Dr. Vimmi Goel MBBS, MD (Internal Medicine) Sr. Consultant Non Invasive Cardio Reg. No: MMC- 2014/01/0113	Preventive Health Check up KIMS Kingsway Hospitals Nagpur Phone No.: 7499913052	MS-KINGSWAY HOSPITALS
Name: Mr. Sa	chin Deshmakh	Date: 20(03) 24
Age : 3848 Sex (0F Weight: 63 1 kg Height: 166 1 inc	BMI: 22-7
BP: 116/ 63	mmHg Pulse: <u>78/puin</u> bpm Sfo2-987	ABS :mg/dl

SPANV Medisearch Lifesciences Private Limited 64, Parwana Bhewan, Kingsway, Nagour - 440 001, Mahanashira, India Phone: +91 0712 6769100

InBody

ID. 2224011285

Height Life, Tom

Gender | Test Date / Time 20, 03, 2021 (99:51 Male

Inflish 770

Kingsway Hospital

10000200	1000		0.025424	0.570	1.1.1	122.00
Body	C	m	positio	n .	A nan	1 815

Sum of the above	weight	1.8.1	10101	
	Weight	(ke)	63.1	(51.9~70.1)
Ahere my excess energy is stored	Body Fat Mass	$(\mathbf{k}_{\mathcal{I}})$	17.8	(1316年12)
What I need for strong bones	Mineral	(kg)		1 3 18 4 1 88 1
What i need to build muscles	Protein	(Ac)		0.82+0.23
Total amount of water in my body	STATE IN			
	Total Body Water	COLC:	33.3	(11:1+2:0)

Age

28

Muscle-Fat Analysis

Statement of the local division of the local	10	COLUMN 1	Inder		Norm	aí			.0	NUT .			
Weight	(kg)	_	- 5	141	1	63, 1	716	145	1-10	14	har	28	*
EMM.	-		1	120	-		129	10	10				
Body Fat Mass			14	-	100	uð.	17.	8	140	10	10	1,10	•

Obesity Analysis

	Concession in the local division in the loca		nder		Norm	al 👘			0	iet -	-	
BMI	ikg m² i		IU.	163	24	22,7						
PBF		1.1			15.0	36.0	12.8	28.	2	21.0	47.8	31.8

Lear Mann

Evaluation Segmental Lean Analysis

6	2, 38 4 81, 3		2, 45 kc 83, 5 -			1, 1 % 201, 8 % Over		1, 1 kg 196, 2 % Over	
Left		21, 14 90, 0 Normal		Right	Left		9.3 kg 241.2 % Over		Right
	7, 02 kg 86, 0 % Under		6, 96 a 85, 3 % Under			2, 6 ta 164, 1 *- Over		2, 6 kg 163, 8 % Over	

* Segmental fat is estimated

Segmental Fat Analysis

Body Composition History

Weight (kg)	63, 1	
SMM (kg)	25.0	
PBF (*s)	28.2	
¥ Recent □ Total	9. (0) 20 (0) 54	

InBody Score		
1	65/100 trans	
 Total score that composition A 100 points 	reflects the eralisation muscular person may s	direction and the device
Weight Contr	ol	
Target Weight Weight Control Fat Control	61.23= -1.94 -8.63	
Muscle Control	+6, 7 kp	
Obesity Evalu	C.U.S. C.	
	aemal 🖾 t tder 🛛	Siglith Oser HAS
PBF DN	onial D Siglativ	inar
Waist-Hip Rat		.90
0.93		-
Visceral Fat L	evel	
Level 7	Lon 10	High
Research Para	ameters	
Fat Free Mass	45. 3 14	
Basal Metabolic Rate	1349	3+1674
Obesity Degree	103	6~110
SMI	6.8 kp.nr	
Recommended calorie #	tee 1913	
Calorie Experi	diture of Exercis	e
Galf	Gateball	120
Walking	126 Yoga	126
Badminton	1.4.3 Table Terris	143
Tennis	189 Bicycling	189
Baxing	189 Basketball	189
Mountain Climbing	206 Jumping Rape	221
Aerobics	221 Jogging	2:21
Soccer	221 Swimming	221
Japanese Fencing	316 Racketoel	316
	100 114 AV8 CA	10.00

31ri Taekwondo Squash. +Based on your ourvert weight

+ Eased on 30 minute duration

Impedance

Fat Mark

Evaluation

S	RA	LA	TR	RI.	1 E
Zan 20un-	302.3	372.9	28,3	316.4	309.5
100 Lite	351.3	1333. 页	37.0	282.3	226.1

316

0.07101100

THEFT LORE OF MOUNTS



KIMS - Kingsway Hospitals

(A Unit of SPANV Medisearch Lifesciences Pvt. Ltd.)

