

MEDICAL SUMMARY

NAME:	Mr. Ashok Gore	UHID:	
AGE:	40	DATE OF HEALTHCHECK:	23-12-2023
GENDER:	M		

HEIGHT:	170.5	MARITAL STATUS:	M.
WEIGHT:	74.9	NO OF CHILDREN:	3.
BMI:	25.8		

C/O: -

K/C/O: DM: Iy, Dyslipidemia
PRESENT MEDICATION: For not taking medicine

P/M/H: -

P/S/H: -

ALLERGY: -

PHYSICAL ACTIVITY: Active / Moderate / Sedentary

H/A: SMOKING: -

FAMILY HISTORY FATHER: -

ALCOHOL: -

MOTHER: -

TOBACCO/PAN: -

O/E:

LYMPHADENOPATHY: -

BP: 100/60 PULSE: - 86/min

PALLOR/ICTERUS/CYNOSIS/CLUBBING: -

TEMPERATURE: - SCARS: -

OEDEMA: -

S/E:

RS:



P/A:



CVS: -

Extremities & Spine: -

CNS: -

ENT: -

Skin: -

Vision:

	Without Glass		With Glass	
	Right Eye	Left Eye	Right Eye	Left Eye
FAR :				
NEAR :				
COLOUR VISION:				

• ANDHERI • COLABA • NASHIK • VASHI

Name:	Age:	Date of Health check-up:
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Findings and Recommendation:

Findings:-

HbA1c ↑↑

Recommendation:-

Diet / Exercise

Signature:

Consultant -

DR. ANIRBAN DASGUPTA
MBBS, MD MEDICINE
DIPLOMA CARDIOLOGY
MMC- 2005/02/0920

OPHTHALMIC EVALUATION

UHID No.: _____

Date: 23/12/23

Name: Ashok Gore Age: 43 Gender: Male/Female

Without Correction:

Distance: Right Eye _____ Left Eye _____

Near : Right Eye _____ Left Eye _____

With Correction:

Distance: Right Eye 6/6 Left Eye 6/6

Near : Right Eye N-6 Left Eye N-6

	RIGHT					LEFT				
	SPH	CYL	AXIS	PRISM	VA	SPH	CYL	AXIS	PRISM	VA
Distance		-0.5D	140		6/6		-0.5D	20		6/6
Near	+1.0D	-0.5D	140		N-6	+1.0D	-0.5D	20		N-6

Colour Vision: (BE) - WNL

Anterior Segment Examination: (BE) - WNL

Pupils: (BE) - WNL

Fundus: (BE) - WNL

Intraocular Pressure: _____

Diagnosis: (BE) - WNL

Advice: _____

Re-Check on _____ (This Prescription needs verification every year)

Dr. Sagorika Dey
 (Consultant Ophthalmologist)
DR. SAGORIKA DEY
 MBBS, DOMS
 REG. NO: 2008/04/182

DENTAL CHECKUP

Name: Mr. Ashak Gore.	MR NO:
Age/Gender : 43/MS/M	Date: 23/12/23.

Medical history: Diabetes Hypertension _____

EXAMINATION	UPPER RIGHT	UPPER LEFT	LOWER LEFT	LOWER RIGHT
Calculus & Stains	✓	✓	✓	✓
Mobility				
Caries (Cavities)				
a) Class 1 (Occlusal)				
b) Class 2 (Proximal)	15, 16			
c) Class 5 (Cervical)				
Faulty Restoration				
Faulty Crown				
Fractured Tooth				
Root Pieces				
Impacted Tooth				
Missing Tooth	17	27		
Existing Denture				

TREATMENT ADVISED:

TREATMENT	UPPER RIGHT	UPPER LEFT	LOWER LEFT	LOWER RIGHT
Restoration / Filling				
Root Canal Therapy				
Crown				
Extraction				

Oral Prophylaxis: Scaling & polishing
 Orthodontic Advice for Braces: Yes / No
 Prosthetic Advice to Replace Missing Teeth: Denture Bridge / Implant
 Oral Habits: Tobacco Cigarette Others since ___ years
 Advice to quit any form of tobacco as it can cause cancer.
 Other Findings: Adv - OPG



