Apollo One

Eye Checkup

NAME: - MR. VISHAI SEGHAI

Age: -

Date:

SELF / CORPORATE: -

	Right Eye	Left Eye
Distant Vision	-10.1-1.50 x 30	-4.00 -1.00 × 16;
Near vision	6/6	616
Color vision	Olc	612
Fundus examination		
Intraocular pressure		
Slit lamp exam		

Signature CAPA





Height : বৃহ	Weight: 74.4	BMI:	Waist Circum :
Temp :	Pulse: 64	Resp: 194.	B.P: 147/79

General Examination / Allergies History

Clinical Diagnosis & Management Plan

NO H/O- TIDM / HTN

NO H/O Addrewn
alleger to Surlight

- Man kui (H) lifesnyle

Dr. Diphi Dadhul L

Follow up date:

Doctor Signature

Phone Number : (011) 40393610

Website

: www.apolloclinic.com



नाम : विशाल सहगत Name : Vishal Sehgal

कर्मचारी क./ Employee No.: 573491 जन्म तिथि/ Birth Date: 27-10-1988

रवत गुप/ Blood Group : A+ve

हस्ताक्षर / Signature

जारी करने का स्थान :

:क्षेत्रीय कार्यातय दिल्ली (मध्य)

Place of Issue

- No Delli (Cell

की तारीख :०५/जनवरी/२० ssue :05-01-2021

carlosof influentil / foreign Authori

यदि किसी को यह पहचान पत्र मिले तो कृषया यूनियन बैंक ऑफ इंडिया क्षेत्रीय कार्यालय दिल्ली (मध्य), १, फैज रोड, प्रथम तल, झंडेवालान, नई दिल्ली -११०००५ को लौटा दे।

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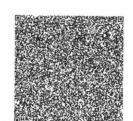


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भारतीय विशिष्ट पहचान प्राधिकरण Unique Identification Authority of India

नामांकन ऋम/ Enrolment No.: 0656/07206/02477

विशाल सेहगल Vishal Sehgal S/O: Subhash Sehgal, House Number-J-84/C. Block-J. VTC: Vishnu Garden, PO: Tilak Nagar, Sub District: Rajouri Garden. District: West Delhi. State: Delhi PIN Code: 110018 Mobile: 8655877531



आपका आधार क्रमांक / Your Aadhaar No. :

XXXX XXXX 1726 VID: 9110 0092 7195 2716

मेरा आधार, मेरी पहचान



भारत सरकार Government of India





Vishal Sehgal जन्म तिथि/DOB: 27/10/1988 पुरुष/ MALE

आधार पहचान का प्रमाण है, नागरिकता या जन्मतिथि का नहीं। इसका उपयोग सत्यापन (ऑनलाइन प्रमाणीकरण, या क्यूआर कोड/ ऑफ़लाइन एक्सएमएल की स्कैनिंग) के साथ किया जाना चाहिए ।

Aadhaar is proof of identity, not of citizenship or date of birth. It should be used with verification (online authentication, or scanning of QR code / offline XML).

XXXX XXXX 1726

मेरा आधार, मेरी पहचान







सूचना / INFORMATION

- आधार पहचान का प्रमाण है, नागरिकता या जन्मतिथि का नहीं। जन्मतिथि आधार नंबर धारक द्वारा प्रस्तत सचना और विनियमों में विनिर्दिष्ट जन्मतिथि के प्रमाण के दस्तावेज पर आधारित है।
- इस आधार पत्र को यूआईडीएआई द्वारा नियुक्त प्रमाणीकरण एजेंसी के जिरए ऑनलाइन प्रमाणीकरण के द्वारा सत्यापित किया जाना चाहिए या ऐप स्टोर में उपलब्ध एमआधार या आधार क्युआर कोड स्कैनर ऐप से क्युआर कोड को स्कैन करके या www.uidai.gov.in. पर उपलब्ध स्रक्षित क्यूआर कोड रीडर का उपयोग करके सत्यापित किया जाना चाहिए।
- आधार विशिष्ट और स्रक्षित है ।
- पहचान और पते के समर्थन में दस्तावेजों को आधार के लिए नामांकन की तारीख से प्रत्येक 10 वर्ष में कम से कम एक बार आधार में अपडेट कराना चाहिए।
- आधार विभिन्न सरकारी और गैर-सरकारी फायदों/सेवाओं का लाभ लेले में सहायता करता है।
- आधार में अपना मोबाइल नंबर और ईमेल आईडी अपडेट रखें ।
- आधार सेवाओं का लाभ लेने के लिए एमआधार ऐप डाउनलोड करें ।
- आधार/बॉयोमेट्रिक्स का उपयोग न करने के समय स्रक्षा स्निश्चित करने के लिए आधार/बॉयोमेट्रिक्स लॉक/अनलॉक स्विधा का उपयोग करें।
- आधार की मांग करने वाले सहमति लेने के लिए बाध्य हैं।
- Aadhaar is proof of identity, not of citizenship or date of birth (DOB). DOB is based on information supported by proof of DOB document specified in regulations, submitted by Aadhaar number holder.
- This Aadhaar letter should be verified through either online authentication by UIDAI-appointed authentication agency or QR code scanning using mAadhaar or Aadhaar QR Scanner app available in app stores or using secure QR code reader app available on www.uidai.gov.in.
- Aadhaar is unique and secure.
- Documents to support identity and address should be updated in Aadhaar after every 10 years from date of enrolment for Aadhaar.
- Aadhaar helps you avail of various Government and Non-Government benefits/services.
- Keep your mobile number and email id updated in Aadhaar.
- Download mAadhaar app to avail of Aadhaar services.
- Use the feature of Lock/Unlock Aadhaar/biometrics to ensure security when not using Aadhaar/biometrics.
- Entities seeking Aadhaar are obligated to seek consent.



