



Mediwheel
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Arcofemi Healthcare Pvt Ltd

(Formerly known as Arcofemi Healthcare Ltd)

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CIN: U24240DL2011PTC216307

MEDICAL FITNESS CERTIFICATE

(To be signed by a registered medical practitioner holding a Medical degree)

This is to certify that **Mr. Prakash P** aged, **41yr**. Based on the examination, I certify that he is in good dental and physical health and it is free from any physical defects such as deafness, colour blindness, and any chronic or contagious diseases.

Place: **Madurai**

Date: 22/06/2024

Dr. Nitesh Kumar
MBBS
BONR-47093

Name & Signature of

Medical officer



LABORATORY REPORT



Name : Mr. PRAKASH .P	Sex/Age : Male / 41 Years	Case ID : 40634603510
Ref. By : SELF	Dis. At :	Pt. ID :
Bill. Loc. : NDPL - Mediwheel		Pt. Loc. :
Reg Date and Time : 22-Jun-2024 10:08	Sample Type :	Mobile No. : 9943437090
Sample Date and Time : 22-Jun-2024 10:08	Sample Coll. By : non	Ref Id1 :
Report Date and Time :	Acc. Remarks :	Ref Id2 :

Abnormal Result(s) Summary

Test Name	Result Value	Unit	Reference Range
Bilirubin level Total			
Bilirubin Total	1.80	mg/dL	0.2-1.2
Glyco Hemoglobin (HbA1c)			
HbA1C	11.30	%	Normal : 4 - 6 % Good control : 6 - 7 % Fair Control : 7 - 8 % Poor Control : > 8.
Urine Examination			
Glucose	Present (++)		Negative
Plasma Glucose - F	259	mg/dL	70-105
S.G.P.T.	109.00	U/L	0 - 45

Abnormal Result(s) Summary End

Note:(LL-VeryLow,L-Low,H-High,HH-VeryHigh ,A-Abnormal)

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Sample Date and Time : 22-Jun-2024 10:08	Sample Coll. By : non	Ref Id1 :
Report Date and Time : 22-Jun-2024 12:22	Acc. Remarks :	Ref Id2 :

TEST	RESULTS	UNIT	BIOLOGICAL REF RANGE	TEST REMARK
Complete Blood Counts				
RBC Count	4.7	millions/cumm	4.50 - 5.50	
Haemoglobin <i>SLS</i>	14.6	G%	14.0-18.0	
PCV	44.2	%	40 - 54	
Mean Corpuscular Volume	93.8	fL	83.00 - 101.00	
Mean Corpuscular Hemoglobin	31.0	pg	27.00 - 32.00	
Mean Corpuscular Hb Concentration	33.0	gm/dL	31.50 - 34.50	
Red Cell Distribution Width (RDW)	11.7	%	11.00 - 16.00	
Total Leucocyte Count(TLC) <i>Fluorescent Flowcytometry</i>	7930	Cells/cmm	4500-11500	
Differential Counts				
Neutrophils <i>Fluorescent Flowcytometry</i>	60	%	50-70	
Lymphocytes <i>Fluorescent Flowcytometry</i>	33	%	18-42	
Monocytes <i>Fluorescent Flowcytometry</i>	04	%	2-11	
Eosinophils <i>Fluorescent Flowcytometry</i>	03	%	1-3	
Absolute Counts				
Absolute Neutrophil Count <i>Calculated</i>	4758	/µL	2000.00 - 7000.00	
Absolute Lymphocyte Count <i>Calculated</i>	2616	/µL	1000.00 - 3000.00	
Absolute Monocyte Count <i>Calculated</i>	317	/µL	200.00 - 1000.00	
Absolute Eosinophil Count <i>Calculated</i>	237	/µL	20.00 - 500.00	
Platelet Count <i>Electrical Impedance</i>	163000	Cells/cmm	150000-450000	
Mean Platelet Volume (MPV)	9.4	fL	6.5 - 12	

According to ICSH guideline (international Council for Standardisation in Hematology), the differential counts should be reported in absolute numbers.

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(PATH),.

