

DEPARTMENT OF LABORATORY MEDICINE

Patient Name	: Mr. ASHUTOSH KUMAR	Order No	: 1000078605
UHID	: UHJ A23020865	Registered On	: 21/03/2024 10:00:40 AM
Age/Sex	: 37/Years Male	Collected On	: 21/03/2024 10:06:48 AM
Ward / Bed No	:	Reported On	: 21/03/2024 02:49:18 PM
Reference	: Dr. Preventive Health Check Up	Bill No	: OPBJ A230025822
Station	: At Hospital	Mobile No	: 9534334446
Payer Name	: Mediwheel	Report Status	: Final Report

Test Name	Result	Unit	Bio. Ref. Interval
<u>BIOCHEMISTRY</u>			
FASTING GLUCOSE (Method: Hexokinase)	91	mg/dL	ADA Guidelines < 100 mg/dl - Normal 100 to 125 mg/dl - Prediabetes ≥ 126 mg/dl - Diabetes
GLYCOSYLATED HAEMOGLOBIN (HBA1C)			Sample: Whole blood (EDTA)
HBA1C (Method: HPLC)	5.0	%	ADA Guidelines < 5.7% - Normal 5.7 to 6.4% - Prediabetes ≥ 6.5% - Diabetes
Estimated Average Glucose (eAG) (Method: Calculated)	96.79	mg/dL	
THYROID PROFILE (TOTAL T3, TOTAL T4 & TSH)			Sample: Serum
TOTAL T3 (Method:CLIA)	1.18	ng/mL	0.87-1.78
TOTAL T4 (Method:CLIA)	12.85	ng/dL	5.1-14.1
THYROID STIMULATING HORMONE (TSH) (Method:CLIA: Ultra-sensitive)	3.39	μIU/mL	0.34-5.60
LIPID PROFILE			Sample: Serum
TOTAL CHOLESTEROL (Method:CHOD-POD)	182	mg/dL	ATP III Guidelines < 200 - Desirable 200-239 - Borderline high ≥ 240 - High
TRIGLYCERIDES (Method:Enzymatic GPO-POD)	71	mg/dL	< 150 - Normal 150-199 - Borderline High 200-499 - High ≥ 500 - Very High
HDL CHOLESTEROL (Method:ENZYMATIC METHOD)	45.1	mg/dL	< 40 - Low ≥ 60 - High

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LDL CHOLESTEROL (Method:ENZYMATIC METHOD)	122.7	mg/dL	<100 - Optimal 100-129 - Near or above optimal 130-159 - Borderline high 160-189 - High ≥190 - Very high
VLDL CHOLESTEROL (Method: Calculated)	14.19	mg/dL	< 30
TOTAL CHOLESTEROL : HDL RATIO (Method: Calculated)	4.0		Low Risk: 3.3 - 4.4 Average Risk: 4.5 - 7.1 Moderate Risk: 7.2 - 11.0
LDL/HDL CHOLESTEROL RATIO (Method: Calculated)	2.72		< 2.5 Optimal
NON HDL CHOLESTEROL (Method: Calculated)	136.9	mg/dL	< 130
URIC ACID (Method:Uricase - POD(Enzymatic))	1.1	mg/dL	3.5-7.2
CREATININE (Method:Modified Jaffe, Kinetic)	0.76	mg/dL	0.9-1.3
LIVER FUNCTION TEST			Sample: Serum
TOTAL BILIRUBIN (Method:Dichlorophenyl Diazotization)	0.61	mg/dL	0.3-1.2
DIRECT BILIRUBIN (Method:Dichlorophenyl Diazotization)	0.13	mg/dL	0.0-0.2
INDIRECT BILIRUBIN (Method: Calculated)	0.48	mg/dL	0.2-1.0
TOTAL PROTEIN (Method:BIURET)	6.4	g/dL	6.6-8.3
ALBUMIN (Method:BCG)	4.11	g/dL	3.5-5.2
GLOBULIN (Method: Calculated)	2.29	g/dL	2.3-3.5
AG RATIO (Method: Calculated)	1.79		2:1

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Test Name	Result	Unit	Bio. Ref. Interval
SERUM SGOT (Method:IFCC without P5P)	38	U/L	< 50
SERUM SGPT (Method:IFCC without P5P)	39	U/L	< 50
ALKALINE PHOSPHATASE, SERUM (Method:PNPP AMP Buffer)	82	U/L	50-116
GGT (Method:IFCC)	15	U/L	< 55



Dr. Shobha Emmanuel
MBBS, M.D(Pathology)
CONSULTANT PATHOLOGIST
KMC.66136

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HAEMATOLOGY

COMPLETE BLOOD COUNT(CBC)

Sample: Whole blood (EDTA)

HAEMOGLOBIN (Method:Photometric Measurement: Oxyhemoglobin method)	13.32	g/dL	13.5-17.5
PACKED CELL VOLUME/HEMATOCRIT (PCV/HCT) (Method: Calculated)	39.9	%	42-52
TOTAL WBC COUNT (TLC) (Method:Coulter Principle)	5980	Cells/Cum	4000-11000
DIFFERENTIAL COUNT			
NEUTROPHILS (Method:Optical/Impedance)	46.33	%	40-75
LYMPHOCYTES (Method:Optical/Impedance)	40.03	%	20-45
EOSINOPHILS (Method:Optical/Impedance)	4.94	%	0-6
MONOCYTES (Method:Optical/Impedance)	8.45	%	2-10
BASOPHILS (Method:Optical/Impedance)	0.25	%	0-2
RED BLOOD CORPUSCLES(RBC) (Method:Coulter Principle)	4.31	million/cum	4.5-5.9
MCV (Method:Derived from RBC Histogram)	92.5	fL	78-100
MCH (Method: Calculated)	30.9	pg	27-31
MCHC (Method: Calculated)	33.4	g/dL	31-37
RDW - CV (Method: Calculated)	13.1	%	11.5-14.5
PLATELET COUNT (Method:Electrical Impedance)	3.13	Lakhs/Cum	1.5-4.5

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MEAN PLATELET VOLUME(MPV) <small>(Method:Derived from PLT Histogram)</small>	8.24	fl	9-13
PLATELET DISTRIBUTION WIDTH (PDW) <small>(Method: Calculated)</small>	20.5	fl	9-19
ERYTHROCYTE SEDIMENTATION RATE(ESR) <small>(Method:Modified Westergren Method)</small>	08	mm/hour	1-15
BLOOD GROUPING & RH TYPING			Sample: Whole blood (EDTA)
ABO Group <small>(Method:Agglutination Gel Method)</small>	O		
Rh Factor <small>(Method:Agglutination Gel Method)</small>	Positive		

Interpretation Notes

Note: Both forward and reverse grouping performed



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CLINICAL PATHOLOGY

URINE EXAMINATION, ROUTINE

Sample: Urine

PHYSICAL EXAMINATION

VOLUME	20	mL	
COLOUR	Pale Yellow		
APPEARANCE	Clear		
PH	6.0		5.0-8.0
SPECIFIC GRAVITY	1.015		1.005-1.030

CHEMICAL EXAMINATION

PROTEIN (Method:Protein Error of pH Indicator)	Absent		Absent
GLUCOSE (Method:GOD-POD)	Absent		Absent
KETONE BODIES (Method:Nitroprusside method/ Rothera's test)	Absent		Absent
BILIRUBIN (Method:DIAZO/FOUCHET'S TEST)	Negative		Negative
BILE SALT (Method:Hay's sulfur test)	Absent		Absent
NITRITE (Method:Griess method)	Negative		Negative
UROBILINOGEN (Method:Azo coupling method)	Normal		
LEUKOCYTE ESTERASE (Method:Leukocyte Esterase activity)	Negative		Negative
BLOOD (Method:Peroxidase Reaction)	Negative		Negative

