

Name : Mr. YOGESH MADHUKAR NIKHADE (50 /M)

Date : 20/01/2024

Address : F NO 3 KASHYARI-D APT SOU NAGAR PUMPING STA ROAD GANGAPUR ROAD
NASHIK, NASHIK, NASHIK, MAHARASHTRA, INDIA

Examined by :

UHID : MHN1.0000077102

Package : MediWheel Full Body Health Checkup Male Above 40

AHC No : NSKAH38635



CHIEF COMPLAINTS

For corporate health checkup
No specific complaints

PRESENT KNOWN ILLNESS

No history of - Diabetes mellitus,
Hypertension, Thyroid
disorder, Heart disease,
Stroke, Asthma, COPD,
Cancer



DRUG ALLERGY

NO KNOWN ALLERGY

:20/01/2024



SYSTEMIC REVIEW

Cardiovascular system

- Nil Significant



Past medical history

Do you have any - No
allergies?

Immunization history

- Covid Dose1, Covid Dose2



Personal history

Marital status - Married
No. of children - 1
Diet - Mixed Diet
Alcohol - does not consume alcohol
Smoking - No
Chews tobacco - No
Physical activity - Active



Family history

Father - alive
Aged - 81

Mother - alive
Aged - 80
Sisters - 1
Coronary artery
disease - none
Cancer - None

PHYSICAL EXAMINATION



General

General appearance - normal
Build - normal
Height - 168
Weight - 66.7
BMI - 23.63
Pallor - No
Oedema - no
SpO2 - 99



Cardiovascular system

Heart rate (Per minute) - 64
Rhythm - Regular
- B.P. Supine
Systolic(mm of Hg) - 110
Diastolic(mm of Hg) - 70
Heart sounds - S1S2+

Respiratory system

Breath sounds - Normal vesicular breath
sounds



Abdomen

Organomegaly - No
Tenderness - No

Printed By : Laxmi Kashinath Kahandole

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STOOL ROUTINE

Test Name	Result	Unit	Level	Range
Color:	Brownish Yellow			
Consistency :	Semi Formed			
Mucus:	Absent			
Blood:	Absent			
Pus:	Absent			
Reaction:	Alkaline			7.2-7.8
Ova:	Absent	/hpf		
Cysts:	Absent	/hpf		
Trophozoite	Absent	/hpf		
RBC	00	/hpf	●	0-2
WBC/Pus Cells :	0-2/hpf	/hpf		

Haematocrit	44.1	%	●	39.0-54.0
RBC COUNT	5.78	Million/ ul	●	4.2-6.5
MCV	76.4	fl	●	75.0-95.0
MCH	26.5	pg	●	26.0-32.0
MCHC	34.7	g/dl	●	31.0-36.0
RDW	15.8	%	●	11-16
Platelet Count(Optical/Impedanc e)	234	10 ³ /m m ³	●	140-440
TLC Count	6.7	10 ⁹ /m m ³	●	4.0-11.0
Neutrophils	60	%	●	45-75
Lymphocytes	32	%	●	20-45
Eosinophils	03	%	●	1-6
Monocytes	05	%	●	1-10
Basophils	00	%	●	0-1
ERYTHROCYTE SEDIMENTATION RATE (ESR)	05	mm/1st hr	●	0-10

URINE ROUTINE (CUE)

Test Name	Result	Unit	Level	Range
Specific Gravity	1.005 *		●	1.016-1.026
Color,:	PALE YELLOW			
Transparency:	Clear			
Reaction:	Acidic			7.2-7.8
Protein :	Absent			
Sugar:	Absent			
pH	5.0		●	4.6-8
Blood:	Absent			
Ketone	Absent			
Bile Pigments:	Absent			
Bile Salts :	Negative			
Urobilinogen	Normal			
Nitrite	Negative			
RBC	00	/hpf	●	0-2
WBC/Pus Cells	0-2/hpf	/hpf		
Tc/Sqc(Transitional/Squ amous epithelial cells)	3-4/hpf	/hpf		

