

NAME:	Ms. Madhumita	UHID:	
AGE:	35	DATE OF HEALTHCHECK:	22-1-2024
GENDER:	F		

HEIGHT:	154	MARITAL STATUS:	M
WEIGHT:	63.9	NO OF CHILDREN:	2
BMI:	26.9		

C/O: Glaucoma

K/C/O: RA, Osteoporosis,  
PRESENT MEDICATION: - on medication

P/M/H: - No

P/S/H: Glaucoma Sp.,  
L. Eye - 2013  
R. Eye - 2013

ALLERGY: - No

PHYSICAL ACTIVITY: Active/ Moderate/ Sedentary

H/A: SMOKING:

FAMILY HISTORY FATHER: - Glaucoma  
MOTHER: - RA.

ALCOHOL:

TOBACCO/PAN:

O/E:

LYMPHADENOPATHY:

BP: 110/80 PULSE: - 90/min

PALLOR/ICTERUS/CYNOSIS/CLUBBING:

TEMPERATURE: SCARS:

OEDEMA:

S/E:

RS:



P/A:



CVS: - Normal

Extremities & Spine: - Dist. pain

CNS: Conscious, Oriented

ENT: - Normal

Skin: - Normal

Vision:

	Without Glass		With Glass	
	Right Eye	Left Eye	Right Eye	Left Eye
FAR :				
NEAR :				
COLOUR VISION:				

Name:	Age:	Date of Health check-up:
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**Findings and Recommendation:**

**Findings:-** LFT - SGOT/PT/GGT levels  
slightly raised  
USG - ? uterine leiomyoma  
Rept reports come

**Recommendation:-**

Consult Gynaecologist

**DR. PRADNYA R DANI**  
(M.B.B.)  
Reg. No. 87941

*Pradnya*

Signature:  
Consultant -

## OPHTHALMIC EVALUATION

UHID No.: \_\_\_\_\_

Date: 27/1/24

Name: Miss Aradhana Age: 36 Gender: Female ✓

Without Correction: Red and spotted for

Distance: Right Eye \_\_\_\_\_ Left Eye Rheumatoid Arthritis

Near : Right Eye \_\_\_\_\_ Left Eye \_\_\_\_\_

With Correction :

Distance: Right Eye 6/9 Left Eye 6/12

✓ Near : Right Eye NG Left Eye NG

	RIGHT					LEFT				
	SPH	CYL	AXIS	PRISM	VA	SPH	CYL	AXIS	PRISM	VA
Distance										
Near										

Colour Vision : ND (B)

Anterior Segment Examination : Transilluminating Uveitis (TUI)

Pupils : \_\_\_\_\_

Fundus : \_\_\_\_\_

Intraocular Pressure : 14 17 mmHg (B)

Diagnosis : \_\_\_\_\_

Advice : \_\_\_\_\_

Re-Check on ally (This Prescription needs verification every year)  
glaucoma clinic VSOBK

Dr. \_\_\_\_\_  
 (Consultant Ophthalmologist)  
**DR. RUCHIKA SHARMA**  
 M. S. (OPHTH)  
 CONSULTING OPHTHALMOLOGIST  
 & MICRO SURGEON  
 REG. No.: 3262 / 09 / 02

Name: Mrs Madhurnata Age: 36 Sex: F UHID No.: \_\_\_\_\_ Date: 27/01/2024

36 years / P<sub>2</sub>L<sub>2</sub> (Both F/NO)

NO complaints, history of PMS/mean

LMP - 21/01/2024

U  
0/0

Uterus

Abnormal

Placenta

P - 72/min

PA - B/P/N

PTs G<sub>x</sub> } Healthy  
          y<sub>y</sub> }  
(PMS/mean Feb)

Dr. Trupti Shinde



**Apollo Clinic**  
VASHI

**DR. TRUPTI VIJAY SHINDE**  
MBBS, M.S. (OBS & GYNAE)  
REG. NO.: 2014/07/3301

- Consultation
- Diagnostics
- Health Check-Ups
- Dentistry



Name : Mrs. Madhumita Gender : Female Age : 35 Years  
 UHID : FVAH 10415. Bill No : Lab No : V-3595-23  
 Ref. by : SELF Sample Col.Dt : 27/01/2024 09:55  
 Barcode No : 5865 Reported On : 27/01/2024 19:56


