
<u>Test</u>	<u>Result</u>	<u>Units</u>	BIOLOGICAL REFERENCE INTERVAL		

----- End of Report ------



PRIYA PANDEY Lab Technician

DR.RITESH KHARCHE MBBS, MD PATHOLOGY Pathologist MMC Reg No.2006031680

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Sex / Age	: Male / 22 Years	105-107 Gateway Plaza,Central Avenue,Hiranandani	26-Sep-2024 / 9:28 am
Sex / Age		Gardens,Powai,Mumbai-400076	20-3ep-2024 / 5.20 am
Ref By		Processing Location: - Sea Bird Medicare 105-107 Gateway Plaza,Central Avenue,Hiranandani	Report Date
кет бу	LIMITED	Gardens,Powai,Mumbai-400076	26-Sep-2024 /11:39 am
			20 Sep 2021/11.00 um

Blood Group					
<u>Test</u>	<u>Result</u>	<u>Units</u>	BIOLOGICAL REFERENCE INTERVAL		
BLOOD GROUP					
ABO Group	"O"				
RH (D)	Positive				
Method : Cell (Forward) groupin Sample: Whole Blood (EDTA)	g by Manual Slide Method.				

----- End of Report ------

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~ / .		105-107 Gateway Plaza, Central Avenue, Hiranandani	
Sex / Age	: Male / 22 Years	Gardens,Powai,Mumbai-400076	26-Sep-2024 / 9:28 am
		Processing Location: - Sea Bird Medicare	Report Date
Ref By		105-107 Gateway Plaza,Central Avenue,Hiranandani	hopore Date
	LIMITED	Gardens,Powai,Mumbai-400076	26-Sep-2024 /11:39 am

Complete Blood Count				
Test	<u>Result</u>	<u>Units</u>	BIOLOGICAL REFERENCE INTERVAL	
Hemoglobin	14.9	gm/dl	13.0 -17.0	
RED BLOOD CELLS				
R.B.C. Count	4.55	million / cumm	4.5- 5.5	
НСТ	43.1	%	40- 50	
MCV	94.7	fL	83 - 101	
MCH	32.7	pg	27 - 32	
MCHC	34.6	gm / dl	31.5 - 34.5	
RDW (CV)	13.6	%	11.6- 14.0	
Total W.B.C. Count	5660	/cu.mm.	4000 - 10000	
DIFFERENTIAL COUNT				
Neutrophils	55	%	40 - 80	
Lymphocytes	40	%	20 - 40	
Eosinophils	02	%	1 - 6	

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PID NO.	: CIA1841	Reference :	Reg. Date
		Sample Collected At :	26-Sep-2024 / 9:23 am
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Care / Aata	Mala / 99 Varan	105-107 Gateway Plaza,Central Avenue,Hiranandani	26-Sep-2024 / 9:28 am
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		Processing Location: - Sea Bird Medicare	Report Date
Ref By	: APOLLO HEALTH AND LIFESTYLE	105-107 Gateway Plaza,Central Avenue,Hiranandani	Report Date
	LIMITED	Gardens,Powai,Mumbai-400076	26-Sep-2024 /11:39 am

	Complete	Blood Count	
<u>Test</u>	<u>Result</u>	<u>Units</u>	BIOLOGICAL REFERENCE INTERVAL
Monocytes	03	%	2 - 10
Basophils	00	%	0 - 1
Platelet Count	253000	/cumm	150000 - 410000
MORPHOLOGY			
RBC Morphology	Predominantly Norm	nocytic and Normoch	nromic.
WBC Morphology	Normal Morphology		
Platelets on Smear	Adequate on smear		

(EDTA Whole Blood - Tests done Automated Three part cell counter (RBC, WBC, Platelets count by impedance, Haemoglobin by colorimetric Cyanmeth free method. Rest are calculated parameters. Microscopy and DLC is done manually by the Pathologist.)

