

Name : Mr. SUMAN DAS (50 /M)

Date : 28/09/2024

Address : VILL,PO-SIMURALI, PS-CHAKDAHA, NADIA, NADIA, WEST BENGAL, INDIA

Examined by: Dr .JHUMA BAGCHI

UHID : AGHL.0001623754

Package : MEDIWHEEL - FULL BODY ANNUAL PLUS WITH TMT MALE HCK

AHC No : AMHLAH219912



CHIEF COMPLAINTS

For corporate health checkup

PRESENT KNOWN ILLNESS

No history of - Diabetes mellitus,
Dyslipidemia, Thyroid
disorder
Hypertension Medication - regular



DRUG ALLERGY

NO KNOWN ALLERGY :20/03/2020



SYSTEMIC REVIEW

Cardiovascular system

- Nil Significant

Respiratory system

- Nil Significant

Gastrointestinal system

- Nil Significant

Genitourinary system

- Nil Significant

Central nervous system

- Nil Significant

Eyes

- Nil Significant

ENT

- Nil Significant

Musculoskeletal system

Spine and joints
- Nil Significant

Skin

- Nil Significant



Present medications

- LOSAR 50



Past medical history

Past medical history - nil significant



Surgical history

Cholecystectomy - 2024
Open reduction and
internal fixation - Left hand



Personal history

Marital status - Married
Diet - Vegetarian
Alcohol - does not consume alcohol
Smoking - No
Chews tobacco - No
Physical activity - Mild



Family history

Father - alive
Mother - has expired
Coronary artery
disease - none
Cancer - mother
Type - Lymphoma

PHYSICAL EXAMINATION



General

Build - over weight
Height - 172
Weight - 83
BMI - 28.06
Pallor - No
Oedema - no



Cardiovascular system

Heart rate (Per minute) - 77
Rhythm - Regular
- B.P. Sitting

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Systolic(mm of Hg) - 149
Diastolic(mm of Hg) - 105
Heart sounds - S1S2+

Respiratory system

Breath sounds - Normal vesicular breath sounds

Abdomen

Organomegaly - No
Tenderness - No

Ophthalmology consultation

Ophthalmology findings - UCVA:RE:6/9P LE:6/6P
NVA:RE:N8 LE:N8
OCULAR MOVEMENT:
WNL ANT.SEG: WNL
ACCPT:SPECTACLE PWR
RE:-0.75X10*(6/6)
LE:-0.25DS(6/6)
ADD(BE):+2.00DSPH (N6)
ADVICE:*Glass Rx.*Review
after 1yr/SOS

Printed By : Benazir Begaum

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COMPLETE HAEMOGRAM PROFILE

| Test Name | Result | Unit | Level | Range |
|--|-------------------------------|----------------|-------|------------|
| Hemoglobin | 13.0 | g/dl | ● | 13.0-17.0 |
| RBC COUNT | 4.50 | Million/ ul | ● | 4.5-5.5 |
| Hematocrit - Hct: | 38.2 * | % | ● | 41-53 |
| MCV | 84.8 | fl | ● | 83-101 |
| MCH | 28.9 | pg | ● | 27-32 |
| MCHC | 34.1 | % | ● | 31.5-34.5 |
| RDW | 14.1 * | % | ● | 11.8-14.0 |
| WBC Count | 4800 | /cu mm | ● | 4000-10000 |
| Platelet Count | 1.32 * | lacs/cu mm | ● | 1.5-4.0 |
| Neutrophils | 61 | % | ● | 40-80 |
| Lymphocytes | 29 | % | ● | 20-40 |
| Monocytes | 07 | % | ● | 2-10 |
| Eosinophils | 03 | % | ● | 01-06 |
| Basophils | 00 | % | ● | 0-0 |
| RBC: | Normocytic Normochromic cells | | | |
| Platelets: | Adequate. | | | |
| ERYTHROCYTE SEDIMENTATION RATE (ESR) | 14 | mm/1st hr | ● | 0-15 |

