

Patient ID	10243284		Ref. By	Self
Patient Name	Mrs. Meenu Yadav		Booked Date	16/09/2024 09:49:43
Gender/Age	Female /35 Yrs		Collected Date	16/09/2024 10:14:47
Mobile No.			Received Date	16/09/2024 10:14:49
Organization	Apollo Clinic		Report Date	21/09/2024 13:13:21
Specimen	USG		Print Date	21/09/2024 13:13:44

Alyve Healthcare Cowl- AHC
USG Whole Abdomen

Liver is normal in size, shape and echotexture. No focal SOL noted. Vascular channels are clear. No evidence of I.H.B.R. dilatation seen.

Gall Bladder is well distended and reveals normal walls. No evidence of calculus or mass lesion is noted. CBD & PV are normal.

Spleen is normal in size, shape and echotexture. No focal SOL noted.

Pancreas is normal in size, shape & echotexture. No focal SOL noted.

Both Kidneys are normal in size, shape, position, outline & echogenicity. CMD is well preserved. No evidence of calculus/mass lesion or hydronephrosis seen.

Urinary Bladder is well distended with normal wall thickness. Lumen is clear. No calculi / mass lesion noted. No diverticulum noted.

Uterus is normal in size, anteverted. No focal lesion is noted. Endometrial thickness is normal.

Both ovaries are normal in size and echogenicity. No adnexal mass is seen.

No free fluid seen in the peritoneal cavity.

Bowel loops are grossly normal.

IMPRESSION: NORMAL STUDY.



Dr. Ritesh Garg
MBBS, DMRD (Radiodiagnosis)
Consultant Radiologist
DMC 18425



If test results are alarming or unexpected, patients are advised to contact the laboratory immediately for the possible remedial action. Page No: 1 of 2

+91-9999 399 344 | +91-11-6138 4456 | +91-11-4998 9190 | dgd@labs@saimanhealthcare.com

For Doctor Consultation & Home Health Care Services contact : +91-9999 500 123

Patient ID	10243284		Ref. By	Self
Patient Name	Mrs. Meenu Yadav		Booked Date	16/09/2024 09:49:43
Gender/Age	Female /35 Yrs		Collected Date	16/09/2024 10:14:47
Mobile No.			Received Date	16/09/2024 10:14:49
Organization	Apollo Clinic		Report Date	16/09/2024 13:57:50
Specimen	WB-EDTA		Print Date	16/09/2024 15:51:23

Test Name	Value	Unit	Biological Ref Interval
-----------	-------	------	-------------------------

HAEMATOLOGY

Arcofemi Mediwheel full body Female AHC

Complete Blood Count (CBC)

Automation+ Manual

Hemoglobin (Hb) Colorimetric Method	12.9	g/dL	12.0 - 15.0
Total Leucocyte Count (TLC) Flow Cytometry method	6190	cells/uL	4000 - 10000
Erythrocyte Count (RBC Count) Electric Impedance method	4.61	10 ⁶ /uL	3.80 - 4.80
Packed Cell Volume (PCV) Calculated	38.8	%	40.0 - 50.0
Mean Corpuscular Volume (MCV) Calculated	84.2	fL	83.0 - 101.0
MCH (Mean Corp Hb) Calculated	28.0	pg	27.0 - 32.0
MCHC (Mean Corp Hb Conc) Calculated	33.2	gm/dL	31.5 - 34.5
Platelet Count Electric Impedance Method	2.28	10 ⁵ /uL	1.50 - 4.50
RDW (CV) Calculated	14.3	%	11.5 - 14.0
MPV Calculated	12.3	fL	9.1 - 11.9
PCT calculated	0.28	%	0.18 - 0.39
PDW-SD calculated	20.0	fL	9.0 - 15.0

Differential Leucocyte Count (DLC)

Automation+Manual

Neutrophil Laser Flow Cytometry & Microscopy	55	%	40 - 70
Lymphocyte Laser Flow Cytometry & Microscopy	37	%	20 - 45
Eosinophil Laser Flow Cytometry & Microscopy	03	%	01 - 07



Dr. SK Gupta
 MBBS, MD
 Senior Consultant Pathologist



Dr. Nitin Kumar Gupta
 MBBS, DCP.
 Sr. Consultant Pathologist

If test results are alarming or unexpected, patients are advised to contact the laboratory immediately for the possible remedial action. Page No: 1 of 14

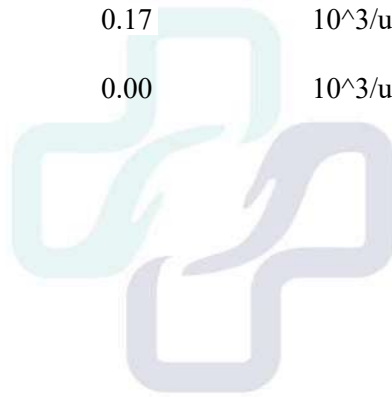
+91-9999 399 344 | +91-11-6138 4456 | +91-11-4998 9190 | dgdlabs@saimanhealthcare.com

For Doctor Consultation & Home Health Care Services contact : +91-9999 500 123



Patient ID	10243284		Ref. By	Self
Patient Name	Mrs. Meenu Yadav		Booked Date	16/09/2024 09:49:43
Gender/Age	Female /35 Yrs		Collected Date	16/09/2024 10:14:47
Mobile No.			Received Date	16/09/2024 10:14:49
Organization	Apollo Clinic		Report Date	16/09/2024 13:59:17
Specimen	WB-EDTA		Print Date	16/09/2024 15:51:24

Test Name	Value	Unit	Biological Ref Interval
Monocyte Laser Flow Cytometry & Microscopy	05	%	00 - 10
Basophil Laser Flow Cytometry & Microscopy	00	%	00 - 01
Absolute Neutrophils Count (ANC) Calculated	3.40	10 ³ /uL	2.00 - 7.00
Absolute Lymphocytes Count (ALC) Calculated	2.30	10 ³ /uL	1.00 - 3.00
Absolute Monocytes Count (AMC) Calculated	0.30	10 ³ /uL	0.20 - 1.00
Absolute Eosinophil Count (AEC) Calculated	0.17	10 ³ /uL	0.02 - 0.50
Absolute Basophil count (ABC) Calculated	0.00	10 ³ /uL	0.00 - 0.10




Dr. SK Gupta
 MBBS, MD
 Senior Consultant Pathologist



Dr. Nitin Kumar Gupta
 MBBS, DCP.
 Sr. Consultant Pathologist

Patient ID	10243284		Ref. By	Self
Patient Name	Mrs. Meenu Yadav		Booked Date	16/09/2024 09:49:43
Gender/Age	Female /35 Yrs		Collected Date	16/09/2024 10:14:47
Mobile No.			Received Date	16/09/2024 10:14:49
Organization	Apollo Clinic		Report Date	16/09/2024 13:59:17
Specimen	WB-EDTA		Print Date	16/09/2024 15:51:25

Test Name	Value	Unit	Biological Ref Interval
-----------	-------	------	-------------------------

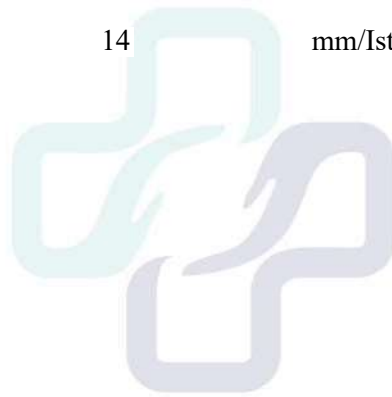
Peripheral Blood Smear (P/S)

Cell Counter/Microscopy

RBCs	Normocytic normochromic
WBCs	Total and differential leucocyte count are within normal limits
Platelets	Adequate
Haemoparasites	Not seen
Immature cells	Not seen

Impression: Normal Peripheral Smear

Erythrocyte Sedimentation Rate (ESR) 14 mm/1st hr. 00 - 15
Automated



Dr. SK Gupta
MBBS, MD
Senior Consultant Pathologist



Dr. Nitin Kumar Gupta
MBBS, DCP.
Sr. Consultant Pathologist



Patient ID	10243284		Ref. By	Self
Patient Name	Mrs. Meenu Yadav		Booked Date	16/09/2024 09:49:43
Gender/Age	Female /35 Yrs		Collected Date	16/09/2024 10:14:47
Mobile No.			Received Date	16/09/2024 10:14:49
Organization	Apollo Clinic		Report Date	16/09/2024 13:57:50
Specimen	Fluoride- F		Print Date	16/09/2024 15:51:26

Test Name	Value	Unit	Biological Ref Interval
-----------	-------	------	-------------------------

BIOCHEMISTRY

Glucose- Fasting Blood Hexokinase	87.2	mg/dl	74.0 - 100.0
--------------------------------------	------	-------	--------------





Dr. SK Gupta
 MBBS, MD
 Senior Consultant Pathologist



Dr. Nitin Kumar Gupta
 MBBS, DCP.
 Sr. Consultant Pathologist



Patient ID	10243284		Ref. By	Self
Patient Name	Mrs. Meenu Yadav		Booked Date	16/09/2024 09:49:43
Gender/Age	Female /35 Yrs		Collected Date	16/09/2024 10:14:47
Mobile No.			Received Date	16/09/2024 10:14:49
Organization	Apollo Clinic		Report Date	16/09/2024 13:59:17
Specimen	WB-EDTA		Print Date	16/09/2024 15:51:27

Test Name	Value	Unit	Biological Ref Interval
-----------	-------	------	-------------------------

HAEMATOLOGY

Blood Grouping (A,B,O) and Rh Factor

Tube method

Blood Group ABO

Tube Agglutination

B

Rh Typing

Tube Agglutination

POSITIVE





Dr. SK Gupta
MBBS, MD
Senior Consultant Pathologist



Dr. Nitin Kumar Gupta
MBBS, DCP.
Sr. Consultant Pathologist

Patient ID	10243284		Ref. By	Self
Patient Name	Mrs. Meenu Yadav		Booked Date	16/09/2024 09:49:43
Gender/Age	Female /35 Yrs		Collected Date	16/09/2024 10:14:47
Mobile No.			Received Date	16/09/2024 10:14:49
Organization	Apollo Clinic		Report Date	16/09/2024 14:00:41
Specimen	WB-EDTA		Print Date	16/09/2024 15:51:27

Test Name	Value	Unit	Biological Ref Interval
-----------	-------	------	-------------------------

Glycosylated Hemoglobin (HbA1C)

HBA1C	5.1	%
Estimated average plasma Glucose	100	%

Interpretation:

As per American Diabetes Association (ADA)

Reference Group	HbA1c in %
Non diabetic adults >=18 years	<5.7
At risk (Prediabetes)	5.7-6.4
Diagnosing Diabetes	>= 6.5
Therapeutic goals for glycemic control	Age >19 years: Goal of therapy: <7.0 Age <19 years: Goal of therapy: <7.5

Note:

1. Since HbA1c reflects long term fluctuations in the blood glucose concentration, a diabetic patient who is recently under good control may still have a high concentration of HbA1c. Converse is true for a diabetic previously under good control but now poorly controlled.
2. Target goals of <7.0% may be beneficial in patients with short duration of diabetes, long life expectancy and no significant cardiovascular disease. In patients with significant complications of diabetes, limited life expectancy or extensive co-morbid conditions, targeting a goal of <7.0% may not be appropriate.

