

**CONCLUSION OF HEALTH CHECKUP**

ECU Number : 9961	MR Number : 23230139	Patient Name: PARESH JAYANTILAL SHETH
Age : 51	Sex : Male	Height : 165
Weight : 76	Ideal Weight : 63	BMI : 27.92
Date : 08/03/2024		

*Impaired Sugar  
BNP  
Fatty Liver*

*Az  
FBS / P.D.B.S  
monitor  
Start OHA  
sus  
Lg Hye  
medication*

Dr. Manish Mittal

Internal Medicine

Note : General Physical Examination & routine Investigations included in the Health Checkup have certain limitations and may not be able to detect all the latent and asymptomatic diseases.



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ECU Number : 9961

Age : 51

Weight : 76

Date : 08/03/2024

MR Number : 23230139

Sex : Male

Ideal Weight : 63

Patient Name: PARESH JAYANTILAL SHETH

Height : 165

BMI : 27.92

Past H/O : NO P/H/O ANY MAJOR ILLNESS

Present H/O : NO MEDICAL COMPLAIN AT PRESENT

Family H/O : NO F/H/O ANY MAJOR ILLNESS

Habits : NO

Gen.Exam. : G.C.GOOD

B.P : 134/80

Pulse : 88

Others : SPO2 98%

C.V.S : NAD

R.S. : NAD

Abdomen : NP

Spleen : NP

Skin : NAD

N.S : NAD

Advice :





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Patient Name : PARESH JAYANTILAL SHETH  
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BMI : 27.92

## Ophthalmic Check Up :

Right

Left

Ext Exam

NORMAL

Vision Without Glasses

6/6

6/6

Vision With Glasses

N.6 + 1.50 D SPH

N.6 + 1.50 D SPH

Final Correction

-

Fundus

NORMAL

Colour Vision

NORMAL

Advice

NIL

## Orthopaedic Check Up :

Ortho Consultation

Ortho Advice

## ENT Check Up :

Ear

Nose

Throat

Hearing Test

ENT Advice

## General Surgery Check Up :

General Surgery

Abdominal Lump

Hernia

External Genitals

PVR

Proctoscopy

Any Other

Surgical Advice





Patient Name : Mr. PARESH JAYANTILAL SHETH  
 Gender / Age : Male / 51 Years 7 Months 6 Days  
 MR No / Bill No. : 23230139 / 242088180  
 Consultant : Dr. Manish Mittal  
 Location : OPD

Type : OPD  
 Request No. : 205637  
 Request Date : 08/03/2024 08:20 AM  
 Collection Date : 08/03/2024 08:50 AM  
 Approval Date : 08/03/2024 03:10 PM

## CBC + ESR

Test	Result	Units	Biological Ref. Range
<b>Haemoglobin.</b>			
Haemoglobin	14.5	gm/dL	13 - 17
Red Blood Cell Count (T-RBC)	5.42	mill/cmm	4.5 - 5.5
Hematocrit (HCT)	46.0	%	40 - 50
Mean Corpuscular Volume (MCV)	84.9	fl	83 - 101
Mean Corpuscular Haemoglobin (MCH)	<b>26.8</b>	pg	27 - 32
MCH Concentration (MCHC)	31.5	%	31.5 - 34.5
Red Cell Distribution Width (RDW-CV)	14.0	%	11.6 - 14
Red Cell Distribution Width (RDW-SD)	43.5	fl	39 - 46
<b>Total Leucocyte Count (TLC)</b>			
Total Leucocyte Count (TLC)	5.05	thou/cmm	4 - 10
<b>Differential Leucocyte Count</b>			
Polymorphs	47	%	40 - 80
Lymphocytes	<b>47</b>	%	20 - 40
Eosinophils	1	%	1 - 6
Monocytes	5	%	2 - 10
Basophils	0	%	0 - 2
Polymorphs (Abs. Value)	2.36	thou/cmm	2 - 7
Lymphocytes (Abs. Value)	2.36	thou/cmm	1 - 3
Eosinophils (Abs. Value)	<b>0.06</b>	thou/cmm	0.2 - 0.5
Monocytes (Abs. Value)	0.24	thou/cmm	0.2 - 1
Basophils (Abs. Value)	0.03	thou/cmm	0.02 - 0.1
Immature Granulocytes	0.2	%	1 - 3 : Borderline > 3 : Significant
<b>Platelet Count</b>			
Platelet Count	279	thou/cmm	150 - 410
Remarks	This is counter generated CBC Report, smear review is not done		
ESR	1	mm/1 hr	0 - 12

Test Results are dependent on a number of variables & technical limitations. Hence, it is advised to correlate with clinical findings and other related investigations before any firm opinion is made. Recheck / repeat may be requested.

