



HEALTH CHECK-UP SUMMARY

Race Course Road, Vadodara

Name: ABHISHEK KUMAR	
SH No: 300602	Date:09/11/2024
Age: 35	Gender:MALE

ASSESSMENT:

- o OVER WEIGHT(BMI: 27.58)
- o K/O: HAIR FALL , ON REGULAR TREATMENT
- o C/O: RUNNY NOSE , FACIAL SWELLING AFTER WAKING UP IN MORNING, REDUCED SLEEP , OCCASIONAL HEADACHE, DRYNESS OF EYES , OCCASIONAL DENTAL PAIN , ANXIETY , GREEN COLOR PRODUCTIVE COUGH.
- o P/H/O: RENAL CALCULI
- o P/H/O HOSPITALIZATION : COVID(2021)(14 DAYS)
- o P/H/O:HYPERTENSION (MOTHER)
- o HIGH WBC COUNT(10910)
- o HIGH PB2S(182)
- o HIGH TRIGLYCERIDE(201) , LOW HDL CHOLESTEROL(35) , HIGH VLDL(40.20)
- o LOW BLOOD UREA NITROGEN(7.94) , LOW BLOOD UREA(17)
- o HIGH A/G RATIO(1.81)
- o URINE R/M: LOW SPECIFIC GRAVITY(1.005)
- o USG ABDOMEN AND PELVIS : MODERATE FATTY LIVER (GRADE 2)

ADVISED:

- o PLENTY OF LIQUIDS
- o LOW FAT DIET
- o AVOID OUT SIDE FOOD AND WATER
- o REGULAR EXERCISE & WEIGHT REDUCTION.
- o REPEAT LIPID PROFILE AFTER 3 MONTH
- o OPHTHALMOLOGIST ADVICE : FOLLOW ADVICE
- o ENT ADVICE:FOLLOW ADVICE
- o DENTIST CONSULTATION
- o PHYSICIAN CONSULTATION

Sterling Addlife India Limited
Unit-Sterling Hospital Vadodra
Race Course Circle, (West)
VADODARA - 390 007.
DR.JAY S PANDIT

Prevention & Rehabilitation Dept

Hospital Address: Sterling Hospitals, Race Course Road, Opp. Inox Cinema Hari Nagar, Circle West, Vadodara - 390007, Gujarat, India | Call: 0265-6144111, 0265-2354455, 98 98 98 78 78 | www.sterlinghospitals.com | info@sterlinghospitals.com

Registered Office: Sterling Addlife India Private Limited | CIN U85110GJ2000PTC039121
Sterling Hospital, Sterling Hospital Road, Meninagar, Ahmedabad-380052, Gujarat, India



**HEALTH CHECK UP
MEDICAL EXAMINATION**

Name : Abhishek Kumar Employee ID : _____
 Company Name : _____ Age : 35 Sex : M/F
 Height : 172 cms Weight : 81.6 Kgs BMI : 27.58 Blood Group : _____
 Name of HO / Registrar taking History : Dr. Jay. S. Parthit

Allergies : None Yes (If Yes, describe)

Drugs/Food/Latex/Dyes/Contrast/Other	Reaction
1. _____	_____
2. _____	_____
3. _____	_____

Chief Complaints :
1. SOB - Recurring Morning
2. Facial Swelling After waking up in morning

Physical Examination :
 Vital Signs :
 Temp : 38.1 F SPO₂ : 99 Pulse : 80 /min R/R : 18 /min B.P. : 110/80 mm Hg

Past History :

If Hypertension, since On Medication 1) _____ 2) _____ 3) _____	If Diabetes, since On Medication 1) _____ 2) _____ 3) _____
If Ischaemic Heart Disease since On Medication 1) _____ 2) _____ 3) _____	Under Treatment Dr. _____
Under Treatment of Dr. _____	If Tuberculosis, When _____
Any Intervention done _____	Any Other P/H : <u>Fluor. knee P.H.</u>
P/H of Operation Diagnosis : _____ Name of Operation : _____ Year of Operation : _____	Any Other Medication _____
Others _____	P/H of Hospitalization Diagnosis : <u>Covid</u> Year : <u>2021</u> Duration : <u>14 days</u> Blood Transfusion History : Yes <input checked="" type="checkbox"/> No <input type="checkbox"/> Year : _____

Family History : (Specify : F-Father, M-Mother, B-Brother, S-Sister)

(Pl. Circle whichever is applicable e.g. If Father has h/o 10 yrs then, Yes / No : F/10 yrs)

Hypertension	Yes/No <i>mother</i>	Asthma	Yes/No
Heart Disease	Yes/No	Stroke	Yes/No
Diabetes	Yes/No	Arthritis/Gout	Yes/No
Tuberculosis	Yes/No	Cancer	Yes/No
Epilepsy	Yes/No	Other Chronic disease	Yes/No

Personal History :

Diet	<i>veg</i>	Smoking	Yes/No	since...../..... per day
Appetite	<i>NAD</i>	Alcohol	Yes/No	since...../..... (freq.)
Sleep	<i>bedtime sleep</i>	Drugs	Yes/No	since...../..... (freq.)
Micturition	<i>NAD</i>	Tabacco	Yes/No	since...../..... (freq.)
Bowel Habits		Any other habit		

FOR FEMALES :

Obstetric History : L.D.....