Comments:

HbA1c provides an index of average blood glucose levels over the past 8 - 12 weeks and is a much better indicator of long-term glycemic control as compared to blood and urinary glucose determinations.

ADA criteria for correlation between HbA1c & Mean plasma glucose levels.

HbA1c (%)	Mean Plasma Glucose (mg/dL)
6	126
7	154
8	183
9	212
10	240
11	269
12	298



Dr. SK Gupta
 MBBS, MD
 Senior Consultant Pathologist



Dr. Nitin Kumar Gupta
 MBBS, DCP.
 Sr. Consultant Pathologist

Patient ID	10243284		Ref. By	Self
Patient Name	Mrs. Meenu Yadav		Booked Date	16/09/2024 09:49:43
Gender/Age	Female /35 Yrs		Collected Date	16/09/2024 10:14:47
Mobile No.			Received Date	16/09/2024 10:14:49
Organization	Apollo Clinic		Report Date	16/09/2024 15:51:03
Specimen	Serum		Print Date	16/09/2024 15:51:28

Test Name	Value	Unit	Biological Ref Interval
-----------	-------	------	-------------------------

BIOCHEMISTRY

Liver Function Test (LFT)- 2

Bilirubin Total Method - Spectro-photometry	1.14	mg/dl	0.00 - 1.20
Bilirubin Direct Method - Spectro-photometry	0.40	mg/dl	0.00 - 0.40
Bilirubin Indirect Spectro-photometry	0.74	mg/dl	0.00 - 0.75
Aspartate Aminotransferase (AST/ SGOT) Spectro-photometry	22.0	U/L	0.0 - 31.0
Alanine Transaminase ALT/ SGPT (Method-Spectro-photometry)	27.7	U/L	0.0 - 34.0
Alkaline Phosphatase (ALP) Spectro-photometry	227.0	IU/L	42.0 - 98.0
Protein Total (METHOD:BIURET)	6.8	gm/dl	6.4 - 8.3
Albumin (Method-Spectro-photometry)	4.6	gm/dl	3.5 - 5.2
Globulin (METHOD:BCG)	2.2	g/dl	2.3 - 3.5
A/G Ratio COLORIMETRIC	2.09		1.30 - 2.10
Gamma Glutamyl Transferase (GGT) Method :Glupa C	95.0	U/L	<38.0



Dr. SK Gupta
MBBS, MD
Senior Consultant Pathologist



Dr. Nitin Kumar Gupta
MBBS, DCP.
Sr. Consultant Pathologist



Patient ID	10243284		Ref. By	Self
Patient Name	Mrs. Meenu Yadav		Booked Date	16/09/2024 09:49:43
Gender/Age	Female /35 Yrs		Collected Date	16/09/2024 10:14:47
Mobile No.			Received Date	16/09/2024 10:14:49
Organization	Apollo Clinic		Report Date	16/09/2024 15:51:04
Specimen	Serum		Print Date	16/09/2024 15:51:29

Test Name	Value	Unit	Biological Ref Interval
<u>Kidney Function Test/Renal Function Test</u>			
Urea (Method :Urease GLDH)	27.8	mg/dl	13.0 - 40.0
Blood Urea Nitrogen (BUN) Urease Endpoint	13.0	mg%	6.0 - 20.0
Creatinine Method:Spectr-photometry	0.59	mg/dl	0.60 - 1.10
Uric Acid (Method:URICASE POD)	4.9	mg/dl	2.6 - 6.0
Sodium Method : ISE	136.50	meq/l.	136.00 - 145.50
Potassium (Done on EasyLite)	4.21	meq/L	3.50 - 5.50
Chloride Method- IS Electrode	100.2	mmol/L	98.0 - 109.0
Calcium Method :Spectro-photometry	9.1	mg/dl	8.6 - 10.2
Phosphorus UV Molybdate	3.7	mg/dl	2.5 - 4.5



Dr. SK Gupta
 MBBS, MD
 Senior Consultant Pathologist



Dr. Nitin Kumar Gupta
 MBBS, DCP.
 Sr. Consultant Pathologist

Patient ID	10243284		Ref. By	Self
Patient Name	Mrs. Meenu Yadav		Booked Date	16/09/2024 09:49:43
Gender/Age	Female /35 Yrs		Collected Date	16/09/2024 10:14:47
Mobile No.			Received Date	16/09/2024 10:14:49
Organization	Apollo Clinic		Report Date	16/09/2024 14:00:41
Specimen	Serum		Print Date	16/09/2024 15:51:30

Test Name	Value	Unit	Biological Ref Interval
-----------	-------	------	-------------------------

Lipid Profile

Cholesterol - Total Spectro-photometry	187.0	mg/dl	Desirable = < 200 Borderline = 200-239 High Cholesterol = = 240 Child Desirable = < 170 Borderline = 170-199 High Cholesterol = >199
Triglycerides (TG) Glycerol Peroxidase	89.8	mg/dl	0.0 - 161.0 High : 161-199 Hypertriglyceridemic : 200-499 Very High : > 499
Cholesterol - HDL Spectro-photometry	50.2	mg/dl	42.0 - 88.0
Cholesterol - LDL Spectro-photometry	118.8	mg/dl	0.0 - 130.0
VLDL Cholesterol Calculated	18.0	mg/dl	Borderline High : 130 - 159 High : > 160 4.7 - 22.1
Serum Total / HDL Cholesterol Ratio Calculated	3.73		4.50 - 6.00
Serum LDL / HDL Cholesterol Ratio Calculated	2.37		0.00 - 3.50

CHOLESTEROL, its fractions and triglycerides are the important plasma lipids in defining cardiovascular risk factors and in the management of cardiovascular disease. Highest acceptable and optimum values of cholesterol vary with age. Values above 220 mg/dl are associated with increased risk of CHD regardless of HDL & LDL values.

TRIGLYCERIDE level >250 mg/dL is associated with an approximately 2-fold greater risk of coronary vascular disease. Elevation of TRIGLYCERIDE can be seen in obesity, medication, fast less than 12 hrs., alcohol intake, diabetes mellitus, and pancreatitis.

HDL-CHOLESTEROL level <35 mg/dL is associated with an increased risk of coronary vascular disease even in the face of desirable levels of cholesterol and LDL-cholesterol.

LDL-CHOLESTEROL & TOTAL CHOLESTEROL levels can be strikingly altered by thyroid, renal and liver disease as well as



Dr. SK Gupta
 MBBS, MD
 Senior Consultant Pathologist



Dr. Nitin Kumar Gupta
 MBBS, DCP
 Sr. Consultant Pathologist

Patient ID	10243284		Ref. By	Self
Patient Name	Mrs. Meenu Yadav		Booked Date	16/09/2024 09:49:43
Gender/Age	Female /35 Yrs		Collected Date	16/09/2024 10:14:47
Mobile No.			Received Date	16/09/2024 10:14:49
Organization	Apollo Clinic		Report Date	16/09/2024 14:00:41
Specimen	Serum		Print Date	16/09/2024 15:51:31

Test Name	Value	Unit	Biological Ref Interval
-----------	-------	------	-------------------------

hereditary factors. Based on total cholesterol, LDL- cholesterol, and total cholesterol/HDL- cholesterol ratio, patients may be divided into three risk categories:

	<u>CHOLESTEROL</u>	<u>LDL-CHOLESTEROL</u>	<u>CHO/HDL RATIO</u>
Acceptable/Low Risk	<200 mg/dL	<130 mg/dL	< 4.5
Borderline High Risk	200-239 mg/dL	130-159 mg/dl	4.5-6.0
High Risk	> 240 mg /dL	>160 mg/dL	>6.0

APO A1 & APO B: Recent studies have shown that Apolipoproteins A1 & B might be the best indicators of coronary artery disease risk in an individual. Patients who have normal lipid profile may have abnormal Apo A1 & Apo B values. Ratio of Apo B:Apo A1 is >1 in cases of increased CHD risk.



Dr. SK Gupta
MBBS, MD
Senior Consultant Pathologist

Dr. Nitin Kumar Gupta
MBBS, DCP.
Sr. Consultant Pathologist

Patient ID	10243284		Ref. By	Self
Patient Name	Mrs. Meenu Yadav		Booked Date	16/09/2024 09:49:43
Gender/Age	Female /35 Yrs		Collected Date	16/09/2024 10:14:47
Mobile No.			Received Date	16/09/2024 10:14:49
Organization	Apollo Clinic		Report Date	16/09/2024 13:57:50
Specimen	Serum		Print Date	16/09/2024 15:51:31

Test Name	Value	Unit	Biological Ref Interval
-----------	-------	------	-------------------------

IMMUNOASSAY**Thyroid Profile Total**

Triiodothyronine Total (TT3) CLIA	1.33	ng/dL	0.69 - 2.15
Thyroxine - Total (TT4) CLIA	56.90	ug/dl	52.00 - 127.00
Thyroid Stimulating Hormone (TSH) Method:- CLIA	1.57	uIU/ml	0.35 - 5.50

COMMENTS:

Assay results should be interpreted in context to the clinical condition and associated results of other investigations. Previous treatment with corticosteroid therapy may result in lower TSH levels while thyroid hormone levels are normal. Results are invalidated if the client has undergone a radionuclide scan within 7-14 days before the test. Abnormal thyroid test findings often found in critically ill clients should be repeated after the critical nature of condition is resolved. The production, circulation, and disintegration of thyroid hormones are altered throughout the stages of pregnancy.

PREGNANCY	REFERENCE RANGE for TSH IN uIU / ml (As per American Thyroid Association)
1 st Trimester	0.10-2.50 uIU /mL
2 nd Trimester	0.20-3.00 uIU /mL
3 rd Trimester	0.30-3.00 uIU /ml

TSH IS DONE BY ULTRASENSITIVE 4TH GENERATION CHEMIFLEX ASSAY

INTERPRETATIONS:

1. Primary hyperthyroidism is accompanied by elevated serum T3 & T4 values along with depressed TSH level.
2. Primary hypothyroidism is accompanied by depressed serum T3 and T4 values & elevated serum TSH levels.
3. Normal T4 levels accompanied by high T3 levels and low TSH are seen in patients with T3 thyrotoxicosis.
4. Normal or low T3 & high T4 levels indicate T4 thyrotoxicosis (problems in conversion of T4 to T3).
5. Normal T3 & T4 along with low TSH indicate mild / subclinical HYPERTHYROIDISM.
6. Normal T3 & low T4 along with high TSH is seen in HYPOTHYROIDISM.
7. Normal T3 & T4 levels with high TSH indicate Mild / Subclinical HYPOTHYROIDISM.
8. Slightly elevated T3 levels may be found in pregnancy and in estrogen therapy while depressed levels may be encountered in severe illness, malnutrition, renal failure and during therapy with drug like propranolol.
9. Although elevated TSH levels are nearly always indicative of primary hypothyroidism. Rarely they can result from TSH secreting pituitary tumours (secondary hyperthyroidism).



