



## **HEALTH CHECK-UP**

NAME

- Mr. Dharambir Singh AGE - 40 Y/M DATE: 31.07.2024

ADDRESS - APOLLO.

#### ON EXAMINATION;

Height 160cm

. Weight60

Pulse

83 /min

BP 110/80 mmHg.

#### SYSTEMS

Respiratory a)

Normal vesicular breath sounds

No adventitious sound

Cardio Vascular b)

S1 S2 normal, No murmur

Central Nervous c)

Normal

Abdomen d)

Soft

Liver/Spleen - Not palpable

e) Locomotor Normal

CHEST X-RAY - Haziness is noted in right para cardiac region. Both hila appear prominent.

ECG - Normal

USG- Fatty liver Grade 1.

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BIOCHEMICAL	ANALYSIS:
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ESR	10
CHOLESTEROL	205.0
SERUM TRIGLYCERIDES	229,0
VLDL CHOLESTEROL	45.8
TOTAL CHOLESTEROL/HI	DL 5.8
SERUM URIC ACID	8.8
SGOT	41.3
SGPT	61.2

Advice: Regular Exercise Low fat diet

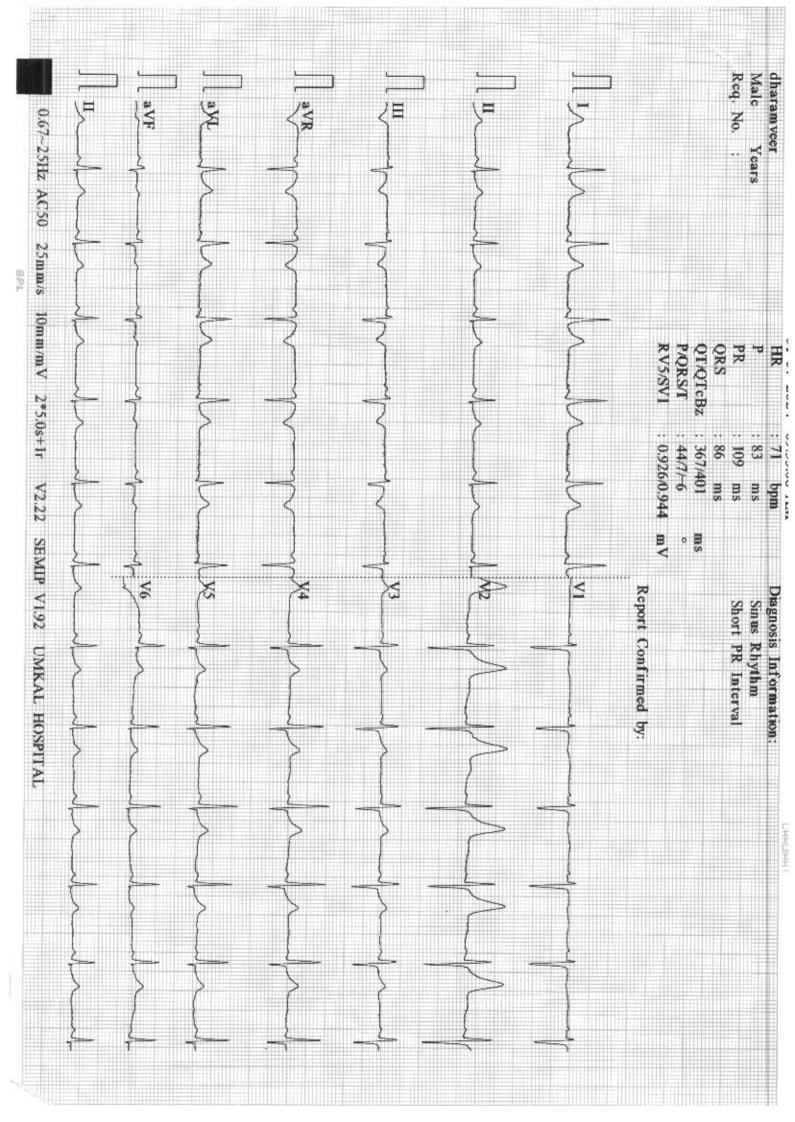
Review in OPD for.

