

Name : Mrs. LIPIKA ADHIKARY (37 /F)

Date : 08/03/2024

Address : KALYAN GRAM,PO BENGAL ENAMEL,PS TITAGARH, NORTH 24 PARGANAS,  
NORTH 24 PARGANAS, WEST BENGAL, INDIA

Examined by: Dr .JHUMA BAGCHI

UHID : AGHL.0001505501

Package : MEDIWHEEL - FULL BODY HEALTH ANNUAL PLUS HCK

AHC No : AMHLAH199303



## CHIEF COMPLAINTS

For corporate health checkup  
Swelling of the legs  
Dyspepsia,Acidity,Flatulance  
Varicose veins  
Painful periods

## PRESENT KNOWN ILLNESS

No history of - Diabetes mellitus,  
Dyslipidemia  
Hypertension Medication - regular  
Thyroid disease - hypothyroidism;  
Medication - regular



## SYSTEMIC REVIEW

### Cardiovascular system

Chest pain - on and off; Character - atypical

### Respiratory system

- Nil Significant

### Gastrointestinal system

Dyspepsia - yes; Nature - intermittent

### Genitourinary system

- Nil Significant

### Gynaec history

Last menstrual period - 23/2/24; Periods - regular;  
No of Children - 1; Deliveries - LSCS

### Central nervous system

- Nil Significant

### Eyes

- Nil Significant

### ENT

- Nil Significant

### Musculoskeletal system

Spine and joints  
- Nil Significant

### Skin

- Nil Significant



### Present medications

- STAMLO 5  
THYRONORM 62.5



### Past medical history

Past medical history - nil significant



### Surgical history

Appendicectomy - YES  
Caesarian section - YES



### Personal history

Marital status - Married  
Diet - Mixed Diet  
Alcohol - does not consume alcohol  
Smoking - No  
Chews tobacco - No  
Physical activity - Mild



### Family history

Father - alive  
Mother - alive  
Hypertension - father,mother  
Coronary artery disease - none  
Cancer - None  
CVA - mother

## PHYSICAL EXAMINATION



### General

Build - obese  
Height - 156  
Weight - 83

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BMI - 34.11  
Pallor - No  
Oedema - no



### Cardiovascular system

Heart rate (Per minute) - 87  
Rhythm - Regular  
Systolic(mm of Hg) - 132  
Diastolic(mm of Hg) - 90  
Heart sounds - S1S2+

### Respiratory system

Breath sounds - Normal vesicular breath sounds



### Abdomen

Organomegaly - No  
Tenderness - No

### Ophthalmology consultation

Ophthalmology findings - UCVA:RE:6/6P LE:6/9P  
NVA:RE:N6 LE:N6  
OCULAR MOVEMENT:WNL  
ANT.SEG:WNL  
ACCPT:SPECTACLE PWR  
RE:-0.50/-0.50X90\*(6/6)  
LE:-0.75/-0.50X75\*(6/6)  
ADVICE:\*Glass Rx.\*Detail  
dilated Funduscopy\*Review  
after 1yr/SOS

Printed By : Jhuma Bagchi

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### COMPLETE HAEMOGRAM PROFILE

Test Name	Result	Unit	Level	Range
Hemoglobin	11.5 *	g/dl	●	12.0-15.0
RBC COUNT	4.1	Million/ ul	●	3.8-4.8
Hematocrit - Hct:	35.8 *	%	●	36-46
MCV	87.4	fl	●	83-101
MCH	28.0	pg	●	27-32
MCHC	32.0	%	●	31.5-34.5
RDW	13.4	%	●	11.8-14.0
WBC Count	9500	/cu mm	●	4000-10000
Platelet Count	2.84	lacs/cu mm	●	1.5-4.0
Neutrophils	67	%	●	40-80
Lymphocytes	26	%	●	20-40
Monocytes	04	%	●	2-10
Eosinophils	03	%	●	01-06
Basophils	00	%	●	0-0
RBC:	Normocytic Normochromic cells			
Platelets:	Adequate.			
ERYTHROCYTE SEDIMENTATION RATE (ESR)	64 *	mm/1st hr	●	0-20

### URINE ROUTINE AND MICROSCOPY

Test Name	Result	Unit	Level	Range
Volume:	40	mL		
Colour:	Pale Straw			
Appearance	Slightly Turbid			
Specific Gravity	1.005			
pH:	7.0			
Albumin:	Not Detected			
Glucose	Not Detected			
Ketone:	Not Detected			
Bile Pigments	Not Detected			
RBC	Nil	/hpf		
Pus Cells	Occasional/hpf			
Epithelial Cells	0-2			

