

<b>Place Label Here</b>	
Pt. Name :	_____
UMR :	_____
Age :	Sex : _____
IP :	_____
If label not available, write Pt. Name, IP No., Sex, Date, Name of Treating Physician	

**OPD Nursing Assessment - Adult**

Name: Urmi Kumari Date of Birth :      -      -      Age/Sex: 35/F UMR No.: 19985

**Assessment :**

Height: 147 cms Weight: 68.1 kg. BMI:      Respiration: 20 /min Pulse H/R : 89 /min  
 BP: 124/81 mmHG Temperature :      °F/C SpO2 99 % BSL     

Chief Complaints : Health check up

**Tick Appropriate :**

- Interpreter Needed  Yes  No
- Nutritional Status: Weight Loss/Gain in Last 3 Months  Yes  No
- If Weight Loss / Gain-Dietary Referral  Yes  No
- Psychological Assessment Agitated Anxious  Yes  No  Normal
- (If Agitated, Inform Physician)  Irritable

Any Allergies Known Including Drugs : No

Past History: Any Surgeries Explain : No

Any Other illness: Explain : No

Pain Score: Numerical Scales (1-10)      Location      Characteristics     

Need to be seen immediately by the Doctor  Yes  No

Fall risk: Age 65Yrs.      Tremors      High Grade Fever      H/O Fall in last 3 months     

Cardiac Medicines      Seizure Medications      Fall Prevention Education Done     



Name of Nurse	ID No. of Nurse	Signature of Nurse	Date & Time
<u>Shweta</u>	<u>024523</u>	<u>[Signature]</u>	<u>09/03/23</u>



Urmi Biswas

9/3/24

T Thyroxin

26/1/24

754160591

Dr Prolocin
Dr fasting insulin





Date:- 09/03/24.

Name:- Mrs. Umi Kumari

Age/Sex:- 35/F.

S/B: Ophthalmologist: Dr K. Mane.

Eye	UCVA	MGVA	Pinhole	NEAR	COLOR VISION
Right	6/6p	0.50 D <sub>upl</sub> x 70'	6/6	N 6 0	} wall
Left	6/9p	0.50 D <sub>upl</sub> x 90'	6/6.	out glasses	

Other findings:-

Squint

Nystagmus

Night blindness:-

} no.

Impression:-

Eye exam is

within normal limits

for desired fitness for work.



*Shreshth*  
Dr Kirti Mane  
200570572308



**DEPARTMENT OF RADIOLOGY**

Patient Name : Mrs. Urmi Kumari	Age : 35 yrs / F
Ref. By : Health check up	OPD/IPD No: PUU:19985
Date of USG: 09/03/2024	Date of Reporting: 09/03/2024

**USG ABDOMEN AND PELVIS**

**CLINICAL DETAILS:** Routine screening. LMP: 01/03/2024 . LSCS 1 year back.

**FINDINGS:**

**Liver :** It is normal in size. It measures 146 mm along maximum craniocaudal axis. It shows normal surface regularity. It shows raised parenchymal echotexture in both the lobes. No obvious focal lesion is seen. No evidence of intrahepatic biliary radicle dilatation. Common bile duct appears undilated. The hepatic veins and inferior vena cava appears unremarkable. The portal vein appears unremarkable.

**Gall Bladder :** It is partially distended. It shows a tiny 3-4 mm mobile intraluminal calculus. No evidence of obvious wall thickening or pericholic collection.

**Pancreas :** It is well visualised. The head, body and tail appears normal in size and shows homogenous echotexture. The pancreatic duct appears undilated.

**Spleen :** It is mildly enlarged in size. It measures 145 mm along its maximum length. It shows normal shape and parenchymal echotexture. No obvious focal lesion is noted.

**Kidneys :** Right kidney measures 96 x 40 mm in size & Left kidney measures 109 x 33 mm in size. They appear normal in size, shape, location and axis. They show normal parenchymal echotexture with well maintained corticomedullary differentiation. No evidence of hydronephrosis on either side. No focal lesion or calculus is noted on either side.

**Urinary Bladder:** It is well distended. It shows smooth outlines and internal mucosal regularity with normal wall thickness. No obvious intraluminal calculus/focal lesion is seen.

**Uterus :** It is midposed in position and appears stretched along the urinary bladder. It is normal in size and shape. It measures 78 x 49 x 31 mm in size along its maximum cranio-caudal, transverse and anteroposterior extents respectively. It shows homogenous myometrial echotexture with distinct endomyometrial junction. No obvious focal lesion is seen. The endometrial echo is central and measures 5 mm in maximum thickness.

**Ovaries :** Right ovary measures 19 x 14 mm. Left ovary measures 19 x 11 mm. Both the ovaries are normal in size, shape and morphology. No obvious adnexal mass lesion is seen.

Retro peritoneum is obscured by bowel gases. No obvious enlarged retro peritoneal or mesenteric lymph nodes noted. The visualised bowel loops appear unremarkable. No evidence of obvious bowel wall thickening. No ascites seen.

**IMPRESSION:**

1. Grade I fatty infiltration of liver.
2. Cholelithiasis without changes of acute cholecystitis.
3. Mild splenomegaly.

Clinical/ lab parameter correlation/ further evaluation and follow up recommended.



**Dr. Sunil Shewale**  
Consultant Radiologist

*(Because of technical and technological limitation complete diagnosis cannot be assured on imaging sonography. Sonography has its limitation for evaluation of GIT lesion. Clinical correlation, consultation if required repeat imaging required in the event of controversies.)*



NAME OF PATIENT: URMI KUMARI	AGE/SEX: 35YRS/F
REF BY: DR SONAM SHINDE	DATE: 9/3/2024

## 2D ECHO AND COLOUR DOPPLER REPORT

### 2D FINDINGS-

- ALL 4 CARDIAC CHAMBERS ARE NORMAL IN DIMENSIONS.
- NO RWMA.
- NORMAL LEFT VENTRICULAR EJECTION FRACTION- LVEF – 60%
- ALL 4 CARDIAC VALVES ARE STRUCTURALLY NORMAL.
- TRIVIAL MR/ TR.
- NO PULMONARY ARTERY HYPERTENSION , RVSP –25 mmHg.
- NO DIASTOLIC DYSFUNCTION.
- NO CLOT /VEGETATION /EFFUSION.
- LEFT SIDED AORTIC ARCH , NO COARCTATION OF AORTA.
- IVC- 1.5 CM , MORE THAN 50 % PULSATILE.

