

Name : Mr. UJJWAL PALTA (41 /M)

Date : 10/02/2024

Address : 42/1 SARAT BOSE LANE, OTHER, OTHER, OTHER, INDIA

Examined by: Dr .SHARMISTHA MALLIK

UHID : AMHL.0001991772

Package : MEDIWHEEL - FULL BODY ANNUAL PLUS WITH TMT MALE HCK

AHC No : AMHLAH195811



## CHIEF COMPLAINTS

For corporate health checkup

## PRESENT KNOWN ILLNESS

No history of - Diabetes mellitus,  
Hypertension,  
Dyslipidemia, Thyroid  
disorder, Heart disease,  
Asthma



## SYSTEMIC REVIEW

### Cardiovascular system

- Nil Significant

### Respiratory system

- Nil Significant

### Oral and dental

- Nil Significant

### Gastrointestinal system

- Nil Significant

### Genitourinary system

- Nil Significant

### Gynaec history

- Nil Significant

### Eyes

Vision - normal with glasses; Glasses - yes; Glasses  
for - refractive error, reading

### ENT

- Nil Significant

### Musculoskeletal system

Spine and joints  
- Nil Significant

### Skin

- Nil Significant



## Past medical history

Typhoid - yes



## Surgical history

Cholecystectomy - yes



## Personal history

Marital status - Married

No. of children - 1

Diet - Non Vegetarian

Alcohol - does not consume alcohol

Smoking - No

Chews tobacco - No

Physical activity - Mild



## Family history

Father - alive

Mother - alive

Coronary artery  
disease - father

Cancer - None

## PHYSICAL EXAMINATION



## General

Build - over weight

Height - 167

Weight - 83

BMI - 29.76

Pallor - No

Oedema - no



## Cardiovascular system

Heart rate (Per minute) - 100

Rhythm - Regular

- B.P. Sitting

Systolic(mm of Hg) - 128

Diastolic(mm of Hg) - 84

Heart sounds - S1S2+

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### Respiratory system

Breath sounds - Normal vesicular breath sounds

### Abdomen

Appearance - Normal  
Organomegaly - No  
Tenderness - No  
Bowel sounds - Normal

### Ophthalmology consultation

Ophthalmology findings - UCVA:RE:6/9P LE:6/9P  
NVA:RE:N8 LE:N8  
OCULAR MOVEMENT:WNL  
ANT.SEG:WNL  
ACCPT: SPECTACLE PWR  
RE:-0.75/-0.50X10\*(6/6)  
LE:-1.25DS(6/6)  
ADD(BE):+1.50DSPH(N6)  
ADVICE:\*Glass Rx.\*Review  
after 1yr/SOS

Printed By : Benazir Begaum

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### COMPLETE HAEMOGRAM PROFILE

Test Name	Result	Unit	Level	Range
Hemoglobin	13.1	g/dl	●	13.0-17.0
RBC COUNT	5.32	Million/ ul	●	4.5-5.5
Hematocrit - Hct:	40.6 *	%	●	41-53
MCV	76.4 *	fl	●	83-101
MCH	24.6 *	pg	●	27-32
MCHC	32.2	%	●	31.5-34.5
RDW	13.9	%	●	11.8-14.0
WBC Count	6800	/cu mm	●	4000-10000
Platelet Count	1.65	lacs/cu mm	●	1.5-4.0
Neutrophils	64	%	●	40-80
Lymphocytes	22	%	●	20-40
Monocytes	07	%	●	2-10
Eosinophils	07 *	%	●	01-06
Basophils	00	%	●	0-0
RBC:	Microcytic Hypochromic RBCs.			
Platelets:	Adequate on the smear			
ERYTHROCYTE SEDIMENTATION RATE (ESR)	01	mm/1st hr	●	0-15

### URINE ROUTINE AND MICROSCOPY

Test Name	Result	Unit	Level	Range
Volume:	30	mL		
Colour:	Pale Straw			
Appearance	Slightly Turbid			
Specific Gravity	1.005			
pH:	6.5			
Albumin:	Not Detected			
Glucose	Not Detected			
Ketone:	Not Detected			
Bile Pigments	Not Detected			
RBC	Nil	/hpf		
Pus Cells	Occasional/hpf			
Epithelial Cells	0-2			