Dr. SK Gupta
MBBS, MD
Senior Consultant Pathologist



Dr. Nitin Kumar Gupta
MBBS, DCP.
Sr. Consultant Pathologist

If test results are alarming or unexpected, patients are advised to contact the laboratory immediately for the possible remedial action. Page No: 11 of 14

+91-9999 399 344 | +91-11-6138 4456 | +91-11-4998 9190 | dgdlabs@saimanhealthcare.com

For Doctor Consultation & Home Health Care Services contact : +91-9999 500 123

Patient ID	10243284		Ref. By	Self
Patient Name	Mrs. Meenu Yadav		Booked Date	16/09/2024 09:49:43
Gender/Age	Female /35 Yrs		Collected Date	16/09/2024 10:14:47
Mobile No.			Received Date	16/09/2024 10:14:49
Organization	Apollo Clinic		Report Date	16/09/2024 15:51:04
Specimen	Urine		Print Date	16/09/2024 15:51:33

Test Name	Value	Unit	Biological Ref Interval
-----------	-------	------	-------------------------

CLINICAL PATHOLOGY

Urine Routine & Microscopy

Strip/Microscopy

Physical Examination

Volume	30	ml	10
Colour	Light Yellow		Light Yellow
Appearance	Clear		Clear
Deposit	Absent		
Turbidity	Absent		
Reaction	Acidic		
Specific Gravity Refractometric	1.020		1.000 - 1.030

Chemical Examination

Urine Protein Protein Error of Indicator	Nil		Nil
Urine Glucose Oxidase Peroxidase Reaction	Nil		Nil
Urine Ketone body Sodium Nitropruside	Nil		Nil
Nitrite	Nil		Nil
Bile Pigment (Urine) Method- FOUCHET	Nil		Nil
Bile Salt (Urine) Method: Sulphur	Nil		Nil
PH Double Indicators test	5.0		4.6 - 8.0
Blood peroxidase reaction	Negative		Negative
Urobilinogen Modified Ehrlich Reaction	Normal		Normal
Urine Bilirubin diazotisation	Negative		Negative
Leukocyte Diazonization Reaction	Negative		Negative

Microscopic Examintaion

Pus Cells	1-2	/HPF	2-4
Epithelial Cells	1-2	/HPF	0-3



Dr. SK Gupta
MBBS, MD
Senior Consultant Pathologist



Dr. Nitin Kumar Gupta
MBBS, DCP.
Sr. Consultant Pathologist

If test results are alarming or unexpected, patients are advised to contact the laboratory immediately for the possible remedial action. Page No: 12 of 14

+91-9999 399 344 | +91-11-6138 4456 | +91-11-4998 9190 | dgdlabs@saimanhealthcare.com

For Doctor Consultation & Home Health Care Services contact : +91-9999 500 123



Patient ID	10243284		Ref. By	Self
Patient Name	Mrs. Meenu Yadav		Booked Date	16/09/2024 09:49:43
Gender/Age	Female /35 Yrs		Collected Date	16/09/2024 10:14:47
Mobile No.			Received Date	16/09/2024 10:14:49
Organization	Apollo Clinic		Report Date	16/09/2024 15:51:04
Specimen	Urine		Print Date	16/09/2024 15:51:34

Test Name	Value	Unit	Biological Ref Interval
RBC's	Nil	/HPF	Nil
Casts	Nil		Nil
Crystals	Nil		Nil
Bacteria	Nil		Nil
Budding yeast cells	Negative		Negative
Others	Nil		Nil




Dr. SK Gupta
 MBBS, MD
 Senior Consultant Pathologist



Dr. Nitin Kumar Gupta
 MBBS, DCP.
 Sr. Consultant Pathologist

If test results are alarming or unexpected, patients are advised to contact the laboratory immediately for the possible remedial action. Page No: 13 of 14

+91-9999 399 344 | +91-11-6138 4456 | +91-11-4998 9190 | dgd labs@saimanhealthcare.com

For Doctor Consultation & Home Health Care Services contact : +91-9999 500 123

Patient ID	10243284		Ref. By	Self
Patient Name	Mrs. Meenu Yadav		Booked Date	16/09/2024 09:49:43
Gender/Age	Female /35 Yrs		Collected Date	
Mobile No.			Received Date	
Organization	Apollo Clinic		Report Date	16/09/2024 12:09:51
Specimen			Print Date	16/09/2024 15:51:35

Digital X-Ray Chest PA View

Performed on high frequency machine MARS 6 (Horizontal Bucky and IITV system).

H/O

Medical check up

FINDINGS:

B/L lung fields are clear.
Trachea is in mid line.
No lymphadenopathy.
Cardiac silhouette is normal.
Rib cage appears normal.
Bilateral CP angles are clear.



IMP:

Normal study

ADV:

Please correlate clinically & with other investigations. This report is for diagnostic use only and is not valid for medicolegal purpose. We are open for reconsideration of the report if required suggested by treating doctor.

***** End of Report *****



Dr. Ritesh Garg
MBBS, DMRD (Radiodiagnosis)
Consultant Radiologist
DMC 18425



If test results are alarming or unexpected, patients are advised to contact the laboratory immediately for the possible remedial action. Page No: 14 of 14

+91-9999 399 344 | +91-11-6138 4456 | +91-11-4998 9190 | dgd labs@saimanhealthcare.com

For Doctor Consultation & Home Health Care Services contact : +91-9999 500 123



Your Apollo order has been confirmed

noreply@apolloclinics.info <noreply@apolloclinics.info>
To: corporate@saimanhealthcare.com
Cc: rahul.ral@apolloclinic.com, pritam.padyal@apolloclinic.com, syamsunder.m@apollohl.com, corporate@apolloclinic.com, deepak.gaddam@apolloclinic.com, rani.g@apolloclinic.com, r
apsara.bagchi@apollohl.com, dilip.b@apolloclinic.com

Greetings from Apollo

Respected Sir/Madam,

Please find corporate HC appointment details scheduled for 14-09-2024 at your SAIMAN HEALTHCARE PVT LTD - DELHI City Center.

Points to note:-

- Collect photocopy of employee ID proof if health check is through an employer.
Collect photocopy of personal ID proof if health check is for insurance.
Collect MER as per package details & that company's format (already shared).
By 12 noon of appointment date, share Work order number & visit status (Show/No show).
Upload reports in Adhbutam portal as per specifications given earlier.

Appointment Booking Details

Table with columns: Corporate/TPA, Agreement Name, Package name, Package Inclusions, Customer Name, Gender, Relation, DOB/Age, Emp ID, Email ID, Mobile No, Date of Appointment, Appl Time, Pto. Includes details for ARCOFEMI MEDIWHEEL HEALTHCARE LIMITED and MEENU YADAV.

Please login to AHCN Portal for more details.

AHCN Login Url : Click on Link

Regards,
Team Clinic Operations
Apollo Health and Lifestyle Ltd.,

Date: 16.09.2024

To
The HR Team
AHCN

FITNESS CERTIFICATE

This is to certify that **MS. MEENU YADAV** has undergone the necessary tests for the Pre-Employee Health Check.

Based on her history, blood reports, imaging, other tests, and clinical examination, presently She is fit to join.

Dr. SUNEEL KUMAR GARG
MD, FNB, IFCCM, EDIC, FICCM, FCCP, FCCM,
Founder & MD
Saiman Healthcare Pvt. Ltd.
DMC Regn. No. 34400

Dr Suneel Kumar Garg

MD, FNB (Critical Care Medicine), IFCCM, EDIC, FICCM, FCCP (USA), FCCM (USA)
Senior Critical Care Physician
DMC-34400

If test results are alarming or unexpected, patients are advised to contact the laboratory immediately for the possible remedial action.
☎ +91-9999 399 344 | +91-11-6138 4456 ✉ dgdilabs@saimanhealthcare.com
For Doctor Consultation & Home Health Care Services contact : +91-9999 500 123

Date: 16.09.2024

Name: MEENU YADAV
Age/Gender: 35Y/F
Mobile No.: 9953638696
Ref By: AHCN

Demographics:

Height	Weight	BP	BMI
166cm	65kgs	112/72 mmHg	23.6

Personal History:

Habits:	Smoking: No
	Alcohol: No
	Drugs/Medicines: No

Family History:

Relation	Age	Health Status
Father	62	Heathy
Mother	55	Heathy
Brother	32	Heathy
Sister	No	

Past History:

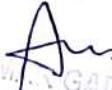
Hypertension	No
Diabetes	No
Asthma	No
Thyroid	No
Tuberculosis	No
Cancer	No

Others:

Allergic History	No
Surgical History	No

Ophthalmic Examination: With Glasses

Distance vision		Near vision		Colour vision	
Right Eye	Left Eye	Right Eye	Left Eye	Right Eye	Left Eye
6/6	6/6	N6	N6	Normal	Normal


Dr. Suneel Kumar Garg
 MD, FNB (Critical Care Medicine), IFCCM, EDIC, FICCM, FCCP (USA), FCCM (USA)
 Senior Critical Care Physician
 DMC-34400

If test results are alarming or unexpected, patients are advised to contact the laboratory immediately for the possible remedial action.

☎ +91-9999 399 344 | +91-11-6138 4456 ✉ dgd@labs@saimanhealthcare.com

For Doctor Consultation & Home Health Care Services contact : +91-9999 500 123

16/01/2024

To,
SARMA HEALTHCARE,
DECH 7,

Subj. Request to skip PEP SMEAR & PP Test (after fasting).

I, Meenu Yadav, wishes to skip PEP SMEAR & PP Test (after fasting) in Annual Health Checkup.

Regards,
Meenu Yadav
(MEENU YADAV)
9953410478.



