

DEPARTMENT OF LABORATORY MEDICINE

Patient Name : Mrs. VARSHA MOKA	Order No : 1000074342
UHID : UHJ A23019011	Registered On : 24/02/2024 08:51:33 AM
Age/Sex : 32/Years Female	Collected On : 24/02/2024 09:32:16 AM
Ward / Bed No :	Reported On : 24/02/2024 02:01:50 PM
Reference : Dr. Preventive Health Check Up	Bill No : OPBJ A230023505
Station : At Hospital	Mobile No : 9886552673
Payer Name : Mediwheel	Report Status : Final Report

Test Name	Result	Unit	Bio. Ref. Interval
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BIOCHEMISTRY

FASTING GLUCOSE (Method: Hexokinase)	94	mg/dL	ADA Guidelines < 100 mg/dl - Normal 100 to 125 mg/dl - Prediabetes ≥ 126 mg/dl - Diabetes
POST PRANDIAL GLUCOSE (Method: Hexokinase)	106	mg/dL	70-140
GLYCOSYLATED HAEMOGLOBIN (HBA1C)			Sample: Whole blood (EDTA)
HBA1C (Method: HPLC)	5.2	%	ADA Guidelines < 5.7% - Normal 5.7 to 6.4% - Prediabetes ≥ 6.5% - Diabetes
Estimated Average Glucose (eAG) (Method: Calculated)	102.54	mg/dL	
THYROID PROFILE (TOTAL T3, TOTAL T4 & TSH)			Sample: Serum
TOTAL T3 (Method:C LIA)	0.82	ng/mL	0.87-1.78
TOTAL T4 (Method:C LIA)	7.79	ng/dL	5.1-14.1
THYROID STIMULATING HORMONE (TSH) (Method:C LIA: Ultra-sensitive)	1.66	μ IU/mL	0.34 - 5.60 μ IU/mL (Non Pregnant) 0.3 - 4.5 μ IU/mL (I trimester) 0.5 - 5.2 μ IU/mL (II & III trimester)
LIPID PROFILE			Sample: Serum
TOTAL CHOLESTEROL (Method:C HOD-POD)	170	mg/dL	ATP III Guidelines < 200 - Desirable 200-239 - Borderline high ≥ 240 - High
TRIGLYCERIDES (Method:Enzymatic GPO-POD)	98	mg/dL	< 150 - Normal 150-199 - Borderline High 200-499 - High ≥ 500 - Very High
HDL CHOLESTEROL (Method:ENZYMATIC METHOD)	37.2	mg/dL	< 40 - Low ≥ 60 - High

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LDL CHOLESTEROL (Method:ENZYMATIC METHOD)	113.2	mg/dL	<100 - Optimal 100-129 - Near or above optimal 130-159 - Borderline high 160-189 - High ≥190 - Very high
VLDL CHOLESTEROL (Method: Calculated)	19.60	mg/dL	< 30
TOTAL CHOLESTEROL : HDL RATIO (Method: Calculated)	4.5		Low Risk: 3.3 - 4.4 Average Risk: 4.5 - 7.1 Moderate Risk: 7.2 - 11.0
LDL/HDL CHOLESTEROL RATIO (Method: Calculated)	3.0		< 2.5 Optimal
NON HDL CHOLESTEROL (Method: Calculated)	132.8	mg/dL	< 130
URIC ACID (Method:Uricase - POD(Enzymatic))	5.0	mg/dL	2.6-6.0
BLOOD UREA NITROGEN(BUN) (Method:Urease GLDH - Kinetic)	11	mg/dL	7.93-20.07
CREATININE (Method:Modified Jaffe, Kinetic)	0.71	mg/dL	0.6-1.1
LIVER FUNCTION TEST			
TOTAL BILIRUBIN (Method:Dichlorophenyl Diazotization)	1.36	mg/dL	0.3-1.2
DIRECT BILIRUBIN (Method:Dichlorophenyl Diazotization)	0.27	mg/dL	0.0-0.2
INDIRECT BILIRUBIN (Method: Calculated)	1.10	mg/dL	0.2-1.0
TOTAL PROTEIN (Method:BIURET)	7.4	g/dL	6.6-8.3
ALBUMIN (Method:BCG)	4.34	g/dL	3.5-5.2
GLOBULIN (Method: Calculated)	3.06	g/dL	2.3-3.5

