



**Mediwheel**  
...Your wellness partner

**Arcofemi Healthcare Pvt Ltd**

(Formerly known as Arcofemi Healthcare Ltd)

F-701A, Lado Sarai, Mehrauli, New Delhi - 110030

Email: wellness@mediwheel.in, Website: www.mediwheel.in

Tel: +91-11-41195959, Fax: +91-11-29523020

CIN: U24240DL2011PTC216307

## **MEDICAL FITNESS CERTIFICATE**

(To be signed by a registered medical practitioner holding a Medical degree)

This is to certify that **Mr. Sumit Dixit** aged, **41yr**. Based on the examination, I certify that he is in good dental and physical health and it is free from any physical defects such as deafness, color blindness, and any chronic or contagious diseases.

Place: **Dehradun**

Date: **26/07/2024**

Name & Signature of

Medical officer



Patient: Barry, Kenneth  
 Date: 11/11/54  
 Time: 11:30 AM  
 Location: ECG Lab  
 Physician: Dr. [Name]  
 Hospital: [Name]

Interpretation:  
 Sinus rhythm, rate 70.  
 Normal ECG.

भारत सरकार  
GOVERNMENT OF INDIA



सुनील कुमार दीक्षित  
Sunit Kumar Dixit  
जन्म तिथि/ DOB:  
19/07/1983  
पुरुष / MALE



6682 8376 1971

मेरा आधार, मेरी पहचान

भारतीय विशिष्ट पहचान प्राधिकरण  
भारत सरकार, नई दिल्ली

पता:  
आत्मज: विष्णु दत्त दीक्षित,  
62, शेखपुरी, नेहरू नगर,  
रुड़की, हरिद्वार,  
उत्तराखण्ड - 247667

Address:  
S/O: Vishnu Dutt Dixit, 62,  
Shekhpuri, Nehru Nagar, Roorkee,  
Haridwar,  
Uttarakhand - 247667

6682 8376 1971

MEERA AADHAAR, MERI PEHACHAN

**PRAKASHDEEP HOSPITAL**  
(A Unit of Rayvin Medico Pvt. Ltd.)  
A Multi Speciality Hospital & Trauma Centre  
Saharanpur Road, Niranjanpur, Mairā, Dehradun-248001

**Fw: Health Check up Booking Request(36E1633)**

1 message

**sunit dixit** <sunit\_dixit2@yahoo.com>  
Reply-To: sunit dixit <sunit\_dixit2@yahoo.com>  
To: "prakashdeephospital2023@gmail.com" <prakashdeephospital2023@gmail.com>

26 July 2024 at 09:15

Yahoo Mail: Search, organise, conquer

----- Forwarded message -----

**From:** "sunit dixit" <sunit\_dixit2@yahoo.com>  
**To:** "Prakashdeephospital2023@gmail.com" <Prakashdeephospital2023@gmail.com>  
**Cc:**  
**Sent:** Fri, 26 Jul 2024 at 9:13 am  
**Subject:** Fw: Health Check up Booking Request(36E1633)

Yahoo Mail: Search, organise, conquer

----- Forwarded message -----

**From:** "Mediwheel" <wellness@mediwheel.in>  
**To:** "sunit\_dixit2@yahoo.com" <sunit\_dixit2@yahoo.com>  
**Cc:** "customercare@mediwheel.in" <customercare@mediwheel.in>  
**Sent:** Tue, 23 Jul 2024 at 6:19 pm  
**Subject:** Health Check up Booking Request(36E1633)



**Mediwheel**  
Your wellness partner

011-41195959

Dear Sunit Kumar Dixit,

We have received your booking request for the following health checkup,

**User Package Name** : Pre-Employment Health Checkup Male  
**Name of Diagnostic/Hospital** : Prakashdeep hospital  
**Address of Diagnostic/Hospital** : Guru Enclave, Saharanpur Rd, Majra, Dehradun, Uttarakhand 248002  
**Appointment Date** : 26-07-2024  
**Preferred Time** :