----- End of Report ------

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PID NO.	. CIA1041	Reference.	Reg. Date
		Sample Collected At :	26-Sep-2024 / 9:23 am
Name	: HRISHIKESH SUNIL BHOSLE	Sea Bird Medicare	Coll Date
C (A.		105-107 Gateway Plaza,Central Avenue,Hiranandani	26-Sep-2024 / 9:28 am
Sex / Age	: Male / 22 Years	Gardens,Powai,Mumbai-400076	20-Sep-2024 / 9:28 am
		Processing Location: - Sea Bird Medicare	
Ref By	: APOLLO HEALTH AND LIFESTYLE	105-107 Gateway Plaza,Central Avenue,Hiranandani	Report Date
5	LIMITED	Gardens,Powai,Mumbai-400076	26-Sep-2024 /11:39 am

	Erythrocyte S	edimentation Ra	ate (ESR)
<u>Test</u>	<u>Result</u>	<u>Units</u>	BIOLOGICAL REFERENCE INTERVAL
E.S.R	10	mm at 1hr	0 - 15

Method: Westergren. Sample: Whole Blood (EDTA)

----- End of Report ------

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Pritam Dhanawade Lab Technician

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	Sed bird Medicare	Centre	
PID NO	. : CIA1841	Reference :	Reg. Date
Name	: HRISHIKESH SUNIL BHOSLE	Sample Collected At : Sea Bird Medicare	26-Sep-2024 / 9:23 am
Sex / A	ge : Male / 22 Years	105-107 Gateway Plaza,Central Avenue,Hiranandani Gardens,Powai,Mumbai-400076	Coll Date 26-Sep-2024 / 9:28 am
Ref By	: APOLLO HEALTH AND LIFESTYLE LIMITED	Processing Location: - Sea Bird Medicare 105-107 Gateway Plaza,Central Avenue,Hiranandani Gardens,Powai,Mumbai-400076	Report Date 26-Sep-2024 /11:39 am

	UR	INE ANALYSIS	;
<u>Test</u>	<u>Result</u>	<u>Units</u>	BIOLOGICAL REFERENCE INTERVAL
PHYSICAL EXAMINATION			
Colour	Pale Yellow		Pale Yellow
Quantity	30 ml	ml	20 - 50
Appearance	Clear		Clear
Reaction (pH)	6.0		5.0 - 9.0
Specific Gravity	1.015		1.000 - 1.030
CHEMICAL EXAMINATION			
Proteins	Absent		Absent
Sugar	Absent		Absent
Ketone Bodies	Absent		Absent
Bilirubin	Absent		Absent
Nitrite	Absent		Absent
Urobilinogen	Normal	mg/dl	Normal (0.1 - 1.0 mg/dl)

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Powai: 022-25701053 / 25704157

Kochi: 0484- 2322022 / 4032022







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		Processing Location: - Sea Bird Medicare	
Ref By	: APOLLO HEALTH AND LIFESTYLE	105-107 Gateway Plaza, Central Avenue, Hiranandani	Report Date
5	LIMITED	Gardens,Powai,Mumbai-400076	26-Sep-2024 /11:39 am

	URIN	IE ANALYSIS	
<u>Test</u>	<u>Result</u>	<u>Units</u>	BIOLOGICAL REFERENCE INTERVAL
Ocult Blood	Absent		Absent
MICROSCOPIC EXAMINATION			
Pus Cells	1 - 2 / hpf		2 - 3 / hpf
Red Blood Cells	Absent		Absent
Epithelial cells	1 - 2 / hpf		2 - 3 / hpf
Casts	Absent		Absent
Crystals	Absent		Absent
Other Findings	Absent		

METHOD:

Physical Examination : Visual Strip Method.

Chemical Examination : Bilirubin(Azo-coupling), Blood(Peroxidase), Glucose(Specific glucose-oxidase/peroxidase reaction), Ketone(Rothera's test), Leukocytes(Reflectance Photometer(Leucocyte esterase)), Nitrite(Diazotization), pH(Double Indicator), Protein(Protein Error of Indicators), Specific Gravity(Refractometric method), Urobilinogen(Ehrlich). Microscopy Examination : Automation/Manual Microscopy.