GENERAL PHYSICIAN

DR. ANU (Internal Medicine)
MBBS, MD (Internal Medicine)
Regn. No-DMC/R/-23794
Umkal Hospital Pvt. Ltd.

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# Quality Care Affordable For All



31/2/24

Drazantir Fryn I wog Male

Pt come for orgaler annual health check-up

Been complante NO

Peua Willy \_\_

Perenes with ... Ug. Dies

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Allergic with \_ Not Figure and.

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COT : O TO & CA Regn. No-DMC/R/23794.

DR. ANUJ GU MBBS, MD (Internal Modicine) Umkal Hospital Pyt, Ltd.

CNS :- NAD

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Dharamber Singer 30.7.24

V = 6/6 6/6 N V - N-12 N V C YR - N-6 COLON MS - WML WML

A-520, Sushant Lok-I, Gurugram- 122 002 Ph.: 0124-4 666 555 Mobile : 88600 77501 Emergency Ph No.: 0124 4100000







: Mr. DHARAMBIR SINGH

Age/Gender

: 40 Y/M

Admitting Doctor :

Lab ID No

: LAB068132

MR No

Visit ID

Sample Collected on Sample Received on

Report Released on

: 31-07-2024 09:15

: UH038764

: OP051018

.

: 31-07-2024 12:27

# Laboratory Report

## Hematology

Test Description	Result	Units	Ref Range
Sample Type: Whole Blood			
CBC WITH ESR			
HAEMOGLOBIN	13.4	gm/dL	13 - 18
TOTAL LEUCOCYTE COUNT	7,700	cell/cum	4000 - 11000
D.L.C = POLYMORPHS	68	%	40 - 75
LYMPHOCYTES	27	%	20 - 45
EOSINOPHILS	03	%	01 - 06
MONOCYTES	02	%	0 - 08
BASOPHILS	00	%	0 - 01
E.S.R (WINTROBE)	10 *	mm/1st	0 - 9
RED BLOOD CELLS	4.6	Millions	3.5 - 5.5
PLATELET COUNT	1.5	lakh/cum	1.5 - 4.5
P.C.V	40.5	%	35 - 50
M.C.V	87.5	n	80 - 96
M.C.H	29.2	pg	27 - 32
M.C.H.C	33.3	%	32 - 36

\*\*\*End of the report\*\*\*

Checked By Lab Technician

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Emergency Ph No.: 0124 4100000

Verified By

DR. PRIYAVART MEHARWAL MBBS, MD

MBBS, MD Pathologist







: Mr. DHARAMBIR SINGH

Age/Gender

: 40 Y/M

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: UH038764 : OP051018

: 31-07-2024 09:15

: 31-07-2024 12:31

## Laboratory Report

## Hematology

#### PERIPHERAL BLOOD SMEAR

SMEAR SHOWS NORMOCYTIC NORMOCHROMIC PICTURE OF RBC'S WITH MILD ANISOPOIKILOCYTOSIS. WBC'S SERIES SHOWS NORMAL IN COUNT AND MORPHOLOGY. PLATELETS ARE ADEQUATE. NO HEMOPARASITES SEEN.

\*\*\*End of the report\*\*\*

Checked By

Lab Technician

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: Mr. DHÁRAMBIR SINGH

Age/Gender

: 40 Y/M

Admitting Doctor :

