



Mediwheel
...Your wellness partner

Arcofemi Healthcare Pvt Ltd

(Formerly known as Arcofemi Healthcare Ltd)

F-701A, Lado Sarai, Mehrauli, New Delhi - 110030

Email: wellness@mediwheel.in, Website: www.mediwheel.in

Tel: +91-11-41195959, Fax: +91-11-29523020

CIN: U24240DL2011PTC216307

MEDICAL FITNESS CERTIFICATE

(To be signed by a registered medical practitioner holding a Medical degree)

This is to certify that **Mr. ROHIT SINGH ASWAL** aged, **30yr**. Based on the examination, I certify that he is in good mental and physical health and it is free from any physical defects such as deafness, colour blindness, and any chronic or contagious diseases.

Place: Dehradun

Date: 30/05/2024

Dr. Nitesh Kumar
MBBS
BCMR 47093
Name & Signature of

Medical officer

(A Unit of Rajvin Medico Pvt. Ltd.)

Date: 30/05/2024

BP 110/70 mmHg

PR 64 bpm

SPO2 99%

Temp 97.2 F

OPD No: OPDN3431
 OPD Checkup ID: OCID3441
 UHID No: 2915

Patient Name	MR. ROHIT SINGH ASWAL	Age	30 Year
Phone	9027119886	Address	HNO. 280, ESTATE BANJARAWALA, DEHRADUN

Consultant Doctor Dr. ANIL PRAKASH[MEDICINE]

Pt came for routine medical check up

No complaints

Conscious/oriented

S₂ Heard

P/A = soft / Non tend

Chest A/C A/E (+)

*Bld grp = A Positive
 Lipid profile → WNL
 RFT] WNL
 LFT] WNL*

ORC → WNL

HBA1C → 5.7

FFT] WNL

Chest X Ray → (N) Skrogram

Departments

- MEDICINE
- GEN. SURGERY
- OBS. & GYNAE
- ORTHOPAEDICS
- ENT
- OPHTHALMOLOGY
- NEUROSURGERY
- PHYSIOTHERAPY
- DENTIST

PATHOLOGY LAB.	DIGITAL X-RAY	ULTRASOUND	CT-SCAN	ICU, NICU	DIALYSIS	EMERGENCY 24X7
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Saharanpur Road, Niranjan Pur,
 Majra, Near Indian Bank,
 Dehradun-248001, Uttarakhand

Contact : 0135-3568401, 7505327188, 9997144108
 E-mail : prakashdeephospitalddn@gmail.com
 Website : www.prakashdeephospital.com



PRAKASHDEEP HOSPITAL

A MULTISPECIALITY HOSPITAL AND TRAUMA CENTRE



(A Unit of Rajvin Medico Pvt. Ltd.)

Patient Name : Mr. Rohit Singh Aswal Reg No. : 13
Age/Sex : 31 Yrs. / Male Date : 30/05/2024
Referred By : Dr. Anil Prakash M.D. Medicine. Reported On : 30/05/2024

REPORT	RESULTS	UNITS	REF.-RANGE
HAEMATOLOGY			
HAEMOGLOBIN	14.9	gm%	13.5 - 17.5
TLC	6800	/Cu mm	4000 - 11000
DIFFERENTIAL LEUCOCYTE COUNT			
Neutrophils	55	%.	50-70
Lymphocytes	40	%.	25-40
Eosinophils	02	%.	1-4
Monocytes	03	%.	3-8
Imature Cells	00	%.	
ESR (Wsetergren`s)	13	mm/1st hr	0.0 - 15.0
R.B.C. COUNT	5.00	million/cu mm	4.5 - 6.5
PLATELET COUNT	2.20	lacs/cumm	1.5 - 4.5
P.C.V./ HAEMATOCRIT	44.6	%.	26 - 50
MCV	89.2	fL	80 - 94
M C H	29.8	pg	27 - 32
MCHC	33.4	g/dl	30 - 35
RDW - CD	41.2	fL	37 - 54
BIOCHEMISTRY			
\$LIVER FUNCTION TEST			
S. BILIRUBIN(TOTAL)	0.52	mg/dL.	0.2 - 1.1
DIRECT	0.27	mg/dL.	0.1 - 0.6
INDIRECT	0.25	mg/dL.	0.1 - 0.4
S.G.O.T.	25.6	U/L	05 - 40
S.G.P.T.	22.8	U/L	05 - 40
TOTAL PROTEINS	6.94	Gm/dL.	6.0 - 8.5
ALBUMIN	4.18	Gm/dL.	3.5 - 5.0
GLOBULIN	2.76	Gm/dL.	2.8 - 4.5
A : G RATIO	1.51		1.3 - 2.0