TEST RESULTS BIOLOGICAL REFERENCE INTERVAL

CBC (Complete Blood Count)-WB (EDTA)

Haemoglobin(Colorimetric method)	11.8	g/dl	11.5 - 15
RBC Count (Impedance)	<b>3.75</b>	Millions/cumm.	4 - 6.2
PCV/Haematocrit(Calculated)	36.7	%	35 - 55
MCV:(Calculated parameter)	98	fl	78 - 98
MCH:(Calculated parameter)	31.6	pg	26 - 34
MCHC:(Calculated parameter)	32.2	gm/dl	30 - 36
RDW-CV:	15.4	%	10 - 16
Total Leucocyte count(Impedance)	6200	/cumm.	4000 - 10500
Neutrophils:	63	%	40 - 75
Lymphocytes:	28	%	20 - 40
Eosinophils:	05	%	0 - 6
Monocytes:	04	%	2 - 10
Basophils:	00	%	0 - 2
Platelets Count(Impedance method)	1.6	Lakhs/c.mm	1.5 - 4.5
MPV	<b>11.4</b>	fl	6.0 - 11.0
Peripheral Smear (Microscopic examination)	Normochromic, Normocytic		
RBCs:	Normal		
WBCs:	Adequate		
Platelets	Test Run on 5 part cell counter.		
Note:			

Neha More  
Entered By

Ms Kaveri Gaonkar  
Verified By

Page 4 of 06  Milind Patwardhan  
M.D(Path)  
Chief Pathologist

End of Report  
Results are to be correlated clinically











Name : Mrs. Madhumita Gender : Female Age : 35 Years  
 UHID : FVAH 10415. Bill No : Lab No : V-3595-23  
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TEST RESULTS UNITS BIOLOGICAL REFERENCE INTERVAL

**LIPID PROFILE - Serum**

S. Cholesterol(Oxidase)	173	mg/dL	Desirable < 200 Borderline: >200-<240 Undesirable: >240
S. Triglyceride(GPO-POD)	122	mg/dL	Desirable < 150 Borderline: >150-<499 Undesirable: >500
S. VLDL:(Calculated)	24.4	mg/dL	Desirable <30
S. HDL-Cholesterol(Direct)	46.7	mg/dL	Desirable > 60 Borderline: >40-<59 Undesirable: <40
S. LDL:(calculated)	101.9	mg/dL	Desirable < 130 Borderline: >130-<159 Undesirable: >160
Ratio Cholesterol/HDL	3.7		3.5 - 5
Ratio of LDL/HDL	<b>2.2</b>		2.5 - 3.5

Aisaba Shaikh  
Entered By

Ms Kaveri Gaonkar  
Verified By



Dr. Milind Patwardhan  
M.D(Path)  
Chief Pathologist

End of Report  
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Name : Mrs. Madhumita Gender : Female Age : 35 Years  
 UHID : FVAH 10415. Bill No : Lab No : V-3585-23  
 Ref. by : SELF Sample Col.Dt : 27/01/2024 09:55  
 Barcode No : 5865 Reported On : 27/01/2024 19:56

TEST	RESULTS	UNITS	BIOLOGICAL REFERENCE INTERVAL
<b>Thyroid (T3,T4,TSH)- Serum</b>			
Total T3 (Tri-iodo Thyronine) (ECLIA)	1.78	nmol/L	1.3 - 3.1 nmol/L
Total T4 (Thyroxine) (ECLIA)	82	nmol/L	66 - 181 nmol/L
TSH-Ultrasensitive (Thyroid-stimulating hormone) Method : ECLIA	2.11	IU/ml	Euthyroid : 0.35 - 5.50 IU/ml Hyperthyroid : < 0.35 IU/ml Hypothyroid : > 5.50 IU/ml

Grey zone values observed in physiological/therapeutic effect.