भारतीय विशिष्ट पहचान प्राधिकरण Unique Identification Authority of India



पता: संबोधित: सुभाष सेहगल, मकान नंबर-जे-84/सी, ब्लॉक-जे, विष्णु गार्डन, तिलक नगर, पश्चिम दिल्ली, दिल्ली - 110018

S/O: Subhash Sehgal, House Number-J-84/C, Block-J, Vishnu Garden, PO: Tilak Nagar, DIST: West Delhi, Delhi - 110018



XXXX XXXX 1726

VID: 9110 0092 7195 2716



help@uidai.gov.in | \bigodeta www.uidai.gov.in





ID 0000000081

Height 172cm Age 35

Gender Male Test Date / Time 23.03.2024, 10:46

Body Composition Analysis

		Values	Total Body Water	Soft Lean Mass	Fat Free Mass	Weight
Total Body V	Vater (L)	41.8 (36.6~44.8)	41.8	54.0		
Protein	(kg)	11.5 (9.8~12.0)		(47.0~57.4)	57.3 (49.8~60.9)	79.4 (55.3~74.9)
Minerals	(kg)	3.99 (3.38~4.14)	non-osseous		,	
Body Fat Ma	ass (kg)	22.1 (7.8~15.6)				

Muscle-Fat Analysis

		U	nder		Norma	al			0	/er			
Weight	(kg)	55	70	85	100	115	130 79.4	145	160	175	190	205	%
SMM Skeletal Muscle Mess	(kg)	70	80	90	100	110 32.7	120	130	140	150	160	170	%
Body Fat Mas	s (kg)	40	60	80	100	160	220	280 2 1	340	400	460	520	%

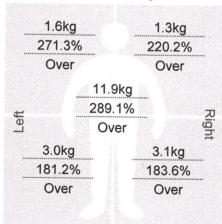
Obesity Analysis

BMI days	10.0	15.0	18.5	22.0	25.0	30.0	35.0	40.0	45.0	50.0	55.0
BMI Body Mass Index (kg/m²)					20.0	26.8	33.0	40.0	45.0	50.0	55.0
PBF (%)	0.0	5.0	10.0	15.0	20.0	25.0	30.0	35.0	40.0	45.0	50.0
Percent Body Fat							27.	9		10.0	00.0

Lean Mass % Evaluation Segmental Lean Analysis

Nezge		* Mathematical control of the contro
	3.17kg	3.27kg
	96.8%	99.8%
	Normal	Normal
	26.	5kg
	101	.3%
Left	Nor	mal Right
	8.97kg	8.98kg
	98.4%	98.5%
	Normal	Normal

Segmental Fat Analysis



* Segmental fat is estimated.

Evaluation

Body Composition History

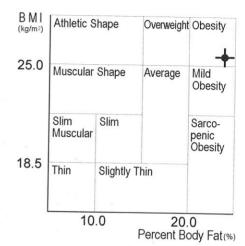
Weight (k	g) 79.4		
SMM (k. Skeletal Muscle Mass	g) 32.7		and the state of t
PBF (%	6) 27.9		
Recent □Tota	al 23.03.24. 10:46	2	

InBody Score

70/100 Points

* Total score that reflects the evaluation of body composition. A muscular person may score over 100 points.

Body Type



Weight Control

•	
Target Weight	67.4 kg
Weight Control	- 12.0 kg
Fat Control	- 12.0 kg
Muscle Control	0.0 kg

Obesity Evaluation

ВМІ	□ Normal	□ Under	Slightly Over □ Over
PBF	□ Normal	□ Slightly Over	★ Over
Body Bala	ance Eva	luation—	
Upper	⊠Balanced	□ Slightly Unbalanced	□ Extremely Unbalanced
Lower	⊠ Balanced	□ Slightly Unbalanced	Extremely Unbalanced
Unner Lewer			- Extremely

Upper-Lower ► Balanc	ed 🗆 Sii	gnuy balana	ed	Unbalance	d
Research Parame	eters	Calaire		Choalance	u
Basal Metabolic Rate	1607	kcal	(1682~1974)
Waist-Hip Ratio	0.95		(0.80~0.90)
Visceral Fat Level	8		(1~9)
Obesity Degree	122	%	(90~110)
Bone Mineral Content	3.26	kg	(2.79~3.41)
SMI	8.2	kg/ m	î		
Recommended calorie intake	2261	kcal			

Impedance

	RA	LA	TR	RL	LL
$\mathbf{Z}(\Omega)$ 5 kHz	366.5	322.5	30.0	332.4	329.6
50 kHz	324.4	338.4	25.7	293.7	292.1
$250\mathrm{kHz}$	281.6	295.3	23.8	245.6	247.3

Bh - Bahadurgarh [Union Bank Of India]

From:

Vrrish Sehgal < vrrish.sehgal@gmail.com>

Sent:

20 March 2024 12:12

To:

Bh - Bahadurgarh [Union Bank Of India]

Subject:

Fwd: Health Check up Booking Confirmed Request(UBOIE4334), Package Code-

PKG10000361, Beneficiary Code-310035

कृपया सावधानी बरतें एवं ध्यान दें: यह ई- मेल बाहर से प्राप्त हुई है. कृपया प्रेषक के ई-मेल पते को पूर्ण रूप से जाँचे (केवल प्रेषक का नाम ही नहीं). प्रेषक की पहचान किए बिना लिंक पर क्लिक न करें एवं संलग्न को न खोले और पहचाने की दी गई सामग्री सुरक्षित है अथवा नहीं. संदिग्ध मेल के संबंध में, कृपया antiphishing[Dot]ciso[At the rate]unionbankofindia[Dot]bank पर रिपोर्ट करें

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From: Mediwheel < wellness@mediwheel.in>

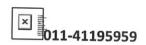
Date: Tue, 19 Mar, 2024, 6:57 pm

Subject: Health Check up Booking Confirmed Request(UBOIE4334), Package Code-PKG10000361, Beneficiary Code-

310035

To: <vrrish.sehgal@gmail.com> Cc: <customercare@mediwheel.in>





Dear VISHAL SEHGAL.

We are pleased to confirm your health checkup booking request with the following details.

Hospital Package

Name

: Mediwheel Full Body Standard Plus

Patient Package Name: MediWheel Full Body Health Checkup Male 35 to 40

Name of

Diagnostic/Hospital

: Apollo One-karol bagh

Address of

Apollo One, Pusa Road, Plot No.3, Block No:34, Metro Pillar

Diagnostic/Hospital-Number:77, Karolbagh, New Delhi-110005

City : Delhi

State

Pincode

: 110005

Appointment Date

: 23-03-2024

Confirmation Status

: Booking Confirmed

Preferred Time

: 8:30am

Booking Status

: Booking Confirmed

	Member Inf	ormation	
Booked Member Name	Age	Gender	
VISHAL SEHGAL	35 year	Male	

Note - Please note to not pay any amount at the center.

Instructions to undergo Health Check:

- Please ensure you are on complete fasting for 10-To-12-Hours prior to check.
- During fasting time do not take any kind of medication, alcohol, cigarettes, tobacco or any other liquids (except Water) in the morning.
- Bring urine sample in a container if possible (containers are available at the Health Check centre).
- Please bring all your medical prescriptions and previous health medical records with you.
- Kindly inform the health check reception in case if you have a history of diabetes and cardiac problems.

For Women:

Pregnant Women or those suspecting are advised not to undergo any X-Ray test.

It is advisable not to undergo any Health Check during menstrual cycle.

Request you to reach half an hour before the scheduled time.

In case of further assistance, Please reach out to Team Mediwheel.

Thanks,

Mediwheel Team

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Bh - Bahadurgarh [Union Bank Of India]

From:

Vrrish Sehgal <vrrish.sehgal@gmail.com>

Sent:

20 March 2024 12:16

To:

Bh - Bahadurgarh [Union Bank Of India]

Subject:

Fwd: Health Check up Booking Request(UBOIE4334), Beneficiary Code-170967

कृपया सावधानी बरतें एवं ध्यान दें: यह ई- मेल बाहर से प्राप्त हुई है. कृपया प्रेषक के ई-मेल पते को पूर्ण रूप से जाँचे (केवल प्रेषक का नाम ही नही). प्रेषक की पहचान किए बिना लिंक पर क्लिक न करें एवं संलग्न को न खोले और पहचाने की दी गई सामग्री सुरक्षित है अथवा नही. संदिग्ध मेल के संबंध में, कृपया antiphishing[Dot]ciso[At the rate]unionbankofindia[Dot]bank पर रिपोर्ट करें

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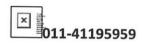
From: Mediwheel < wellness@mediwheel.in>

Date: Thu, 14 Mar, 2024, 11:02 am

Subject: Health Check up Booking Request(UBOIE4334), Beneficiary Code-170967

To: < vrrish.sehgal@gmail.com Cc: < customercare@mediwheel.in





Dear VISHAL SEHGAL,

We have received your booking request for the following health checkup, please upload your approval letter as soon as possible to enable us to confirm your booking.

Upload HRM Letter

User Package Name

: MediWheel Full Body Health Checkup Male 35 to 40

Name of

Diagnostic/Hospital

: Apollo One-karol bagh

Address of

Apollo One, Pusa Road, Plot No.3, Block No:34, Metro Pillar

Diagnostic/Hospital-

Number:77, Karolbagh, New Delhi-110005

Appointment Date

: 23-03-2024

Preferred Time

: 8:30am

	Member Inf	ormation	
Booked Member Name	Age	Gender	
VISHAL SEHGAL	35 year	Male	

Tests included in this Package

- Bmi Check
- Thyroid Profile
- ESR
- Blood Glucose (Fasting)
- General Physician Consultation
- Blood Group
- Blood Glucose (Post Prandial)
- Chest X-ray
- ECG
- Eye Check-up consultation
- Urine analysis
- CBC
- HbA1c
- Lipid Profile
- Kidney Profile
- Liver profile

Thanks, Mediwheel Team

Please Download Mediwheel App





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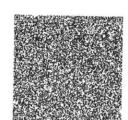
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भारतीय विशिष्ट पहचान प्राधिकरण Unique Identification Authority of India

नामांकन ऋम/ Enrolment No.: 0656/07206/02477

विशाल सेहगल Vishal Sehgal S/O: Subhash Sehgal. House Number-J-84/C. Block-1 VTC: Vishnu Garden, PO: Tilak Nagar,

