



Mediwheel
...Your wellness partner

Arcofemi Healthcare Pvt Ltd

(Formerly known as Arcofemi Healthcare Ltd)

F-701A, Lado Sarai, Mehrauli, New Delhi - 110030

Email: wellness@mediwheel.in, Website: www.mediwheel.in

Tel: +91-11-41195959, Fax: +91-11-29523020

CIN: U24240DL2011PTC216307

MEDICAL FITNESS CERTIFICATE

(To be signed by a registered medical practitioner holding a Medical degree)

This is to certify that **Mr. Palem Srinivasulu** aged, **37yr**. Based on the examination, I certify that he is in good dental and physical health and it is free from any physical defects such as deafness, color blindness, and any chronic or contagious diseases.

Place: **Bangalore**

Date: 12/07/2024

Dr. Nitesh Kumar
M.B.B.S.
M.F.P.S. 47093

Name & Signature of

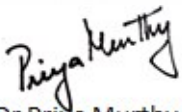
Medical officer

Patient Name : Mr.PALEM SRINIVASULU	Collected : 12/Jul/2024 09:06AM
Age/Gender : 37 Y 5 M 12 D/M	Received : 12/Jul/2024 12:47PM
UHID/MR No : CINR.0000169612	Reported : 12/Jul/2024 02:32PM
Visit ID : CINROPV234492	Status : Final Report
Ref Doctor : Dr.SELF	Sponsor Name : ARCOFEMI HEALTHCARE LIMITED
Emp/Auth/TPA ID : 8527862480	

DEPARTMENT OF HAEMATOLOGY

ARCOFEMI - MEDIWHEEL - PMC PACK H - PAN INDIA - FY2324

Test Name	Result	Unit	Bio. Ref. Range	Method
HEMOGRAM , WHOLE BLOOD EDTA				
HAEMOGLOBIN	16.1	g/dL	13-17	Spectrophotometer
PCV	46.80	%	40-50	Electronic pulse & Calculation
RBC COUNT	5.03	Million/cu.mm	4.5-5.5	Electrical Impedance
MCV	93	fL	83-101	Calculated
MCH	31.9	pg	27-32	Calculated
MCHC	34.3	g/dL	31.5-34.5	Calculated
R.D.W	13.5	%	11.6-14	Calculated
TOTAL LEUCOCYTE COUNT (TLC)	6,460	cells/cu.mm	4000-10000	Electrical Impedance
DIFFERENTIAL LEUCOCYTIC COUNT (DLC)				
NEUTROPHILS	50.7	%	40-80	Electrical Impedance
LYMPHOCYTES	35.8	%	20-40	Electrical Impedance
EOSINOPHILS	3.3	%	1-6	Electrical Impedance
MONOCYTES	9	%	2-10	Electrical Impedance
BASOPHILS	1.2	%	<1-2	Electrical Impedance
ABSOLUTE LEUCOCYTE COUNT				
NEUTROPHILS	3275.22	Cells/cu.mm	2000-7000	Calculated
LYMPHOCYTES	2312.68	Cells/cu.mm	1000-3000	Calculated
EOSINOPHILS	213.18	Cells/cu.mm	20-500	Calculated
MONOCYTES	581.4	Cells/cu.mm	200-1000	Calculated
BASOPHILS	77.52	Cells/cu.mm	0-100	Calculated
Neutrophil lymphocyte ratio (NLR)	1.42		0.78- 3.53	Calculated
PLATELET COUNT	351000	cells/cu.mm	150000-410000	Electrical impedance
ERYTHROCYTE SEDIMENTATION RATE (ESR)	3	mm at the end of 1 hour	0-15	Modified Westegren method
PERIPHERAL SMEAR				



Dr Priya Murthy
M.B.B.S.,M.D(Pathology)
Consultant Pathologist



SIN No:BED240194689

This test has been performed at Apollo Health & Lifestyle Ltd, RRL BANGALORE Laboratory