### M MODE FINDINGS-

AO	LA	LVIDd/s	IVS/PW	RV	LVEF
26	32	48/24	11/11	28	60%

### IMPRESSION-

- NORMAL LEFT VENTRICULAR EJECTION FRACTION- LVEF – 60%
- NO PULMONARY ARTERY HYPERTENSION , RVSP –25 mmHg.

DR SONAM SHINDE

DM CARDIOLOGY

CONSULTANT INTERVENTIONAL CARDIOLOGIST



Name:  
Age:  
Gender:

35 Years  
Female

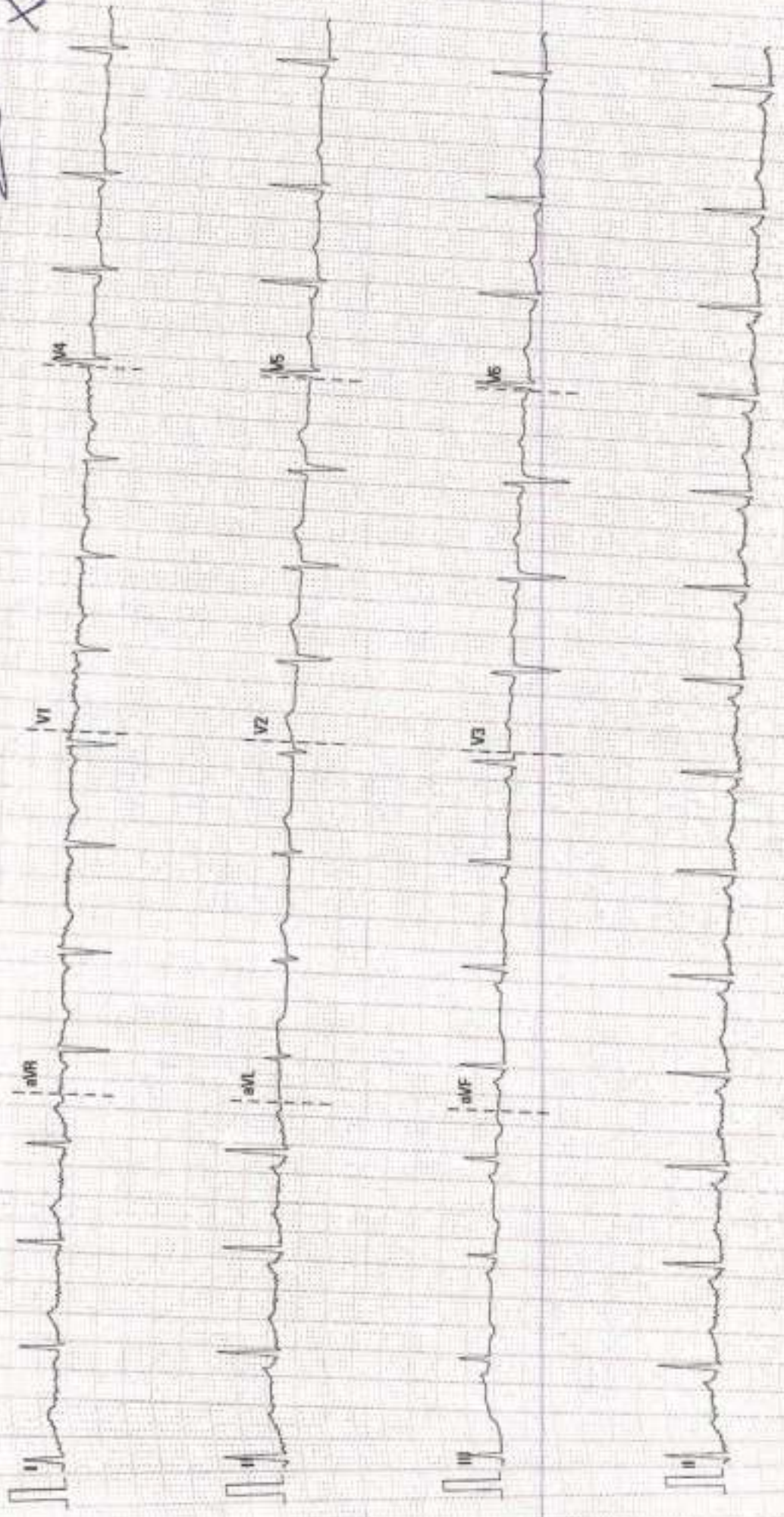
PR Interval  
QRS Duration  
QT/QTc Interval  
P/QRS/T Axes  
QTc Hodges

87 bpm  
130 ms  
78 ms  
350/407 ms  
68/59/9 deg

Sinus arrhythmia  
Normal ECG

Unconfirmed Diagnosis

NSR A



25 mm/s  
10 mm/mV  
50 Hz  
BUR 35 Hz

MEDICOVER KLF PUNE



**DEPARTMENT OF LABORATORY**

<b>Patient Name</b> : Mrs. URMI KUMARI	<b>Age / Gender</b> : 35 Y(s)/Female
<b>Bill No/ UMR No</b> : PUBC20018/PUU19985	<b>Referred By</b> : Dr. GENERAL MEDICINE CONSUL
<b>Received Dt</b> : 12-Mar-24 12:53 am	<b>Report Date</b> : 12-Mar-24 12:59 pm

**FINAL REPORT**

<u>Parameters</u>	<u>Specimen</u>	<u>Result</u>	<u>Biological Reference Intervals</u>	<u>Method</u>
<b>PPBS (POST PRANDIAL BLOOD SUGAR)</b>				
PPBS (POST PRANDIAL BLOOD SUGAR )	Serum	199.8	Normal range : < 140 mg/dL Impaired glucose tolerance : <= 199 mg/dL Diabetes Miletus : >= 200 mg/dL	Hexokinase
<b>FBS (FASTING BLOOD SUGAR)</b>				
FASTING BLOOD GLUCOSE		103.3	Normal Range 70 - 99 mg/dL	Hexokinase

\*\*\* End Of Report \*\*\*

Lab Incharge

Dr. PAWAR PRIYA VASANTRAO, MBBS, DNB  
CONSULTANT PATHOLOGIST



Test results related only to the item tested.  
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**DEPARTMENT OF LABORATORY**