Lab ID No

: LAB068132

MR No Visit ID : UH038764 : OP051018

Sample Collected on

: 31-07-2024 09:15

Sample Received on Report Released on -

: 31-07-2024 13:16

# Laboratory Report

## Biochemistry

Test Description	Result	<u>Units</u>	Ref Range
Sample Type: Serum			
SERUM LIPID PROFILE 1514			
CHOLESTEROL	205.0 *	mg/dl	150 - 200
SERUM TRIGLYCERIDES	229.2 *	mg/dl	70 - 170
HDL CHOLESTEROL	35.0	mg/dl	30 - 88
LDL CHOLESTEROL	124.2	mg/dl	upto - 150
VLDL CHOLESTEROL	45.8 *	mg/dl	20 - 45
TOTAL CHOLESTEROL/HDL	5.8 *	ref.cut	upto - 4.96
LDL/HDL RATIO	3.5	ref.cut.	upto - 4.96
Sample Type: Serum			
KFT			
BLOOD UREA	27.3	mg/dl	10 - 50
SERUM CREATININE	1.0	mg/dl	0.6 - 1.2
SERUM URIC ACID	8.8 *	mg/dl	3.5 - 7.0
SERUM SODIUM	142.0	mEq/I	135 - 155
SERUM POTASSIUM	4.0	mEq/I	3.5 - 5.5
SERUM CALCIUM	9.2	mg/dl	8.6 - 10.6
Sample Type: Serum			
G.G.T.P. 1533			
G.G.T.P.	22.0	U/ML	upto - 47
9 1 T 9			

Sample Type: Serum

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Verified By

DR. PRIYAVART MEHARWAL MBBS. MD

MBBS, MD Pathologist







Nama	: Mr. DHARAMBIR SINGH		MR No	: UH038764	- 1
Name Age/Gender	: 40 Y/M		Visit ID	: OP051018	
Admitting Doctor			Sample Collected on	: 31-07-2024 09:15	
Lab ID No	: LAB068132		Sample Received on Report Released on	: : 31-07-2024 13:16	
LFT 1513			report retended on		
S.G.O.T		41.3 *	U/L	upto - 40	
S.G.P.T		61.2 *	U/L	upto - 45	
S. BILIRUBIN	(TOTAL)	0.92	mg/dl	0.1 - 1.2	
S. BILIRUBIN	(DIRECT)	0.29	mg/dl	upto - 0.30	
ALKALINE PI	HOSPHATASE	152.0	U/L	60 - 170	
TOTAL PROT	EINS	7.5	g/dl	6.5 - 8.0	
ALBUMIN		4.4	g/dl	3.5 - 5.5	
GLOBUMIN		3.1	g/dl	2.3 - 3.5	
A:G RATIO		1.4:1		1.5 - 2.5	

\*\*\*End of the report\*\*\*

Prenchal

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DR. PRIYAVART MEHARWAL MBBS, MD







: Mr. DHARAMBIR SINGH

Age/Gender

: 40 Y/M

Admitting Doctor

Lab ID No

: LAB068132

: UH038764

Visit ID

Sample Collected on

: OP051018 : 31-07-2024 09:15

Sample Received on Report Released on

: 31-07-2024 13:05

# Laboratory Report

### Biochemistry

#### T3, T4, TSH

Tests	Results	Biological Reference Range	Units
Triiodothyronine, Total (T3) (Serum,CMIA)	1.58	1.30 - 3.10	nmol/mL
Thyroxine, Total (T4) (Serum,CMIA)	94.2	59 - 154	nmol/mL
TSH Ultra Sensitive (Serum,CMIA)	4.5	0.27 - 4.8	μlU/mL

#### Comment

T3 or 3 5 3 triiodothyronine is a hormone synthesized and secreted from the thyroid gland, and formed by peripheral deiodination of thyroxine (T4). The determination of it in serum is essential in assessing thyroid functions. T3 is secreted by thyroid glands and circulates in the blood stream; mostly bound to the plasma protein, thyroxin binding globulin (TBG) and prealbumin and albumin. T4 or Thyroxine or 3,5,3,5-tetraiodothyronine is a hormone synthesized and secreted by the thyroid gland and plays an important role in regulating metabolism. In the peripheral tissues it act as a prohormone which is further metabolized to another most active thyroid hormone, tri- iodothyronine (T3) and other inactive metabolites such as reverse T3.