Abortion :

Others :

General Examination :
 Anemia Cyanosis Jaundice Generalized lymphadenopathy Podaal oedema

General Examination :
Head : NSF *O/C Headache*

Injuries (Specify if any) :

Eyes : NSF *glaucoma (see Blue Rays)*

- Vision : Normal Blurred Double Colour Blind *Dryness of eyes*
- Pupils : Normal Abnormal
- Other : Inflammation Pain Itching Discharge No complaint

Remarks (if any) :

Ears : NSF

- Deaf Yes No • Pain Yes No • Discharge Yes No
- Dizziness Yes No

Nose : NSF

- Nosebleed Yes No • Congestion Yes No • Sinus problem Yes No

Mouth : NSF

- Lesion Yes No *Dental pain OCC.*
- Dental Hygiene Good Poor Bleeding gums Yes No
- Sense of taste Yes No

Throat/Neck : NSF

- Swollen glands Yes No
- Stiffness Yes No
- Dysphagia Yes No

SYSTEMIC EXAMINATION
Neurological : NSF

- Headache Yes No
- Memory changes Yes No
- Dizziness Yes No
- Syncope Yes No
- Seizures Yes No
- Paralysis Yes No if yes R L
- Cooperative Yes No
- Anxiety Yes No
- Depression Yes No
- Suicidal attempt Yes No
- Any psychiatric illness NO
- Oriented Yes No if disoriented, to Person Place Time
- Reaction: Brisk Sluggish No response
- IOC: Alert Confused Sedated
- Speech: Clear Slurred

Respiratory : NSF

- Lung sounds : CAFB clear
- Dyspnoea: None With activity At rest lying down Retractions
- Cough: None Non-productive Productive - colour: green
- Hemoptysis: Yes No
- Night Sweats: Yes No
- Cyanosis: Yes No Where

Cardiovascular : NSF

- Chest discomfort Yes No
- Oedema Yes No Location: Pitting Non-pitting

Extremities-Musculoskeletal : NSF

- Skin: Warm Cool Dry Firm Flaccid Colour
- Extremities: Tingling Yes No • Weakness Yes No Deformity Yes No
- Joints: Pain Yes No • Stiffness Yes No
- Uses: Walker Wheelchair None

Gastrointestinal : NSF

- Appetite Good Poor
- Nausea Yes No
- Vomiting Yes No
- Distension: Yes No
- Heartburn Yes No
- Flatus Yes No
- Pain Yes No
- Rectal Bleeding Yes No
- Colostomy Yes No
- Ileostomy Yes No

Bowel

- Diarrhoea Constipation Incontinence Blood in stool None

 Pain Yes No Place: Hemorrhoids Yes No

 Frequency of stool 1-2 times/day

 Interventions: None • Laxatives Yes No Type: Frequency:



Genitorurinary : NSF

 Colour of Urine Dark yellow Frequency 7-8 times/day

 Pain Yes No Burning Yes No Itching Yes No

 Urgency Yes No Incontinence Yes No

 Nocturia Yes No Urostomy Yes No

 History of calculi Yes No History of UTI Yes No

 Foley's Catheter Yes No Date of Insertion _____

Reproductive : NA NSF

LMP _____ Regular / Irregular _____

 Dysmenorrhea Yes No Amenorrhea Yes No if yes, Duration _____

 Menopausal Yes No if yes, Duration _____

 Vaginal discharge Yes No Itching Yes No

Breasts NA NSF

 Breast Feeding Yes No Lumps Yes No

Positive Finding & Advice
Sterling Addlife India Limited

Unit Sterling Hospital Vadodra

Ring Road, (West)

VADODRA - 390 007.

Sign and Stamp of Medical Officer

Sterling Hospital
 Racecourse Road

EMERGENCY HELPLINE

 992 444 9972
 0265 - 61 44 111

Sterling Hospital
 Bhayli

EMERGENCY HELPLINE

 908 1000 557
 0265 - 61 23 333


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OPHTHALMIC CHECK-UP

SIGNIFICANT HISTORY:

PAST HISTORY:

Refractive Error:

Any Surgery:

Color Blind:

Diabetes:

Hypertension:

Any Treatment:

EXAMINATION OF EYES:

Distant Vision without Glasses:

Distant Vision with Glasses:

Near Vision without Glasses:

Near Vision with Glasses:

Intraocular Pressure:

Anterior Segment:

Fundus:

Right Eye:

Left Eye:

26
1
3
1
3
3

26
1
3
1
3
3

PRESCRIPTION OF GLASSES:

	RIGHT			LEFT		
	Sphere	Cylinder	Axis	Sphere	Cylinder	Axis
Distant	-	-	-	-	-	-
Near	-	-	-	-	-	-

Type of glass:

ADVICE:

Sterling Addlife India Limited
Unit-Sterling Hospitals Vadodara
Race Course Circle, (West)
VADODARA - 390 007.
DR MAYA PATEL
(OPHTHALMOLOGIST)

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EAR, NOSE & THROAT CHECK-UP

COMPLAINTS:

Need Examination

EXAMINATION OF EARS:

Local Examination:

Tympanic Membrane:

info
Foul (R) / S/C / Turbid
(L)

EXAMINATION OF NOSE:

Local Examination:

info

THROAT & LARYNX:

info

LARYNGOSCOPIC EXAMINATION:

info

Sterling Addlife India Limited
Uni-Sterling Hospital Vadodara
Race Course Circle, (West)
VADODRA
DR. NAVNIT MAKWANA

ENT SURGEON





Passport No :

LABORATORY TEST REPORT


Patient Information	Sample Information	Location Information
Name : Mr. Abhishek Kumar .	Lab Id : 112407500800	Pt. Type : Sterling Hospital Vadodara Health Checkup
Sex/Age : Male / 35 Y 11-Apr-1989	Registration on : 09-Nov-2024 09:49	Location : Main BNo.7
Ref. Id : 300602 / 2817643	Collected at : SAWPL	Approved on : 09-Nov-2024 14:10 Status : Final
Ref. By : Dr. RMD , STERLING...	Collected on : 09-Nov-2024 11:05	Printed On : 09-Nov-2024 17:42
	Sample Type : EDTA blood	Process At : 75 - Sterling Hospital, Race course (Vadodar

MEDI WHEEL FULL BODY ANNUAL PLUS
Complete Blood Count

Test	Result	Unit	Biological Ref. Interval
Hemoglobin <small>Chemical</small>	15.2	g/dL	13.0 - 16.5
RBC Count <small>Electrochemistry</small>	5.01	million/mm	4.5 - 5.5
Hematocrit <small>Calculated</small>	46.1	%	40 - 49
MCV <small>Indexed</small>	92.0	fL	83 - 101
MCH <small>Calculated</small>	30.4	pg	27.1 - 32.5
MCHC <small>Chemical</small>	33.0	g/dL	32.5 - 36.7
RDW CV <small>Calculated</small>	13.50	%	11.8 - 14

Total WBC and Differential Count

WBC count	Result	Unit	Biological Ref. Interval
WBC count <small>BT Color and Analyte</small>	10910	/cmm	4000 - 10000

Differential Count	Result	Unit	Biological Ref. Interval	Absolute Count	Unit	Biological Ref. Interval
Neutrophils <small>Microscopic</small>	56	%	40 - 80	6110	/cmm	2000 - 6700
Lymphocytes <small>Microscopic</small>	34	%	20 - 40	3709	/cmm	1000 - 3000
Eosinophils <small>Microscopic</small>	03	%	1 - 6	327	/cmm	20 - 500
Monocytes <small>Microscopic</small>	07	%	2 - 10	764	/cmm	200 - 1000
Basophils <small>Microscopic</small>	00	%	0 - 2	0	/cmm	0 - 100

Platelet Count

Platelet Count	Result	Unit	Biological Ref. Interval
Platelet Count <small>Electro Impedance</small>	235000	/cmm	150000 - 410000
MPV <small>Calculated</small>	12.70	fL	7.5 - 10.3

Platelets Morphology : Platelets are adequate on smear

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Consultant Pathologist

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Passport No :

LABORATORY TEST REPORT


Patient Information		Sample Information		Location Information	
Name	: Mr. Abhishek Kumar .	Lab Id	: 112407500800	Pt. Type	: Sterling Hospital Vadodara Health Checkup
Sex/Age	: Male / 35 Y 11-Apr-1989	Registration on	: 09-Nov-2024 09:49	Location	: Main Bldg
Ref. Id	: 300002 / 2817543	Collected at	: SAWPL	Approved on	: 09-Nov-2024 14:10 Status: Final
Ref. By	: Dr. RMO .STERLING...	Collected on	: 09-Nov-2024 11:05	Printed On	: 09-Nov-2024 17:42
		Sample Type	: EDTA blood	Process At	: 75 - Sterling Hospital, Race course (Vadodar

MEDI WHEEL FULL BODY ANNUAL PLUS
Complete Blood Count

Test	Result	Unit	Biological Ref. Interval
Erythrocytes Sedimentation Rate			
ESR	4	mm/hr	0 - 14

Differential Count
Absolute Count

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Patient Information	Sample Information	Location Information
Name : Mr. Abhishek Kumar . Sex/Age : Male / 35 Y 11-Apr-1989 Ref. Id : 300802 / 2617543 Ref. By : Dr. RMO . STERLING...	Lab Id : 112407500800 Registration on : 09-Nov-2024 09:49 Collected at : SAWPL Collected on : 09-Nov-2024 11:05 Sample Type : EDTA blood	Pt. Type : Sterling Hospital Vadodara Health Checkup Location : Main BNo.1 Approved on : 09-Nov-2024 13:05 Status Final Printed On : 09-Nov-2024 17:42 Process At : 75 - Sterling Hospital, Race course (Vadodra)

MEDI WHEEL FULL BODY ANNUAL PLUS
Blood Group

Test	Result	Unit	Biological Ref. Interval
ABO Type <small>Type Agglutination</small>	*O*		
Rh (D) Type	Positive		



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Patient Information		Sample Information		Location Information	
Name	: Mr. Abhishek Kumar .	Lab Id	: 112407500800	PL Type	: Sterling Hospital Vadodara Health Checkup
Sex/Age	: Male / 35 Y 11-Apr-1989	Registration on	: 08-Nov-2024 09:49	Location	: Main BNo.1
Ref. Id	: 300602 / 2817543	Collected at	: SAWPL	Approved on	: 09-Nov-2024 12:47 Status: Final
Ref. By	: Dr. RMO : STERLING..	Collected on	: 09-Nov-2024 11:05	Printed On	: 09-Nov-2024 17:42
		Sample Type	: Serum, Urine	Process At	: 75 - Sterling Hospital, Race course (Vadodra

