


<b>Name</b> : Mrs. ANUPMA SONKAR  <b>Address</b> : Bangalore  <b>Plan</b> : ARCOFEMI MEDIWHEEL FEMALE AHC CREDIT PAN INDIA OP AGREEMENT	<b>Age</b> : 38 Y  <b>Sex</b> : F	<b>UHID</b> :CBEL.0000097450  <small>* CBEL . 0 0 0 0 0 9 7 4 5 0 *</small> <b>OP Number</b> :CINROPV236414 <b>Bill No</b> :CINR-OCR-100480 <b>Date</b> : 10.08.2024 09:13
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Sno	Service Type/ServiceName	Department
1	ARCOFEMI - MEDIWHEEL - FULL BODY HEALTH ANNUAL PLUS CHECK - FEMALE - 2D ECHO - PAN INDIA - FY2324	
1	GAMMA GLUTAMYL TRANSFERASE (GGT)	
2	D ECHO - 9 <i>after 9:30 am</i>	
3	LIVER FUNCTION TEST (LFT)	
4	GLUCOSE, FASTING	
5	HEMOGRAM + PERIPHERAL SMEAR	
6	GYNAECOLOGY CONSULTATION - 3 ✓ <i>after 11 am</i>	
7	DIET CONSULTATION	
8	COMPLETE URINE EXAMINATION	
9	URINE GLUCOSE(POST PRANDIAL)	
10	PERIPHERAL SMEAR	
11	ECG - 6	
12	LBC PAP TEST- PAPSURE - 3 ✓ <i>after 11 am</i>	
13	RENAL PROFILE/RENAL FUNCTION TEST (RFT/KFT)	
14	DENTAL CONSULTATION - 1 <i>after 10 am</i>	
15	GLUCOSE, POST PRANDIAL (PP), 2 HOURS (POST MEAL)	
16	URINE GLUCOSE(FASTING)	
17	HbA1c, GLYCATED HEMOGLOBIN	
18	X-RAY CHEST PA - 10	
19	ENT CONSULTATION	
20	FITNESS BY GENERAL PHYSICIAN	
21	BLOOD GROUP ABO AND RH FACTOR	
22	LIPID PROFILE	
23	BODY MASS INDEX (BMI) - 6	
24	OPHTHAL-BY GENERAL PHYSICIAN - 5 <i>after 11 am</i>	
25	ULTRASOUND - WHOLE ABDOMEN - 9 <i>after 11:30 am</i>	
26	THYROID PROFILE (TOTAL T3, TOTAL T4, TSH)	

*27. Niramai Breast Screening - 15*

Date : 10-08-2024

MR NO : CBEL.0000097450

Name : Mrs. ANUPMA SONKAR

Age/ Gender : 38 Y / Female

Department : GENERAL

Doctor :

Registration No :

Qualification :

Consultation Timing: 09:12

Height :	Weight :	BMI :	Waist Circum :
Temp :	Pulse :	Resp :	B.P :

General Examination / Allergies  
History

Clinical Diagnosis & Management Plan

38yrs. P2C2 TC not done, R/cycle  
Comp- 19<sup>th</sup> July / LBC pap  
sneal

Adv

PE

HPV vaccine

PA 50yr (M)

Niramai

PS-

(Sonomanipram (x health)

in view of

perianal fibroadenoma)

My wash kit ✓ - ✓  
1 bottle

Tab FBNTN 600mg- D, 2 P 3  
(vaginal application)

Follow up date:

Doctor Signature

10.08.2024

Mrs. Anupama Sorru

38 yo / F.

Height : 167 cm	Weight : 62 kg	BMI : 22.2 kg/m <sup>2</sup>	Waist Circum : 90 cm
Temp : 97.4	Pulse : 65 b/min	Resp : 20 cpm	B.P : 94/53 mmHg

General Examination / Allergies  
History

Clinical Diagnosis & Management Plan

Acropium - Allc.

Ears: NO

Nose: NO

Throat: NO

Follow up date:

Dr. RAVINDRANATHAN  
M.B.B.S., D.L.O.