THIS TEST HAS BEEN PERFORMED AT APOLLO HEALTH AND LIFESTYLE LIMITED- RRL BANGALORE

Apollo Health and Lifestyle Limited (CIN - U85110TG2000PLC115819)
Regd. Office: 1-10-60/62, Ashoka Raghupathi Chambers, 5th Floor, Begumpet, Hyderabad, Telangana - 500 016 |
www.apollohl.com | Email ID: enquiry@apollohl.com, Ph No: 040-4904 7777, Fax No: 4904 7744

APOLLO CLINICS NETWORK

Telangana: Hyderabad (AS Rao Nagar | Chanda Nagar | Kondapur | Nallakunta | Nizampet | Manikonda | Uppal) | Andhra Pradesh: Vizag (Seethamma Peta) | Karnataka: Bangalore (Basavanagudi | Bellandur | Electronics City | Fraser Town | HSR Layout | Indira Nagar | JP Nagar | Kundalahalli | Koramangala | Sarjapur Road) | Mysore (VV Mohalla) | Tamilnadu: Chennai (Annanagar | Kotturpuram | Mogappair | T Nagar | Valasaravakkam | Velachery) | Maharashtra: Pune (Aundh | Nigdi Pradhikaran | Viman Nagar | Wanowrie) | Uttar Pradesh: Ghaziabad (Indrapuram) | Gujarat: Ahmedabad (Satellite) | Punjab: Amritsar (Court Road) | Haryana: Faridabad (Railway Station Road)

Address:
323/100/123, Doddathangur Village, Neeladri Main Road,
Neeladri Nagar, Electronic city, Bengaluru,
Karnataka - 560034

 1860 500 7788
www.apolloclinic.com

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DEPARTMENT OF HAEMATOLOGY

ARCOFEMI - MEDIWHEEL - PMC PACK H - PAN INDIA - FY2324

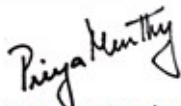
RBCs: are normocytic normochromic

WBCs: are normal in total number with normal distribution and morphology.

PLATELETS: appear adequate in number.

HEMOPARASITES: negative

IMPRESSION: NORMOCYTIC NORMOCHROMIC BLOOD PICTURE



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Consultant Pathologist



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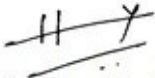
 **1860 500 7788**
www.apolloclinic.com

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Age/Gender : 37 Y 5 M 12 D/M	Received : 12/Jul/2024 12:47PM
UHID/MR No : CINR.0000169612	Reported : 12/Jul/2024 03:07PM
Visit ID : CINROPV234492	Status : Final Report
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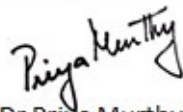
DEPARTMENT OF HAEMATOLOGY

ARCOFEMI - MEDIWHEEL - PMC PACK H - PAN INDIA - FY2324

Test Name	Result	Unit	Bio. Ref. Range	Method
BLOOD GROUP ABO AND RH FACTOR , WHOLE BLOOD EDTA				
BLOOD GROUP TYPE	O			Microplate Hemagglutination
Rh TYPE	Positive			Microplate Hemagglutination



Dr. Harshitha Y
M.B.B.S., M.D (Pathology)
Consultant Pathologist



Dr. Priya Murthy
M.B.B.S., M.D (Pathology)
Consultant Pathologist



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Patient Name	: Mr.PALEM SRINIVASULU	Collected	: 12/Jul/2024 09:06AM
Age/Gender	: 37 Y 5 M 12 D/M	Received	: 12/Jul/2024 12:57PM
UHID/MR No	: CINR.0000169612	Reported	: 12/Jul/2024 01:54PM
Visit ID	: CINROPV234492	Status	: Final Report
Ref Doctor	: Dr.SELF	Sponsor Name	: ARCOFEMI HEALTHCARE LIMITED
Emp/Auth/TPA ID	: 8527862480		

DEPARTMENT OF BIOCHEMISTRY

ARCOFEMI - MEDIWHEEL - PMC PACK H - PAN INDIA - FY2324

Test Name	Result	Unit	Bio. Ref. Range	Method
GLUCOSE, FASTING , NAF PLASMA	85	mg/dL	70-100	HEXOKINASE

