

## DEPARTMENT OF LABORATORY MEDICINE

Patient Name	: Mrs. ASHA MOHAN	Order No	: 1000074355
UHID	: UHJ A23019014	Registered On	: 24/02/2024 08:55:54 AM
Age/Sex	: 39/Years Female	Collected On	: 24/02/2024 09:36:51 AM
Ward / Bed No	:	Reported On	: 24/02/2024 02:00:23 PM
Reference	: Dr. Preventive Health Check Up	Bill No	: OPBJ A230023508
Station	: At Hospital	Mobile No	: 9986587488
Payer Name	: Mediwheel	Report Status	: Final Report

Test Name	Result	Unit	Bio. Ref. Interval
<b><u>BIOCHEMISTRY</u></b>			
<b>FASTING GLUCOSE</b> (Method: Hexokinase)	87	mg/dL	ADA Guidelines < 100 mg/dl - Normal 100 to 125 mg/dl - Prediabetes ≥ 126 mg/dl - Diabetes
<b>POST PRANDIAL GLUCOSE</b> (Method: Hexokinase)	83	mg/dL	70-140
<b>GLYCOSYLATED HAEMOGLOBIN (HBA1C)</b>			Sample: Whole blood (EDTA)
<b>HBA1C</b> (Method: HPLC)	5.0	%	ADA Guidelines < 5.7% - Normal 5.7 to 6.4% - Prediabetes ≥ 6.5% - Diabetes
Estimated Average Glucose (eAG) (Method: Calculated)	96.79	mg/dL	
<b>THYROID PROFILE (TOTAL T3, TOTAL T4 &amp; TSH)</b>			Sample: Serum
<b>TOTAL T3</b> (Method:C LIA)	0.84	ng/mL	0.87-1.78
<b>TOTAL T4</b> (Method:C LIA)	7.15	ng/dL	5.1-14.1
<b>THYROID STIMULATING HORMONE (TSH)</b> (Method:C LIA: Ultra-sensitive)	1.27	μIU/mL	0.34 - 5.60 μIU/mL (Non Pregnant) 0.3 - 4.5 μIU/mL (I trimester) 0.5 - 5.2 μIU/mL (II & III trimester)
<b>LIPID PROFILE</b>			Sample: Serum
<b>TOTAL CHOLESTEROL</b> (Method:C HOD-POD)	124	mg/dL	ATP III Guidelines < 200 - Desirable 200-239 - Borderline high ≥ 240 - High
<b>TRIGLYCERIDES</b> (Method:Enzymatic GPO-POD)	68	mg/dL	< 150 - Normal 150-199 - Borderline High 200-499 - High ≥ 500 - Very High
<b>HDL CHOLESTEROL</b> (Method:ENZYMATIC METHOD)	39.0	mg/dL	< 40 - Low ≥ 60 - High

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<b>LDL CHOLESTEROL</b> (Method:ENZYMATIC METHOD)	71.4	mg/dL	<100 - Optimal 100-129 - Near or above optimal 130-159 - Borderline high 160-189 - High ≥190 - Very high
<b>VLDL CHOLESTEROL</b> (Method: Calculated)	13.59	mg/dL	< 30
<b>TOTAL CHOLESTEROL : HDL RATIO</b> (Method: Calculated)	3.1		Low Risk: 3.3 - 4.4 Average Risk: 4.5 - 7.1 Moderate Risk: 7.2 - 11.0
<b>LDL/HDL CHOLESTEROL RATIO</b> (Method: Calculated)	1.8		< 2.5 Optimal
<b>NON HDL CHOLESTEROL</b> (Method: Calculated)	85.0	mg/dL	< 130
<b>URIC ACID</b> (Method:Uricase - POD(Enzymatic))	4.2	mg/dL	2.6-6.0
<b>BLOOD UREA NITROGEN(BUN)</b> (Method:Urease GLDH - Kinetic)	11	mg/dL	7.93-20.07
<b>CREATININE</b> (Method:Modified Jaffe, Kinetic)	0.60	mg/dL	0.6-1.1
<b>LIVER FUNCTION TEST</b>			
<b>TOTAL BILIRUBIN</b> (Method:Dichlorophenyl Diazotization)	0.54	mg/dL	0.3-1.2
<b>DIRECT BILIRUBIN</b> (Method:Dichlorophenyl Diazotization)	0.12	mg/dL	0.0-0.2
<b>INDIRECT BILIRUBIN</b> (Method: Calculated)	0.43	mg/dL	0.2-1.0
<b>TOTAL PROTEIN</b> (Method:BIURET)	6.7	g/dL	6.6-8.3
<b>ALBUMIN</b> (Method:BCG)	3.94	g/dL	3.5-5.2
<b>GLOBULIN</b> (Method: Calculated)	2.76	g/dL	2.3-3.5