Casts: Not Found  
Crystals: Not Found

### URINE SUGAR - POST PRANDIAL (QUALITATIVE)

Test Name	Result	Unit	Level	Range
URINE GLUCOSE(POST PRANDIAL)	++			

### URINE SUGAR- FASTING(QUALITATIVE)

Test Name	Result	Unit	Level	Range
URINE GLUCOSE(FASTING)	Nil			

### BLOOD GROUPING AND TYPING (ABO AND RH)

Test Name	Result	Unit	Level	Range
ABO Group:	A			
Rh (D) Type:	POSITIVE			

### LIVER FUNCTION TEST (PACKAGE)

Test Name	Result	Unit	Level	Range
ALT(SGPT) - SERUM	38	U/L	●	0-50
ALBUMIN - SERUM	4.8	g/dL	●	3.5-5.1
ALKALINE PHOSPHATASE - SERUM	102	U/L	●	43-115

AST (SGOT) - SERUM	27	U/L	●	0-50
BILIRUBIN TOTAL - SERUM	0.6	mg/dL	●	0.3-1.2

### LIPID PROFILE TEST (PACKAGE)

Test Name	Result	Unit	Level	Range
CHOLESTEROL - SERUM	202 *	mg/dL	●	0-200

### CREATININE - SERUM

Test Name	Result	Unit	Level	Range
CREATININE - SERUM	0.9	mg/dL	●	0.9-1.3

### LIVER FUNCTION TEST (PACKAGE)

Test Name	Result	Unit	Level	Range
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GGTP: GAMMA GLUTAMYL TRANSPEPTIDASE - SERUM 73 \* U/L ● 0-55

TOTAL T3: TRI IODOTHYRONINE - SERUM 1.36 ng/ml ● 0.87-1.78

TOTAL T4: THYROXINE - SERUM 8.58 µg/dL ● 5.48-14.28

GLUCOSE - PLASMA (FASTING)

Test Name Result Unit Level Range
GLUCOSE - PLASMA (FASTING) 133 \* mg/dL ● 70-99

LIPID PROFILE TEST (PACKAGE)

Test Name Result Unit Level Range
TRIGLYCERIDES - SERUM 192 \* mg/dL ● 0-150

GLUCOSE - PLASMA (POST PRANDIAL)

Test Name Result Unit Level Range
GLUCOSE - PLASMA (POST PRANDIAL) 176 \* mg/dL ● 70-140

THYROID PROFILE - I(T3,T4 AND TSH)

Test Name Result Unit Level Range
TSH: THYROID STIMULATING HORMONE - SERUM 1.35 µIU/mL ● 0.38-5.33

HBA1C (GLYCOSYLATED HAEMOGLOBIN)-WHOLE BLOOD

Test Name Result Unit Level Range
HBA1C (GLYCOSYLATED HAEMOGLOBIN)-WHOLE BLOOD 7.4 \* % ●
Nondiabetic : 4 - 5.6 %
Prediabetics : 5.7 - 6.4%
Diabetes : >= 6.5%
ADA Therapeutic goal : <7%

URIC ACID - SERUM

Test Name Result Unit Level Range
URIC ACID - SERUM 5.4 mg/dL ● 2.6-7.2

LIPID PROFILE TEST (PACKAGE)

Test Name Result Unit Level Range
HDL CHOLESTEROL - SERUM 44 mg/dL ● 30-70
LDL CHOLESTEROL -SERUM 146 \* mg/dL ● Optimal: <100
VLDL CHOLESTEROL - SERUM (Calculated) 12 mg/dL ● 0-35

LIVER FUNCTION TEST (PACKAGE)

Test Name Result Unit Level Range
BILIRUBIN CONJUGATED (DIRECT) - SERUM 0.1 mg/dL ● 0.0-0.2

LIVER FUNCTION TEST (PACKAGE)

Test Name Result Unit Level Range
PROTEIN TOTAL - SERUM 7.9 g/dL ● 6.4-8.3
GLOBULIN: (CALCULATED) - SERUM 3.1 g/dL ● 1.8-3.6