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Saharanpur Road, Niranjanpur, Majra, Dehradun-248001

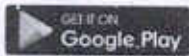
**Member Information**

Member Information		
Booked Member Name	Age	Gender
Sunit Kumar Dixit	41 year	Male

**Tests included in this Package**

Urine Analysis Creatinine Billirubin Total CBC Blood Group ABO RH Typing Blood Glucose (Post Prandial) SGPT BUN ESR Blood Glucose (Fasting) Chest X-ray ECG Eye Check-up consultation General Physician Consultation

Thanks,  
Mediwheel Team  
Please Download Mediwheel App



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**PRAKASHDEEP HOSPITAL**  
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Saharanpur Road, Niranjanpur, Meera, Dehradun-248001

(A Unit of Rajvin Medico Pvt. Ltd.)

BP - 130/90 mmHg

PR - 96 bpm

SPO2 - 98%

Temp - 97.0°F

RBS - 146 mg/dL

OPD No: OPDN4093

Date : 27/07/2024

OPD Checkup ID: OCID4104

UHID No: 3402

<b>Patient Name</b>	MR SUNIT KUMAR DIXIT	<b>Age</b>	41 Year
<b>Phone</b>	9719460492	<b>Address</b>	NEAR EPF OFFICE LANE NO. 04 GMS ROAD DEHRADUN

**Consultant Doctor** Dr. ANIL PRAKASH[MEDICINE]

→ Pt came for routine medical check up.

14/0 Post PTC A 2018  
 → 2 Stents in Coronary Artery

ECC  
 80% → LVH

documents not available  
 → HTN  
 taking Ecospirin 20 gold + Eptess 25mg

At present, No fresh complaints.

O/E Conscious/oriented following verbal commands.

No. Pedal edema

Cvs - S<sub>2</sub> Heard.

P/A 2 Soft / Non-tender

Chest - B/L H/E ⊕  
 No added sound

p. 9.0

ADV  
 → IDECTO  
 → HDAC  
 → LFT  
 → Iron profile  
 MCV ↓  
 MCH ↓

- Departments**
- MEDICINE
  - GEN. SURGERY
  - OBS. & GYNAE
  - ORTHOPAEDICS
  - ENT
  - OPHTHALMOLOGY
  - NEUROSURGERY
  - PHYSIOTHERAPY
  - DENTIST

PATHOLOGY LAB.	DIGITAL X-RAY	ULTRASOUND	CT-SCAN	ICU, NICU	DIALYSIS	EMERGENCY 24X7
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ECHO

Qo → Global hypokinesia  
of LV (LCA & RCA territory)

HbA1c = 6.5

Adv

→ ~~FBS, PABBS~~  
→ urine H/M

→ Cardiologist Consultation  
No/O Check Angiography

↓ TB Poly iron 100  
X 15 day  
↓  
AP

AP  
Dr. Anil Prakash  
MBBS, MD Medicine  
Regd. No. UKMC-11637



# PRAKASHDEEP HOSPITAL

A MULTISPECIALITY HOSPITAL AND TRAUMA CENTRE



(A Unit of Rajvin Medico Pvt. Ltd.)

Patient Name : Mr. Sunit Kumar Dixit Reg No. : 11  
 Age/Sex : 41 Yrs. / Male Date : 26/07/2024  
 Referred By : Prakashdeep Hospital Reported On : 26/07/2024

REPORT	RESULTS	UNITS	REF.-RANGE
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### HAEMATOLOGY

HAEMOGLOBIN	12.4	gm%	13.5 - 17.5
TLC	6100	/Cu mm	4000 - 11000

### DIFFERENTIAL LEUCOCYTE COUNT

Neutrophils	54	%.	50-70
Lymphocytes	39	%.	25-40
Eosinophils	03	%.	1-4
Monocytes	04	%.	3-8
Immature Cells	00	%.	