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DEPARTMENT OF LABORATORY MEDICINE

Patient Name : Mr. PARESH JAYANTILAL SHETH  
Gender / Age : Male / 51 Years 7 Months 6 Days  
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**CBC + ESR**

Immature Granulocyte (IG) count is a useful early marker of infection or inflammation, even when other markers are normal. It is an early and rapid discrimination of bacterial from viral infections. It is also increased in patients on steroid therapy / chemotherapy or haematological malignancy. High IG is always pathological; except in pregnancy and neonates of < 7 days.

Method : HB by Non-Cyanide Hemoglobin analysis method. HCT by RBC pulse height detection method. RBC, TLC & PLC are by Particle Count by Electrical Impedance in Cell Counter by Fluorescent flow cytometry using a semi-conductor laser and hydrodynamic focusing in dedicated channels. Optical Platelets by Fluorescent + Laser Technology. MCV, MCH, MCHC, RDW (CV & SD) are calculated parameter. DLC by Flowcytometry method using semi-conductor Laser+Smear verification.

IR on ESL-30, comparable to Westergrens method and in accordance to ICSH reference method.

---- End of Report ----

Dr. Ameet Soni  
MD (Path)

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**Haematology**

<u>Test</u>	<u>Result</u>	<u>Units</u>	<u>Biological Ref. Range</u>
<b>Blood Group</b>			
ABO system	A		
Rh system.	Positive		

By Gel Technology / Tube Agglutination Method

Note :

- This blood group has been done with new sensitive Gel Technology using both Forward and Reverse Grouping Card with Autocontro
- This method check`s group both on Red blood cells and in Serum for "ABO" group.

---- End of Report ----

Dr. Rakesh Vaidya  
MD (Path). DCP.

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**Fasting Plasma Glucose**

Test	Result	Units	Biological Ref. Range
<i>Fasting Plasma Glucose</i>			
Fasting Plasma Glucose	<b>121</b>	mg/dL	70 - 110
Post Prandial 2 Hr. Plasma Glucose	<b>221</b>	mg/dL	70 - 140

By Hexokinase method on EXL Dade Dimension

---- End of Report ----

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**HbA1c (Glycosylated Hb)**

Test	Result	Units	Biological Ref. Range
<b>HbA1c (Glycosylated Hb)</b>			
Glycosylated Heamoglobin (HbA1c)	6.2	%	
estimated Average Glucose (e AG) *	131.24	mg/dL	

(Method:

By Automated HPLC analyser on D-10 Biorad. NGSP Certified, US-FDA approved, Traceable to IFCC reference method.

\* Calculated valued for past 60 days, derived from HbA1c %, based on formula recommended by the A1c - Derived Average Glucose study from ADA and EASD funded The ADAG trial.

Guidelines for Interpretation:

Indicated Glycemic control of previous 2-3 months

HbA1c%	e AG (mg/dl)	Glycemic control
> 8	> 183	Action suggested...High risk of developing long-term complications. Action suggested, depends on individual patient circumstances
7 - 8	154 - 183	Good
< 7	< 154	Goal...Some danger of hypoglycemic reaction in type I Diabetics. Some Glucose intolerant individuals and Sub-Clinical diabetics may demonstrate (elevated) HbA1c in this area.
6 - 7	126 - 154	Near Normal
< 6	< 126	Nondiabetic level)

---- End of Report ----

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MD (Path)