MICROSCOPIC EXAMINATION

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Test Name	Result	Unit	Bio. Ref. Interval
EPITHELIAL CELLS	0-2	/HPF	0-5
PUS CELLS	2-4	/HPF	0-5
RBCs	Nil	/HPF	0-2
CASTS	Nil	/LPF	
CRYSTALS	Nil		
OTHERS	Nil		

Verified By
Rashmita

---End of Report---



Dr. Shobha Emmanuel
CONSULTANT PATHOLOGIST
KMC:66136

*NABL renewal under process.

sex: M birth date: male

37 years

1102 Sinus arrhythmia [RR int. change over 20%]

1130 Sinus bradycardia [vent. rate < 50 bpm]

40303 Early repolarization [ST elevation (I, II, aVF, V2, V3, V5, V6)]

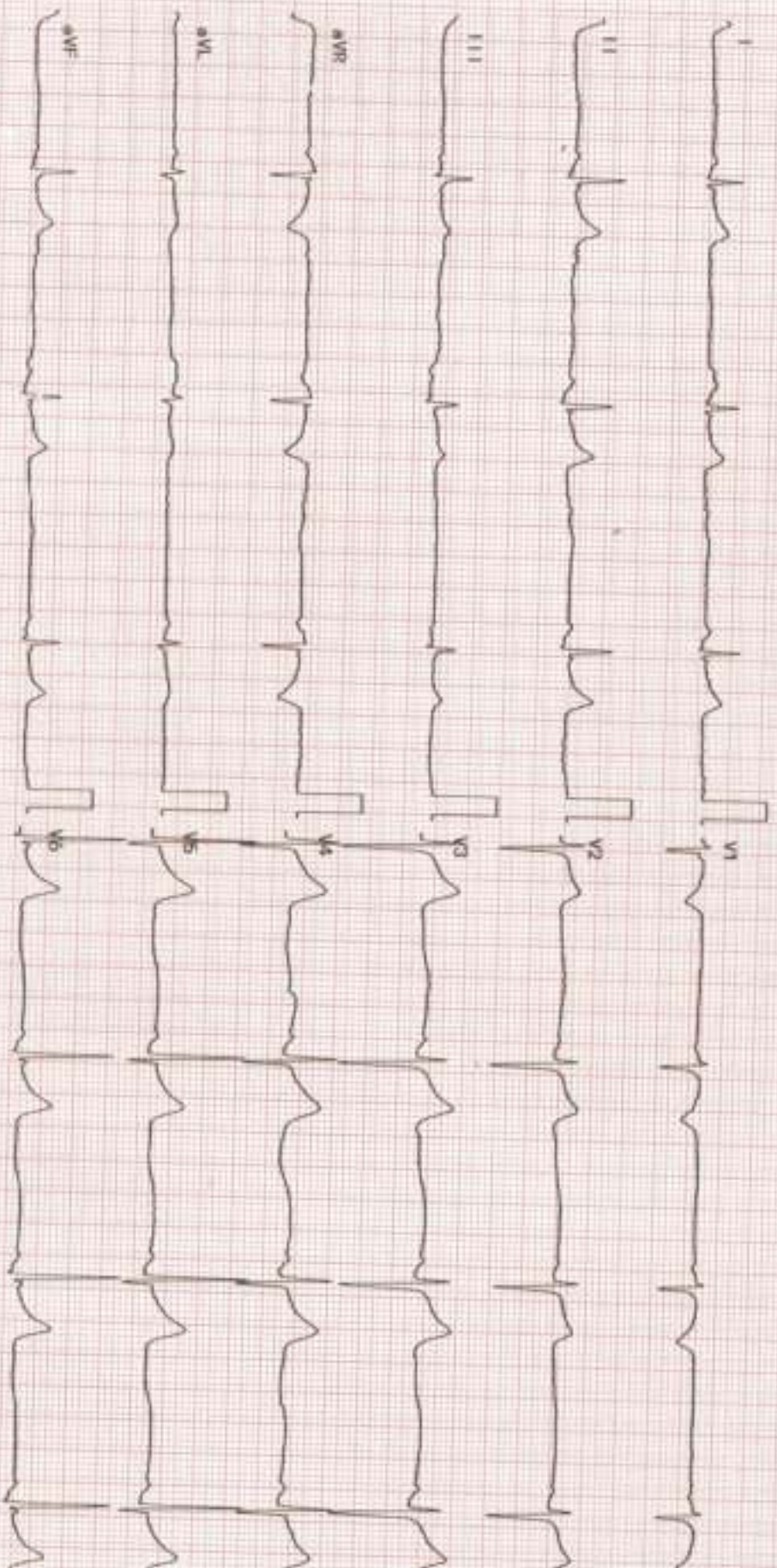
9140 ** abnormal rhythm ECG **

medications:
symptoms:
history:
vent. rate: 43 bpm
R int: 138 ms
P-R dur: 86 ms
P/Q/Ta (E) int: 442/388 ms
P/QRS/T axis: 34/49/49 °
M5/SV1 amp: 1.79/0.64 mV
M5+SV1 amp: 2.44 mV

10 mm/mV 25 mm/s Filter: 150 D 35 Hz

10 mm/mV

Unconfirmed Report
Reviewed by:





NABH



NABL



No.1



UNITED HOSPITAL

Care For Excellence
Jayanagar, Bangalore

Out Patient Record

Patient Name :	Mr.ASHUTOSH KUMAR	UHID :	UHJA23020865
Age / Sex :	37 Years / Male	OP NO/Reg Dt :	21-03-2024 10:00 AM
Spouse / Father Name :	KUMARI PREETI	Department :	
Address :	JAYANAGAR SAI GUKUL APPARTMETNS, Bengaluru Urban, Kamataka, INDIA.	Referred By :	Optical
		Consultant :	Dr.Preventive Health Check Up
		KMC No. :	Dr. Shwetha

Complaints / Findings / Observations :

not comfortable with glasses
 V_n (glasses) $\left\{ \begin{array}{l} 6/9 \\ 6/6P \end{array} \right\}$ M.C.

Investigations:

A₅ OU normal

Treatment / Care of Plan / Provisional Diagnosis :

Endis OU corc 0.2:1
 V_n (glasses)

If: Ref End.

Follow Up Advice :

~~trants~~ Dilated Ax. followed by P.M.T.