*Ravindranathan*

Doctor Signature

**Apollo Clinic, Indiranagar**

#2012, 1st Floor, 100 Feet Road, HAL 2nd Stage, Indiranagar - 560038

Phone: (080) 2521 4614/15

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**E.N.T. SURGEON**  
BOOK YOUR APPOINTMENT TODAY!  
KMC REG. No : 18554

Whatsapp Number : 970 100 3333

Toll Number : 1860 500 7788

Website : www.apolloclinic.com

Mrs anupama  
ID: 97430

29.07.1986  
38 Years

Female

QRS  
QT / QTcBaz 86 ms  
PR 406 / 422 ms  
P 162 ms  
RR / PP 916 / 923 ms  
P / QRS / T 39 / 64 / 48 degrees

10.08.2024 13:38:34  
APOLLO CLINIC  
INDIRANAGAR  
BANGALORE

ARROW CC

Location:  
Room:  
Order Number:  
Indication:  
Medication 1:  
Medication 2:  
Medication 3:

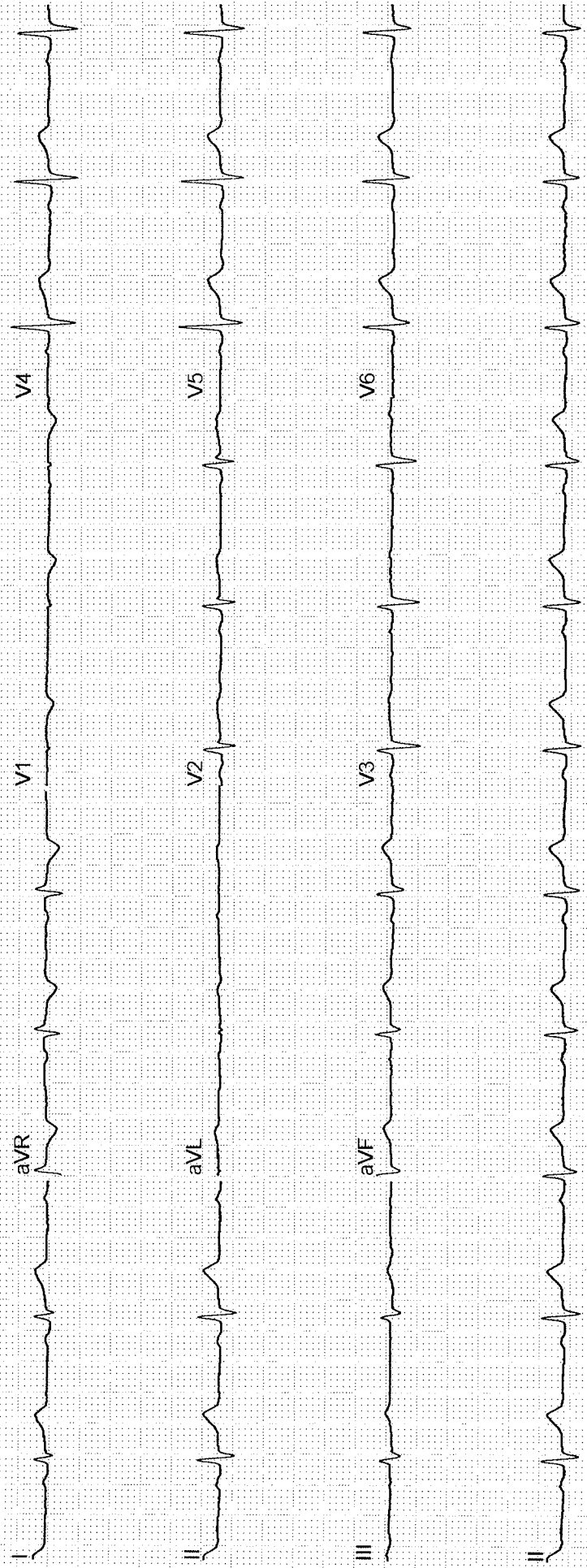
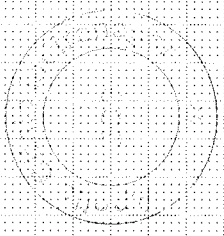
65 bpm  
-- / -- mmHg

Technician:  
Ordering Ph:  
Referring Ph:  
Attending Ph:

*Handwritten signature*

*Handwritten signature*

Dr. M. SUDHAKAR RAO  
MDS, MD, DM (Cardiol), AF, ESC, FSCAI  
CONSULTANT  
KMC RAGHUNATHA CHOWDIPATY'S  
APOLLO CLINIC



NAME: MRS ANUPAMA S	AGE/SEX: 38/F	OP NUMBER: 170
Ref By : SELF	DATE: 10-08-2024	

**M mode and doppler measurements:**

CM	CM	M/sec	
AO: 2.2	IVS(D): 1.0	MV: E Vel: 0.8	A Vel : 0.4
LA: 2.4	LVIDD(D): 3.8	AV Peak: 1.0	
	LVPW(D): 1.2	PV peak: 0.8	
	IVS(S):1.0		
	LVID(S): 2.6		
	LVPW(S): 1.4		
	LVEF:60 %		
	TAPSE: 2.2		

**Descriptive findings:**

Left Ventricle	Normal
Right Ventricle:	Normal
Left Atrium:	Normal
Right Atrium:	Normal
Mitral Valve:	Normal
Aortic Valve:	Normal
Tricuspid Valve:	Normal
IAS:	Normal
IVS:	Normal

Pericardium:	Normal
IVC:	Normal
Others	---

**IMPRESSION :**

Normal cardiac chamber and valves

No Regional wall motion abnormality

No MR/AR/TR

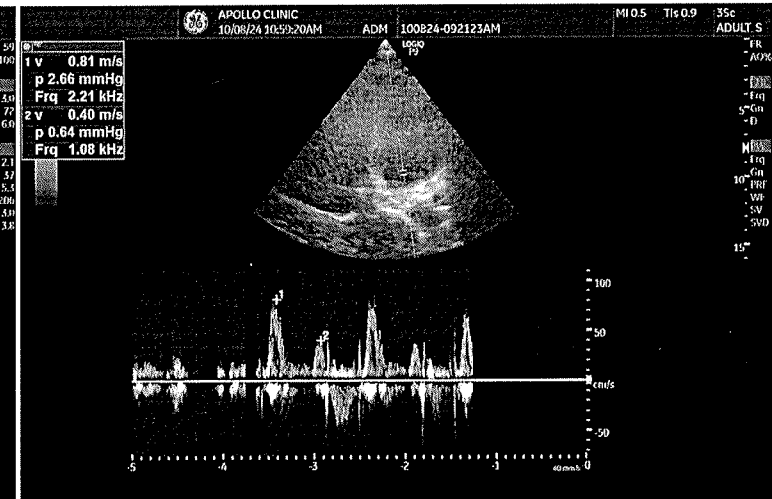
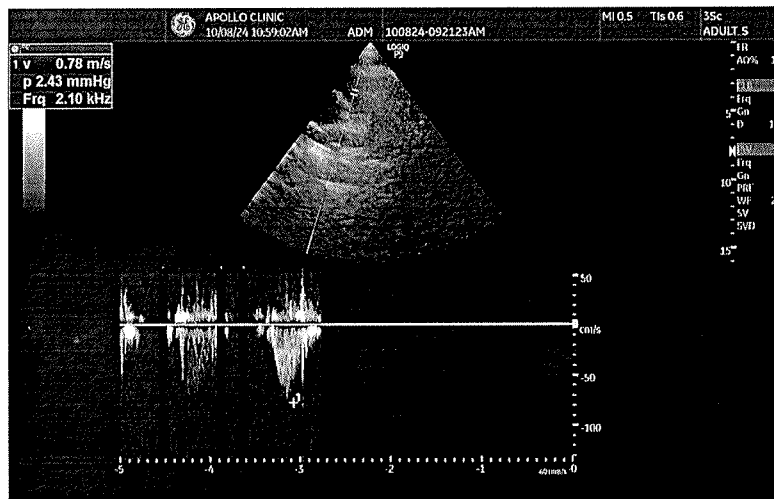
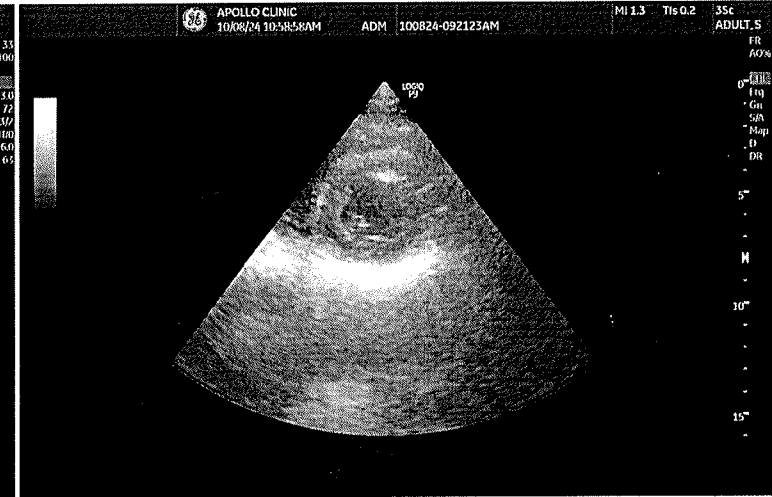
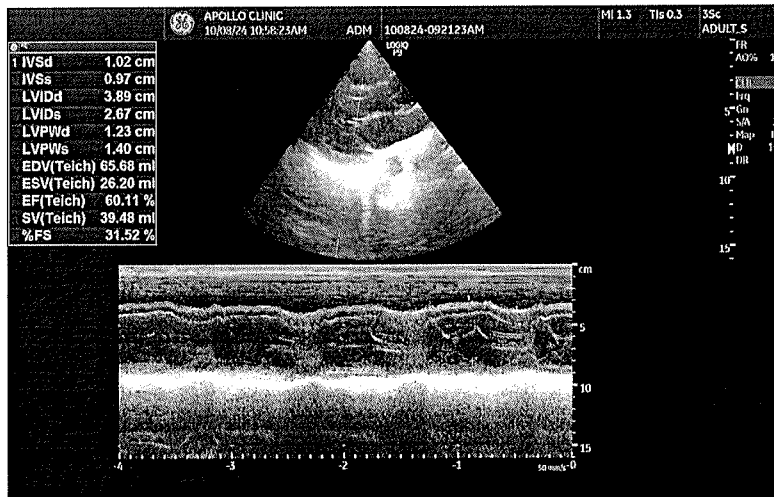
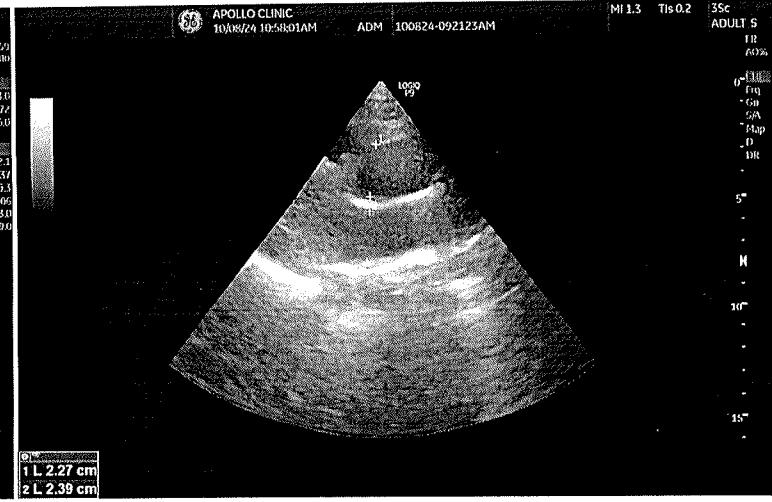
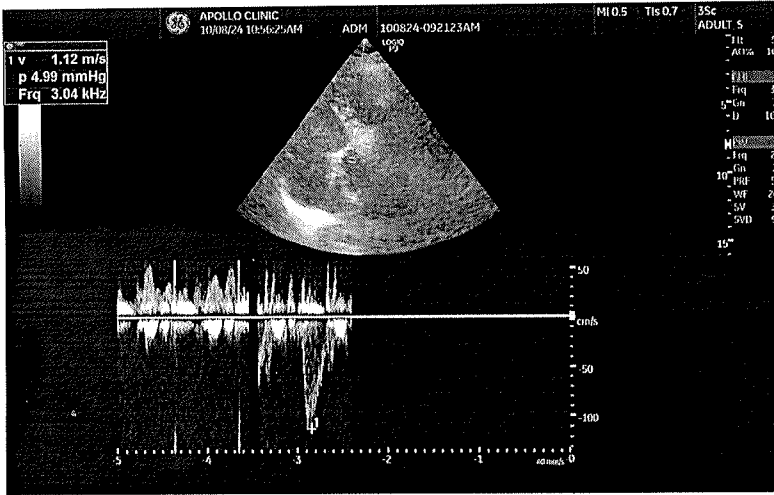
No clot/vegetation/pericardial effusion