44, Kingsway, Near Rasturchand Park, Nagpur,

Maharashtra, India 440001.

Ph No.: 1800 266 8346 Mobile No.: +91-2126789100

Email :assistance@kimshospitals.com(Website :www.kimshospitals.com

DEPARTMENT OF OPHTHALMOLOGY OUT PATIENT ASSESSMENT RECORD

SACHIN DESHMUKH	CONSULT DATE 20-03-2024	DR. ASHISH PRAKASHCHANDRA
38Y(S) 0M(S) 0D(S)M	CONSULT ID OPC2324127199	KAMBLE
UMR2324041285	CONSULT TYPE	MBBS, MS, FVRS, FICO
9765572699	VISIT TYPE NORMAL	CONSULTANT
	TRANSACTION	DEPT OPHTHALMOLOGY

VITALS

100

A

CHIEF COMPLAINTS

Temp : Pulse : BP (mmHg) : spO2 : Pain Score : Height : _ *F _ lmin _ - %RA - /10 - oms ROUTINE CHECK UP

Weight : BMI :

-kgs -

MEDICATION PRESCRIBED

	Medicine	Route	Dose	Frequency	When	Duration
()	XLHA EVE DROPS	Eye	1-1-1-1	Every Day	NA	2 months
1	10ML	Instructions : BO	THEYE			
	Companition / SODIUM IN	NALORONATE & PS MA	·			

NOTES

GLASS PRESCRIPTION :-DISTANCE VISION

EYE	SPH	CYL	AXIS	VISION
RIGHT EYE	-0.75	00	00	66
LEFT EYE	-0.75	00	00	6/6

00

00

M

NB

NEAR ADDITION

RIGHT EYE

LEFT EYE

Dr. Ashish Prakashchandra Kamble MBBS,MS, FVRS,FICO Consultant

Printed On :20-03-2024 11:39:21

REMARK- CONTINUE WITH OLD GLASSES

Dr. Rahul Atara BDS. MDS (Endextentical Sr. Consultant Dental Surgeon Reg. No. A: 18347



Name :	NE	Sachia	ris Deskinufts				Date: 20 03 2 4		
Age :	2590	Sex : M/F	Weight :	kg	Height :	inc	BMI :		
BP :		mm	Hg Pulse :			bpm	AB\$ 1		mg/dl

PALH - NIC

FE calali Stain caurie to RPE t

-for

1

Resksam ete implon e Et VISHN



DEPARTMENT OF PATHOLOGY

Patient Name	: Mr. SACHIN DESHMUKH	Age /Gender	:38 Y(s)/Male
Bill No/ UMR No	: BIL2324086647/UMR2324041285	Referred By	:Dr. Vimmi Goel MBBS,MD
Received Dt	: 20-Mar-24 08:54 am	Report Date	:20-Mar-24 11:10 am

HAEMOGRAM

4

	Parameter	Specimen	Results	Biological Reference	Method
	Haemoglobin	Blood	14.1	13.0 - 17.0 gm%	Photometric
	Haematocrit(PCV)		41.9	40.0 - 50.0 %	Calculated
	RBC Count		4.62	4.5 - 5.5 Millions/cumm	Photometric
	Mean Cell Volume (MCV)		91	83 - 101 fl	Calculated
	Mean Cell Haemoglobin (MCH)		30.4	27 - 32 pg	Calculated
	Mean Cell Haemoglobin Concentration (MCHC)		33.5	31.5 - 35.0 g/l	Calculated
	RDW		16.1	11.5 - 14.0 %	Calculated
	Platelet count		180	150 - 450 10^3/cumm	Impedance
	WBC Count		4100	4000 - 11000 cells/cumm	Impedance
	DIFFERENTIAL COUNT				
	Neutrophils		59.9	50 - 70 %	Flow Cytometry/Light microscopy
	Lymphocytes		31.5	20 - 40 %	Flow Cytometry/Light microscopy
	Eosinophils		4.5	1-6 %	Flow Cytometry/Light microscopy
)	Monocytes		4.1	2 - 10 %	Flow Cytometry/Light microscopy
	Basophils		0.0	0-1 %	Flow Cytometry/Light microscopy
	Absolute Neutrophil Count		2455.9	2000 - 7000 /cumm	Calculated

