

Dr. Vimmi Goel
MBBS, MD (Internal Medicine)
Sr. Consultant Non Invasive Cardiology
Reg. No: MMC-2014/01/0113

Preventive Health Check up
KIMS Kingsway Hospital
Nagpur
Phone No.: 7499913052

KIMS-KINGSWAY
HOSPITALS

Name: Mr. Rupesh Kawade Date: 06/01/24

Age: 45y Sex: M F Weight: 96.7 kg Height: 167.5 inc BMI: 34.5

BP: 110/70 mmHg Pulse: 68 bpm RBS: _____ mg/dl

SpO2 - 97%



Name: Mr Rupesh Kowade Date: 06-01-24
Age: 40 yrs Sex: M/F Weight: _____ kg Height: _____ Inc: _____ BMI: _____
BP: _____ mmHg Pulse: _____ bpm RBS: _____ mg/dl

Keto Sickle cell Anaemia/
Asli Demerolam

StC Calculus
Strain

Asv Scaly ⊕

Noty



CLINICAL DIAGNOSTIC LABORATORY
DEPARTMENT OF BIOCHEMISTRY

Patient Name : Mr. RUPESH KAWADE	Age /Gender : 45 Y(s)/Male
Bill No/ UMR No : BIL2324067707/UMR2324032975	Referred By : Dr. Vimmi Goel MBBS,MD
Received Dt : 06-Jan-24 12:07 pm	Report Date : 06-Jan-24 01:38 pm

<u>Parameter</u>	<u>Specimen</u>	<u>Results</u>	<u>Biological Reference</u>	<u>Method</u>
Post Prandial Plasma Glucose	Plasma	110	< 140 mg/dl	GOD/POD, Colorimetric

Interpretation:

Clinical Decision Value as per ADA Guidelines 2021

Diabetes Mellites If,

Fasting \geq 126 mg/dl

Random/2Hrs.OGTT \geq 200 mg/dl

Impaired Fasting = 100-125 mg/dl

Impaired Glucose Tolerance = 140-199 mg/dl

*** End Of Report ***

Suggested Clinical Correlation * If necessary, Please discuss

Verified By : : 11100908

Test results related only to the item tested.

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Dr. GAURI HARDAS, MBBS,MD
CONSULTANT PATHOLOGIST



CLINICAL DIAGNOSTIC LABORATORY
DEPARTMENT OF PATHOLOGY

Patient Name : Mr. RUPESH KAWADE	Age / Gender : 45 Y(s)/Male
Bill No/ UMR No : BIL2324067707/UMR2324032975	Referred By : Dr. Vimmi Goel MBBS,MD
Received Dt : 06-Jan-24 09:59 am	Report Date : 06-Jan-24 11:24 am

HAEMOGRAM

<u>Parameter</u>	<u>Specimen</u>	<u>Results</u>	<u>Biological Reference</u>	<u>Method</u>
Haemoglobin	Blood	15.4	13.0 - 17.0 gm%	Photometric
Haematocrit(PCV)		45.6	40.0 - 50.0 %	Calculated
RBC Count		4.92	4.5 - 5.5 Millions/cumm	Photometric
Mean Cell Volume (MCV)		93	83 - 101 fl	Calculated
Mean Cell Haemoglobin (MCH)		31.2	27 - 32 pg	Calculated
Mean Cell Haemoglobin Concentration (MCHC)		33.7	31.5 - 35.0 g/l	Calculated
RDW		15.4	11.5 - 14.0 %	Calculated
Platelet count		225	150 - 450 10^3 /cumm	Impedance
WBC Count		5800	4000 - 11000 cells/cumm	Impedance

