



Mediwheel
...Your wellness partner

Arcofemi Healthcare Pvt Ltd

(Formerly known as Arcofemi Healthcare Ltd)

F-701A, Lado Sarai, Mehrauli, New Delhi - 110030

Email: wellness@mediwheel.in, Website: www.mediwheel.in

Tel: +91-11-41195959, Fax: +91-11-29523020

CIN: U24240DL2011PTC216307

MEDICAL FITNESS CERTIFICATE

(To be signed by a registered medical practitioner holding a Medical degree)

This is to certify that **Mr. Anil Kumawat** aged, **35yr**. Based on the examination, I certify that he is in good mental and physical health and it is free from any physical defects such as deafness, colour blindness, and any chronic or contagious diseases.

Place: Jaipur

Date: 21/06/2024

Dr. Nitesh Kumar
MBBS
BCMR 47093
Name & Signature of

Medical officer

Blood

Dr. Goyal's

Path Lab & Imaging Centre

B-51, Ganesh Nagar, Near Metro Pillar No. 109-110, New Sanganer Road,
Sodala, Jaipur-302019
Tele : 0141-2293346, 4049787, 9887049787
Website: www.dr.goyalpathlab.com | E-mail: dr.goyalpiyush@gmail.com

General Physical Examination

Date of Examination: 21/06/2024

Name: Anil Kumar Age: 35 Sex: male

DOB: 01.01.1989

Referred By: _____

Photo ID: Nadkarni ID #: attached

Ht: 181 (cm) Wt: 99 (Kg)

Chest (Expiration): 102 (cm) Abdomen Circumference: 98 (cm)

Blood Pressure: 130/84 mm Hg PR: 68 / min

BMI 30.2

Eye Examination: vision normal both eye B/G, N/G
colour vision normal

Other: not significant

On examination he/she appears physically and mentally fit: Yes / No

Signature Of Examinee: Anil Kumar Name of Examinee: _____

Signature Medical Examiner: Piyush Goyal Name Medical Examiner: _____
M.B.B. D.M.R.D.
RMC Reg. No. 017996



भारत सरकार
Government of India

भारतीय विशिष्ट पहचान प्राधिकरण
Unique Identification Authority of India

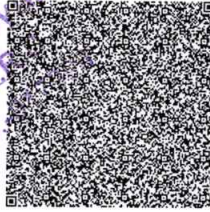
नामांकन क्रम/ Enrolment No.: 2091/03507/11028

Download Date: 12/07/2021

To
अनिल कुमार कुमावत
Anil Kumar Kumawat
C/O Laxminarayan Kumawat
Y A 55,6 D
Engineers colony
Manyawas
Jaipur
Mansarovar
Jaipur Rajasthan - 302020
9887487031

Digitally signed by
UNIQUE IDENTIFICATION
AUTHORITY OF INDIA GS
Date: 2021.07.12 15:12:21
IST

Issue Date: 02/11/2018



आपका आधार क्रमांक / Your Aadhaar No. :

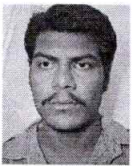
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VID : 9110 5985 1572 3364

मेरा आधार, मेरी पहचान



भारत सरकार
Government of India



अनिल कुमार कुमावत
Anil Kumar Kumawat
जन्म तिथि/DOB: 01/01/1989
पुरुष/ MALE

Issue Date: 02/11/2018

Download Date: 12/07/2021

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VID : 9110 5985 1572 3364

मेरा आधार, मेरी पहचान



Government of India



सूचना

- आधार पहचान का प्रमाण है, नागरिकता का नहीं।
- सुरक्षित QR कोड / ऑफलाइन XML / ऑनलाइन ऑथेंटिकेशन से पहचान प्रमाणित करें।
- यह एक इलेक्ट्रॉनिक प्रक्रिया द्वारा बना हुआ पत्र है।

INFORMATION

- Aadhaar is a proof of identity, not of citizenship.
- Verify identity using Secure QR Code/ Offline XML/ Online Authentication.
- This is electronically generated letter.