MEDI WHEEL FULL BODY ANNUAL PLUS

Test	Result	Unit	Biological Ref. Interval
Fasting Blood Glucose <small>(CO-PGD)</small>	97.0	mg/dL	74 - 100
Fasting Urine Glucose <small>(CO-PGD)</small>	Absent		Absent
Fasting Urine Ketone <small>(Microslide)</small>	Absent		Absent

	Fasting Blood Glucose*	Postprandial Blood Glucose †	Random Blood Glucose
Normal	< 100 mg/dL	< 140 mg/dL	< 140 mg/dL
Predabetic	100 – 125 mg/dl	140 – 199 mg/dL	140 – 199 mg/dL
Diabetic	≥ 126 mg/dL	≥ 200 mg/dl	≥ 200 mg/dl

* Fasting is defined as no caloric intake for more than 8 hours

† The test should be performed as described by the WHO, using a glucose load containing the equivalent of 75 g anhydrous glucose dissolved in water.

Criteria for Diagnosis of Diabetes:

1. Fasting blood glucose (FBG) \geq 126 mg/dL
2. Two-hour blood glucose (2-h OGTT) \geq 200 mg/dL
3. HbA1c values (A1c) \geq 6.5%
4. Random plasma glucose \geq 200 mg/dL

(With symptoms of hyperglycemia or hyperglycemic crisis)

In the absence of unequivocal hyperglycemia, diagnosis of DM using A1C, FBG or 2-h OGTT requires two abnormal test results from the same sample or in two separate samples.

References:

1. American diabetes association. Standards of medical care in diabetes 2024
2. National Library of Medicine – National Institute of Health (USA) – Diabetes Mellitus
3. World Health Organization – Technical on Diabetes – Prevention and treatment


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Patient Information	Sample Information	Location Information
Name : Mr. Abhishek Kumar . Sex/Age : Male / 35 Y 11-Apr-1989 Ref. Id : 300602 / 2817543 Ref. By : Dr. RMD , STERLING...	Lab Id : 112407500800 Registration on : 09-Nov-2024 09:49 Collected at : SAWPL Collected on : 09-Nov-2024 13:55 Sample Type : Fluoride	Pt. Type : Sterling Hospital Vadodara Health Checkup Location : Main BNo./ Approved on : 09-Nov-2024 16:10 Status : Final Printed On : 09-Nov-2024 17:42 Process At : 75 - Sterling Hospital, Race course (Vadodar

MEDI WHEEL FULL BODY ANNUAL PLUS

Test	Result	Unit	Biological Ref. Interval
Post-breakfast Blood Glucose <small>500-P00</small>	182	mg/dL	70 - 140
Post-breakfast Urine Glucose <small>0034-P00</small>	Absent		Absent
Post Breakfast Urine Ketone <small>W0001500</small>	Absent		Absent

Remarks: *Rechecked.


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Patient Information	Sample Information	Location Information
Name : Mr. Abhishek Kumar . Sex/Age : Male / 35 Y / 11-Apr-1989 Ref. Id : 303602 / 2617543 Ref. By : Dr. RMO , STERLING...	Lab Id : 112407500800 Registration on : 09-Nov-2024 09:45 Collected at : SAWPL Collected on : 09-Nov-2024 11:05 Sample Type : EDTA blood	Pt. Type : Sterling Hospital Vaḍodara Health Checkup Location : Main BNo./ Approved on : 09-Nov-2024 14:08 Status : Final Printed On : 09-Nov-2024 17:42 Process At : 75 - Sterling Hospital, Race course (Vaḍodara)

MEDI WHEEL FULL BODY ANNUAL PLUS
HbA1c (Glycosylated Hemoglobin) by HPLC

Test	Result	Unit	Biological Ref. Interval
HbA1c	5.50	%	For Screening: Diabetes: $\geq 6.5\%$; Pre-Diabetes: 5.7 - 6.4%; Non-Diabetes: $< 5.7\%$ For Diabetic Patient: Poor Control : $> 7.0\%$; Good Control : 6.0-7.0%
Mean Blood Glucose	111.15	mg/dL	

Description:

- Total haemoglobin A1c is continuously synthesized in the red blood cell through its 120 days life span. The concentration of HbA1c in the cell reflects the average blood glucose concentration it encounters.
- The level of HbA1c increases proportionately in patients with uncontrolled diabetes. It reflects the average blood glucose concentration over an extended time period and remains unaffected by short-term fluctuations in blood glucose levels.
- The measurement of HbA1c can serve as a convenient test for evaluating the adequacy of diabetic control and in preventing various diabetic complications. Because the average half life of a red blood cell is sixty days, HbA1c has been accepted as a measurement which reflects the mean daily blood glucose concentration, better than fasting blood glucose determination, and the degree of carbohydrate imbalance over the preceding two months.
- It may also provide a better index of control of the diabetic patient without resorting to glucose loading procedures.