DIFFERENTIAL COUNT

Neutrophils	73.0	50 - 70 %	Flow Cytometry/Light microscopy
Lymphocytes	19.5	20 - 40 %	Flow Cytometry/Light microscopy
Eosinophils	3.1	1 - 6 %	Flow Cytometry/Light microscopy
Monocytes	4.4	2 - 10 %	Flow Cytometry/Light microscopy
Basophils	0.0	0 - 1 %	Flow Cytometry/Light microscopy
Absolute Neutrophil Count	4234	2000 - 7000 /cumm	Calculated



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Received Dt : 06-Jan-24 09:59 am	Report Date : 06-Jan-24 11:24 am

<u>Parameter</u>	<u>Specimen</u>	<u>Results</u>	<u>Biological Reference</u>	<u>Method</u>
Absolute Lymphocyte Count		1131	1000 - 4800 /cumm	Calculated
Absolute Eosinophil Count		179.8	20 - 500 /cumm	Calculated
Absolute Monocyte Count		255.2	200 - 1000 /cumm	Calculated
Absolute Basophil Count		0	0 - 100 /cumm	Calculated
PERIPHERAL SMEAR				
RBC		Normochromic Normocytic		
Anisocytosis		Anisocytosis +(Few)		
WBC		As Above		
Platelets		Adequate		
E S R		04	0 - 15 mm/hr	Automated Westergren's Method
*** End Of Report ***				

Suggested Clinical Correlation * If necessary, Please discuss.

Verified By : 11100499

Test results related only to the item tested.

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Dr. VAIDEHEE NAIK, MBBS,MD
CONSULTANT PATHOLOGIST



CLINICAL DIAGNOSTIC LABORATORY

DEPARTMENT OF BIOCHEMISTRY

Patient Name : Mr. RUPESH KAWADE	Age / Gender : 45 Y(s)/Male
Bill No/ UMR No : BIL2324067707/UMR2324032975	Referred By : Dr. Vimmi Goel MBBS,MD
Received Dt : 06-Jan-24 09:57 am	Report Date : 06-Jan-24 11:48 am

<u>Parameter</u>	<u>Specimen</u>	<u>Results</u>	<u>Biological Reference</u>	<u>Method</u>
Fasting Plasma Glucose	Plasma	93	< 100 mg/dl	GOD/POD,Colorimetric
GLYCOSYLATED HAEMOGLOBIN (HBA1C)				
HBA1c		5.1	Non-Diabetic : <= 5.6 % Pre-Diabetic : 5.7 - 6.4 % Diabetic : >= 6.5 %	HPLC
COMMENT		In view of S-window of 39.8% in HbA1c graph, advised HPLC to rule out hemoglobinopathy. *** End Of Report ***		

Suggested Clinical Correlation * If necessary, Please discuss

Verified By : : 11100245

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Dr. VAIDEHEE NAIK, MBBS,MD

CONSULTANT PATHOLOGIST
SPANV Medisearch Lifesciences Private Limited

44, Parvati Bhawan, Kingsway, Nagpur - 440 001, Maharashtra, India

Phone: +91 0712 6789100

CIN: U74999MH2018PTC303510



CLINICAL DIAGNOSTIC LABORATORY

DEPARTMENT OF BIOCHEMISTRY

Patient Name : Mr. RUPESH KAWADE	Age / Gender : 45 Y(s)/Male
Bill No/ UMR No : BIL2324067707/UMR2324032975	Referred By : Dr. Vimmi Goel MBBS,MD
Received Dt : 06-Jan-24 09:59 am	Report Date : 06-Jan-24 12:11 pm

<u>Parameter</u>	<u>Specimen</u>	<u>Results</u>	<u>Biological Reference</u>	<u>Method</u>
THYROID PROFILE				
T3	Serum	1.37	0.55 - 1.70 ng/ml	Enhanced chemiluminescence
Free T4		1.10	0.80 - 1.70 ng/dl	Enhanced Chemiluminescence
TSH		0.598	0.50 - 4.80 uIU/ml	Enhanced chemiluminescence
PSA (Total)		0.594	< 4 ng/ml	Enhanced chemiluminescence

