



Date 26/10/2024

Medical Fitness Certificate

This is to certify that below mentioned candidate has been examined on medical parameters and found free from contagious diseases there by medically fit for work. Final investigation reports will be forwarded to you at the earliest.

1. Name : SANDEEP UGHADE

2. Age : 49Yrs 3. Sex

: MALE

4. Physical Examination : Normal

5. Systemic Examination : Normal

6 ECG : Normal

7 X RAY CHEST : Normal

8 USG : Normal 9 2ECHO

: Normal

Remark-Person is fit to work in Company





NAME: SANDEEP UGHADE AGE/SEX 49/MALE

DATE: 26/10/2024

PRE-EMPLOYMENT HEALTH CHECKUP 2024

HISTORY

Nil

ADDICATION: -

Nil

GENERAL MEDICAL EXAMINATION

1. Physical Examination

Height

: 178Cms

Skin Examination- Any diseases- :- No

Weight

:77Kg

Oral Examination Hygiene- Any diseases-:-No

Pulse

: 80min

ENT Examination- Any diseases-:-No

B.P.

: 130/80mmHg

2. SYSTEMIC EXMINATION

a) Abdomen

:- Soft, No Organomegaly

b) CVS

: - Normal Heart sound

C) Respiratory System

:- Normal Air Entry Both Lungs

d) Nervous System

:- Normal Clinically

INVESTIGATIONS (POSITIVE FINDING)

Pathological investigation :- (Reports Enclosed) Annexure

Color Vision

: - (Reports Enclosed) Annexure

ECG

:-(Reports Enclosed) Annexure : - (Reports Enclosed) Annexure

X-Ray Chest

:- (Reports Enclosed) Apprexure

USG

: - (Reports Enclosed) Annexure

2 ECHO

: - (Reports Enclosed) Annexure

Fit for employment

ACHIN BANGAR AL EMPRING (MEDI.) R.11. NO.





OPTHALMIC EXAMINATION

NAME OF EMPLOYEE: SANDEEP UGHADE

AGE: 49/MALE

DATE OF EXAMINATION: -26/10/2024

	20/10/2024		
		RE (RIGHT EYE)	LE (LEFT EYE)
Lu	WITH GLASSES	N/6	N/6
NEAR VISION	WITH OUT GLASSES	7 6	
DISTANCE VISION	WITH GLASSES	6/6	6/6
	WITH OUT GLASSES	MINDS -	

COLOUR VISION: - NORMAL





REPORT ON X-RAY CHEST PA VIEW

NAME OF THE PATIENT: SANDEEP UGHADE

AGE: 49/MALE

DATE: -26/10/2024

REPORT:

Condition of Lung pleura:

WNL

Heart & Aorta:

Transverse Diameter of Heart:

WNL

Transverse Diameter of Aortic Arch: WNL

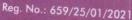
Cardio-Thoracic Ratio:

WNI.

Any changes of Arteriosclerosis or Calcification of Aorta etc. WNL

CONCLUSION & REMARK:

X-RAY CHEST IS WITH IN NORMAL LIMITS.





LIFE LINE MULTI SPECIALITY HOSPITAL MATERNITY HOME & ICU, TRAUMA CARE CENTRE



Patient Name	SANDEEP UGHADE	
Age / Sex 49Yrs /M		Date: 26/10/2024
	10113/101	Performed By: DR. VIVEK JAJU

USG ABDOMEN AND PELVIS

LIVER: Liver is normal in size measuring 13.4cm & shows normal echo texture. No evidence of any diffuse or focal pathology. Intrahepatic biliary radicals are not dilated. Portal vein & CBD are normal in diameter.

GALL BLADDER: is well-distended. No evidence of calculus or mass. Gall bladder wall

PANCREAS: is normal in size and echo texture. Pancreatic duct is not dilated.

SPLEEN: Spleen is normal in size measuring 9.1cm & shows normal echo texture. No KIDNEYS:

Right Kidney measures 9.2 x 4.4 cm in size.

Left Kidney measures 9.5 x 5.4 cm in size.

Both kidneys are normal in size and echo texture. Corticomedullary differentiation is normal. No evidence of calculus or hydronephrosis on both sides.

Urinary Bladder is Well-distended.

Prostate is normal in size and echo texture.

IVC and aorta are normal. No Para aortic lymphadenopathy.

No evidence of any intra- abdominal or pelvic mass.

No e/o any free fluid in abdomen and pelvis.

High resolution USG was performed with high frequency linear transducer, which reveals normal bowel loops and mesenteric structures. No evidence of significant mesenteric

IMPRESSION:

No significant abnormality detected.