ESR (Wsetergren 's)	17	mm/1st hr	0.0 - 15.0
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R.B.C. COUNT	5.03	million/cu mm	4.5 - 6.5
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PLATELET COUNT	1.15	lacs/cumm	1.5 - 4.5
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P.C.V./ HAEMATOCRIT	40.2	%.	26 - 50
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MCV	79.9	fL	80 - 94
-----	------	----	---------

M C H	24.6	pg	27 - 32
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MCHC	30.8	g/dl	30 - 35
------	------	------	---------

RDW - CD	42.5	fL	37 - 54
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### BIOCHEMISTRY

SERUM CREATININE	1.20	mg/dL.	0.7 - 1.4
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BLOOD UREA	25.0	mg / dl	15-45
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S.G.P.T.	37.8		8 - 40 U/L
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BLOOD SUGAR (F)	135.7	mq/dl	60 - 110
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BLOOD SUGAR P.P.	121.2	mg/dl	80 - 140
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### HAEMATOLOGY

	\$	\$
--	----	----

BLOOD GROUP	"B" POSITIVE
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### BIOCHEMISTRY

S. BILIRUBIN(TOTAL)	0.62	mq/dL.	0.2 - 1.1
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PRAKASHDEEP HOSPITAL

(A Unit of Rajvin Medico Pvt. Ltd.)

Saharanpur Road, Niranjanpur, A Multi Speciality Hospital & Trauma Centre, Saharanpur Road, Niranjanpur, Majra, Dehradun-248001, Uttarakhand  
 Contact : 0135-3568401, 7505327188, 9997144108  
 E-mail : prakashdeephospitalddn@gmail.com  
 Website : www.prakashdeephospital.com





(A Unit of Rajvin Medico Pvt. Ltd.)

Patient Name : Mr. Sunit Kumar Dixit  
 Age/Sex : 41 Yrs. / Male  
 Referred By : Prakashdeep Hospital

Reg No. : 11  
 Date : 26/07/2024  
 Reported On : 26/07/2024

REPORT	RESULTS	UNITS	REF.-RANGE
--------	---------	-------	------------

### URINE EXAMINATION

#### PHYSICAL EXAMINATION

Volume	20		
Colour	Yellow		
Sediment	Absent		Absent
Transparency	Clear		Clear
Specific Gravity	1.020		1.005 - 1.035

#### BIOCHEMICAL EXAMINATION

Reaction	Acidic		
Protein	Nil		Nil
Sugar	Nil		Nil
pH	6.5		5.0 - 7.5
Ketone Bodies	Absent		Absent
Blood	Absent		Absent
Leukocyte	Absent		Absent
Albumin	Absent		Nil


#### MICROSCOPIC EXAMINATION

Red Blood Cells	Nil		Nil
Pus cells	2-3		0-2
Epithelial Cells	1-2		0-2
Crystal	Absent		Nil
Cast	Nil		Nil
Bacteria	Absent		Nil

-----{End of Report}-----

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 A Multi Speciality Hospital & Trauma Centre  
 Saharanpur Road, Niranjapur, Majra, Dehradun-248001

**DR. NEHA BATRA**  
 MBBS, MD-Pathology  
 UIC-01  
**DR. NEHA BATRA**  
 MCh-Path  
**PRAKASHDEEP HOSPITAL**  
 Saharanpur Road, Niranjapur, Majra, Dehradun

Patient Name : Mr Sunit Kumar Dixit	Sample Collected : Jul 27, 2024, 07:33 PM	 <small>NABL M(EL)T/0024</small>	
DOB/Age/Gender : 41 Y/Male	Report Date : Jul 27, 2024, 08:02 PM.		
Patient ID / UHID : 9114439/OF9114439	Barcode No : HQ058252		
Referred By : Self	Report Status : Final Report		
Sample Type : Whole blood EDTA			
<b>Test Description</b>	<b>Value(s)</b>	<b>Unit(s)</b>	<b>Reference Range</b>

**HbA1C (Glycosylated Haemoglobin)**

Glycosylated Hemoglobin (HbA1c) <i>HPLC</i>	6.5	%	< 5.7
Estimated Average Glucose *	139.85	mg/dL	Refer Table Below

Note : Kindly correlate clinically.  
 Advice: Repeat if clinically indicated.