*** End Of Report ***

Suggested Clinical Correlation * If necessary, Please discuss

Verified By : : 11100026

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Dr. VAIDEHEE NAIK, MBBS,MD

CONSULTANT PATHOLOGIST

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Phone: +91 0712 6789100

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**CLINICAL DIAGNOSTIC LABORATORY
DEPARTMENT OF BIOCHEMISTRY**

Patient Name : Mr. RUPESH KAWADE	Age /Gender : 45 Y(s)/Male
Bill No/ UMR No : BIL2324067707/UMR2324032975	Referred By : Dr. Vimmi Goel MBBS,MD
Received Dt : 06-Jan-24 09:59 am	Report Date : 06-Jan-24 12:11 pm

LIPID PROFILE

<u>Parameter</u>	<u>Specimen</u>	<u>Results</u>	<u>Method</u>
Total Cholesterol	Serum	247 < 200 mg/dl	Enzymatic(CHE/CHO/POD)
Triglycerides		101 < 150 mg/dl	Enzymatic (Lipase/GK/GPO/POD)
HDL Cholesterol Direct		39 > 40 mg/dl	Phosphotungstic acid/mgcl-Enzymatic (microslide)
LDL Cholesterol Direct		171.90 < 100 mg/dl	Enzymatic
VLDL Cholesterol		20 < 30 mg/dl	Calculated
Tot Chol/HDL Ratio		6 3 - 5	Calculation

<u>Institute therapeutic</u>	<u>Consider Drug therapy</u>	<u>LDC-C</u>
CHD OR CHD risk equivalent	>100 >130, optional at 100-129	<100
Multiple major risk factors conferring 10 yrs CHD risk >20%		
Two or more additional major risk factors, 10 yrs CHD risk <20%	>130 10 yrs risk 10-20 % >130	<130
No additional major risk or one additional major risk factor	>160 >190, optional at 160-189	<160

*** End Of Report ***

Suggested Clinical Correlation * If necessary, Please discuss

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**Dr. VAIDEHEE NAIK, MBBS, MD
CONSULTANT PATHOLOGIST**



CLINICAL DIAGNOSTIC LABORATORY
DEPARTMENT OF BIOCHEMISTRY

Patient Name : Mr. RIJESH KAWADE Age / Gender : 45 Y(s)/Male
 UMR No : BDL2324567707/UMR2324032975 Referred By : Dr. Vimmi Goyal MBBS, MD
 Received Dt : 06-Jan-24 09:59 am Report Date : 06-Jan-24 12:11 pm

LIVER FUNCTION TEST (LFT)

Parameter	Specimen	Results	Biological Reference	Method
Total Bilirubin	Serum	0.64	0.2 - 1.3 mg/dl	Ascorbin-Jain/Drydyline Calculated
Direct Bilirubin		0.37	0.1 - 0.3 mg/dl	
Indirect Bilirubin		0.27	0.1 - 1.1 mg/dl	Dual wavelength spectrophotometric GPP/AMP buffer
Alkaline Phosphatase		73	38 - 126 U/L	Kinetic with pyridoxal 5 phosphate
SGPT/ALT		26	10 - 40 U/L	Kinetic with pyridoxal 5 phosphate
SGOT/AST		26	15 - 40 U/L	
Serum Total Protein		7.02	6.3 - 8.2 gm/dl	Buret, Alkaline cupric sulphate)
Albumin Serum		4.34	3.5 - 5.0 gm/dl	Bromocresol green Dye Binding
Globulin		2.68	2.0 - 4.0 gm/dl	Calculated
A/G Ratio		1.62		