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**Complete Lipid Profile**

Test	Result	Units	Biological Ref. Range
<b>Complete Lipid Profile</b>			
Appearance	Clear		
Triglycerides (Done by Lipase /Glycerol kinase on Vitros 5600 < 150 Normal 150-199 Borderline High 200-499 High > 499 Very High)	<b>160</b>	mg/dL	1 - 150
Total Cholesterol (Done by Colorimetric - Cholesterol Oxidase, esterase, peroxidase on Vitros 5600. <200 mg/dL - Desirable 200-239 mg/dL - Borderline High > 239 mg/dL - High)	135	mg/dL	1 - 200
HDL Cholesterol (Done by Colorimetric: non HDL precipitation method PTA/MgCl2 on Vitros 5600 < 40 Low > 60 High)	40	mg/dL	40 - 60
Non HDL Cholesterol (calculated) (Non- HDL Cholesterol < 130 Desirable 139-159 Borderline High 160-189 High > 191 Very High)	95	mg/dL	1 - 130
LDL Cholesterol (Done by Enzymatic (Two Step CHE/CHO/POD) on Vitros 5600 < 100 Optimal 100-129 Near / above optimal 130-159 Borderline High 160-189 High > 189 Very High)	77	mg/dL	1 - 100
VLDL Cholesterol (calculated)	<b>32</b>	mg/dL	12 - 30
LDL Ch. / HDL Ch. Ratio	<b>1.93</b>		2.1 - 3.5
T. Ch./HDL Ch. Ratio (Recent NECP / ATP III Guidelines / Classification (mg/dl) :)	<b>3.38</b>		3.5 - 5

--- End of Report ---

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**Liver Function Test (LFT)**

Test	Result	Units	Biological Ref. Range
<b>Bilirubin</b>			
Bilirubin - Total	0.71	mg/dL	0 - 1
Bilirubin - Direct	0.18	mg/dL	0 - 0.3
Bilirubin - Indirect	0.53	mg/dL	0 - 0.7
<i>(Done by Dual Wavelength - Reflectance Spectrophotometry on Vitros 5600)</i>			
Aspartate Aminotransferase (SGOT/AST)	31	U/L	15 - 40
<i>(Done by Multipoint Rate Colorimetric with P-5-P on Vitros 5600)</i>			
Alanine Aminotransferase (SGPT/ALT)	21	U/L	16 - 63
<i>(Done by Multipoint-Rate/Colorimetric with P-5-P (pyridoxa-5-phosphate) on Vitros 5600)</i>			
Alkaline Phosphatase	<b>43</b>	U/L	56 - 119
<i>(Done by Multipoint-Rate - p-nitrophenyl Phosphate, AMP buffer on Vitros 5600)</i>			
Gamma Glutamyl Transferase (GGT)	21	U/L	15 - 85
<i>(Done by Multipoint Rate - L-γ<sup>3</sup>-glutamyl-p-nitroanilide on Vitros 5600)</i>			
<b>Total Protein</b>			
Total Proteins	7.51	gm/dL	6.4 - 8.2
Albumin	4.42	gm/dL	3.4 - 5
Globulin	3.09	gm/dL	3 - 3.2
A : G Ratio	1.43		1.1 - 1.6
<i>(Done by Biuret endpoint and Bromocresol green method on vitros 5600.)</i>			

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Renal Function Test (RFT)

Test	Result	Units	Biological Ref. Range
Urea (Done by Endpoint/Colorimetric - Urease on Vitros 5600)	23	mg/dL	10 - 45
BUN	10.75	mg/dL	5 - 21
Creatinine (By Modified Kinetic Jaffe Technique)	0.70	mg/dL	0.9 - 1.3
Estimate Glomerular Filtration rate (Ref. range : > 60 ml/min for adults between age group of 18 to 70 yrs. EGFR Calculated by IDMS Traceable MDRD Study equation. Reporting of eGFR can help facilitate early detection of CKD. By Modified Kinetic Jaffe Technique)	More than 60		
Uric acid (Done by Colorimetric - Uricase, Peroxidase on Vitros 5600)	5.5	mg/dL	3.4 - 7.2

--- End of Report ---

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MD (Path). DCP.