Sub District: Rajouri Garden, District: West Delhi, State: Delhi, PIN Code: 110018. Mobile: 8655877531



आपका आधार क्रमांक / Your Aadhaar No. :

XXXX XXXX 1726 VID: 9110 0092 7195 2716

मेरा आधार, मेरी पहचान



Government of India





Vishal Sehgal जन्म तिथि/DOB: 27/10/1988

आधार पहचान का प्रमाण है, नागरिकता या जन्मतिथि का नहीं । इसका उपयोग सत्यापन (ऑनलाइन प्रमाणीकरण, या क्यूआर कोड/ ऑफ़लाइन एक्सएमएल की स्कैनिंग) के साथ किया जाना चाहिए ।

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XXXX XXXX 1726

मेरा आधार, मेरी पहचान







स्चना / INFORMATION

- आधार पहचान का प्रमाण है, नागरिकता या जन्मतिथि का नहीं। जन्मतिथि आधार नंबर धारक द्वारा प्रस्तृत सूचना और विनियमों में विनिर्दिष्ट जन्मतिथि के प्रमाण के दस्तावेज पर आधारित है।
- इस आधार पत्र को युआईडीएआई द्वारा नियुक्त प्रमाणीकरण एजेंसी के जिए ऑनलाइन प्रमाणीकरण के द्वारा सत्यापित किया जाना चाहिए या ऐप स्टोर में उपलब्ध एमआधार या आधार क्यूआर कोड स्कैनर ऐप से क्यूआर कोड को स्कैन करके या www.uidai.gov.in. पर उपलब्ध स्रक्षित क्युआर कोड रीडर का उपयोग करके सत्यापित किया जाना चाहिए।
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- आधार विभिन्न सरकारी और गैर-सरकारी फायदों/सेवाओं का लाभ लेने में सहायता करता है।
- आधार में अपना मोबाइल नंबर और ईमेल आईडी अपडेट रखें ।
- आधार सेवाओं का लाभ लेने के लिए एमआधार ऐप डाउनलोड करें ।
- आधार/बॉयोमेटिक्स का उपयोग न करने के समय स्रक्षा स्निश्चित करने के लिए आधार/बॉयोमेट्रिक्स लॉक/अनलॉक सविधा का उपयोग करें।
- आधार की मांग करने वाले सहमति लेने के लिए बाध्य हैं।
- Aadhaar is proof of identity, not of citizenship or date of birth (DOB). DOB is based on information supported by proof of DOB document specified in regulations, submitted by Aadhaar number holder.
- This Aadhaar letter should be verified through either online authentication by UIDAI-appointed authentication agency or QR code scanning using mAadhaar or Aadhaar QR Scanner app available in app stores or using secure QR code reader app available on www.uidai.gov.in.
- Aadhaar is unique and secure.
- Documents to support identity and address should be updated in Aadhaar after every 10 years from date of enrolment for Aadhaar.
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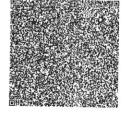


पता: पता: संबोधित: सुभाव सेहगल, मकान नंबर-जे-84/सी, ब्लॉक-जे, 3 विष्णु गार्डन, तिलक नगर, पश्चिम दिल्ली, हुदिल्ली - 110018

Address:

SAddress.

SJO: Subhash Sehgal, House Number-J84/C, Block-J, Vishnu Garden, PO: Tilak
Nagar, DIST: West Delhi,
Delhi - 110018



XXXX XXXX 1726 VID: 9110 0092 7195 2716

1947

help@uidai.gov.in | | www.uidai.gov.in

Patient Name : Mr. VISHAL SEHGAL Age : 35 Y/M

UHID : CAOP.0000000081 OP Visit No : CAOPOPV86

Reported By: : Dr. RAJNI SHARMA Conducted Date : 26-03-2024 14:58

Referred By : SELF

ECG REPORT

Observation:

- 1. Sinus Arrhythmia.
- 2. Heart rate is 70beats per minutes.
- 3. No pathological Q wave or S-T,T changes seen.
- 4. Normal P,Q,R,S,T waves and axis.
- 5. No evidence of chamber, hypertrophy or enlargement see

Impression:

NORMAL RESTING ECG.

---- END OF THE REPORT -----

Dr. RAJNI SHARMA





Patient Name : Mr. VISHAL SEHGAL Age/Gender : 35 Y/M

Sample Collected on : Reported on : 23-03-2024 12:14

Ref Doctor : SELF **Emp/Auth/TPA ID** : 573491

DEPARTMENT OF RADIOLOGY

X-RAY CHEST PA

Both lung fields and hila are normal.

No obvious active pleuro-parenchymal lesion seen .

Both costophrenic and cardiophrenic angles are clear.

Both diaphragms are normal in position and contour.

Thoracic wall and soft tissues appear normal.