*** End Of Report ***

Suggested Clinical Correlation * If necessary, Please
 Discuss

verified by : 11100026

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Dr. VAIDEHEE NAIK, MBBS, MD
CONSULTANT PATHOLOGIST



CLINICAL DIAGNOSTIC LABORATORY
DEPARTMENT OF BIOCHEMISTRY

Patient Name : Mr. RUPESH KAWADE	Age / Gender : 45 Y(s)/Male
Bill No/ UMR No : BIL2324067707/UMR2324032975	Referred By : Dr. Vimmi Goel MBBS,MD
Received Dt : 06-Jan-24 09:59 am	Report Date : 06-Jan-24 12:11 pm

RFT	Parameter	Specimen	Result Values	Biological Reference	Method
	Blood Urea	Serum	21	19.0 - 43.0 mg/dl	
	Creatinine		0.67	0.66 - 1.25 mg/dl	
	GFR		117.3	>90 mL/min/1.73m square.	
	Sodium		142	136 - 145 mmol/L	Direct ion selective electrode
	Potassium		4.20	3.5 - 5.1 mmol/L	

*** End Of Report ***

Suggested Clinical Correlation * If necessary, Please discuss
Verified By : 11100026
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Dr. VAIDEHEE NAIK, MBBS,MD
CONSULTANT PATHOLOGIST



**CLINICAL DIAGNOSTIC LABORATORY
DEPARTMENT OF BIOCHEMISTRY**

Patient Name : Mr. RUPESH KAWADE	Age / Gender : 45 Y(s)/Male
MR No/ UMR No : BIL2324067707/UMR2324032975	Referred By : Dr. Vimmi Goel MBBS,MD
Received Dt : 06-Jan-24 11:12 am	Report Date : 06-Jan-24 12:24 pm

FASTING SUGAR

Enzymometer
Glucose
NOTE:

Result Values

Negative

Random sample.

*** End Of Report ***

Suggested Clinical Correlation * If necessary, Please discuss

verified by : : 11100400

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**Dr. VAIDEHEE NAIK, MBBS,MD
CONSULTANT PATHOLOGIST**



CLINICAL DIAGNOSTIC LABORATORY
DEPARTMENT OF PATHOLOGY

Patient Name : Mr. RUPESH KAWADE

Age / Gender : 45 Y(s)/Male

Bill No/ UMR No : BIL2324067707/UMR2324032975

Referred By : Dr. Vimmi Goel MBBS,MD

Received Dt : 06-Jan-24 10:25 am

Report Date : 06-Jan-24 12:03 pm

URINE MICROSCOPY

Parameter	Specimen	Results	Method
<u>PHYSICAL EXAMINATION</u>			
Volume	Urine	30 ml	
Colour		Pale yellow	
Appearance		Clear	Clear
<u>CHEMICAL EXAMINATION</u>			
Reaction (pH)		6.0	4.6 - 8.0 Indicators
Specific gravity		1.010	1.005 - 1.025 ion concentration
Urine Protein		Negative	Negative protein error of pH indicator
Sugar		Negative	Negative GOD/POD
Bilirubin		Negative	Negative Diazonium
Ketone Bodies		Negative	Negative Legal's est Principle
Nitrate		Negative	Negative
Urobilinogen		Normal	Normal Ehrlich's Reaction
<u>MICROSCOPIC EXAMINATION</u>			
Epithelial Cells		0-1	0 - 4 /hpf Manual
R.B.C.		Absent	0 - 4 /hpf
Pus Cells		0-1	0 - 4 /hpf
Casts		Absent	Absent



CLINICAL DIAGNOSTIC LABORATORY
DEPARTMENT OF PATHOLOGY

Patient Name : Mr. RUPESH KAWADE	Age /Gender : 45 Y(s)/Male
Bill No/ UMR No : BIL2324067707/UMR2324032975	Referred By : Dr. Vimmi Goel MBBS,MD
Received Dt : 06-Jan-24 10:25 am	Report Date : 06-Jan-24 12:03 pm

<u>Parameter</u>	<u>Specimen</u>	<u>Results</u>	<u>Method</u>
Crystals		Absent *** End Of Report ***	

