



- Dr. Abiramasundari D.
- Dr. Ajay R Kaushik
- Dr. Andrea Jose
- Dr. Archana Terasa P.
- Dr. Ashraya Nayaka T.E.
- Dr. Ashwin Segi
- Dr. Chitra Ramamurthy
- Dr. Fijo Kuraikose
- Dr. Gautam Kukadia
- Dr. Gitansha Shreyas Sachdev
- Dr. Gopal R.
- Dr. Gooinathan G.S.
- Dr. Hemanth Murthy
- Dr. Iris
- Dr. Jatinder Singh
- Dr. Jezoola K.
- Dr. Krishnan R.
- Dr. Maimunnisa M.
- Dr. Manjula
- Dr. Mohamed Faizal S.
- Dr. Mugdha Kumar
- Dr. Muralidhar R.
- Dr. Muralidhar N.S.
- Dr. Nagesh
- Dr. Naveen P.
- Dr. Neha Prakash Zanjal
- Dr. Neha Rathi Kamal
- Or, Nihaal Ahmed F.D.
- Dr. Patil Sandip Dattatray
- Dr. Pavithra
- Dr. Praburam Niranjan G.
- Dr. Pranessh Ravi
- Dr. Praveen Muraly
- Dr. Preethi
- Dr. Priyanka R.
- Dr. Priyanka Anandamoorthi
- Dr. Priyanka Shyam
- Dr. Priyanka Singh
- Dr. Raline Solomon
- Dr. Ramamurthy D.
- Dr. Rashmita Kukadia
- Dr. Ravi J.
- Dr. Rifky Kamil K.
- Dr. Segar Basu
- Dr. Sahana Manish
- Dr. Sakthi Rajeswari N.
- Dr. Sethukkarasi
- Dr. Shalini Butola
- Dr. Sharmila M.
- Dr. Shreesh Kumar K.
- Dr. Shreyas Ramamurthy
- Dr. Smitha Sharma
- Dr. Soundarva B.
- Dr. Srinivas Rao V.K.
- Dr. Suchieta Jennil P.
- Dr. Sumanth
- Dr. Swathi Baliga
- Dr. Tamitarasi S.
- Dr. Thenarasun S.A.
- Dr. Umesh Krishna
- Dr. Uma M.
- Dr. Varnsi K.
- Dr. Vidhya N. Dr. Vijay Kumar S.
- Dr. Visalatchi



THE EYE FOUNDATION

SUPER SPECIALITY EYE HOSPITALS



Tel: 0462 435 6655 / 6622

E-mail: tirunelveli@theeyefoundation.com Website: www.theeyefoundation.com H.O: D.B. Road, Coimbatore - 641 002.

Date: 913/24

NE

Eye Fitness Certificate

This is to certify that Mr/Mrs/Ms. TO Seph Antony Steffing Age 3740

Male/Female, our MRNO. 1.30.2624 7

Colour Vision

Central Fields

Fundus

OS

+1.25 X180 616 +0.75 x10, 6/6 Visual Acuity

Near Vision

Normal

BSV

Anterior Segment

Medical Consultant, The Eve Foundation. Tirunelveli.

Dr. PATIL SANDIP DATTATRAY MBBS, M.S. (OPHTHAL) REG. No : G 59864 THE EYE FOUNDATION TIRUNELVELI.

BRANCHES : Tirupur, Bengaluru - Bellandur & Chamrajpet, Kochi, Ooty, Coonoor, Mettupalayam, Sungam - CBE,