HbA1c assay interferences:

Erroneous values might be obtained from samples with abnormally elevated quantities of other haemoglobins as a result of either their simultaneous elution with HbA1c (HbF) or differences in their glycation from that of HbA (HbS).

Reference: American diabetes association. Standards of medical care in diabetes 2024


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Patient report

Sterling HOSPITALS

ID: B10-R1d DATE: 09/11/2024

DATE: 09/11/2024 TIME: 01:27 PM

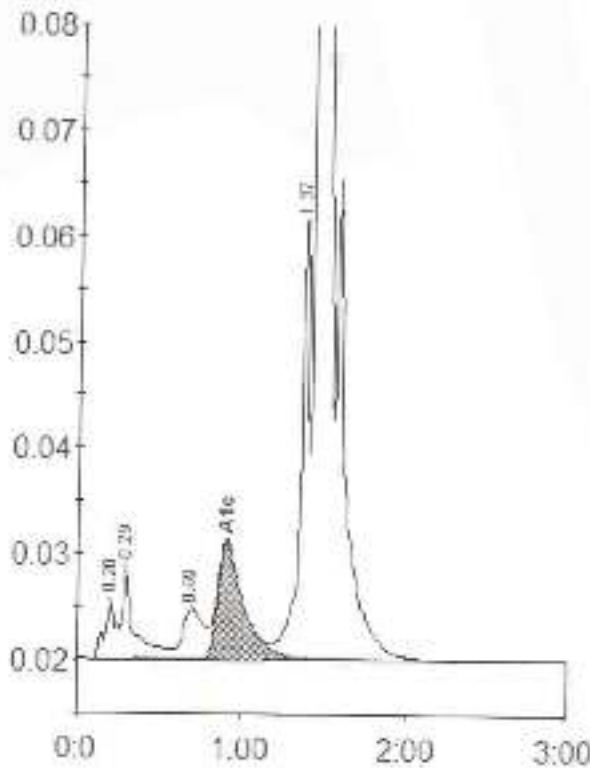
S/N: #DJ8G550303 Software version: 4.30-2

Sample ID: 112407500800

Injection date: 09/11/2024 01:26 PM

Injection #: 18 Method: HbA1c

Rack #: --- Rack position: 1



Peak table - ID: 112407500800

Peak	R.time	Height	Area	Area %
A1a	0.20	5720	26836	1.0
A1b	0.29	9283	44088	1.6
LA1c/CH1b-1	0.69	4825	41510	1.5
A1c	0.91	11098	119896	5.5
P3	1.37	42311	150012	5.4
A0	1.44	797102	2402893	86.3
Total Area:			2785235	

Concentration:	%
A1c	5.5





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Sex/Age	: Male / 35 Y 11-Apr-1989	Registration on	: 09-Nov-2024 09:43	Location	: Main RNoJ
Ref. Id	: 300602 / 2617543	Collected at	: SAWPL	Approved on	: 09-Nov-2024 12:51 Status Final
Ref. By	: Dr. RMO . STERLING..	Collected on	: 09-Nov-2024 11:05	Printed On	: 09-Nov-2024 17:42
		Sample Type	: Serum	Process At	: 75 - Sterling Hospital, Race course (Vadodra)

MEDI WHEEL FULL BODY ANNUAL PLUS
Lipid Profile

Test	Result	Unit	Biological Ref. Interval
Cholesterol <small>CHOLESTEROL (Total) - Fasting</small>	155.0	mg/dL	Desirable : <200 Borderline High : 200-239 High : >240
Triglyceride <small>TRIGLYCERIDE (Fasting)</small>	H 201.0	mg/dL	Normal : <150 Borderline : 150-199 High : 200-499 Very High : >500
HDL Cholesterol <small>HIGH DENSITY LIPOPROTEIN</small>	L 35.0	mg/dL	Low : <40.0 High : >60.0
Direct LDL <small>DIRECT LOW DENSITY LIPOPROTEIN</small>	93.00	mg/dL	Optimal : <100 Near to above Optimal : 100-129 Borderline High : 130-159 High : 160-189 Very High : >190
VLDL <small>VERY LOW DENSITY LIPOPROTEIN</small>	H 40.20	mg/dL	15 - 35
CHOL/HDL Ratio <small>CHOLESTEROL TO HDL RATIO</small>	4.5		Up to 5.0
dLDL/HDL Ratio <small>DIAGNOSTIC LOW DENSITY LIPOPROTEIN TO HDL RATIO</small>	2.7		Up to 3.5



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LABORATORY TEST REPORT


Patient Information		Sample Information		Location Information	
Name	: Mr. Abhishek Kumar .	Lab Id	: 112407500600	Pt. Type	: Sterling Hospital Vadodara Health Checkup
Sex/Age	: Male / 35 Y 11-Apr-1989	Registration on	: 09-Nov-2024 08:48	Location	: Main BNo./
Ref. Id	: 300602 / 2817543	Collected at	: SAWPL	Approved on	: 09-Nov-2024 12:51 Status: Final
Ref. By	: Dr. RMO - STERLING...	Collected on	: 09-Nov-2024 11:05	Printed On	: 09-Nov-2024 17:42
		Sample Type	: Serum	Process At	: 75 - Sterling Hospital, Race course (Vadodar

MEDI WHEEL FULL BODY ANNUAL PLUS

Test	Result	Unit	Biological Ref. Interval
Uric Acid <small>Uricase</small>	5.70	mg/dL	3.5 - 8.5
Blood Urea Nitrogen <small>Calculated</small>	L 7.94	mg/dL	9.0 - 20.0
Urea <small>Uricase - Common</small>	L 17.0	mg/dL	19.3 - 43.0
Creatinine, serum <small>Creatine Aminohydrolase</small>	0.80	mg/dL	0.66 - 1.25
BUN Creatinine Ratio <small>Calculated</small>	9.93		
Urea Creatinine Ratio <small>Calculated</small>	21.25		


Dr. C. Shrinivasan..