Casts: Not Found  
Crystals: Not Found

### URINE SUGAR - POST PRANDIAL (QUALITATIVE)

Test Name	Result	Unit	Level	Range
URINE GLUCOSE(POST PRANDIAL)	Nil			

### URINE SUGAR- FASTING(QUALITATIVE)

Test Name	Result	Unit	Level	Range
URINE GLUCOSE(FASTING)	Nil			

### BLOOD GROUPING AND TYPING (ABO AND RH)

Test Name	Result	Unit	Level	Range
ABO Group:	A			
Rh (D) Type:	NEGATIVE			

### LIVER FUNCTION TEST (PACKAGE)

Test Name	Result	Unit	Level	Range
ALT(SGPT) - SERUM	21	U/L	●	0-35
ALBUMIN - SERUM	4.0	g/dL	●	3.5-5.1
ALKALINE PHOSPHATASE - SERUM	64	U/L	●	33-98
AST (SGOT) - SERUM	24	U/L	●	0-35
BILIRUBIN TOTAL - SERUM	0.4	mg/dL	●	0.3-1.2

### LIPID PROFILE TEST (PACKAGE)

Test Name	Result	Unit	Level	Range
CHOLESTEROL - SERUM	231 *	mg/dL	●	0-200

### CREATININE - SERUM

Test Name	Result	Unit	Level	Range
CREATININE - SERUM	0.7	mg/dL	●	0.6-1.1

### LIVER FUNCTION TEST (PACKAGE)

Test Name	Result	Unit	Level	Range
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● Within Normal Range    ● Borderline High/Low    ● Out of Range

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GGTP: GAMMA  
GLUTAMYL  
TRANSPEPTIDASE -  
SERUM 22 U/L ● 0-38

TOTAL T4:  
THYROXINE - SERUM 17.11 \* µg/dL ● 5.48-14.28

**GLUCOSE - PLASMA (FASTING)**

Test Name Result Unit Level Range  
GLUCOSE - PLASMA (FASTING) 90 mg/dL ● 70-99

**HBA1C (GLYCOSYLATED HAEMOGLOBIN)-WHOLE BLOOD**

Test Name Result Unit Level Range  
HBA1C (GLYCOSYLATED HAEMOGLOBIN)-WHOLE BLOOD 5.4 % ●  
Nondiabetic : 4 - 5.6 %  
Prediabetics : 5.7 - 6.4%  
Diabetes : >= 6.5%  
ADA  
Therapeutic goal : <7%

**LIPID PROFILE TEST (PACKAGE)**

Test Name Result Unit Level Range  
HDL CHOLESTEROL - SERUM 73 \* mg/dL ● 30-70  
LDL CHOLESTEROL -SERUM 135 \* mg/dL ● 0-100  
VLDL CHOLESTEROL - SERUM (Calculated) 23 mg/dL ● 0-35

**LIVER FUNCTION TEST (PACKAGE)**

Test Name Result Unit Level Range  
PROTEIN TOTAL - SERUM 7.9 g/dL ● 6.4-8.3  
GLOBULIN: (CALCULATED) - SERUM 3.9 \* g/dL ● 1.8-3.6

**THYROID PROFILE - I(T3,T4 AND TSH)**

Test Name Result Unit Level Range  
TOTAL T3: TRI IODOTHYRONINE - SERUM 1.71 ng/ml ● 0.87-1.78

**LIPID PROFILE TEST (PACKAGE)**

Test Name Result Unit Level Range  
TRIGLYCERIDES - SERUM 149 mg/dL ● 0-150

**THYROID PROFILE - I(T3,T4 AND TSH)**

Test Name Result Unit Level Range  
TSH: THYROID STIMULATING HORMONE - SERUM 4.05 µIU/mL ● 0.38-5.33

**URIC ACID - SERUM**

Test Name Result Unit Level Range  
URIC ACID - SERUM 5.4 mg/dL ● 2.4-5.7

**LIVER FUNCTION TEST (PACKAGE)**

Test Name Result Unit Level Range  
BILIRUBIN CONJUGATED (DIRECT) - SERUM 0.1 mg/dL ● 0.0-0.2

**BUN (BLOOD UREA NITROGEN)**

Test Name Result Unit Level Range  
BUN (BLOOD UREA NITROGEN) 5.6 \* mg/dL ● 7.0-18.0