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Reg No. : 13

Age/Sex : 31 Yrs. / Male

Date : 30/05/2024

Referred By : Dr. Anil Prakash M.D. Medicine.

Reported On : 30/05/2024

REPORT	RESULTS	UNITS	REF.-RANGE
\$Kidney Function Test			
BLOOD UREA	28.1	mg / dl	15-45
SERUM CREATININE	0.81	mg/dL.	0.7 - 1.4
SERUM SODIUM (Na)	140.9	m Eq/litre.	135 - 155
SERUM POTASSIUM (K)	4.28	m Eq/litre.	3.5 - 5.5
SERUM CALCIUM	9.53	mg/dl	8.5 - 10.5
SERUM URIC ACID	4.39	mg/dL.	3.4 - 7.00
SERUM PROTEINS			



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Age/Sex	: 31 Yrs. / Male	Date	: 30/05/2024
Referred By	: Dr. Anil Prakash M.D. Medicine.	Reported On	: 30/05/2024

REPORT	RESULTS	UNITS	REF.-RANGE
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PROFILE

\$LIPID PROFILE

SERUM CHOLESTEROL	175.9	mg/dl	120-220
SERUM HDL CHOLESTEROL (DIRECT)	39.8	mg/dl	30 - 64
SERUM TRIGLYCERIDE	147.6	mg/dl	70 - 170
SERUM VLDL CHOLESTROL	29.52	mg/dl	0-40
SERUM LDL CHOLESTROL (DIRECT)	106.58	mg/dl	100 - 150
SERUM TOTAL/HDL CHOLESTEROL	4.42	ratio	0- 5:1
SERUM LDL/HDL	2.68	ratio	0-3.55

Low levels of HDL-CHOLESTEROL are associated with increased risk of ATHEROSCLEROTIC DISEASE of Coronary arteries.
High TRIGLYCERIDES levels may be associated with Obesity, Fast less than 12 hours, Diabetes and Alcohol intake.

NOTE : Lipid Profile RANGES AS PER NCEP-ATP III are:

Serum cholesterol (Total):

Desirable : < 200 mg/dl
Borderline : 200 - 239 mg/dl
Elevated : >= 240 mg/dl

Serum high density lipoprotein cholesterol (HDL):

Desirable : > 60 mg/dl
Borderline : 40- 60 mg/dl
Elevated : 40 mg/dl

Total cholesterol:

HDL cholesterol ratio :
Low risk : 3.3-4.4
Average risk : 4.4-7.1
Moderate risk : 7.1-11.0
High risk : >11.0

Serum low density lipoprotein (LDL) cholesterol:

Desirable : 100 mg/dl
Borderline : 100- 159 mg/dl
Elevated : >= 160 mg/dl

Triglycerides :

Desirable : 150 mg/dl
Borderline : 150- 199 mg/dl
High : 200 - 499 mg/dl
Very High : >= 500 mg/dl

As per the Friedwald Equation, VLDL & LDL values are not applicable for triglyceride values above 400 mg/dl.