CONCLUSION:

No obvious abnormality seen

 $\frac{\text{MBBS, DMRD}}{\text{Radiology}}$



: 573491



Patient	Name	: Mr.VISHAL SEHGAL	Collected	: 23/Mar/2024	12:59PMExpertise. Empowering you.
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 Age/Gender
 : 35 Y 4 M 27 D /M
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 : 23/Mar/2024 01:34PM

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 : CAOP.0000000081
 Reported
 : 26/Mar/2024 04:17PM

Visit ID : CAOPOPV86 | Status : Final Report

Ref Doctor : Dr.SELF Sponsor Name : ARCOFEMI HEALTHCARE LIMITED

DEPARTMENT OF HAEMATOLOGY

PERIPHERAL S	SMEAR , WHOLE BLOOD EDTA
RBCs	Show mild anisocytosis, are predominantly Normocytic Normochromic .
WBCs	Normal in number and morphology Differential count is within normal limits
Platelets	Adequate in number, verified on smear
	No Hemoparasites seen in smears examined.
Impression	Normal peripheral smear study
Advice	Clinical correlation



Dr.Shivangi Chauhan M.B.B.S,M.D(Pathology) Consultant Pathologist

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DEPARTMENT OF HAEMATOLOGY

ARCOFEMI - MEDIWHEEL - FULL BODY STANDARD PLUS MALE - PAN INDIA - FY2324

Test Name	Result	Unit	Bio. Ref. Range	Method	
IEMOGRAM, WHOLE BLOOD EDTA					
HAEMOGLOBIN	13.3	g/dL	13-17	Spectrophotometer	
PCV	41.10	%	40-50	Electronic pulse & Calculation	
RBC COUNT	4.87	Million/cu.mm	4.5-5.5	Electrical Impedence	
MCV	84	fL	83-101	Calculated	
MCH	27.4	pg	27-32	Calculated	
MCHC	32.4	g/dL	31.5-34.5	Calculated	
R.D.W	14.8	%	11.6-14	Calculated	
TOTAL LEUCOCYTE COUNT (TLC)	5,100	cells/cu.mm	4000-10000	Electrical Impedance	
DIFFERENTIAL LEUCOCYTIC COUNT (I	DLC)				
NEUTROPHILS	55	%	40-80	Electrical impedance Microscopic	
LYMPHOCYTES	35	%	20-40	Electrical impedance Microscopic	
EOSINOPHILS	04	%	1-6	Electrical Impedance	
MONOCYTES	06	%	2-10	Electrical impedance Microscopic	
BASOPHILS	00	%	<1-2	Electrical Impedance	
ABSOLUTE LEUCOCYTE COUNT					
NEUTROPHILS	2805	Cells/cu.mm	2000-7000	Calculated	
LYMPHOCYTES	1785	Cells/cu.mm	1000-3000	Calculated	
EOSINOPHILS	204	Cells/cu.mm	20-500	Calculated	
MONOCYTES	306	Cells/cu.mm	200-1000	Calculated	
BASOPHILS	00	Cells/cu.mm	0-100	Calculated	
Neutrophil lymphocyte ratio (NLR)	1.57		0.78- 3.53	Calculated	
PLATELET COUNT	159000	cells/cu.mm	150000-410000	Electrical impedence	
ERYTHROCYTE SEDIMENTATION RATE (ESR)	04	mm at the end of 1 hour	0-15	Modified Westergren	
PERIPHERAL SMEAR					

Page 2 of 12

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Patient I	Name	: Mr.VISHAL SEHGAL	Ш	Collected	: 23	3/Mar/2024	12:59P	MExpertise.	Empowering you.
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DEPARTMENT OF HAEMATOLOGY

ARCOFEMI - MEDIWHEEL - FULL BODY STANDARD PLUS MALE - PAN INDIA - FY2324

Test Name	Result	Unit	Bio. Ref. Range	Method
BLOOD GROUP ABO AND RH FACTOR	, WHOLE BLOOD EDTA			
BLOOD GROUP TYPE	Α			Gel agglutination
Rh TYPE	POSITIVE			Gel agglutination



Page 3 of 12

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Collected : 23/Mar/2024 02:00PMExpertise. Empowering you. Patient Name : Mr.VISHAL SEHGAL

Age/Gender : 35 Y 4 M 27 D/M Received : 23/Mar/2024 04:10PM UHID/MR No Reported : CAOP.0000000081 : 26/Mar/2024 04:36PM

Visit ID : CAOPOPV86 Status : Final Report

: ARCOFEMI HEALTHCARE LIMITED Ref Doctor : Dr.SELF Sponsor Name

DEPARTMENT OF BIOCHEMISTRY

ARCOFEMI - MEDIWHEEL - FULL BODY STANDARD PLUS MALE - PAN INDIA - FY2324

Test Name	Result	Unit	Bio. Ref. Range	Method
GLUCOSE, FASTING, NAF PLASMA	87	mg/dL	70-100	GOD - POD

Comment:

Emp/Auth/TPA ID

As per American Diabetes Guidelines, 2023

: 573491

Fasting Glucose Values in mg/dL	Interpretation
70-100 mg/dL	Normal
100-125 mg/dL	Prediabetes
≥126 mg/dL	Diabetes
<70 mg/dL	Hypoglycemia

Note:

- 1.The diagnosis of Diabetes requires a fasting plasma glucose of > or = 126 mg/dL and/or a random / 2 hr post glucose value of > or = 200 mg/dL on occasions.
- 2. Very high glucose levels (>450 mg/dL in adults) may result in Diabetic Ketoacidosis & is considered critical.

Test Name	Result	Unit	Bio. Ref. Range	Method
GLUCOSE, POST PRANDIAL (PP), 2 HOURS, SODIUM FLUORIDE PLASMA (2 HR)	97	mg/dL	70-140	GOD - POD

Comment:

It is recommended that FBS and PPBS should be interpreted with respect to their Biological reference ranges and not with each other.

