



OPD ASSESSMENT FORM

sunshine  
GLOBAL HOSPITALS  
health & happiness... always!

Name Mrs. Rashmi Raghunandani Age.Sex 30/F MR.No. 5149567  
Doctor Dr. Krunal Karmali Karmali Date 10/02/2024  
Ht: 150cm Wt.: 58.2kg Temp: 37.4 Pulse: 80b/m BP: 110/60 mmHg  
SPO2: 99.1 on RA Post of walk SPO2: \_\_\_\_\_

Chief Complaints :

Not any

Drug / Food Allergy :

Prior Medication Reviewed : Yes  No

On examination :

CVS  
CNS  
RS | NAD

Past History :

Nil

Provisional Diagnosis :

Nutritional Assessment :

- Obese
- Well nourished
- Mild- moderate nourished
- Severely mal-nourished

Treatment and further Advices :  
(Write in Capital Letters)

Rx Dietary modifications.

Investigation advised :



Dr. Krunal Gajjar  
M.B.B.S., MD (MEDICINE)

CONSULTANT PHYSICIAN

Reg. No. 02633

Signature

SUNSHINE GLOBAL HOSPITAL  
SURAT.

Follow Up : \_\_\_\_\_ Date : \_\_\_\_\_



# OPD ASSESSMENT FORM



Name Mrs. Roshni Raghunathi Age.Sex \_\_\_\_\_ MR.No. \_\_\_\_\_

Doctor Dr. Shailaja Desai Date 10/2/24

Ht : \_\_\_\_\_ Wt. : \_\_\_\_\_ Temp : \_\_\_\_\_ Pulse : \_\_\_\_\_ BP : \_\_\_\_\_

SPO2 : \_\_\_\_\_ Post of walk SPO2 : \_\_\_\_\_

Chief Complaints :

Drug / Food Allergy :

- Routine dental check up

Prior Medication Reviewed : Yes  No

On examination :

Past History :

- + stain

Provisional Diagnosis :

Nutritional Assessment :

- Obese
- Well nourished
- Mild-moderate nourished
- Severely mal-nourished

Treatment and further Advices :  
(Write in Capital Letters)

Rx

1) scaling

Investigation advised :

U. P. Desai

**Dr. Shailaja Desai**

B.D.S. (Dental Surgeon)

A-9793

Dental Surgeon

Signature

Sunshine Global Hospital, Surat

Follow Up : \_\_\_\_\_ Date : \_\_\_\_\_

In case of emergency Please report to Emergency Department of Hospital OR

Call : 75748 49465, 0261-4111000



OPD ASSESSMENT FORM



Name Mrs. Rashmi Raghuvand Age.Sex 30/F MR.No. 5149567

Doctor Dr. Hardik Shroff Date 10/02/24

Ht : \_\_\_\_\_ Wt. : \_\_\_\_\_ Temp : \_\_\_\_\_ Pulse : \_\_\_\_\_ BP : \_\_\_\_\_

SPO2 : \_\_\_\_\_ Post of walk SPO2 : \_\_\_\_\_

Chief Complaints :

Drug / Food Allergy :

No complaints

Prior Medication Reviewed : Yes  No

On examination :

BE Ant-Sag MAD

Past History :

↓ r (G6 Mig Kundii (Central) BR MAD)

Provisional Diagnosis :

nil gonthalme

Nutritional Assessment :

- Obese
- Well nourished
- Mild- moderate nourished
- Severely mal-nourished

Treatment and further Advices :  
(Write in Capital Letters)

R<sub>x</sub>

Investigation advised :

Follow Up : FOU Date : \_\_\_\_\_

Dr. Hardik Shroff  
MD, DNB (Pediatrics)

Signature



<b>PAT. NAME:</b> Roshni Raghuwanshi	<b>Date :</b> 10/02/2024
<b>REF. DOCTOR :</b> Hosp. Dr.	<b>AGE :</b> 30 Yrs / F
<b>INV. :</b> USG Abdomen & Pelvis	<b>MR NO. :</b> S149567

**Findings:**

Liver is normal in size, shape and shows normal echopattern. No e/o any focal or diffuse lesion noted. Intrahepatic biliary radicals are normal.

Gall bladder is distended and appears normal. No e/o calculus, sludge or mass lesion is seen. CBD and Portal Vein appears normal in size and calibre.

Pancreas appears normal in size and shows normal echopattern to the extent assessed. Spleen appears normal in size, shape and homogenous echopattern.