HAEMATOLOGY

\$ \$

BLOOD GROUP

"A" POSITIVE

BIOCHEMISTRY

BLOOD SUGAR (F)	71.2	mg/dl	60 - 110
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Age/Sex : 31 Yrs. / Male Date : 30/05/2024
Referred By : Dr. Anil Prakash M.D. Medicine. Reported On : 30/05/2024

REPORT	RESULTS	UNITS	REF.-RANGE
BLOOD SUGAR P.P.	92.6	mg/dl	80 - 140

URINE EXAMINATION

PHYSICAL EXAMINATION

Volume	25	
Colour	Pale Yellow	
Sediment	Absent	Absent
Transparency	Clear	Clear
Specific Gravity	1.030	1.005 - 1.035

BIOCHEMICAL EXAMINATION

Reaction	Acidic	
Protein	Nil	Nil
Sugar	Nil	Nil
pH	6.5	5.0 - 7.5
Ketone Bodies	Absent	Absent
Blood	Absent	Absent
Leukocyte	Absent	Absent
Albumin	Absent	Nil

MICROSCOPIC EXAMINATION

Red Blood Cells	Nil	Nil
Pus cells	2-3	0-2
Epithelial Cells	1-2	0-2
Crystal	Absent	Nil
Cast	Nil	Nil
Bacteria	Absent	Nil

-----{End of Report}-----

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DR. NEHA BATRA
M.D. Path

HOPE DIAGNOSTICS

WHERE THERE IS HOPE, THERE IS LIFE

(A UNIT OF NPL)

Tagore Villa, Chakrata Road, Dehradun-248 001

Mobile: +91 8126498390

E-mail: hopediagnosics01@gmail.com



HOPE DIAGNOSTICS
WHERE THERE IS HOPE, THERE IS LIFE

Reg No.	: 52,619.00	Date	: 30/05/2024
Patient Name	: Mr. ROHIT SINGH ASWAL	Age/Sex	: 31 Yrs. / MALE
Referred By	: PRAKASHDEEP HOSPITAL	Sample	: BLOOD

<u>Investigation</u>	<u>Result</u>	<u>Units</u>	<u>Normal-Range</u>
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REPORTS FROM THE DEPARTMENT OF BIOCHEMISTRY

Glycosylated Hemoglobin (GHb/HbA1c)	5.70	%	4.1 - 6.0
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NORMAL RANGE : 4.0 - 5.6%

PREDIABETIC / DIABETIC ON MEDICATION CONTROL : 5.7 - 6.4%

DIABETIC : >6.4%

An HbA1c test measures the average amount of glucose attached to hemoglobin over the past three months.

HbA1c may be used to check for diabetes or prediabetes in adults.

prediabetes means you are at risk of getting diabetic.

If you already have diabetes, an HbA1c test can help monitor your condition and glucose levels.

REPORT OF THYROID PANEL

Thyroid Profile

Triiodothyronine (T3)	0.71	ng/mL	(0.58- 1.62)
Thyroxine (T4)	4.19	ug/dL	(5.0 - 14.5)
TSH	2.792	uIU/mL	(0.35 -5.1)

Priyanka

Lab Technician

Dr. Sohil Nakra

Dr.SOHIL NAKRA
MBBS,DNB PATHOLOGY

Pathologist

For home sample collection Mob.: +91 8126498390
Note: Not for medico-legal purpose.
Any discrepancy should be reported to lab.

Page 1 of 2

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Tagore Villa, Chakrata Road, Dehradun-248 001

Mobile: +91 8126498390

E-mail: hopediagnostics01@gmail.com



HOPE DIAGNOSTICS
WHERE THERE IS HOPE, THERE IS LIFE

Reg No.	: 52,619.00	Date	: 30/05/2024
Patient Name	: Mr. ROHIT SINGH ASWAL	Age/Sex	: 31 Yrs. / MALE
Referred By	: PRAKASHDEEP HOSPITAL	Sample	: BLOOD

<u>Investigation</u>	<u>Result</u>	<u>Units</u>	<u>Normal-Range</u>
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NORMAL RANGE:

Premature babies (TSH is measured 3-4 days after birth): Between 0.8 to 6.9 uIU/mL.

Normal newborn infants (TSH measured 4 days after birth): Between 1.3 to 16 uIU/mL.

Babies (1-11 months): 0.9 to 7.7 uIU/mL.

Kids (1 year till the onset of puberty): 0.6 to 5.5 uIU/mL.

ADULT: 0.35 - 5.1 uIU/mL.

