Name : Ms. MONALISHA PAUL (35 /F) Date : 08/05/2024

Address : 10D ORCHARD 126,126 F BT ROAD KOLKATA, KOLKATA, KOLKATA, WEST

BENGAL, INDIA

Examined by: Dr .SHARMISTHA MALLIK UHID : AMHL.0002344170

Package: MEDIWHEEL - ANNUAL STARTER FEMALE HCK

AHC No: AMHLAH204841



For corporate health checkup Acidity, Bloating, Belching

PRESENT KNOWN ILLNESS

No history of - Diabetes mellitus,

Hypertension,

Dyslipidemia, Thyroid disorder, Heart disease,

Stroke, Asthma

Epilepsy Since - 2017; Medication -

regular



DRUG ALLERGY

NO KNOWN ALLERGY :08/05/2024



Cardiovascular system

- Nil Significant

Respiratory system

- Nil Significant

Oral and dental

- Nil Significant

Gastrointestinal system

Bowel habits - constipation

Genitourinary system

- Nil Significant

Gynaec history

Last menstrual period - 10.4.24; Periods - irregular,

regular

Central nervous system

Seizure - yes; Last episode of fits - 1 yr back; Medication for Epilepsy - yes

Eyes

Vision - normal with glasses; Glasses - yes

ENT

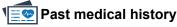
- Nil Significant

Musculoskeletal system

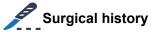
Spine and joints
- Nil Significant

Skin

- Nil Significant



Malaria - yes Typhoid - yes



Appendicectomy - yes



Marital status - Single

Diet - Non Vegetarian

Alcohol - does not consume alcohol

Smoking - No Chews tobacco - No

Physical activity - Sedentary

Family history

Father - alive

Mother - alive

Diabetes - mother

Hypertension - mother

Coronary artery - none

disease

Cancer - None

PHYSICAL EXAMINATION



Build - normal

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Height - 160
Weight - 47.70
BMI - 18.63
Pallor - No
Oedema - no