Sample: Serum

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AG RATIO (Method: Calculated)	1.41		2:1
SERUM SGOT (Method:IFCC without P5P)	15	U/L	< 35
SERUM SGPT (Method:IFCC without P5P)	15	U/L	< 35
ALKALINE PHOSPHATASE, SERUM (Method:PNPP AMP Buffer)	79	U/L	46-122
GGT (Method:IFCC)	19	U/L	< 38



Dr. Shanthakumar Muruda
Sr CONSULTANT BIOCHEMIST
KMC No : 54192

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HAEMATOLOGY
COMPLETE BLOOD COUNT(CBC)

Sample: Whole blood (EDTA)

HAEMOGLOBIN (Method:Photometric Measurement: Oxyhemoglobin method)	14.14	g/dL	12-16
PACKED CELL VOLUME/HEMATOCRIT (PCV/HCT) (Method: Calculated)	43.1	%	37-47
TOTAL WBC COUNT (TLC) (Method:Coulter Principle)	9270	Cells/Cum	4000-11000
DIFFERENTIAL COUNT			
NEUTROPHILS (Method:Optical/Impedance)	74.51	%	40-75
LYMPHOCYTES (Method:Optical/Impedance)	16.76	%	20-45
EOSINOPHILS (Method:Optical/Impedance)	2.55	%	0-6
MONOCYTES (Method:Optical/Impedance)	5.99	%	2-10
BASOPHILS (Method:Optical/Impedance)	0.19	%	0-2
RED BLOOD CORPUSCLES(RBC) (Method:Coulter Principle)	5.31	million/cum	4.0-5.2
MCV (Method:Derived from RBC Histogram)	81.2	fL	78-100
MCH (Method: Calculated)	26.6	pg	27-31
MCHC (Method: Calculated)	32.8	g/dL	31-37
RDW - CV (Method: Calculated)	14.4	%	11.5-14.5
PLATELET COUNT (Method:Electrical Impedance)	2.64	Lakhs/Cum	1.5-4.5

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MEAN PLATELET VOLUME(MPV) <small>(Method:Derived from PLT Histogram)</small>	7.22	fl	9-13
PLATELET DISTRIBUTION WIDTH (PDW) <small>(Method: Calculated)</small>	18.7	fl	9-19
ERYTHROCYTE SEDIMENTATION RATE(ESR) <small>(Method:Modified Westergren Method)</small>	10	mm/hour	1-20

BLOOD GROUPING & RH TYPING

Sample: Whole blood (EDTA)

ABO Group <small>(Method:Agglutination Gel Method)</small>	B
Rh Factor <small>(Method:Agglutination Gel Method)</small>	Positive

Interpretation Notes

Note: Both forward and reverse grouping performed

Verified By
NAGARATNA

---End of Report---

Naveen M
Dr. Naveen Kumar
CONSULTANT PATHOLOGIST
KMC NO : 71418

Name: mr. varaha moka

Birth date: / /

kg

cm

mmHg

Indication:
 symptoms:
 history:
 ent. rate
 R int
 RS dur
 T/QTc(E) int
 V/QRS/T axis
 M5/SV1 amp
 M5+SV1 amp