TSH (Thyroid stimulating hormone) is a hormone secreted by the anterior pituitary. It is a recommended initial test for the screening and diagnosis of hyperthyroidism and hypothyroidism. It is especially useful in early or subclinical hypothyroidism before the patient develops clinical findings, goiter, or abnormalities of other thyroid tests.

Thyroxine (Total T4 Assay) is a hormone secreted by the thyroid gland which is predominantly bound to carrier proteins (99%). It is used in the diagnosis of hyperthyroidism when it is increased. It is found decreased in hypothyroidism and hypoproteinemia. It's values are not affected by non-thyroidal iodine.

Triiodothyronine (Total T3 Assay) is a hormone produced by the thyroid gland (20%) and also from the peripheral deiodination mechanism which converts T4 to T3. As T3 is physiologically more active it plays an important part in maintaining euthyroidism. It is used in T3 thyrotoxicosis, monitoring the course of perthyroidism.

Method : Chemiluminescence Immuno Assays.

INSTRUMENT : FULLY AUTOMATED IMMUNOANALYZER MINDRAY CL-9001

-----{END OF REPORT}-----

Priyanka

Lab. Technician

Dr. Sohil Nakra

Dr.SOHIL NAKRA
MBBS,DNB PATHOLOGY

Pathologist

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Page 2 of 2



PRAKASHDEEP HOSPITAL

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(A Unit of Rajvin Medico Pvt. Ltd.)

Patient Name:	ROHIT	Patient ID:	2915
Age:	30/YEARS	Sex:	MALE
Referring Physician:	DR. ANIL PRAKASH	Study Date:	May 30, 2024

DIGITAL RADIOGRAPH CHEST PA VIEW

Lung fields are clear.

Both domes of diaphragm and CP angles are normal.

Both hila are normal.

No evidence of mediastinal shift is seen.

Cardiac size is normal.

All bony cage are normal.

IMPRESSION:

NORMAL STUDY.

AD:- Kindly Review with clinical findings.