BLOOD GROUPING AND TYPING (ABO and Rh)

Test Name	Result	Unit	Level	Range
ABO Group:	A			
Rh (D) Type:	POSITIVE			

LIVER FUNCTION TEST (PACKAGE)

Test Name	Result	Unit	Level	Range
ALT(SGPT) - SERUM / PLASMA	22 *	U/L	●	30-65
ALBUMIN - SERUM	4.2	g/dL	●	3.5-5
GLOBULIN - SERUM: (Calculated)	4.7 *	g/dL	●	1.8-3.6
ALBUMIN:GLOBULIN - SERUM(RATIO) (Calculated)	0.9 *		●	1.1-1.8

C B C WITH ESR (AUTOMATION + STANDARD METHOD)

Test Name	Result	Unit	Level	Range
Hemoglobin	15.3	g/dl	●	13.0-18.0

ALKALINE PHOSPHATASE - SERUM/PLASMA	57	U/L	●	0-100
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● Within Normal Range ● Borderline High/Low ● Out of Range

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AST (SGOT) - SERUM 26 U/L ● 15-37
BILIRUBIN, TOTAL - SERUM 0.3 mg/dL ● 0.0-1.0

LIPID PROFILE TEST (PACKAGE)

Test Name	Result	Unit	Level	Range
Total Cholesterol	143	mg/dL	●	0-200

CREATININE - SERUM / PLASMA

Test Name	Result	Unit	Level	Range
CREATININE - SERUM / PLASMA	0.9	mg/dL	●	0.8-1.3

LIVER FUNCTION TEST (PACKAGE)

Test Name	Result	Unit	Level	Range
GGTP: GAMMA GLUTAMYL TRANSPEPTIDASE - SERUM	18	U/L	●	0-50

GLUCOSE - SERUM / PLASMA (FASTING)

Test Name	Result	Unit	Level	Range
Glucose - Plasma (Fasting)	102 *	mg/dL	●	70-100

GLUCOSE - SERUM / PLASMA (POST PRANDIAL)

Test Name	Result	Unit	Level	Range
Glucose - Plasma (POST PRANDIAL)	107	mg/dL	●	70-140

GLYCOSYLATED HEMOGLOBIN (HbA1C) - WHOLE BLOOD

Test Name	Result	Unit	Level	Range
Glycosylated Hemoglobin (HbA1c)	6.0	%	●	0.0-6.0
Mean Plasma Glucose (MPG) Estimate:	136.3000	mg/dL		

LIPID PROFILE TEST (PACKAGE)

Test Name	Result	Unit	Level	Range
HDL CHOLESTEROL - SERUM / PLASMA	40	mg/dL	●	40-60

TOTAL CHOLESTEROL/HDL CHOLESTEROL RATIO(Calculated) 3.6 ● 0.0-4.5

LDL Cholesterol (Direct LDL) 123 mg/dL ●

LIVER FUNCTION TEST (PACKAGE)

Test Name	Result	Unit	Level	Range
PROTEIN, TOTAL - SERUM / PLASMA	8.3 *	g/dL	●	6.4-8.2

THYROID PROFILE - I(T3,T4 AND TSH)

Test Name	Result	Unit	Level	Range
TOTAL T3: TRI IODOTHYRONINE - SERUM	163	ng/dL	●	Healthy Adults: 69 - 215
TOTAL T4: THYROXINE - SERUM	7.1	µg/dL	●	Healthy Adults:5.2-12.7

LIPID PROFILE TEST (PACKAGE)

Test Name	Result	Unit	Level	Range
Triglycerides - Serum	49	mg/dL	●	0-150
VLDL SERUM-CALCULATED	9.8000			

THYROID PROFILE - I(T3,T4 AND TSH)

Test Name	Result	Unit	Level	Range
TSH: THYROID STIMULATING HORMONE - SERUM	2.3	uIU/mL	●	Euthyroid: 0.3 - 4.5 Hypothyroid: 7.1 - >75