**Interpretation:**  
**Interpretation For HbA1c% As per American Diabetes Association (ADA)**

Reference Group	HbA1c in %
Non diabetic adults >=18 years	<5.7
At risk (Prediabetes)	5.7 - 6.4
Diagnosing Diabetes	>= 6.5
Therapeutic goals for glycemic control	Age > 19 years Goal of therapy: < 7.0 Age < 19 years Goal of therapy: <7.5

**Note:**  
 1. Since HbA1c reflects long term fluctuations in the blood glucose concentration, a diabetic patient who is recently under good control may still have a high concentration of HbA1c. Converse is true for a diabetic previously under good control but now poorly controlled.  
 2. Target goals of < 7.0 % may be beneficial in patients with short duration of diabetes, long life expectancy and no significant cardiovascular disease. In patients with significant complications of diabetes, limited life expectancy or extensive co-morbid conditions, targeting a goal of < 7.0 % may not be appropriate.

**Comments :**  
 HbA1c provides an index of average blood glucose levels over the past 8 - 12 weeks and is a much better indicator of long term glycemic control as compared to blood and urinary glucose determinations ADA criteria for correlation between HbA1c & Mean plasma glucose levels.

HbA1c(%)	Mean Plasma Glucose (mg/dL)	HbA1c(%)	Mean Plasma Glucose (mg/dL)
6	126	12	298
8	183	14	355
10	240	16	413

(\* Parameter(s) are outside the scope of tests recognized under the NABL M(EL)T Scheme.



*Dr. Abhinav Gupta*  
 Dr. Abhinav Gupta  
 MD Pathology  
 Consultant Pathologist

Booking Centre :- Prakash Deep Hospital (Dehradun), Saharanpur Road Niranjapur Majra Near Indian Bank Dehradun 248001  
 Processing Lab :- Redcliffe Lifetech Pvt. Ltd., 41/2, Pocket No.2, Vivek Vihar, GMS Road, Dehradun-248001

Patient Name : **Mr Sunit Kumar Dixit**

DOB/Age/Gender : 41 Y/Male

Patient ID / UHID : 9114439/OF9114439

Referred By : Self

Sample Type : Whole blood EDTA

Sample Collected : Jul 27, 2024, 07:33 PM

Report Date : Jul 27, 2024, 08:02 PM,

Barcode No : HQ058252

Report Status : Final Report



Test Description	Value(s)	Unit(s)	Reference Range
------------------	----------	---------	-----------------

(\*): Parameter(s) are outside the scope of tests recognized under the NABL M(EL)T Scheme.



Dr. Anshul Gupta  
MD Pathology  
Consultant Pathologist

Booking Centre :- Prakash Deep Hospital (Dehradun), Saharanpur Road Niranjapur Majra Near Indian Bank Dehradun 248001

Processing Lab :- Redcliffe Lifetech Pvt. Ltd., 41/2, Pocket No.2, Vivek Vihar, GMS Road, Dehradun-248001

Patient Name : Mr Sunit Kumar Dixit  
DOB/Age/Gender : 41 Y/Male  
Patient ID / UHID : 9114439/OF9114439  
Referred By : Self  
Sample Type : Serum  
Sample Collected : Jul 27, 2024, 07:33 PM  
Report Date : Jul 27, 2024, 08:45 PM.  
Barcode No : ZD771208  
Report Status : Final Report

Test Description	Value(s)	Unit(s)	Reference Range
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#### Iron Studies

Iron <i>FerroZine</i>	43.9	µg/dL	33 - 193
TIBC,(Total Iron Binding Capacity) <i>Method Spectrophotometric Assay</i>	402.9	µg/dL	158 - 538
UIBC <i>FerroZine</i>	359	µg/dL	125 - 345
Transferrin Saturation <i>Method Derived from IRON and TIBC values</i>	10.9	%	15 - 50