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Name : Mr. Ashok Dattatray Gore Gender : Male Age : 43 Years
 UHID : FVAH 9963. Bill No : Lab No : V-4282-23
 Ref. by : SELF Sample Col.Dt : 23/12/2023 1:25
 Barcode No : 1406 Reported On : 23/12/2023 18:02

TEST RESULTS BIOLOGICAL REFERENCE INTERVAL

HAEMOGRAM(CBC,ESR,P/S)-WB (EDTA)

Haemoglobin(Colorimetric method)	13.4	g/dl	13 - 18
RBC Count (Impedance)	4.64	Millions/cumm.	4 - 6.2
PCV/Haematocrit(Calculated)	41.4	%	35 - 55
MCV:(Calculated)	89.2	fl	78 - 98
MCH:(Calculated)	28.8	pg	26 - 34
MCHC:(Calculated)	32.3	gm/dl	30 - 36
RDW-CV:	12.6	%	11.5 - 16.5
Total Leucocyte count(Impedance)	6140	/cumm.	4000 - 10500
Neutrophils:	56	%	40 - 75
Lymphocytes:	36	%	20 - 40
Eosinophils:	04	%	0 - 6
Monocytes:	04	%	2 - 10
Basophils:	00	%	0 - 2
Platelets Count(Impedance method)	2.32	Lakhs/c.mm	1.5 - 4.5
MPV	9.9	fl	6.0 - 11.0
ESR(Westergren Method)	05	mm/1st hr	0 - 20
Peripheral Smear (Microscopic examination)			
RBCs:	Normochromic, Normocytic		
WBCs:	Normal		
Platelets	Adequate		
Note:	Test Run on 5 part cell counter. Manual diff performed.		

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Ms Kaveri Gaonkar
 Verified By

Page 7 of 7
 Dr. Milind Patwardhan
 M.D(Path)
 Chief Pathologist

End of Report
 Results are to be correlated clinically

Name : Mr. Ashok Dattatray Gore Gender : Male Age : 43 Years
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TEST

RESULTS

Blood Grouping (ABO & Rh)-WB(EDTA) Serum

ABO Group:

:O:

Rh Type:

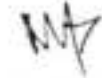
Positive

Method :

Matrix gel card method (forward and reverse)

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TEST RESULTS BIOLOGICAL REFERENCE INTERVAL

HbA1c(Glycosylated Haemoglobin)WB-EDTA

(HbA1C) Glycosylated Haemoglobin : **6.7** % Normal <5.7 %
 Pre Diabetic 5.7 - 6.5 %
 Diabetic >6.5 %
 Target for Diabetes on therapy < 7.0 %
 Re-evaluation of therapy > 8.0 %

Mean Blood Glucose : 145.59 mg/dL

Correlation of A1C with average glucose

A1C (%)	Mean Blood Glucose (mg/dl)
6	126
7	154
8	183
9	212
10	240
11	269
12	298


Method High Performance Liquid Chromatography (HPLC).

INTERPRETATION

- The HbA1c levels correlate with the mean glucose concentration prevailing in the course of Pts recent history (apprx 6-8 weeks) & therefore provides much more reliable information for glycemia control than the blood glucose or urinary glucose.
- This Methodology is better then the routine chromatographic methods & also for the daibetic pts.having HEMOGLBINOPATHIES OR UREMIA as Hb variants and uremia does not INTERFERE with the results in this methodology.
- It is recommended that HbA1c levels be performed at 4 - 8 weeks during therapy in uncontrolled DM pts.& every 3 - 4 months in well controlled daibetics .
- Mean blood glucose (MBG) in first 30 days (0-30)before sampling for HbA1c contributes 50% whereas MBG in 90 - 120 days contribute to 10% in final HbA1c levels

