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Tele.: 022-2688 0377 / 46 / 47 / 48

MSU - Sonali Kant

361F

- NO complaints.
- K/C/O - Hypothyroidism on Rx
- Pt. does not having any cardiac issues.
- NO chest pain issues.
- NO hearing problems.
- Eye sight is ok.

g/e - usually stable

g/e
CNS
CNS
NB

ADMISSIONS
Dr. Jyoti Khambhadi
Dr. Anurag Khambhadi
Dr. Rajesh Khambhadi

ACADEMIC
Dr. Shreshth Khambhadi
Dr. Dnyanesh Khambhadi
Dr. Dnyanesh Khambhadi

GENERAL
Dr. Anurag Khambhadi
Dr. Dnyanesh Khambhadi
Dr. Dnyanesh Khambhadi

TECHNICAL
Dr. Dnyanesh Khambhadi
Dr. Dnyanesh Khambhadi
Dr. Dnyanesh Khambhadi

SPORTS
Dr. Dnyanesh Khambhadi
Dr. Dnyanesh Khambhadi
Dr. Dnyanesh Khambhadi

ARTS
Dr. Dnyanesh Khambhadi
Dr. Dnyanesh Khambhadi
Dr. Dnyanesh Khambhadi

SCIENCE
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Dr. Dnyanesh Khambhadi
Dr. Dnyanesh Khambhadi

COMPUTER
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LIBRARY
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CLUBS
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Dr. Dnyanesh Khambhadi

EXTRACURRICULAR
Dr. Dnyanesh Khambhadi
Dr. Dnyanesh Khambhadi
Dr. Dnyanesh Khambhadi

WELFARE
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01032024

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Ne compatibility such as BTM/STV

- no gynaec issue.

Answer



Dr. Sakshi Gupta
 Dietician
 OPD: 1st Floor, Sector 10, Gurgaon

Dr. Sakshi Gupta is a Dietician with 10 years of experience in the field of dietetics. She has worked in various hospitals and clinics, providing nutritional counseling to patients with various health conditions. She is also a member of the Indian Dietetic Association (IDA).

Time	Food	Quantity	Notes
Early Morning	1 cup tea/coffee toned milk/4Almonds	1	Half Almonds (soaked)
Breakfast	1 bowl upma/dalia/dal chawal OR 2 small idli / dosa with vegetable sambhar OR 1 bowl Muesli / oats in milk (1 boiled egg white)	1	
Mid-morning	1 fruit/Truhanz DM- 1 scoop in 100ml water	1	(Avoid fruit juices and fruits like banana, chickoo, custard apple, jackfruit, mango, coconut water and sugarcane juice)
Lunch	1 bowl raw vegetable salad 2 small rotli / bhakri (jowar/bajratagi) 1 bowl bhaji (Avoid Potato, Sweet potato, Yam, Beetroot, Arbi, Raw banana) 1 bowl thick dal / 1 medium piece of chicken or fish or egg preparation in curry 1 bowl brown rice OR 1 bowl vegetable dahi khandi with vegetables 1 bowl curd	1	
Evening snack	1 cup tea/coffee toned milk 1 besan chilla OR 1 bowl boiled sprouts OR 1 vegetable egg omelette with chapath OR 1 bowl chilla with curd	1	
Mid-evening	1 bowl dal and vegetable soup/Truhanz DM - 1scoop in 100ml water	1	
Dinner	1 bowl raw vegetable salad 2 small rotli / bhakri (jowar/bajratagi) 1 bowl bhaji (Avoid Potato, Sweet potato, Yam, Beetroot, Arbi, Raw banana) 1 bowl thick dal OR 1 bowl vegetable dahi khandi with vegetables	1	
Bed time	200ml toned milk/ 1tsp sesame seed	1	

- Early Morning:** 1 cup tea/coffee toned milk/4Almonds + Half Almonds (soaked)
- Breakfast:** 1 bowl upma/dalia/dal chawal OR 2 small idli / dosa with vegetable sambhar OR 1 bowl Muesli / oats in milk (1 boiled egg white)
- Mid-morning:** 1 fruit/Truhanz DM- 1 scoop in 100ml water
(Avoid fruit juices and fruits like banana, chickoo, custard apple, jackfruit, mango, coconut water and sugarcane juice)
- Lunch:** 1 bowl raw vegetable salad
2 small rotli / bhakri (jowar/bajratagi)
1 bowl bhaji (Avoid Potato, Sweet potato, Yam, Beetroot, Arbi, Raw banana)
1 bowl thick dal / 1 medium piece of chicken or fish or egg preparation in curry
1 bowl brown rice
OR 1 bowl vegetable dahi khandi with vegetables
1 bowl curd
- Evening snack:** 1 cup tea/coffee toned milk
1 besan chilla OR 1 bowl boiled sprouts OR 1 vegetable egg omelette with chapath OR 1 bowl chilla with curd
- Mid-evening:** 1 bowl dal and vegetable soup/Truhanz DM - 1scoop in 100ml water
- Dinner:** 1 bowl raw vegetable salad
2 small rotli / bhakri (jowar/bajratagi)
1 bowl bhaji (Avoid Potato, Sweet potato, Yam, Beetroot, Arbi, Raw banana)
1 bowl thick dal
OR 1 bowl vegetable dahi khandi with vegetables
- Bed time:** 200ml toned milk/ 1tsp sesame seed

Remarks: Supplement should be taken once a day.
 Have ample of fluids, upto 2L of water daily.
 Follow small frequent and regular meal pattern. Do not miss meals.
 Oil usage is 1tsp per meal, i.e. 3 teaspoon a day. Preferably mustard oil, sesame oil or flax seed oil.
 Salt usage is 1gm, i.e. 1/2 teaspoon a day. Avoid red meats like mutton, pork and beef.
 Include more green leafy vegetables, fruits and pulses in the diet.
 Include calcium rich foods like milk and milk products, nuts, seeds, etc.
 Make sure you get ample of exposure to sunlight for **Vitamin D**.
 Avoid processed foods, refined flour products and fried food. Restrict bakery products.
 Avoid all sources of extra salt like sauces, pickles, papads, chutneys, chips, etc.
 Avoid all sources of simple sugars like white sugar, brown sugar, honey, jaggery.
 For detailed diet counselling: Consult Dietician Sakshi Gupta in OPD with prior appointment.

Sakshi Gupta

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 Borivli (W), Mumbai 400091.
 email: info@apexhospitals.in | www.apexgroupofhospitals.com



Tele.:
 022 - 2598 6677 / 46 / 47 / 48

Patient	: Raut Sonal	UJID	: AS12V2404128
Age/Sex	: 26/Female	ID	: HC232400010
Consultant Dr	: GUNAR NEERAJ	Registered On	-
Referring Dr	-	Reported On	: 01-Mar-2024
Collection Centre	: Apex Hospital		

COMPLETE BLOOD COUNT

Test	Result	Normal Value
HAEMOGLOBIN	L 12.5 Gm%	13.5-18.0 Gm%
RBC Count	4.63 Millions/cumm	4.0-6.0 Millions/cumm
PCV	L 35.6 %	37-47 %
MCV	L 76.89 fl	78-100 fl
MCH	27.00 Pg	27-34 Pg
MCHC	11.35.11 %	32-35 %
RDW	12.4 %	11-15 %
Total WBC Count	7000 /C.MM	4000-11000 /C.MM
Differential Count		
Neutrophils	52 %	40-75 %
Eosinophils	02 %	01-06 %
Basophils	00 %	00-01 %
Lymphocytes	43 %	20-45 %
Monocytes	01 %	0-10 %
BAND CELLS	00 %	00-03 %
Abnormalities Of WBC	NORMAL	
Abnormalities Of RBC	MILD HYPER	
PLATELET COUNT	360 X 10 ³ /cumm	150-450 X 10 ³ /cumm
PLATELET ON SMEAR	ADEQUATE ON SMEAR	
MPV	8.0 fl	7.0-11.0 fl

Remarks : *

Note:- The test result are subject to variations due to technical limitations hence co-relation with clinical findings & other investigations should be done.