#### Interpretation:

Increased levels due to iron ingestion or ineffective erythropoiesis. Decreased levels due to infection, inflammation, malignancy, menstruation and Fe deficiency. Needs to be taken into consideration with TIBC. Transferrin Saturation:- Low level Transferrin Saturation can indicate iron deficiency, erythropoiesis, infection, or inflammation. High level Transferrin Saturation can indicate recent ingestion of dietary iron, ineffective erythropoiesis, haemochromatosis or liver disease. High TIBC, UIBC, or transferrin usually indicates iron deficiency, but they are also increased in pregnancy and with the use of oral contraceptives. Low TIBC, UIBC, or transferrin may occur if someone has: Hemochromatosis, Certain types of anemia due to accumulated iron, Malnutrition, kidney disease that causes a loss of protein in urine.

\*\*\* End Of Report \*\*\*

(\*) Parameter(s) are outside the scope of tests recognized under the NABL M(EL)T Scheme.



  
Dr. Abhinav Gupta  
MD Pathology  
Consultant Pathologist

Booking Centre :- Prakash Deep Hospital (Dehradun), Saharanpur Road Niranjapur Majra Near Indian Bank Dehradun 248001

Processing Lab :- Redcliffe Lifetech Pvt. Ltd., 41/2, Pocket No.2, Vivek Vihar, GMS Road, Dehradun-248001



(A Unit of Rajvin Medico Pvt. Ltd.)

## TRANSTHORACIC ECHOCARDIOGRAPHY .

NAME	: MR.SUNIT KUMAR	UHID	:
AGE/SEX	: 41/MALE	DATE	: 27/07/2024
REFERRED BY	: DR. ANIL PRAKASH ( MD, MEDICINE)	PULSE	: 8pm

	Observed Valves	Normal valves	
Aortic root diameter	29mm	20-36(22mm/M2)	
Aortic Valve Opening	mm	15-26	
Left Atrium size	35mm	19-40	
	End Diastole	End Systole	Normal value
Left Ventricle size	57mm	50mm	(ED=37-56)
Interventricular Septum	11mm		(ED=6-12)
Posterior Wall Thickness	11mm		(ED=5-10)
LV Ejection Fraction (%)	33%		55%-80%

Doppler velocities (cm/sec):-

Pulmonary valve		Aortic valve	
Max velocity	0.85m/s	Max velocity	1.21m/s
Mean PG		Max PG	
		Mean valve	
		Mean PG	

Mitral valve		Tricuspid valve	
E	0.94	Max PG =	Max velocity
A	0.67		Mean Velocity
DT		Mean PG =	Mean PG
E/E		PHT =	TAPSE

### Final Interpretation:-

#### Post PTCA.

Dilated LV

RWMA present.

Global hypokinesia of LV with more marked in LCX & RCA territory and scarred

LVEF=33%

Mild MR.

No aortic valve, no AS/AR.

Trace TR (RVSP =22mmgh)

Grade 1 DD

No clot /veg/PE.

  
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Saharanpur Road, Niranjanpur, Majra, Dehradun

DR. ANIL PRAKASH  
MBBS,MD-MEDICINE  
UKMC-11637

(Not for medicolegal purpose. Final diagnosis to be confirmed by cardiologist)

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Saharanpur Road, Niranjanpur, Majra, Dehradun