**Note:**

**T3 :**

1. Decreased values of T3 (T4 and TSH normal) have minimal Clinical significance and not recommended for diagnosis of hypothyroidism.
2. Total T3 and T4 values may also be altered in other conditions due to changes in serum proteins or binding sites ,Pregnancy, Drugs (Androgens,Estrogens,O C pills, Phenytoin) etc. In such cases Free T3 and free T4 give corrected Values.
3. Total T3 may decrease by < 25 percent in healthy older individuals

**T4 :**

1. Total T3 and T4 Values may also be altered in other condition due to changes in serum proteins or binding sites, Pregnancy Drugs (Androgens,Estrogens,O C pills, Phenytoin), Nerphrosis etc. In such cases Free T3 and Free T4 give Corrected values.

**TSH :**

1. TSH Values may be transiently altered because of non thyroidal illness like severe infections,liver disease, renal and heart failure. Severe burns, trauma and surgery etc.
2. Drugs that decrease TSH values e,g L dopa, Glucocorticoids.
3. Drugs that increase TSH values e.g. Iodine,Lithium, Amiodarone.

Aisaba Shaikh  
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Ms Kaveri Gaonkar  
Verified By



Dr. Milind Patwardhan  
M.D(Path)

Page 9 of 9 Chief Pathologist

End of Report  
Results are to be correlated clinically



Name : Mrs. Madhumita      Gender : Female      Age : 35 Years  
UHID : FVAH 10415      Bill No :      Lab No : V-3595-23  
Ref. by : SELF      Sample Col.Dt : 27/01/2024 09:55  
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TEST      RESULTS      BIOLOGICAL REFERENCE INTERVAL

**URINE REPORT**

**PHYSICAL EXAMINATION**

QUANTITY	30	mL	
COLOUR	Pale Yellow		
APPEARANCE	Clear		Clear
SEDIMENT	Absent		Absent

**CHEMICAL EXAMINATION(Strip Method)**

REACTION(PH)	5.0		4.6 - 8.0
SPECIFIC GRAVITY	1.005		1.005 - 1.030
URINE ALBUMIN	Absent		Absent
URINE SUGAR(Qualitative)	Absent		Absent
KETONES	Absent		Absent
BILE SALTS	Absent		Absent
BILE PIGMENTS	Absent		Absent
UROBILINOGEN	Normal(<1 mg/dl)		Normal
OCCULT BLOOD	Absent		Absent
Nitrites	Absent		Absent

**MICROSCOPIC EXAMINATION**

PUS CELLS	Occasional		0 - 3/hpf
RED BLOOD CELLS	Nil /HPF		Absent
EPITHELIAL CELLS	Occasional		3 - 4/hpf
CASTS	Absent		Absent
CRYSTALS	Absent		Absent
BACTERIA	Absent		Absent

Anushka Chavan  
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Ms Kaveri Gaonkar  
Verified By