80 bpm
 124 ms
 92 ms
 354/390 ms
 25/59/23 °
 0.71/0.92 mV
 1.63 mV

32 years

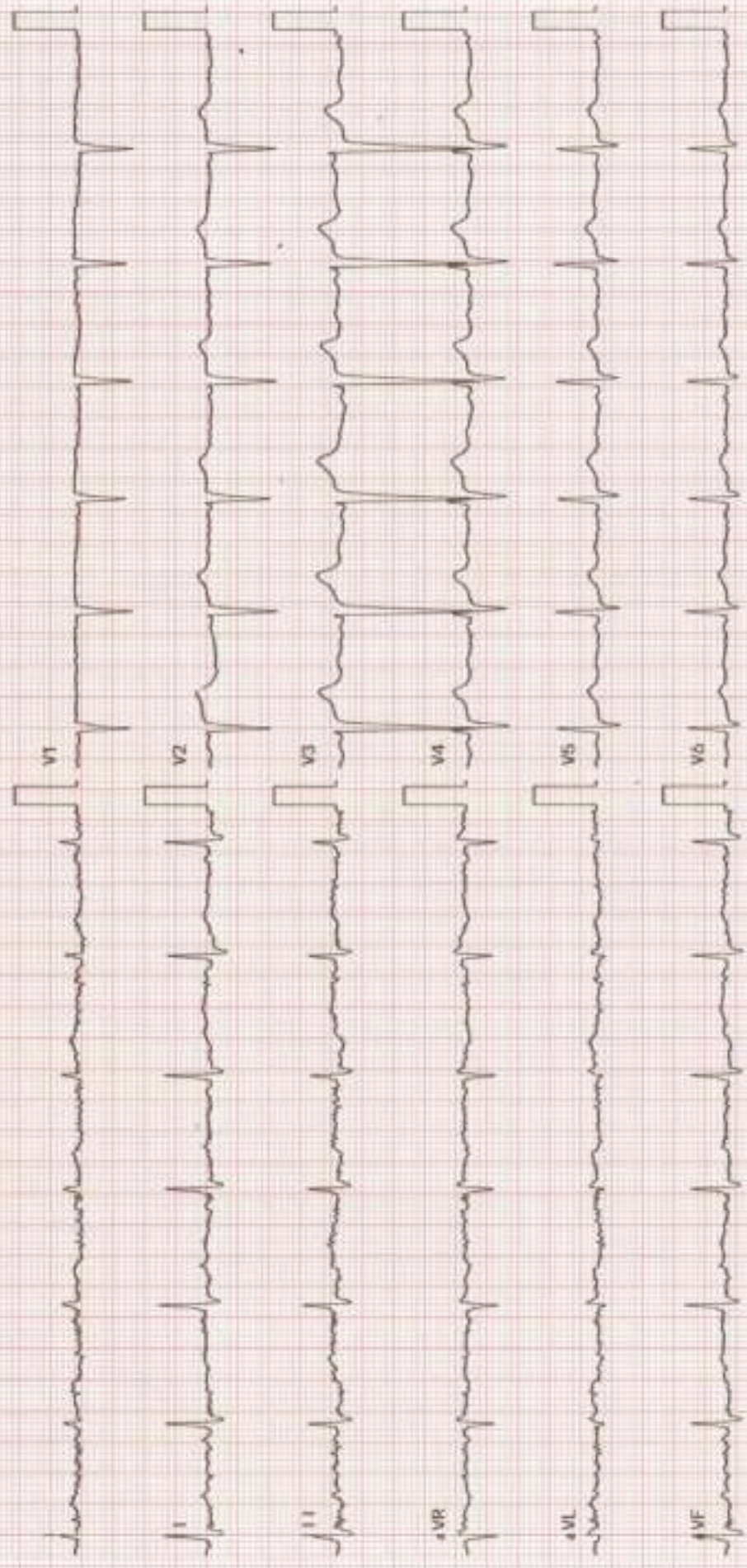
1100 Sinus rhythm
 0102 ARTIFACT PRESENT
 9110 as normal ECG **

Unconfirmed Report
 Reviewed by:

10 mm/mV

Filter: H50 D 35 Hz

10 mm/mV 25 mm/s





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No.1



**UNITED
HOSPITAL**

Care Par Excellence
Jayanagar, Bangalore

Out Patient Record

Patient Name	: Mrs. VARSHA MOKA	UHID	: UHJA23019011
Age / Sex	: 32 Years / Female	OP NO/Reg Dt	: 24-02-2024 08:51 AM
Spouse / Father Name	: K MURALI KRISHNA	Department	: Health check
Address	: # Shree Residency K R Layout J P Nagar 8th Phase Bangalore78, BANGALORE CITY	Referred By	: Corporate
		Consultant	: Dr. Preventive Health Check Up
		KMC No.	: Dr. Vignesh

Complaints / Findings / Observations : ENT Prescription

Came for Routine ENT check up.

Investigations:

ENT Examination



within normal limits.

Treatment / Care of Plan / Provisional Diagnosis :

Follow Up Advice :

DR. VIGNESH J
MBBS, DLO(MANIPAL), DNB(ENT), FRCS(ENT)
ENT, HEAD AND NECK CANCER SURGEON
REG. NO: 92095

Signature of the Doctor



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No.1



UNITED HOSPITAL

Care For Excellence
Jayanagar, Bangalore

Mrs Varsha Moleka 32y

24/2/24

for Caesarean section

Dr. Yoga Lakshmi SK
MBBS, MS OBG, FMS
Consultant Obstetrician and
Gynaecologist, Laparoscopy
and IVF Specialist
KMC Reg. No. 90384

BA-119/93- PA-85

No of. AM, HM, Thymus

no of. - 7 days

no of. for Caesarean section

ML-2y
P₁ C₂
All AM.
Balanced
open
uro- and
pneumology.

P/A of

P/S
P/V

pt not with
of P/S/DV @ papsan

Barth

[Signature]



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No.1



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Care Par Excellence
Jayanagar, Bangalore

Out Patient Record

Patient Name	: Mrs. VARSHA MOKA	UHID	: UHJA23019011
Age / Sex	: 32 Years / Female	OP NO/Reg Dt	: 24-02-2024 08:51 AM
Spouse / Father Name	: K MURALI KRISHNA	Department	: Health Check
Address	: # Shree Residency K R Layout J P Nagar 6th Phase Bangalore 78, BANGALORE CITY	Referred By	: Corporate
		Consultant	: Dr. Preventive Health Check Up
		KMC No.	: Dr. Shwetha

Complaints / Findings / Observations : ophthalmology consultation

Routine Eye test

Investigations:

VA < 6/18 R
6/6 L

Treatment / Care of Plan / Provisional Diagnosis :

AS < ⊕

inclusion 2 ⊕

Follow Up Advice :

Sp: myopia - (25)

Yearly review

Signature of the Doctor

24/2/2024

EXERCISE STRESS TEST REPORT

Patient Name: MRS. VARSHA MOKA,
 Patient ID: 19011
 Height: 167 cm
 Weight: 82.3 kg

DOB: 15.07.1991
 Age: 32yrs
 Gender: Female
 Race: Indian

Study Date: 24.02.2024
 Test Type: Treadmill Stress Test
 Protocol: BRUCE

Referring Physician: DR. RAHUL PATIL
 Attending Physician: DR. RAHUL PATIL
 Technician: YAMINI/THABITHA

Medications:

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Medical History:
 NO H/O DM & HTN

Reason for Exercise Test:
 Screening for CAD

Exercise Test Summary

Phase Name	Stage Name	Time In Stage	Speed (mph)	Grade (%)	HR (bpm)	BP (mmHg)	Comment
PRETEST	SUPINE	00:12	0.00	0.00	93	120/80	
	STANDING	00:14	0.00	0.00	94	120/80	
	HYPERV.	00:02	0.00	0.00	93	120/80	
	WARM-UP	00:19	0.00	0.00	92	120/80	
EXERCISE	STAGE 1	03:00	1.70	10.00	122	120/80	
	STAGE 2	03:00	2.50	12.00	141	120/80	
	STAGE 3	01:04	3.40	14.00	151	130/90	
	STAGE 4	00:02	3.40	16.00	150		
RECOVERY		03:15	0.00	0.00	100	130/90	