Right kidney appear normal in (measures 12.5 x 4.6 cm), shape and echopattern. The corticomedullary differentiation is well maintained. No e/o any calculus or hydronephrosis is seen. Mild compensatory hypertrophy of right kidney.  
Left kidney is not visualized. Post nephrectomy status.

Aorta and para-aortic regions appears normal. No e/o any lymphadenopathy. Urinary bladder appears well distended and normal.

Uterus appears normal size, shape and echopattern. No e/o any focal or diffuse lesion noted. Endometrial thickness is normal. Both ovaries appear normal in size, shape and echopattern. No e/o free fluid in abdomen / pelvis.

**IMPRESSION:**

- Mild compensatory hypertrophy of right kidney.
- Left kidney is not visualized. Post nephrectomy status.

  
**Dr. Pratik R**  
Consultant Radiologist

Transcribed By: Asha

Page: 1 out of 1  
Date & Time of report: 02/10/2024 – 02:56 PM

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PAT. NAME: Roshni Raghuwanshi	Date : 10/02/2024
REF. DOCTOR : Hosp. Dr.	AGE : 30 Yrs / F
INV. : Radiograph of Chest PA	MR NO. : S149567

**Clinical Details:** HC.

**Observation:**

- > Both the lung fields appears normal.
- > Both costophrenic angles appear clear.
- > Both the hila appears normal.
- > Trachea appears in midline.
- > Cardiac size and other mediastinal shadows appears normal.
- > Both domes of diaphragm appear normal.
- > Bony thorax appears normal.

  
**Dr. Sneha Dumaswala**  
MBBS, DNB-Radiodiagnosis  
Consultant Radiologist  
G-21796

Transcribed By: Asha

Page: 1 out of 1  
Date & Time of report: 10/02/2024 - 02:54 PM

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MR No. : S149567  
Patient Name : Mrs. Roshni Raghuwanshi  
Ref By : Dr. Hospital A Doctor  
Collection Date : 10/02/2024 10:01AM  
Age : 30 Y Sex : Female  
Report Date : 10/02/2024 12:43 PM

**HAEMATOLOGY**

Parameter	Result	Units	Normal Range
<b>CBC with ESR</b>			
HAEMOGLOBIN	13.5	gm/dl	12.0 - 15.0
PCV	42.2	%	36 - 46
RBC COUNT	4.85	mill/cmm	4.0 - 5.0
MCV	87.0	fl	76 - 96
MCH	27.8	pg	26 - 32
MCHC	32.0	%	32 - 36
RDW	12.8	%	11 - 15
PLATELET COUNT	3.24	lacs/cmm	1.5 - 4.5
WBC COUNT	6540	/cmm	4000 - 11000
ESR	21	mm/hr	0 - 15
<b>DIFFERENTIAL WBC COUNT</b>			
NEUTROPHIL	63	%	40 - 70
LYMPHOCYTES	27	%	20 - 40
EOSINOPHILS	03	%	1 - 6
MONOCYTES	07	%	2 - 11
BASOPHILS	00	%	0 - 2
<b>PERIPHERAL SMEAR</b>			
RBC MORPHOLOGY	Normochromic Normocytic		
WBC MORPHOLOGY	Within Normal Range		
PLATELET ON SMEAR	Adequate		
HEMOPARASITES	Not Seen		

SYSMEX XN-550

\*\*\*\*\* End Report \*\*\*\*\*

**Dr. Shobha Choksi**  
MD, DCP (Pathology)

Reg. No.: G-9074

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10/02/2024 12:43 PM  
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MR No. : S149567	Collection Date : 10/02/2024 10:01AM
Patient Name : Mrs. Roshni Raghuwanshi	Age : 30 Y Sex : Female
Ref By : Dr. Hospital A Doctor	Report Date : 10/02/2024 12:38 PM

**HAEMATOLOGY**

<u>Parameter</u>	<u>Result</u>	<u>Normal Range</u>
<b>BLOOD GROUP &amp; RH FACTOR</b>		
BLOOD GROUP	"O"	
RH FACTOR	POSITIVE	

**BIOCHEMISTRY**

<b>SERUM URIC ACID</b>			
SERUM URIC ACID (Uricase)	3.6	mg/dl	2.4 - 5.7
<b>FASTING BLOOD SUGAR (FBS)</b>			
FASTING BLOOD GLUCOSE (Hexokinase)	94	mg/dl	74 - 110
FASTING URINE GLUCOSE	Absent		
FASTING URINE KETONE	Absent		

