

## OPHTHALMIC EVALUATION

UHID No.: \_\_\_\_\_ Date: 13/11/24  
 Name: Miss Rachita Age: 37 Gender: Male/Female

Without Correction :

Distance: Right Eye 6/6 Left Eye 6/6  
 Near : Right Eye 5/6 Left Eye 5/6

With Correction :

Distance: Right Eye \_\_\_\_\_ Left Eye \_\_\_\_\_  
 Near : Right Eye \_\_\_\_\_ Left Eye \_\_\_\_\_

	RIGHT					LEFT				
	SPH	CYL	AXIS	PRISM	VA	SPH	CYL	AXIS	PRISM	VA
Distance										
Near										

Colour Vision : NAD

Anterior Segment Examination : NAD | BL

Pupils : \_\_\_\_\_

Fundus : \_\_\_\_\_

Intraocular Pressure : 14 mmHg BL

Diagnosis : \_\_\_\_\_

Advice : \_\_\_\_\_

Re-Check on 6 mths (This Prescription needs verification every year)

Dr. RS  
 (Consultant Ophthalmologist)  
**DR. RUCHIRA SHARMA**  
 M. S. (OPHTH)  
 CONSULTING OPHTHALMOLOGIST  
 & MICRO SURGEON  
 REG. No.: 3262 / 09 / 02

■ Consultation ■ Diagnostics ■ Health Check-Ups ■ Dentistry

## DENTAL CHECKUP

<b>Name:</b> Radhika Patti	<b>MR NO:</b>
<b>Age/Gender :</b> 37/F	<b>Date:</b> 13/1/24

Medical history:  Diabetes  Hypertension

EXAMINATION	UPPER RIGHT	UPPER LEFT	LOWER LEFT	LOWER RIGHT
Calculus & Stains			✓	✓
Mobility				
Caries ( Cavities )				
a) Class 1 (Occlusal)				
b) Class 2 (Proximal)				
c) Class 5 (Cervical)				
Faulty Restoration				
Faulty Crown				
Fractured Tooth				
Root Pieces				
Impacted Tooth				
Missing Tooth				
Existing Denture				

### TREATMENT ADVISED:

TREATMENT	UPPER RIGHT	UPPER LEFT	LOWER LEFT	LOWER RIGHT
Restoration / Filling				
Root Canal Therapy				
Crown				
Extraction				

Oral Prophylaxis:  Scaling & polishing  
 Orthodontic Advice for Braces:  Yes /  No  
 Prosthetic Advice to Replace Missing Teeth:  Denture  Bridge  Implant  
 Oral Habits:  Tobacco  Cigarette  Others since \_\_\_ years  
 Advice to quit any form of tobacco as it can cause cancer.  
 Other Findings: \_\_\_\_\_

- Scaling & polishing - 800

Name: Mr. Rachika Patel Age: 37 Sex: F UHID No.: \_\_\_\_\_ Date: 13/01/2024

37 years / married (P<sub>2</sub>L<sub>2</sub>A, (B<sub>2</sub>H F<sub>1</sub>ND) not  
sterilized  
No complaints, willing for Papan smear

Umi- 18/02/2024

✓ OK  
✓ Uctous  
✓ Afbride-  
P- 72/min  
PP - soft M

Shw & Repeat  
Adv : Co Biopsy

Pls C<sub>1</sub> - cervical erosion (-), bleeds on  
touch (+)

V<sub>3</sub> Healthy



Dr. Trupti Shinde  
DR. TRUPTI VIJAY SHINDE  
MBBS, M.S. (OBS & GYNAE)  
REG. NO.: 2014/07/3301



**Apollo Clinic**  
VASHI

■ Consultation ■ Diagnostics ■ Health Check-Ups ■ Dentistry

Name : Mrs. Radhika Umesh Patil      Gender : Female      Age : 37 Years  
UHID : FVAH 10237      Bill No :      Lab No : V-1700-23  
Ref. by : SELF      Sample Col.Dt : 13/01/2024 09:05  
Barcode No : 3970      Reported On : 13/01/2024 20:57

TEST      RESULTS      BIOLOGICAL REFERENCE INTERVAL

HAEMOGRAM(CBC,ESR,P/S)-WB (EDTA)