: 2024102612

Patient Name

: Mr. SANDEEP UGHADE

Age / Sex

: 49 Year/Male

Reffered by

: LIFELINE MULTISPECIALITY HOSPITAL

Registered On

: 26/10/2024

Reporting On

: 26/10/2024

Sample Collected At : Regular Report

Test Name	CONTRACTOR STREET		
HE AND AND THE STREET	Patient value	Unit	Reference Range
	HEMATOLOGY		The state of the s
	COMPLETE BLOOD C	OUNTS	
RBC COUNT TLC RED CELL ABSOLUTE VALUE	13.6 4.51 6300	g/dL 10^6/uL 10^3/uL	13.0 To 18.0 4.50 To 5.50 4000 To 10000
HCT MCV MCH MCHC DLC (DIFFERENTIAL LEUKO	36.21 80.29 30.16 37.56	% fL pg g/dL	35.0 To 60.0 83.0 To 101.0 27.0 To 32.0 31.5 To 34.5
NEUTROPHILS LYMPHOCYTES EOSINOPHILS MONOCYTES BASOPHILS PLATELET COUNT	62 26 06 06 00	% % % %	40.0 To 80.0 20.0 To 40.0 2.0 To 6.0 1.0 To 8.0 < 1.0
E.S.R	187000 10	10^3/ul MM/HRS	150000 To 450000 1 To 20

Kindly Correlate Clinically!

Thanks for referral!

2000

DR SANDEEP AMBEKAR M.B.B.S D.P.B REG NO. 2001/02/426

----- End of Report-----

: 2024102612

Patient Name

: Mr. SANDEEP UGHADE

Age / Sex

: 49 Year/Male

Reffered by

Test Name

: LIFELINE MULTISPECIALITY HOSPITAL

Patient value

Registered On

: 26/10/2024

Reporting On

Unit

: 26/10/2024

Sample Collected At : Regular Report



Reference Range

HEMATOLOGY

BLOOD GROUP

BLOOD GROUP

"A" RH POSITIVE

Note: Grouping & Cross matching is absolutely essential prior to blood transfusion patient identity as disclosed by patients himself/herself.

	BIOCHEMISTRY	-4	
BLOOD SUGAR (FASTING)	BLOOD SUGAR		
BLOOD SUGAR (FASTING) BLOOD SUGAR (Post Meal) Y-Glutamyl Transpeptidase	98.56 123.65 35.84 <u>LIPID PROFILE</u>	mg/dl mg/dl U/L	70 To 110 70 To 140 0 To 55
S. Cholesterol S. Triglycerides HDL Cholesterol LDL Cholestrol	178.63 126.54 35.73 117.59	mg/dl mg/dl md/dl mg/dL	0 To 200 25 To 160 30 To 60 85 To 150

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-- End of Report----

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"A" RH POSITIVE

Note: Grouping & Cross matching is absolutely essential prior to blood transfusion patient identity as disclosed by patients himself/herself.

	BIOCHEMISTRY		100 projection
CREATININE	Kidney Function Test		
JREA IVER FUNCTION TEST	0.78 21.52	mg/dl mg/dl	0.5 To 1.4 10 To 50
BILIRUBIN TOTAL DIRECT	0.78	mg/dl	0.1 To 1.2
NDIRECT	0.25 0.53	mg/dl	0.0 To 0.3
GOT GPT	26.32	mg/dl mg/dl	0.1 To 1.0 10 To 40
LKALINE PHOSPHATASE DTAL PROTINE	24.36 125.6	mg/dl g/dL	06 To 40 42 To 141
BUMIN	6.85 3.65	g/dl g/dl	6 To 8
LOBULIN	3.2	g/dL	3.5 To 4.8 2.8 To 3.3

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REG NO. 2001/02/426

----- End of Report-----

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Age / Sex

: 49 Year/Male

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Took N	THYROID PROFILE			
Test Name	Patient Value	Unit	Reference Range	
T4 TSH	123.65 8.25 2.85	ng/dL µg/dL µIU/mL	87 To 178 6.09 To 12.2 0.38 To 5.33	

Interpretation(s)

TSH stimulates the production and secretion of the metabolically active thyroid hormones, thyroxine (T4) and triiodothyronine (T3) by interacting with a specific receptor on the thyroid cell surface.

The synthesis and secretion of TSH is stimulated by Thyrotropin releasing hormone (TRH), the hypothalamic tripeptide, in response to low levels of circulating thyroid hormones. Elevated levels of T3 and T4 suppress the production of TSH a classic negative feedback mechanism. Failure at any level of regulation of the hypothalamic-pituitary-thyroid axis will result in either underproduction (hypothyroidism) or overproduction (hyperthyroidisim) of T4 and /or T3.