Signature of the Doctor



NABH



NABL



No.1



UNITED HOSPITAL

Care Par Excellence
Jayanagar, Bangalore

Out Patient Record

Patient Name : Mr. ASHUTOSH KUMAR
Age / Sex : 37 Years / Male
Spouse / Father Name : KUMARI PREETI
Address : JAYANAGAR SAI GUKUL APPARTMETNS,
 Bengaluru Urban, Karnataka, INDIA,
UHID : UHJA23020865
OP NO/Reg Dt : 21-03-2024 10:00 AM
Department :
Referred By :
Consultant : Dr. Preventive Health Check Up
KMC No. : Dr. Vaekad

Complaints / Findings / Observations :

Regular Health care.
 No comorbidity
 At stable

BP-113/73
 P-60b/m
 SPO2-99%
 H-177C
 W-79.3K

Investigations:

Treatment / Care of Plan / Provisional Diagnosis :

- see report in usual case

Follow Up Advice :

- It is fit at the time of assessment

Signature of the Doctor

EXERCISE STRESS TEST REPORT

Patient Name: MR. ASHUTOSH KUMAR,
Patient ID: 20865
Height: 177 cm
Weight: 79.3 kg

DOB: 15.05.1986
Age: 37yrs
Gender: Male
Race: Indian

Study Date: 21.03.2024
Test Type: Treadmill Stress Test
Protocol: BRUCE

Referring Physician: DR. RAHUL PATIL
Attending Physician: DR. RAHUL PATIL
Technician: YAMINI/THABITHA

Medications:

Medical History:

NO H/O DM & HTN

Reason for Exercise Test:

Screening for CAD

Exercise Test Summary

Phase Name	Stage Name	Time in Stage	Speed (mph)	Grade (%)	HR (bpm)	BP (mmHg)	Comment
PRETEST	SUPINE	00:10	0.00	0.00	53	110/70	
	STANDING	00:13	0.00	0.00	58	110/70	
	HYPERV.	00:02	0.00	0.00	60		
	WARM-UP	00:17	0.00	0.00	72	110/70	
EXERCISE	STAGE 1	03:00	1.70	10.00	103	110/70	
	STAGE 2	03:00	2.50	12.00	137	120/80	
	STAGE 3	02:05	3.40	14.00	166	130/90	
RECOVERY		05:25	0.00	0.00	79	130/90	

The patient exercised according to the BRUCE for 8:05 min-s, achieving a work level of Max. METS: 10.10. The resting heart rate of 59 bpm rose to a maximal heart rate of 166 bpm. This value represents 90% of the maximal, age-predicted heart rate. The resting blood pressure of 110/70 mmHg, rose to a maximum blood pressure of 130/90 mmHg. The exercise test was stopped due to Target heart rate achieved.

Interpretation

Summary: Resting ECG: normal.

Functional Capacity: normal.

HR Response to Exercise: appropriate.

BP Response to Exercise: normal resting BP - appropriate response.

Chest Pain: none.

Arrhythmias: none.

ST Changes: none.

Overall impression: Normal stress test.

Conclusions

GOOD EFFORT TOLERANCE

NORMAL HR AND BP RESPONSE

NO ANGINA OR ARRHYTHMIAS NOTED

NO SIGNIFICANT ST-T CHANGES NOTED DURING EXERCISE AND RECOVERY

IMPRESSION:- STRESS TEST IS NEGATIVE FOR INDUCIBLE ISCHEMIA

Physician

Technician

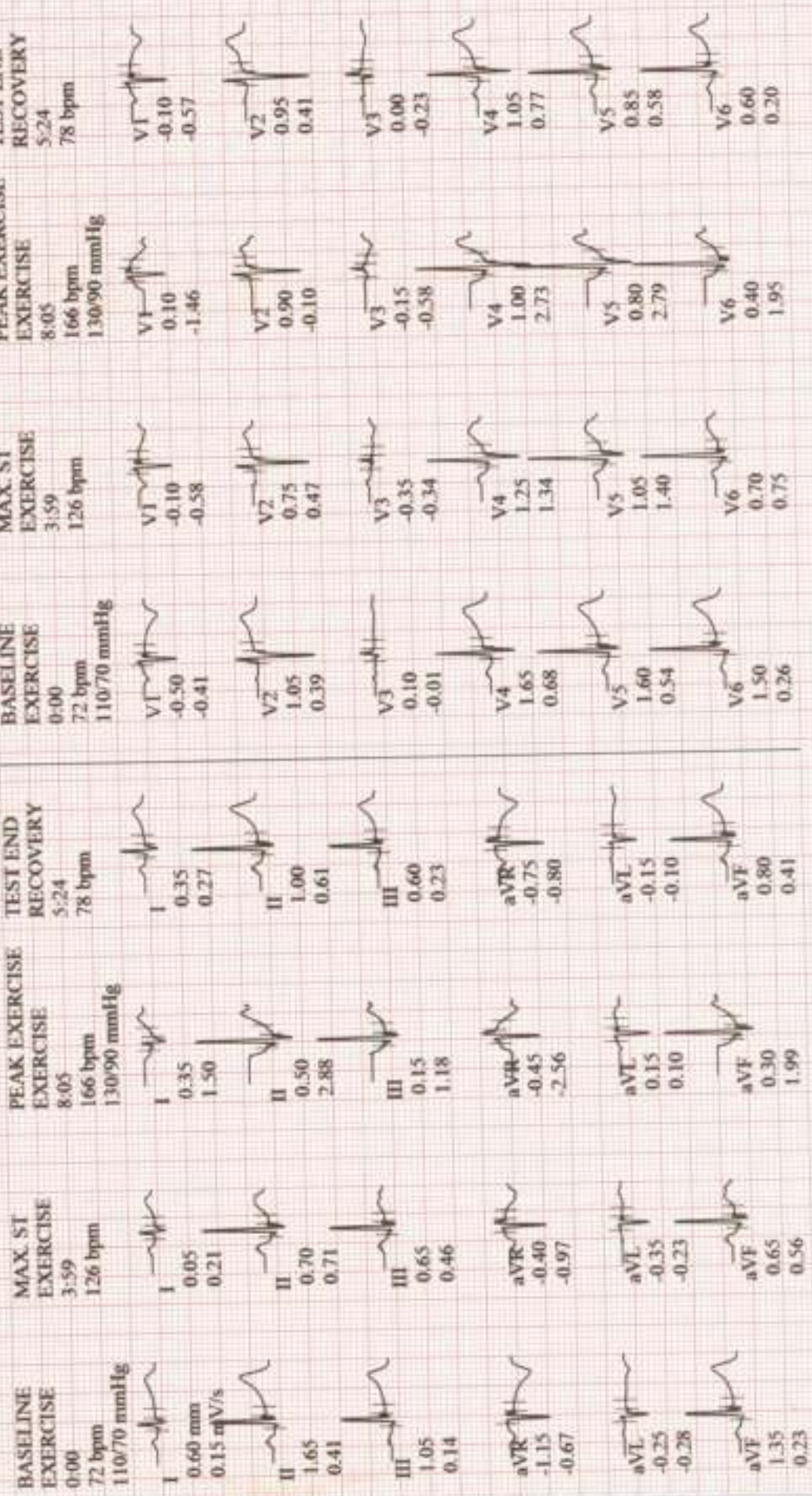
MR. ASHUTOSH KUMAR,
 Patient ID: 20865
 21.03.2024 Male 177 cm 79.3 kg
 37yrs Indian
 Meds:

Test Reason: Screening for CAD
 Medical History: NO H/O DM & HTN

Ref. MD: DR. RAHUL PATIL, Ordering MD: DR. RAHUL PATIL
 Technician: YAMINI/THABITHA Test Type: Treadmill Stress Test
 Comment:

BRUCE: Total Exercise Time 08:05
 Max HR: 166 bpm 90% of max predicted 183 bpm HR at rest: 59
 Max BP: 130/90 mmHg BP at rest: 110/70 Max RPP: 21580 mmHg*bpm
 Maximum Workload: 10.10 METS
 Max ST: -0.35 mm, 0.00 mV/s in V3; EXERCISE STAGE 2 03:59
 Arrhythmia: A.9, VBIG:2, PVC:11, PSVC:16
 ST/HR index: 0.13 μ V/bpm

Reasons for Terminations: Target heart rate achieved
 Summary: Resting ECG: normal. Functional Capacity: normal. HR Response to Exercise: appropriate. BP Response to Exercise: normal resting BP - appropriate response. Chest Pain: none. Arrhythmias: none. ST Changes: none. Overall