Haemoglobin(Colorimetric method)	<b>11.2</b>	g/dl	11.5 - 15
RBC Count (Impedance)	4.07	Millions/cumm.	4 - 6.2
PCV/Haematocrit(Calculated)	35	%	35 - 55
MCV:(Calculated)	85.8	fl	78 - 98
MCH:(Calculated)	27.5	pg	26 - 34
MCHC:(Calculated)	32	gm/dl	30 - 36
RDW-CV:	14	%	10 - 16
Total Leucocyte count(Impedance)	5580	/cumm.	4000 - 10500
Neutrophils:	58	%	40 - 75
Lymphocytes:	36	%	20 - 40
Eosinophils:	02	%	0 - 6
Monocytes:	04	%	2 - 10
Basophils:	00	%	0 - 2
Platelets Count(Impedance method)	2.54	Lakhs/c.mm	1.5 - 4.5
MPV	8.3	fl	6.0 - 11.0
ESR(Westergren Method)	07	mm/1st hr	0 - 20
Peripheral Smear (Microscopic examination)			
RBCs:	Normochromic, Normocytic		
WBCs:	Normal		
Platelets	Adequate		
Note:	Test Run on 5 part cell counter. Manual diff performed.		

Pooja Surve  
Entered By

Ms Kaveri Gaonkar  
Verified By

Page 3 of 3  
Dr. Milind Patwardhan  
M.D(Path)  
Chief Pathologist

End of Report  
Results are to be correlated clinically



Indira Health And Lifestyle Private Limited.  
**NABL Accredited Laboratory**  
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**TEST**

**RESULTS**

**Blood Grouping (ABO & Rh)-WB(EDTA) Serum**

ABO Group:

**:AB:**

Rh Type:

**Positive**

Method :

Matrix gel card method (forward and reverse)

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**Neha More**  
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**TEST RESULTS BIOLOGICAL REFERENCE INTERVAL**

**HbA1c(Glycosylated Haemoglobin )WB-EDTA**

(HbA1C) Glycosylated Haemoglobin : 5.7 %  
 Normal <5.7 %  
 Pre Diabetic 5.7 - 6.5 %  
 Diabetic >6.5 %  
 Target for Diabetes on therapy < 7.0 %  
 Re-evaluation of therapy > 8.0 %

Mean Blood Glucose : 116.89 mg/dL

Corelation of A1C with average glucose

A1C (%)	Mean Blood Glucose (mg/dl)
6	126
7	154
8	183
9	212
10	240
11	269
12	298


Method High Performance Liquid Chromatography (HPLC).

**INTERPRETATION**

- The HbA1c levels corelate with the mean glucose concentration prevailing in the course of Pts recent history (apprx 6-8 weeks) & therefore provides much more reliable information for glycemia control than the blood glucose or urinary glucose.
- This Methodology is better then the routine chromatographic methods & also for the daibetic pts.having HEMOGLBINOPATHIES OR UREMIA as Hb varaints and uremia does not INTERFERE with the results in this methodology.
- It is recommended that HbA1c levels be performed at 4 - 8 weeks during therapy in uncontrolled DM pts.& every 3 - 4 months in well controlled daibetics .
- Mean blood glucose (MBG) in first 30 days ( 0-30 )before sampling for HbA1c contributes 50% whereas MBG in 90 - 120 days contribute to 10% in final HbA1c levels

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TEST	RESULTS	UNITS	BIOLOGICAL REFERENCE INTERVAL
<b>PLASMA GLUCOSE</b>			
Fasting Plasma Glucose :	91	mg/dL	Normal < 100 mg/dL Impaired Fasting glucose : 101 to 125 mg/dL Diabetes Mellitus : $\geq$ 126 mg/dL (on more than one occasion) (American diabetes association guidelines 2016)
Post Prandial Plasma Glucose :	107	mg/dL	Normal < 140 mg/dL Impaired Post Prandial glucose : 140 to 199 mg/dL Diabetes Mellitus : $\geq$ 200 mg/dL (on more than one occasion) (American diabetes association guidelines 2016)