Cardiovascular system

Heart rate (Per minute) - 78
Rhythm - Regular
- B.P. Sitting

Systolic(mm of Hg) - 100
Diastolic(mm of Hg) - 68
Heart sounds - S1S2+

Respiratory system

Breath sounds - Normal vesicular breath

sounds



Appearance - Normal
Organomegaly - No
Tenderness - No
Bowel sounds - Normal

Opthalmology consultation

Opthalmology findings - PGVA:RE:6/6 LE:6/6

NVA:RE:N6 LE:N6

OCULAR MOVEMENT:WNL

ANT.SEG:WNL ADVICE:*To continue present glass Rx*Review

after 1yr/SOS

Printed By: Benazir Begaum

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COMPLETE HAEMO	GRAM PE	ROFIL	E		Epithelial Cells	1-3			
Test Name	Result	Unit	Level	Range	Casts:	Not Fou	ınd		
Hemoglobin	9.5 *	g/dl		12.0-15.0	Crystals:	Not Fou	ınd		
RBC COUNT	4.43	Millio ul	n/	3.8-4.8	•				
Hematocrit - Hct:	31.5 *	%	•	36-46	BLOOD GROUPING A		•		
MCV	71.2 *	fl	•	83-101	Test Name	Result	Unit	Level	Range
MCH	21.6 *	pg		27-32	ABO Group:	0			
MCHC	30.3 *	%	•	31.5-34.5	Rh (D) Type:	POSITI	VE		
RDW	17.3 *	%		11.8-14.0	LIVER FUNCTION TE	ST (PAC	KAGE)	
					Test Name	Result	Unit	Level	Range
WBC Count	6600		nm •	4000-10000	ALT(SGPT) - SERUM	14	U/L		0-35
Platelet Count	1.35 *	mm	cu 🛡	1.5-4.0	ALDUMINI CEDUM	4.4	الم/ما		2554
Neutrophils	64	%		40-80	ALBUMIN - SERUM	4.4	g/dL		3.5-5.1
Lymphocytes	27	%		20-40	ALKALINE	78	U/L	•	33-98
Monocytes	08	%		2-10	PHOSPHATASE - SERUM				
Eosinophils	01	%		01-06	SERUIVI				
Basophils	00	%		0-0	AST (SGOT) - SERUM	26	U/L		0-35
RBC:	•	Anisocytosis+, Microcytic Hypochromic.			BILIRUBIN TOTAL -	0.8	mg/dl	•	0.3-1.2
Platelets:	•	Adequate on the smear		r	SERUM		J		
ridioloto.	Aucqua	ic on in	C SITICAL	ı	LIPID PROFILE TEST	(PACK)	(GE)		
ERYTHROCYTE	48 *	mm/	1st 🛑	0-20	Test Name	Result	•	Level	Range
SEDIMENTATION RATE (ESR)		hr			CHOLESTEROL - SERUM	163	mg/dl	•	0-200
URINE ROUTINE AN	D MICRO	SCOP	Υ		ODEATININE OFFICE				
Test Name	Result	Unit	Level	Range	CREATININE - SERUM Test Name		l lmi4	Laval	Danas
Volume:	50	mL			CREATININE - SERUM	Result 0.7	Unit mg/dl		Range 0.6-1.1
Colour:	Pale Str	aw			CREATININE - SEROW	0.7	mg/ul		0.0-1.1
Appearance	Slightly	Slightly Turbid		LIVER FUNCTION TEST (PACKAGE)					
Specific Gravity	1.005				Test Name	Result		Level	Range
pH:	6.0				GGTP: GAMMA GLUTAMYL	27	U/L		0-38
Albumin:	Not Det	Not Detected Not Detected			TRANSPEPTIDASE -				
Glucose	Not Det				SERUM				
Ketone:	Not Det	Not Detected			GLUCOSE - PLASMA (FASTING)				
Bile Pigments	Not Det	Not Detected		Test Name	Result	Unit	Level	Range	
	Nil	/hpf			GLUCOSE - PLASMA	72	mg/dl	•	70-99
RBC	INII	Occasiona/hpf			(FASTING)				

Borderline High/Low

Out of Range

Within Normal Range

Package: MEDIWHEEL - ANNUAL STARTER FEMALE HCK

HBA1C (GLYCOSYLATED HAEMOGLOBIN)-WHOLE BLOOD

Test Name Result Unit

(GLYCOSYLATED HAEMOGLOBIN)-WHO

HBA1C

LE BLOOD

Level Range Nondiadetic: 4 - 5.6 %

> Prediabetics: 5.7 - 6.4% Diabetes >/= 6.5%

ADA Theraputic goal

: <7%

μIU/mL TSH: THYROID 6.99 * 0.38-5.33

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STIMULATING **HORMONE - SERUM**

URIC ACID - SERUM

Test Name Result Unit Level Range **URIC ACID - SERUM** 3.9 mg/dL 2.4 - 5.7

LIVER FUNCTION TEST (PACKAGE)

Test Name Result Unit Level Range **BILIRUBIN** 0.2 mg/dL 0.0 - 0.2

CONJUGATED (DIRECT) - SERUM

LIPID PROFILE TEST (PACKAGE)

Result Unit **Test Name** Level Range HDL CHOLESTEROL -50 mg/dL 30-70 **SERUM** LDL CHOLESTEROL 96 mg/dL 0-100 -SERUM **VLDL CHOLESTEROL** mg/dL 17 0-35

5.0

%

SERUM (Calculated)

BUN (BLOOD UREA NITROGEN)

Test Name Result Unit Level Range BUN (BLOOD UREA 8.8 mg/dL 7.0-18.0

NITROGEN)

LIVER FUNCTION TEST (PACKAGE)

Test Name Result Unit Level Range A/G - RATIO 1.2 1.0 - 2.0

LIVER FUNCTION TEST (PACKAGE)

Test Name Result Unit Level Range PROTEIN TOTAL -8.1 g/dL 6.4 - 8.3**SERUM** GLOBULIN: 3.7 * g/dL 1.8-3.6

SERUM

(CALCULATED) -

BUN/CREATININE RATIO

Test Name Result Unit Level Range **BUN/CREATININE** 12.7

RATIO

ECG

SINUS RHYTHM. LOW VOLTAGE QRS.