<b>Patient Name</b> : Mrs. URMI KUMARI	<b>Age / Gender</b> : 35 Y(s)/Female
<b>Bill No/ UMR No</b> : PUBC19931/PUU19985	<b>Referred By</b> : Dr. GENERAL MEDICINE CONSUL
<b>Received Dt</b> : 09-Mar-24 09:07 pm	<b>Report Date</b> : 11-Mar-24 11:40 am

**FINAL REPORT**

<u>Parameter</u>	<u>Specimen</u>	<u>Result Values</u>	<u>Biological Reference</u>	<u>Method</u>
<b>COMPLETE BLOOD COUNT</b>				
<b>COMPLETE BLOOD COUNT</b>				
HAEMOGLOBIN	EDTA Blood	12.4	11.7 - 15.5 g/dL	Spectrophotometry
WHITE BLOOD CELLS (WBC)		6,200	4000 - 11000 Cells/cumm	Impedance, optical Absorbance, DHSS
PLATELET COUNT		166000	150000 - 450000 /cumm	Impedance
RED BLOOD CELLS		4.35	3.9 - 5.0 milli/cumm	Impedance
HEMATOCRIT/HCT (PCV)		35.9	36 - 46 %	Analogical integration
MCV		82.5	82 - 95 fl	Calculated
MCH		28.5	27 - 32 pg	Calculated
MCHC		34.5	32 - 36 g/dL	Calculated
RDW(cv)		13.9	11.5 - 14.0 %	Calculated
MPV		11.9	6 - 9.5 fl	Calculated
<b>DIFFERENTIAL COUNT</b>				
NEUTROPHILS	EDTA Blood	59.3	50 - 75 %	DHSS/Microscopy
LYMPHOCYTES		34.1	20 - 40 %	DHSS/Microscopy
EOSINOPHILS		2.8	00 - 06 %	DHSS/Microscopy
MONOCYTES		3.1	00 - 10 %	DHSS/Microscopy
BASOPHILS		0.7	00 - 01 %	DHSS/Microscopy
<b>PERIPHERAL SMEAR EXAMINATION</b>				
RBC morphology	EDTA Blood	Normocytic Normochromic		
WBC morphology		No Atypical Cells Seen		
PLATELETS		Adequate On Smear		
<b>BLOOD GROUPING AND RH</b>				
BLOOD GROUP	Blood	" B "		SLIDE AGGLUTINATION
RH TYPE		POSITIVE		WESTERGREN'S METHOD
ESR		11	0 - 20 mm/1st hour	

\*\*\* End Of Report \*\*\*



System Name : M





**DEPARTMENT OF LABORATORY**

<b>Patient Name</b> : Mrs. URMI KUMARI	<b>Age / Gender</b> : 35 Y(s)/Female
<b>Bill No/ UMR No</b> : PUBC19931/PUU19985	<b>Referred By</b> : Dr. GENERAL MEDICINE CONSUL
<b>Received Dt</b> : 09-Mar-24 09:30 pm	<b>Report Date</b> : 11-Mar-24 11:41 am

<u>Parameters</u>	<u>Specimen</u>	<u>Result</u>	<u>Biological Reference In Method</u>
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**DEPARTMENT OF LABORATORY**

<b>Patient Name</b> : Mrs. URMI KUMARI	<b>Age / Gender</b> : 35 Y(s)/Female
<b>Bill No/ UMR No</b> : PUBC19931/PUU19985	<b>Referred By</b> : Dr. GENERAL MEDICINE CONSUL
<b>Received Dt</b> : 09-Mar-24 09:30 pm	<b>Report Date</b> : 11-Mar-24 11:40 am

**FINAL REPORT**

Parameters	Specimen	Result	Biological Reference Intervals	Method
<b>LFT(LIVER FUNCTION TEST)</b>				
TOTAL BILIRUBIN		0.50	0.1 - 1.2 mg/dL	Colorimetric diazo method
DIRECT BILIRUBIN		0.32	<= 0.20 mg/dL	Method: Diazo Method
INDIRECT BILIRUBIN		0.18	<= 1.0 mg/dL	
SGPT (ALT)		24.3	<= 33 U/L	Enzymatic
SGOT (AST)		40.0	<= 32 U/L	Enzymatic
ALKALINE PHOSPHATASE (ALP)		69	35 - 104 U/L	PNPP
TOTAL PROTEINS		8.33	6.4 - 8.3 g/dL	Method : Biuret method
SERUM ALBUMIN		4.50	3.5 - 5.2 g/dL	Method : Bromocresol Green (BCG)
GLOBULINS		3.83	1.8 - 3.6 g/dL	
A/G RATIO		1.17	1.1 - 2.2	
GAMMA GLUTAMYL TRANSFERASE(GGT)		50	6 - 42 U/L	Enzymatic colorimetric assay (IFCC)
<b>LIPID PROFILE</b>				
TOTAL CHOLESTEROL		193.7	Borderline High : 200 - 240 mg/dL High risk : > 240 mg/dL Desirable: : < 200 mg/dL	Enzymatic, Colorimetric Method
HDL CHOLESTEROL		40.2	Major risk factor for heart disease : : < 40 mg/dL Negative risk factor for heart disease : : > 60 mg/dL	Homogeneous enzymatic colorimetric assay
LDL CHOLESTEROL		131.78	Optimal : - < 100 mg/dL Near Optimal : 100 - 129 mg/dL Borderline High : 130 - 159 mg/dL High : 160 - 189 mg/dL Very High : - > 190 mg/dL	
VLDL		21.72	6 - 38 mg/dl	
SERUM TRYGLYCERIDES		108.6	Borderline High : 150 - 199 mg/dL High : 200 - 499 mg/dL	Enzymatic colorimetric test
CHO/HDL RATIO		4.82	Normal : < 3.5	
LDL/HDL RATIO		3.28	Normal : - < 3.5 High Risk : - > 5.0 2.5 - 3.5	






**DEPARTMENT OF LABORATORY**

<b>Patient Name</b> : Mrs. URMI KUMARI	<b>Age / Gender</b> : 35 Y(s)/Female
<b>Bill No/ UMR No</b> : PUBC19931/PUU19985	<b>Referred By</b> : Dr. GENERAL MEDICINE CONSUL
<b>Received Dt</b> : 09-Mar-24 09:30 pm	<b>Report Date</b> : 11-Mar-24 11:41 am

<u>Parameters</u>	<u>Specimen</u>	<u>Result</u>	<u>Biological Reference In Method</u>
COMMENT			
SERUM URIC ACID		5.9	2.4 - 5.7 mg/dL Enzymatic colorimetric test
<b>TSH (THYROID STIMULATING HORMONE)</b>			
TSH(THYROID STIMULATING HORMONE)		19.92	0.27 - 4.2 uIU/mL Method : ECLIA
NOTE		Kindly correlate with clinical and therapeutic details.	