Suggested Clinical Correlation * If necessary, Please

Verified By : 11100400

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Dr. VAIDEHEE NAIK, MBBS,MD
CONSULTANT PATHOLOGIST



CLINICAL DIAGNOSTIC LABORATORY
DEPARTMENT OF IMMUNO HAEMATOLOGY

Patient Name : Mr. RUPESH KAWADE
Age / Gender : 45 Y(s)/Male
MR No./ UMR No : BIL2324067707/UMR2324032975
Referred By : Dr. Vimmi Goel MBBS,MD
Received Dt : 06-Jan-24 09:59 am
Report Date : 06-Jan-24 11:50 am

BLOOD GROUPING AND RH

Parameter
BLOOD GROUP.

AB (D) Typing.

Specimen Results

EDTA Whole * O *
Blood &
Plasma/
Serum

* Positive *(+Ve)

*** End Of Report ***

Gel Card Method

Suggested Clinical Correlation * If necessary, Please

Referred By : 11100245

Test results related only to the item tested.

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Dr. VAIDEHEE NAIK, MBBS,MD
CONSULTANT PATHOLOGIST

PATIENT NAME:	MR. RUPESH KAWADE	AGE /SEX:	45Y/M
UMR NO:	2324032975	BILL NO:	2324067707
REF BY	DR. VIMMI GOEL	DATE:	06/01/2024

USG WHOLE ABDOMEN

LIVER is normal in size, shape and echotexture.
No evidence of any focal lesion seen. Intrahepatic biliary radicals are not dilated.
PORTAL VEIN and CBD are normal in course and caliber.

GALL BLADDER is physiologically distended. No sludge or calculus seen.
Wall thickness is within normal limits.

PANCREAS is normal in shape, size and echotexture.

SPLEEN is normal in shape, size and echotexture. No focal lesion seen.

Both KIDNEYS are normal in shape, size and echotexture.
No evidence of calculus or hydronephrosis seen.
URETERS are not dilated.

BLADDER is partially distended. No calculus or mass lesion seen.

Prostate is normal in size, shape and echotexture.

There is no free fluid or abdominal lymphadenopathy seen.

IMPRESSION:

No significant abnormality seen.
Suggest clinical correlation / further evaluation.



DR. R.R. KHANDELWAL
SENIOR CONSULTANT
MD RADIO DIAGNOSIS [MMC-55870]

EXERCISE STRESS TEST REPORT

Patient Name: Mr. Rupesh, Kawade
Patient ID: 032075
Weight:
Study Date: 06.01.2024
Test Type: Treadmill Stress Test
Protocol: BRUCE

DOB: 11.08.1978
Age: 45yrs
Gender: Male
Race: Indian
Referring Physician: Mediwheel HCU
Attending Physician: Dr. Vimmi Goel
Technician: --