Run By
 Lab Technician

Checked By
 Biochemist

Pathologist
 DR. GUNAR NEERAJ VILAS
 MD PATHOLOGY

U. T. Road, Beside Punjab & Sind Bank, Babhai Naka,
Borivali (W), Mumbai 400091.
Email: info@apexhospitals.in www.apex@apexhospitals.com



Tele.:
022 - 2898 6677 / 46 / 47 / 48

Patient	: Ravi Sonal	UHID	: ASH252404428
Age/Sex	: 56/Female	ID	: HC252400010
Consultant Dr	: GUJAR NEERAJ	Registered On	:
Referring Dr	:	Reported On	: 01-March-2024
Collection Centre	: Apex Hospital		

HEMATOLOGY

Test	Result	Normal Value
ESR	H <u>45 mm/hr</u>	0 - 10 mm/hr
BLOOD GROUP	"O"	
Rh FACTOR	POSITIVE	

Remarks :

Note:- The test result are subject to variations due to technical limitations hence co-relation with clinical findings & other investigations should be done.

[Signature]
Run By
Lab Technician

[Signature]
Checked By
Biotechnician

[Signature]
Pathologist
DR. GUJAR NEERAJ VILAS
MD PATHOLOGY

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Borivali (W), Mumbai 400091.
email: info@apexhospitals.in | www.apexgroupofhospitals.com



Tele.:
022 - 2898 6677 / 46 / 47 / 48

Patient : **Raut Sonal** UH ID : ASH23240428
Age/Sex : 36/Female ID : HC232400010
Consultant Dr : GUJAR NIBRAJ Registered On :
Referring Dr : Reported On : 01-Mar-2024
Collection Centre : Apex Hospital

FASTING BLOOD SUGAR

Test	Result	Normal Value
FBS	H 132.5 Mg/dl	70-110 Mg/dl
URINE SUGAR	SNR	
URINE KETONES	SNR	

POST LUNCH BLOOD SUGAR


Test	Result	Normal Value
PLBL (2 HOUR AFTER FOOD)	H 165.6 Mg/dl	70-140 Mg/dl
URINE SUGAR (PP)	PRESENT(++)	-
URINE KETONE (PP)	ABSENT	

Remarks : **

Note:- The test result are subject to variations due to technical limitations hence correlation with clinical findings & other investigations should be done.


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Lab Technician

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Biochemist


Pathologist
DR. GUJAR NIBRAJ VIJAS
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Tel: :
022 - 2898 8677 / 46 / 47 / 48

Patient : Raut Sonal UIID : ASH273404428
Age/Sex : 36/Female ID : HC232400010
Consultant Dr : GUJAR NEERAJ Registered On :
Referring Dr : Reported On : 01-Mar-2024
Collection Centre : Apex Hospital

LIPID PROFILE

Test	Result	Normal Value
TOTAL CHOLESTEROL	186.5 Mg%	150-250 Mg%
TRIGLYCERIDES	113.57 Mg%	35-160 Mg%
HDL CHOLESTEROL	40.31 Mg%	30-70 Mg%
VLDL CHOLESTEROL	33.94	7-35
LDL CHOLESTEROL	112.25 Mg%	108-145 Mg%
TC/HDL CHOL RATIO	4.63	3.5-5.0
LDL/HDL RATIO	2.78	1.3-3.0

Remarks : *

Note:- The test result are subject to variations due to technical limitations hence co-relation with clinical findings & other investigations should be done.

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Biochemist

Pathologist
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MD PATHOLOGY



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Tele.:

022 - 2898 6677 / 45 147 / 46

Patient	: Raut Santal	UHID	: AS14231404428
Age/Sex	: 36/Female	ID	: HC233400010
Consultant Dr	: GUJAR NEERAJ	Registered On	: -
Referring Dr	: -	Reported On	: 01-Mar-2024
Collection Centre	: Apex Hospital		

LIVER FUNCTION TEST

Test	Result	Normal Value
TOTAL BILIRUBIN	0.63 Mg/dl	0.1-1.2 Mg/dl
DIRECT BILIRUBIN	0.21 Mg/dl	0.0-0.3 Mg/dl
INDIRECT BILIRUBIN	0.42 Mg/dl	0.1-1.0 Mg/dl
SGOT	H <u>43.03</u> IU/l	5-40 IU/l
SGPT	39.84 IU/l	5-40 IU/l
SERUM ALKALINE PHOSPHATASES	74.31 IU/l	25-147 IU/l
SERUM PROTEINS TOTAL	7.53 Gm%	6.0-8.2 Gm%
SERUM ALBUMIN	4.48 Gm%	3.0-5.0 Gm%
SERUM GLOBULIN	3.15 Gm%	1.0-3.5 Gm%
ALBUMIN : GLOBULIN RATIO	1.39 Mg/dl	0.9-2.0 Mg/dl
GAMMA GT	32.66 IU/l	5-45 IU/l

Remarks : *

Note:- The test result are subject to variations due to technical limitations hence co-relation with clinical findings & other investigations should be done.

Run By

Lab Technician

Checked By

Biochemist

Pathologist

DR. GUJAR NEERAJ, VILAS

MD PATHOLOGY



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SINCE 1985

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Tele.:
022 - 2898 6677 / 46 / 47 / 48

Patient	: Rnat Sonal	CHID	: ASH232400128
Age/Sex	: 46/Female	ID	: UC232400010
Consultant Dr	: GUJAR NEERAJ	Registered On	:
Referring Dr	:	Reported On	: 01-Mar-2024
Collection Centre	: Apex Hospital		

RENAL FUNCTION TEST

Test	Result	Normal Value
SERUM CREATININE	0.85 Mg/dl	0.6-1.6 Mg/dl
URIC ACID	4.45 Mg/dl	2.5-7.7 Mg/dl
BLOOD UREA NITROGEN / BUN	13.65 Mg/dl	0-23 Mg/dl

Remarks :

Note - The test result are subject to variations due to technical limitations hence correlation with clinical findings & other investigations should be done.

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Lab Technician

Checked By
Microbiologist

Pathologist
DR. GUJAR NEERAJ VILAS
MD PATHOLOGY



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Borivall (W), Mumbai 400091,
email: info@apollohospitals.in | www.apollohospitals.com



Tele.:

022 - 2898 6677 / 46 / 47 / 48

Patient	: Hunt Smit	LICD	: A31232405428
Age/Sex	: 36/Female	ID	: HC232400810
Consultant Dr	: GUNAR NEERAJ	Registered On	:
Referring Dr	:	Reported On	: 01-Mar-2024
Collection Centre	: Apollo Hospital		


URINE ROUTINE


Test	Result	Normal Value
PHYSICAL EXAMINATION		
QUANTITY	25 ML	30
COLOUR	PALE YELLOW	
APPEARANCE	SLIGHTLY HAZY	
DEPOSIT	PRESENT	
REACTION (PH)	ACIDIC	
SPECIFIC GRAVITY	1.020	
CHEMICAL EXAMINATION		
URINE ALBUMIN	PRESENT (TRAC)	
SUGAR	PRESENT (—)	
KETONE BODIES	ABSENT	
OCULT BLOOD	PRESENT (++)	
BILE PIGMENT	ABSENT	
BILE SALT	ABSENT	
MICROSCOPIC EXAMINATION OF CENTRE		
LEUCOCYTES	6-7 /hpf	0/hpf
PGC CELLS	5-6 /hpf	0/hpf
EPITHELIAL CELLS	12-15 /hpf	0/hpf
CASTS	ABSENT	
CRYSTALS	ABSENT	
SPERMATOZOA	ABSENT	
TRICHOMONAS VAGINALIS	ABSENT	
YEAST CELLS	ABSENT	
AMORPHOUS DEPOSITS	PRESENT SCUM	
BACTERIA	ABSENT	

Remarks :

Note:- The test results are subject to variations due to technical limitations hence correlation with clinical findings & other investigations should be done.