**LIVER FUNCTION TEST (PACKAGE)**

Test Name Result Unit Level Range  
A/G - RATIO 1.0 ● 1.0-2.0

**BUN/CREATININE RATIO**

Test Name Result Unit Level Range  
BUN/CREATININE RATIO 8.2

**PAP SMEAR /CERVICAL SMEAR**

Ref No:  
AG01.C2401964  
SPECIMEN TYPE:  
Conventional cervical smear (Papanicolaou stain) x 1  
SPECIMEN ADEQUACY:  
Satisfactory for evaluation with metaplastic squamous cells.  
INTERPRETATION/RESULT:

● Within Normal Range ● Borderline High/Low ● Out of Range

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Negative for intraepithelial lesion or malignancy,with no organism

#### ECG

SINUS RHYTHM.  
PROLONG QTC (470ms).  
LOW VOLTAGE T WAVES.

#### TREADMILL TEST / STRESS TEST

STRESS TEST IS NEGATIVE FOR PROVOCABLE MYOCARDIAL ISCHAEMIA.

#### ULTRASOUND SCREENING WHOLE ABDOMEN

- \* Grade I fatty liver.
- \* Bulky uterus.

[NOTE: At times pelvic structures are not well visualized due to inadequate patient preparation / excess bowel gas shadow. However suggested clinical correlation and other investigations if clinically indicated.]

#### X-RAY CHEST PA

- \* Chest skiagram does not reveal any significant abnormality.

INVESTIGATIONS NOT DONE / NOT YET REPORTED / NOT PART OF PACKAGE(LAB,RADIOLOGY & CARDIOLOGY)

#### Biochemistry

GLUCOSE - PLASMA (POST PRANDIAL)



Within Normal Range



Borderline High/Low



Out of Range

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**Printed By** :

**Dr.JHUMA BAGCHI**  
AHC Physician / Consultant Internal Medicine

**Note** :- The Health Check-up examinations and routine investigations have certain limitations and may not be able to detect all the diseases. Any new or persisting symptoms should be brought to the attention of the Consulting Physician. Additional tests, consultations and follow up may be required in some cases.

## AICVD RISK SCORE REPORT

**RISK STATUS**

High Risk

**YOUR SCORE**

9

**ACCEPTABLE SCORE**

3

**Your likelihood of developing cardiovascular disease in the next ten years is 1.6 times higher than the people of your age and gender**

The AICVD risk score developed by Apollo Hospitals is a novel artificial intelligence-based risk scoring system that predicts your risk of having Coronary Artery Disease (CAD) related events in the next ten years. This scoring system uses Indian data and has been validated by multiple national and international institutions. This risk score is more than 92% accurate and has been compiled based on your physical parameters, heart health attributes, lifestyle and medical history. **Note:** The risk category is determined through the ratio between guest score and acceptable score at multiple decimal points. The outputs are shown in whole numbers.

**Based on your AICVD risk score you are advised the following:**

- Follow the guidance and education on **lifestyle and dietary management provided through the ProHealth program. Maintain a healthy BMI (<25). Avoid tobacco in any form and if you are a smoker, stop smoking.**
- Continue with **medications** for high blood pressure, diabetes, or dyslipidemia, if advised by your physician. Maintain HbA1c <7% (<53mmol/mol), blood pressure <140/90mmHg.
- Follow your physician's advice regarding **follow up tests, consults and annual health assessment**
- **It is recommended that you visit your physician every 3 months** if you have:
  - Uncontrolled high blood pressure
  - Diabetes
  - Dyslipidemia
  - Coronary heart disease
- You will be referred to a **cardiologist**.

**DISCLAIMER**

1. This is not a diagnostic tool and it does not guarantee accuracy of the result and cannot be acted upon independently.
2. This risk score and clinical algorithm is a general guideline for physicians. Any additional laboratory investigations, diagnostic imaging, treatment or patient education related to lifestyle management is under the physician's or cardiologist's discretion.
3. To ensure the information in the report is up to date, accurate and correct, doctor shall be consulted for interpretation of the report.
4. Apollo Hospitals and its staff does not offer any assurance on the information made available or be liable for any loss or damage as the said report is based on the AICVD risk score without any intervention from their side.
5. By usage of the AICVD risk score, it is deemed that the beneficiary of this service has agreed to get the same done at his own risk and further agrees with this disclaimer without any limitation or any clauses or sub-clauses.

**The Clinical AI Models and APIs used at Apollo Hospitals are certified by ISO 13485 : 2016 vide certificate no. MD 763515**