MEDICAL EXAMINATION REPORT

sition Selected For	Identification marks		
HISTORY:			
I. Do you have, or are you being tr	eated for, any of the following coeditions?	Inlanca tiek	-II 4b4
Anxiety			
Arthritis	H .	High Blood Pre	
Asthama, Bronchitis, Emphyser		High Cholester	
Back or spinal problems		Migraine Head	
Epilepsy		Sinusitis or Alle Hay Fever)	ergic renini
	which you are receiving medical attention		
2. List the medications taken Regu	alarly.	9	
3. List allergies to any known med	The state of the s	20.10	
I. Alcohol : Yes No	Occasional		
i. Smoking : Yes No	Quit(more than 3 years)		
. Respiratory Function :	,		
	of breath while walking fast or taking stair - cas	e? Vee 🗔	N-
			No
 b. Do you usually cough a lot first 	thing in morning?	Yes	No ,
c. Have you vomited or coughed	out blood?	Yes	No
. Cardiovascular Function & Phys	ical Activity :		
a. Exercise Type: (Select 1)	0.000.000.000.000.000		
 No Activity 			
 Very Light Activity (Seated At D 	lesk, Standing)		
 Light Activity (Walking on level : 	surface, house cleaning)		
 Moderate Activity (Brisk walking 	, dancing, weeding)		
 Vigrous Activity (Soccer, Running) 	ng)		
b. Exercise Frequency: Regular (I	ess than 3 days/ week) / Irregular (more tha	n 3 days/ Wee	k)
c. Do you feel pain in chest when	engaging in physical activity?	Yes	No -
Hearing:	9		0000
a. Do you have history of hearing t	roubles?	Yes	No -
b. Do you experiences ringing in yo	our ears?	Yes	No -
c. Do you experience discharge fro	om your ears?	Yes	No -
d. Have you ever been diagnosed	with industrial deafness?	Yes	No
Musculo - Skeletal History		_	
a. Neck :	Have you ever injured or experienced pain?	Yes	No -
b. Back ;	If Yes ; approximate date (MM/YYYY)		
c. Shoulder, Elbow, Writs, Hands d. Hips, Knees, Ankles, Legs	Consulted a medical professional ? Resulted in time of work?	Yes	No
	Surgery Required ?	Yes	No -
	Ongoing Problems ?	Yes	No No

	10. Function History_			
	a. Do you have pain or	discomfort when lifting o	r handling heavy objects?	w
		ain when squatting or kno		Yes No
		ain when forwarding or tv		Yes No
			ects above your shoulder heigh	Yes No
		when doing any of the	following for prolonged period	
	•Walking: Yes No	*Kneeling:	Yes No Squa	ating: Yes No
	·Climbing: Yes No	Sitting:	Yes No No	,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,
		nen working with hand too	The state of the s	
		ny difficulty operating ma		Yes No
	h. Do you have difficulty	operating computer instr	rument?	Yes No
В,	CLINICAL EXAMINATION		Chast-36	Pulse - 73
	a. Height 1 Sq. 4	b. Weight 78	Blood Pressure	22 01
	Chest measurements:	a. Normal	b. Expanded	25194 mmhg
	Waist Circumference		Ear, Nose & Throat	
	Skin		= -	Normal
	Vision	Normal	Respiratory System	Normal
		Normal	Nervous System	Norma
	Circulatory System	Normal	Genito- urinary System	Normal
	Gastro-Intestinal System	Normal	Colour Vision	Normal
c.	REMARKS OF PATHOLO			
	Chest X -ray	Normal	_ ECG	Normal
	Complete Blood Count	9.2	Urine routine	wormal
	Serum cholesterol	174.5	Blood sugar	86.8. P.P-94.5
	Blood Group	" B/ Positive	S.Creatinine	0.84
D.	CONCLUSION:	188000		0.04
	Any further investigations re-	quired	Any precautions suggested	
	No		No.	
E,	FITNESS CERTIFICATION			
	Certified that the above nar	med recruit does not an	opear to be suffering from an	u dinagna namenia in the
	or otherwise, constituti	onal weakness or I	bodily informity except	
		I do not consider	rthis as disqualification for empl	oyment in the Company. S
	rus			
	Candidate is free f	rom Contagious/Com	municable disease	0 [
			Part Control	200
	10.2.0			OH.
ate	10.3.24		Signatu	ire of Medical Adviser
	0.004		UT.S. MANIKAN	IDAN ME BUC

Reg.No: 61785, Consultant Condictors

Medall Diagnostics

Tiruneiveli - 2

Name : Mrs. JOSEPH ANTONY STEFFINA Register On : 09/03/2024 9:31 AM

Age / Sex : 33 Year(s) / Female Printed On : 10/03/2024 10:53 AM

Ref. Dr : MediWheel Type : OP

PID No.

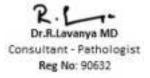
SID No.