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BIOCHEMICAL INVESTIGATIONS

Plasma Glucose - F <i>GOD-POD</i>	H 259	mg/dL	70-105
S.G.P.T. <i>IFCCwithP5P(Kinetic)</i>	H 109.00	U/L	0 - 45
BUN (Blood Urea Nitrogen) <i>Calculated</i>	14.0	mg/dL	9-20
Urea <i>Urease</i>	29.96	mg/dL	12.8-42.8
Creatinine <i>Kinetic Alkaline Picrate</i>	0.90	mg/dL	0.72-1.25
<u>Glycated Haemoglobin Estimation</u>			
HbA1C <i>HPLC</i>	H 11.30	%	Normal : 4 - 6 % Good control : 6 - 7 % Fair Control : 7 - 8 % Poor Control : > 8.
Estimated Avg Glucose (3 Mths) <i>Calculated</i>	277.61	mg/dL	Not available

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Interpretation :

HbA1C level reflects the mean glucose concentration over previous 8-12 weeks and provides better indication of long term glycemic control.
Levels of HbA1C may be low as result of shortened RBC life span in case of hemolytic anemia.
Increased HbA1C values may be found in patients with polycythemia or post splenectomy patients.
Patients with Homozygous forms of rare variant Hb(CC,SS,EE,SC) HbA1c can not be quantitated as there is no HbA.
In such circumstances glycemic control can be monitored using plasma glucose levels or serum Fructosamine.
The A1c target should be individualized based on numerous factors, such as age, life expectancy, comorbid conditions, duration of diabetes, risk of hypoglycemia or adverse consequences from hypoglycemia, patient motivation and adherence.

HB A1C %	MEAN BLOOD GLUCOSE	DEGREE OF CONTROL
4 - 6	61 - 124 mg/dl	NORMAL
6 - 7	124 - 156 mg/dl	GOOD CONTROL
7 - 8	156 - 188 mg/dl	FAIR CONTROL
MORE THAN 8	MORE THAN 188 mg/dl	POOR CONTROL

Bilirubin,Serum

Bilirubin Total <i>Diazonium Salt</i>	H 1.80	mg/dL	0.2-1.2
Bilirubin Conjugated <i>Spectrophotometry</i>	0.80	mg/dL	Adult : 0.0- 0.3 Neonates : 0.0-0.6
Bilirubin Unconjugated <i>Spectrophotometry</i>	1.00	mg/dL	Adult : 0.0 - 1.1 Neonates : 0.6 - 10.5

Clinical Pathology

Urine Routine Examination

Appearance	Slightly Turbid	Clear
Colour	Yellow	Straw to Yellow
Reaction (pH) <i>Ion concentration</i>	6.0	4.6 - 8
Specific gravity <i>pKa change</i>	1.015	1.003 - 1.035

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Clinical Pathology

Chemical Examination

Protein <i>Tetrabromophenol blue</i>	Negative	Negative
Glucose <i>GOD-POD</i>	Present (++)	Negative
Bile Pigments <i>Biochemical</i>	Negative	Negative
Urobilinogen <i>Diazotization reaction</i>	Normal	Negative
Ketones <i>Nitroprusside</i>	Negative	Negative
Nitrites <i>N-(1-naphthyl)-ethylenediamine</i>	Negative	Negative
Blood <i>Peroxidase</i>	Negative	Negative

Microscopic Examination

Red Blood Cells	Nil	/HPF	Nil
Pus Cells	2-4	/HPF	0-2.7 cells/hpf
Epithelial Cells	1-3	/HPF	Present(+)

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Sample Date and Time : 22-Jun-2024 10:08	Sample Coll. By : non	Ref Id1 :
Report Date and Time : 22-Jun-2024 11:45	Acc. Remarks :	Ref Id2 :

TEST	RESULTS	UNIT	BIOLOGICAL REF RANGE	REMARKS
Blood Group & Rh Type <i>Column agglutination</i>	O Positive			
BIOCHEMICAL INVESTIGATIONS				
Cholesterol <i>Enzymatic</i>	112	mg/dL	Desirable - Upto 200; Borderline high - 200-239; High - Equal to or greater than 240	

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Sample Date and Time : 22-Jun-2024 10:08	Sample Coll. By : non	Ref Id1 :
Report Date and Time : 22-Jun-2024 11:43	Acc. Remarks :	Ref Id2 :

TEST	RESULTS	UNIT	BIOLOGICAL REF RANGE	REMARKS
ESR	13		0-15	

Pending Services
ECG
Body Mass Index
Glucose - Post Prandial

----- End Of Report -----

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(PATH),.

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<i>Patient Name</i>	MR.P.PRAKASH	<i>Patient ID</i>	0ad3bb6064 c94cb986515 fe5e5099116
<i>Age/D.O.B</i>	41 Y	<i>Gender</i>	Male
<i>Referring Doctor</i>	SELF	<i>Date</i>	22 Jun 24

XRAY RADIOGRAPH CHEST - PA

History

HEALTH CHECKUP

Observations

Soft tissues of the chest wall are normal.
Cardiothoracic ratio is normal.
Both costophrenic angles appear normal.
Visualized thoracic vertebral is normal.
Sternum appears normal.
Both lung fields are clear.

Impression

The study is within normal limits.