Run By
Lab Technician


Checked By
Microscopist


Pathologist
DR. GUNAR NEERAJ VILAS
MD. PAATHOLOGY



PathVision
TESTING WITH VISION

ISO 9001:2015 Certified

Patient id : PVD04223-24/69508 Sample ID : 2403095
 Patient : MRS SONAL RAUT Reg. Date : 01/03/2024
 Age/sex : 38 Yrs/ Female Report Date : 01/03/2024
 Center : APEX SUPERSPECIALITY HOSPITALS Case No. :
 Ref. By : Self



HbA1C-GLYCOSYLATED HAEMOGLOBIN

Test Description	Result	Unit	Biological Reference Range
HbA1c- (EDTA WB)	8.1	%	< 5.6 Non-diabetic 5.7-6.4 Pre-diabetic > 6.5 Diabetic
Estimated Average Glucose (eAG)	182.00	mg/dL	
Method : HPLC-Rinno D10x1.SA			

INTERPRETATION

- HbA1c is used for monitoring diabetic control. It reflects the estimated average glucose (eAG).
- HbA1c has been endorsed by clinical groups & ADA (American Diabetes Association) guidelines 2017 for diagnosis of diabetes using a cut-off point of 6.5%.
- Trends in HbA1c are a better indicator of diabetic control than a solitary test.
- Low glycosylated haemoglobin (below 4%) in a non-diabetic individual can often be associated with systemic inflammatory diseases, chronic anaemia (especially severe iron deficiency & haemolytic), chronic renal failure and liver diseases. Clinical correlation suggested.
- To estimate the eAG from the HbA1C vs Le, the following equation is used. eAG(mg/dL) = 28.7 * A1c - 46.7
- Interference of Haemoglobinopathies in HbA1c estimation.
 - For HbF > 25%, an alternate platform (Fructosamine) is recommended for testing of HbA1c.
 - Homozygous hemoglobinopathy is detected, fructosamine is recommended for monitoring diabetic status.
 - Heterozygous state detected (D10/Tusho 08 is corrected for HbS and HbC trait).
- In known diabetic patients, following values can be considered as a tool for monitoring the glycaemic control.
 - Excellent Control - 6 to 7 %
 - Fair to Good Control - 7 to 8 %
 - Unsatisfactory Control - 9 to 10 %
 - and Poor Control - More than 10 %.

Note : Haemoglobin electrophoresis (HPLC method) is recommended for detecting hemoglobinopathy

-----End Of Report-----

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 DR. SANDEEP B. PORWAL
 MBBS MD (Path) Mumbai
 MMC Reg no 2001031640



PathVision

TESTING WITH VISION

ISO 15189:2013 Certified

Patient Id : **PVD04223-2468506**
 Patient : **MRS SONAL RAUT**
 Age/sex : **35 Yrs/ Female**
 Center : **APEX SPECIALITY HOSPITALS**
 Ref. By : **Self**

Sample ID : **2403095**
 Reg. Date : **01/03/2024**
 Report Date : **01/03/2024**
 Case No. :



IMMUNOASSAY

Test Description	Result	Unit	Biological Reference Range
TOTAL T3 T4 TSH (TFT)			
T3 (Triiodothyronine)	130.2	ng/dl	83-200 For Pregnant females: First Trim: 104.8 - 229.8 2nd Trim: 128.9 - 262.3 Third trim: 135.4 - 261.7
T4 (Thyroxine)	8.14	ug/dL	5.13 - 14.10 For Pregnant females: First Trim: 7.33 - 14.8 Second Trim: 7.93 - 15.1 Third Trim: 6.95 - 15.7
TSH (Thyroid Stimulating Hormone)	0.869	LIU/ml	0.27 - 4.20

Method : ECLIA

INTERPRETATION

TSH	T3 / FT3	T4 / FT4	Suggested Interpretation for the Thyroid Function Tests Pattern
Within Range	Decreased	Within Range	Isolated Low T3 (FT3) seen in elderly & associated Non-Thyroidal illness. In elderly the drop in T3 level can be upto 25%.
Raised	Within Range	Within Range	Isolated High TSH especially in the range of 4.7 to 15 mIU/ml is commonly associated with Physiological & Biological TSH Variability. Subclinical Autoimmune Hypothyroidism A normal T4 therapy for age thyroiditis (recovery phase after Non-Thyroidal illness)
Raised	Decreased	Decreased	Chronic Autoimmune Thyroiditis Post thyroidectomy/Post radioiodine Hypothyroid phase of transient thyrotoxic*
Raised or within Range	Raised	Raised or within Range	Interfering antibodies to thyroid hormones (anti-TPO antibodies) Intermittent T4 therapy or T4 overdose Drug Interference: Amiodarone, Heparin, Beta blockers, statins, anti-epileptics*
Decreased	Raised or within Range	Raised or within Range	Isolated Low TSH - especially in the range of 0.1 to 0.4 mIU/ml seen in elderly & associated with Non-Thyroidal illness Subclinical Hyperthyroidism Thyroxine ingestion
Decreased	Decreased	Decreased	Central Hypothyroidism Non-Thyroidal illness Recent treatment for hyperthyroidism (TSH remains suppressed)
Decreased	Raised	Raised	Primary hyperthyroidism (Toxic nodule, Multinodular goitre, Toxic nodules) Transient thyrotoxicosis (Postpartum, Struma lymphocytica), Postnatal (granulomatous or lactogen DeQuervain's), Severe red thyroiditis with hyperthyroidism, Graves'
Decreased or within Range	Raised	Within Range	T3 toxicosis Non-Thyroidal illness

-----Enc Of Report-----

Term & Conditions: Test processed at PathVision Central Processing Laboratory, Dahisar West Mumbai-68. Individual laboratory investigations are done on-site but should be used along with other relevant clinical examinations to achieve final diagnosis. Any discrepancy with clinical condition in the referring doctor or patient must report in 24-hr of sample collection and get test re-done. Partial reproduction of this report is not permitted. The test report is not valid for Medico-legal purposes.

DR. SANDEEP B. PORWAL
MBBS MD (Path) Mumbai
MMC Reg no 2001031640



Patient id : PVD04223-24/69506

Patient : MRS SONAL RAUT

Age/sex : 36 Yrs/ Female

Center : APEX SUPERSPECIALITY HOSPITALS

Ref. By : Self

Sample ID : 2403162

Reg. Date : 01/03/2024

Report Date : 02/03/2024

Case No. :



CYTOLOGY REPORT - PAP SMEAR

Specimen

PAP Smear

Microscopic Description

Smears show superficial, intermediate and few metaplastic cells. Background shows neutrophils. No evidence of dyskeratosis or malignancy.

Impression

Negative for Intraepithelial lesion or malignancy

-----End Of Report-----

Terms & Conditions: Test processed at Pathvision Central Processing Laboratory, Dahisar west Mumbai-40. Individual laboratory investigations are never conclusive but should be read along with other relevant clinical examinations to achieve final diagnosis. Any discrepancy with clinical condition the referring doctor or patient must report in 24hr of sample collection and get well-known. Partial reproduction of this report is not permitted. This test report is not valid for medico-legal purpose.