M.D (Pathology) [G-18341]

Consultant Pathologist

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Sterling Accuris Pathology Laboratory

 Sterling Hospital, Opp. Inor Cinema, Race Course Circle (West), Vadodara - 390 007 **Tests marked with # are referred tests**

Ph: 0265-6144210

Email: pathlab@sterlinghospitals.com | Website: www.sterlinghospitals.com / www.sterlingaccuris.com

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Passport No :

LABORATORY TEST REPORT


Patient Information	Sample Information	Location Information
Name : Mr. Abhishek Kumar . Sex/Age : Male / 35 Y 11-Apr-1989 Ref. Id : 300902 / 2917543 Ref. By : Dr.RMO - STERLING...	Lab Id : 112407500800 Registration on : 09-Nov-2024 09:49 Collected at : SAWPL Collected on : 09-Nov-2024 11:05 Sample Type : Serum	Pt. Type : Sterling Hospital Vasodara Health Checkup Location : Main Bldg/ Approved on : 09-Nov-2024 12:51 Status : Final Printed On : 09-Nov-2024 17:42 Process At : 75 - Sterling Hospital, Race course (Vadodar)

MEDI WHEEL FULL BODY ANNUAL PLUS
Liver Function Test

Test	Result	Unit	Biological Ref. Interval
ALT (SGPT) <small>UV with PGP, IFCC</small>	43.0	U/L	0 - 50
AST (SGOT) <small>UV with PGP</small>	37.0	U/L	17 - 59
GGT (Gamma Glutamyl Transferase) <small>1-g-Glutamyl-p-nitroanilide</small>	24.0	U/L	15 - 73
Alkaline Phosphatase <small>PNPP, AMP Buffer, IFCC</small>	86.0	U/L	38 - 126
Total Bilirubin <small>Alanine Aminotransferase</small>	0.90	mg/dL	0.2 - 1.3
Conjugated Bilirubin <small>Catalytic Modified Endlag</small>	0.10	mg/dL	0.0 - 0.3
Unconjugated Bilirubin <small>Catalytic Modified Endlag</small>	0.80	mg/dL	0.0 - 1.1
Delta Bilirubin <small>Catalytic</small>	0.20	mg/dL	0.0 - 0.2
Total Protein <small>Copper-tartrate its native complex</small>	7.30	g/dL	6.3 - 8.2
Albumin <small>Bromocresol Green Method</small>	4.70	g/dL	3.5 - 5.0
Globulin <small>Electrodes</small>	2.60	g/dL	2.3 - 3.5
A/G Ratio <small>Calculated</small>	H 1.81		1.3 - 1.7



Dr. C. Shrinivasan,
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Passport No :

LABORATORY TEST REPORT


Patient Information		Sample Information		Location Information	
Name	: Mr. Abhishek Kumar ,	Lab Id	: 112407500800	Pt. Type	: Sterling Hospital Vadodra Health Checkup Main
Sex/Age	: Male / 35 Y 11-Apr-1989	Registration on	: 09-Nov-2024 09:49	Location	: BNOJ
Ref. Id	: 300602 / 2817543	Collected at	: SAWPL	Approved on	: 09-Nov-2024 12:47 Status : Final
Ref. By	: Dr. RMO , STERLING...	Collected on	: 09-Nov-2024 11:05	Printed On	: 09-Nov-2024 17:42
		Sample Type	: Serum	Process At	: 75 - Sterling Hospital, Race course (Vadodar

MEDI WHEEL FULL BODY ANNUAL PLUS
Thyroid Function Tests

Test	Result	Unit	Biological Ref. Interval
T3, total (Triiodothyronine) <small>CLIA</small>	1.36	ng/mL	0.58 - 1.59
T4, total (Thyroxine) <small>CLIA</small>	7.93	µg/dl	4.87 - 11.72
TSH (3rd Gen.) <small>Chemiluminescence</small>	2.5910	µIU/mL	0.4001 - 4.049