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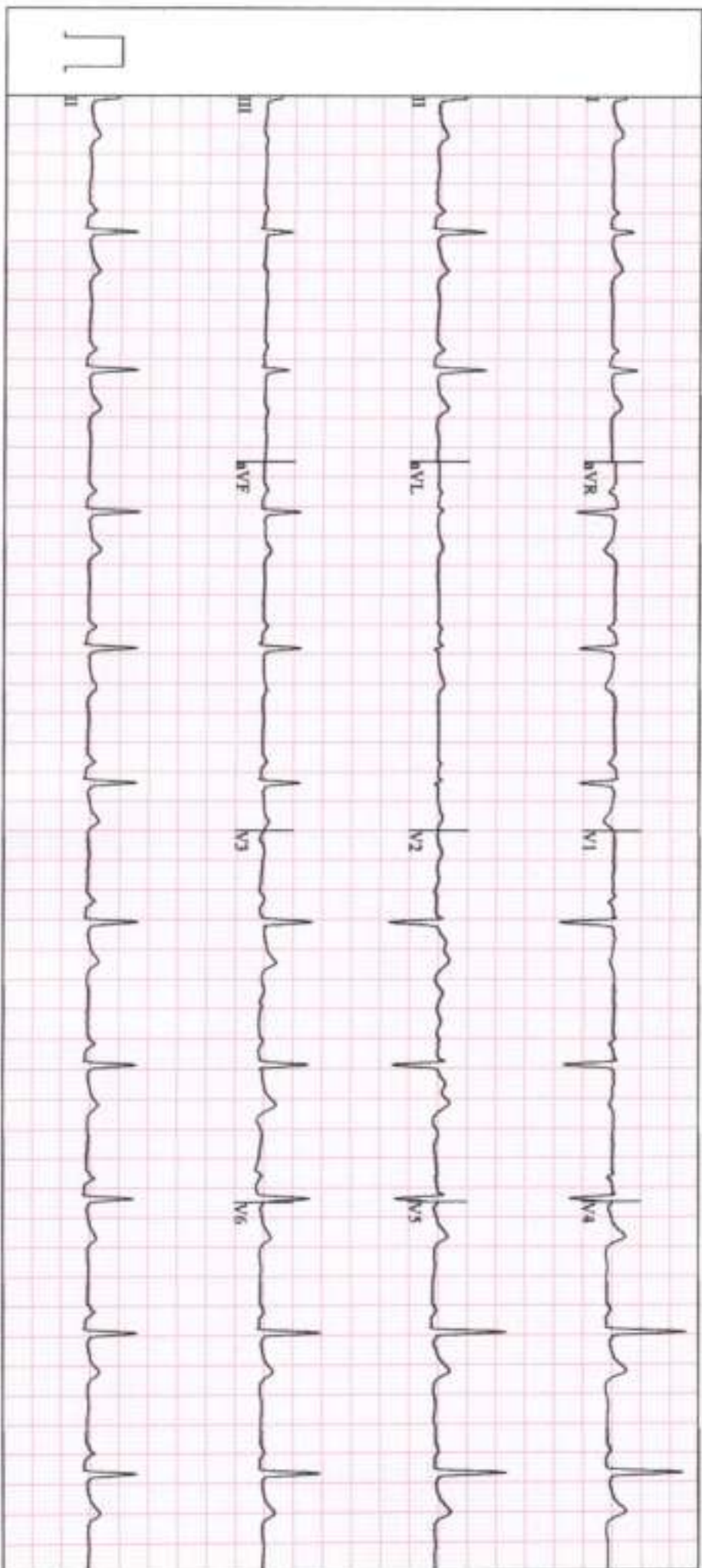
End of Report  
Results are to be correlated clinically

QRS : 76 ms  
QT / QTc Baz : 390 / 402 ms  
PR : 140 ms  
P : 94 ms  
RR / PP : 932 / 937 ms  
P / QRS / T : 54 / 60 / 42 degree

Normal sinus rhythm  
Normal ECG

# NORMAL ECG

**DR. ANIRBAN DASGUPTA**  
M.P.H.S., D.N.B. Medicine  
Diploma Cardiology  
MMC - 2005/02/0920





Apollo Clinic  
The Emerald, Plot No-195/B, Sector-12,  
Neel Siddhi Towers, Vashi-400703

**Station**  
Telephone:

## EXERCISE STRESS TEST REPORT

Patient Name: MADHUMITA,  
Patient ID: 10415  
Height:  
Weight:

DOB: 01.01.1988  
Age: 36yrs  
Gender: Female  
Race: Asian

Study Date: 27.01.2024  
Test Type: Treadmill Stress Test  
Protocol: BRUCE

Referring Physician: --  
Attending Physician: DR. ANIRBAN DASGUPTA  
Technician: Anita Galkwad

Medications:  
NIL

Medical History:  
NIL

Reason for Exercise Test:  
Screening for CAD

### Exercise Test Summary

Phase Name	Stage Name	Time in Stage	Speed (mph)	Grade (%)	HR (bpm)	BP (mmHg)	Comment
PRETEST	SUPINE	00:29	0.00	0.00	77	110/70	
	STANDING	00:06	0.00	0.00	75		
	HYPERV.	00:16	0.00	0.00	77		
	WARM-UP	00:13	0.80	0.00	81		
EXERCISE	STAGE 1	03:00	1.70	10.00	155	120/80	
	STAGE 2	01:32	2.50	12.00	179	140/80	
RECOVERY		01:11	0.00	0.00	127	160/80	

The patient exercised according to the BRUCE for 4:31 min's, achieving a work level of Max. METS: 7.00. The resting heart rate of 85 bpm rose to a maximal heart rate of 179 bpm. This value represents 97 % of the maximal, age-predicted heart rate. The resting blood pressure of 110/70 mmHg, rose to a maximum blood pressure of 160/80 mmHg. The exercise test was stopped due to Target heart rate achieved.