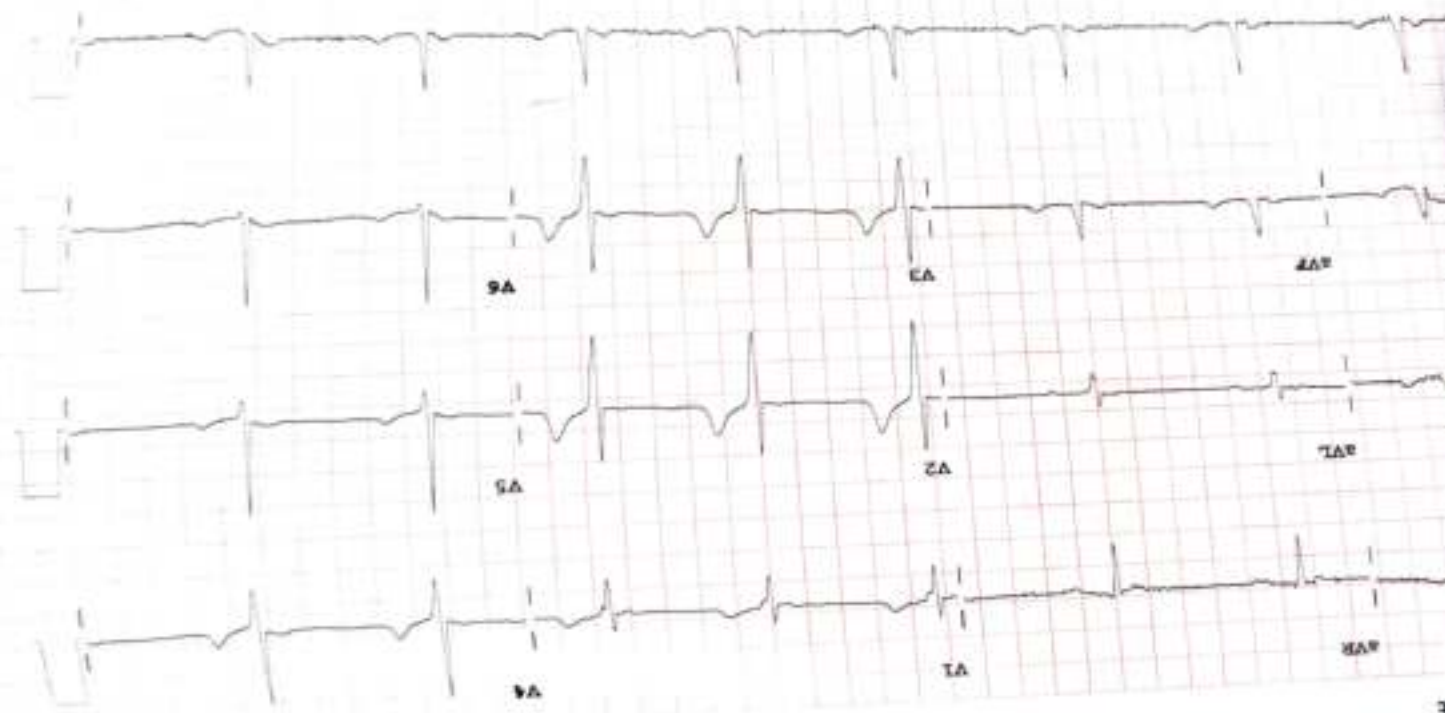
Indications:
Medical History:
Reason for Exercise Test:
Screening for CAD

Exercise Test Summary:

Stage Name	Time in Stage	Speed (mph)	Grade (%)	HR (bpm)	BP (mmHg)	Comment
REST	00:06	0.00	0.00	80	120/80	
	00:09	1.00	0.00	82		
WARM-UP	03:00	1.70	10.00	125	120/80	
STAGE 1	03:00	2.50	12.00	150	150/80	
STAGE 2	02:01	3.40	14.00	169		
STAGE 3	01:00	0.00	0.00	141	150/80	
RECOVERY	02:00	0.00	0.00	100	130/80	
	00:13	0.00	0.00			

The patient exercised according to the BRUCE for 8:00 min:s, achieving a work level of Max. METS: 10.10. The resting heart rate of 79 bpm rose to a maximal heart rate of 169 bpm. This value represents 96 % of the maximal, age-predicted heart rate. The resting blood pressure of 120/80 mmHg, rose to a maximum blood pressure of 150/80 mmHg. The exercise test was stopped due to Target heart rate achieved.

Interpretation:
Summary: Resting ECG: Minor ST-T changes seen..
Functional Capacity: normal.
R Response to Exercise: appropriate.
BP Response to Exercise: normal resting BP - appropriate response.
Chest Pain: none.
Arrhythmias: none.
ST Changes: Insignificant ST-T changes seen..
Overall impression: Normal stress test.



Unconfirmed Diagnosis

- NORMAL ECG -