<u>Investigation</u>	Observed Value	<u>Unit</u>	Biological Reference Interval
IMMUNOHAEMATOLOGY			
BLOOD GROUPING AND Rh TYPING (Blood /Agglutination)	'O' 'Positive'		
HAEMATOLOGY			
Complete Blood Count With - ESR			
Haemoglobin (Blood/Spectrophotometry)	9.2	g/dL	12.5 - 16.0
Packed Cell Volume(PCV)/Haematocrit (Blood/Derived from Impedance)	32.9	%	37 - 47
RBC Count (Blood/Impedance Variation)	4.15	mill/cu.mm	4.2 - 5.4
Mean Corpuscular Volume(MCV) (Blood/ Derived from Impedance)	79	fL	78 - 100
Mean Corpuscular Haemoglobin(MCH) (Blood/Derived from Impedance)	22.1	pg	27 - 32
Mean Corpuscular Haemoglobin concentration(MCHC) (Blood/Derived from Impedance)	27.9	g/dL	32 - 36
RDW-CV(Derived from Impedance)	16.1	%	11.5 - 16.0
RDW-SD(Derived from Impedance)	44.52	fL	39 - 46
Total Leukocyte Count (TC) (Blood/ Impedance Variation)	7000	cells/cu.mm	4000 - 11000
Neutrophils (Blood/Impedance Variation & Flow Cytometry)	50.9	%	40 - 75
Lymphocytes (Blood/Impedance Variation & Flow Cytometry)	38.7	%	20 - 45
Eosinophils (Blood/Impedance Variation & Flow Cytometry)	3.0	%	01 - 06
Monocytes (Blood/Impedance Variation & Flow Cytometry)	7.2	%	01 - 10
Basophils (Blood/Impedance Variation & Flow Cytometry)	0.2	%	00 - 02
INTERPRETATION: Tests done on Automated microscopically.	Five Part cell counter. A	ll abnormal resu	ults are reviewed and confirmed
Absolute Neutrophil count (Blood/ Impedance Variation & Flow Cytometry)	3.56	10^3 / μΙ	1.5 - 6.6
Absolute Lymphocyte Count (Blood/ Impedance Variation & Flow Cytometry)	2.71	10^3 / μΙ	1.5 - 3.5
Absolute Eosinophil Count (AEC) (Blood/ Impedance Variation & Flow Cytometry)	0.21	10^3 / μΙ	0.04 - 0.44
Absolute Monocyte Count (Blood/ Impedance Variation & Flow Cytometry)	0.50	10^3 / μΙ	< 1.0







Name : Mrs. JOSEPH ANTONY STEFFINA Register On : 09/03/2024 9:31 AM

: 624006329 Report On : 09/03/2024 3:21 PM

Age / Sex : 33 Year(s) / Female Printed On : 10/03/2024 10:53 AM

Ref. Dr : MediWheel Type : OP



<u>Investigation</u>	Observed Value	<u>Unit</u>	Biological Reference Interval
Absolute Basophil count (Blood/Impedance Variation & Flow Cytometry)	0.01	10^3 / μΙ	< 0.2
Platelet Count (Blood/Impedance Variation)	293	10^3 / μΙ	150 - 450
MPV (Blood/Derived from Impedance)	8.4	fL	8.0 - 13.3
PCT(Automated Blood cell Counter)	0.25	%	0.18 - 0.28
ESR (Erythrocyte Sedimentation Rate) (Blood/Automated ESR analyser)	35	mm/hr	< 20
BIOCHEMISTRY			
BUN / Creatinine Ratio	10.12		
Glucose Fasting (FBS) (Plasma - F/GOD-PAP)	86.8	mg/dL	Normal: < 100 Pre Diabetic: 100 - 125 Diabetic: >= 126

INTERPRETATION: Factors such as type, quantity and time of food intake, Physical activity, Psychological stress, and drugs can influence blood glucose level.

Glucose, Fasting (Urine) (Urine - F)	Negative		Negative
Glucose Postprandial (PPBS) (Plasma - PP/GOD-PAP)	94.5	mg/dL	70 - 140

INTERPRETATION:

PID No.

SID No.