----- End of Report ------

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Pritam Dhanawade

Lab Technician

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CERTIFICATE OF MEDICAL FITNESS

This is to certify that I have conducted the clinical examination of this is to certify that I have conducted the clinical examination of this is to certify that I have conducted the clinical examination of this is to certify that I have conducted the clinical examination of this is to certify that I have conducted the clinical examination of this is to certify that I have conducted the clinical examination of

After reviewing the medical history and on clinical examination it has been found that he/she is

	Tick
Medically Fit	V
Fit with restrictions/recommendations	
Though following restrictions have been revealed, in my opinion, these are not impediments to the job.	
1	-
2	_
3	_
However, the employee should follow the advice/medication that has been communicated to him/her.	9
Review after	
• Currently Unfit.	
Review after	
• Unfit	

HO- Sea Bird Medicare Centre (ISO 9001:2015): A-101-102, Heritage Plaza, Teli Cross Lane, Andheri East, Mumbai- 400069 Tel: 022-46032704 / 8104606813

Website: www.seabirdhf.com | Email: admin@seabirdhf.com



MER- MEDICAL EXAMINATION REPORT

DATE OF EXAMINATION	
NAME	Floishikesh Sonil Bhosle
AGE	22 GENDER Male
HEIGHT (CM)	164 WEIGHT (KG) .55
B.P.	130 86 mmly
ECG	WNZ O
X Ray	NAD
Vision Checkup	Color Vision: Normal. Far Vision Ratio: 6/b J Unaided Near Vision Ratio: N5 J Unaided
Present Ailments	N-S
Details of Past ailments (If Any)	Typhaid in childhood.
Comments / Advice:	
H/o - allergue shimitis H/o - scaetive arthrit	not on B
H/0 - reactive arthrit	vs.
Adu: To followup with sos when nece	h ENT specialist & oheumologist ssary
	ζ.

Signature with Stamp of Medical Examiner DR. HAVOVEL MISTRY RAPAULA MEDS, FCPS APPROVED BY DG SHE-SIG(GOI) CONSULTANT IN MAPPINE ANEDICINE & AVIATION MEDICINE REG NO.MMC:30174 A-101-102, HERITAGE P. AZA, TELI CROSS LANE AND HERI EAST, MUMBAI-400 069. SEA BIRD MEDICARE CENTRE

HO- Sea Bird Medicare Centre (ISO 9001:2015): A-101-102, Heritage Plaza, Teli Cross Lane, Andheri East, Mumbai- 400069 Tel: 022-46032704 / 8104606813

Website: www.seabirdhf.com | Email: admin@seabirdhf.com



Reg.

: HSBM2699521 Report ID Patient Name : Mr. HRISHIKESH SUNIL BHOSLE Rank : DR. MUKUL ARTE Ref By

: 26-Sep-2024 : 26-Sep-2024 Report Date Company Name : M/S. APOLLO HEALTH AND LIFESTYLE : 22 Year / Male Age/Sex

CHEST X RAY REPORT

X-Ray No: 8334

Investigation : Chest PA View.

Bony thoracic cage is normal.

Cardiac silhouette appears normal in size and configuration.

Both lungs shows equal translucency and normal vasculature.

Both Hemidiaphragm visualised normal.

No evidence of any active parenchymal lesion seen.

Impression :

Normal Chest X-Ray.

Dr. acob MD Math

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QRS COMPLEX 150 electric ST. SEGMENT DR. HAVOVEE MISTRY KAPADIA MBBS, FCPS T. WAVE	N	VOLTAGE	regulad		90 min	RATE
DR. HAVOVEE MISTRY KAPADIA MBBS, FCPS	N	Q. WAVE	2	PR. INTERVAL	, N	P.WAVE
REMARKS (A)A), APPROVED BY DG SHIPPING(GOI) 11, 71	P	T. WAVE	E MISTRY KADADIA MRR	ST. SEGMENT	iso electric	QRS COMPLEX
CONSULTANT IN MARINE MEDICINE & AVIATION PORTA	 	they	G SHIPPING(GOI)	APPROVED BY DO	WNL	REMARKS

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101-102, Heritage Plaza, Telli Cross Lane, Andheri East (Nr. Station), Mumbai - 400069. Tel.: 022-4603 2704 / 81046 06813

102-103-104, Gateway Plaza, Central Avenue Road, Hiranandani Gardens, Powai, Mumbai - 400076. Tel.: 2570 4157 / 2570 1053

Website: www.seabirdhf.com / Email: seabird@seabirdhf.com

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