MR. ASHUTOSH KUMAR,

Patient ID 20865

21.03.2024 Male 177 cm 79.3 kg

11:56:12am 37yrs Indian

Meds:

Test Reason: Screening for CAD

Medical History: NO H/O DM & HTN

Ref. MD: DR. RAHUL PATIL, Ordering MD: DR. RAHUL PATIL,

Technician: YAMINI/THABITHA Test Type: Treadmill Stress Test

Comment:

BRUCE: Total Exercise Time 08:05

Max HR: 166 bpm 90% of max predicted 183 bpm HR at rest: 59

Max BP: 130/90 mmHg BP at rest: 110/70 Max RPP: 21580 mmHg*bpm

Maximum Workload: 10.10 METS

Max. ST: -0.35 mm, 0.00 mV/s in V3; EXERCISE STAGE 2 03:59

Arrhythmia: A:9, VBI:2, PVC:11, PSVC:16

ST/HR index: 0.13 μ V/bpm**Reasons for Termination:** Target heart rate achieved**Summary:** Resting ECG: normal. Functional Capacity: normal. HR Response to

Exercise: appropriate. BP Response to Exercise: normal resting BP - appropriate

response. Chest Pain: none. Arrhythmias: none. ST Changes: none. Overall

impression: Normal stress test.

Conclusion: GOOD EFFORT TOLERANCE

NORMAL HR AND BP RESPONSE

NO ANGINA OR ARRHYTHMIAS NOTED

NO SIGNIFICANT ST-T CHANGES NOTED DURING EXERCISE AND

RECOVERY

IMPRESSION:- STRESS TEST IS NEGATIVE FOR INDUCIBLE ISCHEMIA

Location Number: * 0 *

MR. ASHUTOSH KUMAR
Patient ID: 20865
21.03.2024
11-56:32am

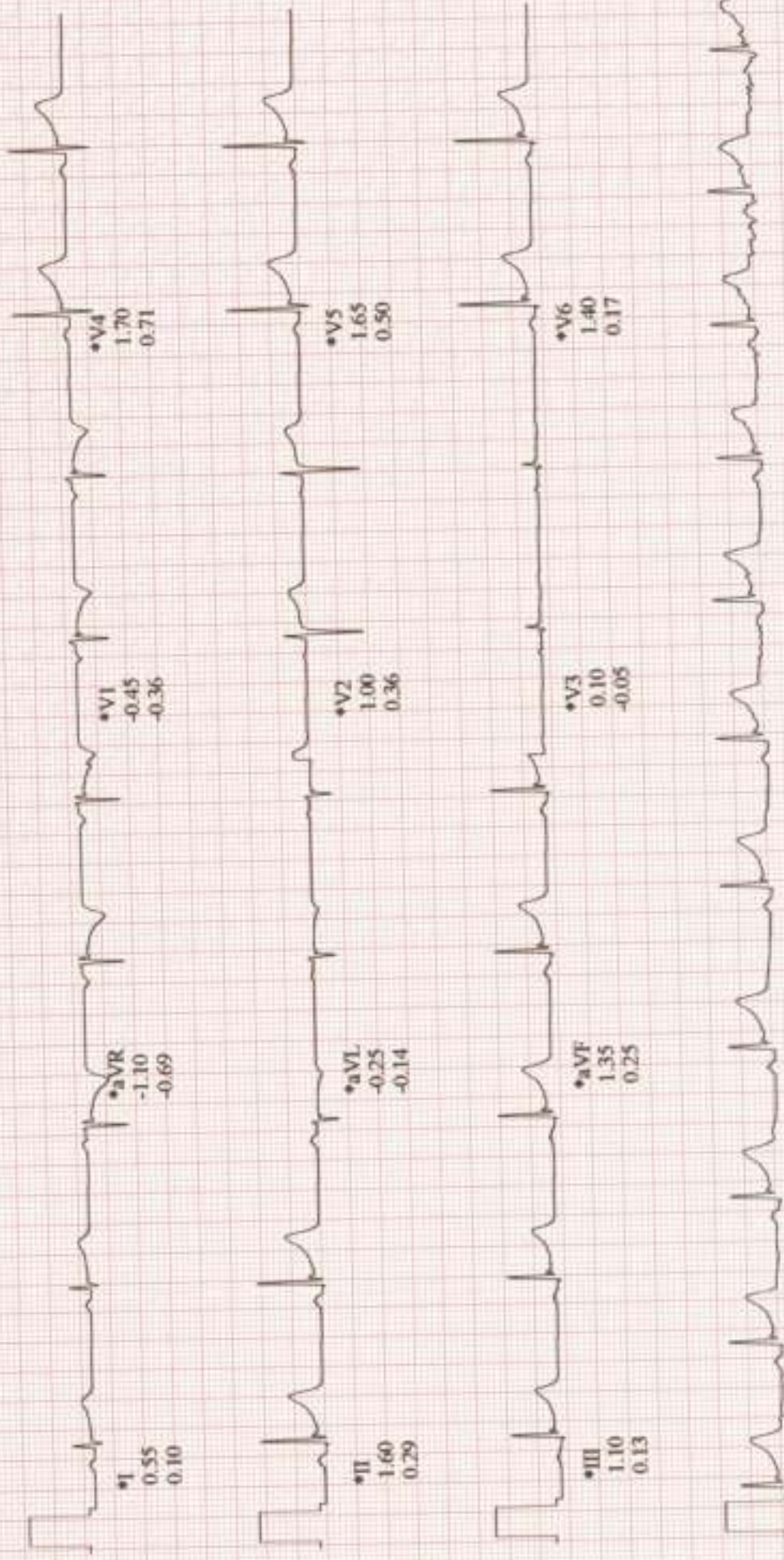
BRUCE
0.0 mph
0.0 %

PRETEST
STANDING
00:19

55 bpm
110-70 mmHg

ST @ 10mm/mV
60 ms post J

Lead
ST Level (mm)
ST Slope (mV/s)