Factors such as type, quantity and time of food intake, Physical activity, Psychological stress, and drugs can influence blood glucose level. Fasting blood glucose level may be higher than Postprandial glucose, because of physiological surge in Postprandial Insulin secretion, Insulin resistance, Exercise or Stress, Dawn Phenomenon, Somogyi Phenomenon, Anti- diabetic medication during treatment for Diabetes.

Urine Glucose(PP-2 hours) (Urine - PP)	Negative		Negative
Blood Urea Nitrogen (BUN) (Serum/Urease UV / derived)	8.50	mg/dL	7.0 - 21
Creatinine (Serum/Modified Jaffe)	0.84	mg/dL	0.6 - 1.1
Uric Acid (Serum/Enzymatic)	2.8	mg/dL	2.6 - 6.0
<u>Liver Function Test</u>			
Bilirubin(Total) (Serum)	0.30	mg/dL	0.1 - 1.2
Bilirubin(Direct) (Serum/Diazotized Sulfanilic Acid)	0.14	mg/dL	0.0 - 0.3
Bilirubin(Indirect) (Serum/Derived)	0.16	mg/dL	0.1 - 1.0
SGOT/AST (Aspartate Aminotransferase) (Serum/Modified IFCC)	22.9	U/L	5 - 40
SGPT/ALT (Alanine Aminotransferase) (Serum)	13.2	U/L	5 - 41
GGT(Gamma Glutamyl Transpeptidase) (Serum/IFCC / Kinetic)	12.1	U/L	< 38







 Name
 : Mrs. JOSEPH ANTONY STEFFINA
 Register On
 : 09/03/2024 9:31 AM

 PID No.
 : MED121727126
 Collection On
 : 09/03/2024 9:57 AM

Printed On : 10/03/2024 10:53 AM

Type : OP



<u>Investigation</u>	Observed Value	<u>Unit</u>	Biological Reference Interval
Alkaline Phosphatase (SAP) (Serum/ Modified IFCC)	89.9	U/L	42 - 98
Total Protein (Serum/Biuret)	7.32	gm/dL	6.0 - 8.0
Albumin (Serum/Bromocresol green)	3.98	gm/dL	3.5 - 5.2
Globulin (Serum/Derived)	3.34	gm/dL	2.3 - 3.6
A: GRATIO (Serum/Derived)	1.19		1.1 - 2.2
<u>Lipid Profile</u>			
Cholesterol Total (Serum/CHOD-PAP with ATCS)	174.5	mg/dL	Optimal: < 200 Borderline: 200 - 239 High Risk: >= 240
Triglycerides (Serum/GPO-PAP with ATCS)	112.0	mg/dL	Optimal: < 150 Borderline: 150 - 199 High: 200 - 499 Very High: >= 500

INTERPRETATION: The reference ranges are based on fasting condition. Triglyceride levels change drastically in response to food, increasing as much as 5 to 10 times the fasting levels, just a few hours after eating. Fasting triglyceride levels show considerable diurnal variation too. There is evidence recommending triglycerides estimation in non-fasting condition for evaluating the risk of heart disease and screening for metabolic syndrome, as non-fasting sample is more representative of the 'usual_circulating level of triglycerides during most part of the day.

HDL Cholesterol (Serum/Immunoinhibition)	44.7	mg/dL	Optimal(Negative Risk Factor): >= 60 Borderline: 50 - 59 High Risk: < 50
LDL Cholesterol (Serum/Calculated)	107.4	mg/dL	Optimal: < 100 Above Optimal: 100 - 129 Borderline: 130 - 159 High: 160 - 189 Very High: >= 190
VLDL Cholesterol (Serum/Calculated)	22.4	mg/dL	< 30
Non HDL Cholesterol (Serum/Calculated)	129.8	mg/dL	Optimal: < 130 Above Optimal: 130 - 159 Borderline High: 160 - 189 High: 190 - 219 Very High: >= 220

INTERPRETATION: 1.Non-HDL Cholesterol is now proven to be a better cardiovascular risk marker than LDL Cholesterol. 2.It is the sum of all potentially atherogenic proteins including LDL, IDL, VLDL and chylomicrons and it is the "new bad cholesterol" and is a co-primary target for cholesterol lowering therapy.