DR. SANDEEP B. PORWAL
MBBS MD (Path) Mumbai
MNC Reg no 2301031640



APEX SUPERSPECIALITY HOSPITALS

Where Healing & Care Comes Naturally



022-2908 6677 / 48 / 47 / 48

CASHLESS FACILITY

L. T. Road, Besides Pinjao & Sind Bank, Bahar Naka, Borivali (W), Mumbai 400091.

E. C. G.

Name Sonal Raut Date 01/3/24

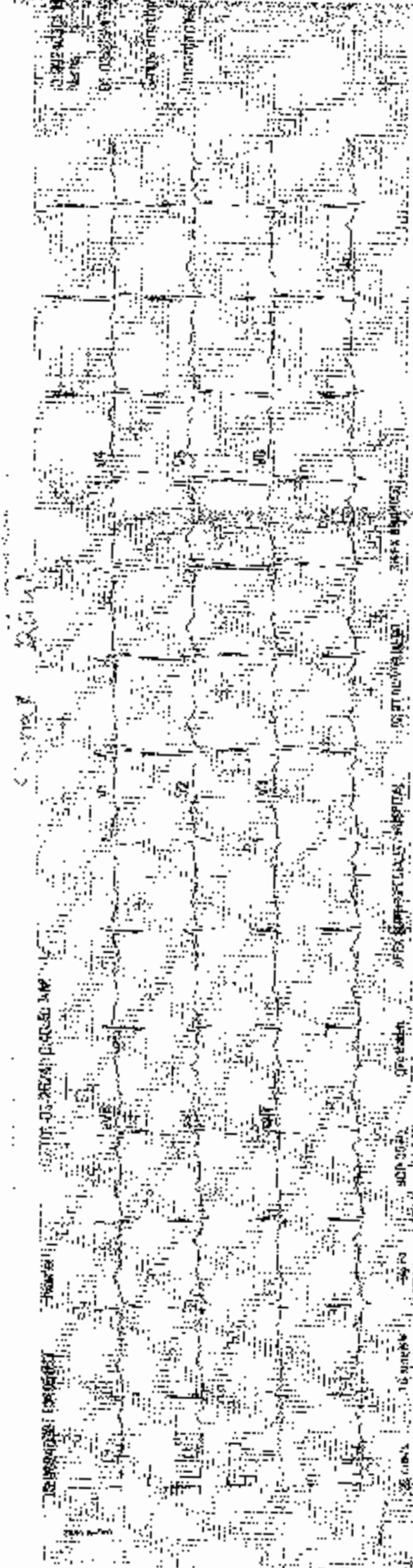
Age 42 37 F Gender _____ B.P 110/70

ELECTROCARDIOGRAPHIC OBSERVATIONS

Rate _____ **DR. CHIRAG V. SHAH** 0 R.S. Complex
D.N.B. (M.D.)

Rhythm _____ **CONSULTING PHYSICIAN, APXEL, BORIVALI** S.T. Segment
Reg. No. 2053 / 04 / 1948
P. Wave
W. Raut





UNI-EM

ELECTRONICS COMPLEX
INDORE

TREADMILL TEST REPORT

Serial no. 22306
ID : 02/03/7024
DATE : 36 / 76
AGE / SEX : 144 / 59
HT / WT :
REF. BY :

FACTORS :
HISTORY :
INDICATION :
REASON :

STAGE	TOTAL TIME	START TIME	SPEED km/hr	GRADE %	S.F. bpm	R.P. min	T.P.P. ml/100	ST LEVEL (MM)			REYS
								T	V	W	
Stage 1	2:55	2:55	2.7	0	180	100 / 60	190	2.7	2.7	2.7	4.00
Stage 2	5:55	2:55	6	12	181	100 / 60	191	7.5	1.3	3	7.00
Stage 3	8:55	2:55	5.4	14	176	100 / 60	176	7	3.6	2	9.92
PK-EXERCISE RECOVERY	9:56	0:56	0.7	0	187	100 / 60	197	6	5	3	11.24
	13:1	2:55			120	110 / 60	132	0.5	0.5	0.5	11.24

RESULTS

EXERCISE EFFICIENCY : 9.20
MAX HEART RATE : 219 bpm, 119.3 of target heart rate 100 bpm
MAX BLOOD PRESSURE : 110 / 60 mm Hg
REASON OF TERMINATION :

RP RESPONSE :
REMARKS :
R.R. RESPONSE :

IMPRESSIONS

Good
110 / 60
119.3
100 / 60
132

DR. CHIRAG V. SHAH
D.M.B. (M.D.)
CONSULTING PHYSICIAN (CARDIOLOGIST)
Reg. No. 2023 / 04 / 1649

Technician

UNJ-EM

sonal fault
I.D. 22307
Age 36/M
Date 02/03/2024

RATE 102bpm
B.P. 100/60

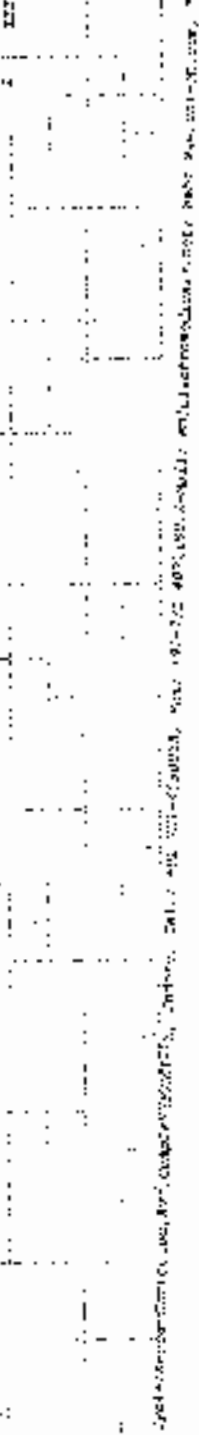
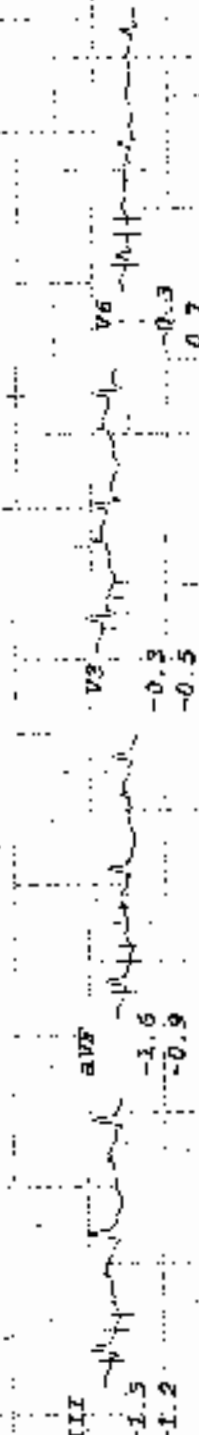
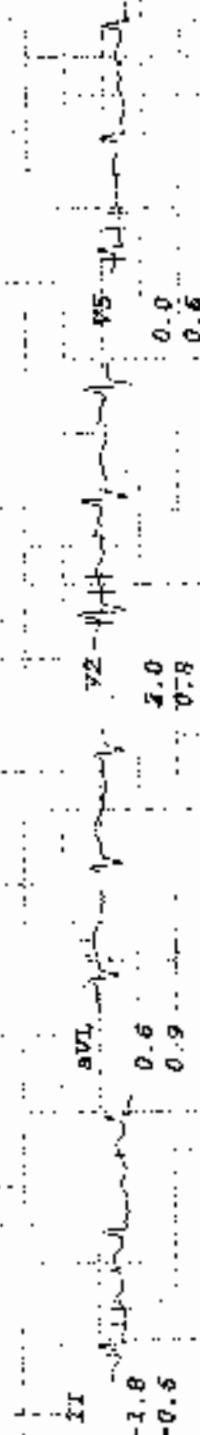
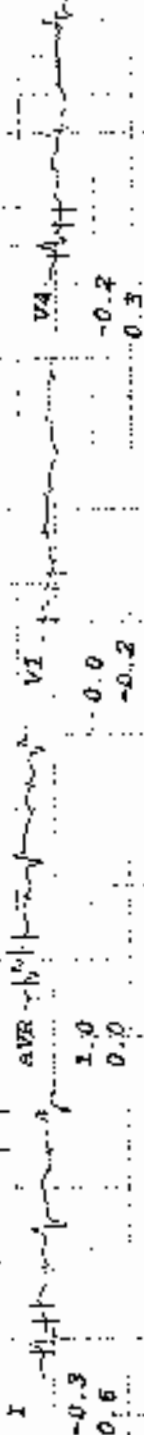
ST 4 10mm/mV
80ms Post. J