Page 1 of 2

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DEPARTMENT OF PATHOLOGY

Patient Name : Mr. SACHIN DES Bill No/ UMR No : BIL2324086647/ Received Dt : 20-Mar-24_08:54	UMR2324041285	Age /Gender :38 Y(s)/M Referred By :Dr. Vimm Report Date :20-Mar-2	Dr. Vimmi Goel MBBS,MD	
Parameter Specim Absolute Lymphocyte Count	nen <u>Results</u> 1291.5	Biological Reference 1000 - 4800 /cumm	Calculated	
Absolute Eosinophil Count	184.5	20 - 500 /cumm	Calculated	
Absolute Monocyte Count	168.1	200 - 1000 /cumm	Calculated	
Absolute Basophil Count	0	0 - 100 /cumm	Calculated	
PERIPHERAL SMEAR				
RBC	Normochromic Normocytic As Above			
Platelets	Adequate			
ESR	22	0-15 mm/hr	Automated Westergren's Method	
	*** End Of Re	eport ***		

Suggested Clinical Correlation * If neccessary, Please discuss

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DEPARTMENT OF BIOCHEMISTRY

atient Name : Mr. SACHIN DESHMUKH		кн	Age /Gender : 38 Y(s)/Male		
Bill No/ UMR No : B	No/ UMR No : BIL2324086647/UMR2324041285		Referred By :Dr. Vimr	mi Goel MBBS,MD	
Received Dt : 20-Mar-24 08:53 am		Report Date : 20-Mar-	24 10:20 am		
Parameter	Specimen	Results	Biological Reference	Method	
Fasting Plasma Glucose Plasma Post Prandial Plasma Glucose		90 75	< 100 mg/dl < 140 mg/dl	GOD/POD,Colorimetric GOD/POD, Colorimetric	
GLYCOSYLATED H	AEMOGLOBIN (H	BA1C)			
HbAlc		4.8	Non-Diabetic : <= 5.6 % Pre-Diabetic : 5.7 - 6.4 % Diabetic : >= 6.5 %	HPLC	
		*** End Of Re	eport ***		

Suggested Clinical Correlation * 1f neccessary, Please discuss

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Phone: +91 0712 6789100 CIN: U74989MH2018PTC303510



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CLINICAL DIAGNOSTIC LABORATORY

DEPARTMENT OF BIOCHEMISTRY

Bill No/ UMR No :8	Mr. SACHIN DESHMU ML2324086647/UM O-Mar-24 08:54 ar	2324041285	Age /Gender :38 Y(s), Referred By :Dr. Vim Report Date :20-Mar-		
LIPID PROFILE					
Parameter	Specimen	Results		Mathed	
Total Cholesterol	Serum	162	< 200 mg/di	Method Enzymatic(CHE/CHO/Po	
Triglycerides		108	< 150 mg/dl	D) Enzymatic	
HDL Cholesterol Direct		29	> 40 mg/di	(Lipase/GK/GPO/POD) Phosphotungstic acid/mgcl-Enzymatic	
LDL Cholesterol Direct		104.78	< 100 model	(microslide)	
VLDL Cholesterol		22	< 100 mg/dl	Enzymatic	
Tot Chol/HDL Ratio		6	< 30 mg/dl 3 - 5	Calculated	
Intiate therapeutic		201		Calculation	
THE PERSON AND A PE	ada at		Consider Drug therapy	LDC-C	
CHD OR CHD risk equivalent Multiple major risk factors conferring 10 yrs CHD risk>20% Two or more additional major risk factors,10 yrs CHD risk <20% No additional major risk or one additional major risk factor		>100	>130. optional at 100-129	<100	
		>130	10 yrs risk 10-20 % >130		
		>160	10 yrs risk <10% >160 >190,optional at 160-189	<130	