ICM

CHEST,PA

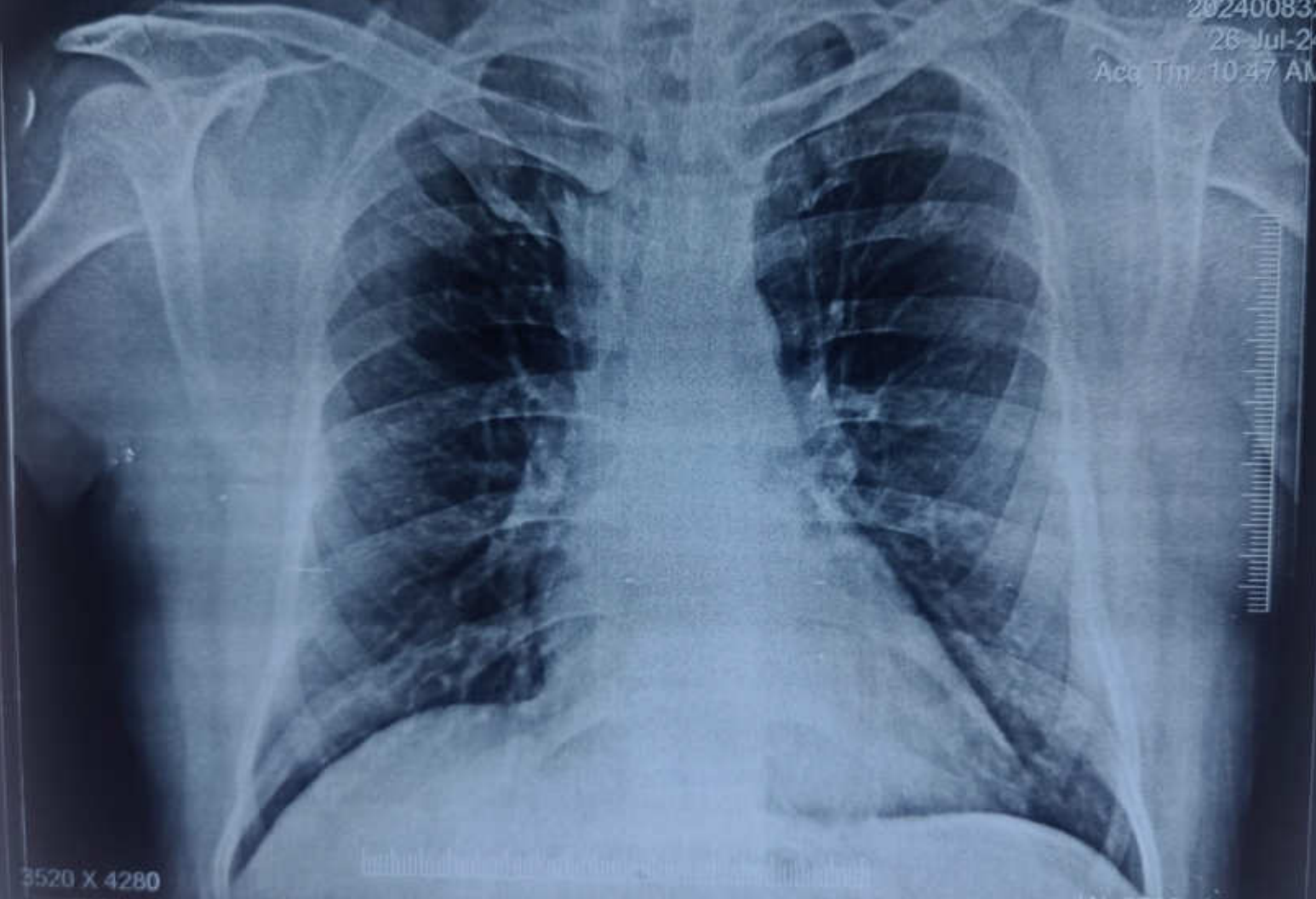
PRAKASHDEEP HOSPITAL, DEHRADUN

MR SUNIL KUMAR DIXIT 41YRS

202400832

26-Jul-24

Acq. Time: 10:47 AM



3520 X 4280



W: 3793 L: 1942

MR SUNIL KUMAR DIXIT 41YRS 202400832 M CHEST,PA 26-Jul-24 10:47 AM  
PRAKASHDEEP HOSPITAL, DEHRADUN