Method : Hexokinase

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TEST RESULTS UNITS BIOLOGICAL REFERENCE INTERVAL

LIPID PROFILE - Serum

S. Cholesterol(Oxidase)	123	mg/dL	Desirable < 200 Borderline: >200-<240 Undesirable: >240
S. Triglyceride(GPO-POD)	52	mg/dL	Desirable < 150 Borderline: >150-<499 Undesirable: >500
S. VLDL:(Calculated)	10.4	mg/dL	Desirable <30
S. HDL-Cholesterol(Direct)	48.3	mg/dL	Desirable > 60 Borderline: >40-<59 Undesirable: <40
S. LDL:(calculated)	64.3	mg/dL	Desirable < 130 Borderline: >130-<159 Undesirable: >160
Ratio Cholesterol/HDL	<b>2.5</b>		3.5 - 5
Ratio of LDL/HDL	<b>1.3</b>		2.5 - 3.5

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TEST RESULTS UNITS BIOLOGICAL REFERENCE INTERVAL


**LFT(Liver Function Tests)-Serum**

S.Total Protein (Biuret method)	7.05	g/dL	6.6 - 8.7
S.Albumin (BCG method)	4.20	g/dL	3.5 - 5.2
S.Globulin (Calculated)	2.85	g/dL	2 - 3.5
S.A/G Ratio:(Calculated)	1.47		0.9 - 2
S.Total Bilirubin (DPD):	0.56	mg/dL	0.1 - 1.2
S.Direct Bilirubin (DPD):	0.19	mg/dL	0.1 - 0.3
S.Indirect Bilirubin (Calculated)	0.37	mg/dL	0.1 - 1.0
S.AST (SGOT)(IFCC Kinetic with P5P): 14		U/L	5 - 32
S.ALT (SGPT) (IFCC Kinetic with P5P): 7		U/L	5 - 33
S.Alk Phosphatase(pNPP-AMP Kinetic): 77		U/L	35 - 105
S.GGT(IFCC Kinetic): 13		U/L	07 - 32

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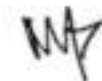
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TEST	RESULTS	BIOLOGICAL REFERENCE INTERVAL
<b>BIOCHEMISTRY</b>		
S.Urea(Urease Method)	13.3 mg/dl	10.0 - 45.0
BUN (Calculated)	6.2 mg/dL	5 - 20
S.Creatinine(Jaffe's Method)	0.58 mg/dl	0.50 - 1.1
BUN / Creatinine Ratio	10.69	9:1 - 23:1
S.Uric Acid(Uricase Method)	3.4 mg/dl	2.4 - 5.7

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TEST RESULTS BIOLOGICAL REFERENCE INTERVAL

**URINE REPORT**

**PHYSICAL EXAMINATION**

QUANTITY	10	mL	
COLOUR	Pale Yellow		
APPEARANCE	Clear		Clear
SEDIMENT	Absent		Absent

**CHEMICAL EXAMINATION(Strip Method)**

REACTION(PH)	7.0	4.6 - 8.0
SPECIFIC GRAVITY	1.010	1.005 - 1.030
URINE ALBUMIN	Absent	Absent
URINE SUGAR(Qualitative)	Absent	Absent
KETONES	Absent	Absent
BILE SALTS	Absent	Absent
BILE PIGMENTS	Absent	Absent
UROBILINOGEN	Normal(<1 mg/dl)	Normal
OCCULT BLOOD	Absent	Absent
Nitrites	Absent	Absent

**MICROSCOPIC EXAMINATION**

PUS CELLS	Occasional	0 - 3/hpf
RED BLOOD CELLS	Nil /HPF	Absent
EPITHELIAL CELLS	0 - 1 / hpf	3 - 4/hpf
CASTS	Absent	Absent
CRYSTALS	Absent	Absent
BACTERIA	Absent	Absent