URINE ROUTINE AND MICROSCOPY

| Test Name | Result | Unit | Level | Range |
|------------------|----------------|------|-------|-------|
| Volume: | 30 | mL | | |
| Colour: | Pale Straw | | | |
| Appearance | Clear | | | |
| Specific Gravity | 1.005 | | | |
| pH: | 6.5 | | | |
| Albumin: | Not Detected | | | |
| Glucose | Not Detected | | | |
| Ketone: | Not Detected | | | |
| Bile Pigments | Not Detected | | | |
| RBC | Nil | /hpf | | |
| Pus Cells | Occasional/hpf | | | |
| Epithelial Cells | Occasional/hpf | | | |

Casts: Not Found

Crystals: Not Found

URINE SUGAR - POST PRANDIAL (QUALITATIVE)

| Test Name | Result | Unit | Level | Range |
|------------------------------------|--------|------|-------|-------|
| URINE GLUCOSE(POST PRANDIAL) | Nil | | | |

URINE SUGAR- FASTING(QUALITATIVE)

| Test Name | Result | Unit | Level | Range |
|---------------------------|--------|------|-------|-------|
| URINE GLUCOSE(FASTING) | Nil | | | |

BLOOD GROUPING AND TYPING (ABO AND RH)

| Test Name | Result | Unit | Level | Range |
|--------------|----------|------|-------|-------|
| ABO Group: | B | | | |
| Rh (D) Type: | POSITIVE | | | |

LIVER FUNCTION TEST (PACKAGE)

| Test Name | Result | Unit | Level | Range |
|------------------------------------|--------|-------|-------|---------|
| ALT(SGPT) - SERUM | 30 | U/L | ● | 0-50 |
| ALBUMIN - SERUM | 4.5 | g/dL | ● | 3.5-5.1 |
| ALKALINE PHOSPHATASE - SERUM | 75 | U/L | ● | 43-115 |
| AST (SGOT) - SERUM | 27 | U/L | ● | 0-50 |
| BILIRUBIN TOTAL - SERUM | 0.8 | mg/dL | ● | 0.3-1.2 |

LIPID PROFILE TEST (PACKAGE)

| Test Name | Result | Unit | Level | Range |
|------------------------|--------|-------|-------|-------|
| CHOLESTEROL - SERUM | 174 | mg/dL | ● | 0-200 |
| Non-HDL Cholesterol | 137 | | | |

CREATININE - SERUM

| Test Name | Result | Unit | Level | Range |
|--------------------|--------|-------|-------|---------|
| CREATININE - SERUM | 1.0 | mg/dL | ● | 0.9-1.3 |

● Within Normal Range
 ● Borderline High/Low
 ● Out of Range

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LIVER FUNCTION TEST (PACKAGE)

| Test Name | Result | Unit | Level | Range |
|---|--------|------|-------|-------|
| GGTP: GAMMA GLUTAMYL TRANSPEPTIDASE - SERUM | 15 | U/L | ● | 0-55 |

GLUCOSE - PLASMA (FASTING)

| Test Name | Result | Unit | Level | Range |
|----------------------------|--------|-------|-------|-------|
| GLUCOSE - PLASMA (FASTING) | 70 | mg/dL | ● | 70-99 |

GLUCOSE - PLASMA (POST PRANDIAL)

| Test Name | Result | Unit | Level | Range |
|----------------------------------|--------|-------|-------|--------|
| GLUCOSE - PLASMA (POST PRANDIAL) | 129 | mg/dL | ● | 70-140 |

HBA1C (GLYCOSYLATED HAEMOGLOBIN)-WHOLE BLOOD

| Test Name | Result | Unit | Level | Range |
|--|--------|------|-------|--|
| HBA1C (GLYCOSYLATED HAEMOGLOBIN)-WHOLE BLOOD | 5.0 | % | ● | Nondiabetic : 4 - 5.6 % Prediabetics : 5.7 - 6.4% Diabetes : >= 6.5% ADA Therapeutic goal : <7% |

LIPID PROFILE TEST (PACKAGE)

| Test Name | Result | Unit | Level | Range |
|---------------------------------------|--------|-------|-------|---------------|
| TC/HDL-C ratio serum | 5 * | | ● | Optimal<3.5 |
| HDL CHOLESTEROL - SERUM | 37 | mg/dL | ● | 30-70 |
| LDL CHOLESTEROL -SERUM | 104 | mg/dL | ● | Optimal: <100 |
| VLDL CHOLESTEROL - SERUM (Calculated) | 33 | mg/dL | ● | 0-35 |