Sample: Serum

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AG RATIO (Method: Calculated)	1.42		2:1
SERUM SGOT (Method:IFCC without P5P)	16	U/L	< 35
SERUM SGPT (Method:IFCC without P5P)	16	U/L	< 35
ALKALINE PHOSPHATASE, SERUM (Method:PNPP AMP Buffer)	72	U/L	46-122
GGT (Method:IFCC)	10	U/L	< 38



**Dr. Shanthakumar Muruda**  
Sr CONSULTANT BIOCHEMIST  
KMC No : 54192

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**HAEMATOLOGY**
**COMPLETE BLOOD COUNT(CBC)**

Sample: Whole blood (EDTA)

<b>HAEMOGLOBIN</b> (Method:Photometric Measurement: Oxyhemoglobin method)	12.91	g/dL	12-16
<b>PACKED CELL VOLUME/HEMATOCRIT (PCV/HCT)</b> (Method: Calculated)	39.2	%	37-47
<b>TOTAL WBC COUNT (TLC)</b> (Method:Coulter Principle)	7680	Cells/Cum	4000-11000
<b>DIFFERENTIAL COUNT</b>			
<b>NEUTROPHILS</b> (Method:Optical/Impedance)	53.41	%	40-75
<b>LYMPHOCYTES</b> (Method:Optical/Impedance)	31.97	%	20-45
<b>EOSINOPHILS</b> (Method:Optical/Impedance)	5.80	%	0-6
<b>MONOCYTES</b> (Method:Optical/Impedance)	8.38	%	2-10
<b>BASOPHILS</b> (Method:Optical/Impedance)	0.44	%	0-2
<b>RED BLOOD CORPUSCLES(RBC)</b> (Method:Coulter Principle)	4.58	million/cum	4.0-5.2
<b>MCV</b> (Method:Derived from RBC Histogram)	85.5	fL	78-100
<b>MCH</b> (Method: Calculated)	28.2	pg	27-31
<b>MCHC</b> (Method: Calculated)	32.9	g/dL	31-37
<b>RDW - CV</b> (Method: Calculated)	13.7	%	11.5-14.5
<b>PLATELET COUNT</b> (Method:Electrical Impedance)	2.70	Lakhs/Cum	1.5-4.5

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MEAN PLATELET VOLUME(MPV) <small>(Method:Derived from PLT Histogram)</small>	8.62	fl	9-13
PLATELET DISTRIBUTION WIDTH (PDW) <small>(Method: Calculated)</small>	19.7	fl	9-19
<b>ERYTHROCYTE SEDIMENTATION RATE(ESR)</b> <small>(Method:Modified Westergren Method)</small>	09	mm/hour	1-20
<b>BLOOD GROUPING &amp; RH TYPING</b>			Sample: Whole blood (EDTA)
ABO Group <small>(Method:Agglutination Gel Method )</small>	B		
Rh Factor <small>(Method:Agglutination Gel Method )</small>	Positive		

Interpretation Notes

Note: Both forward and reverse grouping performed

*Naveen N*  
**Dr. Naveen Kumar**  
 CONSULTANT PATHOLOGIST  
 KMC NO : 71418

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CLINICAL PATHOLOGY

**URINE SUGAR, FASTING**

(Method:GOD-POD)

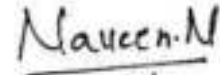
Absent

**URINE SUGAR (POST PRANDIAL)**

Absent

Verified By  
Rashmita

---End of Report---



**Dr. Naveen Kumar**  
CONSULTANT PATHOLOGIST  
KMC NO : 71418

Name: Mr. Asha Mohan

Sex: M    Birth date:    /    /    Weight:    kg    Height:    mm/ft

Age: 39 years    1100 Sinus rhythm    9110 \*\* normal ECG \*\*

Indications:

Symptoms:

History:

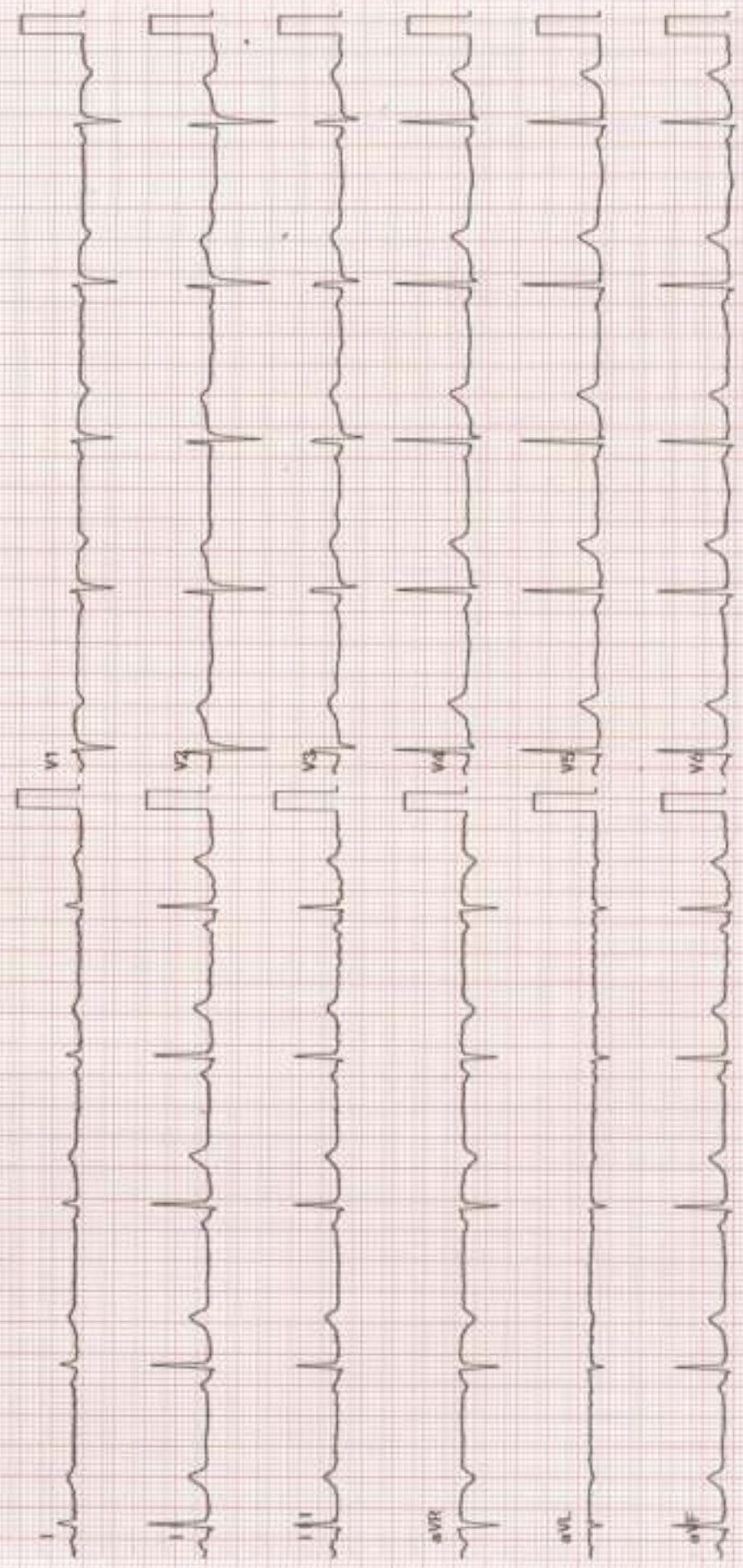
Heart rate:

PR interval	59	ms
QR duration	140	ms
QTc (QTc) interval	76	ms
QRS/T axis	414 / 413	ms
V5/SV1 amp	70 / 73 / 65	mm
V5+SV1 amp	1.38 / 0.66	mV
V5+SV1 amp	2.04	mV

Unconfirmed Report  
Reviewed by:

10 mm/mV    25 mm/s    Filter: H50 0 35 Hz

10 mm/mV





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**UNITED HOSPITAL**

Care Par Excellence  
Jayanagar, Bangalore

**Out Patient Record**

Patient Name : Mrs.ASHA MOHAN

UHID : UHJA23019014

Age / Sex : 39 Years / Female

OP NO/Reg Dt : 24-02-2024 08:55 AM

Spouse / Father Name : VENKATASIVA KUMAR

Department : Health choice

Address : # 6 1st B Cross Venkateshwara layout  
Madiwala, BANGALORE CITY H O.