TSH or Thyroid-stimulating hormone is a hormone synthesized and secreted by Pituitary gland. TSH is glycoprotein with two non-covalently bound alpha and beta subunits. The beta subunit of TSH is unique, which results in the specific biochemical and immunological properties of this hormone. The ability to quantitate circulating levels of TSH is important in evaluating thyroid function. It is especially useful in the differential diagnosis of primary (thyroid) from secondary (pituitary) and tertiary (hypothalamus) hypothyroidism.

HBA1C 1510

**Test Name** 

Value

Unit

Bio Ref.Interval

Checked By

Lab Technician

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Emergency Ph No.: 0124 4100000

Verified By

DR. PRIYAVART MEHARWAL MBBS, MD





: Mr. DHARAMBIR SINGH

Age/Gender

: 40-Y/M

Admitting Doctor :

Lab ID No

: LAB068132

MR No

: UH038764

Visit ID

: OP051018

Sample Collected on

: 31-07-2024 09:15

Sample Received on

Report Released on

: 31-07-2024 13:05

HbA1c (Glycated Haemoglobin)

5.4

%

4.0 - 6.2

#### REMARKS-

In vitro quantitative determination of HbA1c in whole blood is utilized in long term monitoring of glyccmia. The HbA1c level correlates with the mean glucose concentration prevailing in the course of the patient's recent history (approx - 6-8 weeks) and therefore provides much more reliable information for glycemia monitoring than do determinations of blood glucose or urinary glucose. It is recommended that the determination of HbA1c be performed at intervals of 4-6 weeks during Diabetes Mellitus therapy. Results of HbA1c should be assessed in conjunction with the patient's medical history, clinical examinations and other findings.

The American Diabetes Association(ADA) recommendations are summarized as below:

Ref Range for HBA1c (In %):

Non diabetic Adults ( Age >=18 years ) < 5.7

At risk (Pre-Diabetic): 5.7-6.4 Diagnosing Diabetes: >= 6.5

HbA1c goals in treatment of diabetes:

Ages 0-6 years: 7.6% - 8.4%

Ages 6-12 years: <8%

Ages 13-19 years: <7.5%

Adults: <7%

\*\*\*End of the report\*\*\*

Lab Technician

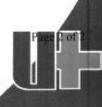
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DR. PRIYAVART MEHARWAL MBBS, MD







: Mr. DHARAMBIR SINGH

Age/Gender

: 40-Y/M

Admitting Doctor :

Lab ID No

: LAB068132

MR No

Visit ID

: UH038764 : OP051018

Sample Collected on

: 31-07-2024 09:15

Sample Received on

Report Released on : 31-07-2024 13:17

# Laboratory Report

## Biochemistry

Test Description	Result	Units	Ref Range
Sample Type: Serum			
BLOOD SUGAR - FASTING			
BLOOD SUGAR FASTING	98.2	mg/dl	70 - 110
Sample Type: Serum			
BLOOD SUGAR - PP 1465			
BLOOD SUGAR PP 1465	135.8	mg/dl	70 - 140
	Hematology		
Test Description	Result	Units	Ref Range
Sample Type: Whole Blood	3		
BLOOD GROUP (ABO & RH TYPING)	"B" POSITI	VE	

\*\*\*End of the report\*\*\*

Checked By Lab Technician

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Emergency Ph No.: 0124 4100000

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: Mr. DHARAMBIR SINGH

Age/Gender

: 40 Y/M

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Lab ID No

: LAB068132

MR No

: UH038764

Visit ID

: OP051018

Sample Collected on

: 31-07-2024 09:15

Sample Received on

Report Released on

: 31-07-2024 13:06

# **Laboratory Report**

## Biochemistry

**Test Description** 

Result

Units

Units

Ref Range

Ref Range

Sample Type: Urine

URINE SUGAR FASTING

NIL

Sample Type: Urine URINE SUGAR PP

Urine Sugar PP

**Test Description** 

NIL

Result

### CLINICAL PATHOLOGY

Sample Type: Urine		
URINE ROUTINE & MICROSCOPIC 1383		
COLOUR	P.YELLOW	
APPEARANCE	CLEAR	19
SPEC.GRAVITY	1,020	
REACTION	6.0	
ALBUMINE	NIL	
SUGAR	NIL	
KETONE BODIES	NIL	
BLOOD	NIL	
LEUKOCYTES	NIL -	
NITRITE	NIL	
UROBILINOGEN	NIL	
MICROSCOPIC EXAM	T.	