TSH	T3/FT3	T4/FT4	Suggested Interpretation of Thyroid function tests pattern
Within range	Decreased	Within range	Isolated low T3 often seen in elderly & associated Non-Thyroid illness, in elderly the drop in T3 level can be up to 23%.
Raised	Within Range	Within Range	Isolated High TSH especially in the range of 4.7 to 15 mIU/ml is commonly associated with physiological & Biological TSH Variability; Subclinical Autoimmune Hypothyroidism; Intermediate T4 therapy for Hypothyroidism; Recovery phase after Non-Thyroidal illness.
Raised	Decreased	Decreased	Chronic Autoimmune Thyroiditis; Post Thyroidectomy, post radioactive; Hypothyroid phase of transient thyroiditis.
Raised or within range	Raised	Raised or within range	Interfering antibodies to thyroid hormones (anti-TPO antibodies); Intermediate T4 therapy of T4 overdose; Drug Interference-Amlodrine, Heparin, beta blocker, steroids, anti-epileptics.
Decreased	Raised or within range	Raised or within range	Isolated Low TSH - Especially in the range of 0.1 to 0.4 often seen in elderly & associated with Non-Thyroidal illness; Subclinical Hyperthyroidism; Thyroxine Ingestion.
Decreased	Decreased	Decreased	Central Hypothyroidism; Non-Thyroidal illness; Recent treatment for Hypothyroidism (TSH remains suppressed).
Decreased	Raised	Raised	Primary Hyperthyroidism (Graves' disease), Multinodular goitre Toxic nodules; Transient thyroiditis: postpartum, Silent (lymphocytic), Post viral (granulomatous, subacute, DeQuervain's), Gestational; thyrotoxicosis hyperemesis gravidarum.
Decreased or within range	Raised	Within range	T3 toxicosis; Non-Thyroidal illness.

 Reference: *Walsh's Interpretation of Diagnostic by Mary Williams, 10th edition, 2015.*

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Patient Information	Sample Information	Location Information
Name : Mr. Abhishek Kumar . .	Lab Id : 112407500800	Pt. Type : Sterling Hospital Vadodara Health Checkup
Sex/Age : Male / 35 Y 11-Apr-1989	Registration on : 09-Nov-2024 09:49	Location : Main Bldg./
Ref. Id : 300602 / 2817543	Collected at : SAWPL	Approved on : 09-Nov-2024 12:47 Status: Final
Ref. By : Dr. RMO, STERLING...	Collected on : 09-Nov-2024 11:05	Printed On : 09-Nov-2024 17:42
	Sample Type : Urine	Process At : 75 - Sterling Hospital, Race course (Vadodra)

MEDI WHEEL FULL BODY ANNUAL PLUS
URINE ROUTINE EXAMINATION

Test	Result	Unit	Biological Ref. Interval
Physical & Chemical (Dip strip) examination			
Colour	Pale Yellow		Pale Yellow
pH <small>Double indicator</small>	6.5		5.5 - 7.0
Specific Gravity <small>Polyelectrolyte based reagent</small>	L 1.005		1.015 - 1.025
Protein <small>Bromophenol blue indicator</small>	Absent		Absent
Glucose <small>GDH-PDD</small>	Absent		Absent
Ketone <small>Microassay</small>	Absent		Absent
Blood <small>Peroxidase like reaction</small>	Absent		Absent
Bilirubin <small>Blood reaction</small>	Absent		Absent
Leucocytes <small>Esterase reaction</small>	Absent		Absent
Nitrite <small>o-toluidine acid to diazonium compound</small>	Absent		Absent
Microscopic Examination			
Erythrocytes (RBCs)	Absent	/hpf	0 - 2
Pus Cells	Occasional	/hpf	0 - 5
Epithelial Cells	Occasional	/hpf	
Crystals	Absent		Absent
Casts	Absent		Absent
Bacteria	Absent		Absent
Amorphous Material	Absent		Absent
Yeast	Absent		Absent

----- End Of Report -----


Dr. C. Shrinivasan..

M.D (Pathology)(G-18341)

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Report Date: 09 Nov 2024 - 01:58 PM

Patient Id	: RCR-300602	Patient Name	: ABHISHEK KUMAR
Age	: 35Y 6M 29D	Sex	: Male
Ref. Doctor	: DR. RMO , STERLING	Study Date	: 09 Nov 2024 - 12:26 PM

RADIOGRAPH CHEST PA

Both lungs and CP angles appear clear.
Mediastinal shadow and hilar region appear normal.
Cardiac shadow appears normal.
Both domes of diaphragm show normal position and contour.
Any thorax under vision appears normal.

IMPRESSION

No significant abnormality detected.