II
Raw Data

*Computer Synthesized Rhythms

MR. ASHUTOSH KUMAR
Patient ID: 20865
21.03.2024
11:56:47am

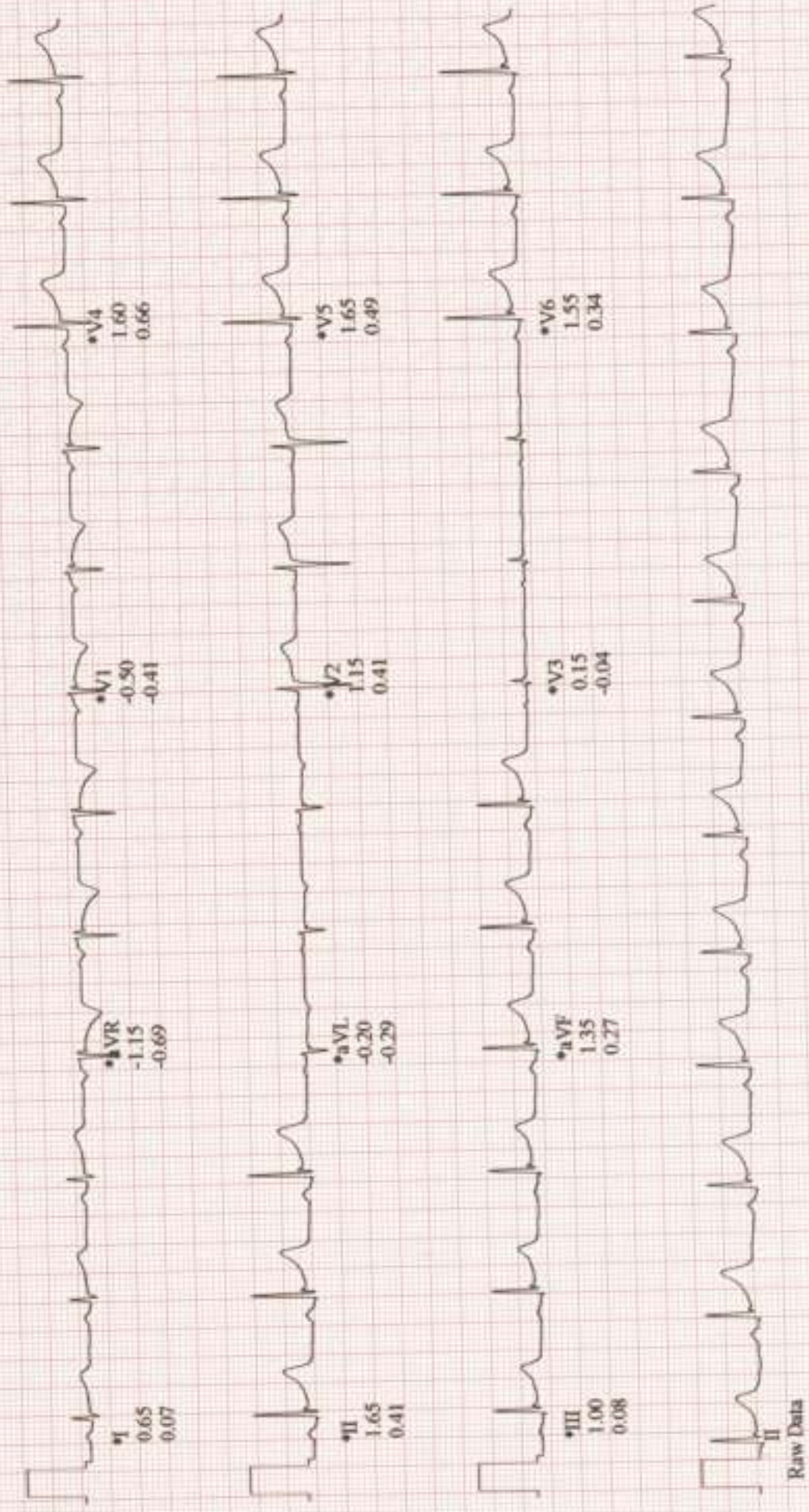
BRUCE
0.0 mph
0.0 %

PRETEST
WARM-UP
00:34

70 bpm
110/70 mmHg

Lead
ST Level (mm)
ST Slope (mV/s)

ST @ 10mm/mV
60 ms post J



Raw Data

*Computer Synthesized Rhythms

MR. ASHUTOSH KUMAR
Patient ID: 20865
21.03.2024
11:59:42am

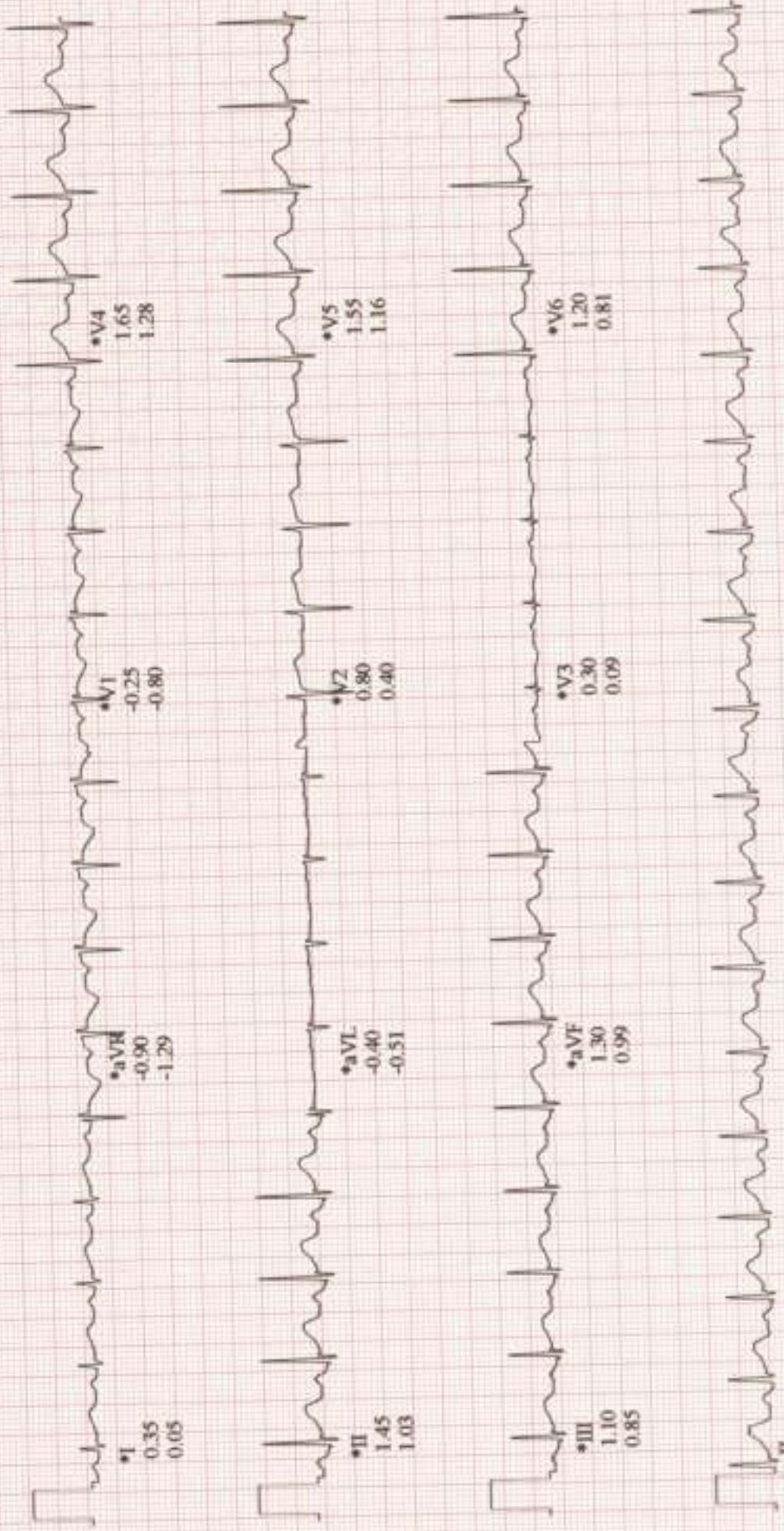
BRUCE
1.7 mph
10.0 %

EXERCISE
STAGE 1
02:50

105 bpm
110/70 mmHg

Lead
ST Level (mm)
ST Slope (mV/s)