Checked By Lab Technician

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Emergency Ph No.: 0124 4100000

Verified By

DR. PRIYAVART MEHARWAL MBBS, MD







Name	: Mr. DHARAMBIR SINGH		MR No	: UH038764	
Age/Gender	: 40 Y/M		Visit ID	: OP051018	
Admitting Doctor	4		Sample Collected on	: 31-07-2024 09:15	
Lab ID No	: LAB068132		Sample Received on	;	
Productive Constitution	- Good Cart State Cartes State Printers Cartes		Report Released on	: 31-07-2024 13:06	
PUS CELLS		2-3	/HPF	0 - 05	
RBC CELLS		NIL	/HPF	0 - 02	
EP CELLS	*	1-2	/HPF	0 - 05	
CASTS		NIL			
CRYSTALS		NIL			
BACTERIA		NIL			
OTHER		NIL			

\*\*\*End of the report\*\*\*

Checked By Lab Technician

UMKAL Hospital Pvt. Ltd

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Emergency Ph No.: 0124 4100000

Verified By

DR. PRIYAVART MEHARWAL MBBS, MD







Age/Gender

Admitting Doctor

: Mr. DHARAMBIR SINGH

: 40 Y/M

MR No Visit ID Order Date Report Date

: UH038764 : OP051018

: 31-07-2024 10:04

: 31-07-2024 16:25.

## Radiology Report

X-Ray

# CHEST X-RAY PA VIEW

# Finding -

Haziness is noted in right para cardiac region.

Trachea appears in the midline.

Both hila appear prominent.

Cardiac size appears normal.

Both CP angle and cardiophrenic angle appears normal.

Diaphragm appears normal on both sides.

Visualized rib cage appears normal.

Please correlate clinically

DR ARUSHI BHARTIYA CONSULTANT RADIOLOGIST

Technician
UMKAL Hospital Pvt. Ltd

A-520, Sushant Lok-I, Gurugram- 122 002 Ph.: 0124-4 666 555 Mobile : 88600 77501 Emergency Ph No.: 0124 4100000









: Mr. DHARAMBIR SINGH

Age/Gender

: 40 Y/M Admitting Doctor

Visit ID

Order Date Report Date : UH038764 : OP051018

: 31-07-2024 10:04 : 31-07-2024 10:42

## Radiology Report

#### Ultrasound

## ULTRASOUND WHOLE ABDOMEN

#### Gascous abdomen

Liver:

Liver is normal in size with fatty liver Grade I. No focal lesion seen.

No intrahepatic biliary radicle dilatation seen.

Gall Bladder:

The Gall Bladder is partially contracted.

Gall Bladder wall thickness normal. CBD and Portal vein are normal.

Pancreas :-

The pancreas is normal in size, shape and echotexture.

No Peripancreatic collection seen.

Kidneys:

Right kidney:- is normal in size ,shape & position.

Echotexture of sinus & cortex normal. No calyceal dilatation scen.

No calculus/mass lesion seen. Corticomedullary differentiation maintained.

Left kidney:- is normal in size ,shape & position.

Echotexture of sinus & cortex normal. No calveeal dilatation seen.

No calculus/mass lesion seen.Corticomedullary differentiation maintained

Spleen:

The Spleen is normal in size, shape and echotexture.

U Bladder:

Urinary bladder is well distended and shows normal wall thickness. No

calculus/mass lesion seen.

PROSTATE:

Is normal in size and echotexture.

No free fluid seen. No collection seen.

IMPRESSION: Fatty liver Grade I.

Please correlate clinically.