\*\*\* End Of Report \*\*\*

Lab Incharge

  
**Dr. PAWAR PRIYA VASANTRAO, MBBS, DNB**  
**CONSULTANT RHEUMATOLOGIST**



System Name : M

Test results related only to the item tested.

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1:33 URMIL KUMARI  
 33 Yrs / F 68 Kg / Ht-147 cms Ref No.:

Date: 09-03-2024 Ref By:  
 Time: 03:11 PM Protocol: Bruce

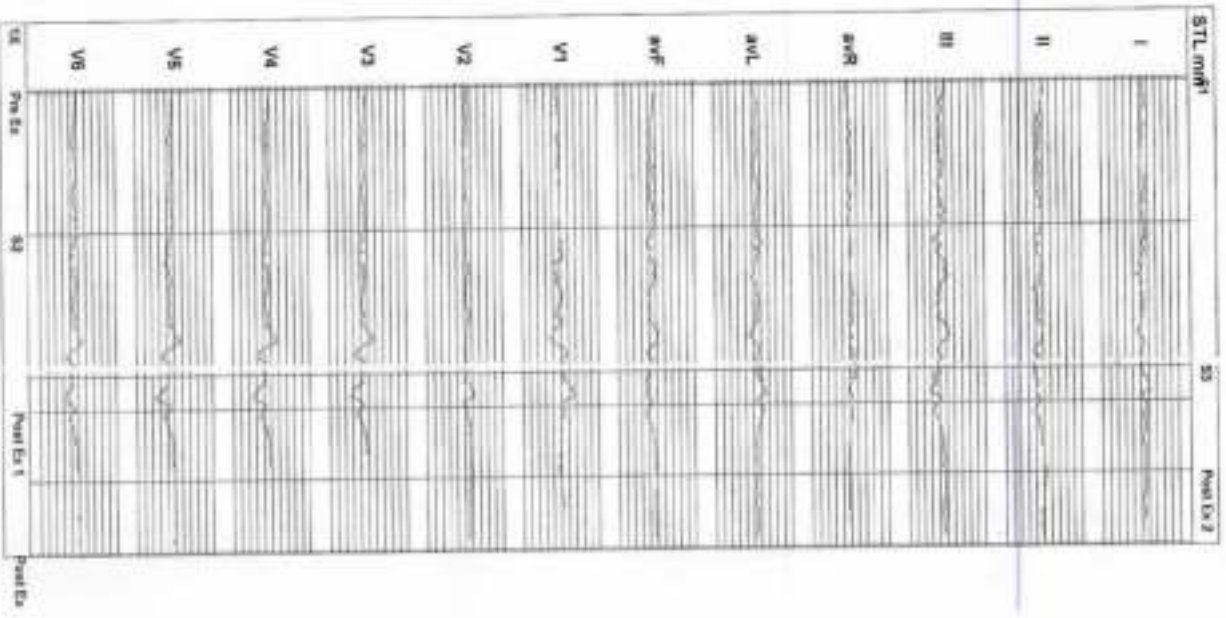
**Summary**

History:  
 Medication:

Stage	Sig Time (min:sec)	Speed (mph)	Grade (%)	METs	HR (bpm)	BP (mmHg)	RPP	PVCs
Pre Ex				1	97	120/80	116	
S1	02:01	1.7	10.0	1.4	133	120/90	160	
S2	02:00	2.5	12.0	3.9	158	122/92	193	
Peak Ex	00:30	3.4	14.0	4.5	168	124/94	208	
Post Ex 1	01:00			1	117	120/90	140	
Post Ex 2	01:00			1	105	120/90	126	
Post Ex 3	00:02			1	104	120/90	125	
Finish				1	108	120/90	130	

**Findings:** Exercise Time : 04:31 mins  
 Max HR attained : 169 bpm 91 % of Target 185 bpm  
 Max BP : 124/81mmHg  
 Max Workload attained : 4.5 METs ( Poor Effort Tolerance )  
 Reason for Test Termination: Patient Completed Test

No significant ST segment changes noted during exercise or recovery stages.  
 No Angina / Arrhythmia / S3 / Murmur  
 Final Impression : Test is negative for inducible ischaemia.



193  
35 Yrs/F  
UR JI KUMARI  
68 kg / Ht-147 cms Ref No.:

Date: 09-03-2024  
Time: 03:11 PM

Protocol: B-uce  
Filter: 0.1 - 100 Hz  
Gain: 10 mm/mV  
Sweep: 25 mm/s

Average 6 Leads

Frontal

Stage	Pre Ex	S1	S2	Peak Ex	Post Ex 1	Post Ex 2	Post Ex 3	Finish
Ex Time		02:01	04:01	04:31	---	---	---	
Ex Time (min:sec)		02:01	02:00	00:30	01:00	01:00	00:02	
Speed (mm/sec)		1.7	2.5	3.4				
Grade (%)		10.0	12.0	14.0				
HR (bpm)	97	133	158	168	117	105	104	108
BP (mmHg)	120/80	120/80	122/82	124/84	120/80	120/80	120/80	120/80
STL (mm)	0.5	0.5	0.0	0.4	0.4	0.3	0.2	0.1
STS (uV/s)	0.7	0.8	0.7	0.3	1.0	0.7	0.7	0.6