SID No.

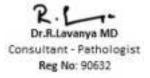
Age / Sex

Ref. Dr

: 33 Year(s) / Female

: MediWheel





Name : Mrs. JOSEPH ANTONY STEFFINA Register On : 09/03/2024 9:31 AM

PID No. : MED121727126 Collection On : 09/03/2024 9:57 AM SID No.

: 624006329 : 09/03/2024 3:21 PM Report On

Printed On

Ref. Dr

: MediWheel Type : OP



: 10/03/2024 10:53 AM

<u>Investigation</u>	Observed Value	<u>Unit</u>	Biological Reference Interval
Total Cholesterol/HDL Cholesterol Ratio (Serum/Calculated)	3.9		Optimal: < 3.3 Low Risk: 3.4 - 4.4 Average Risk: 4.5 - 7.1 Moderate Risk: 7.2 - 11.0 High Risk: > 11.0
Triglyceride/HDL Cholesterol Ratio (TG/HDL) (Serum/Calculated)	2.5		Optimal: < 2.5 Mild to moderate risk: 2.5 - 5.0 High Risk: > 5.0
LDL/HDL Cholesterol Ratio (Serum/ Calculated)	2.4		Optimal: 0.5 - 3.0 Borderline: 3.1 - 6.0 High Risk: > 6.0
Glycosylated Haemoglobin (HbA1c)			
HbA1C (Whole Blood/Ion exchange HPLC by D10)	5.4	%	Normal: 4.5 - 5.6 Prediabetes: 5.7 - 6.4 Diabetic: >= 6.5

INTERPRETATION: If Diabetes - Good control: 6.1 - 7.0 %, Fair control: 7.1 - 8.0 %, Poor control >= 8.1 %

Estimated Average Glucose (Whole Blood) 108.28 ma/dL

INTERPRETATION: Comments

HbA1c provides an index of Average Blood Glucose levels over the past 8 - 12 weeks and is a much better indicator of long term glycemic control as compared to blood and urinary glucose determinations.

Conditions that prolong RBC life span like Iron deficiency anemia, Vitamin B12 & Folate deficiency,

hypertriglyceridemia, hyperbilirubinemia, Drugs, Alcohol, Lead Poisoning, Asplenia can give falsely elevated HbA1C values.

Conditions that shorten RBC survival like acute or chronic blood loss, hemolytic anemia, Hemoglobinopathies,

Splenomegaly, Vitamin E ingestion, Pregnancy, End stage Renal disease can cause falsely low HbA1c.

IMMUNOASSAY

THYROID PROFILE / TFT

T3 (Triiodothyronine) - Total (Serum/ 0.7 - 2.041.21 ng/mL

Chemiluminescent Immunometric Assay

(CLIA))

Age / Sex

: 33 Year(s) / Female

INTERPRETATION:

Comment:

Total T3 variation can be seen in other condition like pregnancy, drugs, nephrosis etc. In such cases, Free T3 is recommended as it is Metabolically active.

T4 (Tyroxine) - Total (Serum/ 10.45 μg/dL 4.2 - 12.0

Chemiluminescent Immunometric Assay

(CLIA))

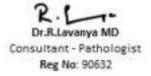
INTERPRETATION:

Comment:

Total T4 variation can be seen in other condition like pregnancy, drugs, nephrosis etc. In such cases, Free T4 is recommended as it is Metabolically active.







: Mrs. JOSEPH ANTONY STEFFINA

: MED121727126

SID No. : 624006329

Age / Sex : 33 Year(s) / Female

Ref. Dr : MediWheel Register On : 09/03/2024 9:31 AM

Collection On : 09/03/2024 9:57 AM

: 09/03/2024 3:21 PM Report On

: 10/03/2024 10:53 AM **Printed On**

Yellow to Amber

NIL

Type : OP



Investigation **Observed Value** Unit **Biological Reference Interval**

TSH (Thyroid Stimulating Hormone) (Serum 3.76 μIU/mL 0.35 - 5.50

/Chemiluminescent Immunometric Assay

(CLIA))

Name

PID No.