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## Thyroid Hormone Study

Test	Result	Units	Biological Ref. Range
Triiodothyronine (T3) (Done by CLIA based method on automated immunoassay Vitros 5600. Reference interval (ng/ml) 1 - 3 days : 0.1 - 7.4 1-11 months : 0.1 - 2.45 1-5 years : 0.1 - 2.7 6-10 years : 0.9 - 2.4 11-15 years : 0.8 - 2.1 16-20 years : 0.8 - 2.1 Adults (20 - 99 years) : 1.07 - 1.85 Pregnancy (in last 5 months) : 1.2 - 2.5 ( Reference : Tietz - Clinical guide to laboratory test, 4th edition ))	1.28	ng/ml	
Thyroxine (T4) (Done by CLIA based method on automated immunoassay Vitros 5600. Reference interval (mcg/dL.) 1 - 3 days : 11.8 - 22.6 1 - 2 weeks : 9.8 - 16.6 1 - 4 months : 7.2 - 14.4 4 - 12 months : 7.8 - 16.5 1-5 years : 7.3 - 15.0 5 - 10 years : 6.4 - 13.3 10 - 20 years : 5.6 - 11.7 Adults (20-99 years) : 5.91 - 12.98 ( Reference : Tietz - Clinical guide to laboratory test, 4th edition ))	11.81	mcg/dL	
Thyroid Stimulating Hormone (US-TSH) (Done by CLIA based method on automated immunoassay Vitros 5600. Reference interval (microIU/ml) Infants (1-4 days) : 1.0 - 39 2-20 weeks : 1.7 - 9.1 5 months - 20 years : 0.7 - 6.4 Adults (20-99 years) : 0.4001 - 4.049 Pregnancy : 1st trimester : 0.3 - 4.5 2nd trimester : 0.5 - 4.6 3rd trimester : 0.8 - 5.2 ( Reference : Tietz - Clinical guide to laboratory test, 4th edition ))	2.85	microIU/ml	

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MD (Path)



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**PSA (Prostate Specific Antigen)**

Test	Result	Units	Biological Ref. Range
Total PSA	0.800	ng/ml	0 - 4

(Method : Done by CLIA based method on automated immunoassay Vitros 5600.)

**Remark :**

Age related reference range for interpretation :

< 40 yrs : 0.21 - 1.72

40 - 49 yrs : 0.27 - 2.19

50 - 59 yrs : 0.27 - 3.42

60 - 69 yrs : 0.27 - 6.16

>69 yrs : 0.21 - 6.77

TPSA may be raised usually mildly in benign prostatic conditions like hyperplasia. Typically 30 % of BPH may show values between 4-10 and 7 % between 10-40.

In Prostatic Malignancy 43 % show values below 4

21 % between 4 to 10

20 % between 10 to 40 &

16 % above 40)

---- End of Report ----

**Dr. Ameer Soni**  
MD (Path)



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**Urine routine analysis (Auto)**

Test	Result	Units	Biological Ref. Range
<b>Physical Examination</b>			
Quantity	20	mL	
Colour	Pale Yellow		
Appearance	Clear		
<b>Chemical Examination (By Reagent strip method)</b>			
pH	5.5		4.6 - 8.0
Specific Gravity	1.024		1.005 - 1.030
Protein	Negative		Negative
Glucose	2+ (R/C)		Negative
Ketones	Negative		Negative
Bilirubin	Negative		Negative
Urobilinogen	Negative		Negative (upto 1)
Blood	Negative		Negative
Leucocytes	Negative		Negative
Nitrite	Negative		Negative
<b>Microscopic Examination (by Microscopy after Centrifugation at 2000 rpm for 10 min or on fully automated Sysmex urine sedimentation analyzer UF4000)</b>			
Red Blood Cells	0 - 1	/hpf	0 - 2
Leucocytes	0 - 1	/hpf	0 - 5
Epithelial Cells	0 - 1	/hpf	0 - 5
Casts	Nil	/lpf	Nil
Crystals	Nil	/hpf	Nil
Mucus	<b>Absent</b>	/hpf	Absent
Organism	Absent		

Reference : Wallach`s Interpretation to laboratory test, 10th edition

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Dr. Ameer Soni  
MD (Path)



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Digital Subtraction Angiography (DSA)

Foetal Echocardiography

Echocardiography

4D USG & Doppler

**DEPARTMENT OF DIAGNOSTIC RADIOLOGY**

Patient No. : 23230139      Report Date : 08/03/2024  
 Request No. : 190106738      08/03/2024 8.20 AM  
 Patient Name : **Mr. PARESH JAYANTILAL SHETH**  
 Gender / Age : Male / 51 Years 7 Months 6 Days

**X-Ray Chest AP**

Both lung fields are clear.  
 Both costophrenic sinuses appear clear.  
 Heart size is normal.  
 Hilar shadows show no obvious abnormality.  
 Aorta is normal.