ST @ 10mm/mV
60 ms post J



Raw Data

*Computer Synthesized Rhythms

MR. ASHUTOSH KUMAR
Patient ID: 20865
21.03.2024
12:02:42pm

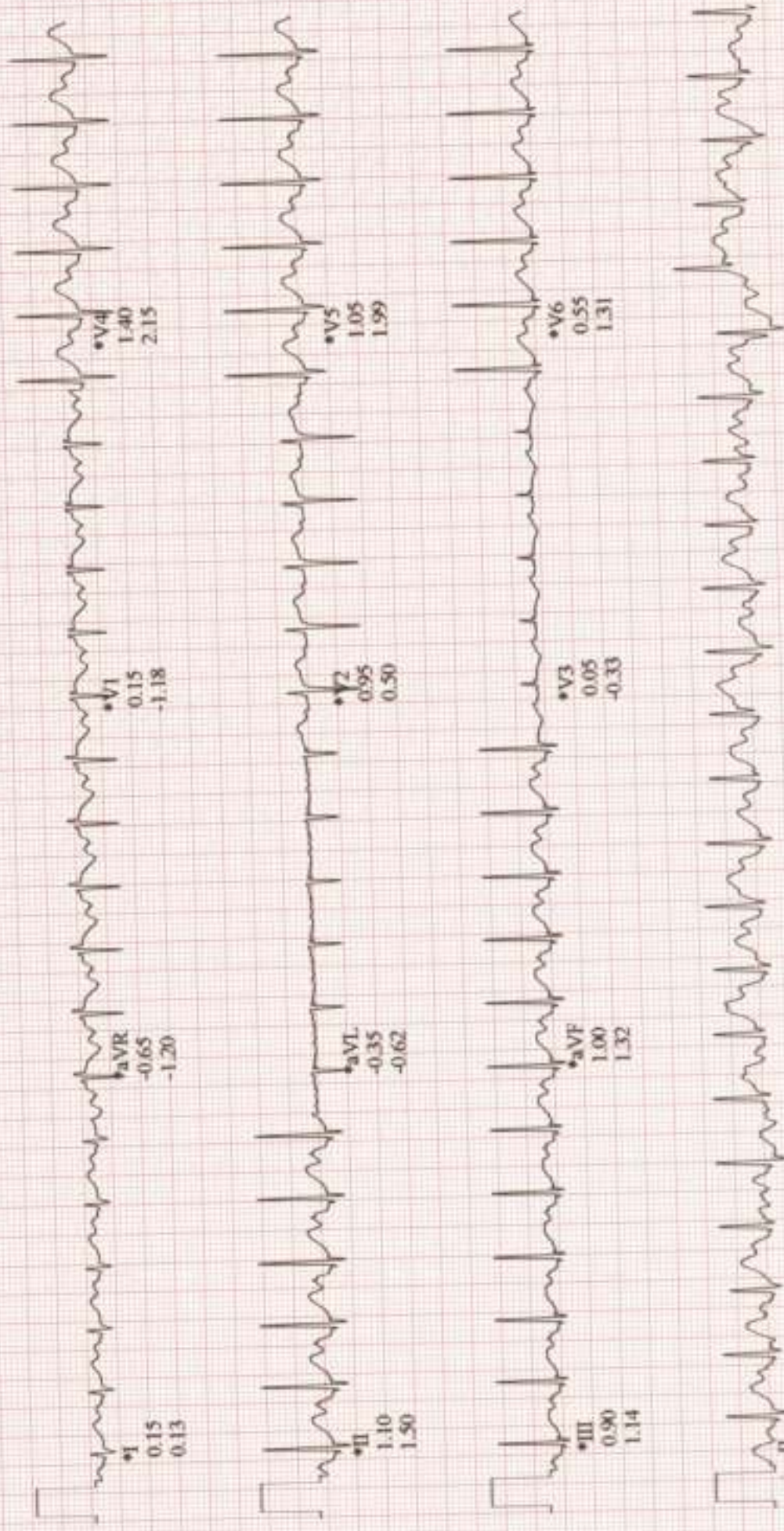
BRUCE
2.5 mph
12.0 %

EXERCISE
STAGE 2
05:50

137 bpm
120/80 mmHg

Lead
ST Level (mm)
ST Slope (mV/s)

ST @ 10mm/mV
60 ms post J



Raw Data

*Computer Synthesized Rhythms

MR. ASHUTOSH KUMAR
Patient ID: 20865
21.03.2024
12:04:54pm

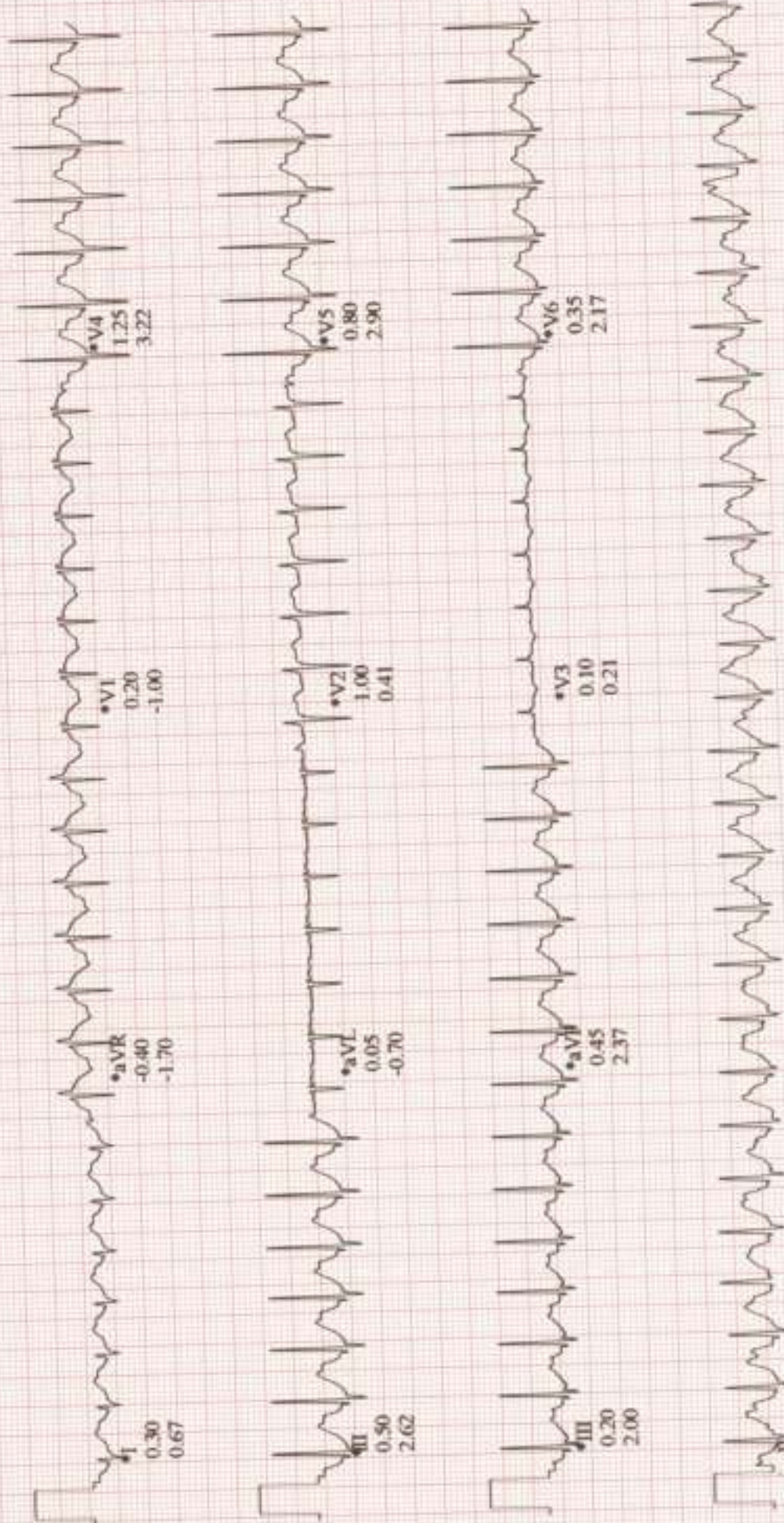
BRUCE
3.4 mph
14.0%

EXERCISE
STAGE 3
08:02

166 bpm
130/90 mmHg

Lead
ST Level (mm)
ST Slope (mV/s)