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 Dr. Vinod Patwardhan
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TEST	RESULTS	UNITS	BIOLOGICAL REFERENCE INTERVAL
PLASMA GLUCOSE			
Fasting Plasma Glucose :	100	mg/dL	Normal < 100 mg/dL Impaired Fasting glucose : 101 to 125 mg/dL Diabetes Mellitus : \geq 126 mg/dL (on more than one occasion) (American diabetes association guidelines 2016)
Post Prandial Plasma Glucose :	127	mg/dL	Normal < 140 mg/dL Impaired Post Prandial glucose : 140 to 199 mg/dL Diabetes Mellitus : \geq 200 mg/dL (on more than one occasion) (American diabetes association guidelines 2016)

Method : Hexokinase

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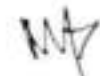
TEST RESULTS UNITS BIOLOGICAL REFERENCE INTERVAL

LIPID PROFILE - Serum

S. Cholesterol(Oxidase)	145	mg/dL	Desirable < 200 Borderline:>200-<240 Undesirable:>240
S. Triglyceride(GPO-POD)	122	mg/dL	Desirable < 150 Borderline:>150-<499 Undesirable:>500
S. VLDL:(Calculated)	24.4	mg/dL	Desirable <30
S. HDL-Cholesterol(Direct)	31.1	mg/dL	Desirable > 60 Borderline:>40-<59 Undesirable:<40
S. LDL:(calculated)	89.5	mg/dL	Desirable < 130 Borderline:>130-<159 Undesirable:>160
Ratio Cholesterol/HDL	4.7		3.5 - 5
Ratio of LDL/HDL	2.9		2.5 - 3.5

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TEST RESULTS UNITS BIOLOGICAL REFERENCE INTERVAL


LFT(Liver Function Tests)-Serum

S.Total Protein (Biuret method)	7.21	g/dL	6.6 - 8.7
S.Albumin (BCG method)	4.55	g/dL	3.5 - 5.2
S.Globulin (Calculated)	2.66	g/dL	2 - 3.5
S.A/G Ratio:(Calculated)	1.71		0.9 - 2
S.Total Bilirubin (DPD):	0.67	mg/dL	0.1 - 1.2
S.Direct Bilirubin (DPD):	0.22	mg/dL	0.1 - 0.3
S.Indirect Bilirubin (Calculated)	0.45	mg/dL	0.1 - 1.0
S.AST (SGOT)(IFCC Kinetic with P5P):	20	U/L	5 - 40
S.ALT (SGPT) (IFCC Kinetic with P5P):	19	U/L	5 - 41
S.Alk Phosphatase(pNPP-AMP Kinetic):	84	U/L	40 - 129
S.GGT(IFCC Kinetic):	18	U/L	11 - 50

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Results are to be correlated clinically



Indira Health And Lifestyle Private Limited.
NABL Accredited Laboratory
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 Besides Neel Siddhi Tower, Vashi-Navi Mumbai-400703.
 Tel.: (022)- 2788 1322 / 23 / 24 ☎ 8291490000
 Email: apolloclinicvashi@gmail.com



Name : Mr. Ashok Dattatray Gore Gender : Male Age : 43 Years
 UHID : FVAH 9963. Bill No : Lab No : V-4282-23
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TEST	RESULTS	BIOLOGICAL REFERENCE INTERVAL
BIOCHEMISTRY		
S.Urea(Urease Method)	12.8 mg/dl	10.0 - 45.0
BUN (Calculated)	5.97 mg/dL	5 - 20
S.Creatinine(Jaffe's Method)	0.75 mg/dl	0.50 - 1.3
BUN / Creatinine Ratio	<u>7.96</u>	9:1 - 23:1
S.Uric Acid(Uricase Method)	5.5 mg/dl	3.4 - 7.0

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UHID	: FVAH 9963	Bill No	:	Lab No	: V-4282-23
Ref. by	: SELF	Sample Col.Dt	: 23/12/2023 1:25		
Barcode No	: 1406	Reported On	: 23/12/2023 18:02		

TEST	RESULTS	UNITS	BIOLOGICAL REFERENCE INTERVAL
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Thyroid (T3,T4,TSH)- Serum

Total T3 (Tri-iodo Thyronine) (ECLIA)	1.15*	nmol/L	1.3 - 3.1 nmol/L
Total T4 (Thyroxine) (ECLIA)	66.0	nmol/L	66 - 181 nmol/L
TSH-Ultrasensitive (Thyroid-stimulating hormone) Method : ECLIA	1.32	□IU/ml	Euthyroid : 0.35 - 5.50 □IU/ml Hyperthyroid : < 0.35 □IU/ml Hypothyroid : > 5.50 □IU/ml

Remarks:

*** Rechecked & confirmed. Kindly Correlate Clinically**

Grey zone values observed in physiological/therapeutic effect.