* End Of Report ***

Suggested Clinical Correlation * If neccessary, Please discuss Verified By : : 11100026

16

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DEPARTMENT OF BIOCHEMISTRY

Patient Name	: Mr. SACHIN DESHMUKH	Age /Gender	:38 Y(s)/Male
Bill No/ UMR No	: B1L2324086647/UMR2324041285	Referred By	: Dr. Vimmi Goel MBBS, MD
Received Dt	: 20-Mar-24 08:54 am	Report Date	:20-Mar-24 11:10 am

LIVER FUNCTION TEST(LFT)

64

Parameter	Specimen	Results	Biological Reference	Method
Total Bilirubin	Serum	0.61	0.2 - 1.3 mg/di	Azobilirubin/Dyphylline
Direct Bilirubin		0.19	0.1 - 0.3 mg/dl	Calculated
Indirect Bilirubin		0.42	0.1 - 1.1 mg/dl	Duel wavelength spectrophotometric
Alkaline Phosphatase		103	38 - 126 U/L	pNPP/AMP buffer
SGPT/ALT		32	10 - 40 U/L	Kinetic with pyridoxal 5 phosphate
SGOT/AST		28	15 - 40 U/L	Kinetic with pyridoxal 5 phosphate
Serum Total Protein		8.15	6.3 - 8.2 gm/dl	Bluret (Alkaline cupric sulphate)
Albumin Serum		4.52	3.5 - 5.0 gm/dl	Bromocresol green Dye Binding
Globulin		3.63	2.0 - 4.0 gm/dl	Calculated
A/G Ratio		1.2		
1000000		*** End Of	Report ***	

Suggested Clinical Correlation * If neccessary, Please discuss

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DEPARTMENT OF BIOCHEMISTRY

Received Dt	: 20-Mar-24 08:54 am	Report Date	:20-Mar-24 11:10 am
	: BIL2324086647/UMR2324041285	Referred By	: Dr. Vimmi Goel MBBS, MD
Patient Name	: Mr. SACHIN DESHMUKH	Age /Gender	: 38 Y(s)/Male

THYROID PROFILE

12

Parameter	Specimen	Results	Biological Reference	Method
T3	Serum	1.36	0.55 - 1.70 ng/ml	Enhanced chemiluminescence
Free T4		1.12	0.80 - 1.70 ng/dl	Enhanced Chemiluminescence
тян		2.51	0.50 - 4.80 uIU/mi	Enhanced chemiluminescence
		*** End Of	Report ***	

Suggested Clinical Correlation * If neccessary, Please discuss

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KIMS-KINGSWAY

CLINICAL DIAGNOSTIC LABORATORY

DEPARTMENT OF BIOCHEMISTRY

Patient Name	: Mr. SACHIN DESHMUKH	Age /Gender	:38 Y(s)/Male
Bill No/ UMR No	: BIL2324086647/UMR2324041285	Referred By	: Dr. Vimmi Goel MBBS,MD
Received Dt	: 20-Mar-24 08:54 am	Report Date	:20-Mar-24 11:10 am

1.1.1				
Parameter	Specimen	Result Values	Biological Reference	Method
Blood Urea	Serum	14	19.0 - 43.0 mg/dl	Urease with indicator dye
Creatinine		1.0	0.66 - 1.25 mg/dl	Enzymatic (creatinine amidohydrolase)
GFR		98.8	>90 mL/min/1.73m square.	Calculation by CKD-EPI 2021
Sodium		144	136 - 145 mmol/L	Direct ion selective electrode
Potassium		5.21	3.5 - 5.1 mmol/L	Direct ion selective electrode
		222 E 4 6 6 8		

*** End Of Report ***

Suggested Clinical Correlation * 17 neccessary, Please discuss

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RFT

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DEPARTMENT OF BIOCHEMISTRY

 Patient Name
 : Mr. SACHIN DESHMUKH

 Bill No/ UMR No
 : BIL2324086647/UMR2324041285

 Received Dt
 : 20-Mar-24
 11:32 am

Age /Gender : 38 Y(s)/Male Referred By :Dr. Vimmi Goel MBBS,MD Report Date :20-Mar-24 01:02 pm