Conditions which may lead to lower postprandial glucose levels as compared to fasting glucose levels may be due to reactive hypoglycemia, dietary meal content, duration or timing of sampling after food digestion and absorption, medications such as insulin preparations, sulfonylureas, amylin analogues, or conditions such as overproduction of insulin.

Page 4 of 12

Dr.Shivangi Chauhan M.B.B.S, M.D(Pathology) Consultant Pathologist

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Patient Name : Mr.VI	SHAL SEHGAL	Co	ollected :	: 23/Mar/2024	12:59PMExpertise.	Empowering you.
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DEPARTMENT OF BIOCHEMISTRY

ARCOFEMI - MEDIWHEEL - FULL BODY STANDARD PLUS MALE - PAN INDIA - FY2324

Test Name	Result	Unit	Bio. Ref. Range	Method
HBA1C (GLYCATED HEMOGLOBIN),	WHOLE BLOOD EDTA			
HBA1C, GLYCATED HEMOGLOBIN	5.8	%		HPLC
ESTIMATED AVERAGE GLUCOSE (eAG)	120	mg/dL		Calculated

Comment:

Reference Range as per American Diabetes Association (ADA) 2023 Guidelines:

REFERENCE GROUP	HBA1C %
NON DIABETIC	<5.7
PREDIABETES	5.7 - 6.4
DIABETES	≥ 6.5
DIABETICS	
EXCELLENT CONTROL	6-7
FAIR TO GOOD CONTROL	7 – 8
UNSATISFACTORY CONTROL	8 – 10
POOR CONTROL	>10

Note: Dietary preparation or fasting is not required.

- 1. HbA1C is recommended by American Diabetes Association for Diagnosing Diabetes and monitoring Glycemic Control by American Diabetes Association guidelines 2023.
- 2. Trends in HbA1C values is a better indicator of Glycemic control than a single test.
- 3. Low HbA1C in Non-Diabetic patients are associated with Anemia (Iron Deficiency/Hemolytic), Liver Disorders, Chronic Kidney Disease. Clinical Correlation is advised in interpretation of low Values.
- 4. Falsely low HbA1c (below 4%) may be observed in patients with clinical conditions that shorten erythrocyte life span or decrease mean erythrocyte age. HbA1c may not accurately reflect glycemic control when clinical conditions that affect erythrocyte survival are present.
- 5. In cases of Interference of Hemoglobin variants in HbA1C, alternative methods (Fructosamine) estimation is recommended for Glycemic Control
 - B: Homozygous Hemoglobinopathy.

(Hb Electrophoresis is recommended method for detection of Hemoglobinopathy)

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Collected : 23/Mar/2024 12:59PMExpertise. Empowering you. Patient Name : Mr.VISHAL SEHGAL

Age/Gender : 35 Y 4 M 27 D/M Received : 23/Mar/2024 02:18PM Reported UHID/MR No : CAOP.0000000081 : 26/Mar/2024 04:17PM

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DEPARTMENT OF BIOCHEMISTRY

ARCOFEMI - MEDIWHEEL - FULL BODY STANDARD PLUS MALE - PAN INDIA - FY2324

Test Name	Result	Unit	Bio. Ref. Range	Method
LIPID PROFILE , SERUM			1	
TOTAL CHOLESTEROL	192	mg/dL	<200	CHE/CHO/POD
TRIGLYCERIDES	119	mg/dL	<150	
HDL CHOLESTEROL	45	mg/dL	>40	CHE/CHO/POD
NON-HDL CHOLESTEROL	147	mg/dL	<130	Calculated
LDL CHOLESTEROL	123.2	mg/dL	<100	Calculated
VLDL CHOLESTEROL	23.8	mg/dL	<30	Calculated
CHOL / HDL RATIO	4.27		0-4.97	Calculated
ATHEROGENIC INDEX (AIP)	0.06		<0.11	Calculated

Comment:

Reference Interval as per National Cholesterol Education Program (NCEP) Adult Treatment Panel III Report.

	Desirable	Borderline High	High	Very High
TOTAL CHOLESTEROL	< 200	200 - 239	≥ 240	
TRIGLYCERIDES	<150	150 - 199	200 - 499	≥ 500
LDL	Optimal < 100; Near Optimal 100- 129	130 - 159	160 - 189	≥ 190
HDL	≥60			
NON-HDL CHOLESTEROL	Optimal <130; Above Optimal 130-159	160-189	190-219	>220
ATHEROGENIC INDEX(AIP)	<0.11	0.12 - 0.20	>0.21	

Note:

- 1) Measurements in the same patient on different days can show physiological and analytical variations.
- 2) NCEP ATP III identifies non-HDL cholesterol as a secondary target of therapy in persons with high triglycerides.
- 3) Primary prevention algorithm now includes absolute risk estimation and lower LDL Cholesterol target levels to determine eligibility of drug therapy.
- 4) Low HDL levels are associated with coronary heart disease due to insufficient HDL being available to participate in reverse

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Dr.Shivangi Chauhan M.B.B.S, M.D(Pathology) Consultant Pathologist

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Patient Name : Mr.VISHAL SEHGAL Collected : 23/Mar/2024 12:59PMExpertise. Empowering you.

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DEPARTMENT OF BIOCHEMISTRY

ARCOFEMI - MEDIWHEEL - FULL BODY STANDARD PLUS MALE - PAN INDIA - FY2324

cholesterol transport, the process by which cholesterol is eliminated from peripheral tissues.