PREVESI
SUPINE

LINKED MEDIAN

Mag. x 2

II



UNI-EM

sonal report
I.D. 22307
Age 36/M
Date 02/03/2024

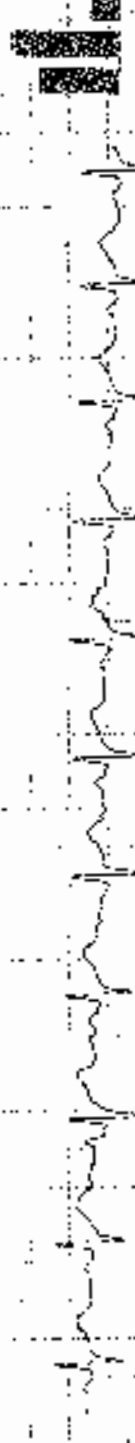
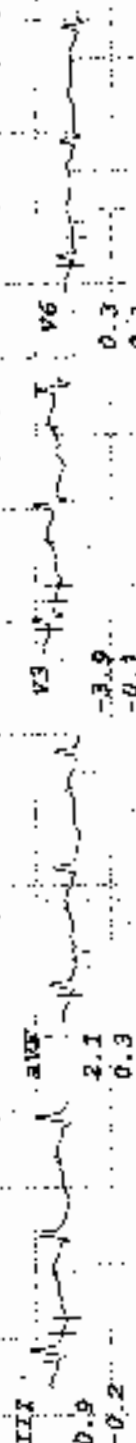
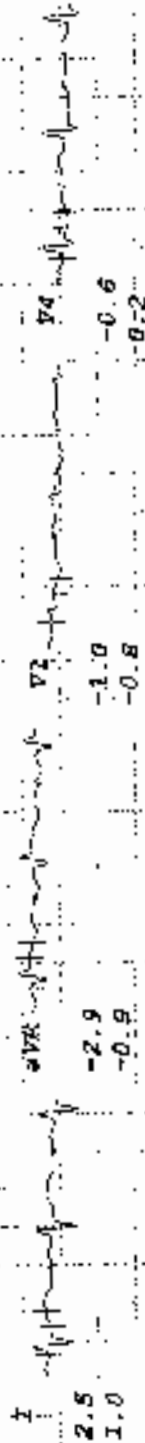
PREPARED
STANDING

SF @ 10mm/mV
50mg PostU

LINKED MEDIAN

Mag. X 2

V1



UNI-EM

sonal sign
I.D. 22307
Age 36/M
Date 02/03/2024

RATE 95bpm
B.P. 100/60

PREFEST
HYPERTENT

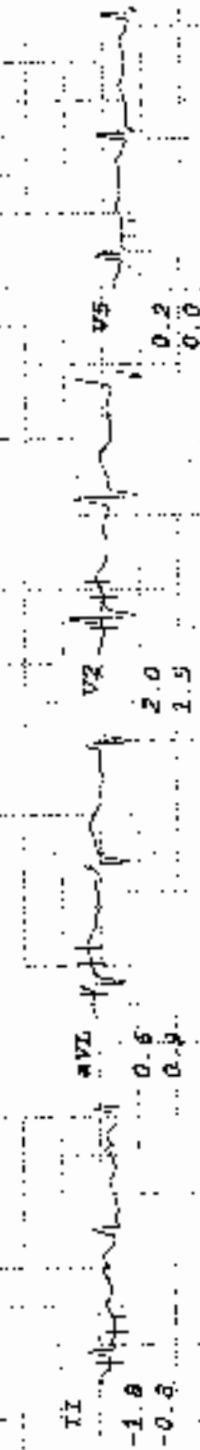
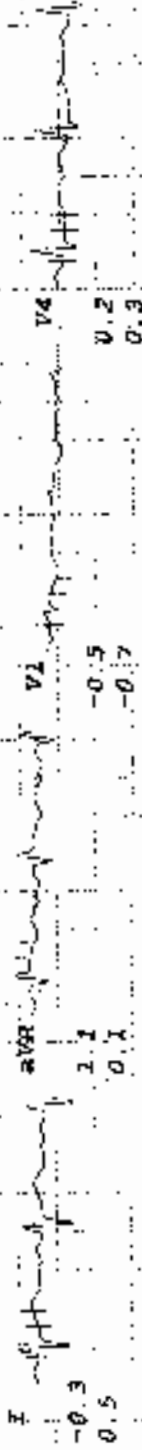
PHASE TIME 0:15

ST @ 10mm/mV
80ms Post

LINKED MEDIUM

REG. X 2

II



UNI - EM

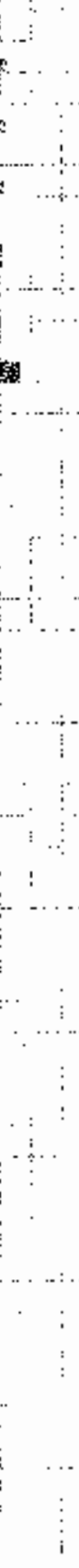
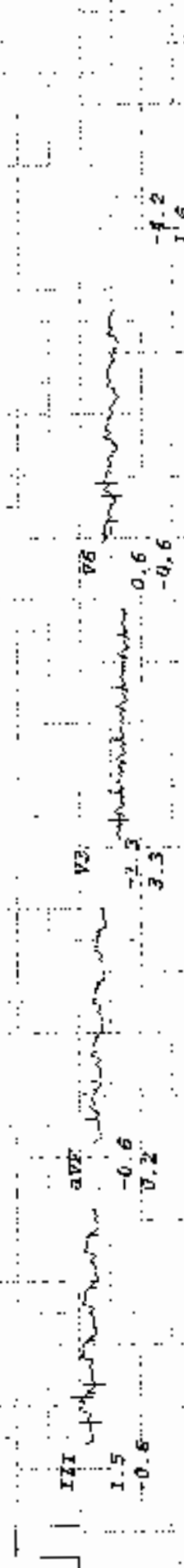
Subject: *Paul*
 I.D. 22308
 Age 36/M
 Date 02/03/2024