Note:

T3 :

1. Decreased values of T3 (T4 and TSH normal) have minimal Clinical significance and not recommended for diagnosis of hypothyroidism.
2. Total T3 and T4 values may also be altered in other conditions due to changes in serum proteins or binding sites ,Pregnancy, Drugs (Androgens,Estrogens,O C pills, Phenytoin) etc. In such cases Free T3 and free T4 give corrected Values.
3. Total T3 may decrease by < 25 percent in healthy older individuals

T4 :


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TSH :

1. TSH Values may be transiently altered because of non thyroidal illness like severe infections,liver disease, renal and heart failure. Severe burns, trauma and surgery etc.
2. Drugs that decrease TSH values e,g L dopa, Glucocorticoids.
3. Drugs that increase TSH values e.g. Iodine,Lithium, Amiodarone

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Email: apolloclinicvashi@gmail.com

Apollo Clinic
VASHI

Name : Mr. Ashok Dattatray Gore Gender : Male Age : 43 Years
UHID : FVAH 9963 Bill No : Lab No : V-4282-23
Ref. by : SELF Sample Col.Dt : 23/12/2023 10:25
Barcode No : 1406 Reported On : 25/12/2023 11:24

TEST	RESULTS	BIOLOGICAL REFERENCE INTERVAL
PROSTATE SPECIFIC ANTIGEN		
Prostate Specific Antigen (ECLIA):	0.384ng/mL	0.03 - 3.5 ng/ml

INTERPERETATION

Serum PSA is a useful diagnostic tool for diagnosis of prostatic cancer. PSA levels should always be assessed in conjunction with the patient's medical history, clinical examination, prostatic acid phosphatase and radiological findings

Elevated levels are indicative of pathologic conditions of prostatitis, Benign hyperplasia or Prostatic adenocarcinoma

Rate of the fall of PSA levels to non detectable levels can occur following radiotherapy, hormonal therapy or radical surgical removal of the prostate & provides information of the success of treatment.

Inflammation or trauma of prostate can lead to elevated PSA levels of varying magnitude and duration.

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TEST RESULTS BIOLOGICAL REFERENCE INTERVAL

URINE REPORT

PHYSICAL EXAMINATION

QUANTITY	25	mL	
COLOUR	Yellow		
APPEARANCE	Clear		Clear
SEDIMENT	Absent		Absent

CHEMICAL EXAMINATION(Strip Method)

REACTION(PH)	5.0		4.6 - 8.0
SPECIFIC GRAVITY	1.015		1.005 - 1.030
URINE ALBUMIN	Absent		Absent
URINE SUGAR(Qualitative)	Absent		Absent
KETONES	Absent		Absent
BILE SALTS	Absent		Absent
BILE PIGMENTS	Absent		Absent
UROBILINOGEN	Normal(<1 mg/dl)		Normal
OCCULT BLOOD	Absent		Absent
Nitrites	Absent		Absent

MICROSCOPIC EXAMINATION

PUS CELLS	Occasional		0 - 3/hpf
RED BLOOD CELLS	Nil /HPF		Absent
EPITHELIAL CELLS	Occasional		3 - 4/hpf
CASTS	Absent		Absent
CRYSTALS	Absent		Absent
BACTERIA	Absent		Absent