\*\*\*\*\* End Report \*\*\*\*\*

**Dr. Shobha Choksi**  
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Reg. No.: G-9074

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10/02/2024 12:39PM  
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<b>MR No.</b> : S149567	<b>Collection Date</b> : 10/02/2024 10:01AM
<b>Patient Name</b> : Mrs. Roshni Raghuwanshi	<b>Age</b> : 30 Y <b>Sex</b> : Female
<b>Ref By</b> : Dr. Hospital A Doctor	<b>Report Date</b> : 10/02/2024 12:39 PM

**BIOCHEMISTRY**

Parameter	Result	Units	Normal Range
<b>HBA1C [GLYCOSYLATED HEAMOGLOBIN]</b>			
HbA1C	5.5	%	Non-Diabetic level: <6 Good Control: 6 - 7 Poor Control: 7 - 8 Action Suggested > 8
MEAN BLOOD GLUCOSE	<b>111.15</b>	mg/dl	

The test is done on Cobas Integra 400plus-Turbidimetric Inhibition ImmunoAssay

Note:- Criteria for the diagnosis of diabetes HbA1c  $\geq 6.5\%$

- HbA1c is important test for the assessment of long term blood glucose control (also called glycemic control).
- HbA1C reflects mean glucose concentration over past 6-8 weeks and provides a much better indication of long term glycemic control than blood glucose determination.
- HbA1C is formed by non-enzymatic reaction between glucose and Hb. This reaction is irreversible and therefore remains unaffected by short term fluctuations in blood glucose levels.
- Long term complications of diabetes such as retinopathy, nephropathy, and neuropathy are potentially serious and can lead to blindness kidney failure etc.
- Genetic Variants (Hb-S trait, Hb-C trait) elevated fetal haemoglobin & chemically modified derivatives of haemoglobin (eg carbamylated Hb in patients with renal failure) can affect the accuracy of HbA1C measurement.

\*\*\*\*\* End Report \*\*\*\*\*

**Dr. Shobha Choksi**  
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<b>MR No.</b> : S149567	<b>Collection Date</b> : 10/02/2024 10:01AM
<b>Patient Name</b> : Mrs. Roshni Raghuwanshi	<b>Age</b> : 30 Y <b>Sex</b> : Female
<b>Ref By</b> : Dr. Hospital A Doctor	<b>Report Date</b> : 10/02/2024 12:40 PM

**BIOCHEMISTRY**

<u>Parameter</u>	<u>Result</u>	<u>Units</u>	<u>Normal Range</u>
<b>LIPID PROFILE</b>			
SERUM CHOLESTEROL CHOD PAP	146	mg/dl	50 - 200
HDL CHOLESTEROL Direct	49	mg/dl	40 - 60
LDL CHOLESTEROL Direct	81.6	mg/dl	0 - 100
SERUM TRIGLYCERIDE GPO PAP	77	mg/dl	50 - 150
VLDL Calc	15.4	mg/dl	0 - 30
CHOLESTEROL / HDL RATIO	2.98		0 - 5
LDL / HDL RATIO	1.67		0 - 3

- LDL Cholesterol level is primary goal for treatment and varies with risk category and assessment.
- Risk assessment from HDL and Triglyceride has been revised. Also LDL goals have changed.
- Details on test interpretation available from the lab.

TEST	NEAR OPTIMAL (Moderate Risk)	BORDER LINE (Risk)	HIGH (Risk)	VERY HIGH
CHOLESTROL	160-199	200-239	240-279	280
HDL	50-59	40-49	< 40	
LDL	100-129	130-159	160-190	>190
TRIGLYCERIDES	150-169	170-199	240-499	>500
CHO/HDL RATIO	3.3-4.4	4.4-11.0	>11.0	
LDL/HDL RATIO	0.5-3.0	3.0-6.0	>6.0	

\*\*\*\*\* End Report \*\*\*\*\*

*SC*  
**Dr. Shobha Choksi**  
MD, DCP (Pathology)

Reg. No.: G-9074

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Pipla 10/02/2024 12:40 PM  
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MR No.	: 5149567	Collection Date	: 10/02/2024 10:01AM
Patient Name	: Mrs. Roshni Raghuwanshi	Age	: 30 Y Sex : Female
Ref By	: Dr. Hospital A Doctor	Report Date	: 10/02/2024 12:41 PM