Normal LV systolic function - LVEF= %

DR JAGADEESH H V MD,DM

CONSULTANT CARDIOLOGIST





# Apollo Clinic

## CONSENT FORM

Patient Name: Anupma Sankar Age: 38  
UHID Number: 97150 Company Name: Bank of Baroda

I Mr/Mrs/Ms Anupma Employee of Bank of Baroda  
(Company) Want to inform you that I am ~~not~~ interested in getting the consultation on  
Tests done which is a part of my routine health check package. 16/08/2024

And I claim the above statement in my full consciousness.

Patient Signature: [Signature] Date: 10/08/2024

### Apollo Health and Lifestyle Limited

(CIN - U85110TG2000PLC115819)

Regd. Office: 1-10-60/62, Ashoka Raghupathi Chambers, 5th Floor, Begumpet, Hyderabad, Telangana - 500 016.

Ph No: 040-4904 7777, Fax No: 4904 7744 | Email ID: enquiry@apollohl.com | www.apollohl.com

APOLLO CLINICS NETWORK KARNATAKA

Bangalore (Basavanagudi | Bellandur | Electronic City | Fraser Town | HSR Layout | Indira Nagar | JP Nagar | Kundalahalli |  
Koramangala | Sarjapur Road) Mysore (VV Mohalla)

Online appointments: www.apolloclinic.com

TO BOOK AN APPOINTMENT

 **1860 500 7788**



LETTER OF APPROVAL / RECOMMENDATION

To,

The Coordinator,  
MediWheel (M/s. Arcofemi Healthcare Pvt. Ltd.)

Dear Sir / Madam,

**Sub: Annual Health Checkup for the employees of Bank of Baroda**

This is to inform you that the following employee wishes to avail the facility of Cashless Annual Health Checkup provided by you in terms of our agreement.

PARTICULARS	EMPLOYEE DETAILS
NAME	MRS. SONKAR ANUPMA
EC NO.	102801
DESIGNATION	CASA
PLACE OF WORK	BENGALURU,RO BENGALURU NORTH
BIRTHDATE	29-07-1986
PROPOSED DATE OF HEALTH CHECKUP	10-08-2024
BOOKING REFERENCE NO.	24S102801100109990E

This letter of approval / recommendation is valid if submitted along with copy of the Bank of Baroda employee id card. This approval is valid from **05-08-2024** till **31-03-2025** The list of medical tests to be conducted is provided in the annexure to this letter. Please note that the said health checkup is a **cashless facility** as per our tie up arrangement. We request you to attend to the health checkup requirement of our employee and accord your top priority and best resources in this regard. The EC Number and the booking reference number as given in the above table shall be mentioned in the invoice, invariably.

We solicit your co-operation in this regard.

Yours faithfully,

Sd/-

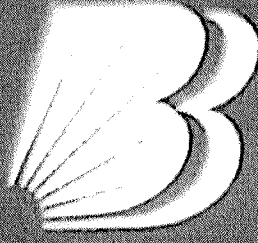
**Chief General Manager**  
**HRM & Marketing Department**  
**Bank of Baroda**

(Note: This is a computer generated letter. No Signature required. For any clarification, please contact MediWheel (M/s. Arcofemi Healthcare Pvt. Ltd.))