Clinical Condition T3 Levels T4 Levels TSH level

Primary hypothyroidism Reduced Reduced Increased(Significantly)

Subclinical Hypothyroidism Normal or Low Normal Normal or Low Normal High Primary hyperthyroidism Increased

Subclinical Hyperthyroidism

Increased

Reduced(at times undetectable)

Normal of High Normal Normal of High Normal Reduced

-- END OF REPORT -

Kindly Correlate Clinically! Thanks for referral!

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G	LYCOSYLATED HAEI	MOGLORIN	
Test Name	Patient Value		
Glycosylated Haemoglobin (HbA1c)		Unit	Reference Range
. (HDAIC)	5.03	%	Non-Diabetic: Upto 6%, Pre- Diabetic: 6.0-6.5%, Diabetic: >6.5%, Good Control: 6.5-7.0%,
Estimated average glucose (eAG)	121.63	%	Moderate Control: 7-8%, Poor Control:>8.0%
Kindly Correlate Clinically I	END OF REPOR	RT	A STATE OF THE STA

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	PROSTATE SPECIFIC ANTIGEN		
Test Name	Patient Value	Unit	
PROSTATE SPECIFIC ANTIGEN		Oilit	Reference Range
PSA	1.23		
	1.23		HEALTHY MALE: < 4 ng/ml
			< 40: 0.27 -2.19
			40-49: 0.27-3.42
			50-59: 0.22-6.16
METHOD: 1) STREPTAVIDIN- BIOTINI PA	CED TECHNO		>60-69: 0.21-6.77

METHOD: 1) STREPTAVIDIN- BIOTIN BASED TECHNOLOGY 2) US FDA APPROVED KITS FROM MONONIND INC,U.S.A

- END OF REPORT -

Kindly Correlate Clinically! Thanks for referral!

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	URINE ROUTINE EX	ANAINIATION	
Test Name	Patient Value	Philippe to take the	
PHYSICAL EXAMINATIN VOLUME COLOUR APPERANCE	5 ML PALE YELLOW CLEAR	Unit	Reference Range (NORMAL : 2 TO 6)
CHEMICAL EXAMINATION PROTEIN GLUCOSE MICROSCPIC EXAMINATION EPITHELIAL CELLS	NIL NIL		NOT DETECTED NOT DETECTED
PUS CELL / LEUCOCYTES RED BLOOD CELLS/BLD CASTS CRYSTALS BACTERIA	1-2 2-4 ABSENT NOT DETECTED NOT DETECTED NOT DETECTED	/hpf /hpf/Leu/UL /hpf/Ery/UL	NIL NOT DETECTED NOT DETECTED
Kindly Correlate Clinically	END OF REPO	RT	NOT DETECTED

Kindly Correlate Clinically! Thanks for referral!

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NAME: SANDEEP UGHADE

AGE: 49YRS/M

DATE: 26/10/2024

2D ECHO DOPPLER REPORT

Patient in tachycardia during study

La Ra Normal in Size and shape.

LV is normal in size and shape.

Good LV Systolic function.

LVEF>55%

NO DIASTOLIC DUSFUNCTION.

NO regional wall motion abnormality

No intra cardiac shunts vegetation.

No MR/TR/AR

NO PERICARDIAL EFFUSSION.

IMPRESSION: ESSENTIALLY NORMAL 2D ECHO DOPPLER STUDY

OR. SACHIN BANGAR
MPHO MD, ONB (MEDI.)
ROU (STNGNATURE)



Package	Package Inculsion	Custome	r Conde
ARCOFEMI - MEDIWHEEL - FULL BODY ANNUAL PLUS ABOVE 50Y MALE - 2D ECHO - PAN INDIA - FY2324 P FR T4 EX	Package Inculsions URINE GLUCOSE(FASTING), Dietic consultation, Consultation Dental, Lipid Profile (all Parameters), Renal Function Test, Ultrasound - Whole Abdomen, Package Consultation - ENT, Fitness & General Physician, 2 D ECHO, Blood Grouping And Typing (Abo And Rh), ECG, URINE GLUCOSE(POST PRANDIAL), Urine Routine (CUE), GGTP: Gamma Glutamyl Transpeptidase - Serum, Prostatic Specific Antigen (PSA Total), GLUCOS SERUM / PLASMA(FASTING AND POST PRANDIAL, THYROID PROFILE - I(T3, T4 AND POST PRANDIAL, THYROID PROFILE - I(T4, T4 AND POST PRANDIAL (T5, T5, T5, T5, T5, T5, T5, T5, T5, T5,	on Dy H MR. UGHADE SANDEEP KISHANRAO	male Gender