- आधार देश भर में मान्य है।
- आधार कई सरकारी और गैर सरकारी सेवाओं को पाना आसान बनाता है।
- आधार में मोबाइल नंबर और ईमेल ID अपडेट रखें।
- आधार को अपने स्मार्ट फोन पर रखें, mAadhaar App के साथ।

- Aadhaar is valid throughout the country.
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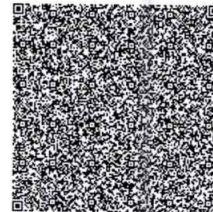


भारतीय विशिष्ट पहचान प्राधिकरण
Unique Identification Authority of India



पता:
C/O लक्ष्मीनारायण कुमावत, वाई ए 55,6 डी, इंजीनियर्स
कोलोनी, मन्यावास, जयपुर, राजस्थान - 302020

Address:
C/O Laxminarayan Kumawat, Y A 55,6 D,
Engineers colony, Manyawas, Jaipur, Jaipur,
Rajasthan - 302020



5643 8615 6585

VID : 9110 5985 1572 3364

1947 | help@uidai.gov.in | www.uidai.gov.in

Auditman



Date :- 21/06/2024 09:00:50

Patient ID :-122426263

NAME :- Mr. ANIL KUMAWAT

Ref. By Doctor:-ARCOFEMI HEALTHCARE LIMITED

Sex / Age :- Male 35 Yrs 5 Mon 20 Days

Lab/Hosp :-

Company :- Mr.Apollo Health and Lifestyle Limited

Final Authentication : 21/06/2024 11:01:04

ARCOFEMI - MEDIWHEEL PMC PACK

X RAY CHEST PA VIEW:

Both lung fields appears clear.

Bronchovascular markings appear normal.

Trachea is in midline.

Both the hilar shadows are normal.

Both the C.P.angles is clear.

Both the domes of diaphragm are normally placed.

Bony cage and soft tissue shadows are normal.

Heart shadows appear normal.

Impression :- Normal Study

(Please correlate clinically and with relevant further investigations)



Dr. NAVNEET AGARWAL (MD, DNB RADIO-DIAGNOSIS, MNAMS)
EX-SR NEURO-RADIOLOGY AIIMS NEW DELHI
(RMC No. 33613 / 14911)

*** End of Report ***

Dr. Piyush Goyal
(D.M.R.D.) BILAL

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Transcript by.