PROSTATIC SPECIFIC ANTIGEN (PSA TOTAL) - SERUM

Test Name Result Unit Level Range
PROSTATIC SPECIFIC ANTIGEN (PSA TOTAL) - SERUM 0.49 ng/mL ● 0.00-6.50

BUN (BLOOD UREA NITROGEN)

Test Name Result Unit Level Range
BUN (BLOOD UREA NITROGEN) 9.3 mg/dL ● 7.0-18.0

THYROID PROFILE - I(T3,T4 AND TSH)

Test Name Result Unit Level Range

LIVER FUNCTION TEST (PACKAGE)

Test Name Result Unit Level Range
A/G - RATIO 1.6 ● 1.0-2.0

BUN/CREATININE RATIO

Test Name Result Unit Level Range

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BUN/CREATININE RATIO 10.5

### ECG

SINUS RHYTHM.  
NONSPECIFIC T WAVE CHANGES IN INFERIOR LEADS.

### TREADMILL TEST / STRESS TEST

STRESS TEST IS NEGATIVE FOR PROVOCABLE MYOCARDIAL ISCHAEMIA.

### ULTRASOUND SCREENING WHOLE ABDOMEN

\* Grade I fatty liver.

[NOTE: At times pelvic structures are not well visualized due to inadequate patient preparation / excess bowel gas shadow. However suggested clinical correlation and other investigations if clinically indicated.

Dr. SATYAM MISHRA  
DNB RESIDENT  
In Consultation with

### X-RAY CHEST PA

\* No significant abnormality detected.



Within Normal Range



Borderline High/Low



Out of Range

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**Printed By** :

**Dr.SHARMISTHA MALLIK**  
AHC Physician / Consultant Internal Medicine

**Note** :- The Health Check-up examinations and routine investigations have certain limitations and may not be able to detect all the diseases. Any new or persisting symptoms should be brought to the attention of the Consulting Physician. Additional tests, consultations and follow up may be required in some cases.

## AICVD RISK SCORE REPORT

### RISK STATUS

Moderate Risk

### YOUR SCORE

5

### ACCEPTABLE SCORE

5

**Your likelihood of developing cardiovascular disease in the next ten years is 1.3 times higher than the people of your age and gender**

The AICVD risk score developed by Apollo Hospitals is a novel artificial intelligence-based risk scoring system that predicts your risk of having Coronary Artery Disease (CAD) related events in the next ten years. This scoring system uses Indian data and has been validated by multiple national and international institutions. This risk score is more than 92% accurate and has been compiled based on your physical parameters, heart health attributes, lifestyle and medical history. **Note:** The risk category is determined through the ratio between guest score and acceptable score at multiple decimal points. The outputs are shown in whole numbers.

### Based on your AICVD risk score you are advised the following:

- Follow the guidance and education on **lifestyle and dietary management provided through the ProHealth program. Maintain a healthy BMI (<25). Avoid tobacco in any form and if you are a smoker, stop smoking.**
- Continue with **medications** for high blood pressure, diabetes, or dyslipidemia, if advised by your physician. Maintain HbA1c <7% (<53mmol/mol), blood pressure <140/90mmHg.
- Follow your physician's advice regarding **follow up tests, consults and annual health assessment**
- **It is recommended that you visit your physician every 6 months** if you have:
  - o Uncontrolled high blood pressure, Diabetes, Dyslipidemia, Coronary heart disease

### DISCLAIMER

1. This is not a diagnostic tool and it does not guarantee accuracy of the result and cannot be acted upon independently.
2. This risk score and clinical algorithm is a general guideline for physicians. Any additional laboratory investigations, diagnostic imaging, treatment or patient education related to lifestyle management is under the physician 's or cardiologist's discretion.
3. To ensure the information in the report is up to date , accurate and correct, doctor shall be consulted for interpretation of the report.
4. Apollo Hospitals and its staff does not offer any assurance on the information made available or be liable for any loss or damage as the said report is based on the AICVD risk score without any intervention from their side .
5. By usage of the AICVD risk score, it is deemed that the beneficiary of this service has agreed to get the same done at his own risk and further agrees with this disclaimer without any limitation or any clauses or sub-clauses.

**The Clinical AI Models and APIs used at Apollo Hospitals are certified by ISO 13485 : 2016 vide certificate no. MD 763515**