RATE 160bpm
 B.P. 100/60

Bruce
 Stage 1
 TOTAL TIME 2:55
 PHASE TIME 2:55
 Speed 2.7 km/hr
 SLOPE 10 %

LINKED MEDIAN

Mag X 2



UNI-EM

-total- zaut
 I.D. 22308
 Age 36/M
 Date 02/03/2024

RATE 191bpm
 S.P. 100/60

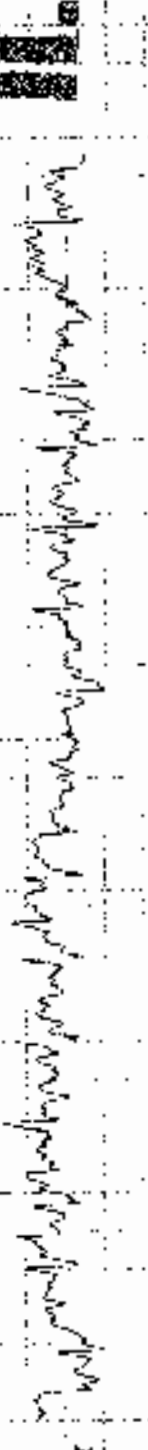
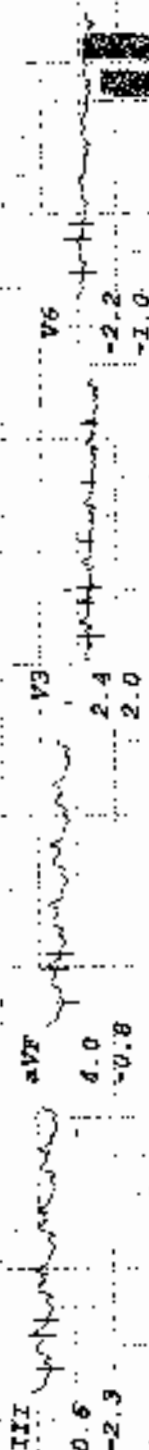
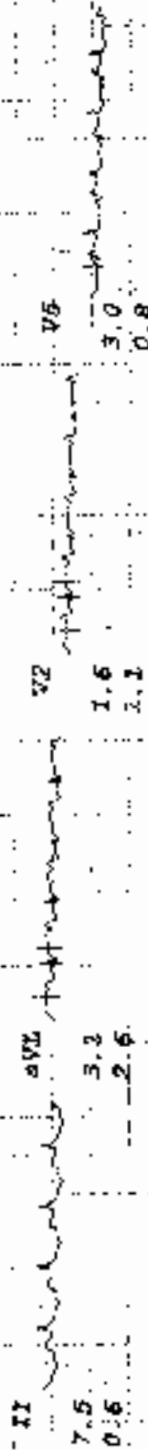
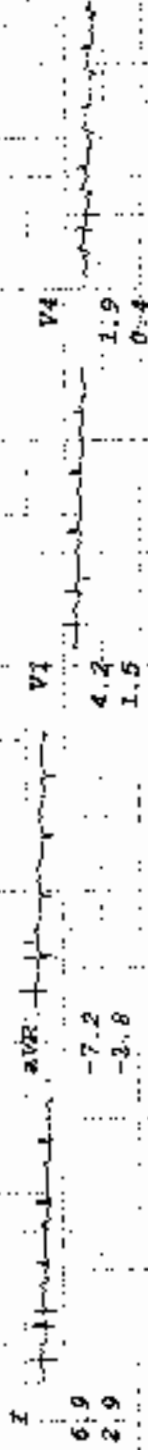
Bruce
 Stage 2
 TOTAL TIME 5:53
 PHASE TIME 2:55

QT @ 10mm/mV
 80ms PostQ
 Speed 4 km/hr
 SLOPE 12 %

LINKED MEDIAN

Mag. X 2

III



UNI-EM

LINKED-MEDIAN

Mag. X 2

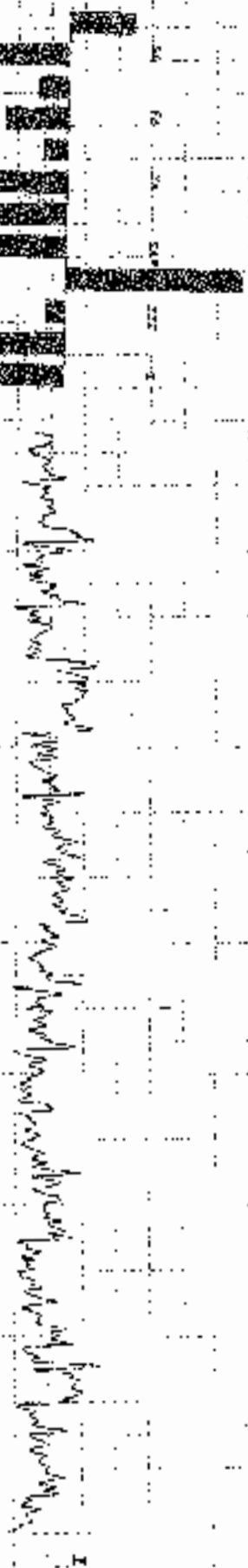
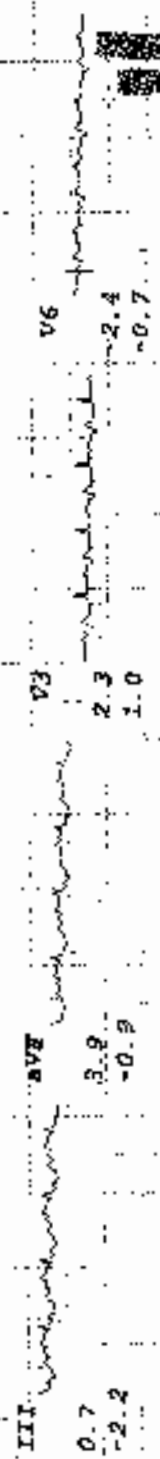
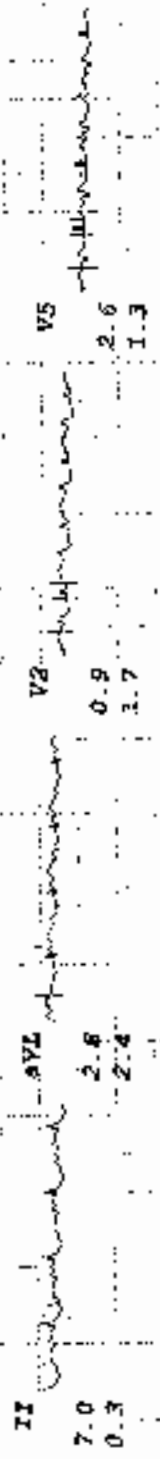
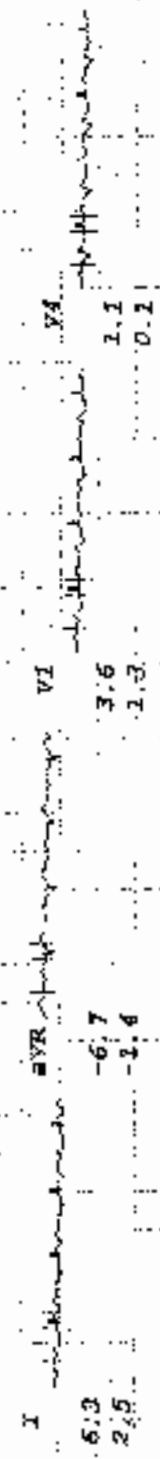
VZ