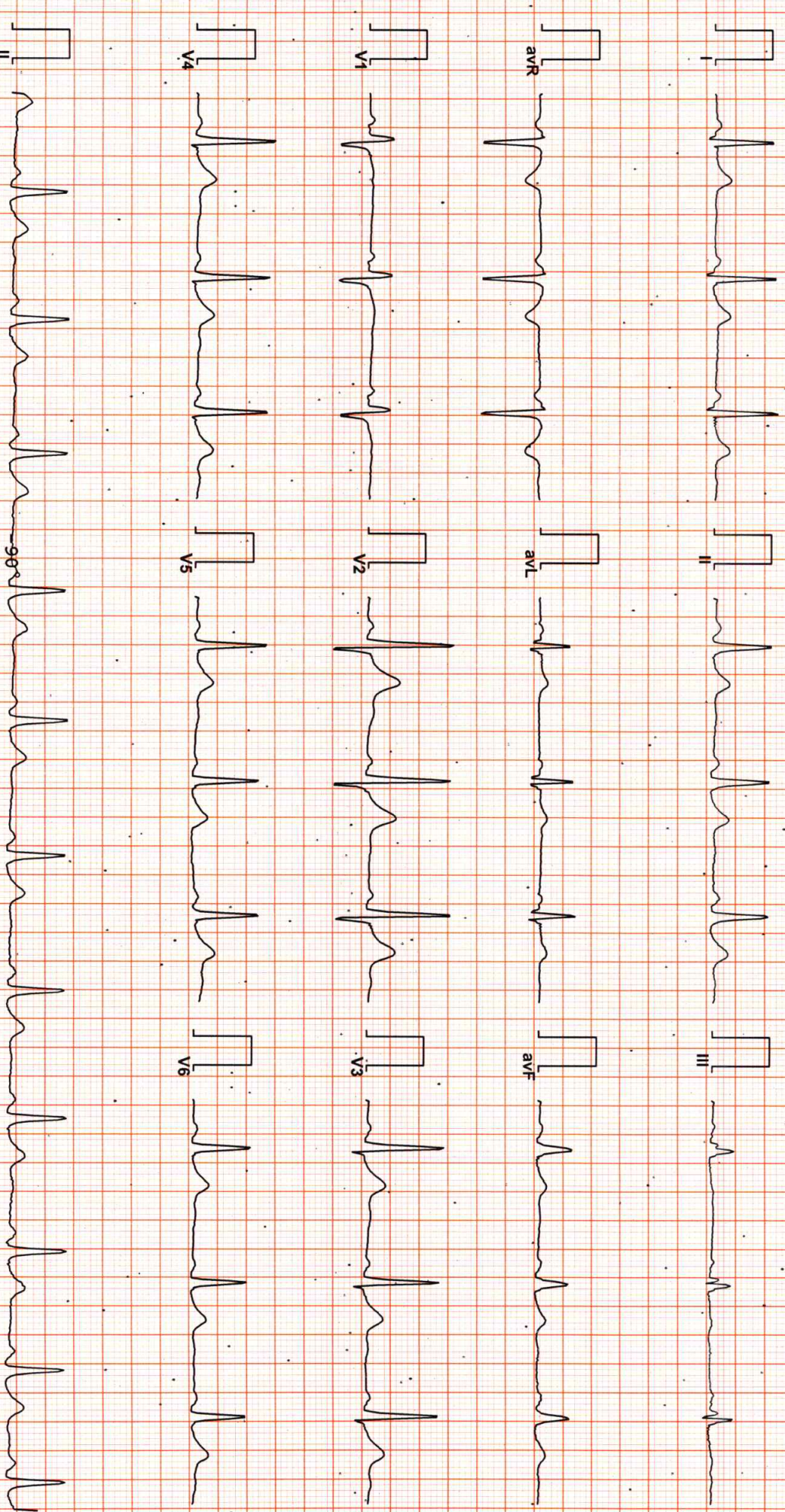
Dr. Piyush Goyal
M.B.B.S., D.M.R.D.
RMC Reg No. 017996

Dr. Abhishek Jain
MBBS, DNB, (Radio-Diagnosis)
RMC No. 21687

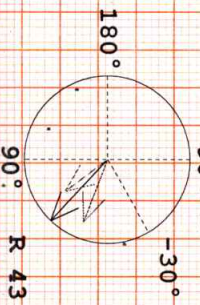
Dr. Navneet Agarwal
MD, DNB (Radio Diagnosis)
RMC No. 33613.14911

Dr. Poorvi Malik
MBBS, MS, DNB
(Radio Diagnosis)
(Fetal Medicine)
RMC No. 21505

Dr. Sarika Yadav
MBBS, MS, DNB, FNB
(Fetal Medicine)
RMC No. 37951/17891
FMF Id 255595



Vent Rate : 67 bpm
 PR Interval : 134 ms
 QRS Duration: 90 ms
 QT/QTc Int : 402/414 ms
 P-QRS-T axis: 53.00° 43.00° 21.00°



Axis
 R 43.00° T 21.00° P 53.00°

Tru

Reported By: **D. Naresh Kumar Mohanka**
 MBBS, DIP, CARDIO (ESCORTS)
 RMC No: 35703
 D.E.M. (RCGP-UK)