### Interpretation

Summary: Resting ECG: normal.  
Functional Capacity: normal.  
HR Response to Exercise: appropriate.  
BP Response to Exercise: normal resting BP - appropriate response.  
Chest Pain: none.  
Arrhythmias: none.  
ST Changes: none.  
Overall impression: Normal stress test.

### Conclusions

TMT IS NEGATIVE FOR INDUCIBLE MYOCARDIAL ISCHAEMIA AT THE WORKLOAD ACHIEVED.

Physician-DR. ANIRBAN DASGUPTA

*Dasgupta*  
Dr. ANIRBAN DASGUPTA  
M.B.B.S., D.N.B. Medicine  
Diploma Cardiology  
MMC -2005/02/0920



PATIENT'S NAME	MADHUMITA	AGE :- 35 YRS/F
UHID NO	10415	27 Jan 2024

**DIGITAL RADIOGRAPH OF CHEST (PA VIEW)**

---

The lung fields are clear.

Heart and aorta appears normal.

Both hila appear normal.

Both costo-phrenic angles are clear.

Visualized bony thorax appears normal.

**IMPRESSION: NO SIGNIFICANT ABNORMALITY IS DETECTED IN CURRENT RADIOGRAPH.**

Clinico-haematological correlation is recommended.

Thanking you for the referral,  
With regards,



**DR. SIDDHI PATIL**  
Cons. Radiologist

• ANDHERI • COLABA • NASHIK • VASHI

PATIENT'S NAME	MADHUMITA	AGE :- 35Y/F
UHID	10415	27 Jan 2024

### USG ABDOMEN AND PELVIS (TAS)

**Liver** is normal in size, shape and echotexture. There is no focal lesion seen. The portal vein and common bile duct are normal in course and caliber. There is no evidence of intra-hepatic biliary duct dilatation seen. PV = 9.1mm. CBD = 3.4mm.

**Gall Bladder** is partially distended. No calculus, abnormal wall thickening or pericholecystic fluid collection is seen.

The visualized **Pancreas** is normal in size, shape and echotexture. There is no focal lesion seen.

**Spleen** is normal in size, shape and echotexture. There is no focal lesion seen.

**Right Kidney** measures 10 cm x 3.8 cm. **Left Kidney** measures 10.5 cm x 3.9 cm. Both kidneys are normal in size, shape and echotexture. No evidence of any focal lesion is noted. No hydronephrosis, hydroureter or calculus is noted in both kidney. Cortico medullary differentiation is well maintained.

**Urinary Bladder** is well distended. There is no evidence of focal lesion. No evidence of any calculus is seen.

**Uterus** is normal in size and echotexture. It measures about 6.7cm x 8.0 cm x 3.2 cm in size. An approximately 2.8 cm x 1.8 cm x 1.8 cm well defined hyperechogenic lesion is seen along posterior uterine wall. The endometrium measures 7.4 mm. Both ovaries are unremarkable.

There is no free fluid or abdominal lymphadenopathy.

**IMPRESSION:** FINDINGS REVEAL A WELL DEFINED HYPERECHOGENIC LESION ALONG POSTERIOR UTERINE WALL, MOST LIKELY TO REPRESENT UTERINE LIPOLEIOMYOMA. NO OTHER SIGNIFICANT ABNORMALITY IS DETECTED AT PRESENT STUDY.

Clinico-haematological correlation and imaging follow-up is recommended.

Thanking you for the referral,  
With regards,



**DR. SIDDHI PATIL**  
Con. Radiologist

• ANDHERI • COLABA • NASHIK • VASHI