ULTRASOUND SCREENING WHOLE ABDOMEN

THYROID PROFILE - I(T3,T4 AND TSH)

Test Name Result Unit Range Level 1.24 0.87-1.78 TOTAL T3: TRI ng/ml **IODOTHYRONINE -**

SERUM

TOTAL T4: 12.16 µg/dL 5.48-14.28

THYROXINE - SERUM

LIPID PROFILE TEST (PACKAGE)

Test Name Result Unit Level Range TRIGLYCERIDES -58 mg/dL 0-150 **SERUM**

THYROID PROFILE - I(T3,T4 AND TSH)

Test Name Result Unit Level Range

> Within Normal Range **Borderline High/Low**

Out of Range

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* Uterine fibroid as described. Suggested TVS, if clinically indicated.

[NOTE: At times pelvic structures are not well visualized due to inadequate patient preparation / excess bowel gas shadow. However suggested clinical correlation and other investigations if clinically indicated.]

Dr. HENA PARVIN DNB RESIDENT In consultation with

Dr. PARTHA LODH DMRD Reg. No. 49816 (WBMC)

X-RAY CHEST PA

* Chest skiagram does not reveal any significant abnormality.

DR. PARTHA LODH DMRD Reg. No. 49816 (WBMC)

INVESTIGATIONS NOT DONE / NOT YET REPORTED / NOT PART OF PACKAGE(LAB,RADIOLOGY & CARDIOLOGY)

Histopathology

PAP SMEAR /CERVICAL SMEAR

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Dr.SHARMISTHA MALLIK

AHC Physician / Consultant Internal Medicine

Note :- The Health Check-up examinations and routine investigations have certain limitations and may not be able to detect all the diseases. Any new or persisting symptoms should be brought to the attention of the Consulting Physician. Additional tests, consultations and follow up may be required in some cases.

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AICVD RISK SCORE REPORT

RISK STATUS	YOUR SCORE	ACCEPTABLE SCORE			
Low Risk	1	3			

Your cardiovascular disease risk in the next 10 years is within the Normal limits for your age and gender

The AICVD risk score developed by Apollo Hospitals is a novel artificial intelligence-based risk scoring system that predicts your risk of having Coronary Artery Disease (CAD) related events in the next ten years. This scoring system uses Indian data and has been validated by multiple national and international institutions. This risk score is more than 92% accurate and has been compiled based on your physical parameters, heart health attributes, lifestyle and medical history. **Note:** The risk category is determined through the ratio between guest score and acceptable score at multiple decimal points. The outputs are shown in whole numbers.

Based on your AICVD risk score you are advised the following:

- Follow the guidance and education on lifestyle and dietary management provided through the ProHealth program. Maintain a healthy BMI (<25). Avoid tobacco in any form and if you are a smoker, stop smoking.
- Continue with **medications** for high blood pressure, diabetes, or dyslipidemia, if advised by your physician. Maintain HbA1c <7% (<53mmol/mol), blood pressure <140/90mmHg.
- · Follow your physician's advice regarding follow up tests, consults and annual health assessment

DISCLAIMER

- 1. This is not a diagnostic tool and it does not guarantee accuracy of the result and cannot be acted upon independently.
- 2. This risk score and clinical algorithm is a general guideline for physicians. Any additional laboratory investigations, diagnostic imaging, treatment or patient education related to lifestyle management is under the physician's or cardiologist's discretion.
- 3. To ensure the information in the report is up to date, accurate and correct, doctor shall be consulted for interpretation of the report.
- 4. Apollo Hospitals and its staff does not offer any assurance on the information made available or be liable for any loss or damage as the said report is based on the AICVD risk score without any intervention from their side.
- 5. By usage of the AICVD risk score, it is deemed that the beneficiary of this service has agreed to get the same done at his own risk and further agrees with this disclaimer without any limitation or any clauses or sub-clauses.

The Clinical Al Models and APIs used at Apollo Hospitals are certified by ISO 13485 : 2016 vide certificate no. MD 763515