Dr. Goyal's

Path Lab & Imaging Centre



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Website: www.drgoyalspathlab.com | E-mail: drgoyalpiyush@gmail.com

RMC - 5509

Date :- 21/06/2024 09:00:50
NAME :- Mr. ANIL KUMAWAT
Sex / Age :- Male 35 Yrs 5 Mon 20 Days
Company :- Mr.Apollo Health and Lifestyle Limited

Patient ID :-122426263
Ref. By Dr:- ARCOFEMI HEALTHCARE LIMITED
Lab/Hosp :-



Sample Type :- EDTA

Sample Collected Time 21/06/2024 10:40:16

Final Authentication : 21/06/2024 12:34:02

HAEMATOLOGY

Test Name	Value	Unit	Biological Ref Interval
ARCOFEMI - MEDIWHEEL PMC PACK			
HAEMOGARAM			
HAEMOGLOBIN (Hb)	15.9	g/dL	13.0 - 17.0
TOTAL LEUCOCYTE COUNT	6.17	/cumm	4.00 - 10.00
DIFFERENTIAL LEUCOCYTE COUNT			
NEUTROPHIL	51.1	%	40.0 - 80.0
LYMPHOCYTE	41.9 H	%	20.0 - 40.0
EOSINOPHIL	4.4	%	1.0 - 6.0
MONOCYTE	2.5	%	2.0 - 10.0
BASOPHIL	0.1	%	0.0 - 2.0
NEUT#	3.16	10 ³ /uL	1.50 - 7.00
LYMPH#	2.58	10 ³ /uL	1.00 - 3.70
EO#	0.27	10 ³ /uL	0.00 - 0.40
MONO#	0.15	10 ³ /uL	0.00 - 0.70
BASO#	0.01	10 ³ /uL	0.00 - 0.10
TOTAL RED BLOOD CELL COUNT (RBC)	5.58 H	x10 ⁶ /uL	4.50 - 5.50
HEMATOCRIT (HCT)	51.50 H	%	40.00 - 50.00
MEAN CORP VOLUME (MCV)	92.2	fL	83.0 - 101.0
MEAN CORP HB (MCH)	28.6	pg	27.0 - 32.0
MEAN CORP HB CONC (MCHC)	31.0 L	g/dL	31.5 - 34.5
PLATELET COUNT	189	x10 ³ /uL	150 - 410
RDW-CV	13.6	%	11.6 - 14.0
MENTZER INDEX	16.52		

The Mentzer index is used to differentiate iron deficiency anemia from beta thalassemia trait. If a CBC indicates microcytic anemia, these are two of the most likely causes, making it necessary to distinguish between them. If the quotient of the mean corpuscular volume divided by the red blood cell count is less than 13, thalassemia is more likely. If the result is greater than 13, then iron-deficiency anemia is more likely.

AJAYSINGH
Technologist

Page No: 1 of 7



Dr Abha Gupta
Fellowship Oncopathology
MD pathology
RMC 33520

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Tele : 0141-2293346, 4049787, 9887049787

Website: www.drgoyalpathlab.com | E-mail: drgoyalpiyush@gmail.com

Date :- 21/06/2024 09:00:50

Patient ID :- 122426263

NAME :- Mr. ANIL KUMAWAT

Ref. By Dr:- ARCOFEMI HEALTHCARE LIMITED

Sex / Age :- Male 35 Yrs 5 Mon 20 Days

Lab/Hosp :-

Company :- Mr.Apollo Health and Lifestyle Limited



Sample Type :- EDTA

Sample Collected Time 21/06/2024 10:40:16

Final Authentication : 21/06/2024 12:34:02

HAEMATOLOGY

Test Name	Value	Unit	Biological Ref Interval
Erythrocyte Sedimentation Rate (ESR)	29 H	mm/hr.	00 - 13

(ESR) Methodology : Measurement of ESR by cells aggregation.