Dr. Dinesh Pratap Singh
M.D. Radiodiagnosis

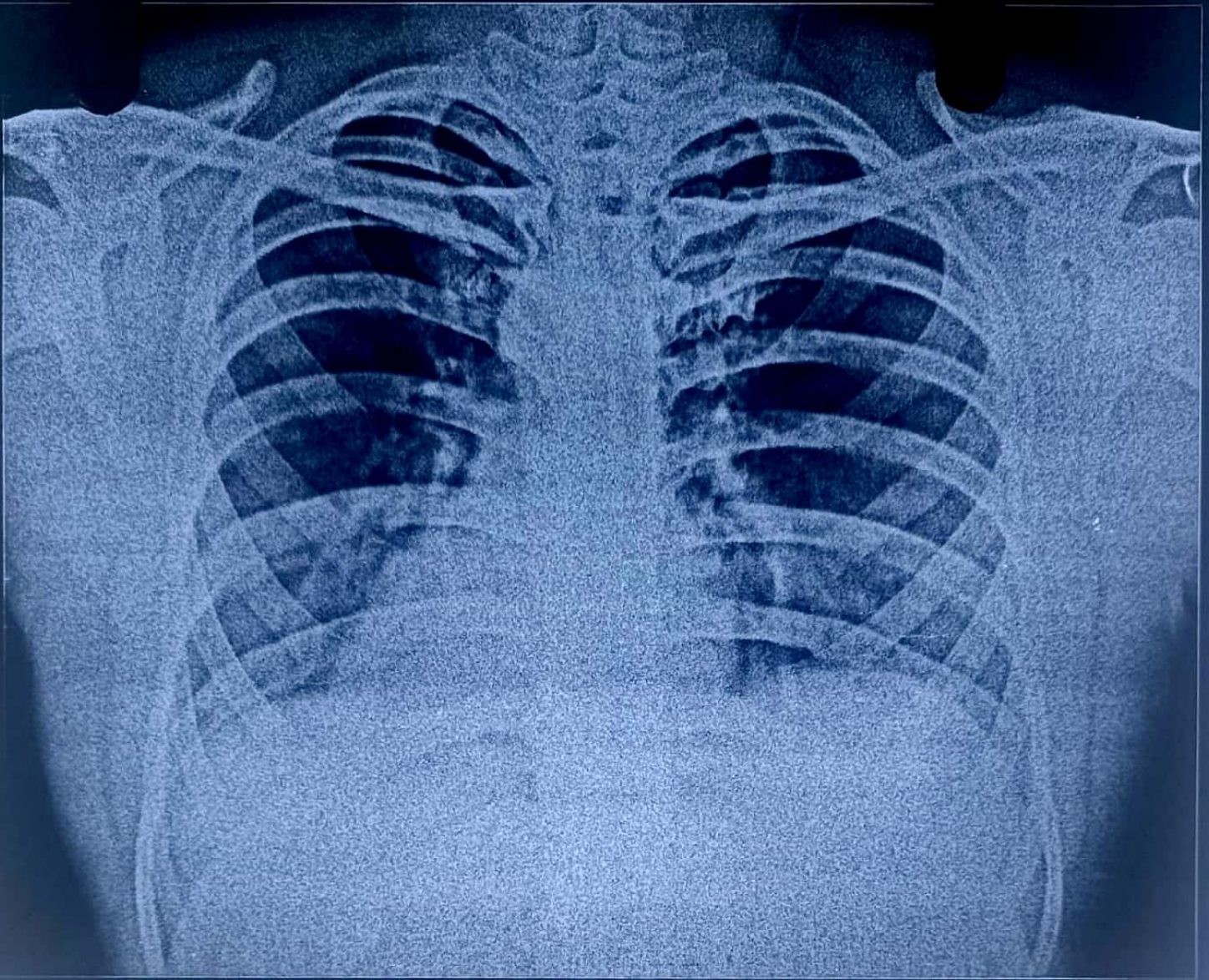
REG. NO. 49020

PLEASE CALL ON: 0522-4233465, 7499161306. FOR MORE DETAILS ABOUT PATIENT. (ONLY DOCTORS)

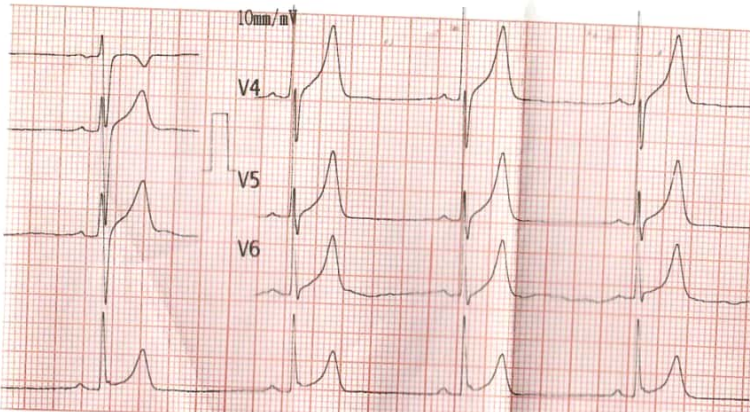
The science of radiology is based upon interpretation of shadows of normal and abnormal tissue. This is neither complete nor accurate; hence, findings should always be interpreted in to the light of clinico-pathological correlation. This is a professional opinion, not a diagnosis. Not meant for medico legal purposes.

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MR. ROHIT SINGH ASWAL 30YRS 202400262 M CHEST,PA 30-MAY-24 05:28 PM
PRAKASHDEEP HOSPITAL, DEHRADUN



HR (BPM) : 47
 P_R (ms) : 145
 QRS (ms) : 114
 Axis (Deg) : 73
 P/T (ms) : 96 / 174
 QT/QTc (ms) : 401 / 354
 RV1/SV5 (mV) : 0.01 / 0.01
 RV5/SV1 (mV) : 2.00 / 1.00

===Analysis Report===
 801 Sinus Bradycardia
 310 High Voltage (Left Ventricular)
 142 Short QTc
 *** Undefined Abnormal ECG ***
 NOTE: Report needs clinician review.

PatId : _____ ExmDate : 2024-05-30 21:36
 PatName : Rohit Singh Arwal Med. Card : _____
 Sex/Age : -/- 30/10 Clinician : _____
 Nation : _____ Version : V3.1.2