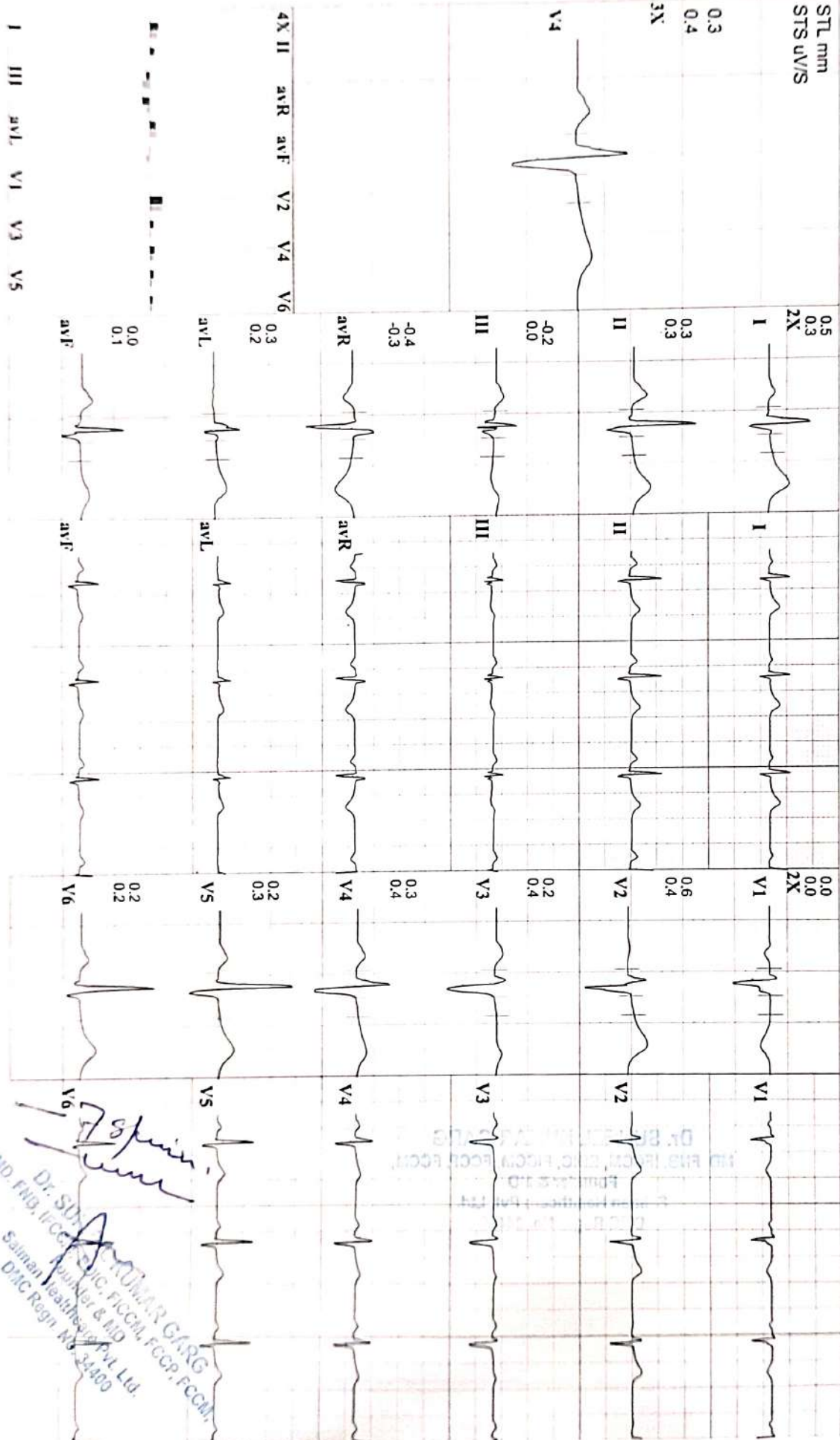
D.G.D (Dr Garg's Diagnostics), A Division of Saiman Healthcare

11702/3, Main G.T. Road, Shakil Nagar, Delhi - 110007, Mobile - +91-9999 399 344

1046 MEENU YADAV
35 Yrs/ F 65 Kg / Ht-166 cms Ref.No.:
Date: 16/09/2024 Time: 09:45 AM
Post J 74 mS

Speed: — mph Hr: 78 Target Hr: 42% of 185 Filler: 0.1 - 100 Hz Gain: 10 mm/mV
Grade: — % Met: 1 Ex Time: — min:sec BLC: On Sweep: 25 mm/s
Protocol: Bruce BP: 112/72 mmHg Curr Time: 00:10 Notch On Median Sweep 25 mm/s

Linked Medians
Pre Ex
Supine



Dr. Saiman GARG
MD, FNB, IFCC, FICM, FCCP, FCCM
Saiman Healthcare Pvt. Ltd.
DMC Regn. No. 34400



D.G.D (Dr Garg's Diagnostics), A Division of Saiman Healthcare

11702/3, Main G.T. Road, Shakil Nagar, Delhi - 110007, Mobile- +91-9999 399 344

1046 MEENU YADAV
35 Yrs/ F 65 Kg / Ht-166 cms

Ref. No.: Date: 16/09/2024
Time: 09:45 AM

Ref By: Protocol: Bruce

Summary

History:
Medication:

Stage	Sig Time min:sec	Speed mph	Grade %	METS	HR bpm	BP mmHg	RPP	PVCs
Pre Ex				1	78	112/72	87	
Supine				1	78	112/72	87	
Hyp Vent				1	78	112/72	87	
Standing				1	86	112/72	96	
S1	03:00	1.7	10.0	4.8	107	116/74	124	
S2	03:00	2.5	12.0	6.9	119	122/78	145	
S3	03:00	3.4	14.0	9.5	147	128/80	188	
Peak Ex	00:20	4.2	16.0	12.1	172	134/86	230	
Post Ex 1	02:00			1	96	132/84	127	
Post Ex 2	03:00			1	89	128/78	114	
Finish				1	90	128/78	115	

Findings: Exercise Time : 09:20 mins

Max HR attained : 171 bpm 92 % of Target 185 bpm

Max BP : 134/86mmHg

Max Workload attained : 12.1 METs (Good Effort Tolerance)

Reason for Test Termination: Patient Completed Test

No significant ST segment changes noted during exercise or recovery stages.

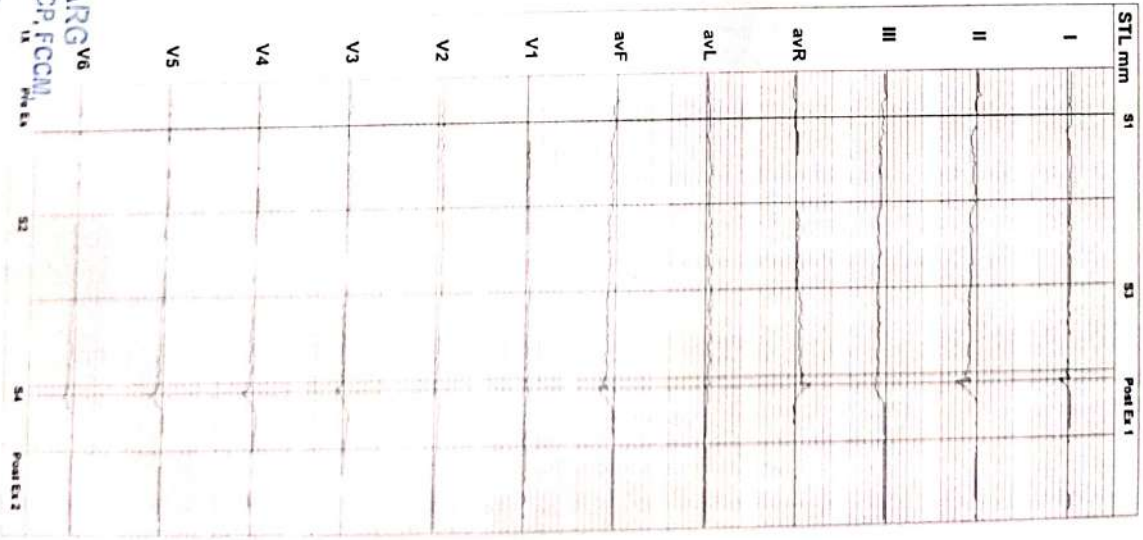
No Angina / Arrhythmia / S3 / Murrur

Final Impression : Test is negative for inducible ischaemia.

TMT is Negative for PCI

DR. SUNEEL KUMAR GARG
MD, FNB, JFCCM, EDIC, NCCM, FCCP, FCCM
Founder & MD

Saiman Healthcare Pvt. Ltd.
DTC Regn. No. 34400





D.G.D (Dr Garg's Diagnostics), A Division of Saiman Healthcare

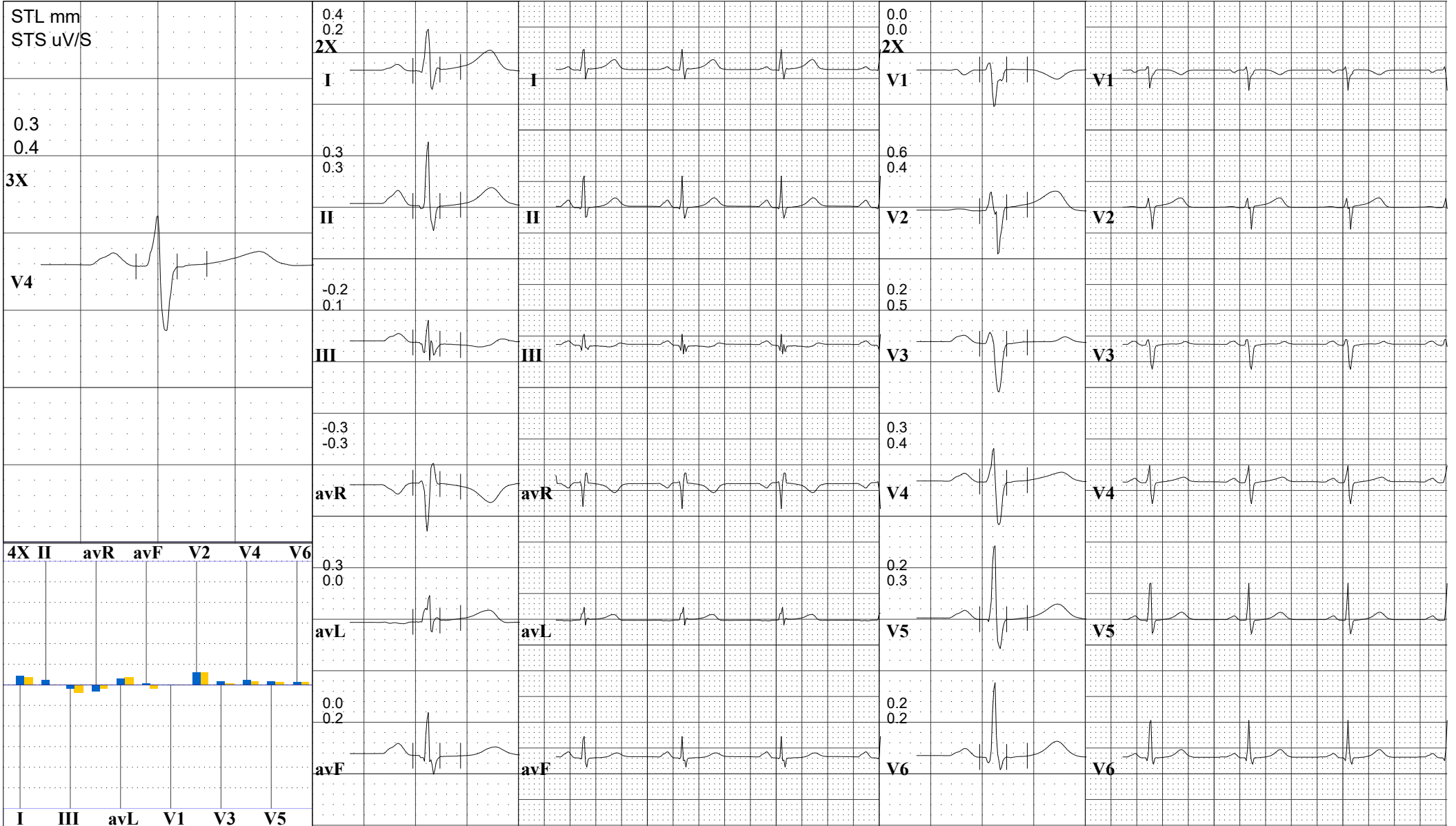
11702/3, Main G.T. Road, shakti Nagar, Delhi - 110007, Mobile- +91-9999 399 344