Instrument Name : Independent form Hematocrit value by Automated Analyzer (Roller-20)

Interpretation : ESR test is a non-specific indicator of inflammatory disease and abnormal protein states.

The test is used to detect, follow course of a certain disease (e.g-tuberculosis, rheumatic fever, myocardial infarction)

Levels are higher in pregnancy due to hyperfibrinogenaemia.

The "3-figure ESR" $\times > 100$ value nearly always indicates serious disease such as a serious infection, malignant paraproteinaemia (CBC); Methodology: TLC, DLC, Fluorescent Flow cytometry, HB SLS method, TRBC, PCV, PLT Hydrodynamically focused Impedance. and or connective tissue disease.

MCH, MCV, MCHC, MENTZER INDEX are calculated. Instrument Name: Sysmex 6 part fully automatic analyzer XN-L, Japan

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Technologist

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Date :- 21/06/2024 09:00:50

Patient ID :-122426263

NAME :- Mr. ANIL KUMAWAT

Ref. By Dr:- ARCOFEMI HEALTHCARE LIMITED

Sex / Age :- Male 35 Yrs 5 Mon 20 Days

Lab/Hosp :-

Company :- Mr.Apollo Health and Lifestyle Limited



Sample Type :- PLAIN/SERUM

Sample Collected Time 21/06/2024 10:40:16

Final Authentication : 21/06/2024 12:40:46

BIOCHEMISTRY

Test Name	Value	Unit	Biological Ref Interval
Billirubin Total/Direct/Indirect SERUM BILIRUBIN (TOTAL) Method:- Colorimetric method	0.40	mg/dl	Up to - 1.0 Cord blood <2 Premature < 6 days <16 Full-term < 6 days= 12 1month - <12 months <2 1-19 years <1.5 Adult - Up to - 1.2 Ref-(ACCP 2020)
SERUM BILIRUBIN (DIRECT) Method:- Colorimetric Method	0.07	mg/dL	Adult - Up to 0.25 Newborn - <0.6 >- 1 month - <0.2
SERUM BILIRUBIN (INDIRECT) Method:- Calculated	0.33	mg/dl	0.30-0.70

SURENDRAKHANGA

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Tele : 0141-2293346, 4049787, 9887049787
Website: www.drgoyalspathlab.com | E-mail: drgoyalpiyush@gmail.com

Date :- 21/06/2024 09:00:50 Patient ID :-122426263
NAME :- Mr. ANIL KUMAWAT Ref. By Dr:- ARCOFEMI HEALTHCARE LIMITED
Sex / Age :- Male 35 Yrs 5 Mon 20 Days Lab/Hosp :-
Company :- Mr.Apollo Health and Lifestyle Limited
Sample Type :- URINE Sample Collected Time 21/06/2024 10:40:16 Final Authentication : 21/06/2024 10:50:08

CLINICAL PATHOLOGY

Test Name	Value	Unit	Biological Ref Interval
Urine Routine			
PHYSICAL EXAMINATION			
COLOUR	PALE YELLOW		PALE YELLOW
APPEARANCE	Clear		Clear
CHEMICAL EXAMINATION			
REACTION(PH) Method:- Reagent Strip(Double indication blue reaction)	5.5		5.0 - 7.5
SPECIFIC GRAVITY Method:- Reagent Strip(bromthymol blue)	1.025		1.010 - 1.030
PROTEIN Method:- Reagent Strip (Sulphosalicylic acid test)	NIL		NIL
GLUCOSE Method:- Reagent Strip (Glu.Oxidase Peroxidase Benedict)	NIL		NIL
BILIRUBIN Method:- Reagent Strip (Azo-coupling reaction)	NEGATIVE		NEGATIVE
UROBILINOGEN Method:- Reagent Strip (Modified ehrlich reaction)	NORMAL		NORMAL
KETONES Method:- Reagent Strip (Sodium Nitropruside) Rothera's	NEGATIVE		NEGATIVE
NITRITE Method:- Reagent Strip (Diazotization reaction)	NEGATIVE		NEGATIVE
RBC Method:- Reagent Strip (Peroxidase like activity)	NIL		NIL
MICROSCOPY EXAMINATION			
RBC/HPF	NIL	/HPF	NIL
WBC/HPF	2-3	/HPF	2-3
EPITHELIAL CELLS	2-3	/HPF	2-3
CRYSTALS/HPF	ABSENT		ABSENT
CAST/HPF	ABSENT		ABSENT
AMORPHOUS SEDIMENT	ABSENT		ABSENT
BACTERIAL FLORA	ABSENT		ABSENT
YEAST CELL	ABSENT		ABSENT
OTHER	ABSENT		ABSENT