UREA - SERUM / PLASMA

Test Name	Result	Unit	Level	Range
UREA - SERUM / PLASMA	33	mg/dL	●	15-38
UREA NITROGEN SERUM/PLASMA: (Calculated)	15	mg/dL	●	7-18

URIC ACID - SERUM

Test Name	Result	Unit	Level	Range
URIC ACID - SERUM	3.9	mg/dL	●	3.5-7.2

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LIVER FUNCTION TEST (PACKAGE)

Test Name	Result	Unit	Level	Range
BILIRUBIN CONJUGATED (DIRECT) - SERUM	0.1	mg/dL	●	0.0-0.3
BILIRUBIN UNCONJUGATED - SERUM(Calculated)	0.2	mg/dL	●	0.0-0.7

PROSTATIC SPECIFIC ANTIGEN (PSA TOTAL)

Test Name	Result	Unit	Level	Range
PROSTATIC SPECIFIC ANTIGEN (PSA TOTAL)	2.79	ng/mL	●	0.24-3

CARDIAC STRESS TEST - (TMT)

TEST IS NEGATIVE FOR INDUCIBLE ISCHEMIA

ECG

ULTRASOUND - WHOLE ABDOMEN

Grade I fatty infiltration of liver.

Few gall bladder polyps.

Grade II prostatomegaly with significant postvoid urinary retention.

No other significant abnormality is detected.

Advice : PSA correlation.

X-RAY CHEST PA

No significant abnormality is detected.

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Printed By :

AHC Physician / Consultant Internal Medicine

Note :- The Health Check-up examinations and routine investigations have certain limitations and may not be able to detect all the diseases. Any new or persisting symptoms should be brought to the attention of the Consulting Physician. Additional tests, consultations and follow up may be required in some cases.

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AICVD RISK SCORE REPORT

RISK STATUS

Low Risk

YOUR SCORE

4

ACCEPTABLE SCORE

7

Your cardiovascular disease risk in the next 10 years is within the Normal limits for your age and gender

The AICVD risk score developed by Apollo Hospitals is a novel artificial intelligence-based risk scoring system that predicts your risk of having Coronary Artery Disease (CAD) related events in the next ten years. This scoring system uses Indian data and has been validated by multiple national and international institutions. This risk score is more than 92% accurate and has been compiled based on your physical parameters, heart health attributes, lifestyle and medical history. **Note:** The risk category is determined through the ratio between guest score and acceptable score at multiple decimal points. The outputs are shown in whole numbers.

Based on your AICVD risk score you are advised the following:

- Follow the guidance and education on **lifestyle and dietary management provided through the ProHealth program. Maintain a healthy BMI (<25). Avoid tobacco in any form and if you are a smoker, stop smoking.**
- Continue with **medications** for high blood pressure, diabetes, or dyslipidemia, if advised by your physician. Maintain HbA1c <7% (<53mmol/mol), blood pressure <140/90mmHg.
- Follow your physician's advice regarding **follow up tests, consults and annual health assessment**

DISCLAIMER

1. This is not a diagnostic tool and it does not guarantee accuracy of the result and cannot be acted upon independently.
2. This risk score and clinical algorithm is a general guideline for physicians. Any additional laboratory investigations, diagnostic imaging, treatment or patient education related to lifestyle management is under the physician's or cardiologist's discretion.
3. To ensure the information in the report is up to date, accurate and correct, doctor shall be consulted for interpretation of the report.
4. Apollo Hospitals and its staff does not offer any assurance on the information made available or be liable for any loss or damage as the said report is based on the AICVD risk score without any intervention from their side.
5. By usage of the AICVD risk score, it is deemed that the beneficiary of this service has agreed to get the same done at his own risk and further agrees with this disclaimer without any limitation or any clauses or sub-clauses.

The Clinical AI Models and APIs used at Apollo Hospitals are certified by ISO 13485 : 2016 vide certificate no. MD 763515