INTERPRETATION:

Reference range for cord blood - upto 20

1 st trimester: 0.1-2.5 2 nd trimester 0.2-3.0 3 rd trimester : 0.3-3.0

(Indian Thyroid Society Guidelines)

Comment:

1.TSH reference range during pregnancy depends on Iodine intake, TPO status, Serum HCG concentration, race, Ethnicity and

BMI.

2.TSH Levels are subject to circadian variation, reaching peak levels between 2-4am and at a minimum between 6-10PM.The variation can be of the order of 50%,hence time of the day has influence on the measured serum TSH concentrations. 3. Values & amplt; 0.03 µIU/mL need to be clinically correlated due to presence of rare TSH variant in some individuals.

CLINICAL PATHOLOGY

Urine Analysis - Routine

RBCs (Urine)

Colour (Urine)

Appearance (Urine)	Clear		Clear
Protein (Urine)	Negative		Negative
Glucose (Urine)	Negative		Negative
Pus Cells (Urine)	2-4	/hpf	NIL
Epithelial Cells (Urine)	1-3	/hpf	NIL

Nil

Pa:le vellow

-- End of Report --

/hpf







Name	MRS.JOSEPH ANTONY STEFFINA	ID	MED121727126
Age & Gender	33Y/FEMALE	Visit Date	09 Mar 2024
Ref Doctor Name	MediWheel		



Thanks for your reference SONOGRAM REPORT WHOLE ABDOMEN

Poor penetration of USG due to thick abdominal wall

Liver: The liver is normal in size and shows uniform echotexture with

no focal abnormality. There is no intra or extra hepatic biliary

ductal dilatation.

Gallbladder The gall bladder is well distended with no demonstrable calculus.

Wall thickness appears normal.

Pancreas The pancreas shows a normal configuration and echotexture.

The pancreatic duct is normal.

Spleen The spleen is normal.

Kidneys The right kidney measures 9.1 x 4.2 cm. Normal architecture.

The collecting system is not dilated.

The left kidney measures 10.1 x 4.4 cm. Normal architecture.

The collecting system is not dilated.

Urinary

bladder. The urinary bladder is smooth walled and uniformly transonic.

There is no intravesical mass or calculus.

Uterus: The uterus is anteverted, and measures 8.0 x 3.2 cm.

Name	MRS.JOSEPH ANTONY STEFFINA	ID	MED121727126
Age & Gender	33Y/FEMALE	Visit Date	09 Mar 2024
Ref Doctor Name	MediWheel		



Myometrial echoes are homogeneous.

The endometrium is c entral and normal measures 5 m m in thickness.

Ovaries The right ovary measures 2.2 x 2.1 cm.

The left ovary measures 3.4 x 2.7 cm.

No significant mass or cyst is seen in the ovaries.

Parametria are free.

RIF. Iliac fossae are normal.

No mass or fluid collection is seen in the right iliac fossa.

The appendix is not visualized.

There is no free or loculated peritoneal fluid. No para aortic lymphadenopathy is seen.

IMPRESSION

> No significant abnormality.

DR.T.ANNIE STALIN MBBS.,F.USG., SONOLOGIST.

Name	MRS.JOSEPH ANTONY STEFFINA	ID	MED121727126
Age & Gender	33Y/FEMALE	Visit Date	09 Mar 2024
Ref Doctor Name	MediWheel		



Name	MRS.JOSEPH ANTONY STEFFINA	ID	MED121727126
Age & Gender	33Y/FEMALE	Visit Date	09 Mar 2024
Ref Doctor Name	MediWheel		





Name	Mrs. JOSEPH ANTONY STEFFINA	ID	MED121727126
Age & Gender	33Y/F	Visit Date	Mar 9 2024 9:21AM
Ref Doctor	MediWheel		

Thanks for your reference

DIGITAL X- RAY CHEST PA VIEW

Trachea appears normal.

Cardiothoracic ratio is within normal limits.

Costo and cardiophrenic angles appear normal.

Bilateral lung fields appear normal.

Visualised bony structures appear normal.

Extra thoracic soft tissues shadow grossly appears normal.

IMPRESSION:

i. NOSIGNIFICANABNORMALITIDEMONSTRATED.

DR.R. SUDHAGAR. MBBS., DMRD