ST @ 10mm/mV
60 ms post J



Raw Data

MR. ASHUTOSH KUMAR
Patient ID: 20865
21.03.2024
12:05:57pm

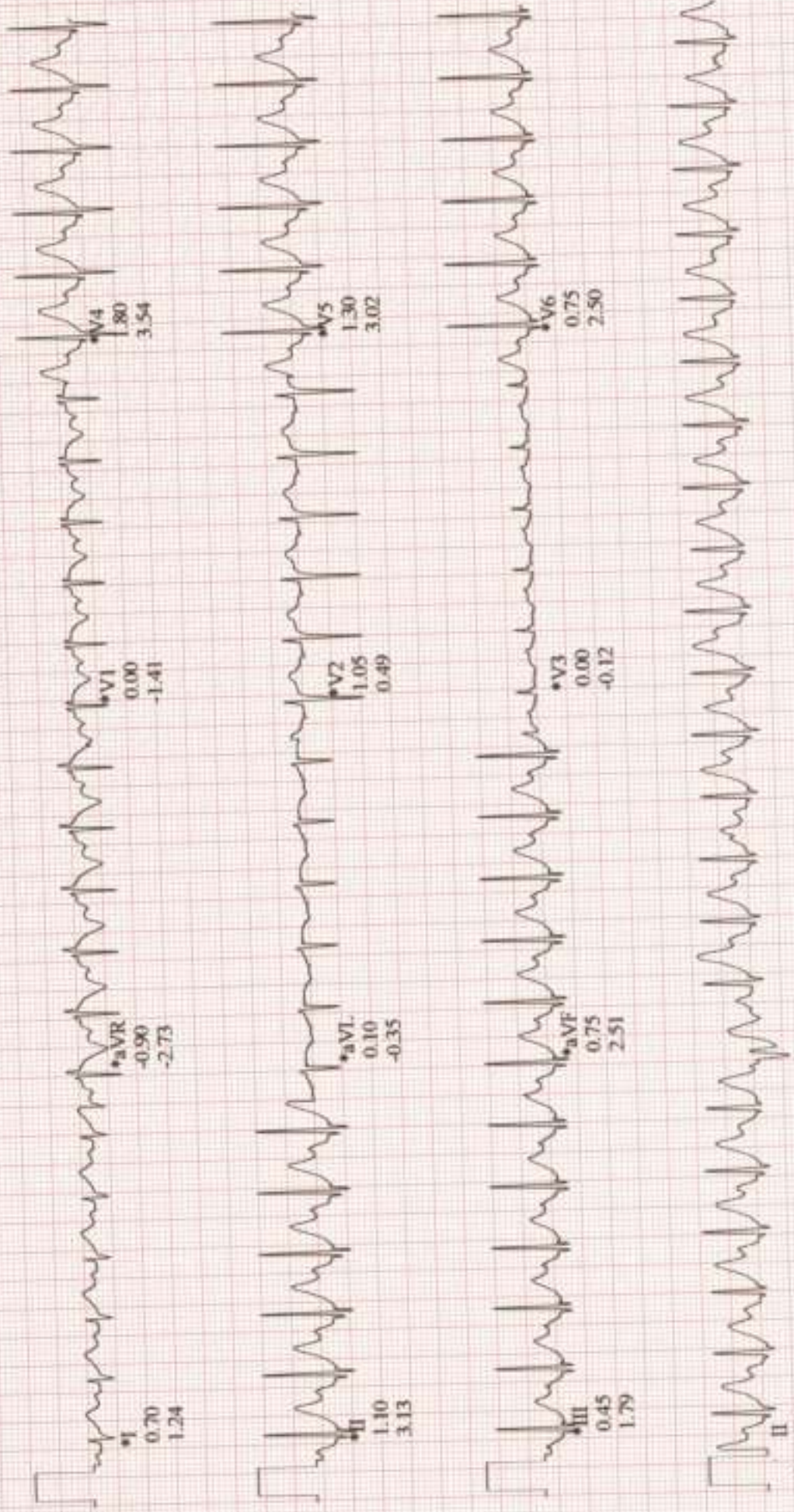
BRUCE
1.5 mph
0.0 %

RECOVERY
#1
01:00

141 bpm
130/90 mmHg

Lead
ST Level (mm)
ST Slope (mV/s)

ST @ 10mm/mV
60 ms post J



Raw Data

*Computer Synthesized Rhythms

MR. ASHUTOSH KUMAR
Patient ID: 20865
21.03.2024
12:07:57pm

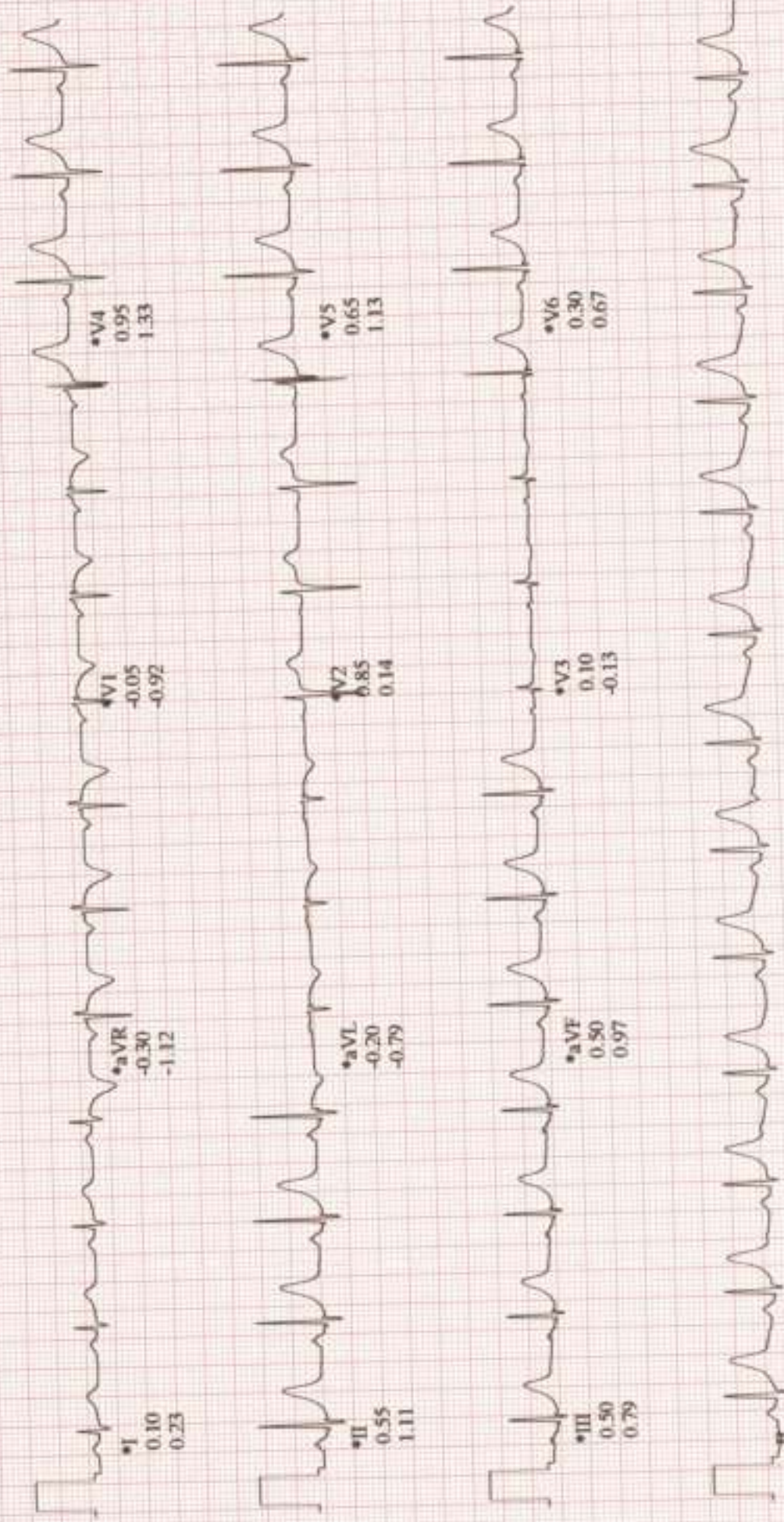
BRUCE
0.0 mph
0.0 %

RECOVERY
#1
03:00

83 bpm
130/90 mmHg

Lead
ST Level (mm)
ST Slope (mV/s)