1046 **MEENU YADAV**
35 Yrs/ F 65 Kg / Ht-166 cms Ref.No.:
Date: 16/09/2024 Time: 09:45 AM

Speed: --- mph Hr: 78 Target Hr: 42 % of 185 Filter: 0.1 - 100 Hz Gain: 10 mm/mV
Grade: --- % Mets: 1 Ex Time: --- min:sec BLC: On Sweep: 25 mm/S
Protocol: Bruce BP: 112/72 mmHg Curr Time:00:08 NotchOn Median Sweep:25 mm/S

Linked Medians
Pre Ex

Post J: 78 mS





D.G.D (Dr Garg's Diagnostics), A Division of Saiman Healthcare

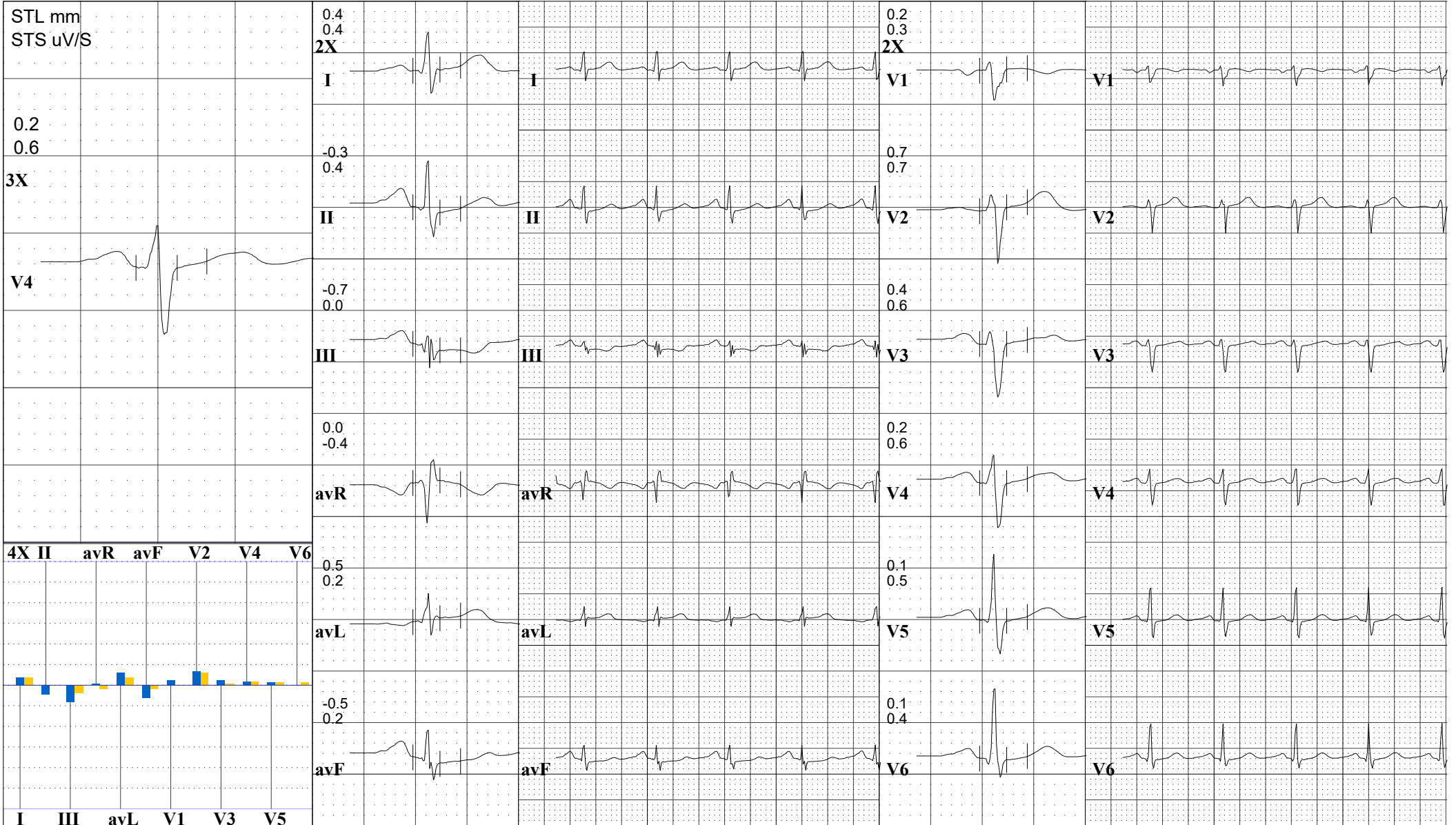
11702/3, Main G.T. Road, shakti Nagar, Delhi - 110007, Mobile- +91-9999 399 344

1046 **MEENU YADAV**
35 Yrs/ F 65 Kg / Ht-166 cms Ref.No.:
Date: 16/09/2024 Time: 09:45 AM

Speed: 1.7 mph Hr: 107 Target Hr: 57 % of 185 Filter: 0.1 - 100 Hz Gain: 10 mm/mV
Grade: 10 % Mets: 4.8 Ex Time: 03:00 BLC: On Sweep: 25 mm/S
Protocol: Bruce BP: 116/74 mmHg Curr Time: 04:25 Notch On Median Sweep: 25 mm/S

Linked Medians
S1

Post J: 78 mS





D.G.D (Dr Garg's Diagnostics), A Division of Saiman Healthcare

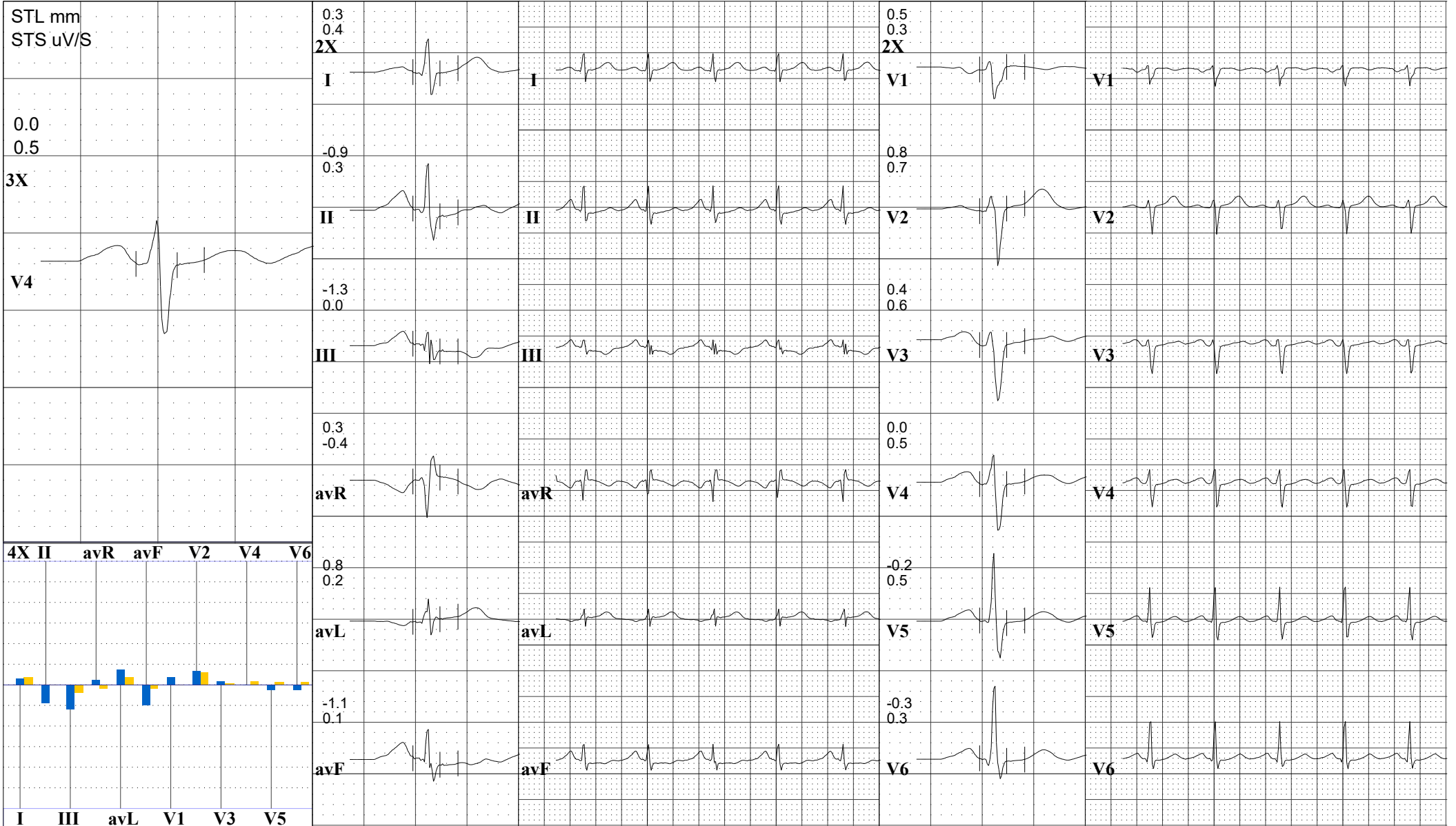
11702/3, Main G.T. Road, shakti Nagar, Delhi - 110007, Mobile- +91-9999 399 344

1046 **MEENU YADAV**
35 Yrs/ F 65 Kg / Ht-166 cms Ref.No.:
Date: 16/09/2024 Time: 09:45 AM

Speed: 2.5 mph Hr: 119 Target Hr: 64 % of 185 Filter: 0.1 - 100 Hz Gain: 10 mm/mV
Grade: 12 % Mets: 6.9 Ex Time: 06:00 BLC: On Sweep: 25 mm/S
Protocol: Bruce BP: 122/78 mmHg Curr Time: 07:25 Notch On Median Sweep: 25 mm/S