URINE SUGAR

Parameter Urine Glucose NOTE:

Result Values

Negative Unine sugar postmeal *** End Of Report ***

Suggested Clinical Correlation * If neccessary, Please discuss

Verified By : : 11100400

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DEPARTMENT OF PATHOLOGY

Received Dt : 20-Mar-24 09:49 am	Bill No/ UMR No :	Mr. SACHIN DESHINORT	Age /Gender Referred By Report Date	:Dr. Vimmi (Goel MBBS, MD
----------------------------------	-------------------	----------------------	---	--------------	---------------

USF(URINE SUG	ARTASISION	Result Values Biological Reference	<u>Fiether</u>
Parameter Urine Glucose	11.1-2	Negative *** End Of Report ***	STRIP
			2.00

Suggested Clinical Correlation * If neccessary, Please discuss

Verified By : : 11100400

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DEPARTMENT OF PATHOLOGY

Patient Na Bill No/ U Received	MR No :	BIL23240	N DESHMUN 86647/UMR 4 09:49 am	2324041285	Age /Gender Referred By Report Date	:Dr. Vimmi	Goel MBBS,MD
URINE Parame PHYSIC Volume Colour.	MICRO ter AL EXAM	SCOPY INATION	<u>Specimen</u> Urine	<u>Results</u> 30 ml Pale yellow Clear	Clear		Method
Reacti Specif Urine Suga Biliru Ketor Nitra Urob <u>MIC</u>	ICAL EXA on (pH) fic gravity Protein r bin te Bodies te illinogen	MINATIO		6.5 1.000 Negative Negative Negative Negative Negative Normal	4.6 - 8.0 1.005 - 1.025 Negative Negative Negative Negative Negative Negative Normal 0 - 4 /hpf		Indicators ion concentration protein error of pH indicator GOD/POD Diazonium Legal's est Principle Ehrlich's Reaction Manual
R.B.	C. Cells			Absent 0-1 Absent	0 - 4 /hpf 0 - 4 /hpf Absent		

Page 1 of 2

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to be and the other



DEPARTMENT OF PATHOLOGY

	DEPARTMEN	and the state of the	The Property of the second s
Patient Name	: Mr. SACHIN DESHMUKH : BIL2324086647/UMR2324041	Age /Gender	: 38 Y(s)/Male : Dr. Vimmi Goel MBBS,MD : 20-Mar-24 11:16 am
Bill No/ UMR NO	: 20-Mar-24 09:49 am	Report	Method
Received Dt Parameter Crystals	Specimen Result	ts 1 Of Report ***	

Page 2 of 2

Suggested Clinical Correlation * If neccessary, Please discuss.

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DEPARTMENT OF IMMUNO HAEMATOLOGY

ient Name : Mr. S No/ UMR No : BIL2	ACHIN DESHMUK 324086647/UMR2	H 324041285	Age /Gender Referred By Report Date	:Dr. Vimmi	Goel MBBS, ND
RLOOD GROUPIN	G AND RH Specimen EDTA Whole	Results			Gel Card Method
END GROUP.	Blood & Plasma/ Serum	* Positive "(+Ve) *** End Of Ri	eport ***		

Rh (D) Typing-

Suggested Clinical Correlation * If neccessary, Please CONSULTANT PATHOLOGIST discuss Ventied By 1:11100245 Test results related only to the item tested. No part of the report can be reproduced without written permission of the laboratory.

undes Dr. GAURI HARDAS, MBBS, MD

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DEPARTMENT OF RADIOLOGY & IMAGING SCIENCE

SACHIN DESHMUKH	STUDY DATE	20-03-2024 10:03:55	
38Y1D / M	HOSPITAL NO.	UMR2324041285	
BH 2324086647-9	MODALITY	DX	
20-03-2024 13:28	REFERRED BY	Dr. Vimmi Goel	
	38Y1D / M BIL2324086647-9	38Y 1D / M HOSPITAL NO. BIL2324086647-9 MODALITY	

X-RAY CHEST PA VIEW

Both the lung fields are clear.

Heart and Aorta are normal

th hiar shadows appear normal.

Diaphragm domes and CP angles are clear.

Bony cage is normal.

IMPRESSION: No pleuro-parenchymal abnormality seen.