VIJENDRAMEENA
Technologist

Page No: 4 of 7



Dr. Rashmi Bakshi
MBBS. MD (Path)
RMC No. 17975/008828

Dr. Goyal's

Path Lab & Imaging Centre



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NAME :- Mr. ANIL KUMAWAT
 Sex / Age :- Male 35 Yrs 5 Mon 20 Days
 Company :- Mr.Apollo Health and Lifestyle Limited

Patient ID :-122426263
 Ref. By Dr:- ARCOFEMI HEALTHCARE LIMITED
 Lab/Hosp :-



Sample Type :- KOx/Na FLUORIDE-F, KOx/Na Sodium Chloride
 Date of Test :- 21/06/2024 10:40:16

Final Authentication : 21/06/2024 15:57:19

BIOCHEMISTRY

Test Name	Value	Unit	Biological Ref Interval
FASTING BLOOD SUGAR (Plasma) Method:- GOD PAP	92.0	mg/dl	75.0 - 115.0
Impaired glucose tolerance (IGT)	111 - 125 mg/dL		
Diabetes Mellitus (DM)	> 126 mg/dL		
<p>Instrument Name: Randox Rx Imola Interpretation: Elevated glucose levels (hyperglycemia) may occur with diabetes, pancreatic neoplasm, hyperthyroidism and adrenal cortical hyper-function as well as other disorders. Decreased glucose levels(hypoglycemia) may result from excessive insulin therapy or various liver diseases .</p>			
BLOOD SUGAR PP (Plasma) Method:- GOD PAP	102.0	mg/dl	70.0 - 140.0
<p>Instrument Name: Randox Rx Imola Interpretation: Elevated glucose levels (hyperglycemia) may occur with diabetes, pancreatic neoplasm, hyperthyroidism and adrenal cortical hyper-function as well as other disorders. Decreased glucose levels(hypoglycemia) may result from excessive insulin therapy or various liver diseases .</p>			
SGPT Method:- IFCC	57.8 H	U/L	Men- Up to - 40.0 Women - Up to - 31.0
SERUM CREATININE Method:- Colorimetric Method	0.94	mg/dl	Men - 0.6-1.30 Women - 0.5-1.20

MUKESH SINGH, SURENDRAKHANGA

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Date :- 21/06/2024 09:00:50

Patient ID :-122426263

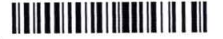
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Ref. By Dr:- ARCOFEMI HEALTHCARE LIMITED

Sex / Age :- Male 35 Yrs 5 Mon 20 Days

Lab/Hosp :-

Company :- Mr.Apollo Health and Lifestyle Limited



Sample Type :- EDTA, PLAIN/SERUM

Sample Collected Time 21/06/2024 10:40:16

Final Authentication : 21/06/2024 14:32:00

HAEMATOLOGY

Test Name	Value	Unit	Biological Ref Interval
BLOOD GROUP ABO	"A" POSITIVE		
BLOOD GROUP ABO Methodology : Haemagglutination reaction Kit Name : Monoclonal agglutinating antibodies (Span clone).			
BUN/CREATININE	0.52		

*** End of Report ***

AJAYSINGH, MUKESH SINGH
Technologist

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