- 5) As per NCEP guidelines, all adults above the age of 20 years should be screened for lipid status. Selective screening of children above the age of 2 years with a family history of premature cardiovascular disease or those with at least one parent with high total cholesterol is recommended.
- 6) VLDL, LDL Cholesterol Non-HDL Cholesterol, CHOL/HDL RATIO, LDL/HDL RATIO are calculated parameters when Triglycerides are below 400 mg/dl. When

Triglycerides are more than 400 mg/dl LDL cholesterol is a direct measurement.

7) Triglycerides and HDL-cholesterol in Atherogenic index (AIP) reflect the balance between the atherogenic and protective lipoproteins. Clinical studies have shown that AIP (log (TG/HDL) & values used are in mmol/L) predicts cardiovascular risk and a useful measure of response to treatment (pharmacological intervention).



Anollo Health



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DEPARTMENT OF BIOCHEMISTRY

ARCOFEMI - MEDIWHEEL - FULL BODY STANDARD PLUS MALE - PAN INDIA - FY2324

Test Name	Result	Unit	Bio. Ref. Range	Method
IVER FUNCTION TEST (LFT) , SERUM				
BILIRUBIN, TOTAL	0.50	mg/dL	0.1-1.2	Azobilirubin
BILIRUBIN CONJUGATED (DIRECT)	0.10	mg/dL	0.1-0.4	DIAZO DYE
BILIRUBIN (INDIRECT)	0.40	mg/dL	0.0-1.1	Dual Wavelength
ALANINE AMINOTRANSFERASE (ALT/SGPT)	102	U/L	4-44	JSCC
ASPARTATE AMINOTRANSFERASE (AST/SGOT)	50.0	U/L	8-38	JSCC
ALKALINE PHOSPHATASE	63.00	U/L	32-111	IFCC
PROTEIN, TOTAL	8.10	g/dL	6.7-8.3	BIURET
ALBUMIN	4.30	g/dL	3.8-5.0	BROMOCRESOL GREEN
GLOBULIN	3.80	g/dL	2.0-3.5	Calculated
A/G RATIO	1.13	14/1	0.9-2.0	Calculated

Please correlate clinically.

Comment:

LFT results reflect different aspects of the health of the liver, i.e., hepatocyte integrity (AST & ALT), synthesis and secretion of bile (Bilirubin, ALP), cholestasis (ALP, GGT), protein synthesis (Albumin)

Common patterns seen:

1. Hepatocellular Injury:

- AST Elevated levels can be seen. However, it is not specific to liver and can be raised in cardiac and skeletal injuries.
- ALT Elevated levels indicate hepatocellular damage. It is considered to be most specific lab test for hepatocellular injury. Values also correlate well with increasing BMI .• Disproportionate increase in AST, ALT compared with ALP. Bilirubin may be elevated.
- AST: ALT (ratio) In case of hepatocellular injury AST: ALT > 1In Alcoholic Liver Disease AST: ALT usually >2. This ratio is also seen to be increased in NAFLD, Wilsons's diseases, Cirrhosis, but the increase is usually not >2.

2. Cholestatic Pattern:

- ALP Disproportionate increase in ALP compared with AST, ALT.
- Bilirubin may be elevated.• ALP elevation also seen in pregnancy, impacted by age and sex.
- To establish the hepatic origin correlation with GGT helps. If GGT elevated indicates hepatic cause of increased ALP.
- 3. Synthetic function impairment: Albumin- Liver disease reduces albumin levels. Correlation with PT (Prothrombin Time) helps.

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DEPARTMENT OF BIOCHEMISTRY

ARCOFEMI - MEDIWHEEL - FULL BODY STANDARD PLUS MALE - PAN INDIA - FY2324

Test Name	Result	Unit	Bio. Ref. Range	Method
RENAL PROFILE/KIDNEY FUNCTION	TEST (RFT/KFT) , SEF	RUM		
CREATININE	0.76	mg/dL	0.6-1.1	ENZYMATIC METHOD
UREA	22.00	mg/dL	17-48	Urease
BLOOD UREA NITROGEN	10.3	mg/dL	8.0 - 23.0	Calculated
URIC ACID	8.50	mg/dL	4.0-7.0	URICASE
CALCIUM	9.60	mg/dL	8.4-10.2	CPC
PHOSPHORUS, INORGANIC	3.30	mg/dL	2.6-4.4	PNP-XOD
SODIUM	140	mmol/L	135-145	Direct ISE
POTASSIUM	4.1	mmol/L	3.5-5.1	Direct ISE
CHLORIDE	98	mmol/L	98-107	Direct ISE
PROTEIN, TOTAL	8.10	g/dL	6.7-8.3	BIURET
ALBUMIN	4.30	g/dL	3.8-5.0	BROMOCRESOL GREEN
GLOBULIN	3.80	g/dL	2.0-3.5	Calculated
A/G RATIO	1.13		0.9-2.0	Calculated

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DEPARTMENT OF BIOCHEMISTRY

ARCOFEMI - MEDIWHEEL - FULL BODY STANDARD PLUS MALE - PAN INDIA - FY2324

Test Name	Result	Unit	Bio. Ref. Range	Method
GAMMA GLUTAMYL TRANSPEPTIDASE (GGT) , SERUM	62.00	U/L	16-73	Glycylglycine Kinetic method