ST @ 10mm/mV
60 ms post J



Raw Data

MR. ASHUTOSH KUMAR
Patient ID: 20865
21.03.2024
12:09:57 pm

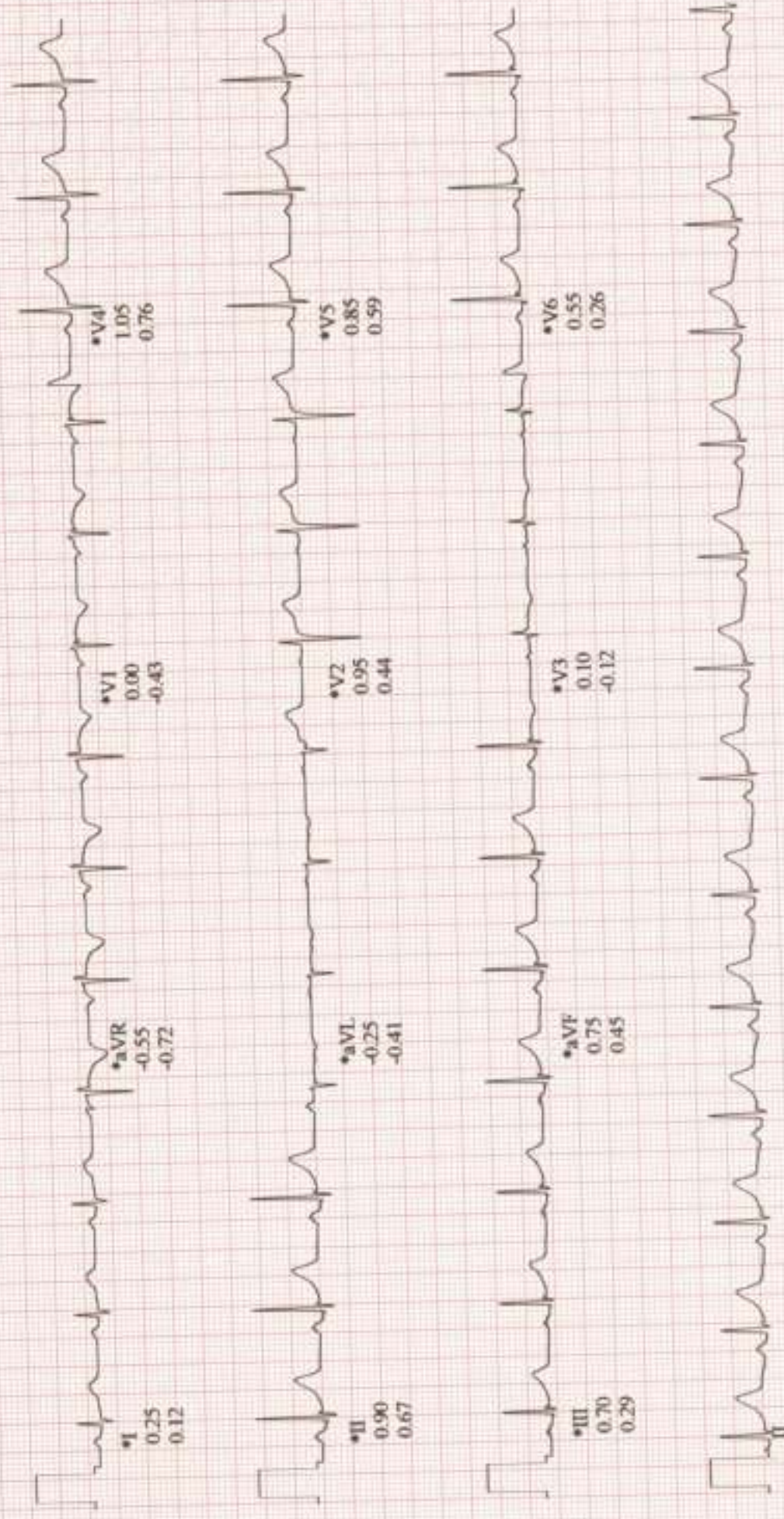
BRUCE
0.0 mph
0.0 %

RECOVERY
#1
05:00

77 bpm
130/90 mmHg

Lead
ST Level (mm)
ST Slope (mV/s)

ST @ 10mm/mV
60 ms post J



Raw Data

*Computer Synthesized Rhythms



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NABL



No.1

**UNITED
HOSPITAL**Care Par Excellence
Jayanagar, Bangalore**DEPARTMENT OF RADIODIAGNOSIS**

Name	Ashutosh Kumar	Date	21/03/24
Age	37 years	Hospital ID	UHJA23020865
Sex	Male	Ref.	Healthcheck

ULTRASOUND ABDOMEN AND PELVIS**FINDINGS:**

Liver is normal in size and echopattern. No intra or extra hepatic biliary duct dilatation. No focal lesions. **Portal vein** is normal in caliber. **CBD** is not dilated.

Gall bladder is normal without evidence of calculi, wall thickening or pericholecystic fluid.

Pancreas - Visualized part of the pancreatic head and body appears normal in size, contour and echogenicity. Rest of the pancreas is obscured by bowel gas.

Spleen is normal in size, shape, contour and echopattern. No focal lesion.

Right Kidney is normal in size (9.7 x 3.5 cms), position, shape and echopattern. Corticomedullary differentiation is maintained. No calculus or hydronephrosis.

Left Kidney is normal in size (10.4 x 5.0 cms), position, shape and echopattern. Corticomedullary differentiation is maintained. No calculus or hydronephrosis.

Retroperitoneum - Obscured by bowel gas.

Urinary Bladder is distended, normal in contour and wall thickness. No evidence of calculi, mass or mural lesion.

Prostate is normal in echopattern and size, measures ~ 15.4 cc.

No ascites or pleural effusion. Appendix could not be localized. No RIF probe tenderness.

IMPRESSION:

- **No definite sonological abnormality detected.**

Dr. Elluru Santosh Kumar
Consultant Radiologist



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Jayanagar, Bangalore

DEPARTMENT OF RADIODIAGNOSIS

Name	Ashutosh Kumar	Date	21/03/24
Age	37 years	Hospital ID	UHJA23020865
Sex	Male	Ref.	Health check

RADIOGRAPH OF THE CHEST (PA – VIEW)

FINDINGS:

Bilateral lung fields are normal.

Bilateral costo-phrenic angles are normal.

Cardia and mediastinal contours are normal.

The bony thorax is grossly normal.

IMPRESSION:

- No radiographic abnormality.

Dr. Elluru Santosh Kumar
Consultant Radiologist