183

URMI KUMARI

INDRAYANI NAGR RD BHOSARI, PIMPRI CHINCHWAD, PUNE, MAHARASHTRA

35 Yrs/F

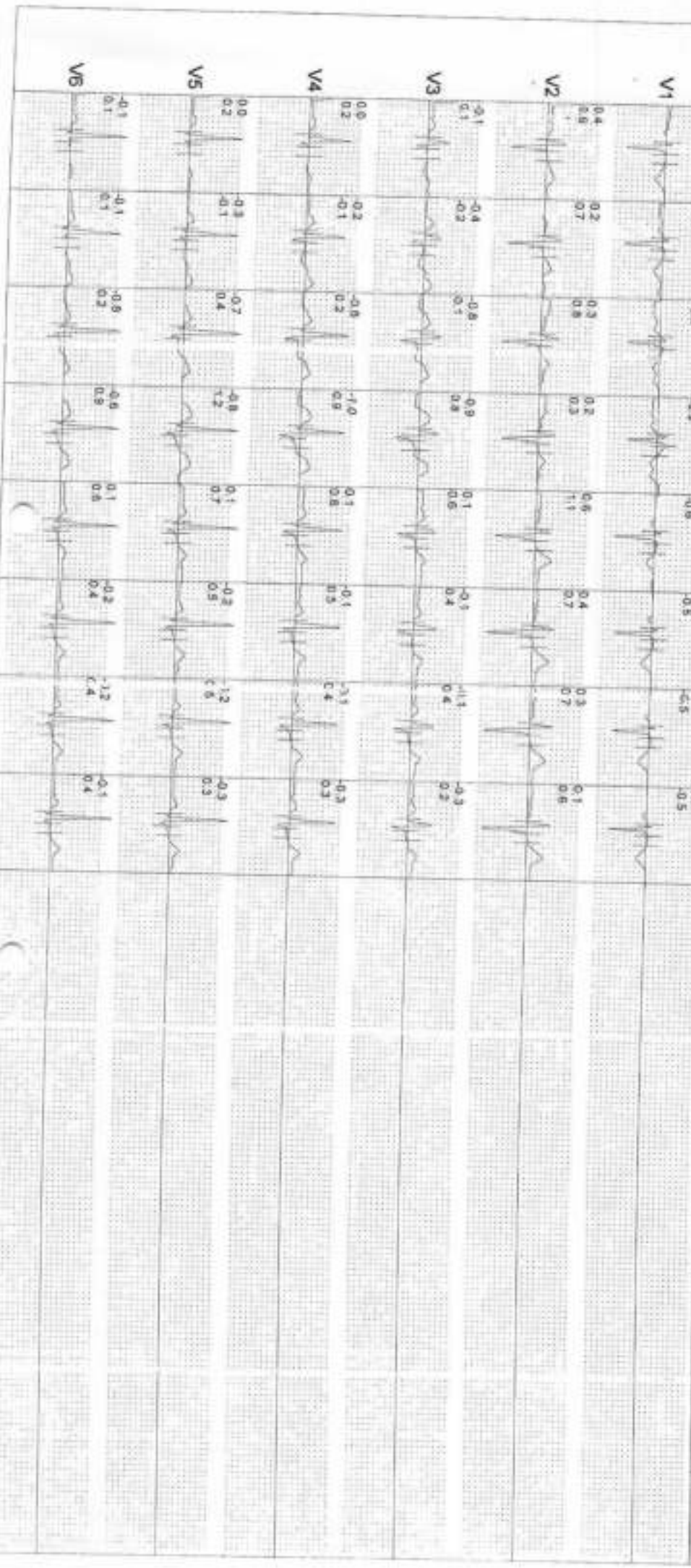
68 Kg / Ht-147 cms

Date: 09-03-2014  
Time: 03:11 PM

Protocol: Bruce  
Filter: 0.1 - 16.0 Hz  
Gain: 10 mm/mV  
Sweep: 25 mm/s

Average 6 Leads  
Precordial

Stage	Pre Ex	S1	S2	Peak Ex	Post Ex 1	Post Ex 2	Post Ex 3	Finish
Ex Time		02:01	04:01	04:31				
Stg Time		02:01	02:00	00:30	01:00	01:00	10:02	
Speed		1.7	2.5	3.4				
Grade		10.0	12.0	14.0				
HR	97	133	158	168	117	105	104	108
BP	120/80	120/80	122/82	124/84	120/80	120/80	120/80	120/80
STL mm	0.2	0.0	0.2	0.0	0.1	0.0	0.1	0.0
STS mV/S	-0.3	-0.8	-0.5	-0.2	-0.6	-0.5	-0.5	-0.5



183  
 36 Yrs/F  
 Date: 09-03-2024 Time: 03:11 PM  
 Post J: 72 mS

URMI KUMARI  
 68 Kg / Ht: 147 cms  
 Ref No.:  
 Speed: --- mph  
 Grade: --- %  
 Protocol: Bruce  
 HR: 97  
 Mel: 1  
 BP: 120/80 mmHg  
 Target Hr: 52 % of 185  
 Ex Time: --- min:sec  
 Curr Time: 00:03  
 Filter 0.1 - 100 Hz  
 BLC: On  
 Notice On  
 Gain: 10 mm/mV  
 Sweep: 25 mm/s  
 Median Sweep: 25 mm/s

Linked Medians  
 Pre Ex





183

URMI KUMARI

35 Yrs/F

68 Kg / Ht-147 cms

Rel.No.:

Date: 09-01-2024 Time: 03:11 PM

Post J.62 r/s

# MEDICOVER HOSPITAL

INDRAYANI NAGR RD, BHOSARI, PIMPRI CHINCHWAD, PUNE, MAHARASHTRA

Speed: 1.7 mph Hr: 133

Grade: 10 % Met/s: 1.4

Protocol: Bruce BP: 120/80 mmHg Cur Time: 02:04

Target Hr: 71 % of 185 Filter: 0.1 - 100 Hz

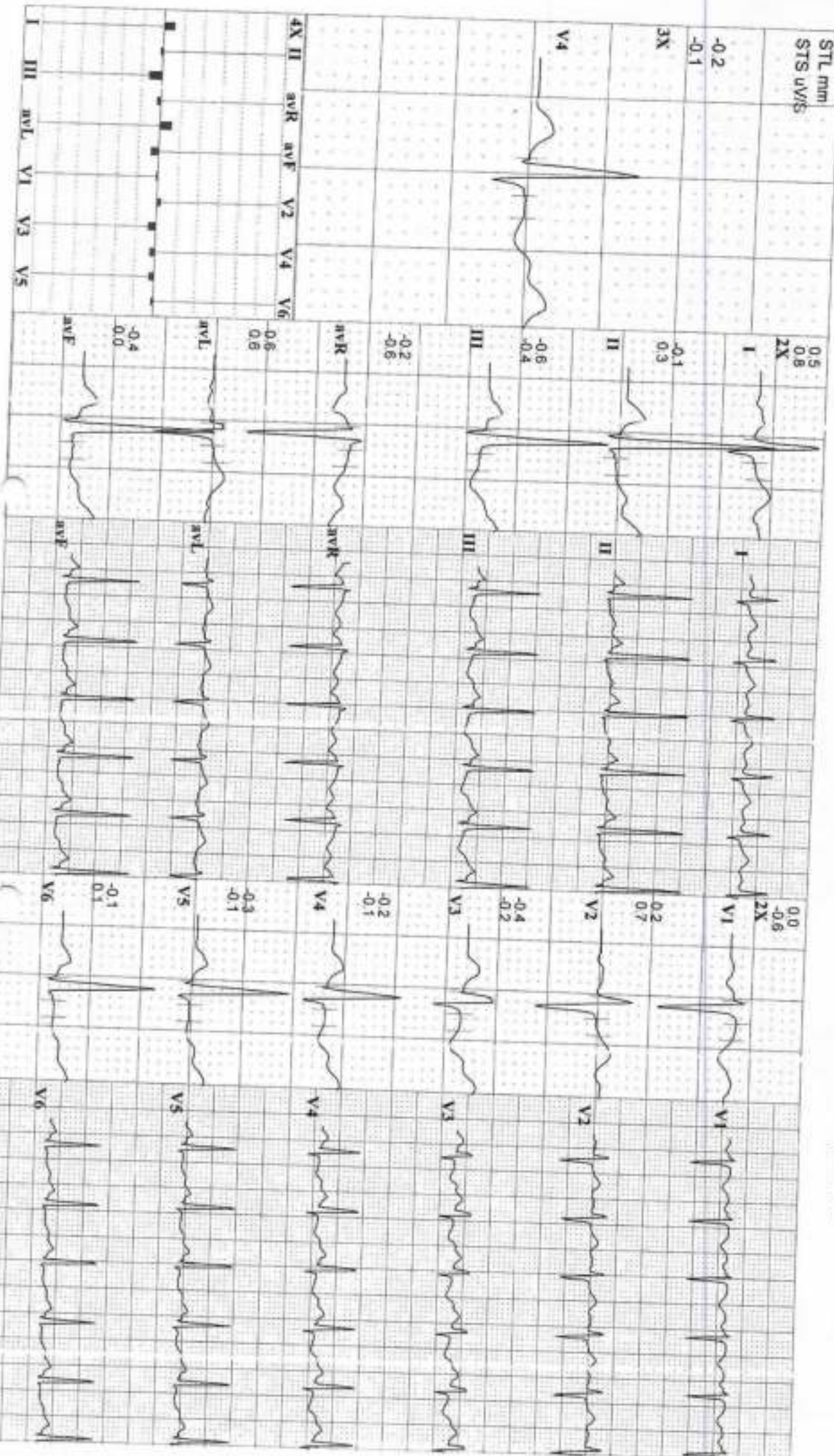
Gain: 10 mm/mV

BLC: On

Sweep: 25 mm/s

Median Sweep: 25 mm/s

Linked Medians  
S1

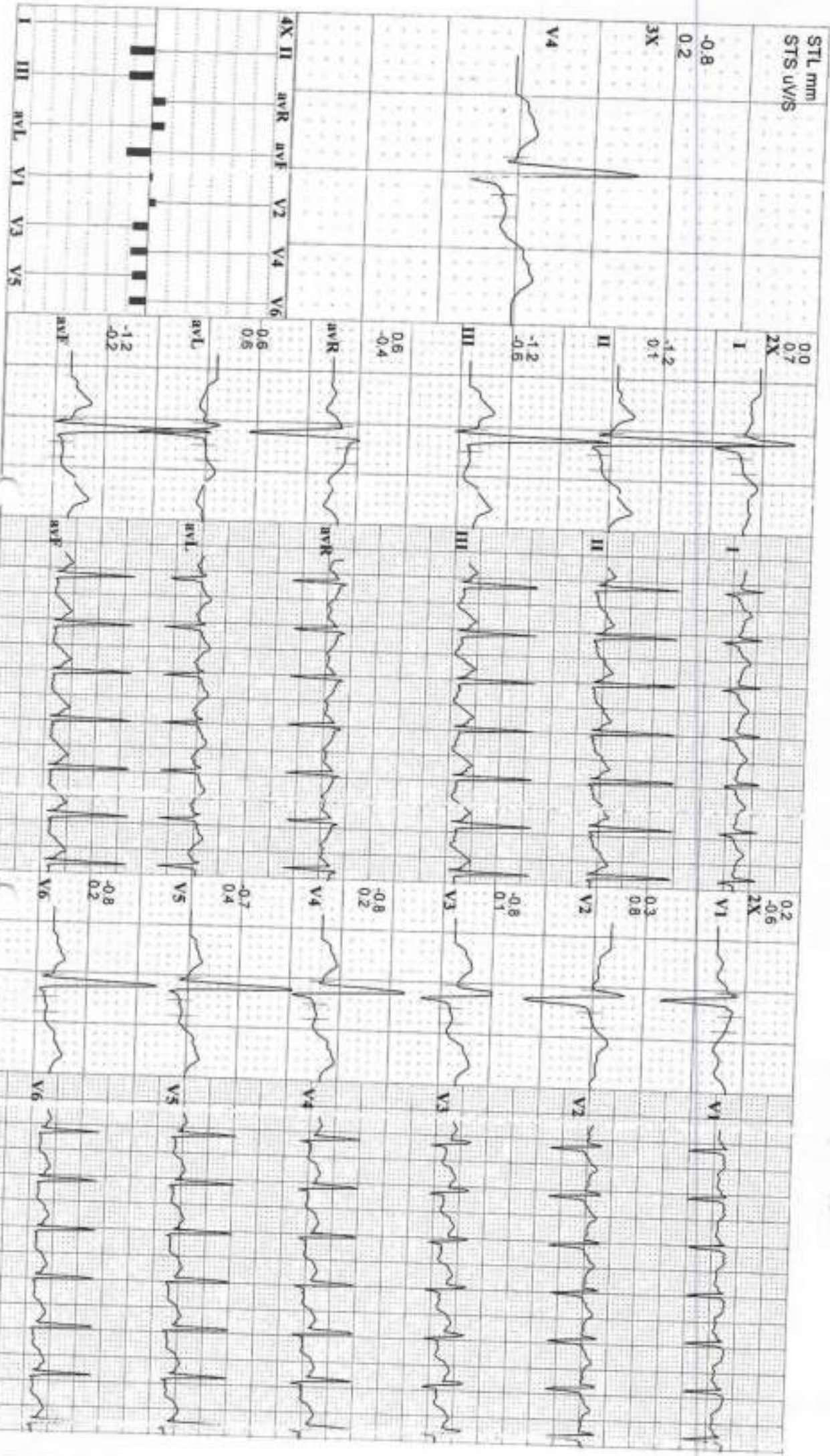




183  
 35 Yrs/F  
 Date: 09-03-2024 Time 03:11 PM  
 Post 1.60 mS

URMI KUMARI  
 68 Kg / Ht-147 cms  
 Ref.No.:  
 Speed: 2.5 mph  
 Grade: 12 %  
 Protocol: Bruce  
 Hr: 158  