**BIOCHEMISTRY**

Parameter	Result	Units	Normal Range
<b>LIVER FUNCTION TEST</b>			
ALKALINE PHOSPHATASE (IFCC)	76	U/L	35 - 130
BILIRUBIN TOTAL Diazo	0.5	mg/dl	0.0 - 1.2
BILIRUBIN DIRECT Diazo	0.2	mg/dl	0.0 - 0.4
BILIRUBIN INDIRECT (Calc)	0.3	mg/dl	0.0 - 0.8
SGPT (IFCC)	07	U/L	5 - 41
SGOT (IFCC)	12	U/L	5 - 40
SERUM TOTAL PROTEIN Biuret	7.6	gm/dl	6.6 - 8.7
SERUM ALBUMIN BCG	4.9	gm/dl	3.5 - 5.2
SERUM GLOBULIN Calc	2.7	gm/dl	1.5 - 3.5
SERUM A/G RATIO Calc	1.81	gm/dl	1.5 - 2.5
<b>SERUM CREATININE</b>			
SERUM CREATININE (JAFPE)	0.6	mg/dl	0.5 - 1.2
<b>BUN [BLOOD UREA NITROGEN]</b>			
BUN	6.8	mg/dl	8 - 23
<b>ALBUMIN-CREATININE RATIO</b>			
URINE ALBUMIN/MICROALBUMIN (Immunoturbidimetry)	5.6	mg/L	
URINE CREATININE (JAFPE)	17.0	mg/dl	
ALBUMIN-CREATININE RATIO (Calculated)	32.9	mg/gm	Normal: <30; Microalbuminuria: 30-299; Clinical Albuminuria: >300

\*\*\*\*\* End Report \*\*\*\*\*

Dr. Shobha Choksi  
MD, DCP (Pathology)

Reg. No.: G-9074

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10/02/2024 12:42PM  
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<b>MR No.</b> : S149567	<b>Collection Date</b> : 10/02/2024 10:01AM
<b>Patient Name</b> : Mrs. Roshni Raghuwanshi	<b>Age</b> : 30 Y <b>Sex</b> : Female
<b>Ref By</b> : Dr. Hospital A Doctor	<b>Report Date</b> : 10/02/2024 12:40 PM

**CLINICAL CHEMISTRY**

<b>Parameter</b>	<b>Result</b>	<b>Units</b>	<b>Normal Range</b>
<b>THYROID FUNCTION TEST [TFT]</b>			
TOTAL T3 (CLIA)	1.24	ng/ml	0.846 - 2.02
TOTAL T4 (CLIA)	8.48	ug/dl	5.1 - 14.0
TSH (CLIA)	3.38	uIU/ml	0.2 - 4.5

**Note:-**  
 Thyroid stimulating hormone (TSH) is synthesized and secreted by the anterior pituitary in response to a negative feedback mechanism involving concentrations of FT3 (free T3) and FT4 (freeT4). Additionally the hypothalamic tripeptide, thyrotropin releasing hormone (TSH) directly stimulates TSH production. TSH stimulates thyroid cell production and hypertrophy also stimulate the thyroid gland to synthesize and secrete T3 and T4.  
 Quantification of TSH significant to differentiate primary (thyroid) from secondary (pituitary) and tertiary (hypothalamus) hypothyroidism. In primary hypothyroidism, TSH levels are significantly elevated while in secondary and tertiary hypothyroidism, TSH levels are low.

\*\*\*\*\* End Report \*\*\*\*\*

*SC*

**Dr. Shobha Choksi**  
**MD, DCP (Pathology)**  
**Reg. No.: G-9074**

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MR No. : S149567	Collection Date : 10/02/2024 10:01AM
Patient Name : Mrs. Roshni Raghuwanshi	Age : 30 Y Sex : Female
Ref By : Dr. Hospital A Doctor	Report Date : 10/02/2024 12:44 PM

**CLINICAL PATHOLOGY**

Parameter	Result	Normal Range
<b>URINE ROUTINE &amp; MICROSCOPIC EXAMINATION</b>		
TYPE OF SPECIMEN - URINE	Random	
<b>PHYSICAL EXAMINATION</b>		
QUANTITY	50	ml
COLOUR	Pale Yellow	
APPEARANCE	Clear	
REACTION (pH)	6.5	
SPECIFIC GRAVITY	1.010	
<b>CHEMICAL EXAMINATION</b>		
PROTEIN	Absent	
GLUCOSE	Absent	
KETONE	Absent	
BILE SALT	Absent	
BILE PIGMENT	Absent	
OCCULT BLOOD	Present(Trace)	
NITRITE	Absent	
<b>MICROSCOPIC EXAMINATION</b>		
PUS CELLS	2-3	/hpf
EPITHELIAL CELLS	3-4	/hpf
RBC	1-2	/hpf
CASTS	Absent	
CRYSTALS	Absent	
BACTERIA	Absent	
YEAST CELLS	Absent	