R.R KHANDELWAL

SENIOR CONSULTANT

MD, RADIODIAGNOSIS [MMC-55870]

N.B : This is only a professional opinion and not the final diagnosis. Radiological investigations are subject to variations due to technical limitations. Hence, correlation with clinical findings and other investigations should be carried out to know **Bababahahabe disease**Th Lifesciences Private Limited 44, Parwane Bhawan, Kingsway, Nagpur - 440 001, Maharashtra, India.

Ray, Nagpur - 440 001, Maharashtra, India, Phone: +91 0712 6789100 CIN: U74999MH2018PTC303510

1 of 1



PATIENT NAME:	MR. SACHIN DESHMUKH	AGE /SEX:	30 100 10 1
UMR NO:		AGE / JEA:	38 YRS/M
enning,	2324041285	BILL NO:	2324086647
REFERRED BY	DR. VIMMI GOEL		
	Charlen GOEL	DATE	20/03/2024

USG WHOLE ABDOMEN

LIVER is normal in size and echotexture.

No evidence of any focal lesion seen. Intrahepatic billiary radicals are not dilated. PORTAL VEIN and CBD are normal in course and caliber.

GALL BLADDER is physiologically distended. No sludge or calculus seen. Wall thickness is within normal limits.

Visualized head and body of PANCREAS is normal in shape, size and echotexture.

SPLEEN is normal in shape, size and echotexture. No focal lesion seen.

Both KIDNEYS are normal in shape, size and echotexture. No evidence of calculus or hydronephrosis seen. URETERS are not dilated.

URINARY BLADDER is partially distended. No calculus or mass lesion seen.

Prostate is normal in size, shape and echotexture.

There is no free fluid seen.

IMPRESSION:

No significant abnormality seen. Suggest clinical correlation / further evaluation.

DR. R.R. KHANDELWAL SENIOR CONSULTANT MD RADIO DIAGNOSIS [MMC-55870]

Dr. Bhupendra Yadav Resident Doctor

Printed by Shital

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KIMS-KINGSWAY

2D ECHOCARDIOGRAPHY AND COLOR DOPPLER REPORT

Patient Name	: Mr. Sachin Deshmukh
Age	: 38 years / Male
UMR	: UMR2324041285
Date	: 20/03/2024
Done by	: Dr. Vimmi Goel
ECG	NSP WAR
Blood pressure	e: 116/69 mm Ha (n:-).
BSA	e: 116/69 mm Hg (Right arm, Supine position)

Impression: Normal 2D Echocardiography Study

Normal chambers dimensions No RWMA of LV at rest Good LV systolic function, LVEF 66% Normal LV diastolic function E/A is 1.3 E/E' is 7.5 (Normal filling pressure) Valves are normal **Trivial MR** No pulmonary hypertension IVC is normal in size and collapsing well with respiration No clots or pericardial effusion

Comments:

Sector echocardiography was performed in various conventional views (PLAX, SSAX, AP4 CH and 5 CH views). LV size normal. There is no RWMA of LV seen at rest. Good LV systolic function. LVEF 66%. Normal LV diastolic function. E Velocity is 84 cm/s, A Velocity is 66 cm/s. E/A is 1.3. Valves are normal. Trivial MR. No Pulmonary Hypertension. IVC normal in size and collapsing well with respiration, Pericardium is normal. No clots or pericardial E' at medial mitral annulus is 10.7 cm/sec & at lateral mitral annulus is 11.7 cm/sec.

M Mode echocardiography and dimension:

Left atrium Aortic root LVIDd LVIDs IVS (d) LVPW (d) LVEF % Fractional Shortonics	Normal ra (adults) (4 19-40 20-37 35-55 23-39 6-11 6-11 ~ 60%	children) 7-37 7-28 8-47 6-28 4-8 4-8 4-8	Observed (mm) 31 29 46 22 10 10
Fractional Shortening		4-8 ~60%	1.0.0

Dr. Vimmi Goel MD, Sr. Consultant Non-invasive Cardiology Fellow Indian Academy of Echocardiography (FIAE)

SPANV MediSearch Lifesciences Private Limited 44, Parwana Ethawari, Kingsway, Nagpur - 440 001, Maharashtra, India. Phone: +91 0712 6769100 CIN: U74999MH2018PTC303510