 Mts: 3.9  
 Bp: 122/82 mmHg  
 Target Hr: 85 % of 185  
 Ex Time: 04:01  
 Curr Tr: e-04:04  
 Filter: 0.1 - 100 Hz  
 BLC: On  
 Notch: On  
 Gain: 10 mm/mV  
 Sweep: 25 mm/s  
 Median Sweep: 25 mm/s

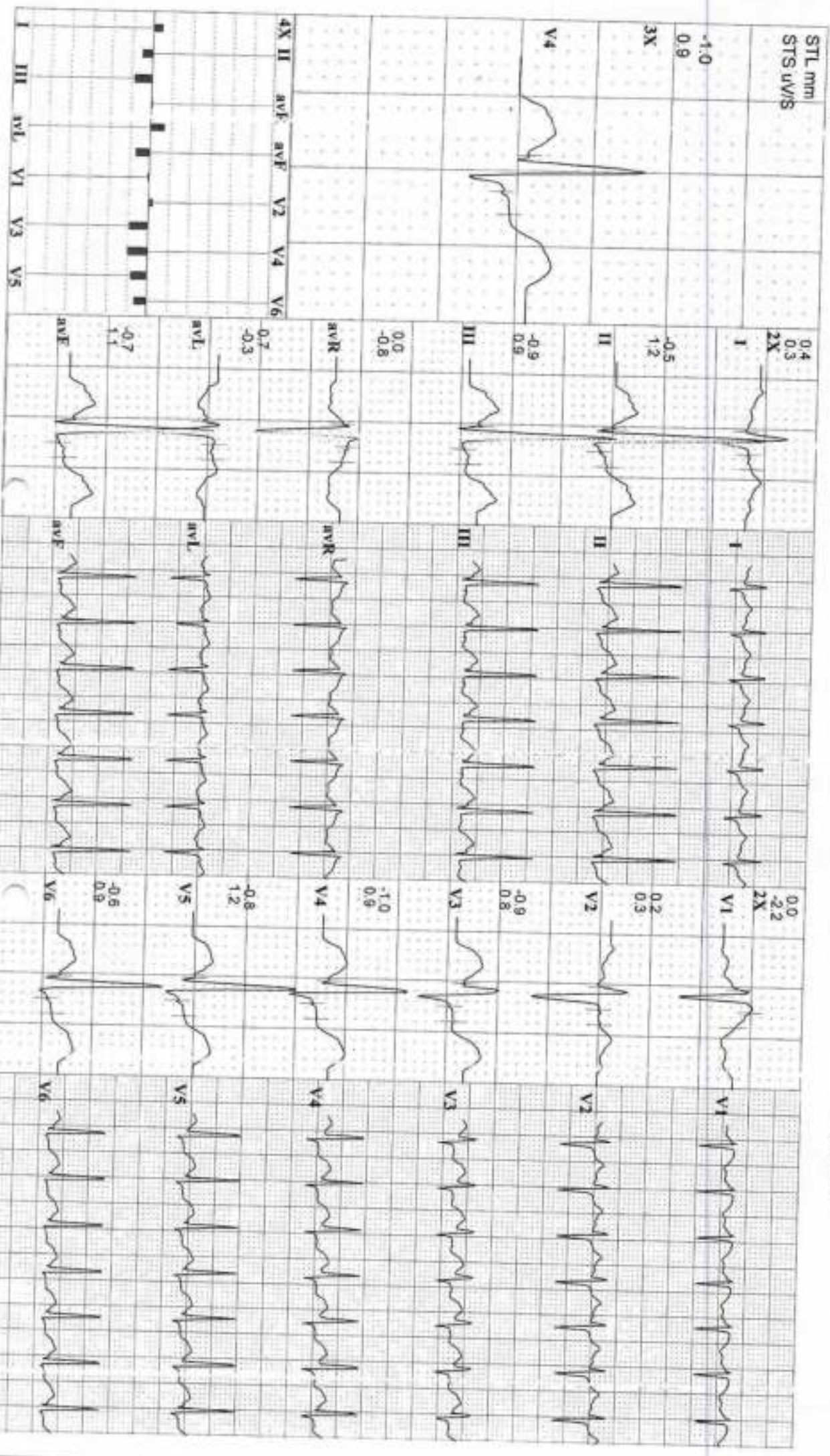
Linked Medians  
**S2**



183  
 35 Yrs / F  
 Date: 09-03-2024 Time: 03:11 PM  
 Post J: 60 ms

URMI KUMARI  
 68 Kg / Ht-147 cms  
 Ref No:   
 Speed: 3.4 mph Hr: 168  
 Grade: 14 % Met: 4.5  
 Protocol: Bruce BP: 124/84 mmHg  
 Target Hr: 90 % of 185  
 Filter: 0.1 - 100 Hz  
 Gain: 10 mm/mV  
 Ex Time: 04:31  
 BLC: On  
 Sweep: 25 mm/s  
 Notch: On  
 Median Sweep: 25 mm/s