\*\*\*\*\* End Report \*\*\*\*\*

Dr. Shobha Choksi  
MD, DCP (Pathology)

Reg. No.: G-9074

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**GYNAECOLOGICAL CONSULTATION**

MR. NO. S149567  
 Name: Mrs. Rashmi Raghuvanshi  
 Age: 30 Ht: 160 cm Wt: 58 kg B.P.: 110/60 mmHg

Date: 10/2/24

Clinical Evaluation / History / Presenting Complain:

Irregular

Gynecological History :

	Yes	No
1. Have you ever noticed any bleeding between menstrual periods? આવિર ના સમય સિવાય વચ્ચે અનિયમિત બ્લોડિંગ શરૂ થયું છે ?	<input type="checkbox"/>	<input checked="" type="checkbox"/>
2. Are / were your periods irregular? પીરિયડ રેગ્યુલર છે ?	<input type="checkbox"/>	<input checked="" type="checkbox"/>
3. Are you pregnant now? આજરે તમે ગર્ભવતી છો ?	<input type="checkbox"/>	<input checked="" type="checkbox"/>
4. Have you had your change of life (Menopause)? મેનોપોઝ ની શરૂઆત થઈ છે ?	<input type="checkbox"/>	<input checked="" type="checkbox"/>
5. Are / were you taking birth control pills? તમે બર્થ કન્ટ્રોલ પીલ્સ લેતા/લેતી છો ?	<input type="checkbox"/>	<input checked="" type="checkbox"/>
6. Do you have a lump in your breast? સાથમાં કોઈ ઘૂંટણ / શોષ / ગાંઠ છે ?	<input type="checkbox"/>	<input checked="" type="checkbox"/>
7. Did anyone in your family suffer from breast cancer? કુટુંબમાં કોઈને બ્રેસ્ટ કેન્સર છે ?	<input type="checkbox"/>	<input checked="" type="checkbox"/>
8. Did anyone in you family suffer from any other cancer? કુટુંબમાં કોઈને કોઈ પણ અન્ય કેન્સર છે ?	<input type="checkbox"/>	<input checked="" type="checkbox"/>

Obstetric History :

1. Menstrual History : Menarche at 14 Yrs  
 Menses: a. Scanty / Average / Excess  
 b. No of Days: 3-5 / 5-7 / More than 7 days  
 c. Interval ..... days, Reg / Irregular  
 d. Pain : Before - / During / After / Painless

Last menstrual Period (LMP): 10/1/24

2. Obstetric History :  
 Gravida ..... Pare ..... Abortion ..... Live 1  
 Married life with cohabitation.....  
 Children M: ..... F: 3 Last Delivery: ..... Yrs back  
 Any bad Obstetric event / history Yes / No  
 If yes Describe:

History of Contraception & Family Planning:

**Examination**

- a. Breast Examination - Right
- b. Per abdomen examination
- c. Local examination
- d. Per Speculum Examination

R/AI  
Left NO  
few gms  
Vulva :  
Vagina

e. Per vaginal examination :

Cervi : Uterus : AV/RV : Normal / Bulky  
Adnexa :  
PAP's Smear Taken Yes / No

Repus  
MVP/S  
Papsmear

**Clinical Impression:**

[Empty box for Clinical Impression]

**Recommendation:**

A. Additional Inv. / Referral Suggested

[Empty box for Recommendation A]

B. Therapeutic Advice

[Empty box for Recommendation B]

*[Handwritten initials]*

*[Handwritten signature]*

DR. BHAVNA DESAI  
MD, DGO  
REG. NO. - 10535  
SUNSHINE GLOBAL HOSPITAL  
SURAT

Followup Date

Gynaecologist's Signature

DB: DR. FEMALE

Vent rate: 78 BPM  
PR int: 173 ms  
QRS dur: 77 ms  
QT/QTc: 370/403 ms  
P-R-T axes: 62 64 55

SINUS RHYTHM  
NORMAL ECG  
INTERPRETATION BASED ON A DEFAULT AGE OF 40 YEARS

Reviewed by \_\_\_\_\_

Mrs. Pashmi Baghelwanshi  
30/10 SK-19 5607