DR ARUSHI BHARTIYA CONSULTANT RADIOLOGIST

UMKAL Hospital Pvt. Ltd

A-520, Sushant Lok-I, Gurugram- 122 002 Ph.: 0124-4 666 555 Mobile: 88600 77501

Emergency Ph No.: 0124 4100000

Verified By



DHARAMVIR 40/M OPD MED For Part House Pert 18

31/Jul/2024 10:30:42



DHARAMVIR 40M OPD MED Ter Pac That Pag 517

31/Jul/2024 10:32-27



DHARAMVIR 40/M OPD MED he had the his or

31/Jul/2024 10:33:44 y 1000, 92 51 50 41



DHARAMVIR 40/M OPD MED TET D 100 mm EM CST Fec 110/20 PRS 3

31/Jul/2024 10:35:36 F MM Ms 11 TIS 27



DHARAMVIR 40/M OPD MED

31/Jul/2024 10:31:18



DHARAMVIR 40M OPD MED

31/Jul/2024 10:32:01

DHARAMVIR 40/M OPD MED THE D. THE CO. LANS CO.

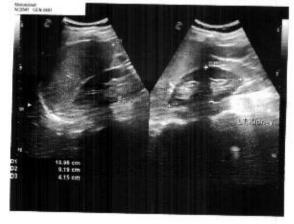
31/Jul/2024 10:35:01



DHARAMVIR 40/M OPD MED

The particular particu

31/Jul/2024 10:33:44 P 19th Mr. 11



Mr. DHARAMBIR SINGH



40 Years/Male

Panel: Umkal Hospital A-500 Substate Cakne Gangloro drawba For othered 122022

Referred By

Reported Status



: Final

#### DEPARTMENT OF IMMUNOASSAY

Test Name	Value	Unit	Bio Ref.Interval	
Prostate Specific Antigen (Total) PSA	0.59	ng/ml	0.0-4.0	

#### INTERPRETATION

Prostate-specific antigen (PSA), a glycoprotein is produced by the prostate gland, the lining of the urethra, and the bulbourethral gland. Normally, very little PSA is secreted in the blood. Increases in glandular size and tissue damage caused by benign prostatic hypertrophy, prostatitis, or prostate cancer may increase circulating PSA levels. PSA exists in serum in multiple forms: complexed to alpha-1-anti-chymotrypsin (PSA-ACT complex); unbound (free PSA), and enveloped by alpha-2-macroglobulin (not detected by immunoassays). When total PSA concentration is <2.0 ng/ml, the probability of prostate cancer in asymptomatic men is low, further testing and free PSA may provide little additional information. When total PSA concentration is >10.0 ng/mL, the probability of cancer is high and prostate biopsy is generally recommended. The total PSA range of 4.0 to 10.0 ng/ml has been described as a diagnostic "gray zone," in which the free:total PSA ratio helps to determine the relative risk of prostate cancer. Therefore, some urologists recommend using the free:total ratio to help select which men should undergo biopsy. However even a negative result of prostate biopsy does not rule-out prostate cancer. Up to 20% of men with negative biopsy results have subsequently been found to have cancer. Higher total PSA levels and lower percentages of free PSA are associated with higher risks of prostate cancer. Based on free:total PSA ratio: the percent probability of finding prostate cancer on a needle biopsy by age in years:

Free PSA as a percent of Total PSA	Probabilty of carcinoma prostate when Total PSA is 4.1 - 10.0 ng / ml
>= 26	8 %
20 - 25	16 %
15 - 20	20 %
10 - 15	28 %
0 - 10	56 %

#### Comments:-

False negative / positive results are observed in patients receiving mouse monoclonal antibodies for diagnosis or therapy.PSA total and free levels may appear consistently elevated / depressed due to the interference by heterophilic antibodies and nonspecific protein binding. Results obtained with different assay kits cannot be used interchangeably. All results should be corelated with clinical findings and results of other investigations.

\*\*\* End Of Report \*\*\*

UMKAL Hospital Pvt. Ltd

A-520, Sushant Lok-I, Gurugram- 122 002

Ph.: 0124-4 666 555 Mosifitosi Runar, Find Microbiology Emergency Ph No.: 0124 \$100000ltant Microbiologist