SUBJECT
I.D. 22300
Age 36/M
Date 02/03/2024

RAIS 1702pm
E.P. 100/60

STAGE
Stage 3
TOTAL TIME 8:55
PEAKS TIME 2:55

SP & 10mb/av
40ms PostLU
Speed 5.4 km/hr
SLOPS 1.4 #



UNI-EM

Social Part
T.P. 22308
Age 36/M
Date 02/03/2024

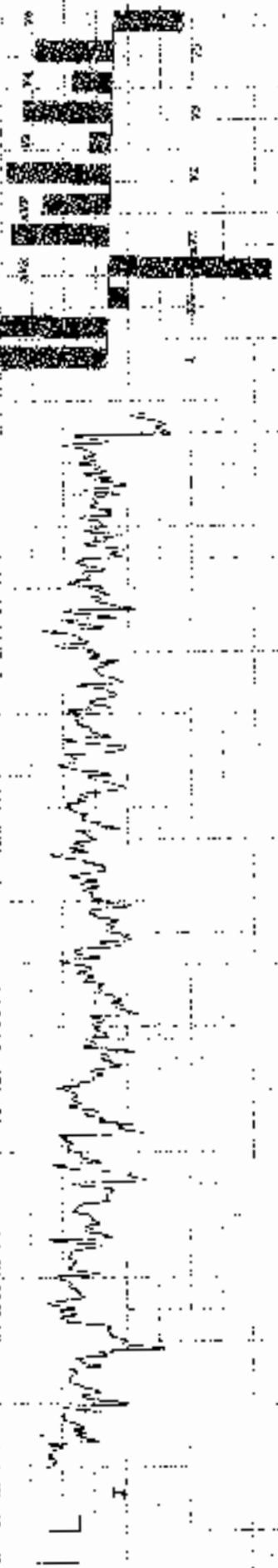
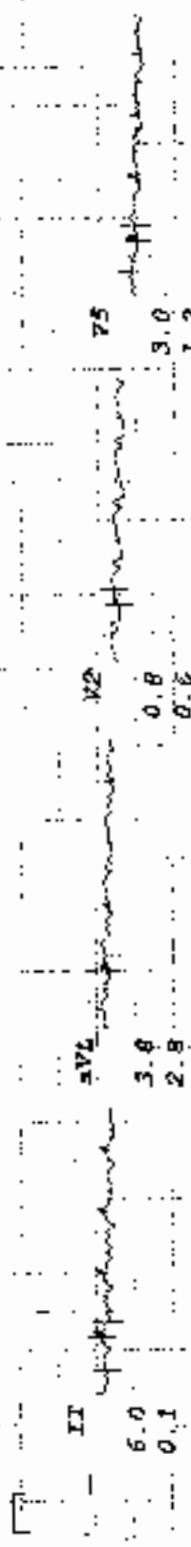
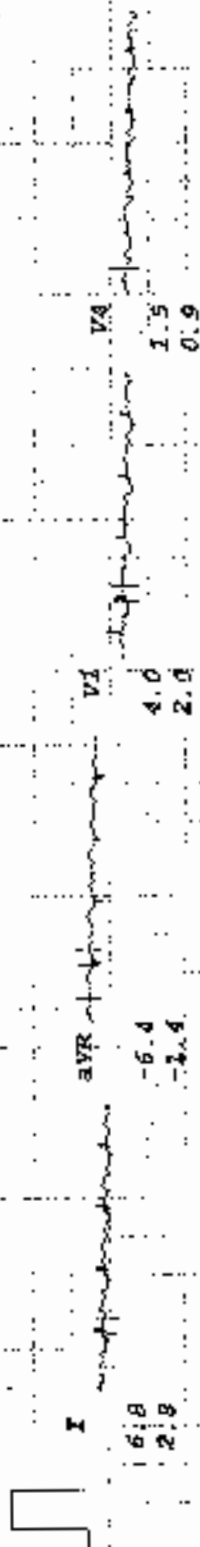
Rate 1872rpm
S.P. 100/60

ST 10mm/mV
80ms Post.
Speed 6.7 km/hr
SLOPE 16%

LINKED MEDIAN

Mag x 2

III



UNI - EIM

W0082 Xout
I.D. 22308
Age 36/M
Date 02/03/2024

PAPER 1200 μ m
S.P. 110/50

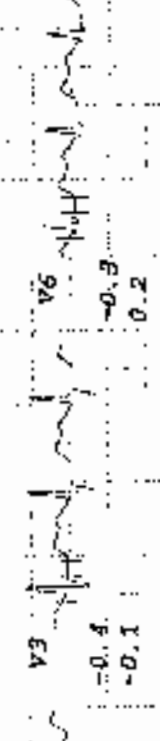
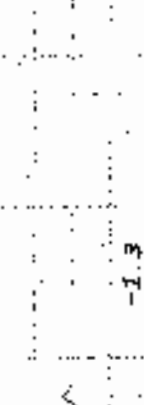
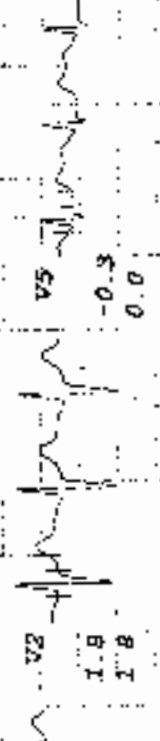
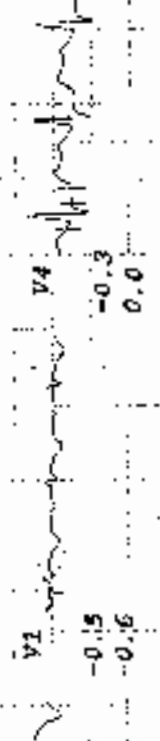
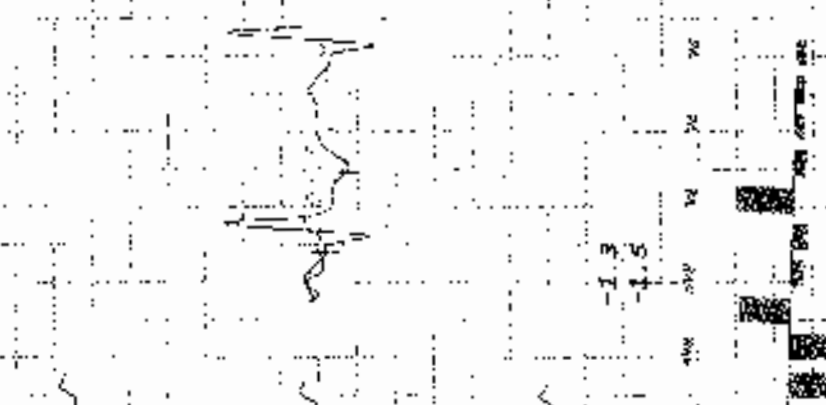
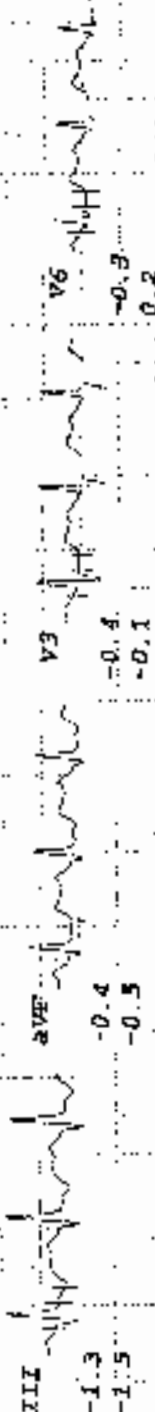
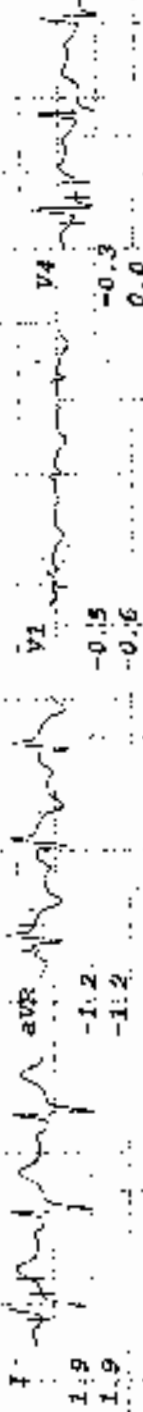
BRUCE
RECOVERY
TOTAL TIME 13:01
PHASE TIME 2:55

ST @ 10mm/Sec
50ms/Div

LINKED MEDIAN

Mag. X 2

III





L. T. Road, Besides Punjab & Sind Bank, Sahibai Naka,
Berivali (W), Mumbai 400091.
email: info@apexhospitals.in | www.apexgroupofhospitals.com



APEX
HOSPITALS

Tele.:
022 - 2998 6677 / 46 / 47 / 48

UUID : ASH232404428 ID : UC232400010 Date : 01-Mar-2024

Patient : Rani Soral Age/Sex : 36/Female Referred By : Rmo

Company :

DIGITAL X-RAY CHEST <PA> VIEW

The lung on either side shows equal translucency and exhibit normal vasculature

The pleural spaces are normal

Both hila are normal in size, have equal density and bear normal relationship.

The cardiac size is normal.

Trachea is central in position and no mediastinal abnormality is visible.

Bony thorax is normal.

IMPRESSION:

- o No significant abnormality.