Linked Medians
S2

Post J: 70 mS





D.G.D (Dr Garg's Diagnostics), A Division of Saiman Healthcare

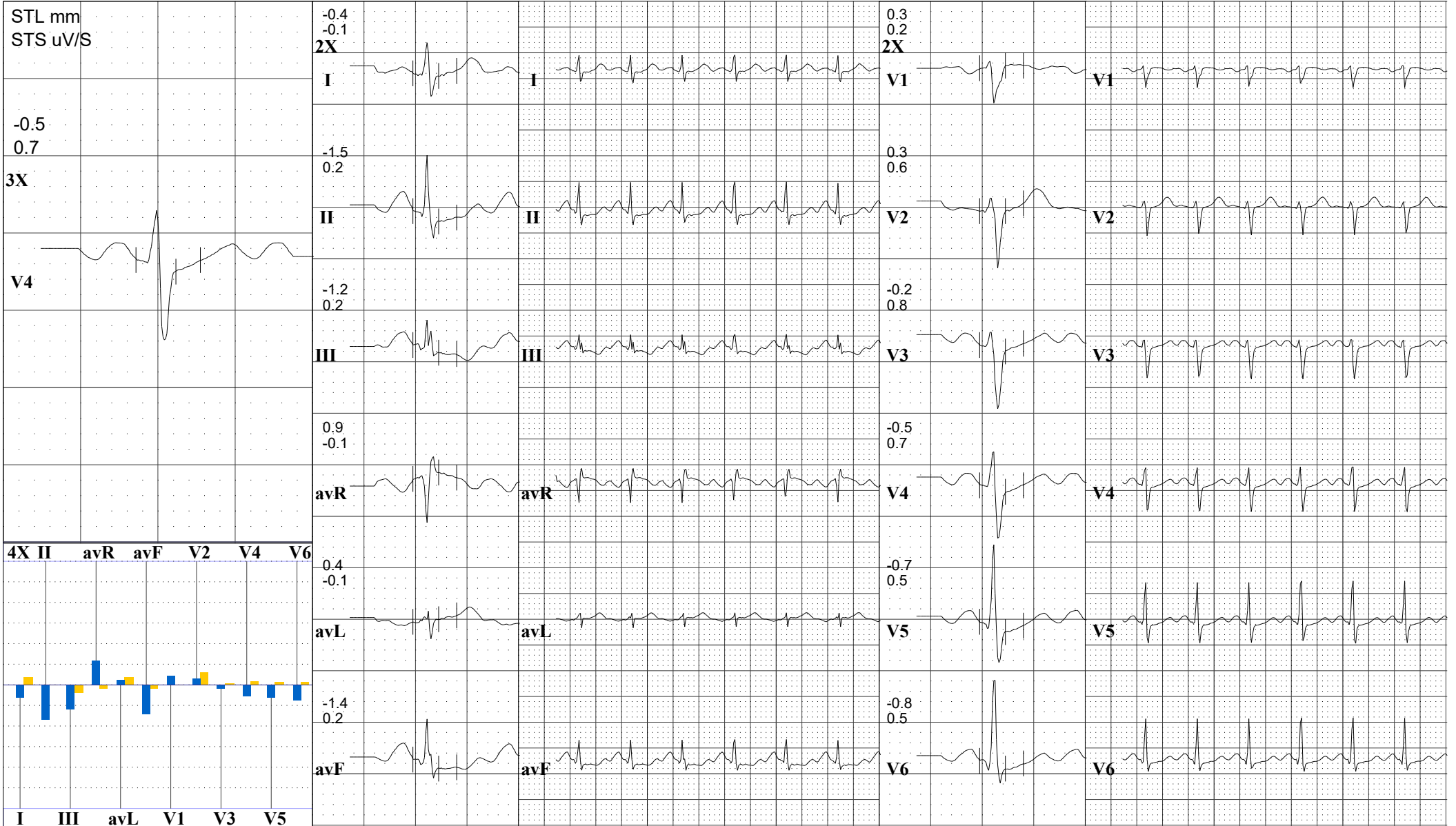
11702/3, Main G.T. Road, shakti Nagar, Delhi - 110007, Mobile- +91-9999 399 344

1046 **MEENU YADAV**
35 Yrs/ F 65 Kg / Ht-166 cms Ref.No.:
Date: 16/09/2024 Time: 09:45 AM

Speed: 3.4 mph Hr: 147 Target Hr: 79 % of 185 Filter: 0.1 - 100 Hz Gain: 10 mm/mV
Grade: 14 % Mets: 9.5 Ex Time: 09:00 BLC: On Sweep: 25 mm/S
Protocol: Bruce BP: 128/80 mmHg Curr Time: 10:25 Notch On Median Sweep: 25 mm/S

Linked Medians
S3

Post J: 66 mS





D.G.D (Dr Garg's Diagnostics), A Division of Saiman Healthcare

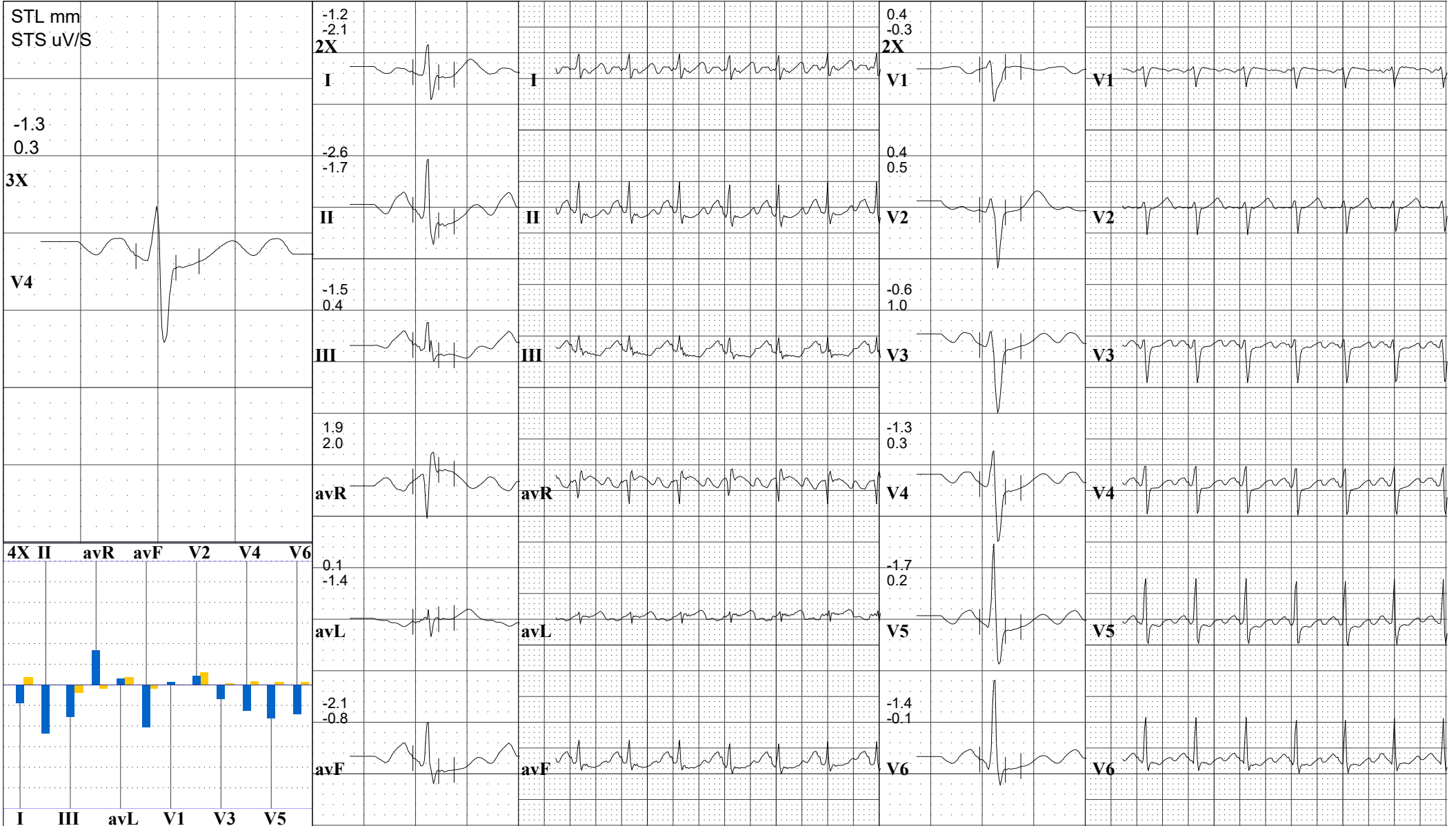
11702/3, Main G.T. Road, shakti Nagar, Delhi - 110007, Mobile- +91-9999 399 344

1046 **MEENU YADAV**
35 Yrs/ F 65 Kg / Ht-166 cms Ref.No.:
Date: 16/09/2024 Time: 09:45 AM

Speed: 4.2 mph Hr: 172 Target Hr: 92 % of 185 Filter: 0.1 - 100 Hz Gain: 10 mm/mV
Grade: 16 % Mets: 12.1 Ex Time: 09:20 BLC: On Sweep: 25 mm/S
Protocol: Bruce BP: 134/86 mmHg Curr Time: 10:45 NotchOn Median Sweep: 25 mm/S

Linked Medians
Peak Ex

Post J: 60 mS





D.G.D (Dr Garg's Diagnostics), A Division of Saiman Healthcare

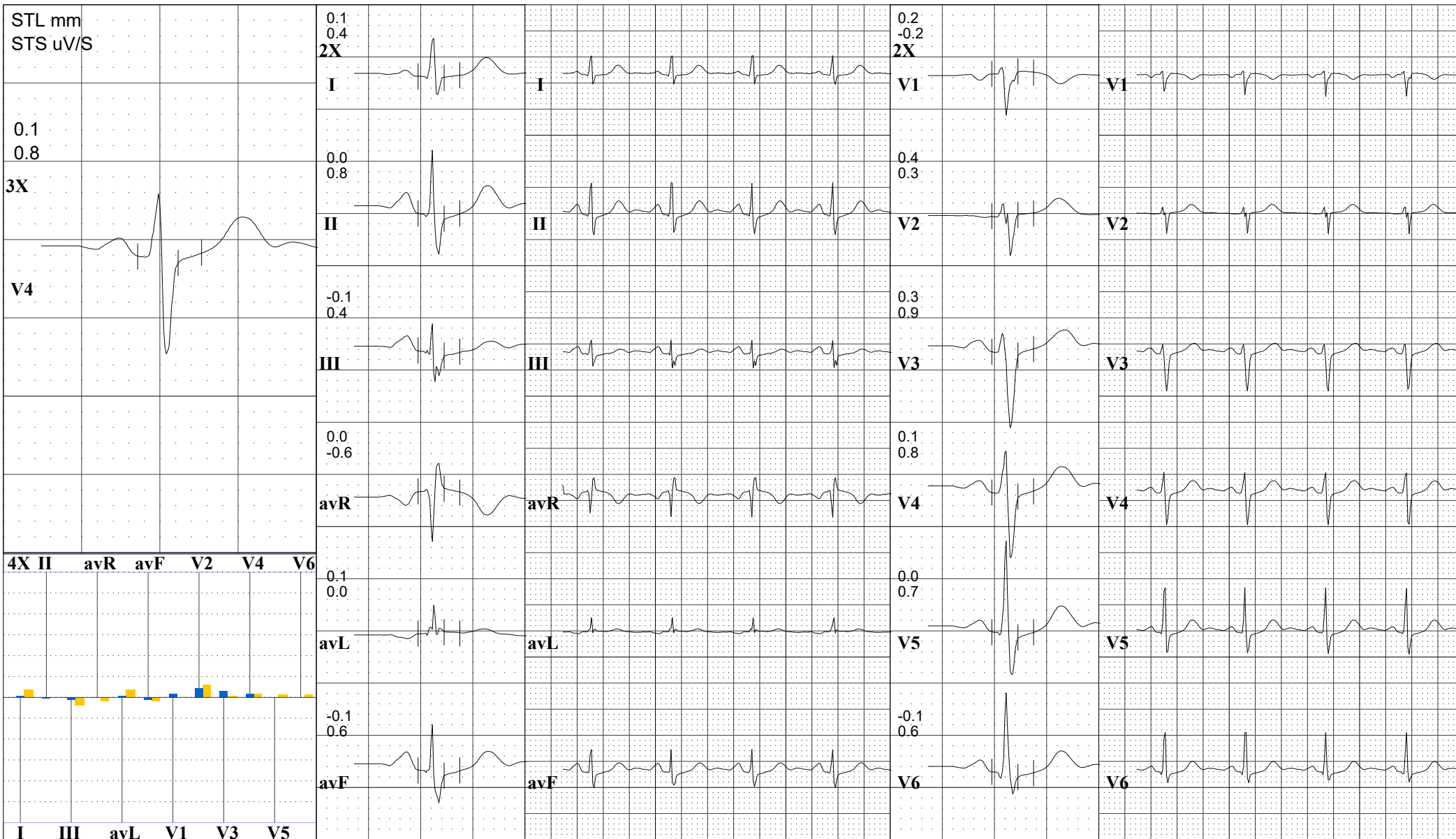
11702/3, Main G.T. Road, shakti Nagar, Delhi - 110007, Mobile- +91-9999 399 344