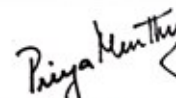
Comment:

As per American Diabetes Guidelines, 2023

Fasting Glucose Values in mg/dL	Interpretation
70-100 mg/dL	Normal
100-125 mg/dL	Prediabetes
≥126 mg/dL	Diabetes
<70 mg/dL	Hypoglycemia

Note:

- 1.The diagnosis of Diabetes requires a fasting plasma glucose of > or = 126 mg/dL and/or a random / 2 hr post glucose value of > or = 200 mg/dL on at least 2 occasions.
2. Very high glucose levels (>450 mg/dL in adults) may result in Diabetic Ketoacidosis & is considered critical.


 Dr Priya Murthy
 M.B.B.S.,M.D(Pathology)
 Consultant Pathologist



SIN No:PLF02193411

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Patient Name : Mr.PALEM SRINIVASULU	Collected : 12/Jul/2024 09:06AM
Age/Gender : 37 Y 5 M 12 D/M	Received : 12/Jul/2024 01:14PM
UHID/MR No : CINR.0000169612	Reported : 12/Jul/2024 02:30PM
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Emp/Auth/TPA ID : 8527862480	

DEPARTMENT OF BIOCHEMISTRY

ARCOFEMI - MEDIWHEEL - PMC PACK H - PAN INDIA - FY2324

Test Name	Result	Unit	Bio. Ref. Range	Method
ALANINE AMINOTRANSFERASE (ALT/SGPT), SERUM	258	U/L	<50	IFCC

Comment:

ALT elevations are noted in liver parenchymal diseases, leading to injury / destruction of hepatocytes.


ALT levels are seen to be elevated even before the signs and symptoms of the liver injury appear.

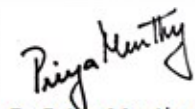
The ALT levels remain high longer in blood as compared to AST levels. And though both the enzymes increase in liver injury, the rise in ALT is more compared to AST, thus also altering the ALT:AST ratio.

Test Name	Result	Unit	Bio. Ref. Range	Method
BILIRUBIN, TOTAL, SERUM	0.74	mg/dL	0.3-1.2	DPD

Test Name	Result	Unit	Bio. Ref. Range	Method
BUN/CREATININE RATIO, SERUM				
BLOOD UREA NITROGEN	7.0	mg/dL	8.0 - 23.0	Calculated
CREATININE	0.72	mg/dL	0.84 - 1.25	Modified Jaffe, Kinetic
BUN / CREATININE RATIO	9.67			Calculated

Test Name	Result	Unit	Bio. Ref. Range	Method
CREATININE, SERUM	0.72	mg/dL	0.84 - 1.25	Modified Jaffe, Kinetic


 Dr. Govinda Raju N L
 MSc, PhD (Biochemistry)
 Consultant Biochemistry


 Dr Priya Murthy
 M.B.B.S., M.D (Pathology)
 Consultant Pathologist



SIN No: SE04791255

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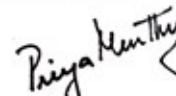
DEPARTMENT OF CLINICAL PATHOLOGY