Page 10 of 12

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DEPARTMENT OF IMMUNOLOGY

ARCOFEMI - MEDIWHEEL - FULL BODY STANDARD PLUS MALE - PAN INDIA - FY2324

Test Name	Result	Unit	Bio. Ref. Range	Method			
THYROID PROFILE TOTAL (T3, T4, TSH) , SERUM							
TRI-IODOTHYRONINE (T3, TOTAL)	1.41	ng/mL	0.7-2.04	CLIA			
THYROXINE (T4, TOTAL)	12.24	μg/dL	5.48-14.28	CLIA			
THYROID STIMULATING HORMONE (TSH)	3.210	μIU/mL	0.34-5.60	CLIA			

Comment:

For pregnant females	Bio Ref Range for TSH in uIU/ml (As per American Thyroid Association)			
First trimester	0.1 - 2.5			
Second trimester	0.2 - 3.0			
Third trimester	0.3 - 3.0			

- 1. TSH is a glycoprotein hormone secreted by the anterior pituitary. TSH activates production of T3 (Triiodothyronine) and its prohormone T4 (Thyroxine). Increased blood level of T3 and T4 inhibit production of TSH.
- 2. TSH is elevated in primary hypothyroidism and will be low in primary hyperthyroidism. Elevated or low TSH in the context of normal free thyroxine is often referred to as sub-clinical hypo- or hyperthyroidism respectively.
- 3. Both T4 & T3 provides limited clinical information as both are highly bound to proteins in circulation and reflects mostly inactive hormone. Only a very small fraction of circulating hormone is free and biologically active.
- 4. Significant variations in TSH can occur with circadian rhythm, hormonal status, stress, sleep deprivation, medication & circulating antibodies.

TSH	Т3	T4	FT4	Conditions
High	Low	Low	Low	Primary Hypothyroidism, Post Thyroidectomy, Chronic Autoimmune Thyroiditis
High	N	N	N	Subclinical Hypothyroidism, Autoimmune Thyroiditis, Insufficient Hormone Replacement Therapy.
N/Low	Low	Low	Low	Secondary and Tertiary Hypothyroidism
Low	High	High	High	Primary Hyperthyroidism, Goitre, Thyroiditis, Drug effects, Early Pregnancy
Low	N	N	N	Subclinical Hyperthyroidism
Low	Low	Low	Low	Central Hypothyroidism, Treatment with Hyperthyroidism
Low	N	High	High	Thyroiditis, Interfering Antibodies
N/Low	High	N	N	T3 Thyrotoxicosis, Non thyroidal causes
High	High	High	High	Pituitary Adenoma; TSHoma/Thyrotropinoma

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Dr.Shivangi Chauhan M.B.B.S, M.D(Pathology) Consultant Pathologist



Apollo Health and Lifestyle Limited

SIN No:SPL24054264

Registered Office

Email ID: customer.care@apollodiagnostics.in



: 573491



Patient Name : Mr.VISHAL SEHGAL Collected : 23/Mar/2024 12:59PMExpertise. Empowering you.

 Age/Gender
 : 35 Y 4 M 27 D /M
 Received
 : 23/Mar/2024 02:11PM

 UHID/MR No
 : CAOP.0000000081
 Reported
 : 26/Mar/2024 04:18PM

Visit ID : CAOPOPV86 Status : Final Report

Ref Doctor : Dr.SELF Sponsor Name : ARCOFEMI HEALTHCARE LIMITED

DEPARTMENT OF CLINICAL PATHOLOGY

ARCOFEMI - MEDIWHEEL - FULL BODY STANDARD PLUS MALE - PAN INDIA - FY2324

Test Name	Result	Unit	Bio. Ref. Range	Method
COMPLETE URINE EXAMINATION (CUE) , URINE			
PHYSICAL EXAMINATION				
COLOUR	PALE YELLOW		PALE YELLOW	Visual
TRANSPARENCY	CLEAR		CLEAR	Visual
рН	6.5		5-7.5	Bromothymol Blue
SP. GRAVITY	1.015		1.002-1.030	Dipstick
BIOCHEMICAL EXAMINATION				
URINE PROTEIN	NEGATIVE	5	NEGATIVE	PROTEIN ERROR OF INDICATOR
GLUCOSE	NEGATIVE		NEGATIVE	GOD-POD
URINE BILIRUBIN	NEGATIVE	0	NEGATIVE	AZO COUPLING
URINE KETONES (RANDOM)	NEGATIVE	3	NEGATIVE	NITROPRUSSIDE
UROBILINOGEN	NORMAL	12/	NORMAL	EHRLICH
NITRITE	NEGATIVE	V. 11	NEGATIVE	Dipstick
LEUCOCYTE ESTERASE	NEGATIVE		NEGATIVE	PYRROLE HYDROLYSIS
CENTRIFUGED SEDIMENT WET M	OUNT AND MICROSCOP	Y		
PUS CELLS	2-3	/hpf	0-5	Microscopy
EPITHELIAL CELLS	1-2	/hpf	<10	MICROSCOPY
RBC	NILOHOL	/hpf	0-2	MICROSCOPY
CASTS	NIL		0-2 Hyaline Cast	MICROSCOPY
CRYSTALS	ABSENT		ABSENT	MICROSCOPY

*** End Of Report ***

*NOTE- This is an Amended report. This reports supersedes all previous released reports on 26-Mar-2024 and 02:48 PM.

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Dr.Shivangi Chauhan M.B.B.S,M.D(Pathology) Consultant Pathologist



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