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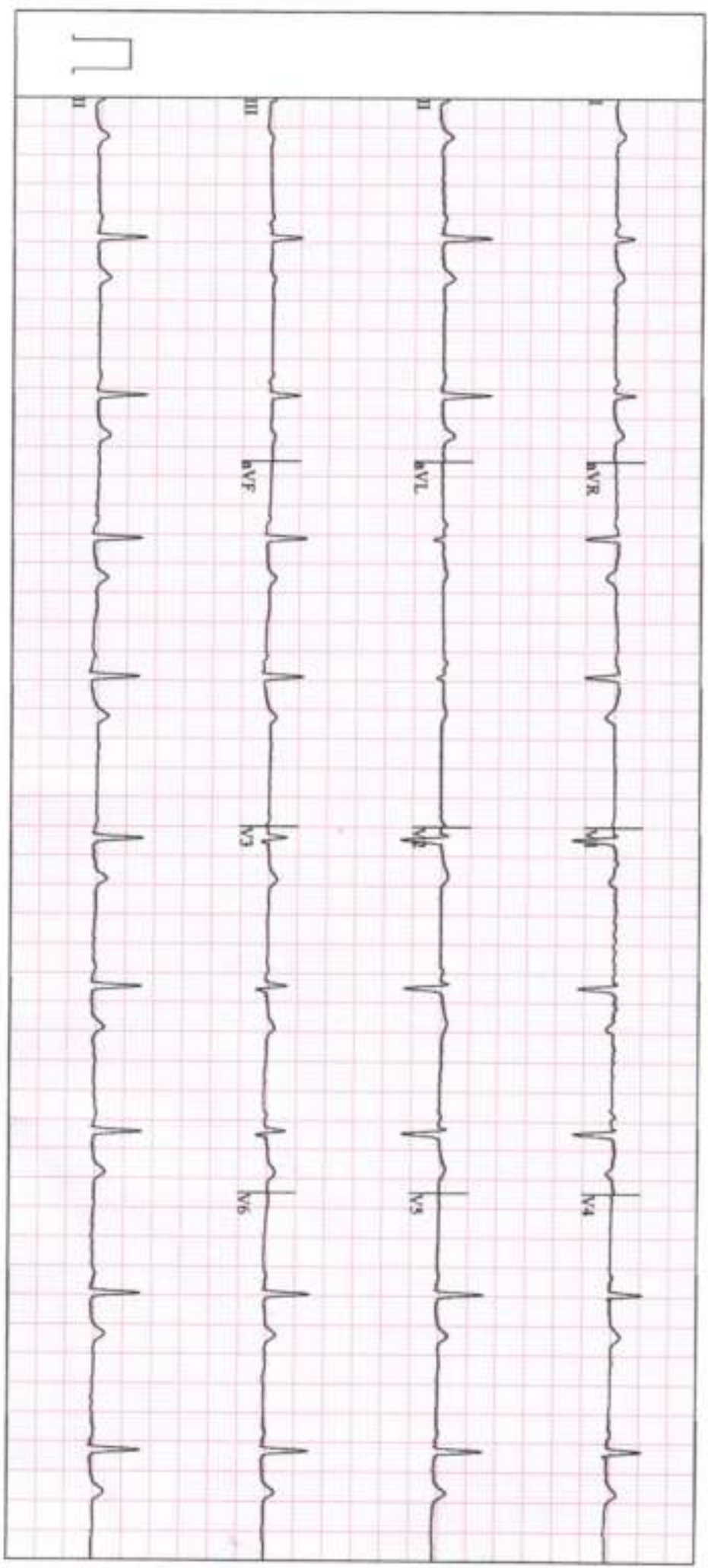
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QRS : 68 ms  
 QT / QTc/QTd : 386 / 378 ms  
 PR : 124 ms  
 P : 96 ms  
 RR / PP : 1036 / 1034 ms  
 P / QRS / T : 12 / 66 / 45 degrees

Sinus bradycardia  
 Otherwise normal ECG

*See Studycard*

**Dr. ANIRBAN DASGUPTA**  
 M.B.B.S., D.N.B. Medicine  
 Diploma Cardiology  
 MMC-2005/02/0920



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Neel Siddhi Towers, Vashi-400703

Station  
Telephone:

## EXERCISE STRESS TEST REPORT

Patient Name: RADHIKA, PATIL  
Patient ID: 10237  
Height:  
Weight:

DOB: 01.12.1986  
Age: 37yrs  
Gender: Female  
Race: Asian

Study Date: 13.01.2024  
Test Type: Treadmill Stress Test  
Protocol: BRUCE

Referring Physician: --  
Attending Physician: DR. ANIRBAN DASGUPTA  
Technician: Anita Gaikwad