1046 **MEENU YADAV**
35 Yrs/ F 65 Kg / Ht-166 cms Ref.No.:
Date: 16/09/2024 Time: 09:45 AM

Speed: --- mph Hr: 96 Target Hr: 51 % of 185 Filter: 0.1 - 100 Hz Gain: 10 mm/mV
Grade: --- % Mets: 1 Ex Time: 09:20 BLC: On Sweep: 25 mm/S
Protocol: Bruce BP: 132/84 mmHg Curr Time:12:45 NotchOn Median Sweep:25 mm/S

Linked Medians
Post Ex 1

Post J: 60 mS





D.G.D (Dr Garg's Diagnostics), A Division of Saiman Healthcare

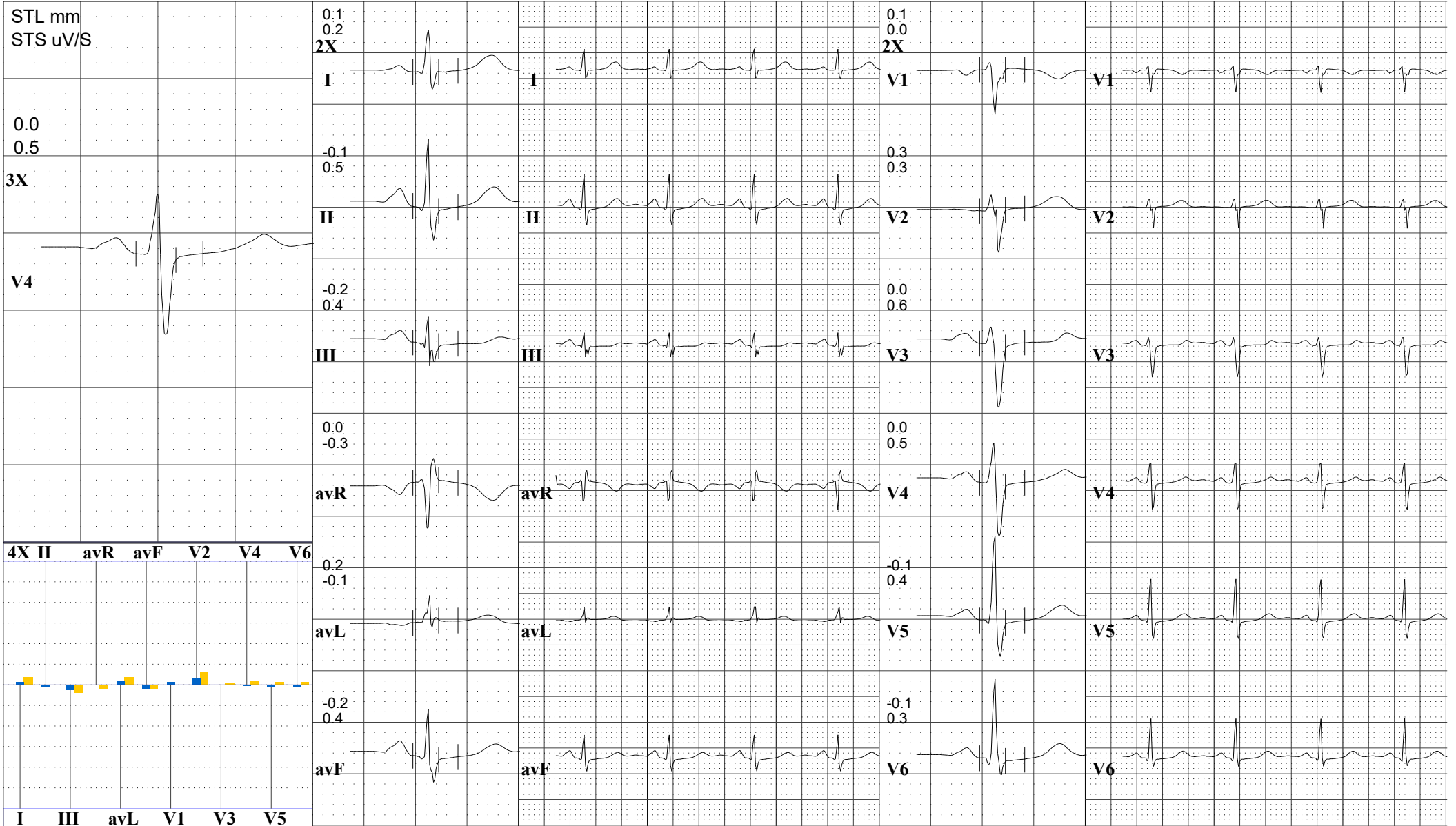
11702/3, Main G.T. Road, shakti Nagar, Delhi - 110007, Mobile- +91-9999 399 344

1046 **MEENU YADAV**
35 Yrs/ F 65 Kg / Ht-166 cms Ref.No.:
Date: 16/09/2024 Time: 09:45 AM

Speed: --- mph Hr: 89 Target Hr: 48 % of 185 Filter: 0.1 - 100 Hz Gain: 10 mm/mV
Grade: --- % Mets: 1 Ex Time: 09:20 BLC: On Sweep: 25 mm/S
Protocol: Bruce BP: 128/78 mmHg Curr Time: 15:45 NotchOn Median Sweep: 25 mm/S

Linked Medians
Post Ex 2

Post J: 73 mS





D.G.D (Dr Garg's Diagnostics), A Division of Saiman Healthcare

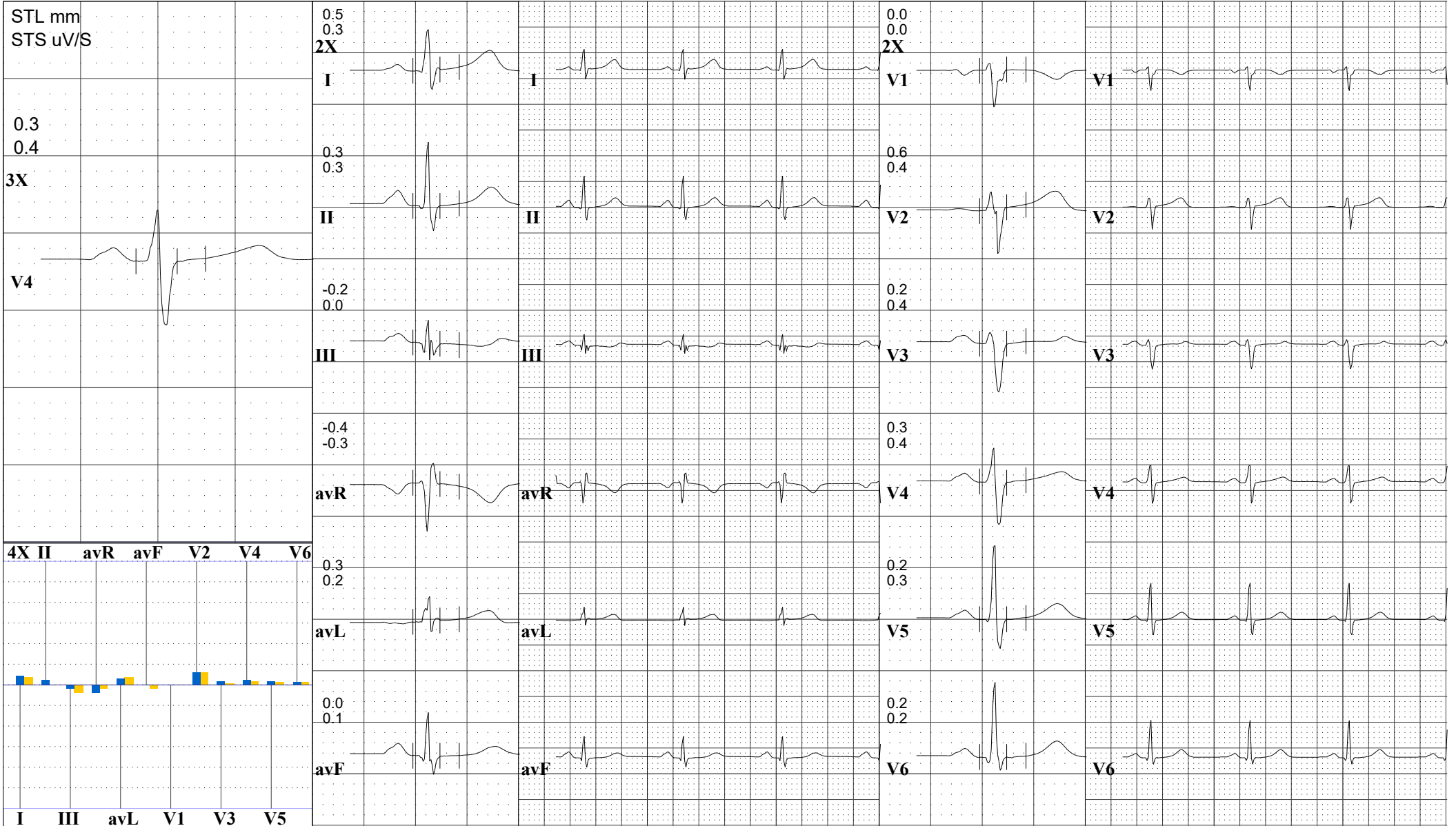
11702/3, Main G.T. Road, shakti Nagar, Delhi - 110007, Mobile- +91-9999 399 344

1046 **MEENU YADAV**
35 Yrs/ F 65 Kg / Ht-166 cms Ref.No.:
Date: 16/09/2024 Time: 09:45 AM