***List of tests & consultations to be covered as part of Annual Health Check-up***

S.No.	For Male	For Female
1	CBC	CBC
2	ESR	ESR
3	Blood Group & RH Factor	Blood Group & RH Factor
4	Blood and Urine Sugar Fasting	Blood and Urine Sugar Fasting
5	Blood and Urine Sugar PP	Blood and Urine Sugar PP
6	Stool Routine	Stool Routine
	<b>Lipid Profile</b>	<b>Lipid Profile</b>
7	Total Cholesterol	Total Cholesterol
8	HDL	HDL
9	LDL	LDL
10	VLDL	VLDL
11	Triglycerides	Triglycerides
12	HDL/ LDL ratio	HDL/ LDL ratio
	<b>Liver Profile</b>	<b>Liver Profile</b>
13	AST	AST
14	ALT	ALT
15	GGT	GGT
16	Bilirubin (total, direct, indirect)	Bilirubin (total, direct, indirect)
17	ALP	ALP
18	Proteins (T, Albumin, Globulin)	Proteins (T, Albumin, Globulin)
	<b>Kidney Profile</b>	<b>Kidney Profile</b>
19	Serum Creatinine	Serum Creatinine
20	Blood Urea Nitrogen	Blood Urea Nitrogen
21	Uric Acid	Uric Acid
22	HBA1C	HBA1C
23	Routine Urine Analysis	Routine Urine Analysis
24	USG Whole Abdomen	USG Whole Abdomen
	<b>General Tests</b>	<b>General Tests</b>
25	X Ray Chest	X Ray Chest
26	ECG	ECG
27	2D/3D ECHO / TMT	2D/3D ECHO / TMT
28	Stress Test	Gynaec Consultation
29	PSA Male (above 40 years)	Pap Smear (above 30 years) & Mammography (above 40 years)
30	Thyroid Profile (T3, T4, TSH)	Thyroid Profile (T3, T4, TSH)
31	Dental Check-up Consultation	Dental Check-up Consultation
32	Physician Consultation	Physician Consultation
33	Eye Check-up Consultation	Eye Check-up Consultation
34	Skin/ENT Consultation	Skin/ENT Consultation

\*\*\*



बैंक ऑफ बड़ौदा  
Bank of Baroda



SL.No.126

नाम अनुपमा सोनकर  
Name Anupma Sonkar

E.C. No. 102801

जारीकर्ता प्राधिकारी  
Issuing Authority

धारक के हस्ताक्षर  
Signature of Holder

**Patient Name** : Mrs. ANUPMA SONKAR

**Age/Gender** : 38 Y/F

**UHID/MR No.** : CBEL.0000097450

**OP Visit No** : CINROPV236414

**Sample Collected on** :

**Reported on** : 10-08-2024 17:54

**LRN#** : RAD2400095

**Specimen** :

**Ref Doctor** : SELF

**Emp/Auth/TPA ID** : 22E30276

## DEPARTMENT OF RADIOLOGY

### ULTRASOUND - WHOLE ABDOMEN

**LIVER:** Appears normal in size, shape and echopattern. No focal parenchymal lesions identified. No evidence of intra/extrahepatic biliary tree dilatation noted. Portal vein appears to be of normal size.

**GALLBLADDER:** Moderately distended. No definite calculi identified. No evidence of abnormal wall thickening noted.

**SPLEEN:** Appears normal in size, shape and echopattern. No focal parenchymal lesions identified.

**PANCREAS:** Obscured by bowel gas. However, the visualized portion appear normal.

**KIDNEYS:** Both kidneys appear normal in size, shape and echopattern. Corticomedullary differentiation appears maintained. No evidence of calculi or hydronephrosis on either side.

**URINARY BLADDER:** Distended and appears normal. No evidence of abnormal wall thickening noted.


**UTERUS:** Anteverted and appears normal in size. Myometrial echoes appear normal. The endometrial lining appears intact. Endometrium measures 7 mm.

**OVARIES:** Both ovaries appearing normal in size and echopattern.

No free fluid is seen.

#### IMPRESSION:

**NO SIGNIFICANT SONOGRAPHIC ABNORMALITY DETECTED.**



**Dr. DHANALAKSHMI B**  
MBBS, DMRD  
Radiology

**Patient Name** : Mrs. ANUPMA SONKAR

**Age/Gender** : 38 Y/F

**UHID/MR No.** : CBEL.0000097450

**OP Visit No** : CINROPV236414

**Sample Collected on** :

**Reported on** : 10-08-2024 16:29

**LRN#** : RAD2400095

**Specimen** :

**Ref Doctor** : SELF

**Emp/Auth/TPA ID** : 22E30276

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**DEPARTMENT OF RADIOLOGY**

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**X-RAY CHEST PA**

Both lung fields and hila are normal .

No obvious active pleuro-parenchymal lesion seen .

Both costophrenic and cardiophrenic angles are clear .

Both diaphragms are normal in position and contour .

Thoracic wall and soft tissues appear normal.

**CONCLUSION :**

No obvious abnormality seen



**Dr. DHANALAKSHMI B**  
**MBBS, DMRD**  
Radiology