Medications:  
NIL

Medical History:  
NIL

Reason for Exercise Test:  
Screening for CAD

### Exercise Test Summary

Phase Name	Stage Name	Time in Stage	Speed (mph)	Grade (%)	HR (bpm)	BP (mmHg)	Comment
PRETEST	SUPINE	00:05	0.00	0.00	68	120/80	
	STANDING	00:19	0.00	0.00	67		
	HYPERV.	00:15	0.00	0.00	76		
EXERCISE	WARM-UP	00:25	0.90	0.00	91		
	STAGE 1	03:00	1.70	10.00	139	130/80	
	STAGE 2	02:03	2.50	12.00	160	140/80	
RECOVERY		01:07	0.00	0.00	120	150/80	

The patient exercised according to the BRUCE for 5:03 mins, achieving a work level of Max. METS: 7.00. The resting heart rate of 68 bpm rose to a maximal heart rate of 162 bpm. This value represents 88 % of the maximal, age-predicted heart rate. The resting blood pressure of 120/80 mmHg, rose to a maximum blood pressure of 150/80 mmHg. The exercise test was stopped due to Target heart rate achieved.

### Interpretation

Summary: Resting ECG: normal.  
Functional Capacity: normal.  
HR Response to Exercise: appropriate.  
BP Response to Exercise: normal resting BP - appropriate response.  
Chest Pain: none.  
Arrhythmias: none.  
ST Changes: none.  
Overall impression: Normal stress test.

### Conclusions

TMT IS NEGATIVE FOR INDUCIBLE MYOCARDIAL ISCHAEMIA AT THE WORKLOAD ACHIEVED.

Physician-DR. ANIRBAN DASGUPTA

*Anirban Dasgupta*  
Dr. ANIRBAN DASGUPTA  
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Diploma Cardiology  
MMC -2005/02/0920

PATIENT'S NAME	RADHIKA UMESH PATIL	AGE :- 37 y/F
UHID NO	10237	13 Jan 2024

### X-RAY CHEST PA VIEW

#### OBSERVATION:

Bilateral lung fields are clear.  
Both hila are normal.  
Bilateral cardiophrenic and costophrenic angles are normal.  
The trachea is central.  
Aorta appears normal.  
The mediastinal and cardiac silhouette are normal.  
Soft tissues of the chest wall are normal.  
Bony thorax is normal.

#### IMPRESSION:

➤ No significant abnormality seen.



**DR. DISHA MINOCHA**  
**DMRE (RADIOLOGIST)**

PATIENT'S NAME	RADHIKA U PATIL	AGE :- 37Y/F
UHID	10237	13 Jan 2024

### USG WHOLE ABDOMEN (TAS)

**LIVER** is normal in size, shape and echotexture. No evidence of any focal lesion. The portal vein appears normal & shows normal hepato-petal flow. No evidence of intra-hepatic biliary duct dilatation.

**Gall Bladder** appears well distended with normal wall thickness. There is no calculus or pericholecystic collection. CBD appears normal.

Visualised parts of head & body of **PANCREAS** appear normal.

**SPLEEN** is normal in size and echotexture. No focal lesion seen. Splenic vein is normal.

Both kidneys are normal in size, shape and echotexture with normal parenchymal reflectivity and maintained cortico-medullary differentiation. No hydronephrosis or calculi or mass seen.

**RIGHT KIDNEY** measures 10.9 x 3.6 cm. **LEFT KIDNEY** measures 9.8 x 4.0 cm.

**URINARY BLADDER** is well distended; no e/o wall thickening or mass or calculi seen.

**UTERUS** is retroverted and is normal in size, shape and echotexture; No focal lesion seen. It measures 6.5 x 4.4 x 3.8 cm; ET measures 8 mm.

Both ovaries are normal in size, shape and position.

Visualised **BOWEL LOOPS** appear normal. There is no free fluid seen.

### IMPRESSION -

- **No significant abnormality detected.**

THIS REPORT IS NOT TO BE USED FOR MEDICOLEGAL PURPOSE. THE CONTENTS OF THIS REPORT REQUIRE CLINICAL CO-RELATION BEFORE ANY APPLICATION.



**DR. DISHA MINOCHA**  
**DMRE (RADIOLOGIST)**