Speed: --- mph Hr: 78 Target Hr: 42 % of 185 Filter: 0.1 - 100 Hz Gain: 10 mm/mV
Grade: --- % Mets: 1 Ex Time: --- min:sec BLC: On Sweep: 25 mm/S
Protocol: Bruce BP: 112/72 mmHg Curr Time:00:10 NotchOn Median Sweep:25 mm/S

Linked Medians
Pre Ex
Supine

Post J: 74 mS





D.G.D (Dr Garg's Diagnostics), A Division of Saiman Healthcare

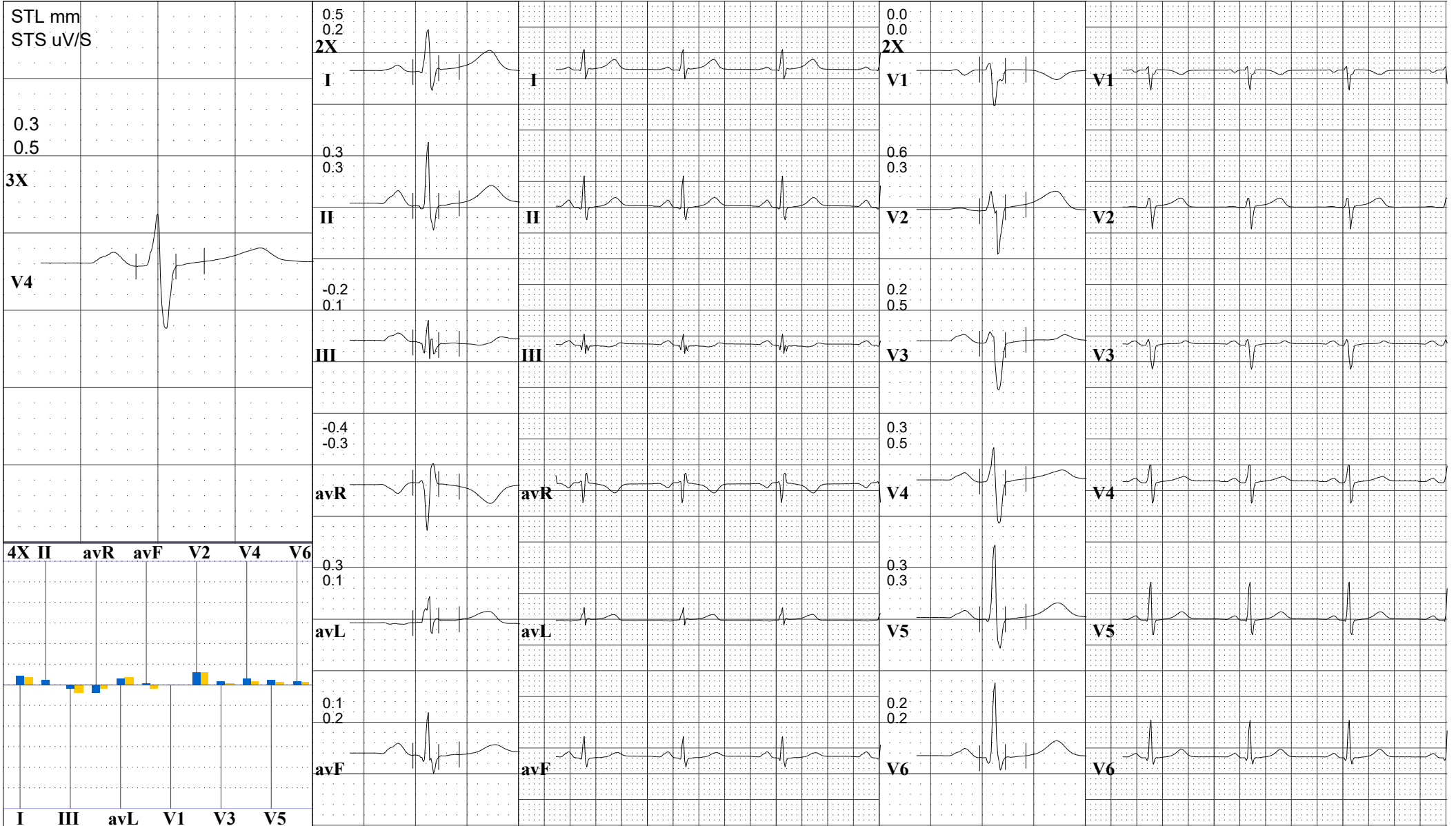
11702/3, Main G.T. Road, shakti Nagar, Delhi - 110007, Mobile- +91-9999 399 344

1046 **MEENU YADAV**
35 Yrs/ F 65 Kg / Ht-166 cms Ref.No.:
Date: 16/09/2024 Time: 09:45 AM

Speed: --- mph Hr: 78 Target Hr: 42 % of 185 Filter: 0.1 - 100 Hz Gain: 10 mm/mV
Grade: --- % Mets: 1 Ex Time: --- min:sec BLC: On Sweep: 25 mm/S
Protocol: Bruce BP: 112/72 mmHg Curr Time:00:26 NotchOn Median Sweep:25 mm/S

Linked Medians
Pre Ex
Hyp Vent

Post J:77 mS





D.G.D (Dr Garg's Diagnostics), A Division of Saiman Healthcare

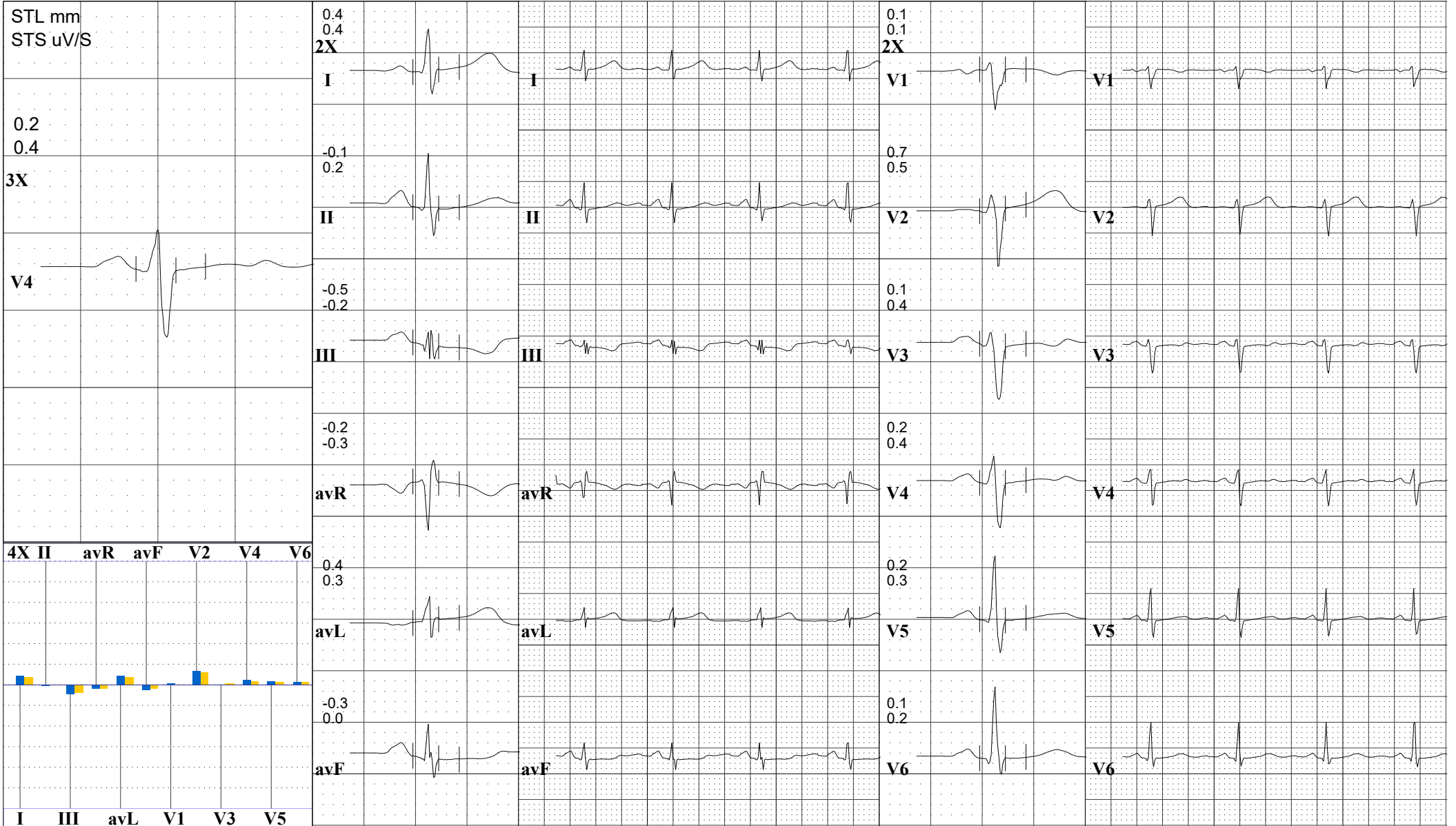
11702/3, Main G.T. Road, shakti Nagar, Delhi - 110007, Mobile- +91-9999 399 344

1046 **MEENU YADAV**
35 Yrs/ F 65 Kg / Ht-166 cms Ref.No.:
Date: 16/09/2024 Time: 09:45 AM

Speed: --- mph Hr: 86 Target Hr: 46 % of 185 Filter: 0.1 - 100 Hz Gain: 10 mm/mV
Grade: --- % Mets: 1 Ex Time: --- min:sec BLC: On Sweep: 25 mm/S
Protocol: Bruce BP: 112/72 mmHg Curr Time: 01:25 Notch On Median Sweep: 25 mm/S

Linked Medians
Pre Ex
Standing

Post J: 78 mS



1046

MEENU YADAV

35 Yrs/ F

65 Kg / Ht-166 cms

Ref. No.:

Date: 16/09/2024

Ref By:

Time: 09:45 AM

Protocol: Bruce

Summary

History:

Medication:

Stage	Stg Time min:sec	Speed mph	Grade %	METs	HR bpm	BP mmHg	RPP	PVCs
Pre Ex				1	78	112/72	87	
Supine				1	78	112/72	87	
Hyp Vent				1	78	112/72	87	
Standing				1	86	112/72	96	
S1	03:00	1.7	10.0	4.8	107	116/74	124	
S2	03:00	2.5	12.0	6.9	119	122/78	145	
S3	03:00	3.4	14.0	9.5	147	128/80	188	
Peak Ex	00:20	4.2	16.0	12.1	172	134/86	230	
Post Ex 1	02:00			1	96	132/84	127	
Post Ex 2	03:00			1	89	128/78	114	
Finish				1	90	128/78	115	

Findings: Exercise Time : 09:20 mins
 Max HR attained : 171 bpm 92 % of Target 185 bpm
 Max BP : 134/86mmHg
 Max Workload attained : 12.1 METs (Good Effort Tolerance)
 Reason for Test Termination: Patient Completed Test

No significant ST segment changes noted during exercise or recovery stages.

No Angina / Arrhythmia / S3 / Murmur

Final Impression : Test is negative for inducible ischaemia.