LIVER FUNCTION TEST (PACKAGE)

| Test Name | Result | Unit | Level | Range |
|------------------------|--------|------|-------|---------|
| PROTEIN TOTAL - SERUM | 7.5 | g/dL | ● | 6.4-8.3 |
| Albumin/Globulin Ratio | 1.5 | | ● | 1.0-2.0 |

| | | | | |
|--------------------------------|-----|------|---|---------|
| GLOBULIN: (CALCULATED) - SERUM | 3.0 | g/dL | ● | 1.8-3.6 |
|--------------------------------|-----|------|---|---------|

THYROID PROFILE - I(T3,T4 AND TSH)

| Test Name | Result | Unit | Level | Range |
|-------------------------------------|--------|-------|-------|------------|
| TOTAL T3: TRI IODOTHYRONINE - SERUM | 1.14 | ng/ml | ● | 0.87-1.78 |
| TOTAL T4: THYROXINE - SERUM | 9.25 | µg/dL | ● | 5.48-14.28 |

LIPID PROFILE TEST (PACKAGE)

| Test Name | Result | Unit | Level | Range |
|-----------------------|--------|-------|-------|-------|
| TRIGLYCERIDES - SERUM | 148 | mg/dL | ● | 0-150 |

THYROID PROFILE - I(T3,T4 AND TSH)

| Test Name | Result | Unit | Level | Range |
|--|--------|--------|-------|-----------|
| TSH: THYROID STIMULATING HORMONE - SERUM | 3.57 | µIU/mL | ● | 0.38-5.33 |

URIC ACID - SERUM

| Test Name | Result | Unit | Level | Range |
|-------------------|--------|-------|-------|---------|
| URIC ACID - SERUM | 6.3 | mg/dL | ● | 2.6-7.2 |

LIVER FUNCTION TEST (PACKAGE)

| Test Name | Result | Unit | Level | Range |
|---------------------------------------|--------|-------|-------|---------|
| BILIRUBIN CONJUGATED (DIRECT) - SERUM | 0.1 | mg/dL | ● | 0.0-0.2 |

PROSTATIC SPECIFIC ANTIGEN (PSA TOTAL) - SERUM

| Test Name | Result | Unit | Level | Range |
|--|--------|-------|-------|-----------|
| PROSTATIC SPECIFIC ANTIGEN (PSA TOTAL) - SERUM | 0.83 | ng/mL | ● | 0.00-6.50 |

BUN (BLOOD UREA NITROGEN)

| Test Name | Result | Unit | Level | Range |
|---------------------------|--------|-------|-------|----------|
| BUN (BLOOD UREA NITROGEN) | 8.8 | mg/dL | ● | 7.0-18.0 |

BUN/CREATININE RATIO

| Test Name | Result | Unit | Level | Range |
|-----------|--------|------|-------|-------|
|-----------|--------|------|-------|-------|

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BUN/CREATININE RATIO 8.8

ECG

SINUS RHYTHM.
EARLY REPOLARIZATION LIKE ST CHANGES.

ULTRASOUND SCREENING WHOLE ABDOMEN

- * Grade I fatty liver.
- * Bilateral simple cyst in kidneys.

[NOTE: At times pelvic structures are not well visualized due to inadequate patient preparation / excess bowel gas shadow. However suggested clinical correlation and other investigations if clinically indicated.]

X-RAY CHEST PA

- * No significant abnormality detected.

INVESTIGATIONS NOT DONE / NOT YET REPORTED / NOT PART OF PACKAGE(LAB,RADIOLOGY & CARDIOLOGY)

Biochemistry

A/G - RATIO

CARDIOLOGY

TREADMILL TEST / STRESS TEST



Within Normal Range



Borderline High/Low



Out of Range

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Printed By :

Dr.JHUMA BAGCHI

AHC Physician / Consultant Internal Medicine

Note :- The Health Check-up examinations and routine investigations have certain limitations and may not be able to detect all the diseases. Any new or persisting symptoms should be brought to the attention of the Consulting Physician. Additional tests, consultations and follow up may be required in some cases.