Anushka Chavan
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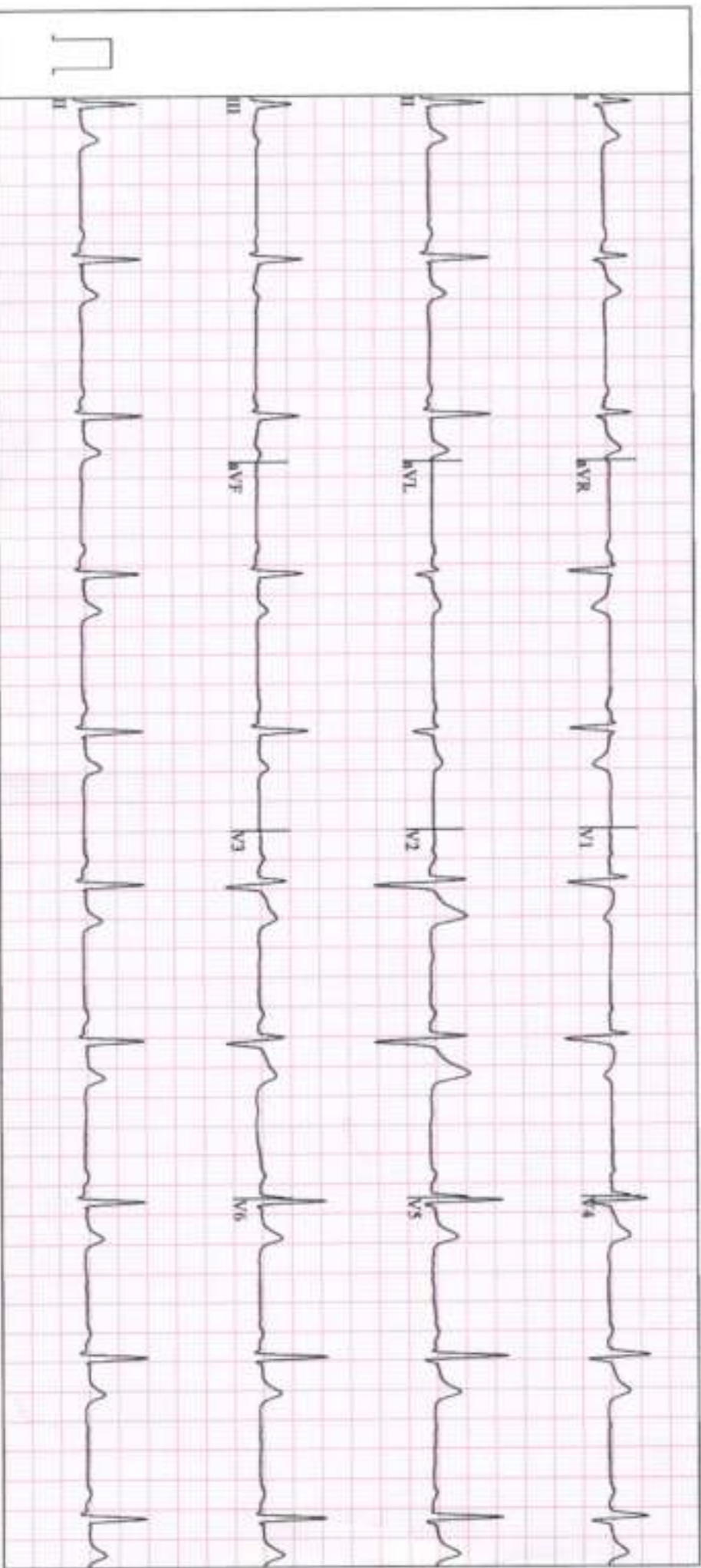

Dr. Milind Patwardhan
M.D(Path)
Page 1 of Chief Pathologist

End of Report
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Sriniwas Ganapathakrishna

QRS : 96 ms
QT / QTcBaz : 374 / 360 ms
PR : 174 ms
P : 116 ms
RR / pp : 1008 / 1071 ms
P / QRS / T : 27 / 70 / 31 degrees

Sinus bradycardia
Otherwise normal ECG



DR MAYUR GARG
MBBS, MD MEDICINE
REG NO : 2017020378

Apollo Clinic
The Emerald, Plot No-195/B, Sector-12,
Neel Siddhi Towers, Vashi-400703

Station
Telephone:

EXERCISE STRESS TEST REPORT

Patient Name: ASHOK, GORE
Patient ID: 9963.
Height:
Weight:

DOB: 15.01.1980
Age: 43yrs
Gender: Male
Race: Asian

Study Date: 23.12.2023
Test Type: Treadmill Stress Test
Protocol: BRUCE

Referring Physician: --
Attending Physician: DR. ANIRBAN DASGUPTA
Technician: SWAPNALI LAKHIMALE

Medications:
OHA

Medical History:
DM

Reason for Exercise Test:
Screening for CAD

Exercise Test Summary

Phase Name	Stage Name	Time in Stage	Speed (mph)	Grade (%)	HR (bpm)	BP (mmHg)	Comment
PRETEST	SUPINE	00:28	0.00	0.00	66	100/60	
	STANDING	00:09	0.00	0.00	66		
	HYPERV.	00:15	0.00	0.00	65		
	WARM-UP	00:20	0.90	0.00	78		
EXERCISE	STAGE 1	03:00	1.70	10.00	96	110/70	
	STAGE 2	03:00	2.50	12.00	123	120/70	
	STAGE 3	02:05	3.40	14.00	155	140/80	
RECOVERY		01:06	0.00	0.00	86	170/80	

The patient exercised according to the BRUCE for 8:05 min:s, achieving a work level of Max. METS: 10.10. The resting heart rate of 65 bpm rose to a maximal heart rate of 155 bpm. This value represents 87 % of the maximal, age-predicted heart rate. The resting blood pressure of 100/60 mmHg, rose to a maximum blood pressure of 170/80 mmHg. The exercise test was stopped due to Target heart rate achieved.

Interpretation

Summary: Resting ECG: normal.
Functional Capacity: normal.
HR Response to Exercise: appropriate.
BP Response to Exercise: normal resting BP - appropriate response.
Chest Pain: none.
Arrhythmias: none.
ST Changes: none.
Overall impression: Normal stress test.

Conclusions

TMT IS NEGATIVE FOR INDUCIBLE MYOCARDIAL ISCHAEMIA AT THE WORKLOAD ACHIEVED.

Physician-DR. ANIRBAN DASGUPTA

Anirban Dasgupta
Dr. ANIRBAN DASGUPTA
M.B.B.S., D.N.B. Medicine
Diploma Cardiology
MMC - 2005/02/0920

PATIENT'S NAME	ASHOK D GORE	AGE : 343/M
UHID NO	9962	DATE :- 25-12-23

X-RAY CHEST PA VIEW

OBSERVATION:

Bilateral lung fields are clear.
Both hila are normal.
Bilateral cardiophrenic and costophrenic angles are normal.
The trachea is central.
Aorta appears normal.
The mediastinal and cardiac silhouette are normal.
Soft tissues of the chest wall are normal.
Bony thorax is normal.

IMPRESSION:

- No significant abnormality seen.



DR. DISHA MINOCHA
DMRE (RADIOLOGIST)

PATIENT'S NAME	ASHOK D GORE	AGE :- 43y/M
UHID NO	9963	23 Dec 2023

USG WHOLE ABDOMEN

LIVER is normal in size, shape and echotexture .No evidence of any focal lesion. The portal vein appears normal & shows normal hepatopetal flow. No evidence of intra-hepatic biliary duct dilatation.

Gall Bladder appears well distended with normal wall thickness. There is no calculus or pericholecystic collection or free fluid noted. CBD appears normal.

Visualised parts of head & body of pancreas appear normal. PD is not dilated.

SPLEEN is normal in size and echotexture. No focal lesion seen. SV is normal.

Both kidneys are normal in size, shape and echotexture with normal parenchymal reflectivity and maintained cortico-medullary differentiation. No hydronephrosis or calculi or mass seen.

RIGHT KIDNEY measures 9.0 x 4.4 cm. **LEFT KIDNEY** measures 9.5 x 4.7 cm.

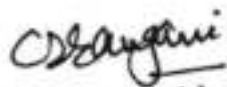
Urinary Bladder is adequately distended; no e/o any obvious wall thickening or mass or calculi seen.

PROSTATE is normal in size, shape & echotexture.
It measures approximately 16 gms.

Visualised bowel loops appear normal. There is no free fluid seen.

IMPRESSION -

- No significant abnormality detected.



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