ARCOFEMI - MEDIWHEEL - PMC PACK H - PAN INDIA - FY2324

Test Name	Result	Unit	Bio. Ref. Range	Method
COMPLETE URINE EXAMINATION (CUE) , URINE				
PHYSICAL EXAMINATION				
COLOUR	PALE YELLOW		PALE YELLOW	Visual
TRANSPARENCY	CLEAR		CLEAR	Physical measurement
pH	6.5		5-7.5	DOUBLE INDICATOR
SP. GRAVITY	1.005		1.002-1.030	Bromothymol Blue
BIOCHEMICAL EXAMINATION				
URINE PROTEIN	NEGATIVE		NEGATIVE	PROTEIN ERROR OF INDICATOR
GLUCOSE	NEGATIVE		NEGATIVE	GLUCOSE OXIDASE
URINE BILIRUBIN	NEGATIVE		NEGATIVE	AZO COUPLING REACTION
URINE KETONES (RANDOM)	NEGATIVE		NEGATIVE	SODIUM NITRO PRUSSIDE
UROBILINOGEN	NORMAL		NORMAL	MODIFIED EHRlich REACTION
NITRITE	NEGATIVE		NEGATIVE	Diazotization
LEUCOCYTE ESTERASE	NEGATIVE		NEGATIVE	LEUCOCYTE ESTERASE
CENTRIFUGED SEDIMENT WET MOUNT AND MICROSCOPY				
PUS CELLS	2-3	/hpf	0-5	Microscopy
EPITHELIAL CELLS	1-2	/hpf	<10	MICROSCOPY
RBC	NIL	/hpf	0-2	MICROSCOPY
CASTS	NIL		0-2 Hyaline Cast	MICROSCOPY
CRYSTALS	ABSENT		ABSENT	MICROSCOPY

Comment:

All urine samples are checked for adequacy and suitability before examination. All abnormal chemical examination are rechecked and verified by manual methods.


Dr Priya Murthy
 M.B.B.S.,M.D(Pathology)
 Consultant Pathologist



SIN No:UR2393167

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DEPARTMENT OF CLINICAL PATHOLOGY

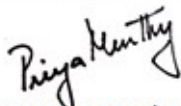
ARCOFEMI - MEDIWHEEL - PMC PACK H - PAN INDIA - FY2324

Microscopy findings are reported as an average of 10 high power fields.

***** End Of Report *****

Result/s to Follow:
PERIPHERAL SMEAR

Page 7 of 7



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 **1860 500 7788**
www.apolloclinic.com

Date of Hospital : 12-07-2024

Department : GENERAL

MR NO : CINR.0000169612

Doctor : *Dr. Murali Krishna Kona*

Name : Mr. Palem Srinivasulu

Registration No :

Age/ Gender : 37 Y / Male

Qualification :

Consultation Timing: 08:35

Height : 164-c	Weight : 71.8kg	BMI : 26.7kg/m ²	Waist Circum : 89-c
Temp : 97.1F	Pulse : 80b/m	Resp : 18b/m	B.P : 134/68 mmHg

General Examination / Allergies History

Clinical Diagnosis & Management Plan

NKDA
No chronic illnesses
Denies smoking
alcohol: quit since 1980s
Diet: omnivorous
X 3yr.
No Rec drug consumption.
No past surgeries.
Mixed diet
FH: MS

ce: Preemployment Physical Exam
Job: Desk Job/Sales.

O/E: DS
CLY
CNS
PA } *NAN.*

- R 1) Ergonomics Explained.
2) Breaks from sitting - 5 mins/40mins.
3) advised life style modifications in view of our weight.
4) Medically Fit.

Follow up date:

[Signature]
Doctor Signature

OPHTHAL PRESCRIPTION

PATIENT NAME : *Palem Srinivasaiah* DATE : 12-07-2024
UHID NO : *189612* AGE : *57y*
OPTOMETRIST NAME: Ms.Swathi GENDER: *M*

This is to certify that I have examined
years and findings of his/her eye examination are as follows,

	RIGHT EYE				LEFT EYE			
	SPH	CYL	AXIS	BCVA	SPH	CYL	AXIS	BCVA
Distance	 	 	 	<i>6/6</i>	 	 	 	<i>6/6</i>
Add	 	 	 	<i>None</i>	 	 	 	<i>None</i>

PD - RE: _____ LE: _____

Colour Vision: *Normal* *(BS)*

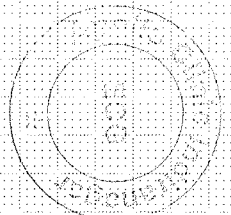
Remarks: *protection glass*

Apollo clinic Indiranagar

Location:
Room:
Order Number:
Indication:
Medication 1:
Medication 2:
Medication 3:

73 bpm
--/-- mmHg

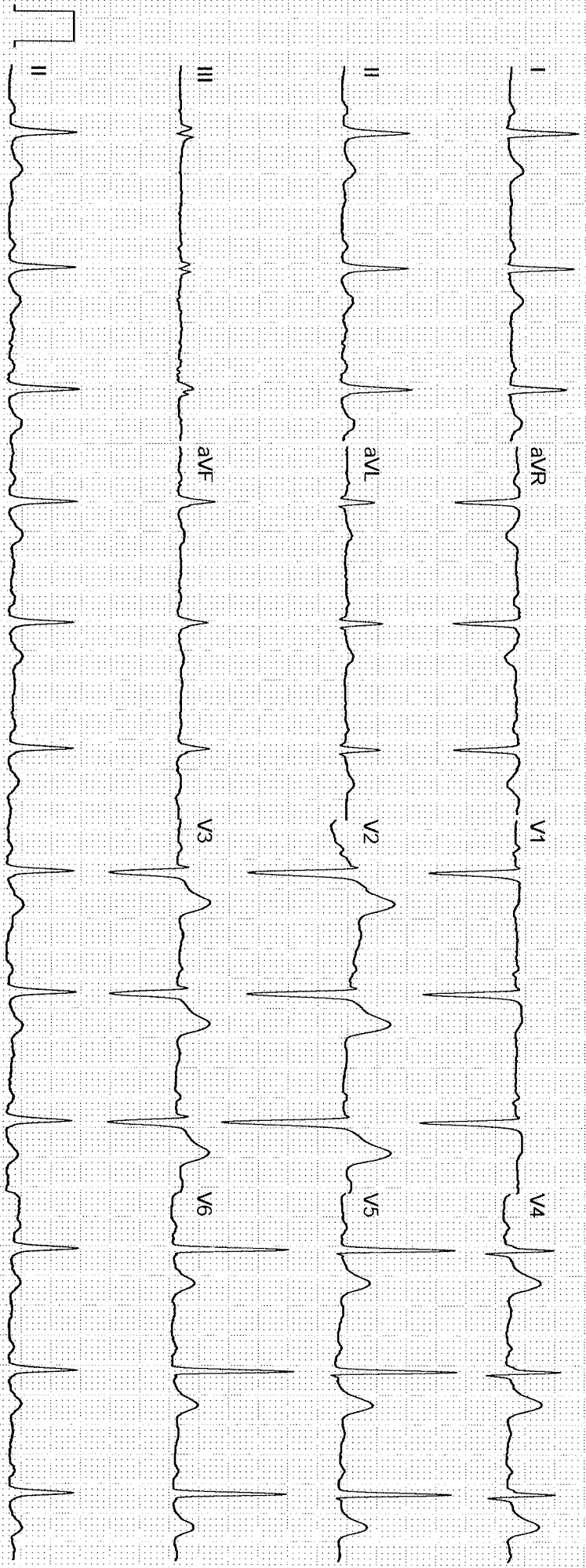
QRS : 94 ms
QT / QTcBaz : 362 / 398 ms
PR : 160 ms
P : 98 ms
RR / PP : 826 / 821 ms
P / QRS / T : 31 / 35 / 23 degrees



Normal

Technician:
Ordering Ph:
Referring Ph:
Attending Ph:

[Signature]
DR. M. JUDHAKAR RAO
MBBS, MD
Assistant Consultant
KMC Bangalore
Apollo Hospital
Indiranagar



Patient Name : Mr. Palem Srinivasulu

Age/Gender : 37 Y/M

UHID/MR No. : CINR.0000169612

OP Visit No : CINROPV234492

Sample Collected on :

Reported on : 12-07-2024 16:56

LRN# : RAD2387683

Specimen :

Ref Doctor : SELF

Emp/Auth/TPA ID : 8527862480

DEPARTMENT OF RADIOLOGY

X-RAY CHEST PA

Both lung fields and hila are normal .

No obvious active pleuro-parenchymal lesion seen .

Both costophrenic and cardiophrenic angles are clear .

Both diaphragms are normal in position and contour .

Thoracic wall and soft tissues appear normal.

CONCLUSION :

No obvious abnormality seen

Dr. RAMESH G
MBBS DMRD
RADIOLOGY