Referred By : Corporate

Consultant : Dr.Preventive Health Check Up

KMC No. : Dr.Vignesh

Complaints / Findings / Observations : ENT Prescription

Investigations:

↓  
Came for Routine ENT checkup.

Ear, Nose, oral cavity, orx

within normal limits.

Treatment / Care of Plan / Provisional Diagnosis :

Follow Up Advice :

**DR. VIGNESH J**  
MBBS, DLO (MADRAS), DNB (ENT), FRS (KOWAL)  
ENT, HEAD AND NECK CANCER SURGEON  
REG. NO: 92095

Signature of the Doctor





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**Out Patient Record**

Patient Name : Mrs. ASHA MOHAN UHID : UHJA23019014  
 Age / Sex : 39 Years / Female OP NO/Reg Dt : 24-02-2024 08:55 AM  
 Spouse / Father Name : VENKATASIVA KUMAR Department :  
 Address : # 6 1st B Cross Venkateshwara layout Referred By :  
 Mediwala, BANGALORE CITY H O, Consultant : Dr. Preventive Health Check Up  
 KMC No. :

**Complaints / Findings / Observations :**

**Dr. Yoga Lakshmi SK**  
 MBBS, MS OBG, FMS  
 Consultant Obstetrician and  
 Gynecologist, Laparoscopy  
 and IVF Specialist  
 KMC Reg. No. 50384

Ht - 164.  
 wt - 60.5.  
 BP - 97/70 mmHg  
 P - 60 bpm  
 SpO<sub>2</sub> - 98%

**Investigations:**

*for lab check*

**Treatment / Care of Plan / Provisional Diagnosis :**

*no Hb. An, Hcn, Tg*

*no U/L - ur. Sug*

*no U/L - my Sug*

*MC - 13y*  
*RBC*  
*All csg*  
*Count - normal.*  
*CO - D<sub>2</sub>*  
*ANC - 10*

**Follow Up Advice :**

*P/A*  
*PLV*  
*PLV*

*dt not with.*  
*or prep sm also*

*contd.*  
*re does not*  
*contd.*

Signature of the Doctor



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Out Patient Record

Patient Name : Mrs. ASHA MOHAN  
 Age / Sex : 39 Years / Female  
 Spouse / Father Name : VENKATASIVA KUMAR  
 Address : # 6 1st B Cross Venkateshwara layout  
 Madiwala, BANGALORE CITY H O.

UHID : UHJA23019014  
 OP NO/Reg Dt : 24-02-2024 08:55 AM  
 Department : Health Check  
 Referred By : Corporate  
 Consultant : Dr. Preventive Health Check Up  
 KMC No. : Dr. Mohan

Complaints / Findings / Observations :

S/B Dr. Mohan

Came for regular health check-up.

No known co-morbidities.

Investigations:

No No previous surgeries.

Report :- TSH - 0.84

CBP, RFT, LFT, + within normal range.

Treatment / Care of Plan / Provisional Diagnosis :

ECh - Sinus rhythm.

Adv : 1. Repeat TSH after 1 month.

2. Regular exercises / diet modification.

Follow Up Advice :

Signature of the Doctor

### EXERCISE STRESS TEST REPORT

Patient Name: MRS. ASHA MOHAN,  
Patient ID: 19014  
Height: 164 cm  
Weight: 60 kg

DOB: 27.10.1984  
Age: 39yrs  
Gender: Female  
Race: Indian

Study Date: 24.02.2024  
Test Type: Treadmill Stress Test  
Protocol: BRUCE

Referring Physician: DR. RAHUL PATIL  
Attending Physician: DR. RAHUL PATIL  
Technician: YAMINI/THABITHA

Medications:  
-

Medical History:  
NO H/O DM & HTN

Reason for Exercise Test:  
Screening for CAD

#### Exercise Test Summary

Phase Name	Stage Name	Time in Stage	Speed (mph)	Grade (%)	HR (bpm)	BP (mmHg)	Comment
PRETEST	SUPINE	00:17	0.00	0.00	73	110/70	
	STANDING	00:26	0.00	0.00	66	110/70	
	HYPERV.	00:02	0.00	0.00	65	110/70	
	WARM-UP	00:16	0.00	0.00	70	110/70	
EXERCISE	STAGE 1	03:00	1.70	10.00	112	110/70	
	STAGE 2	03:00	2.50	12.00	139	120/80	
	STAGE 3	02:05	3.40	14.00	162	130/90	
RECOVERY		03:29	0.00	0.00	82	130/90	