Linked Medians  
 Peak Ex

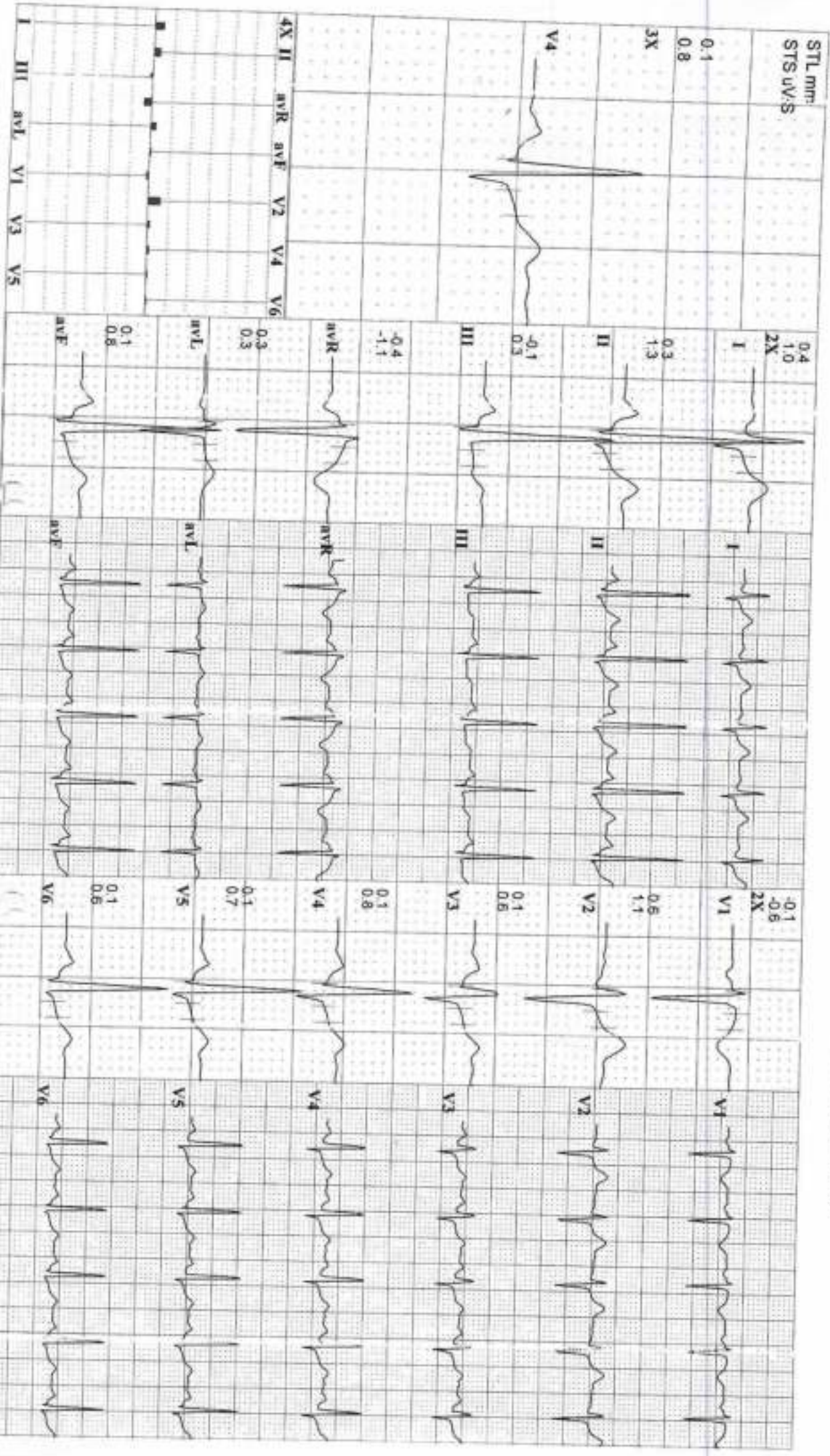


183  
 35 Yrs/ F  
 Date: 09-13-2024 Time: 03:11 PM  
 Post: J:06 m/s

URMI KUMARI  
 68 Kg / Ht:147 cms  
 Ref.No.:  
 Speed: --- mph Hr: 117  
 Grade: --- % Mts: 1  
 Protocol: Bruce BP: 120/80 mm-Hg  
 Target Hr: 63 % of 185  
 Ex Time: 04:31  
 Curr Time: 05:34  
 Filter: 0.1 - 100 Hz  
 Gain: 10 mm/mV  
 BLC: On  
 Sweep: 25 mm/s  
 Median Sweep: 25 mm/s

**MEDICOVER HOSPITAL**  
 INDRAYANI NAGR RD, BHOSARI PIMPRI CHINCHWAD, PUNE, MAHARASHTRA

Linked Medians  
 Post Ex 1





S/B Dr. Malik (Physician)

9/3/24

⇒ Mrs. Umi Kumari.

⇒ 35yo / F;

⇒ Δ → Hypothyroidism.

→ DM.

→ Cholelithiasis

⇒ Advt

→ Follow up with reports.

R.M.

Dr. Rizwan Malik  
MBBS, MD (Medicine)  
Consultant Physician  
MMC Reg. No: 2011/05/1654



<b>Patient ID:</b>	PUU19985	<b>Patient Name:</b>	URMI KUMARI
<b>Age:</b>	35 Years	<b>Sex:</b>	F
<b>Accession Number:</b>	090320240000031-PK	<b>Modality:</b>	DX
<b>Ref. By:</b>	HC	<b>Study:</b>	CHEST
<b>Study Date:</b>	09-Mar-2024		11.53

**X RAY CHEST PA VIEW**

**FINDINGS** : Chest PA view with no comparison study shows,

- **Prominent bronchovascular markings noted in bilateral lung fields.**
- Rest of the visualized lung fields are clear.
- No obvious consolidation is seen.
- There is no pleural effusion or pneumothorax seen.
- No pneumoperitoneum is seen.
- The cardiac silhouette appears within normal limits.
- The diaphragmatic shadow and mediastinal structures are within normal limits.
- Visualized osseous structures demonstrate no obvious abnormality.

**IMPRESSION :**

- ❖ No radiographically evident acute cardiopulmonary process in the present study.

*Needs clinical correlation.*

**Dr. Madhuri Avhad (MBBS DMRD)**  
Consultant Radiologist  
(typed by sk)