• ULTRA SONOGRAPHY CANNOT DETECT ALL ABNORMALITIES  
 • NOT VALID FOR MEDICO-LEGAL PURPOSES  
 • CLINICAL CORRELATION RECOMMENDED

**Dr. Priyanka Patel, MD.**  
 Consultant Radiologist





**DEPARTMENT OF DIAGNOSTIC RADIOLOGY**

Patient No. : 23230139      Report Date : 08/03/2024  
 Request No. : 190106761      08/03/2024 8.20 AM  
 Patient Name : Mr. PARESH JAYANTILAL SHETH  
 Gender / Age : Male / 51 Years 7 Months 6 Days

**USG : Screening for Abdomen (excluding Pelvis) Or Upper Abdomen**

**Liver is normal in size and minimal increased in echopattern.** No mass lesion identified. The hepaticveins are clear and patent. PV patent. No dilated IHBR.

Gall bladder is not seen h/o cholecystectomy. Common bile duct is not dilated.

Pancreas shows no obvious abnormality. Tail obscured. Spleen is normal size and echopattern.

Both kidneys are normal in shape and position. Normal echogenicity and cortico medullary differentiation is noted. No hydronephrosis or mass lesion seen.

**Prostate appears mild enlarged in size and volume is ~ 29 cc.**  
 Urinary bladder is well distended and appears normal.  
 Urinary bladder volume: 267 ml. (Bladder wall thickness: 2.5mm)  
 Post mict. volume: 7 ml.  
 No ascites.

**COMMENT:**

- Minimal Fatty liver.
- Mild Prostatomegaly.

*Kindly correlate clinically*

• ULTRA SONOGRAPHY CANNOT DETECT ALL ABNORMALITIES  
 • NOT VALID FOR MEDICO-LEGAL PURPOSES  
 • CLINICAL CORRELATION RECOMMENDED

**Dr. Priyanka Patel, MD.**

Consultant Radiologist





Patient No. : 23230139      Report Date : 08/03/2024  
Request No. : 190106712      08/03/2024 8.20 AM  
Patient Name : **Mr. PARESH JAYANTILAL SHETH**  
Gender / Age : Male / 51 Years 7 Months 6 Days

**Echo Doppler Screening**

MITRAL VALVE : NORMAL, NO MR, NO MS  
AORTIC VALVE : NORMAL, NO AR, NO AS  
TRICUSPID VALVE : NORMAL, NO TR, NO PAH  
PULMONARY VALVE : NORMAL  
LEFT ATRIUM : NORMAL  
AORTA : NORMAL  
LEFT VENTRICLE : NORMAL LV SIZE AND SYSTOLIC FUNCTION LVEF -- 70%, NO  
RESTING REGIONAL WALL MOTION ABNORMALITY  
RIGHT ATRIUM : NORMAL  
RIGHT VENTRICLE : NORMAL  
I.V.S. : INTACT  
I.A.S. : INTACT  
PULMONARY ARTERY : NORMAL  
PERICARDIUM : NORMAL  
COLOUR/DOPPLER FLOW MAPPING : NO MR, NO AR // TR, NO PAH

**FINAL CONCLUSION:**

1. NORMAL SIZED ALL CARDIAC CHAMBERS, NO LVH
2. NORMAL LV SYSTOLIC FUNCTION, LVEF -- 70%
3. NO RESTING REGIONAL WALL MOTION ABNORMALITY
4. NORMAL DIASTOLIC FUNCTION
5. NORMAL RIGHT HEART SIZE AND RV PRESSURES
6. NORMAL CARDIAC VALVES, NO MITRAL // AORTIC STENOSIS
7. NO PERICARDIAL EFFUSION, CLOT OR VEGETATION SEEN, SR+.

  
Dr. V.C. CHAUHAN, M.D., CARD.

Dr. Parash I Sheth

08:03:2024 08:58:04  
Standard 12-Lead