The patient exercised according to the BRUCE for 8:04 min-s, achieving a work level of Max. METS: 10.10. The resting heart rate of 78 bpm rose to a maximal heart rate of 164 bpm. This value represents 90% of the maximal, age-predicted heart rate. The resting blood pressure of 110/70 mmHg, rose to a maximum blood pressure of 130/90 mmHg. The exercise test was stopped due to Target heart rate achieved.

#### Interpretation

Summary: Resting ECG: normal.  
Functional Capacity: normal.  
HR Response to Exercise: appropriate.  
BP Response to Exercise: normal resting BP - appropriate response.  
Chest Pain: none.  
Arrhythmias: none.  
ST Changes: none.  
Overall Impression: Normal stress test.

#### Conclusions

GOOD EFFORT TOLERANCE  
NORMAL HR AND BP RESPONSE  
NO ANGINA OR ARRHYTHMIAS NOTED  
NO SIGNIFICANT ST-T CHANGES NOTED DURING EXERCISE AND RECOVERY

IMPRESSION:- STRESS TEST IS NEGATIVE FOR INDUCIBLE ISCHEMIA

Physician \_\_\_\_\_

Technician \_\_\_\_\_

**DEPARTMENT OF RADIODIAGNOSIS**

<b>Name</b>	Asha Mohan	<b>Date</b>	24/02/24
<b>Age</b>	39 years	<b>Hospital ID</b>	UHJA23019014
<b>Sex</b>	Female	<b>Ref.</b>	Health check

**ULTRASOUND ABDOMEN AND PELVIS**

**FINDINGS:**

**Liver** is normal in size and echopattern. No intra or extra hepatic biliary duct dilatation. No focal lesions. **Portal vein** is normal in size, course and caliber. **CBD** is not dilated.

**Gall bladder** is normal without evidence of calculi, wall thickening or pericholecystic fluid.

**Pancreas** - Visualized part of the pancreatic head and body appears normal in size, contour and echogenicity. Rest of the pancreas is obscured by bowel gas.

**Spleen** is normal in size, shape, contour and echopattern. No evidence of mass or focal lesions.

**Right Kidney** is normal in size (9.4 x 3.1 cms), position, shape and echopattern. Corticomedullary differentiation is maintained. No evidence of calculi or hydronephrosis.

**Left Kidney** is normal in size (9.2 x 3.9 cms), position, shape and echopattern. Corticomedullary differentiation is maintained. No evidence of calculi or hydronephrosis.

**Retroperitoneum**- Visualized aorta appeared normal. No obvious enlarged para-aortic nodes.

**Urinary Bladder** is well distended. Wall thickness is normal. No evidence of calculi, mass or mural lesion.

**Uterus** is anteverted and normal in size, measures 8.3 x 2.8 x 4.1 cms. Myometrial and endometrial echoes are normal. Endometrium measures 3.8 mm.

**Right ovary** is normal in size and echopattern, measures 2.9 cc.

**Left ovary** is normal in size and echopattern, measures 2.8 cc.

**Both adnexa:** Normal. No mass is seen.

There is no ascites or pleural effusion. Appendix could not be localized. No RIF probe tenderness.

**IMPRESSION:**

- No definite sonological abnormality detected.



Dr. Elluru Santosh Kumar  
Consultant Radiologist



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**DEPARTMENT OF RADIODIAGNOSIS**

<b>Name</b>	Asha Mohan	<b>Date</b>	24/02/24
<b>Age</b>	39 years	<b>Hospital ID</b>	UHJA23019014
<b>Sex</b>	Female	<b>Ref.</b>	Health check

**RADIOGRAPH OF THE CHEST (PA – VIEW)**

**FINDINGS:**

Bilateral lung fields are normal.

Bilateral costo-phrenic angles are normal.

Cardia and mediastinal contours are normal.

The bony thorax is grossly normal.

**IMPRESSION:**

- No radiographic abnormality.

**Dr. Elluru Santosh Kumar**  
Consultant Radiologist