The patient exercised according to the BRUCE for 7:04 min, achieving a work level of Max. METS: 10.10. The resting heart rate of 95 bpm rose to a maximal heart rate of 151 bpm. This value represents 80% of the maximal, age-predicted heart rate. The resting blood pressure of 120/80 mmHg, rose to a maximum blood pressure of 130/90 mmHg. The exercise test was stopped due to Target heart rate achieved.

Interpretation

Summary: Resting ECG: normal.
 Functional Capacity: normal.
 HR Response to Exercise: appropriate.
 BP Response to Exercise: normal resting BP - appropriate response.
 Chest Pain: none.
 Arrhythmias: none.
 ST Changes: none.
 Overall impression: Normal stress test.

Conclusions

GOOD EFFORT TOLERANCE
 NORMAL HR AND BP RESPONSE
 NO ANGINA OR ARRHYTHMIAS NOTED
 NO SIGNIFICANT ST-T CHANGES NOTED DURING EXERCISE AND RECOVERY

IMPRESSION:- STRESS TEST IS NEGATIVE FOR INDUCIBLE ISCHEMIA

Physician

Technician

DEPARTMENT OF RADIODIAGNOSIS

Name	Varsha Moka	Date	24/02/24
Age	32 years	Hospital ID	UHJA23019011
Sex	Female	Ref.	Health check

ULTRASOUND ABDOMEN AND PELVIS

FINDINGS:

Liver is normal in size and echopattern. No intra or extra hepatic biliary duct dilatation. No focal lesions. **Portal vein** is normal in size, course and caliber. **CBD** is not dilated.

Gall bladder is normal without evidence of calculi, wall thickening or pericholecystic fluid.

Pancreas - Visualized part of the pancreatic head and body appears normal in size, contour and echogenicity. Rest of the pancreas is obscured by bowel gas.

Spleen is normal in size, shape, contour and echopattern. No evidence of mass or focal lesions.

Right Kidney is normal in size (10.4 x 3.2 cms), position, shape and echopattern. Corticomedullary differentiation is maintained. No evidence of calculi or hydronephrosis.

Left Kidney is normal in size (10.4 x 4.0 cms), position, shape and echopattern. Corticomedullary differentiation is maintained. No evidence of calculi or hydronephrosis.

Retroperitoneum- Visualized aorta appeared normal. No obvious enlarged para-aortic nodes.

Urinary Bladder is minimally distended. Suboptimal evaluation of the pelvic structures due to poor acoustic window.

Uterus is anteverted and normal in size, measures 6.7 x 3.9 x 4.7 cms. Myometrial and endometrial echoes are normal. Endometrium measures 2.0 mm.

Right ovary could not be visualized due to obscured by bowel gas.

Left ovary is normal in size and echopattern, measures 4.3 cc.

Both adnexa: Normal. No mass is seen.

There is no ascites or pleural effusion. Appendix could not be localized. No RIF probe tenderness.

IMPRESSION:

- No definite sonological abnormality detected.





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**UNITED
HOSPITAL***Care Par Excellence*
Jayanagar, Bangalore**DEPARTMENT OF RADIODIAGNOSIS**

Name	Varsha Moka	Date	24/02/24
Age	32 years	Hospital ID	UHJA23019011
Sex	Female	Ref.	Health check

RADIOGRAPH OF THE CHEST (PA – VIEW)**FINDINGS:**

Bilateral lung fields are normal.

Bilateral costo-phrenic angles are normal.

Cardia and mediastinal contours are normal.

The bony thorax is grossly normal.

IMPRESSION:

- No radiographic abnormality.

Dr. Elluru Santosh Kumar
Consultant Radiologist