DR. PANDYA SAUMIL
MD, DNB
RADIOLOGIST

9167680665

01-69-485555

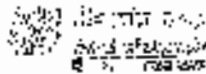
NAME: Sonal Raut

AGE / SEX: 36 yrs / Female

PACKAGE NAME: MediWeight Full Body Health Annual Physical

Sr. NO	TEST INCLUSION	SIGNATURE OF TEST CONDUCTING EMPLOYEE
1	FATING BLOOD ✓	Sobin
2	POST PRANDIAL BLOOD ✓	Sobin
3	URINE ✓	Sobin
4	FAP SMEAR Colo Rectal Smear ✓	
5	CHEST XRAY ✓	William Shyam
6	ECG ✓	Arvind S. S. S. S.
7	TMT ✓	Rashid
8	ULTRASOUND ABDOMEN	
9	GENERAL CONSULTATION (PHYSICIAN, DENTAL, EYE, ENT) ✓	
10	DIETICIAN CONSULTATION ✓	
11	POST CONSULTATION WITH ALL REPORTS WITH MD DOCTOR	
	COMPLIMENTARY BREAKFAST INCLUDED	

10-10
K. S.



(LETTER OF APPROVAL / RECOMMENDATION

To,

The Coordinator,
Mediwharf (Arcoferm) Healthcare Limited)
Hotline number: 011- 41199059

Dear Sir / Madam,

Sub: Annual Health Checkup for the employees of Bank of Baroda

This is to inform you that the following employee wishes to avail the facility of Cashless Annual Health Checkup provided by you, in terms of our agreement.

PARTICULARS	EMPLOYEE DETAILS
NAME	MS. RAUT SONAI TUSHAR
EC NO	164166
DESIGNATION	CREDIT
PLACE OF WORK	BHAYANDER WEST
BIRTHDATE	20-07-1987
PROPOSED DATE OF HEALTH CHECKUP	01-03-2024
BOOKING REFERENCE NO	23M16416610009456EE

This letter of approval / recommendation is valid if submitted along with copy of the Bank of Baroda employee id card. This approval is valid from **28-02-2024** till **31-03-2024**. The list of medical tests to be conducted is provided in the annexure to this letter. Please note that the said health checkup is a **cashless facility** as per our tie up arrangement. We request you to attend to the health checkup requirement of our employee and accord your top priority and best resources in this regard. The EC Number and the booking reference number as given in the above table shall be mentioned in the invoice, invariably.

We solicit your co-operation in this regard.

Yours faithfully,

Sd/-

Chief General Manager
HRM Department
Bank of Baroda

(Note: This is a computer generated letter. No Signature required. For any clarification, please contact Mediwharf (Arcoferm) Healthcare Limited.)

SUGGESTIVE LIST OF MEDICAL TESTS

FOR MALE	FOR FEMALE
CBC	CBC
ESR	ESR
Blood Group & RH Factor	Blood Group & RH Factor
Blood and Urine Sugar Fasting	Blood and Urine Sugar Fasting
Blood and urine Sugar PP	Blood and Urine Sugar PP
Stool Routine	Stool Routine
Lipid Profile	Lipid Profile
Total Cholesterol	Total Cholesterol
HDL	HDL
LDL	LDL
VLDL	VLDL
Triglycerides	Triglycerides
HDL / LDL ratio	HDL / LDL ratio
Liver Profile	Liver Profile
AST	AST
ALT	ALT
GGT	GGT
Bilirubin (total, direct, indirect)	Bilirubin (total, direct, indirect)
ALP	ALP
Proteins (T, Albumin, Globulin)	Proteins (T, Albumin, Globulin)
Kidney Profile	Kidney Profile
Serum creatinine	Serum creatinine
Blood Urea Nitrogen	Blood Urea Nitrogen
Uric Acid	Uric Acid
HBA1C	HBA1C
Routine urine analysis	Routine urine analysis
USG Whole Abdomen	USG Whole Abdomen
General Tests	General Tests
X Ray Chest	X Ray Chest
ECG	ECG
2D/3D ECHO / TMT	2D/3D ECHO / TMT
Stress Test	Thyroid Profile (T3, T4, TSH)
PSA Male (above 40 years)	Mammography (above 40 years; and Pap Smear (above 30 years).
Thyroid Profile (T3, T4, TSH)	Dental Check-up consultation
Dental Check-up consultation	Physician Consultation
Physician Consultation	Eye Check-up consultation
Eye Check-up consultation	Skin/ENT consultation
Skin/ENT consultation	Gynaec Consultation

SUGGESTIVE LIST OF MEDICAL TESTS

FOR MALE	FOR FEMALE
CBC	CBC
ESR	ESR
Blood Group & RH Factor	Blood Group & RH Factor
Blood and Urine Sugar Fasting	Blood and Urine Sugar Fasting
Blood and Urine Sugar PP	Blood and Urine Sugar PP
Stool Routine	Stool Routine
Lipid Profile	Lipid Profile
Total Cholesterol	Total Cholesterol
HDL	HDL
LDL	LDL
VLDL	VLDL
Triglycerides	Triglycerides
HDL / LDL ratio	HDL / LDL ratio
Liver Profile	Liver Profile
AST	AST
ALT	ALT
GGT	GGT
Bilirubin (total, direct, indirect)	Bilirubin (total, direct, indirect)
ALP	ALP
Proteins (T, Albumin, Globulin)	Proteins (T, Albumin, Globulin)
Kidney Profile	Kidney Profile
Serum creatinine	Serum creatinine
Blood Urea Nitrogen	Blood Urea Nitrogen
Uric Acid	Uric Acid
HBA1C	HBA1C
Routine urine analysis	Routine urine analysis
USG Whole Abdomen	USG Whole Abdomen
General Tests	General Tests
X Ray Chest	X Ray Chest
ECG	ECG
2D/3D ECHO / TMT	2D/3D ECHO / TMT
Stress Test	Thyroid Profile (T3, T4, TSH)
PSA Male (above 40 years)	Mammography (above 40 years; and Pap Smear (above 30 years).
Thyroid Profile (T3, T4, TSH)	Dental Check-up consultation
Dental Check-up consultation	Physician Consultation
Physician Consultation	Eye Check-up consultation
Eye Check-up consultation	Skin/ENT consultation
Skin/ENT consultation	Gynaec Consultation



भारत सरकार
भारतीय न्यायपालिका



संदेश

- आपका आधार कार्ड एक अनिवार्य पहचान प्रमाण है।
- आधार कार्ड को सही ढंग से प्रयोग करने से आपका आधार कार्ड सुरक्षित रहेगा।
- आधार कार्ड को सही ढंग से प्रयोग करने से आपका आधार कार्ड सुरक्षित रहेगा।

INFORMATION

- Aadhaar is a proof of identity, not citizenship.
- Your identity being linked OR linked OFFER ALL OTHERS Authentication
- This is the first time generated photo

- आप (आधार) के लिए
- आप (आधार) के लिए
- आप (आधार) के लिए
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- आप (आधार) के लिए

संदेश संख्या: 2017/44/CS-03576

To
 Mr. [Name]
 State of [State]
 Address: [Address]
 New Delhi
 India
 110001

आधार कार्ड



आधार कार्ड का उपयोग करें / Your Aadhaar No. is

7353 5503 9529

UID: 9128 4100 3418 1002

आधार कार्ड का उपयोग करें, आधार कार्ड का उपयोग करें



भारत सरकार
भारतीय न्यायपालिका



आधार कार्ड का
 उपयोग करें
 आधार कार्ड का
 उपयोग करें
 आधार कार्ड का
 उपयोग करें

आधार कार्ड का उपयोग करें

7353 5503 9529

UID: 9128 4100 3418 1002

आधार कार्ड का उपयोग करें, आधार कार्ड का उपयोग करें



भारत सरकार
भारतीय न्यायपालिका



आधार कार्ड का
 उपयोग करें
 आधार कार्ड का
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 आधार कार्ड का
 उपयोग करें

आधार कार्ड का
 उपयोग करें
 आधार कार्ड का
 उपयोग करें
 आधार कार्ड का
 उपयोग करें



7353 5503 9529

UID: 9128 4100 3418 1002

आधार कार्ड का उपयोग करें, आधार कार्ड का उपयोग करें