Palak

Dr. Palak Nandolia
Consultant Radiologist



35 Years

Male

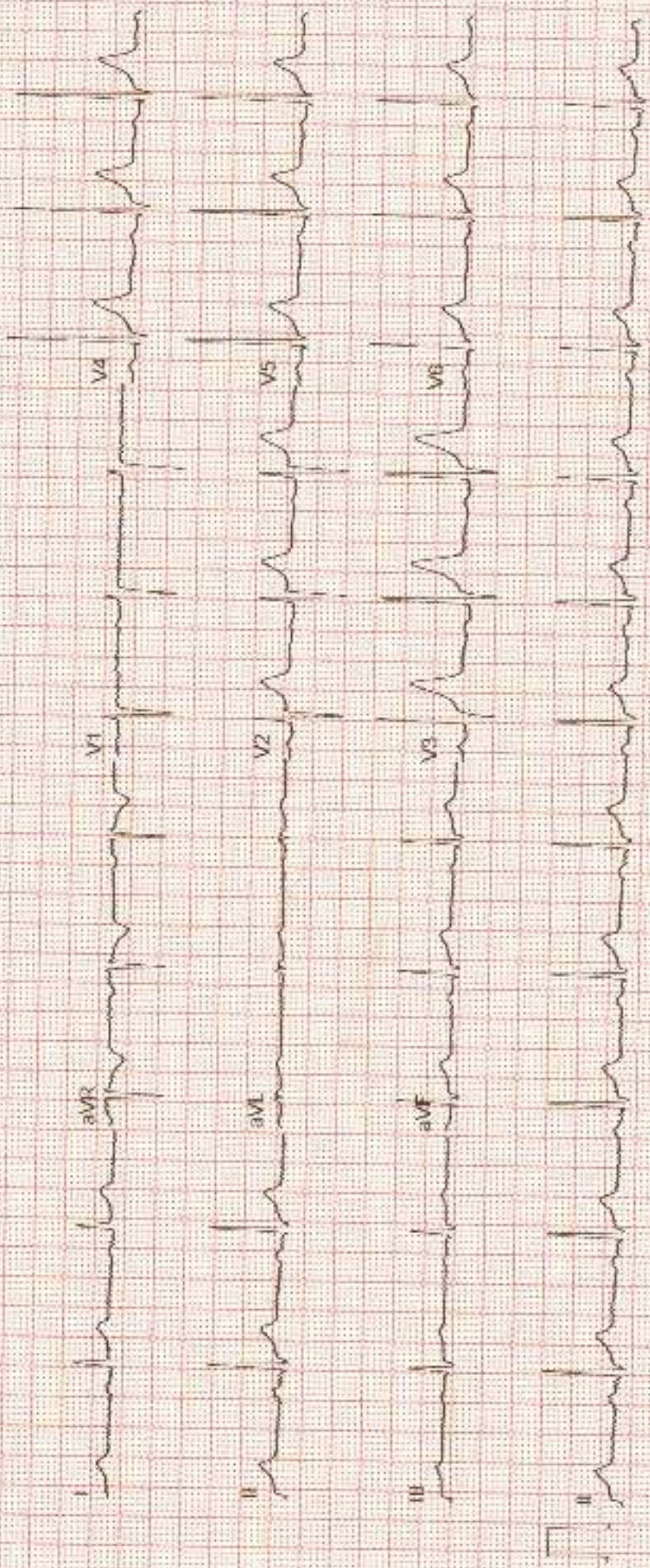
09-11-2024 10:05:48
STERLING HOSPITAL
HCF
WADODARA

70 bpm

1 mmHg

Normal

QT / QTc Baz 380 / 410 ms
 PR 174 ms
 P 88 ms
 RR / PP 852 / 857 ms
 P / QRS / T 52 / 58 / 46 degrees





2D ECHOCARDIOGRAPHY REPORT



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HOSPITALS

Race Course Road, Vadodara

Name: Mr. ABHISHEK KUMAR
Age: 35 Years
Sex: M
Date: 09-Nov-2024

Ref By: Dr. ARCHANA DWIVEDI
Study: 2D Echo

M-MODE:

IVS	11mm	LVDD	47mm
PW	11mm	LVDS	25mm
LA	37mm	LV EF	60 %

DOPPLER STUDY:

MITRAL	E 0.85 A 0.39
AORTIC	1.20
TRICUSPID	N
PULMONARY	N

CONCLUSION :

- NORMAL SIZED CHAMBERS
- NORMAL LV SYSTOLIC FUNCTION LVEF 60 %
- NO RWMA AT REST
- NO DIASTOLIC DYSFUNCTION
- NORMAL RA/RV SIZE AND FUNCTION
- ALL VALVES ARE NORMAL
- NO CLOT OR VEGETATION
- NO PERICARDIAL EFFUSION
- NORMAL IVC


Dr. KAUSHIKTRIVEDI, MD
Consultant interventional Cardiologist

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Sterling Hospital, Sterling Hospital Road, Meninagar, Ahmedabad-380052, Gujarat, India

SONO00C 91-20-25443913





Report Date: 09 Nov 2024 - 11:32 AM

Patient Id	: RCR-300602	Patient Name	: ABHISHEK KUMAR
Age	: 35Y 6M 29D	Sex	: Male
Ref. Doctor	: DR. RMO . STERLING	Study Date	: 09 Nov 2024 - 11:02 AM

ULTRASOUND OF ABDOMEN AND PELVIS

FINDINGS

Liver is normal in size (15 cm) and shows bright echotexture- moderate fatty infiltration. No focal lesion seen. No IHBR dilatation.

Portal vein (11 mm) and **CBD** (4.5 mm) appears normal.

Gall bladder distended and shows normal wall thickness. No evidence of calculus or mass lesion seen. No pericholecystic fluid.

Visualized **pancreas** appears normal.

Spleen appears normal in size (11.3 cm) and shows normal echotexture. No focal lesion seen.

Right kidney appears normal (10.8 x 4.4 cm). There is no evidence of scarring, hydronephrosis or calculi. Normal cortical echogenicity and cortico-medullary differentiation are maintained.

Left kidney appears normal (11.2 x 4.6 cm). There is no evidence of scarring, hydronephrosis or calculi. Normal cortical echogenicity and cortico-medullary differentiation are maintained.

Urinary bladder is well distended with normal wall. No calculus or mass lesion is seen.

Prostate measures ~ 15 cc. No focal mass is seen.

No evidence of ascites seen.

IMPRESSION

- Moderate fatty liver (Grade II)
- No other significant abnormality.

Palak

Dr. Palak Nandolia

Consultant Radiologist

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