Reported By,



Dr. Farid Khan

MBBS, MD
Consultant Radiologist
MPMC - 23324

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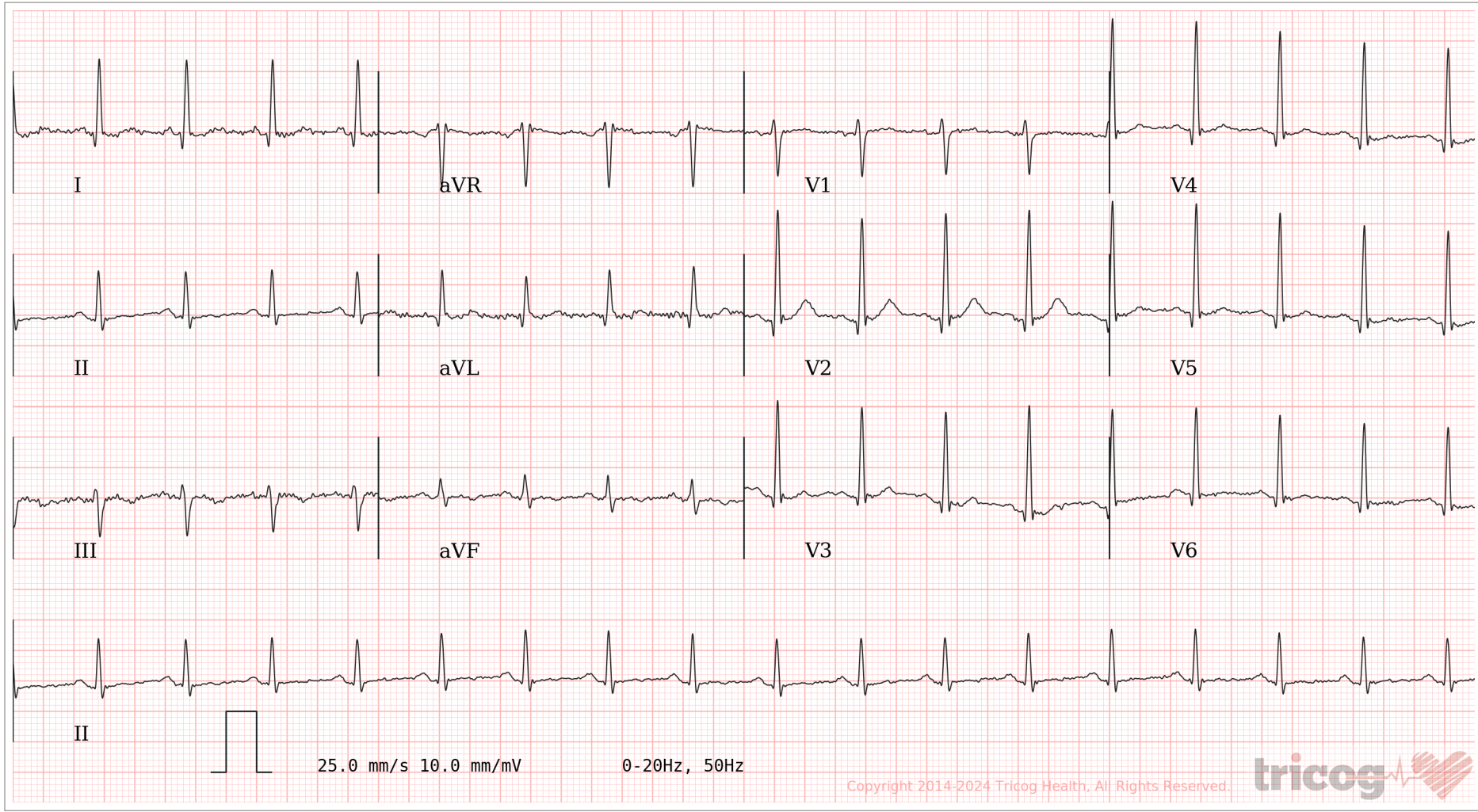
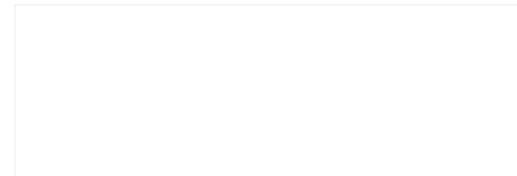
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Age / Gender: 41/Male
Patient ID: PRAKASH

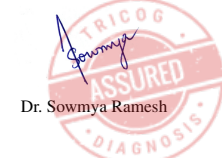
Date and Time: 22nd Jun 24 11:20 AM



AR: 108bpm VR: 108bpm QRSD: 84ms QT: 310ms QTcB: 415ms PRI: 126ms P-R-T: 35° 11° 8°

Sinus Tachycardia, Non-specific ST/T Wave Changes. Baseline artefacts. Please correlate clinically.

REPORTED BY



Dr. Sowmya Ramesh

TNMC 138499